Symptom Distress Inventory for Hemodialysis Patient (HSD)

•				•	•		-	-		following items are
		•	-				-		• -	nd degree of disturbances
_	_				ymptom	is mai y	ou exp	erience	a in the	past three months. The
answers are divid 1. Did this sym			Ū	ies.						
_	-			t augst	tion if w	ou didr	't have	thic cv	mntom i	in the past three months.)
		-		-	•			•	-	in the past three months.)
)
Occurrence□₁ It rarely	-	• `			•	-		:u:)		
☐3 It happe								lav		
		_	-				-	-	ich ropr	esents the severity of the
symptom yo				_					_	
symptom yo	и ехр	el lelle	eu. The	larger	Hullibel	means	uie se	verity is	maruei.	
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
4. Disturbance										represents the degree of
					-					disturbance is harder.
		J 1	J	1						
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
		$: \square_1$		happe	ened [2 It hap	pened] ₃ It happened frequent
	1	2	3	4	5	6	7	8	9	10 severe symptoms
mild symptoms	1									
Disturbance: (Ple	ase w	rite do	own the	impac	t of this	sympto	om to y	our dail	y life)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
2. Dry mouth/th Occurrence frequence		1 It ha	as happe	ened. (When di	id this s	ympton	n occur		n?) 3 It happened frequent
	•			ned al	most ev	ervdav				11 1
Savarity	·		It happe	ened al	most ev	eryday				11 1
Severity:		4	It happe					O	0	
•		4	It happe					8	9	10 severe symptoms
mild symptoms	1	2	It happe	4	5	6	7			10 severe symptoms
mild symptoms Disturbance: (<i>Ple</i>	1 vase w	2 erite de	It happe	4 impac	5 t of this	6 sympto	7 om to yo	our dail	y life	10 severe symptoms
mild symptoms	1 vase w	$ \begin{array}{c} 2 \\ \hline 2 \\ 2 $	It happe	4 impac 4	5 t of this	6 sympto	7 om to yo 7	our dail	y life	10 severe symptoms 10 extremely disturbance

3. Muscle weakn	ess	_0 Dio	dn't hap	pened	(Skip to	the ne	xt ques	tion)		
	[1 It l	nas hap	pened.	(When	did this	sympto	от оссі	ırred of	ften?)
Occurrence frequ	ency	[It rarely	happe	ned 🗌	2 It hap	pened o	on occa	sion [3 It happened frequent
		4	It happ	ened al	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
4. Lack of vitalit	X 7]₀ Did	n't han	nened (Skin to	the ne	ct augst	ion)		
4. Lack of vitalit									rred ofte	en?)
Occurrence frequ							-		-	3 It happened frequent
Occurrence frequ	chey		_	ened al		_	_	on occu	.51011	3 It happened frequent
Severity:			и парр	ched an	most ev	cryday				
mild symptoms	1	2	2	4	5	6	7	o	0	10 severe symptoms
mid symptoms	1			4					— <u>1 </u>	
Disturbance: (Ple	ase w	rite do	own the	impaci	t of this	sympto	om to ve	our dai	lv life)
				-			•			
	<u>.</u>									10 extremely disturbance
5. Nausea 01	Didn'1	happ	ened (S	Skip to t	he next	questic	on)			
\square_1 It	t has h	apper	ned. (W	hen did	this sy	mptom	occurr	ed ofter	ı?)
Occurrence frequ	ency	$: \square_1$]	It rarely	happe	ned 🗌	2 It hap	pened o	on occa	sion [3 It happened frequent
		4	It happ	ened al	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
			1	<u> </u>		- 1				
Disturbance: (Ple	ase w	rite do	own the	impaci	t of this	sympto	om to ye	our dai	ly life_)
mild disturbance	1		_		5			8		10 extremely disturbance
		1	ı			ı	ı			

6. Headache $\square_0 D$	•	• `	-		-		red ofte	en?)
Occurrence frequence		It rarely It happe					on occa	sion [3 It happened frequent
Severity:									
mild symptoms 1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pleas	e write do	own the	impaci	t of this	sympto	om to ye	our dail	ly life)
mild disturbance 1	2	3	4	5	6	7	8	9	10 extremely disturbance
7. Chest pain							urred o	often?)
									3 It happened frequent
1		It happe							- 11 1
Severity:									
mild symptoms 1	2	3	4	5	6	7	8	9	10 severe symptoms
			_	-		-)
mild disturbance 1	2	3	4	5	6	7	8	9	10 extremely disturbance
8. Vomiting 0 I							rred of	iten?)
Occurrence frequer	$acy : \square_1$		happe	ened [-	pened		asion [3 It happened frequent
Occurrence frequer Severity:	$acy : \square_1$	It rarely	happe	ened [-	pened		asion [3 It happened frequent
•	acy : □1 □4	It rarely	happe ened ali	ened [eryday	ppened	on occa		3 It happened frequent 10 severe symptoms
Severity: mild symptoms 1	1	It rarely It happe	happe ened ala	ened most ev	eryday 6	ppened 7	on occa	9	
Severity: mild symptoms 1	1	It rarely It happe	happeened ali	ened	eryday 6 sympto	7 om to yo	on occa 8 our dail	9 ly life_	10 severe symptoms 10 extremely disturbance
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D	e write de	It rarely It happe	happeened ali	most ev 5 t of this 5 the nex	eryday 6 sympto 6 ct quest	opened 7 7 7 ion)	8 our dail	9 ly life 9	10 severe symptoms 10 extremely disturbance
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D 1 It 1	e write de 2 ridn't hap	It rarely It happe	happeened all d impact 4 Skip to Then di	most ev 5 t of this 5 the nex d this s	sympton	opened 7 om to yo 7 ion) 1 occur	8 our dail 8 red ofte	9 ly life 9 en?	10 severe symptoms 10 extremely disturbance
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D 1 It 1	e write do 2 ridn't hap has happe cy: \[\begin{array}{c} 1 \\ 1 \end{array}	It rarely It happe 3 own the 3 pened (Wened. (Wened.)	happe ened all impact 4 Skip to Then di	the next ed this s	sympton 2 It hap	opened 7 ion) n occur pened o	8 our dail 8 red ofte	9 ly life 9 en?	10 severe symptoms 10 extremely disturbance
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D 1 It 1	e write do 2 ridn't hap has happe cy: \[\begin{array}{c} 1 \\ 1 \end{array}	It rarely It happe	happe ened all impact 4 Skip to Then di	the next ed this s	sympton 2 It hap	opened 7 ion) n occur pened o	8 our dail 8 red ofte	9 ly life 9 en?	10 severe symptoms 10 extremely disturbance
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D 1 It 1 Occurrence frequence	e write do 2 ridn't hap has happe cy: 1	It rarely It happe 3 pened (ened. (W It rarely It happe	whapperened all	t of this the next exists a second content of the second content of this second content of the second content	sympto 6 st quest ympton 2 It hap	opened 7 ion) n occur pened o	8 our dail 8 red ofte	9 ly life 9 en? sion	10 severe symptoms 10 extremely disturbance 11 It happened frequent 12 severe symptoms
Severity: mild symptoms 1 Disturbance: (<i>Please</i> mild disturbance 1 9. Dyspnea 0 D 1 It 1 Occurrence frequence	they: \Box_1 \Box_4 2 The write do 2 The phase happed by: \Box_1 \Box_4 2	It rarely It happe 3 own the 3 pened (Water rarely) It happe	whapperened all skip to When dishapperened all skip to the skip to	t of this the next events and this series are the	sympton 2 It hap veryday	opened 7 ion) i occur pened o	8 our dail 8 red ofte on occa	9 by life 9 en? sion 9	10 severe symptoms 10 extremely disturbance 3 It happened frequent 10 severe symptoms

10. Vertigo	o Didn	't happ	pened (Skip to	the nex	t quest	tion)			
]₁ It ha	s happ	ened. (When c	lid this	sympto	от осси	rred of	ten?	
Occurrence frequency	uency	$\Box_1 I$	t rarely	happer	ned 🗀	It hap	pened o	on occa	sion [3 It happened frequent
		4]	t happe	ned alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
				-			•		•)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
11. Joint pain						_				
0									-)
Occurrence frequency	uency ·		-			_	_	on occa	sion _	3 It happened frequent
Cit		4 』	парре	illed all	most ev	eryuay				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance (DI	agga w	wita da	uun tha	impaa	e of this	grygger t	om to n	oun dai	lu lifa	,
)
mild disturbance	; 1 	2	3	4 	5	6	7	8	9	10 extremely disturbance
12. Restless or j	umpy	legs	o Didr	ı't hanı	ened (Skip to	the nex	t auesti	ion)	
,	I J					_		_		red often?)
Occurrence frequ	uency :	:1 I	t rarely	happer	ned 🗀	2 It hap	pened o	on occa	sion [3 It happened frequent
		4]	t happe	ned alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
				<u> </u>	1		ı			
Disturbance: (Pl	ease w	rite do	wn the	impacı	t of this	sympto	om to ye	our dai	ly life)
mild disturbance	: 1	2	3	4	5	6	7	8	9	10 extremely disturbance
13. Shortness of	f breat				` -		-			
										often?)
Occurrence freq	luency							on occa	asion _	3 It happened frequent
~ .		4 J	t happe	ned alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
				-			•		•)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance

14. Numbness	$\square_0 D$	idn't h	appene	ed (<i>Skip</i>	to the	next qı	estion)			
	1 It	has ha	ppened	l. (Whe	n did th	is sym _l	otom oc	ccurred	often?_)
Occurrence frequ	ency	:1 I	t rarely	happe	ned 🗌	2 It hap	pened o	on occa	sion [3 It happened frequent
		4]	t happe	ened alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
)
				-	· ·	•	•		•	
mila distarbance	<u> </u>						/	0		10 extremely disturbance
15. Lack of appe	etite	o Dic	ln't hap	pened	(Skip to	the ne	xt ques	tion)		
			-	-	` -		-		ırred of	ten?)
Occurrence frequ				-						3 It happened frequent
•					most ev					
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
J 1	<u></u>		i	i		ĭ	í	<u>`</u> _		
Disturbance: (Ple	ase w	rite do	wn the	impaci	t of this	sympto	om to ye	our dai	ly life)
										10 extremely disturbance
				<u> </u>						
16. Sore muscles	s 🗆	o Didn	't happ	ened (S	Skip to t	he next	questic	on)		
									ed ofter	n?)
Occurrence frequ										3 It happened frequent
		4]	t happe	ened alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
• 1	L	ı		- 1		<u> </u>	i			
Disturbance: (Ple	ase w	rite do	wn the	impaci	t of this	sympto	om to ye	our dai	ly life)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
17. Trouble falli	ng asl	eep	o Didn	't happ	ened (S	Skip to i	the next	t questi	on)	
							•	-		red often?)
Occurrence frequ	ency	$: \square_1 I$	t rarely	happe	ned 🗌	2 It hap	pened o	on occa	sion _	3 It happened frequent
		4]	t happe	ened al	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7		9	10 severe symptoms
		l						I		
Disturbance: (Ple	ease w	rite do	wn the	impaci	t of this	sympto	om to ye	our dai	ly life_)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance

18. Itchy skin [o Dic	ln't ha _l	ppened	(Skip to	o the ne	ext ques	stion)			
	1 It ha	ıs happ	ened. (When d	did this	sympto	т осси	rred of	ten?)
Occurrence freq	uency	: □₁ I	t rarely	happe	ned 🗀	2 It hap	pened o	on occa	sion [3 It happened frequent
		4]	It happe	ened alı	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pa	lease w	rite do	own the	impaci	t of this	sympto	om to ye	our dai	ly life)
mild disturbance	e 1 	2	3	4	5	6	7	8	9	10 extremely disturbance
19. Cramps				` •		-		eurred o	often?)
		$: \square_1$	It rarely	y happe		2 It hap	pened		-	3 It happened frequent
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pa	lease w	rite do	own the	impaci	t of this	sympto	om to yo	our dai	ly life)
mild disturbance	e 1	2	3	4	5	6	7	8	9	10 extremely disturbance
20. Arrhythmia									often?_)
Occurrence freq	uency		•		ned []: most ev	-	-	on occa	sion [3 It happened frequent
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pa	lease w	rite do	own the	impaci	t of this	sympto	om to ye	our dai	ly life)
mild disturbance	e 1	2	3	4	5	6	7	8	9	10 extremely disturbance
21. Abdominal		1 It h	ıas hap _l	pened.	(When d	did this	sympto	от оссі		ten?)
Occurrence freq	uency		_		ned []: most ev	_	_	on occa	sion [3 It happened frequent
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pa	lease w	rite do	own the	impaci	t of this	sympto	om to ye	our dai	ly life)
mild disturbance	21	2	3	4	5	6	7	8	9	10 extremely disturbance

22. Lack of energ	gy	o Die	dn't hap	ppened	(Skip to	o the ne	ext ques	tion)		
		1 It h	as hapj	pened.	(When d	did this	sympto	от оссі	urred of	ten?)
Occurrence freque	ency	$: \square_1 \mathbf{I}$	t rarely	happe	ned 🔲	2 It hap	pened o	on occa	ision [3 It happened frequent
		4	It happe	ened al	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Ple	ase u	rite do	own the	impaci	t of this	sympto	om to ye	our dai	ly life)
										10 extremely disturbance
23. Constipation		Didn't	happer	ned (Sk	ip to the	e next q	uestion	<i>i</i>)		
									d often?))
Occurrence freque	ency	$: \square_1 I$	t rarely	happe	ned 🔲	2 It hap	pened o	on occa	sion [3 It happened frequent
		4	It happe	ened al	most ev	eryday				
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Ple	ase u	rite do	own the	impac	t of this	sympto	om to vo	our dai	lv life)
illiu distuibance	<u> </u>			_		0	/	8	9	10 extremely disturbance
24. Lack of sexua	al int	erest	□₀ Did	ln't han	nened (Skip to	the ne	xt auesi	tion)	
										red often?)
Occurrence frequ	iency									3 It happened frequent
-	•		-		most ev	_	_			
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
	L						ı	ı		
Disturbance (Dla	asa u	vita da	own the	impaa	t of this	gymnt	om to w	our dai	ly life	,
)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
25. Chest tightne	ecc]₀ Didı	n't hanr	nened (Skin to	the nev	t auesti	ion)		
23. Chest tighthe									rred ofte	en?)
Occurrence freque										3 It happened frequent
Securrence frequ	ciicy		-		most ev	_	_	on occu		of the properties frequent
Severity:						ory any				
•	1	2	3	1	5	6	7	Q	0	10 severe symptoms
mio of mptoms									<u>1</u>	
.			_		2 -			_	1 1.0	
Disturbance: (Ple	ase w	rite do	own the	impaci	t of this)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance

26. Waking in n	ight	$\Box_0 \operatorname{Di}$	dn't ha _l	ppened	(Skip to	o the ne	ext ques	tion)		
		1 It 1	nas hap	pened.	(When	did this	sympto	эт оссі	urred of	ten?)
Occurrence frequency	uency	$y: \square_1$	It rarely	happe	ned 🗌	2 It hap	pened o	on occa	sion [3 It happened frequent
		4	It happ	ened al	most ev	veryday	,			
Severity:										
mild symptoms	1	2	3	4	5	6	7	8	9	10 severe symptoms
Disturbance: (Pl	'ease	write de	own the	impac	t of this	sympte	om to ye	our dai	ly life_)
mild disturbance	1	2	3	4	5	6	7	8	9	10 extremely disturbance
Please write the Other symptom:		otom tha	at you h	ad whi	ch are i	not liste	ed above	e in the	space b	pelow.
1										
2										
3										
4										
5										