

Table S1: Sleep disorder medication classes and studied medications

Medication Class	Studied Medications
Benzodiazepines	Temazepam Flurazepam Estazolam Triazolam
Hypnotics	Zolpidem Zaleplon Eszopiclone
Tricyclic antidepressants	Doxepin
Antihistamines	Diphenhydramine Doxylamine Hydroxyzine
Melatonin receptor agonists	Ramelteon
Orexin receptor antagonists	Suvorexant
Alpha ₂ -adrenergic receptor agonists	Clonidine Guanfacine
Serotonin antagonist and reuptake inhibitors	Trazodone
Tetracyclic antidepressants	Mirtazapine