

Table 4. One way ANOVA for differences in state anxiety, sleep and executive functions according to age group.

Instrument	Age Group	n	Mean (SD)	F	p	ω^2
STAIC	6-8	353	33.29 (8.13)	7.41	.001	.01
	9-12	390	35.75 (9.07)			
	13-18	285	35.35 (8.85)			
BEARS	6-8	353	12.79 (3.32)	3.83	.02	.01
	9-12	390	13.24 (3.79)			
	13-18	285	13.58 (3.74)			
BRIEF-2	6-8	353	42.93 (15.43)	.81	.45	-
	9-12	390	42.25 (17.61)			
	13-18	285	41.25 (16.45)			
BDEFS-CA	6-8	353	69.98 (24.37)	.38	.68	-
	9-12	390	71.66 (30.50)			
	13-18	285	70.25 (29.26)			

STAIC. State-Trait Anxiety Inventory for Children.

BEARS. Screening for sleep disorders in childhood.

BRIEF-2. Behavioral Evaluation of Executive Function.

BDEFS-CA. Barkley Deficits in Executive Functioning Scale. Children and Adolescents.