Supporting information:

Amadori rearrangement products as potential biomarkers for inborn errors of amino acid metabolism

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Figure S1 | Plot of the intensity of protonated Phe-hexose (m/z 328.1391) versus the intensity of protonated 13 C-Phe (*m/z* 167.0897) observed in nine plasma samples of PKU patients. All signals are normalized on the signal in the quality control sample.

Scheme S1 | Mechanism of the conjugation of an amino acid (general structure RNH₂) with glucose and the following Amadori rearrangement transforming the amino acid-glucose conjugate into an Amadori rearrangement product (ARP), via the formation of a Schiff base.

Figure S2 | 1 H NMR (a) and 13C NMR (b) spectrum of the Phe-Glucose reference standard. 1 H NMR (500 MHz, D2O) δ 7.47 – 7.32 (m, 6H), 4.06 (t, *J* = 6.5 Hz, 1H), 4.03 – 3.98 (m, 2H), 3.87 (dd, *J* = 9.9, 3.4 Hz, 1H), 3.77 – 3.71 (m, 2H), 3.36 – 3.24 (m, 4H). **13C NMR** (126 MHz, D2O) δ 172.25, 162.03, 129.32, 129.07, 127.75, 95.08, 70.19, 69.26, 68.81, 63.88, 63.83, 52.86, 35.93.

Figure S3 | 1 H-13C HMBC of the Phe-Glucose reference standard. Long-range couplings are observed between the hexose (H_D), amino acid (H_G) and the bridging methylene (C_F)

Figure S4 | 1 H NMR (a) and 13C NMR (b) spectrum of the Phe-Mannose reference standard. The Phe-Mannose and Phe-glucose reference standards are found to be identical.

1 H NMR (500 MHz, D2O) δ 7.39 – 7.30 (m, 3H), 7.27 (td, *J* = 8.1, 1.5 Hz, 2H), 4.13 (t, *J* = 6.5 Hz, 1H), 3.95 – 3.86 (m, 2H), 3.78 (dd, *J* = 9.8, 3.4 Hz, 1H), 3.69 – 3.61 (m, 2H), 3.31 – 3.18 (m, 4H). **13C NMR** (126 MHz, D2O) δ 171.53, 134.11, 129.34, 129.12, 127.88, 95.10, 70.16, 69.24, 68.81, 63.84, 62.96, 52.70, 35.28.

Figure S5 | 1 H NMR (a) and 13C NMR (b) spectrum of the Phe-Galactose reference standard. 1 H NMR (500 MHz, D2O) δ 7.42 – 7.13 (m, 5H), 3.97 – 3.87 (m, 1H), 3.78 (dt, *J* = 13.5, 2.2 Hz, 1H), 3.70 (m, 3H), 3.45 (t, *J* = 10.2 Hz, 1H), 3.36 – 3.12 (m, 2H), 3.05 (q, *J* = 7.9 Hz, 1H), 2.96 (d, *J* = 11.6 Hz, 1H). **13C NMR** (126 MHz, D2O) δ 171.03, 135.28, 129.29, 129.06, 127.66, 62.41, 60.12, 52.76, 36.33.

Figure S6 | ¹H-¹³C HMBC of the Phe-Galactose reference standard. Long-range couplings are observed between the hexose (C_E), amino acid (C_G) and the bridging methylene (H_F)

Figure S7 | Results of quantum-chemical computations. a-c) Comparison between IRIS spectra of the protonated ions of the **a)** Phe-glucose, **b)** Phe-galactose and **d)** Met-glucose reference standards and quantum-chemically computed IR spectra for each ion. **c)** Comparison between the IRIS spectrum of the *m/z* 310 fragment of the protonated ion of the Pheglucose reference standard and its quantum-chemically computed IR spectrum. Structures of the reference compounds and DFT optimized structures are inlayed in each panel. The predicted peak around 1600 cm⁻¹ is not observed for all Phe-hexose ions, which is likely due to it being too low in intensity to induce dissociation of the probed ions with the laser power used. This peak is not used for structural assignment. Each IR spectrum was normalized on the largest peak.

Figure S8 | Plot of the intensity of protonated Met-hexose (m/z 312.1111) versus the intensity of protonated 13 C-Met (*m/z* 151.0619) observed in plasma samples of CBS patients. All signals are normalized on the signal in the quality control sample.

Figure S9 | Plot of the intensity of protonated Met-hexose (m/z 312.1111) versus the intensity of protonated ¹³C-Met (*m/z* 151.0619) observed in plasma samples of MAT patients. All signals are normalized on the signal in the quality control sample.

Figure S10 | 1 H NMR (a) and 13C NMR (b) spectrum of the Met-Glucose reference standard. ¹ H NMR (500 MHz, D2O) δ 3.97 – 3.88 (m, 2H), 3.79 (dd, *J* = 10.0, 3.4 Hz, 1H), 3.72 – 3.66 (m, 1H), 3.61 (dd, *J* = 12.8, 1.9 Hz, 1H), 3.22 (d, *J* = 8.0 Hz, 1H), 2.80 – 2.72 (m, 1H), 2.50 (dd, *J* = 8.9, 6.4 Hz, 2H), 2.06 (d, *J* = 7.0 Hz, 3H), 1.84 (s, 2H). ¹³C NMR (126 MHz, D₂O) δ 97.56, 69.69, 69.31, 69.14, 63.37, 63.31, 52.75, 32.05, 29.74, 14.11.

Figure S11 | 1 H-13C HMBC of the Met-Glucose reference standard. Long-range couplings are observed between the hexose (E_D), amino acid (C_G) and the bridging methylene (H_F)

Figure S12 | (a) Intensity plots of protonated ¹³C-proline (Pro, m/z 117.0743), and the Pro-hexose conjugate (*m/z* 278.1234) observed in two plasma samples of hyperprolinemia patients (red) and 14 controls. The average fold changes (patient/control) are 5 and 12, respectively. **(b)** Intensity plots of protonated lysine (Lys, *m/z* 147.1128) and the Lys-hexose conjugate (*m/z* 309.1656) observed in two plasma samples of hyperlysinemia patients (red) and 14 controls. The average fold changes (patient/control) are 9 and 28, respectively. In **(a)** and

(b) the first ten bars (from left to right) represent controls which were analyzed as one technical replicate whereas the next 4 bars represent controls measured as two technical replicates (shown as consecutive bars in the figures). The ordering of samples is the same between left and right panels. **(c)** Intensity plot of protonated citrulline (Cit, *m/z* 176.1030), and the Cit-hexose conjugate (*m/z* 338.1551) observed in one plasma sample of a citrullinemia patient (red, two technical replicates) and 17 controls (blue, one technical replicate for 16 controls and two technical duplicate for one control). The average fold changes (patient/control) is 155 for Cit. The average fold change of the Cit-hexose could not be determined as it is not detected in any of the controls. The ordering of samples is the same in both panels.

Table S1 | Characteristics of patients corresponding to the studied samples. Samples are listed in the order in which they are presented in the manuscript.