# **Supplementary Information**

A mussel-inspired film for adhesion to wet buccal tissue and efficient buccal drug delivery

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#### **Supplementary figures**



**Supplementary Figure 1. Characterization of PVA-DOPA films.** (a) FTIR spectra of PVA-DOPA polymers with different DOPA contents. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine. (b) Photograph of ethyl cellulose protective cap. (c) Photograph of dry PVA-DOPA mucoadhesive film. (d) Photograph of PVA-DOPA mucoadhesive film after hydration. (e) SEM image of PVA-DOPA film. Scale bar: 200  $\mu$ m (f) Tensile strength testing of PVA-DOPA3 film. (g) Representation of the stress-distance curve, during the tensile tests, for PVA-DOPA3 film. (h) Tensile strength of PVA-DOPA films with different DOPA contents. *n* = 3 independent samples per group; \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001. (i) Swelling behavior of PVA-DOPA films different DOPA contents as a function of time. *n* = 3 independent samples per group; \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001. (i) Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact *P* values are given in the Source Data file.



**Supplementary Figure 2.** Residence time and self-healing properties of PVA-DOPA films. (a) Experimental set-up for in vitro residence time measurement using the flow-through method. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine. (b) Experimental set-up for in vitro residence time measurement using the rotating disc method. (c) The number of different PVA-DOPA films left on the porcine buccal mucosa as a function of time using the flow-through method. (d) The number of different PVA-DOPA films left on the porcine buccal mucosa as a function of time using the rotating disc method. (e) Photographs of self-healing properties of PVA-DOPA film.



Supplementary Figure 3. Interactions of PVA-DOPA films with mucin. (a) Variation of turbidity of different PVA-DOPA-Mucin mixtures as a function of time. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine. n = 3 independent samples per group; \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 vs value at 0 h. All data are Mean  $\pm$  S.D. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact *P* values are given in the Source Data file. (b) UV-vis absorbance spectra of different concentrations (0.05, 0.10, and 0.15 mg/ml) of PVA, PVA-DOPA2, PVA-DOPA4, and PVA-DOPA6 after mixed with mucin suspension. (c) Comparison of <sup>1</sup>H-NMR spectra of different PVA-DOPA polymers before and after mixed with mucin suspension. Source data are provided as a Source data file.



**Supplementary Figure 4. Characterization of different PLGA NPs.** (a) Optical micrography of PLGA NPs. Sale bar: 2  $\mu$ m. (b) Fluorescence image of PLGA NPs. Sale bar: 2  $\mu$ m. (c) AFM image of PLGA NPs. Sale bar: 200 nm. (d) Size distribution of PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PDA NPs. PLGA: poly(lactic-co-glycolic acid), PEG: poly(ethylene glycol), PVA: poly(vinyl alcohol), PDA: polydopamine. (e) Particle size of PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PDA NPs. \**P* = 0.012. (f) Zeta-potential of PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PDA NPs. \**P* < 0.01; \*\*\**P* < 0.001. (g) Percentage of PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PDA NPs interacted with rose bengal solution. \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001. All data are Mean  $\pm$  S.D. *n* = 3 independent samples per group. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact *P* values are given in the Source Data file. Source data are provided as a Source data file.



Supplementary Figure 5. Mucus-penetrating properties of different PLGA NPs. (a) Variation of turbidity of different NPs-Mucin mixtures as a function of time. PLGA: poly(lactic-co-glycolic acid), PEG: poly(ethylene glycol), PVA: poly(vinyl alcohol), PDA: polydopamine. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 vs value at 0 h. (b) Percentage of absorbed PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PDA NPs onto mucin particles. \*\*\*P < 0.001. (c) Percentage of penetrated NPs across mucus layer in an agarose gel assay after 6 h. \*P = 0.016; \*\*\*P < 0.001 (d) Z-stacks of PLGA, PLGA-PEG, PLGA-PVA, and PLGA-PEG, PLGA-PDA NPs diffusion (green) in mucin suspension (red). Scale bar: 50 µm. All data are Mean ± S.D. n = 3 independent samples per group. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact P values are given in the Source Data file. Source data are provided as a Source data file.



Supplementary Figure 6. Cellular uptake of different PLGA NPs in vitro. (a) Fluorescence image of cellular uptake of different NPs in HOK after incubation for 2 h. Scale bar: 20  $\mu$ m. PLGA: poly(lactic-co-glycolic acid), PEG: poly(ethylene glycol), PVA: poly(vinyl alcohol), PDA: polydopamine. (b) Fluorescence image of cellular uptake of different NPs in HGECs after incubation for 2 h. Scale bar: 20  $\mu$ m. (c)TEM images of cellular internalization process of PLGA-PDA NPs in HOK after incubation for 2 h. Scale bar: 1  $\mu$ m. (d) 3D images of the cellular transport of NPs in the TR146 cell monolayer. Scale bar: 100  $\mu$ m. n = 3 independent cells per group.



Supplementary Figure 7. Detachment force and release profile of PVA-DOPA@NPs films after incorporated with PLGA-PDA NPs. (a) Comparison of detachment force of different PVA-DOPA films before and after incorporated with NPs. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PDA: polydopamine. (b) Release profile of NPs from PVA-DOPA@PLGA-PDA films with different DOPA contents as a function of time. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 vs PVA-DOPA1@PLGA-PDA group. All data are Mean  $\pm$  S.D. n = 3 independent samples per group. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact *P* values are given in the Source Data file. Source data are provided as a Source data file.



Supplementary Figure 8. In vitro biosafety evaluation of PVA-DOPA@PLGA-PDA film. (a) (b) CCK-8 assay of HOK and HGECs after incubated with different films for 1, 2, and 3 days, respectively. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PDA: polydopamine. (c) Fluorescence image of cell attachment of HOK after incubated with different PVA-DOPA@NPs films for 24 h. Scale bar: 20  $\mu$ m. (d) SEM image of cell attachment of HOK after incubated with different PVA-DOPA@NPs films for 24 h. Scale bar: 20  $\mu$ m. (e) Fluorescence image of cell attachment of HGECs after incubated with different PVA-DOPA@NPs films for 24 h. Scale bar: 20  $\mu$ m. (e) Fluorescence image of cell attachment of HGECs after incubated with different PVA-DOPA@NPs films for 24 h. Scale bar: 20  $\mu$ m. (f) SEM image of cell attachment of HGECs after incubated with different PVA-DOPA@NPs films for 24 h. Scale bar: 20  $\mu$ m. All data are Mean  $\pm$  S.D. n = 3 independent cells per group. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Source data are provided as a Source data file.



Supplementary Figure 9. In vivo biosafety evaluation of PVA-DOPA@PLGA-PDA film. (a) Photographs of rat major organs (heart, liver, spleen, lung, and kidney) after subcutaneously implanted with different films in the backs of SD rats for 7 days. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PDA: polydopamine. (b) H&E staining of major organs (heart, liver, spleen, lung, and kidney) after subcutaneously implanted with different films in the backs of SD rats for 7 days. Scale bars: 100  $\mu$ m. *n* = 3 animals per group.



**Supplementary Figure 10.** In vitro release profile of Dex from PVA-DOPA6@NPs film incorporated with different NPs as a function of time. PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PEG: poly(ethylene glycol), PVA: poly(vinyl alcohol), PDA: polydopamine. \*P < 0.05; \*\*P = 0.001; \*\*\*P < 0.001 vs PVA-DOPA6@PLGA-Dex group. All data are Mean  $\pm$  S.D. n = 3 independent samples per group. Statistics was calculated by one-way ANOVA followed by Tukey's post-test. Exact *P* values are given in the Source Data file. Source data are provided as a Source data file.



**Supplementary Figure 11.** Gross inspection of buccal mucosa ulcers in SD rats treated with Kanghua Dex Film<sup>®</sup>, PVA@PLGA-PDA-Dex, PVA-DOPA6@PLGA-Dex, PVA-DOPA6@PLGA-PDA-Dex film, and no treatment at day 0, 2, 5 and 8. Dex: dexamethasone, PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PDA: polydopamine. n = 3 animals per group. (group 2)



**Supplementary Figure 12.** Gross inspection of buccal mucosa ulcers in SD rats treated with Kanghua Dex Film<sup>®</sup>, PVA@PLGA-PDA-Dex, PVA-DOPA6@PLGA-Dex, PVA-DOPA6@PLGA-PDA-Dex film, and no treatment at day 0, 2, 5 and 8. Dex: dexamethasone, PVA: poly(vinyl alcohol), DOPA: 3,4-dihydroxy-D-phenylalanine, PLGA: poly(lactic-co-glycolic acid), PDA: polydopamine. n = 3 animals per group. (group 3)



**Supplementary Figure 13.** H&E staining images of cross-section of regenerated oral ulcer in Sprague Dawley rats treated with Kanghua Dex Film<sup>®</sup>, PVA@PLGA-PDA-Dex, PVA-DOPA6@PLGA-Dex, PVA-DOPA6@PLGA-PDA-Dex film, and no treatment at day 8. Scale bar: 200  $\mu$ m. *n* = 3 animals per group. (group 1-3)



**Supplementary Figure 14.** H&E staining and immunohistochemistry staining of anti-keratin5 (CK5, red), anti-keratin13 (CK13, green), and anti-CD11b (CD11b, green) of regenerated oral ulcer at day 8. Nuclei (blue) was stained with DAPI. Scale bar: 100  $\mu$ m. *n* = 3 animals per group. (group 2)



**Supplementary Figure 15.** H&E staining and immunohistochemistry staining of anti-keratin5 (CK5, red), anti-keratin13 (CK13, green), and anti-CD11b (CD11b, green) of regenerated oral ulcer at day 8. Nuclei (blue) was stained with DAPI. Scale bar: 100  $\mu$ m. *n* = 3 animals per group. (group 3)

#### **Supplementary Tables**

Samples	Molar ratio of PVA/DOPA	Degree of substitution of catechol calculated from <sup>1</sup> H-NMR (%)	Mass fraction of catechol calculated from UV-vis (wt%)	
PVA-DOPA1	6:1	4.7	16.0	
PVA-DOPA2	6:2	9.3	27.9	
PVA-DOPA3	6:3	28.0	35.0	
PVA-DOPA4	6:4	41.3	42.2	
PVA-DOPA5	6:5	57.3	61.5	
PVA-DOPA6	6:6	64.6	72.0	

**Supplementary Table 1.** Degree of substitution of catechol and mass fraction of catechol in PVA-DOPA conjugates calculated from the results of <sup>1</sup>H-NMR and UV-vis spectra.

**Supplementary Table 2.** Thickness and surface pH of different PVA-DOPA films. Data are presented as the means  $\pm$  standard deviations (SDs). (n = 3 independent samples per group)

Samples	Thickness (mm)	Surface pH	
PVA	1.06±0.03	6.8±0.06	
PVA-DOPA1	$1.04{\pm}0.03$	$6.6 \pm 0.08$	
PVA-DOPA2	$1.00{\pm}0.04$	$6.6 \pm 0.05$	
PVA-DOPA3	$0.99{\pm}0.05$	$6.7 \pm 0.05$	
PVA-DOPA4	$1.00{\pm}0.06$	$6.7 \pm 0.08$	
PVA-DOPA5	$1.04{\pm}0.06$	$6.6 \pm 0.08$	
PVA-DOPA6	1.03±0.06	6.7±0.12	

Supplementary Table 3. Heat of fusion ( $\Delta H_m$ ) of different PVA-DOPA after interacted with mucin.

Samples	$\Delta H_m/Jg^{-1}$	
PVA-Mucin	4.26	—
PVA-DOPA1-Mucin	26.80	
PVA-DOPA2-Mucin	35.69	
PVA-DOPA3-Mucin	46.09	
PVA-DOPA4-Mucin	59.18	
PVA-DOPA5-Mucin	73.58	
PVA-DOPA6-Mucin	123.37	

means $\pm$ standard deviations (SDs). ( $n = 3$ animals)								
Samples	T <sub>max</sub> (h)	C <sub>max</sub> (ng/ml)	<i>T</i> <sub>1/2</sub> (h)	AUC <sub>0-24</sub>				
				(ng/ml*h)				
Dex (oral)	1.00	13.43±4.12	2.1±0.2	45.18±11.48				
PLGA-PDA-Dex NPs (oral)	1.00	6.94±0.68	4.1±2.7	64.70±1.52				
PVA-DOPA@PLGA-Dex film (buccal)	5.3±2.3	9.01±2.38	8.9±2.7	78.12±8.23				

**Supplementary Table 4.** Pharmacokinetic parameters of Dex after administrated with different formulations of Dex via oral or buccal route in Sprague Dawley rats. Data are presented as the means  $\pm$  standard deviations (SDs). (n = 3 animals)

 $\overline{T_{max}}$ : time at which  $C_{max}$  is attained;  $C_{max}$ : maximum plasma concentration;  $T_{1/2}$ : elimination half-life; AUC: area under concentration-time curve.

12.0

 $11.62 \pm 3.36$ 

 $20.7 \pm 0.7$ 

 $160.17 \pm 43.86$ 

PVA-DOPA@PLGA-PDA-Dex film (buccal)