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Rhabdomyolysis related to acute recreational drug toxicity – a Euro-DEN study.

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Full Title:	Rhabdomyolysis related to acute recreational drug toxicity – a Euro-DEN study.
Short Title:	Rhabdomyolysis following acute recreational drug toxicity
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Keywords:	Rhabdomyolysis; Recreational drugs; Acute Harm; Clinical toxicology; outcome.
Abstract:	<p>Background : This study was conducted to retrospectively assess the relationships between: rhabdomyolysis (quantified by creatine kinase (CK) activity) and kidney injury (quantified by serum creatinine concentration), sex, age, body temperature on admission, presence of seizures, and agitation or aggression in patients presenting to the Emergency Department with acute recreational drug toxicity. We also investigated the association with the substances ingested.</p> <p>Methods: All presentations to the 16 sentinel Euro-DEN centres in 10 European countries with acute recreational drug toxicity during the first year of the Euro-DEN study (October 2013 to September 2014) were considered. Cases that had abnormal CK activity recorded as part of routine clinical care were divided into 3 cohorts depending on peak CK activity. Cases with normal CK activity were included as a control group (4th cohort).</p> <p>Results: Only 1,015 (18.4%) of the 5,529 Euro-DEN presentations had CK activity concentration recorded. Of this group 353 (34.8%) had also creatinine concentration measured. There were 375 (36.9%) with minor rhabdomyolysis, 69 (6.8%) with moderate rhabdomyolysis, and 24 (2.4%) with severe rhabdomyolysis; 547 (53.9%) were included in the control group. There was a positive correlation between CK activity and creatinine concentration (correlation coefficient $r=0.71$, $p<0.0001$). There was no correlation between CK activity and body temperature at the time of presentation to the ED (correlation coefficient $r=0.07$, $p = 0.03$). There was a positive correlation between CK activity and length of stay in the hospital ($r=0.31$, $p<0.001$). There was no association between CK activity and the presence of seizures ($p=0.33$) or agitation/aggression ($p=0.45$), patients age ($p=0.4$) or sex ($p=0.25$). The 5 most common agents amongst patients presenting with rhabdomyolysis were: cocaine ($n=107$; 22.9% presentations), amphetamine (76; 16.2%), cannabis (74; 15.8%), GHB/GBL (72; 15.4%) and heroin (67; 14.3%). In the group without rhabdomyolysis the most common agents were: cocaine ($n=122$ presentations; 22.3%), cannabis (117; 21.4%), GHB/GBL (81; 14.8%), heroin (70; 12.1%) and amphetamine (66; 11.7%).</p> <p>Conclusions : Abnormal values of CK activity occurred in almost half (46.1%) of presentations to the Emergency Department with acute recreational drug toxicity in whom CK activity was measured; however, severe rhabdomyolysis is seen in only a small minority (2.4%). Those with rhabdomyolysis are at significantly higher risk of kidney injury and have a longer length of hospital stay.</p>
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<p>Competing Interests</p> <p>Use the instructions below to enter a competing interest statement for this submission. On behalf of all authors, disclose any competing interests that could be perceived to bias this</p>	<p>The authors have declared that no competing interests exist.</p>

work—acknowledging all financial support and any other relevant financial or non-financial competing interests.

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- Include the approval number and/or a statement indicating approval of this research
- Indicate the form of consent obtained (written/oral) or the reason that consent was not obtained (e.g. the data were analyzed anonymously)

Animal Research (involving vertebrate animals, embryos or tissues)

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The data may be obtained from the authors, after acceptance of EuroDEN research group Steering Committee. The data have been obtained from a number of individual centres, and collated by the Steering Committee.

and contact information or URL).

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Additional data availability information:

1 **Rhabdomyolysis related to acute recreational drug toxicity – a Euro-DEN study.**

2

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24 **Keywords:** Rhabdomyolysis; Recreational drugs; Acute Harm; Clinical toxicology; Outcome.

25

26 **Abbreviations:** AKI: acute kidney injury; ALT: alanine aminotransferase; AST: aspartate

27 aminotransferase; CK: creatine kinase; ED: emergency department; Euro-DEN: European Drug

28 Emergencies Network; GBL: γ -butyrolactone; GHB: γ -hydroxybutyric acid; IQR: interquartile

29 range; KDIGO: Kidney Disease: Improving Global Outcomes; LOS: Length of stay in hospital;

30 PSS: Poisoning Severity Score.

31

32

33 **Abstract:**

34

35 *Background:* This study was conducted to retrospectively assess the relationships between:
36 rhabdomyolysis (quantified by creatine kinase (CK) activity) and kidney injury (quantified by
37 serum creatinine concentration), sex, age, body temperature on admission, presence of seizures, and
38 agitation or aggression in patients presenting to the Emergency Department with acute recreational
39 drug toxicity. We also investigated the association with the substances ingested.

40

41 *Methods:* All presentations to the 16 sentinel Euro-DEN centres in 10 European countries with
42 acute recreational drug toxicity during the first year of the Euro-DEN study (October 2013 to
43 September 2014) were considered. Cases that had abnormal CK activity recorded as part of routine
44 clinical care were divided into 3 cohorts depending on peak CK activity. Cases with normal CK
45 activity were included as a control group (4th cohort).

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59 the most common agents were: cocaine ($n=122$ presentations; 22.3%), cannabis (117; 21.4%),
60 GHB/GBL (81; 14.8%), heroin (70; 12.1%) and amphetamine (66; 11.7%).

61 *It would be more interesting to show distribution of rhabdomyolysis according to agents abused*

62 *Conclusions:* Abnormal values of CK activity occurred in almost half (46.1%) of presentations to
63 the Emergency Department with acute recreational drug toxicity in whom CK activity was
64 measured; however, severe rhabdomyolysis is seen in only a small minority (2.4%). Those with
65 rhabdomyolysis are at significantly higher risk of kidney injury and have a longer length of hospital
66 stay.

67

68 **Declarations**

69 **Ethics approval and consent to participate**

70 The study involved retrospective analysis of anonymised clinical data records. The need for
71 approval was waived by the ethical committees of respective centres participating in the study.

72

73 **Availability of data and materials**

74 The data that support the findings of this study are available from Euro-DEN research group but
75 restrictions apply to the availability of these data, which were used under license for the current
76 study, and so are not publicly available. Data are however available from the authors upon
77 reasonable request and with permission of Euro-DEN research group steering committee.

78

79 **Competing interests**

80 The authors declare that they have no competing interests.

81

82 **Funding:**

83 With financial support from the DPIP/ISEC Programme of the European Union and the European
84 Monitoring Centre for Drugs and Drug Addiction.

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87 (SCAHT) and KP, IG and RS.

88

89

90 **Introduction**

91 Rhabdomyolysis is a syndrome that is characterized by the disintegration of striated muscle and the
92 leakage of muscle-cell contents including myoglobin and creatine kinase (CK). The first detailed
93 reports of rhabdomyolysis, related to the crush syndrome, and complicated with acute renal failure,
94 were presented by Bywaters and Beall in the 1940s [1,2]. CK is more reliable than myoglobin in
95 assessing the presence and intensity of damage to the muscles because overall CK degradation and
96 removal are slow, the concentration of CK remains elevated much longer and in a more consistent
97 manner than that of myoglobin. Definitions of rhabdomyolysis vary from that requiring CK
98 elevation greater than approximately five times the upper limit of normal to more recent definitions
99 requiring CK elevation greater than 50 times the upper limit of normal with renal insufficiency [3].
100 Rhabdomyolysis is a serious condition, which may lead to life threatening complications.

101

102 The causes of rhabdomyolysis can be divided into hereditary and acquired ones. The acquired
103 causes are classified as traumatic and non-traumatic. Non-traumatic causes are the most common
104 during peacetime and include psychoactive drugs, alcohol abuse, and many others. The medical
105 literature is filled with case reports of rhabdomyolysis resulting from snake and spider bites [4–6] to
106 drugs like cocaine, methamphetamine [7–11], 3,4-methylenedioxymethamphetamine (MDMA)
107 [12,13] and plant toxins [14].

108

109 Despite the fact that at least 150 medications and toxins have been described which may lead to
110 rhabdomyolysis, recreational drugs and alcohol are the most common causes [15]. Many factors are
111 known to contribute to development of rhabdomyolysis including seizures, agitation or aggression,
112 immobilisation, excessive muscle activity, hypo- or hyperthermia [3,15–20], and potentially also
113 direct substance-associated toxic effects in susceptible persons [21]. There have been no large,
114 multicentre studies on the incidence of rhabdomyolysis in acute recreational drug toxicity.

115

116 The European Drug Emergencies Network (Euro-DEN) project collects data on presentations to
117 sentinel Emergency Departments (ED) in Europe in whom the primary reason for presentation is
118 acute recreational drug toxicity [22,23]. During the first year from October 2013 to September 2014
119 data was collected from 16 sentinel centres in 10 European countries. The aim of this study was to
120 use data from the Euro-DEN project to determine the relationship between maximum CK activity
121 and factors frequently associated with rhabdomyolysis (creatinine concentration as a marker of
122 acute kidney injury (AKI), length of stay in hospital, patients' temperature at admission, presence of
123 seizures, agitation or aggression, hyperthermia) as well as others that might influence it (substances
124 used by the patient and their number in case of multisubstance abuse).

125

126 **Materials and methods:**

127 *Data collection:*

128 All acute recreational drug toxicity presentations to the 16 sentinel ED in 10 European countries
129 participating in the first year (October 2013 to September 2014) of the Euro-DEN project were
130 included retrospectively using standard Euro-DEN methodology [22]. Patients presenting with other
131 main complaints (including abstinence syndromes) who were under influence of psychoactive
132 substances were excluded. Presentations involving intoxication with ethanol without other

Any justification for restricting the retrospective study to Oct 2013 to Sept 2014? Are there more recent data?

133 coingested psychoactive substances was excluded from the study. In case of lack of information
134 regarding used substance from patient history or laboratory results, collective label “unknown
135 substance” was used.

136 After completing first year of data collection, gathered dataset was revised and some of the
137 variables (including creatinine concentration and CK activity) were removed.

138 In the Euro-DEN dataset only highest recorded CK activity and serum creatinine concentrations
139 measured during patients stay were recorded [22,23].

140

141 *Data analysis:*

142 The dataset was converted from the Euro-DEN Excel spreadsheet to a comma separated values file.
143 Data wrangling, analysis and visualisations for this analysis were performed in R programming
144 language for statistics [24] with use of modules: ggplot2 [25], dplyr [26], gridExtra [27], reshape2
145 [28]. Analysis was performed by the Euro-DEN centre located in Gdansk Poland.

146

147 Only 1015 (18.4%) of the 5,529 Euro-DEN presentations over the study period had CK activity
148 recorded in the database and included in the analysis. Parameters analysed were: time from use to
149 presentation, self-reported number of agents used, what agents were used (reported), presence of
150 seizures, body temperature on admission, presence of agitation/aggression, maximum CK activity
151 recorded, maximum creatinine recorded, length of stay in hospital (LOS). All the missing values
152 were filled with ‘NA’ value.

153

154 For further analysis presentations were divided into 4 cohorts depending on maximum CK activity.
155 The values used for the partitioning of the data were based on values used in Poison Severity Score
156 (PSS) [29]: 1. no rhabdomyolysis (CK below 250 IU/L), 2. minor rhabdomyolysis (CK 251 – 1,500
157 IU/L), 3. moderate rhabdomyolysis (CK 1,501 – 10,000 IU/L), 4. severe rhabdomyolysis (CK
158 above 10,000 IU/L). It should be noted, that the severity of rhabdomyolysis does not have to be
159 consistent with severity of poisoning, which was not assessed in this analysis.

160 Fragmented groups of substances sharing chemical and toxicological properties (for example
161 benzodiazepines) were treated as one causative agent during the analysis.

162 *The use of range and interquartile range as measure of data spread suggest that the data were not normally
163 distributed. Hence the use of parametric test such as pearson's moment correlation and ANOVA for analysis may
164 not be appropriated.*

163 *Statistical analysis:*

164 Threshold for statistical significance for the testing was established at $p < 0.01$ (probability of type I
165 error smaller than 1%). We used both range and interquartile range (IQR) as measures of data
166 spread. Correlations were tested using Pearson's product-moment correlation coefficient. For
167 assessing relationship between multiple factors, we used analysis of variance (ANOVA). Where
168 analysis of means between the groups was needed, Welch Two Sample t-test was performed.

169

170 **Results:**

171 Only presentations with CK activity recorded (N = 1015) were included in the analysis. The median
172 (IQR; range) CK was 228 (124.5 – 448.0; 30 – 169,700) IU/L.

CK (IU/L)	≤ 250 IU/l	250 - 1500 IU/l	1501 – 10000 IU/l	CK >10000 IU/l	Total
n	547 (53.9%)	375 (36.9%)	69 (6.8%)	24 (2.4%)	1015 (100%)
Min	30	252	1522	10036	30

Max	250	1397	9441	169700	169700
Median	132.0	441.0	2595.0	21934.0	228.0
IQR	94.0 – 183.0	319.0 – 684.5	1986.0 – 4030.0	16760.0 – 63640.0	124.0 – 488.0

173 Table 1. Creatine Kinase (CK) results in the 1015 Euro-DEN Presentations

174 As shown in Table 1, 46.1% of this cohort had a CK > 250 IU/L, the majority of whom had minor
175 rhabdomyolysis.

176

177 **CK vs. Creatinine:**

178 Of the 1015 patients included in our analysis only 353 (39,11%) had both CK and creatinine
179 concentration recorded.

180 In the total studied population, median creatinine was 0.90 mg/dl (min 0.40 mg/dl, max 6.94 mg/dl,
181 IQR 0.72 – 1.10 mg/dl). For patients with no rhabdomyolysis median creatinine was 0.80 mg/dl
182 (min 0.41 mg/dl, max 1.47 mg/dl, IQR 0.69 – 0.91 mg/dl). For patients with rhabdomyolysis
183 median creatinine was 0.99 mg/dl (min 0.40 mg/dl, max 6.94 mg/dl, IQR 0.81 – 1.20 mg/dl).

184 Median creatinine of patients with minor rhabdomyolysis was 0.91 mg/dl (min 0.40 mg/dl, max
185 1.75 mg/dl, IQR 0.80 – 1.10 mg/dl). Median creatinine of patients with moderate rhabdomyolysis
186 was 1.01 mg/dl (min 0.56 mg/dl, max 2.40 mg/dl, IQR 0.86 – 1.37 mg/dl). Median creatinine of
187 patients with severe rhabdomyolysis was 1.65 mg/dl (min 0.54 mg/dl, max 6.94 mg/dl, IQR 0.95 –
188 2.97 mg/dl). The correlation between CK activity and creatinine was 0.71, $p < 0,0001$. In the
189 patients with both creatinine and CK measured 44 (12.5%) had creatinine concentration of 1.2
190 mg/dl or higher, which was considered a marker of kidney injury.

191 The prevalence of kidney injury is presented in Table 2. The presence of rhabdomyolysis increased
192 the odds of kidney injury 3.97 times.

193

What is your definition of Kidney injury ? This should be elaborated in the method

194

Kidney injury	[ALL] N=353	No N=309	Yes N=44	Odds Ratio	p for odds ratio	p overall
Cohort:						
NONE	188 (53.3%)	177 (57.3%)	11 (25.0%)	Reference	Reference	<0.001
MINOR	124 (35.1%)	109 (35.3%)	15 (34.1%)	2.20 [0.97;5.13]	0.058	
MODERATE	31 (8.78%)	19 (6.15%)	12 (27.3%)	9.95 [3.84;26.4]	<0.001	
SEVERE	10 (2.83%)	4 (1.29%)	6 (13.6%)	22.9 [5.57;106]	<0.001	
Rhabdomyolysis:						<0.001
No	188 (53.3%)	177 (57.3%)	11 (25.0%)	Reference	Reference	

This Table should be properly labelled. Also, distinguish between the exposure and outcome variable.

Yes	165 (46.7%)	132 (42.7%)	33 (75.0%)	3.97 [1.99;8.55]	<0.001	
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195

196 The relationships between peak CK activity and peak creatinine concentration are shown in figure
 197 1; as shown, there was a significant positive correlation between peak CK activity and creatinine
 198 concentration.

199

200 Figure 1. Correlation between CK activity and max serum creatinine concentrations. r - Pearson correlation coefficient,
 201 p - confidence level.

202

203 *CK vs age:* The interval is to wide to report mean. Median will be more appropriate

204 The youngest patient in the study was 12 years old, the oldest was 88 years old. Mean age of a
 205 patient was 30,7 years.

206 There was no significant correlation between the age of a patient and CK activity (p=0.41). report r

207

208 *CK vs sex of a patient:*

209 The study included 241 women and 774 men. Rhabdomyolysis has been observed in 68 (28,2%)
 210 women and 400 (51,7%) of male patients. The differences in CK activity were significant only for
 211 patients with no rhabdomyolysis. was Include the test statistics

212

213 *CK vs length of stay in hospital:*

214 The length of stay in hospital (LOS) was longer in those with more severe rhabdomyolysis. In the
 215 total studied population, median LOS was 12.75 h (min 0.58 h, max 664 h, IQR 5.00 – 37.58 h). For
 216 patients with no rhabdomyolysis median LOS was 10.23 h (min 0.62 h, max 501 h, IQR 3.97 –
 217 27.37 h). Median LOS of patients with minor rhabdomyolysis was 9.92 h (min 0.98 h, max 453.78
 218 h, IQR 4.20 – 25.87 h). Median LOS of patients with moderate rhabdomyolysis was 25.25 h (min
 219 0.58 h, max 664.00 h, IQR 12.63 – 55.91 h). Median LOS of patients with severe rhabdomyolysis
 220 was 108.98 h (min 2.81 h, max 661.15 h, IQR 43.09 – 255.80 h). The correlation between CK
 221 activity and LOS was 0.31, p<0,001.

222

223 *CK vs. body temperature on admission:*

224 Of 1015 patients included in our analysis body temperature on admission was measured in 933
 225 (91.92%). The data indicates that there is no correlation between body temperature on admission
 226 and rhabdomyolysis (r = 0.07, p = 0.03).

227

228 *CK vs. presence of seizures and agitation or aggression:*

229 There was a no significant relationship between seizures being present at any time during the
 230 presentation and the severity of the rhabdomyolysis (Table 3).

	Total		No rhabdomyolysis		Mild rhabdomyolysis		Moderate rhabdomyolysis		Severe rhabdomyolysis	
	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
Seizures	72 (7.1%)	941 (92.7%)	34 (6.2%)	512 (93.6%)	28 (7.5%)	347 (92.5%)	5 (7.3%)	64 (92.8%)	5 (20.8%)	18 (75.0%)

Median CK	266	225	135	131	483	440	2552	2624	22080	19450
Agitation / Aggression	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
n (% of patients in cohort)	390 (38.4%)	624 (61.5%)	176 (32.2%)	370 (67.6%)	165 (44.0%)	210 (56.0%)	37 (53.6%)	32 (46.4%)	12 (50.0%)	12 (50.0%)
Median	286	208	144	125	469	430	2365	2834	21380	22440

231 Table 3. CK activity, seizures at any time during the admission and agitation/aggression on admission. For 2 patients (1
232 in No rhabdomyolysis and 1 in Severe rhabdomyolysis cohort) there was no information regarding presence of seizures.
233 For 1 patient (in No rhabdomyolysis cohort) there was no information regarding presence of agitation/aggression.

234 *CK vs. drugs used:*

235 As shown in Table 4 the drugs used by those with rhabdomyolysis were similar to those without
236 rhabdomyolysis. *It is difficult to interpret this table. It should be presented in a clearer format.*

Total population		Patients without rhabdomyolysis		Patients with rhabdomyolysis		Odds ratio	Odds ratio Confidence interval
Substance used	Frequency (N, %)	Substance used	Frequency (N, %)	Substance used	Frequency (N, %)		
Cocaine	229 (22.6%)	Cocaine	122 (22.3%)	Cocaine	107 (22.9%)	1.03	0.79-1.34
Cannabis	192 (18.9%)	Cannabis	117 (21.4%)	Amphetamine	76 (16.2%)	1.34	0.97-1.89
GHB/GBL	153 (15.1%)	GHB/GBL	81 (14.8%)	Cannabis	74 (15.8%)	0.74	0.54-0.99
Amphetamine	142 (14.0%)	Heroin	70 (12.1%)	GHB/GBL	72 (15.4%)	1.04	0.75-1.44
Heroin	137 (13.5%)	Amphetamine	66 (11.7%)	Heroin	67 (14.3%)	1.12	0.8-1.58
Unknown substance	45 (4.3%)	Unknown substance	21 (3.8%)	Unknown substance	24 (5.1%)		

237 Table 4. 5 Most commonly reported psychoactive substances (as stated in medical records). For a reference number of
238 unidentified agents was added.

239
240 There was no significant correlation between those values of CK activity in studied cohorts, and the
241 number of agents (self-reported or tested) taken by the patient.

242 We have calculated the odds ratios for most frequently used substances. The calculation show, that
243 the highest potential for rhabdomyolysis development is seen in amphetamine (OR 1.41).

244

245 Discussion:

246 Our results have shown that in almost half of the patients presenting to the ED with acute
247 recreational drug toxicity in whom clinicians decided to measure CK activity due to higher risk of
248 rhabdomyolysis, had elevated CK activities. This result might be biased by the fact that probably
249 some of the centres measured CK activity only in patients that either clinically showed signs of
250 muscle injury or their history suggested possible development of the condition. The majority of
251 these had minor or moderate rhabdomyolysis, and only 2.4% developed severe rhabdomyolysis.
252 There was a positive association between creatinine concentrations and the severity of
253 rhabdomyolysis. However, the median creatinine concentration was elevated only in patients with
254 CK activities >10 000 U/L. Due to study design, only highest creatinine concentration was
255 recorded, thus it was not possible to check the patients against Kidney Disease: Improving Global
256 Outcomes (KDIGO) acute kidney injury criteria. Data were also not available on the need for renal
257 replacement therapy.

258

259 The mechanism of rhabdomyolysis in acute recreational drug toxicity is variable - some drugs have
260 direct myocytotoxic effects, whilst others can increase physical activity to deleterious levels,
261 produce ischemia due to arterial vasoconstriction and precipitate seizures or hyperthermia [21,30-
262 35]. Depressant intoxication can also lead to immobilisation and rhabdomyolysis related to
263 compression and ischemic injury. For example, in a small previous study CK levels were correlated
264 with the duration of coma and coma was more prolonged in patients with combined use of γ -
265 hydroxybutyric acid (GHB) and stimulants [33,34].

266
267 Although illicit drugs are well-described precipitants of rhabdomyolysis [36,37], there is limited
268 data on the frequency of rhabdomyolysis in patients presenting with acute recreational drug toxicity.
269 Due to different study methodology, inclusion criteria based upon emergency or hospital physician
270 coding, and variable definitions of “renal failure”, these studies may be difficult to compare.
271 Importantly none of studies included patients discharged from ED or performed follow-up of
272 patients to identify adverse events post-hospital discharge. We have found only one study, presented
273 by Grunau et al., that compared CK activities of patients who were admitted to the hospital to those
274 measured in all ED presentations. In this study, 400 cases of rhabdomyolysis, defined as CK level
275 greater than 1 000 U/l, were found by the authors in 9,509 patients who had CK activity test ordered
276 out of 235,947 ED visits. 30-day follow-up was performed after ED treatment. 35% of patients were
277 discharged home from ED. The most common ED discharge diagnoses were related to recreational
278 drug use, infections, and traumatic or musculoskeletal complains. Within 30 days 21 (5.3%) patients
279 died with 18 (4.5%) requiring hemodialysis. AKI occurred in 151 (38%) patients. In this work, the
280 authors found that higher CK values were not associated with worse outcomes and concluded that
281 initial creatinine was the best predictor of outcome [39]. Completely different results were obtained
282 by Janković et al. who analysed the incidence of rhabdomyolysis in acute poisoning with different
283 agents in Serbia. Rhabdomyolysis occurred at a relatively high rate in 125 out of 656 patients
284 during a one-year period (19%). Rhabdomyolysis was mainly mild (61%) (CK from 250 to 1500
285 U/l), or moderate (36%) (CK from 1500 to 10000), and only in 3% of the patients was
286 rhabdomyolysis severe. The incidence of rhabdomyolysis was highest in poisonings involving
287 opiates (41%), pesticides (38%), neuroleptics (26%), anticonvulsants (26%), ethanol (20%) and
288 gases (19%). Psychotropic agents were the most common causes of poisonings, and consequently of
289 rhabdomyolysis. One limitation of this study was that rhabdomyolysis was diagnosed based only on
290 biochemical indicator (CK), without clinical signs and symptoms [41].

291
292 As there are no universal CK activity criteria to establish diagnosis of rhabdomyolysis, we used the
293 Poisoning Severity Score to determine severity of rhabdomyolysis. Partitioning to cohorts was
294 important for the analysis, due to data spread (maximum CK activity was 5657 times higher than
295 the minimum). Cohorts with normal CK activity vs. elevated were similar in size (N=547 vs.
296 N=468). A group with elevated CK represented 8.5% of total and 46.2% of patients where CK was
297 measured. Only 353 patients had both CK and creatinine measured.

298
299 Literature data show that higher CK activities correlated with degree of muscle injury, but
300 correlated only slightly with the development of AKI or mortality [15,36,40,42–46]. The incidence
301 of AKI secondary to rhabdomyolysis varies from 10% to 59%, whilst it is estimated that 5% to 15%
302 of AKI cases can be attributed to rhabdomyolysis [15,16,36,38,40,42-44]. In previous studies on

303 cocaine-intoxicated patients, the prevalence of AKI as the consequence of rhabdomyolysis was
304 reported as 24% to 33% [9,11]. Based on our analysis we have observed a statistically significant
305 positive correlation between highest CK activity and highest creatinine concentration in a general
306 population as well as in most of the cohorts. The severity of rhabdomyolysis was associated with
307 longer hospitalisation and thus could lead to higher treatment costs.

308
309 Our study did not show any correlation between the number of substances involved and
310 rhabdomyolysis. The most common agents used by patients who developed rhabdomyolysis, were
311 the same as those in patients without rhabdomyolysis with the 5 most common being cocaine,
312 cannabis, GHB/GBL (γ -butyrolactone) amphetamine and heroine. Cocaine is a known factor
313 contributing to development of muscular injury [9,11,38]. A PubMed search for
314 “cannabis+rhabdomyolysis” showed only 8 results, of which only one was a report of connection
315 between cannabis use and incidence of rhabdomyolysis, however the direct cause of the injury was
316 falling asleep while sitting cross-legged. In our data, only 12 patients having seizures have used
317 cannabis. Of this group 9 had no rhabdomyolysis and 3 minor rhabdomyolysis, which supports that
318 observation. There is only a limited data on relationship between GHB/GBL and rhabdomyolysis in
319 the literature, and most were reported cases involving muscle injury during withdrawal syndrome
320 [33, 34, 47]. Considering the clinical effect of GHB/GBL, it can be assumed that rhabdomyolysis is
321 caused by patient’s immobility for prolonged periods. It should be noted, that MDMA was the most
322 prevalent substance found in patients who developed severe rhabdomyolysis, however this group
323 was relatively small, which might have influenced the result.

324 325 **Limitations of the study:**

326 The study was designed as a retrospective analysis of a large volume of clinical history records.
327 Laboratory test data (CK activity and creatinine) were only recorded if these were taken as part of
328 routine clinical care; this could potentially lead to a selection bias in the studied data as the patients
329 with clinical signs of rhabdomyolysis would be tested more frequently. No data regarding physical
330 activity in days before presentation was gathered, opening possibility to including patients who
331 developed exertional rhabdomyolysis in the group. Due to the study design only the highest
332 recorded CK activity and creatinine concentration was included, and data were not collected on
333 previous renal function to be able to confirm that any kidney injury present was AKI rather than
334 underlying chronic kidney disease. As the data were obtained from hospitals information systems, it
335 was not possible to assure consistency of CK activity and creatinine concentration analytical
336 methods. Information on agents used was based largely on patient self-report with laboratory
337 confirmation in a minority; it should be noted however, that work by Liakoni et al. has shown that
338 patient self-report is reliable particularly for traditional illicit drugs [48]. The data entered into the
339 data collection tool were taken from medical histories and it was difficult to differentiate reported
340 drug use from analytically confirmed in post-hoc analysis.

341 Due to revision of gathered dataset variables, we do not have information on CK activities and
342 creatinine concentrations from EuroDEN presentations after first 12 months of the study.

343 344 **Conclusions:**

345 Abnormal values of CK activity may occur in up to half of presentations to the Emergency
346 Department following acute recreational drug toxicity whose clinical signs suggest muscle injury

347 but severe rhabdomyolysis is much less common. Patients with rhabdomyolysis are at significantly
348 higher risk of kidney injury (3.97 times higher, and 22.9 times higher for severe rhabdomyolysis) and
349 spend more time in the hospital with a length of stay that is directly proportional to CK activity.
350 Therefore, we suggest that it is valuable for patient management to check serum CK activity and
351 creatinine concentrations in patients presenting to the Emergency Department with severe acute
352 recreational drug toxicity as a part of routine laboratory testing.

353
354
355

356 **Literature:**

357

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Figure 1

