

Impact of nutritional interventions among lactating mothers on the growth of their infants in the first 6 months of life: a randomized controlled trial in Delhi, India
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ONLINE SUPPLEMENTARY MATERIAL

SUPPLEMENTARY TABLE 1 Composition of the multiple micronutrient formulation

Nutrients	Composition of Vitamin	
	Angels tablets	%RDA WHO*
Vitamin A (µg/d)	800	94
Vitamin D (µg/d)	5	100
Vitamin K (µg/d)	-	
Vitamin C (µg/d)	70	100
Vitamin E (µg a-TE/d)	10	133
Thiamine (mg/d)	1.4	93
Riboflavin (mg/d)	1.4	88
Niacin (mg/d)	18	106
Pyridoxine (mg/d)	1.9	95
Pantothenate (mg/d)	-	
Folate (µg/d)	400	80
Vitamin B12 (µg/d)	2.6	93
Biotin (µg/d)	-	
Iron (mg/d)	30	200
Calcium (mg/d)	-	
Zinc (mg/d)	15	158
Iodine (µg/d)	150	75
Selenium (µg/d)	65	186

*UNICEF/UNU/WHO. Composition of a multi-micronutrient supplement to be used in pilot programs among pregnant women in developing countries. New York, NY: UNICEF, 1999