

Pharmacotherapy and Lung Function Decline in  
Patients with Chronic Obstructive Pulmonary  
Disease: A Systematic Review

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ONLINE DATA SUPPLEMENT

**Figure E1.** Effect of active therapy on the rate of decline in FEV<sub>1</sub>. Sensitivity analysis with the BRONCUS study using N-acetyl-cysteine removed. The center of the diamond indicates the point estimate and the width is the 95% confidence interval.

**TABLE E1.** PubMed search strategy

<b>Search terms</b>	
<b>#1 COPD</b>	“Pulmonary Disease, Chronic Obstructive”[Mesh] OR chronic obstructive pulmonary disease*[tiab] OR chronic obstructive airway disease*[tiab] OR chronic obstructive lung disease*[tiab] OR chronic bronchitis[tiab] OR emphysema[tiab] OR chronic airflow obstruction[tiab] OR COPD[tiab] OR COAD[tiab]
<b>#2 Decline in lung function/FEV1</b>	((“Forced Expiratory Volume”[Mesh] OR Forced Expiratory Volume*[tiab] OR FEV1[tiab] OR FEV <sub>1</sub> [tiab] OR Timed Vital Capacit*[tiab] OR lung function*[tiab] OR lungfunction*[tiab] OR respiratory function*[tiab] OR pulmonary function*[tiab]) AND (decline*[tiab] OR decrease*[tiab] OR diminish*[tiab] OR reduc*[tiab] OR low[tiab] OR lower[tiab] OR worsen*[tiab] OR change*[tiab] OR development*[tiab] OR trajector*[tiab] OR "Disease Progression"[Mesh] OR progress*[tiab] OR deteriorat*[tiab] OR natural history[tiab]))
<b>#3 Study designs (i.e. meta-analysis)</b>	meta-analysis[pt] OR meta-analysis[tiab] OR meta-analyses[tiab] OR meta analysis[tiab] OR meta analyses[tiab] OR metaanalysis[tiab] OR metaanalyses[tiab] OR randomized controlled trial[pt] OR controlled clinical trial[pt] OR randomized[tiab] OR randomised[tiab] OR RCT[tiab] OR controlled[tiab] OR placebo*[tiab] OR trial[tiab] OR intervention[tiab] OR "Cross-Over Studies"[Mesh] OR "Double-Blind Method"[Mesh] OR "Prospective Studies"[Mesh] OR “Follow-up Studies”[Mesh] OR “Cohort Studies”[Mesh] OR crossover[tiab] OR cross-over[tiab] OR double-blind[tiab] OR doubleblind[tiab] OR single-blind[tiab] OR singleblind[tiab] OR cohort*[tiab] OR prospective[tiab] OR longitudinal[tiab] OR observational[tiab] OR follow-up[tiab] OR followup[tiab]
<b>Limits</b>	No country limits No time limits Language: English

**TABLE E2.** Impact of Therapy on St. George’s Respiratory Questionnaire Scores and Exacerbations Rate in the Studies Included in this Systematic Review. The Table Presents the Rates and the Differences Between the Treatment Arms

	(1997-2003) BRONCUS*  Ref # 16	(1992-1998) ISOLDE*  Ref # 6	(2000-2005) TORCH*  Ref # 10	(2003-2008) UPLIFT*  Ref # 11	(1996-1994) Lung Health I*  Ref # 3	(2011-2015) Zhou et al*  Ref # 19	(2011-2015) SUMMIT*  Refs # 12, 20	(1992-1994) Copenhagen City Lung Study* Ref # 17	(1994-1999) Lung Health Triamcinolone* Ref # 21
Treatment arms: placebo or usual care / active intervention(s)	Placebo / N-acetylcysteine	Placebo / fluticasone propionate	Placebo / salmeterol / fluticasone propionate / salmeterol + fluticasone propionate	Placebo / tiotropium	Placebo / ipratropium bromide	Placebo / tiotropium	Placebo / fluticasone furoate / vilanterol / fluticasone furoate + vilanterol	Placebo / budesonide	Placebo / triamcinolone acetonide
SGRQ – score change at 1 year in placebo / active (SE)	1.24 (0.49) / <b>1.45 (0.47)</b>	3.17 (0.31) / <b>2.00 (0.29)</b>	0.2 (0.37) / <b>-0.8 (0.35) / -1.8 (0.35) / -3.0 (0.35) †</b>	1.21 (0.09) / <b>1.25 (0.09)</b>	NA	NA	NA	NA	NA
Treatment difference in score for each active arm vs placebo (SE) [95% CI]	0.21 [-1.13–1.55]	-1.17 (0.40) [-1.95 to -0.39]	-1.0 (0.15) [-2.0–0.0] / -2.0 (0.49) [-2.9 to -1.0] / -3.1 (0.51) [-4.1 to -2.1]	0.04 (0.13) [-0.2–0.3]	NA	NA	NA	NA	NA
Exacerbations rate per year in placebo / active (SE)	1.31 / <b>1.25</b>	1.32 [0–30] / <b>0.99 [0–26]</b>	1.13 / <b>0.97 / 0.93 / 0.85</b>	0.85 (0.02) / <b>0.73 (0.02)</b>	NA	0.50 (0.05) / <b>0.27 (0.03)</b>	0.35 / <b>0.31 / 0.31 / 0.25</b>	161 / <b>155‡</b>	NA
Treatment ratio for each active arm vs. placebo	0.990 [0.889–1.101]	-0.3 [-0.4–0.0] §	0.85 [0.78–0.93] / 0.82 [0.76–0.89] /	0.86 [0.81–0.91]	NA	0.53 [0.39–0.73]	12% [4%–19%] / 10% [2%–18%] /	NA	NA

(SE) [95% CI]			0.75 [0.69–0.81]				29% [22%–35%] <sup>  </sup>		
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BRNCUS = Bronchitis Randomized on NAC Cost-Utility Study; CI = confidence interval; ISOLDE = Inhaled steroids in obstructive lung disease in Europe; SE, standard error; SGRQ = St George's Respiratory Questionnaire; SUMMIT = Study to Understand Mortality and Morbidity TORCH = Towards a Revolution in COPD Health; UPLIFT = Understanding Potential Long-Term Impacts on Function with Tiotropium.

\* Date is start of recruitment to study complete.

† Overall (not at 1 year).

‡ Number in study per arm difference not significant.

§ Treatment difference not ratio.

<sup>||</sup> Rate reduction shown.

**Figure E1**

