



Supplementary Table. S1 Correlation matrix of key variables.

	1	2	3	4	5	6	7	8	9	10	11
1. Age (person with dementia)											
2. Age (carer)	0.27**										
3. Education (carer)	-0.10	-0.54**									
4. Monthly income (carer)	0.05	-0.34**	0.23								
5. Time to help-seeking	0.06	0.09	0.03	-0.00							
6. Perceived difficulty	-0.00	-0.06	-0.02	-0.00	0.06						
7. ADCS-ADL	-0.22*	-0.02	0.17	-0.17	-0.09	-0.25*					
8. NPI-Q severity	-0.03	-0.09	-0.02	0.19	0.36**	0.20*	-0.25**				
9. Role strain	0.00	-0.27**	0.12	0.09	0.16	0.18	-0.35**	0.59**			
10. Self-criticism	-0.03	-0.26**	0.10	0.06	0.08	0.41**	-0.16	0.20*	0.35**		
11. Negative emotions	0.02	-0.23*	0.07	0.06	0.16	0.23*	-0.38**	0.56**	0.76**	0.33**	

*p<0.05; **p<0.01

ADCS-ADL = Alzheimer’s Disease Cooperative Study-Activities of Daily Living; NPI-Q = Neuropsychiatric Inventory-Questionnaire