A Novel Banana Fiber Pad for Menstrual Hygiene in India: A Feasibility and Acceptability study

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Survey Questions

Part I: Demography

- 1. Age
- 2. Education
- 3. Profession
- 4. Which of these are you familiar with using? (Please tick all that apply)

Cloth absorbents that you can wash and use again.

Disposable sanitary pad

:

:

:

Menstrual Cup

- Tampons
- Others

5. How much money were you spending per month on sanitary products previously?

Less	than	₹ 50

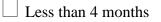
- LI ₹ 50- ₹ 100
- ___ More than ₹ 100
- Cloth, so no expense
- Don't know

6. Are you the first in your family to use BFP (Banana Fibre based Menstrual Pad)?

Yes	
No	

Don't know

7. How long you are using BFP?



- ☐ More than 4 months
- \square More than 1 year
- More than 2 years

Part II: Characterization of Banana Fibre based Menstrual Pad (BFP)

A. Feasibility:

1. Preferred place of usage

- Any time
- At work/college/school
- At home only
- At night only
- 2. Experience with leakage
 - Same as disposable pads
 - Less leakage than disposable pads
 - ☐ More leakage than disposable pads
 - ☐ No leakage at all

3. Please indicate how long you use BFP without changing it?

 \bot Less than 3 hours

3 - 4 hours

5 - 6 hours

More than 6 hours

4. How much time does it take to wash BFP after use?

Less	than	1	minute

1 - 2 minutes

More than 2 minutes

5. How do you wash your BFP?

Brush wash

 \Box Soak first in water and then wash by hands

Machine wash

Stone wash and later soak in disinfectant water for sometime

6. After washing, how long does it take for BFPs to dry?

1	-	3	hours

4 - 6 hours

More than 6 hours

One day

Don't know

7. Where do you dry your BFPs?

In my room / bathroom

In the open with other clothes, but I cover it with a towel

In the open far from rest of the cloths

In the drying machine

B. Acceptability:

1. Which of the following is true of your current absorbent choice?

- Both disposable pads and BFP
- BFP 80% of the time
- ☐ Menstrual cup and BFP
- Only BFP
- BFP and another brand of reusable pads

2. How likely are you to recommend BFP to other women?

- ☐ Very likely
- Likely
- Unlikely
- Ury unlikely

3. The BFPs are comfortable and easy to use and reuse

- Strongly agreeAgree
 - Neutral
 - Disagree
- Strongly disagree

4. BFPs are easy to wash and clean

Strongly Agree
Agree
Neutral
Disagree

☐ Strongly disagree

5. Are others in the family now wanting to make switch to BFP?

- Yes
 - No

Don't know

6. How likely you will continue using the BFP?

Ury likely

Likely

Unlikely

Ury unlikely

7. Reason for preferring BFP (Please tick all that apply)

Easy to handle
Absorbs better
Feels clean
Economical
Eco-friendliness
I feel traditional
I feel modern
Reason for recommending BFP (Please tick all that apply)

Concern for the environment

Concern f	for the	health
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8.

Money	spent	every	month