## **Supplemental Material: Online Resource 1**

## Mother-daughter mutual arousal escalation and emotion regulation in adolescence

Research on Child and Adolescent Psychopathology

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## Online Resource 1: Conflict discussion task manipulation check

Average change scores from baseline to post-conflict discussion of mother and child happiness, sadness, and anxiety were examined as a manipulation check to ensure that the task elicited negative emotion. Both mothers and adolescents reported decreases in happiness ( $\Delta_{\text{Mom}}$ =-7.38;  $\Delta_{\text{Adol}}$ =-5.46) and increases in sadness ( $\Delta_{\text{Mom}}$ =4.09;  $\Delta_{\text{Adol}}$ =2.26) from baseline to post-task. However, levels of anxiety decreased from baseline to post task for both mothers ( $\Delta_{\text{Mom}}$ =-1.70) and adolescents ( $\Delta_{\text{Adol}}$ =-2.16); this is likely due to higher levels of anticipatory anxiety at the outset of the lab visit to which participants habituated throughout the course of the visit.