## nature research

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| Last updated by author(s): | Feb 12, 2021   |

## Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

| Statistics   |  |  |  |  |  |
|--|--|--|--|--|--|
| For all statistical a  | nalyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.   |  |  |  |  |
| n/a Confirmed  | 'a Confirmed   |  |  |  |  |
| The exac   | The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement  |  |  |  |  |
| A statem   | A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly  |  |  |  |  |
| The statistical test(s) used AND whether they are one- or two-sided  Only common tests should be described solely by name; describe more complex techniques in the Methods section.  |  |  |  |  |  |
| 🗶 🔲 A descrip  | A description of all covariates tested   |  |  |  |  |
| A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons  |  |  |  |  |  |
| A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals) |  |  |  |  |  |
| For null h   | hypothesis testing, the test statistic (e.g. $F$ , $t$ , $r$ ) with confidence intervals, effect sizes, degrees of freedom and $P$ value noted ues as exact values whenever suitable.  |  |  |  |  |
| For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings   |  |  |  |  |  |
| For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes   |  |  |  |  |  |
| <b>x</b> Estimate  | s of effect sizes (e.g. Cohen's $d$ , Pearson's $r$ ), indicating how they were calculated   |  |  |  |  |
| •  | Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.  |  |  |  |  |
| Software ar  | nd code  |  |  |  |  |
| Policy information   | about <u>availability of computer code</u>   |  |  |  |  |
| Data collection  | collection N/A   |  |  |  |  |
| Data analysis  | N/A  |  |  |  |  |
|  | ng custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and rencourage code deposition in a community repository (e.g. GitHub). See the Nature Research guidelines for submitting code & software for further information. |  |  |  |  |
| Data   |  |  |  |  |  |
| All manuscripts n - Accession code   | n about <u>availability of data</u> nust include a <u>data availability statement</u> . This statement should provide the following information, where applicable: es, unique identifiers, or web links for publicly available datasets s that have associated raw data  |  |  |  |  |

- A description of any restrictions on data availability

The isotopic data measured in this study are available under supplementary information.

## Life sciences study design

| All studies must d  | lisclose on these points even wh  | en the disclosure is negative.   |
|---------------------|---|--|
| Sample size         | be obtained directly from productincorporating any isotopic variati   | vailability of authenticate commercially produced pineapple juice, puree and concentrate samples that could tion lines by representatives of the SGF. Of critical importance is the need to ensure authenticity whilst on due to permissible industrial processing effects. This is a feasibility study and the relatively small sample ing allowance for the sample size in the statistical analysis. |
| Data exclusions     | No data were excluded from the analysis.  |  |
| Replication         | Accuracy and repeatability of the isotopic analyses were maintained and monitored through routine calibration with certified reference materials from USGS and IAEA. The repeatability of the triplicate analyses of individual pineapple juice samples is given in the supplementary material as the sample standard deviation (on-1). |  |
| Randomization       | Not applicable.   |  |
| Blinding            | Not applicable.   |  |
| We require informa  | ition from authors about some types   | naterials, systems and methods of materials, experimental systems and methods used in many studies. Here, indicate whether each material, are not sure if a list item applies to your research, read the appropriate section before selecting a response.  |
| Materials & ex      | xperimental systems   | Methods  |
| n/a Involved in t   | <u> </u>  | n/a   Involved in the study  |
| Antibodie           | es  | ChiP-seq   |
| <b>x</b> Eukaryot   | ic cell lines   | Flow cytometry   |
| <b>✗</b> ☐ Palaeont | ology and archaeology   | MRI-based neuroimaging   |
| Animals a           | and other organisms   |  |
| Human re            | esearch participants  |  |
| Clinical d          | ata   |  |
| Dual use            | research of concern   |  |