## **Supplementary Materials: Multimedia Appendix 2**Interview Guide

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Language:	
Participant category:	
Researcher/Clinician	Student
Experience delivering the interv	vention:
Interviewer:	
Date:	

ACTIONS		Done
Explain the background. Adapt	Moving towards remote delivery of a	
information according to	psychological intervention that has been	
participant category	delivered face to face in a stepwise manner.	
	The first step is to create short videos	
	explaining pieces of intervention.	
	Videos will be gradually integrated into the intervention, which will still be delivered by a researcher.	
	The final goal is full remote delivery.	
May I use your feedback? For		
example, may I quote you in my		
thesis or other papers. Your name		
will not be used.		
May I record this session? Zoom		
records both the audio and video		
aspects of the call, but only the		
audio will be saved and used for the		
purpose of writing up my thesis. I		
would start recording after you		
have watched the video.		
Is it okay if I record this session?		

Send the dropbox link and let the participant look at the video	
Ask the following questions	

Name of video: "How to Play Tetris"

Questions	Feedback
Tell me about your first impression of the video.	
Please describe your thoughts about using this instead of a face to face explanation.	
Tell me how you think a participant would perceive this.	
Please describe you thoughts on the video quiz questions.	
How do you think a participant might perceive them?	
Please describe if you found any aspects of this video helpful or unhelpful in any way.	
And if so, how?	
Please describe if you found anything to be missing or redundant in this video.	
Probes Can you tell me more about that?	
In what way is that?	
Please describe any thoughts or ideas you may have around potential ways to improve this video.	
Probes Can you tell me more about that?	
In what way is that?	

How do you mean?	
Please describe anything we should consider in regards to your specific study population?	
Please let us know if you have any suggestions for what we can do next, such as what other video instructions might be helpful,	
or if you any concerns about our next steps in digitalising the intervention and other parts of the research that you were think work or not work in this digital videoformat, and why.	
Now I would like to show you four short quiz questions we have created for those who will use the intervention, that relate to the content of the video.	
Send link/ask them to view/answer questions.  https://www.surveymonkey.com/r/MYLW5C9	
Please tell me your thoughts about the quiz questions.	
Please describe if there anyway you think that these questions could be improved.	
Now we will move on to the next video. Please watch the video, if you haven't already.	
Let me know when you are ready and they can move on to the interview.	

## Name of video: "What are Intrusive Memories?"

Questions	Feedback
Tell me about your first impression of the video.	
Please describe your thoughts about using this instead of a face to face explanation.	
Tell me how you think a participant would perceive this.	
Please describe you thoughts on the video quiz questions.	
How do you think a participant might perceive them?	
Please describe if you found any aspects of this video helpful or unhelpful in any way.	
And if so, how?	
Please describe if you found anything to be missing or redundant in this video.	
Probes Can you tell me more about that?	
In what way is that?	
Please describe any thoughts or ideas you may have around potential ways to improve this video.	
Probes Can you tell me more about that?	
In what way is that?	
How do you mean?	

Please describe anything we should consider in regards to your specific study population?	
Please let us know if you have any suggestions for what we can do next, such as what other video instructions might be helpful,	
or if you any concerns about our next steps in digitalising the intervention and other parts of the research that you were think work or not work in this digital videoformat, and why.	
Now I would like to show you four short quiz questions we have created for those who will use the intervention, that relate to the content of the video.	
Send link/ask them to view/answer questions: <a href="https://www.surveymonkey.com/r/FMZCTMR">https://www.surveymonkey.com/r/FMZCTMR</a>	
Please tell me your thoughts about the quiz questions.	
Please describe if there anyway you think that these questions could be improved.	
Please let me know if you have any additional comments or concerns you would like for us to know:	

Notes/observations about the interview: