

My Food & Mood Project (Cohort 1)

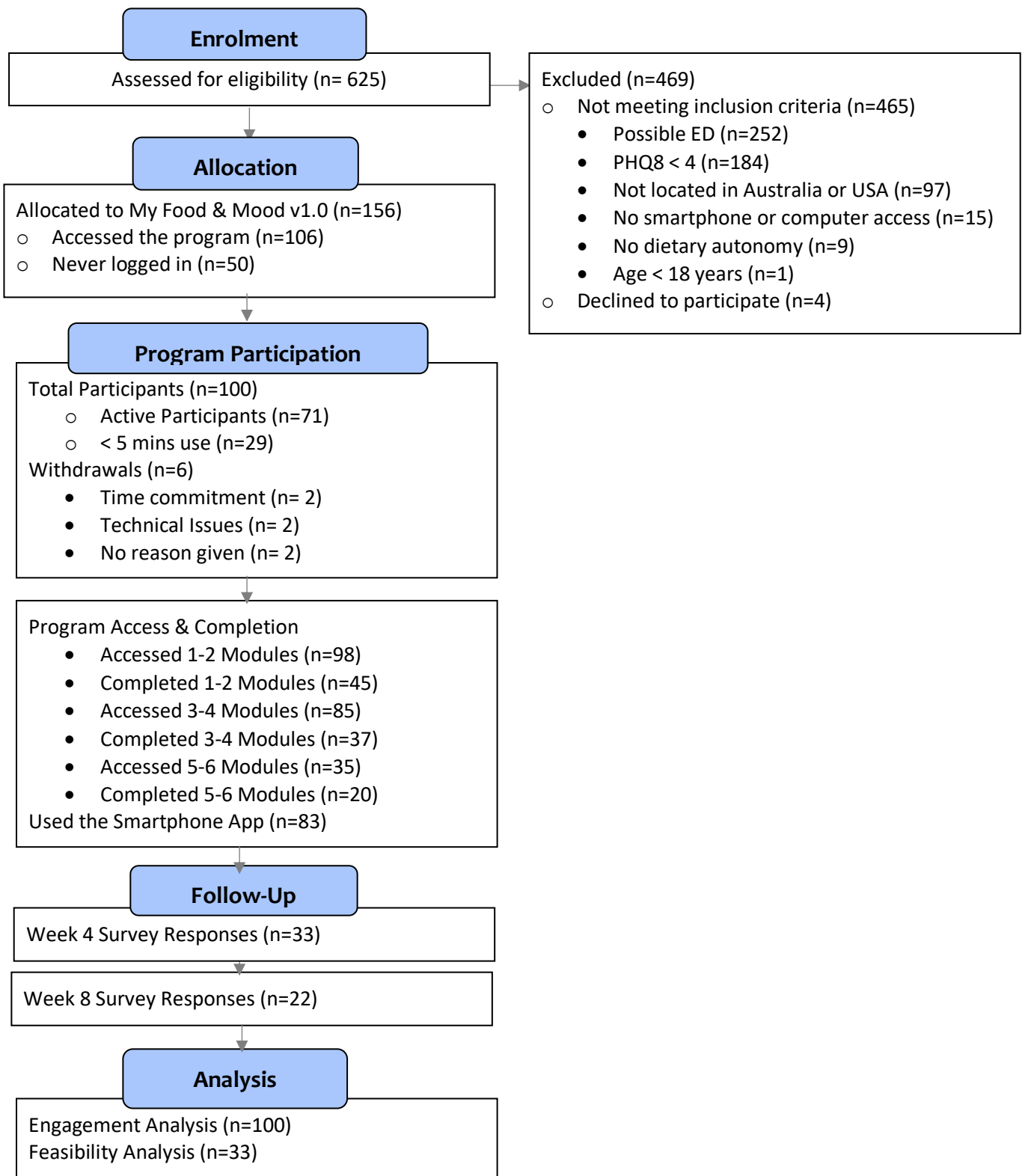


Figure 1: CONSORT Diagram for the My Food & Mood Project (Cohort 1)

My Food & Mood Project (Cohorts 2.1, 2.2 & 3)

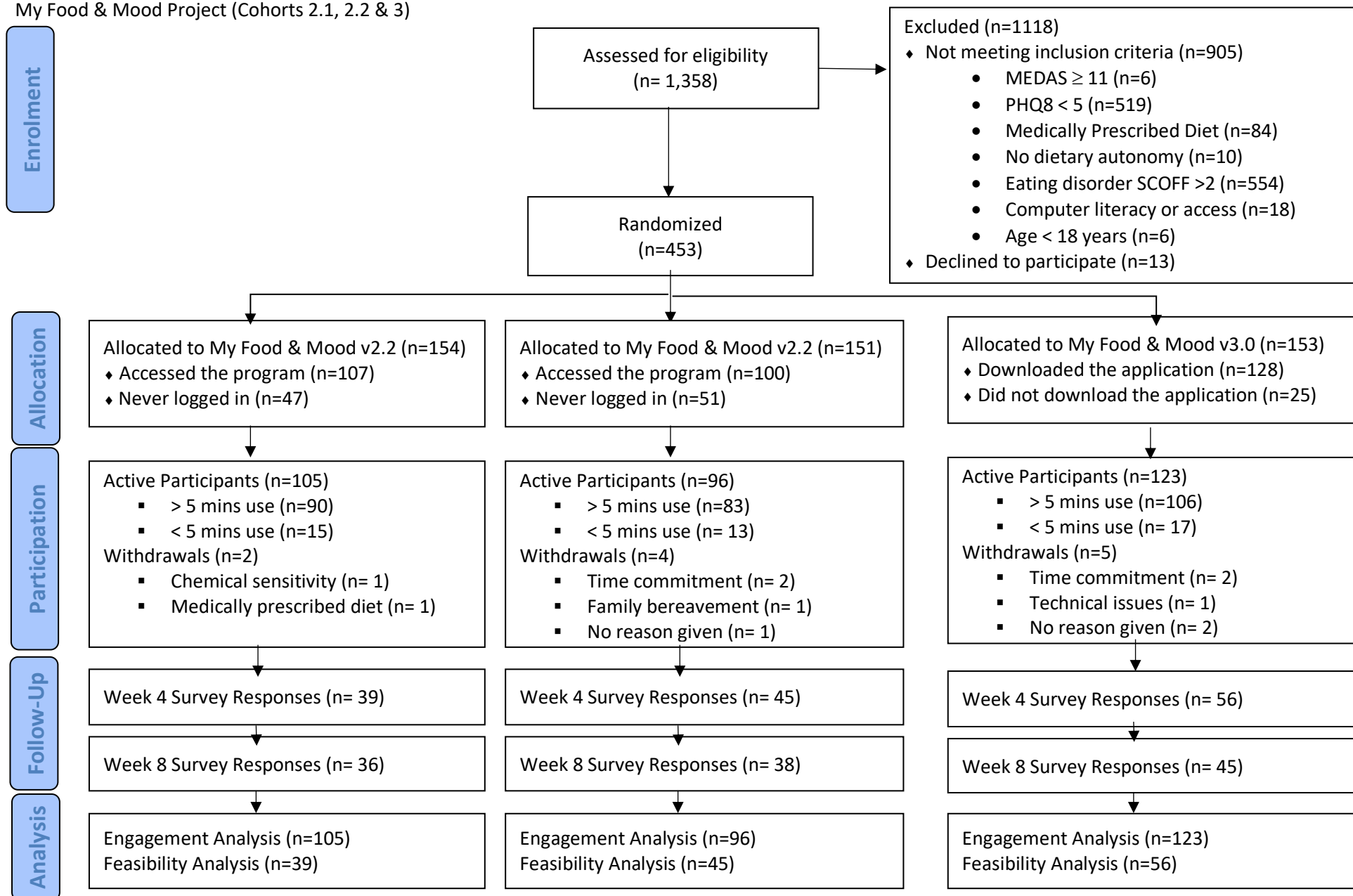


Figure 2: CONSORT Diagram for the My Food & Mood Project (Cohorts 2.1, 2.2 & 3.0)