

Physical exercise improves quality of life, depressive symptoms, and cognition across chronic brain disorders: a transdiagnostic systematic review and meta-analysis of randomized controlled trials

Meenakshi Dauwan^{*}, Marieke JH Begemann, Margot IE Slot, Edwin HM Lee, Philip Scheltens, Iris EC Sommer

*** Corresponding author:**

Meenakshi Dauwan, M.D.
 Neuroimaging Center, University Medical Center Groningen
 Department of Clinical Neurophysiology and MEG Center, Amsterdam UMC, Vrije Universiteit Amsterdam
 Department of Psychiatry, University Medical Center Utrecht
 Neuroimaging Center 3111
 Antonius Deusinglaan 2
 9713 AW Groningen, The Netherlands
 Tel: +31 88 75 57468
 E-mail: m.dauwan@umcg.nl; m.dauwan-3@umcutrecht.nl

Table S1: Systematic search strategy for two out of four used databases for one disorder

PUBMED
#1: Domain (Alzheimer[Title/Abstract] OR AD[Title/Abstract])
#2: Determinant (Exercise[Title/Abstract] OR physical[Title/Abstract] OR training[Title/Abstract] OR endurance[Title/Abstract] OR aerobic[Title/Abstract] OR anaerobic[Title/Abstract] OR resistance[Title/Abstract] OR sport[Title/Abstract] OR yoga[Title/Abstract])
#3: #1 AND #2
EMBASE
#1: Domain (Alzheimer OR AD):ab,ti
#2: Determinant (Exercise OR physical OR training OR endurance OR aerobic OR anaerobic OR resistance OR sport OR yoga):ab,ti
#3: #1 AND #2