## **Supplementary Materials 1 – Search Strategy**

Data base	Search terms	Results
CINAHL	((("doctor*" OR ("physicians+")) OR ("medical student*")	2650
Plus with	OR (("students, medical") OR "(medic* OR doctor* OR	
Full Text	clinical*) N2 student*") OR (("general practitioner" OR	
	family doctor* OR family physician*") OR ("physicians,	
	family")) OR (("interns and residents") OR "medical N3	
	(specialist* OR intern* OR resident*))" OR (specialist	
	registrar*) OR (clinical specialist*) OR (("education,	
	medical+") OR "medical education" OR ("education,	
	medical, continuing")) OR ("undergraduate medical	
	education") OR ("postgraduate medical education") OR	
	(("nutrition education) OR "nutrition education" OR	
	("nutritional physiology+")) OR ("medical nutrition	
	education") AND (("nutrition") OR "nutrition*" OR ("public	
	health nutrition") OR ("nutrition services+") OR ("nutrition	
	policy+")) OR (("diet") OR "diet*") OR (("life style+") OR	
	"lifestyle") AND ((competen*) OR (("clinical")	
	competence+") OR "clinical competen*") OR (("education,	
	competency-based") OR "competency-based education") OR	
	(("curriculum+") OR "curricul*") OR ("competency	
	framework*" OR ("professional competence+")) OR	
	(competency standard*)))	
Embase	(((doctor*) OR (physician* OR 'physician'/exp) OR	7695
Linsuse	('hospital physician'/exp) OR (medical student* OR	7075
	'medical student'/exp) OR ((medic* OR doctor* OR	
	clinical*) NEAR/2 student*) OR (medical NEAR/3	
	(specialist* OR intern* OR resident*)) OR (specialist	
	registrar* OR 'medical specialist'/exp) OR (clinical	
	specialist*) OR (medical education OR 'medical	
	education'/exp) OR (undergraduate medical education) OR	
	(graduate medical education OR 'residency education'/exp)	
	OR (nutrition education OR 'nutrition education'/exp OR	
	'health education'/exp) OR (medical nutrition education))	
	AND ((nutrition* OR 'nutrition'/exp OR 'nutrition	
	service'/exp) OR (diet* OR 'diet'/exp) OR (lifestyle* OR	
	'lifestyle'/exp OR 'lifestyle modification'/exp)) AND	
	((competen* OR 'competence'/exp) OR (clinical competen*	
	OR 'clinical competence'/exp) OR (curricul* OR	
	'curriculum'/exp OR 'medical school'/exp) OR (competency	
	framework* OR 'professional competence'/exp) OR	
	(competency standard*)))	
Global	(((doctor* OR physician+) OR (medical student* OR	1280
Health	medical students) OR ((medic* OR doctor* OR clinical*)	
	N2 student*) OR ((general practitioner* OR gp* OR family	
	doctor* OR family physician*) OR general practitioners) OR	
	(medical N3 (specialist* OR intern* OR resident*)) OR	
	(specialist registrar*) OR (clinical specialist*) OR (medical	

	education OR medical education+) OR (undergraduate	
	medical education OR medical schools) OR (graduate	
	medical education OR continuing education OR medicine+)	
	OR (nutrition education) OR (medical nutrition education))	
	AND ((nutrition* OR nutrition+ OR nutrition programmes	
	OR nutrition physiology OR nutrition planning OR nutrition	
	information OR clinical nutrition OR community nutrition	
	OR nutritional support OR nutritional intervention OR	
	nutritional assessment) OR (diet* OR diet OR diet	
	counselling OR diet planning) OR (lifestyle* OR lifestyle))	
	AND ((competen* OR professional competence) OR	
	(clinical competen*) OR (competency-based education) OR	
	(curricul* OR curriculum+ OR curriculum guides) OR	
	(competency framework*) OR (competency standard*)))	
Medline	((("doctor*") OR ("physician*") OR ((medic* OR doctor*	3605
1110011110	OR clinical*) NEAR/2 "student*") OR ("medical student*")	2002
	OR	
	(("general practitioner* OR gp* OR family doctor* OR	
	family physician*") OR "physicians, family" OR "general	
	practitioners") OR (("medical NEAR/3 (specialist* OR	
	intern* OR resident*)" OR "internship and residency" OR	
	"internal medicine+") OR ("specialist registrar*") OR	
	("clinical specialist*") OR ("medical education" OR	
	"education, medical+" OR "education, medical,	
	undergraduate+" OR "education, medical, continuing" OR	
	"education, premedical") OR ("postgraduate medical")	
	education") OR ("nutrition education" OR "nutritional	
	sciences+")) AND ((competen*) OR ("competency-based	
	education" OR "clinical competence" OR "professional	
	competence+") OR ("curricul*" OR "curriculum+") OR	
	("competency framework*) OR ("competency standard*))	
	AND ("nutrition*" OR "nutrition therapy+") OR ("diet*"	
	OR "diet+" OR "diet therapy+") OR ("lifestyle*" OR "life	
	style+")))	
Scopus	(((doctor* OR ((medic* OR doctor* OR clinical*) W/2	2382
Scopus	student*) OR ("medical student") OR ("general	2302
	practitioner*" OR gp* OR "family doctor*" OR "family	
	physician*") OR (medical W/3 (specialist* OR intern* OR	
	resident*)) OR (specialist registrar*) OR ("clinical	
	specialist*") OR ("medical education") OR ("undergraduate	
	medical education") OR ("postgraduate medical education"))	
	AND ((nutrition*) OR (diet*) OR (lifestyle* OR "life	
	style")) AND ((competen*) OR ("clinical competen*") OR	
	("competency-based education") OR (curricul*) OR	
	("competency framework") OR ("competency standard*")))	
Web of	(((doctor*) OR (physician*) OR (medical student*) OR	2097
Science	(student* NEAR/2 (medic* OR doctor* OR clinical*)) OR	
	(general practitioner* OR gp OR family doctor* OR family	
	physician*) OR (medical NEAR/3 (specialist* OR intern*	
	OR resident*)) OR (specialist registrar*) OR (clinical	
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	specialist*) OR (medical education) OR (undergraduate medical education) OR (postgraduate medical education) OR (nutrition education) OR (medical nutrition education)) AND ((nutrition*) OR (diet*) OR (lifestyle* OR life style)) AND ((competen*) OR (clinical competen*) OR (competency-based education) OR (curricul*) OR (competency frameworl*) OR (professional competen*) OR (competency standard*)))	40200
Total yield from all databases		19709