Supplementary Table S1. Linear mixed model estimates for B-D diffenrence of diastolic blood pressure

Variable	Adjusted estimates (mmHg)	95%CI	P value
Model 1			
Time after bathing ≤ 120 min.	−2.51	−3.70, −1.32	<0.001
Drinking	−4.58	−6.29, −2.87	<0.001
Model 2			
Time after bathing ≤ 120 min.	−2.67	−4.02, −1.33	<0.001
Drinking	−5.07	−7.61, −2.53	<0.001
Time after bathing ≤ 120 min. × Drinking	0.87	−2.47, 4.20	0.610

Adjusted for age, sex, BMI, dyslipidemia, diabetes mellitus, chronic kidney disease, history of cardiovascular disease, number of antihypertensive drugs, medication after breakfast, medication after dinner.