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8	Supplementary Information for
9	Rapid coupling between solid earth and ice volume during the Quaternary
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Seawater ¹⁸⁷Os/¹⁸⁸Os is controlled by the balance of continental riverine, hydrothermal, and cosmic dust inputs. Because Re is less compatible than Os in partial melts, ¹⁸⁷Re, the parent nuclide of ¹⁸⁷Os, is enriched in the liquid phase (which becomes continental crust), whereas unradiogenic ¹⁸⁸Os is relatively more concentrated in the solid phase (i.e. in mantle-like materials). As a result, ¹⁸⁷Os/¹⁸⁸Os values of continental-derived materials are higher than those of mantle-like material (hydrothermal fluid and cosmic dust).



Supplementary Figure S2. Compilation of previously published data^{17-19,76-78} used 64 for the reconstruction of the Quaternary seawater ¹⁸⁷Os/¹⁸⁸Os record. Each record 6566 shows initial ¹⁸⁷Os/¹⁸⁸Os values. Vertical blue bars indicate glacial periods (marine isotope stages 2, 4, 6, and 8)²². Although almost all of these studies show a negative 67 excursion of ¹⁸⁷Os/¹⁸⁸Os during the last glacial maximum (LGM), the profiles are not 68 otherwise consistent among the studies. Data sources: V19-54, V19-55 (ref. 17); ODP 69 70Site 1002C (refs. 18, 19); DSDP Site 480 (ref. 19); ODP Site 849 (ref. 19); ODP Site 893 71(ref. 76); KT94-15 PC-5 (ref. 77); ODP Site 758 (ref. 78). The world map is generated by 72the Generic Mapping Tools (GMT Version 6.0.0, 73https://github.com/GenericMappingTools/gmt/releases/tag/6.0.0).









77Supplementary Figure S3. Core lithology and smear slide microphotographs. (a) 78Lithostratigraphy, genetic stratigraphy, and core photograph of the ODP Site 834A cores 791H and 2H (modified from refs. 46-48). Magnetostratigraphic epoch, biostratigraphic zone, and depositional era^{47,48} are shown alongside. Double-headed red arrows in the 80 "sampling intervals" column indicates the sampling ranges from which we picked 81 samples for foraminiferal δ^{18} O analyses (n = 125). We avoided sampling the turbiditic 82 83 zones. For the bulk chemical and Re-Os isotope analyses, we used sediments from 84 shallower than 10.4 mbsf in the core (n = 115) to avoid contamination with volcaniclastic 85 components, which increase downward in the core. Bars in the Os isotope analyses 86 column indicate sampling points for the analyses. Light blue and green bars indicate 87 sampling points for analyses by N-TIMS and MC-ICP-MS, respectively. The magenta 88 bar indicates the sampling point for duplicate analysis, by both N-TIMS and MC-ICP-89 MS. The light orange facies in the core photograph (black arrow) is the reduction halo. 90 (b-e) Microphotographs of smear slide samples of sediments from ODP Site 834A. (b, c) 91 Metalliferous carbonate (Core 1H, Section 2, 118–120 cm; 2.69 mbsf) under (b) plane-92and (c) cross-polarised light. (d, e) Sediment containing volcaniclastic materials from 93 ODP Site 834A (Core 2H, Section 3, 9-11 cm; 10.7 mbsf) under (d) plane- and (e) cross-94polarised light. 95

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Supplementary Figure S4. Correlation between (a) δ^{18} O data from ODP Site 834A 100 and (b) the reference δ^{18} O profile (LR04 benthic stack²²). Grey shading indicates the 101 102age range of samples dated by radiocarbon analysis. The inflection points of the curves 103were determined in this study. Turbidite intervals have been omitted. Vertical blue bars 104indicate glacial periods, and the numerals indicate MISs. The solid magenta diamonds in (a) indicate samples analysed for both δ^{18} O and bulk chemistry. The open magenta 105diamonds in (a) indicate samples analysed only for δ^{18} O. The open black square at 2.77 106 mbsf in (a) indicates the sample for which we could not calculate the standard deviation 107of $\delta^{18}O$. 108



111 Supplementary Figure S5. Geochemical data of ODP Site 834A sediments. Panels (a), (h), and (i) show Os versus Fe₂O₃* (total iron as Fe₂O₃), MnO, and SiO₂, respectively. 112Panels (b) and (c) show $({}^{187}\text{Os}/{}^{188}\text{Os})_i$ versus Fe₂O₃* and MnO, respectively. Panels (d), 113(e), and (f) show Fe₂O₃* versus MnO, total rare-earth elements + Y (Σ REY), and P₂O₅ 114115contents, respectively. The contents of all elements are normalised by the Al_2O_3 content 116and were calculated on a carbonate-free basis (CFB). The solid blue diamonds in panels (a) to (f) and (h) to (i) indicate samples used for Re-Os isotope analyses, and black 117118 diamonds indicate samples not used for Re-Os analyses. Samples collected from the reduction halo (see Methods) are indicated by light blue open diamonds (Re-Os analysed) 119or grey diamonds. Linear regression lines and r^2 values were calculated by using all data 120except data from the reduction halo samples. Panel (g) shows patterns of REY calculated 121122on a CFB and normalised by the post-Archean average Australian shale (PAAS⁵¹). The 123black line with green diamonds shows the average of all samples (n = 115). The blue line with open blue circles shows the REY pattern of seawater $(\times 10^7)^{79}$. 124



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Supplementary Figure S6. Age profiles of (a) $Fe_2O_3^*$ (total iron as Fe_2O_3) and MnO contents, and (b) the ($^{187}Os/^{188}Os$)*i* record in ODP Site 834A sediments. In panel (a), the $Fe_2O_3^*$ and MnO contents, which were calculated on a carbonate-free basis (CFB), are normalised by the Al₂O₃ content. The red shaded area in panel (b) indicates the 2SD range of ($^{187}Os/^{188}Os$)*i*. The vertical orange bar indicates the reduction halo²³, which is developed below the turbiditic layer. Vertical blue bars indicate glacial periods (MIS 2, 4, 6, 8).



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Supplementary Figure S7. Simulated seawater (¹⁸⁷Os/¹⁸⁸Os)_i under the scenario that 138the riverine Os isotopic composition fluctuated in association with glacial-139140interglacial cycles. (a) Calculated Os isotopic ratio of seawater (R_{SW}) , and (b) Os isotopic 141 ratio of river water (R_{riv}) imposed on the model. Each Os flux (riverine, hydrothermal, 142and cosmic) was set to a constant value. R_{riv} was made to fluctuate between 1.43 and 1.41 in synchrony with the LR04 benthic stack²², reflecting the growth and regression of ice 143144sheets (b). In panel (a), the results of calculations using Os residence times in the ocean of $\tau = 25$ kyr and 45 kyr are also shown. The fluctuations of calculated R_{SW} are small 145under this scenario, and they do not correspond to the variations in the observed data (a). 146Vertical blue bars indicate glacial periods. 147





149 Supplementary Figure S8. Simulated seawater $({}^{187}Os/{}^{188}Os)_i$ under the scenario that 150 the riverine Os flux varied in association with glacial-interglacial cycles. (a) 151 Calculated Os isotopic ratio of seawater (R_{SW}), (b) seawater Os inventory (M_{SW}), (c)

152 riverine Os flux (F_{riv}) imposed on the model, and (d) pCO_2 data from the Vostok ice core⁶⁸.

153 The ¹⁸⁷Os/¹⁸⁸Os value of each Os flux (riverine, hydrothermal, and cosmic) was assumed

154	to be constant. F_{riv} fluctuated along with pCO_2 (d). The n_{Si} value (silicate weathering
155	parameter, see Methods) was set at 0.2 (default, red lines), and then at 0.4 (blue lines) and
156	0.6 (orange lines). With $n_{\text{Si}} = 0.2$ (panel a, red lines), the calculated R_{SW} fluctuations did
157	not show any relationship to the observed data. Even with $n_{Si} = 0.4$ or 0.6, fluctuations in
158	the calculated profiles did not correspond to variations in the observed 187 Os/ 188 Os profile.
159	In panel (a), solid lines, dotted lines, and dashed lines indicate the calculation results
160	obtained using $\tau = 35$ kyr (default), 25 kyr, and 45 kyr, respectively. Vertical blue bars
161	indicate glacial periods ²² .
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184 Supplementary Figure S9. Simulated seawater $({}^{187}Os/{}^{188}Os)_i$ under the scenario that 185 includes riverine and hydrothermal Os pulses. (a) Calculated Os isotopic ratio of 186 seawater (R_{SW}), (b) seawater Os inventory (M_{SW}), (c) riverine Os flux (F_{riv}) imposed on 187 the model, and (d) hydrothermal Os flux (F_{HT}) imposed on the model. The ${}^{187}Os/{}^{188}Os$

188	value of each Os flux (riverine, hydrothermal, and cosmic) was assumed to be constant.
189	As sensitivity analyses, we also carried out calculations including only the riverine Os
190	pulse (orange lines) or only the hydrothermal Os pulse (blue lines). Vertical blue bars
191	indicate glacial periods ²² . In panels (a), (c), and (d), solid lines, dotted lines, and dashed
192	lines indicate the calculation results obtained using $\tau = 35$ kyr (default), 25 kyr, and 45
193	kyr, respectively.
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Supplementary Figure S10. Converging trajectories of RMSE values between observed data and results modelled by using a local search algorithm. Thin black lines show the converging behaviour of each local search algorithm calculation (n =1,000). Red lines show the converging behaviour of the calculations that generated the minimum RMSE value (0.00676) among the 1,000 calculations.

230 Supplementary Table S1. Parameters used in the mass balance calculation.

	Symbol	Value Unit	Remarks
Mass of Os in seawater at steady state	M _{SW_std}	1.37×10 ⁷ * kg	Value of modern ocean
⁸⁷ Os/ ¹⁸⁸ Os			
Seawater at steady state	R SW_std	1.006	Average value of observed ¹⁸⁷ Os/ ¹⁸⁸ Os record
Riverine water	R _{riv}	1.43*	In the calculation verifying the effect of Os isotopic fluctuation, we fluctuated R_{riv} between 1.43 and 1.41
Hydrothermal fluid	R _{HT}	0.126 [†]	
Cosmic dust	R _{cos}	0.126 [†]	
Ds flux			
Modern riverine flux	F riv_modern	301 [‡] kg/yr	Trapped fraction at estuaries (15%; ref. 64) was considered
Riverine flux (standard value)	F nv_std	281 kg/yr	Calculated from eq. (6). Trapped fraction at estuaries (15%; ref. 64) was considered
Hydrothermal flux (standard value)	F _{HT_std}	108 [†] kg/yr	
Cosmic flux (standard value)	F cos_std	17.6 [†] kg/yr	
Silicate minerals chemical weathering exponent	n _{si}	0.2	In the sensitivity analyses, the value was changed to 0.4 and 0.6

235 Supplementary Table S2. Area fractions and bulk rock Os isotope ratios of each

236 lithology used in the calculation of the Os isotopic ratio of riverine water.

Later Mode LUM (p1) pV CB CM Letting Cathorsheesing 27.3 31.9 25 (modem); 24 (LAM ¹ 1.76 Area fractores of cathorities and standatores are based on ref. 72. Sandatones Addic valcanic rocks 5.8 3.9 10.44-50 3.93 (L150-207) Based on the wange (D) and ¹¹⁰ CM ¹⁰ CS values of ac valcanic rocks Addic valcanic rocks 20 15.7 2.14 2.44 Based on the (D3) and ¹¹⁰ CS ¹¹⁰ CS values of a valcanic rocks Sheeds 20 15.7 2.14 2.44 Based on the (D3) and ¹¹⁰ CS ¹¹⁰ CS values of a valcanic rocks Sheeds 100 (UAH) 1.13 (UAH) 1.15 (UAH) 1.15 (UAH) 1.14 (UAH) Yes 1.15 (UAH) 1.15 (UAH) 1.15 (UAH) 1.15 (UAH) Uang (D3) and ¹¹⁰ CS ¹¹⁰ CS values of a valcanic rocks Yes 1.15 (UAH) 1.15 (UAH) 1.15 (UAH) 1.15 (UAH) Uang (D3) and ¹¹⁰ CS ¹¹⁰ CS values of a valcanic rocks Yes 1.15 (UAH) 1.15 (UAH) 1.15 (UAH) Uang (D3) and ¹¹⁰ CS ¹¹⁰ CS value of beas Yes 1.15 (UAH) 1.15 (UAH) 1.15 (UAH)	Lithology	Area percentage of total ice free area*		- (Ocl (ppt)	1870-1880-	Demarke
Candoulles shales 27.3 31.9 25 (modem), 24 (LOM) ⁶ 1.76 ⁴ Area factors of candoulles shales and statisticies are based on ref. 72 Standstores 16.6 20.2 31.1 (1-10.0) ⁴ (LOR7-1.56.4) ¹ Using (Joan ⁴⁰ /G ⁴⁰ /G ⁴⁰ /S ⁴⁰) state of boss Defusive ignous noos Basedic +indealite victanic nools 5.8 ⁴ 5.5 3.9 (1.04-4) ¹ 3.9 (1.04-77.31) ¹ 1.04 (1.05-3.704) ¹ Shelds 20 15.7 2.1 2.4 Based on the seringe (Do) and ¹¹ Os ⁴⁰ /G ⁴⁰ states of a sample from the Candolin She (ANDE-51) Teld bets (complex lithology) 27.5 25.7 3.1 (16-10.0) ² 1 ⁴ Using (Joan ⁴⁰ /G ⁴⁰ /G ⁴⁰ states of a sample from the Candolin She (ANDE-51) ¹¹ Gebes A Rump (1981) ¹¹ , ¹¹ et al. (2002) ¹¹ , ¹¹ Darr et al. (2005) ¹¹ , ¹¹ Darr et al. (2002) ¹¹ , ¹¹ The average Os concentrations of candonate (0 pt ref. 6)) and thale (31 pt ref. 71) weighted by the area factors of candonate and shale.	Linology	Modern	LGM	_ [Os] (pp)	US/ US	Remarks
Sandshree 160 Baadiit-indestite volcanic rocks 0.4 Pi 6 20.2 31 (16-100) 10.087-0.1644 Using [Os] and "Dou"hoy values of ace volcanic rocks 0.4 Acidic volcanic rocks 14 1.3 (0.046-7.781) ¹⁰ 104 (0.155-3.744) Presented by refs 0.182. Shtelds 20 15.7 21. ¹⁰ 2.4 (CANRI-31) Presented by refs 0.182. Triat bats (cooper-time) provide the operation of the Opi and "Dou"hoy values of a sample from the Canadian Shtelds (1.000) ¹¹ , "Dour et al. (2005) ¹¹ , "Averse et al. (1999) ¹¹ , Averse et al. (2007) ¹¹ , "Averse et al. (2007) ¹¹ ,	Carbonates+shales	27.3	31.9	25 (modern), 24 (LGM)#	1.78 [†]	Area fractions of carbonates+shales and sandstones are based on ref. 72
Exhaltive gineda foods labeled voldance rocks 1 1 100.064-77.80 // 0.39 (10.05-2020) Based on the average (03) and ""Coy" th Cs values of ac volcance rocks Shedds 20 15.7 21* 2.4 Based on the average (03) and ""Coy" th Cs values of ac volcance rocks Yet bets 20 15.7 21* 2.4 Based on the long of US and ""Coy" th Cs values of a sample from the Canadian Shu Yet bets 20 15.7 21* 2.4 Based on the long of US and ""Coy" th Cs values of a sample from the Canadian Shu Yet bets Complex tithology 1.7 2.5 2.5.7 31 (16-100) th 1 Us (103) Use of a long OS and ""Coy" th Cs value of bess Yet bets Complex tithology 1.7 2.5 2.5.7 31 (16-100) th 1 Us (103) th Cs value of bess Yet bets Complex tithology 1.6 at (2000) th . The average CS concentrations of cationate (6) pt (ref. 6) and shale (3 tip (r. 7.1) weighted by the area fractors of cationate and shale. 1 Use (10, 10, 10, 10, 10, 10, 10, 10, 10, 10,	Sandstones	18.6	20.2	31 (16–100) [‡]	1 (0.875–1.564) [‡]	Using [Os] and ¹⁸⁷ Os/ ¹⁸⁸ Os value of loess
Shelds 20 15.7 2.1 2.4 Back of the [Od and ""Coult" Cound" in the Canadian Shele (Canadian Shele (Ca	Extrusive igneous rocks Basaltic+andesitic volcanic rocks Acidic volcanic rocks	5.8 ³ 1 [§]	5.5	3.9 (0.104–46)" 1.3 (0.048–7.781) ^{II}	0.39 (0.130-2.302)" 1.04 (0.155-3.704) ^{II}	Based on the average [Os] and ¹⁸⁷ Os/ ¹⁸⁸ Os values of arc volcanic rocks presented by refs. 81,82.
Total loc complex timbolgy 25 27 31 (16-10) ¹ 1 Using (Dog) and ¹⁰ Cog ¹¹⁰ , ¹⁰ peaked et diales ¹ Globe & Kump (1994) ¹ , ¹¹ Li et al. (2009) ¹¹ , ¹⁰ Peaked et al. (2009) ¹¹ , ¹⁰ Diar et al. (2003) ¹¹ , ¹⁰	Shields	20	15.7	21 [¶]	2.4	Based on the [Os] and $^{187}\text{Os}/^{188}\text{Os}$ values of a sample from the Canadian Shield (CAN96-31)
*Gabs & Kump (1994) ⁶ , ¹ Lu et al. (2009) ⁷⁰ , ¹ Peucker-Ehrenbürnk & Juhn (2000) ⁷¹ , ¹ Dur et al. (2005) ⁶ , ¹ Aves et al. (1999) ⁶ , ¹ Aves et al. (2002) ⁶ , ¹ Huh et al. (2004) ⁶ *The average Os concentrations of carbonale (8 ppt, ref. 69) and shale (31 ppt, ref. 71) weighted by the area fractions of carbonate and shale.	Fold belts (complex lithology)	27.5	25.7	31 (16–100) [‡]	1‡	Using [Os] and ¹⁸⁷ Os/ ¹⁸⁸ Os value of loess
	*Cibbs & Kump (1994)?, "Li et al. (2009)", "Peucker-Enrenb *The average Os concentrations of carbonate (8 ppt; ref. 69)	rink & Jahn (2000)'', 1	Durr et al. (2005) ⁵	". "Alves et al. (1999)": AN	es et al. (2002) ^{4,} "Hu late and shale.	n et al. (2004) ³⁶

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