

Box 1. Bariatric surgery is indicated if all of the following eligibility criteria are satisfied¹⁰

- BMI $\geq 40\text{kg/m}^2$ or $35\text{-}40\text{kg/m}^2$ and at least one comorbidity*
- Clinically beneficial weight loss has not been achieved or maintained with non-surgical interventions
- On-going management in a tier 3 service
- The patient is fit for anaesthesia, surgery and committed to long-term follow-up

*Comorbidities include type 2 diabetes mellitus, hypertension, hypercholesteraemia and obstructive sleep apnoea

Box 2. Referral to a tier 3 service for assessment of bariatric surgery in patients with recent-onset type 2 diabetes mellitus¹⁰

- Offer an expedited referral if BMI $\geq 35\text{kg/m}^2$ and recent-onset type 2 diabetes mellitus
- Consider referral if
 - BMI $30\text{-}34.9\text{ kg/m}^2$ and recent-onset type 2 diabetes mellitus
 - Patient of an Asian origin with a lower BMI if they have recent-onset type 2 diabetes mellitus