Effects of Sleep Deprivation on Endothelial Function in Adult Humans: A Systematic Review

Geroscience

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Supplementary Table 1 Studies excluded from the systematic review at full-text screening

Citation	Title	Reason for exclusion
Akdemir et al. 2013 [97]	Impact of acute sleep deprivation on aortic elastic properties in healthy workers	Did not assess endothelial function
Anujuo et al. 2015 [98]	Relationship between short sleep duration and cardiovascular risk factors in a multi-ethnic cohort – the HELIUS study	Did not assess endothelial function
Anujuo et al. 2016 [99]	Relationship between sleep duration and arterial stiffness in a multi-ethnic population: The HELIUS study	Did not assess endothelial function
Cao et al. 2016 [100]	Association between sleep condition and arterial stiffness in Chinese adult with nonalcoholic fatty liver disease	Did not assess endothelial function
Chen et al. 2017 [101]	Association between short sleep duration and carotid atherosclerosis modified by age in a Chinese community population	Did not assess endothelial function
Cooper et al. 2014 [102]	Endothelial function and sleep: associations of flow-mediated dilation with perceived sleep quality and REM sleep	Did not measure sleep duration
Culver et al. 2020 [103]	Self-reported sleep quality is associated with central hemodynamics in healthy individuals	Did not measure sleep duration
Dominguez et al. 2019 [104]	Association of sleep duration and quality with subclinical atherosclerosis	Did not assess endothelial function
Hijmans et al. 2019 [105]	Insufficient sleep is associated with a pro-atherogenic circulating microRNA signature	Did not assess endothelial function
Kim et al. 2015 [106]	Sleep duration, sleep quality, and markers of subclinical arterial disease in healthy men and women	Did not measure sleep duration or endothelial function
Logan et al. 2018 [107]	Actigraphy based sleep characteristics and aortic stiffness: The Multi-Ethnic Study of Atherosclerosis (MESA)	Did not assess endothelial function

Supplementary Table 1 (Continued)

Citation	Title	Reason for exclusion
Martinez-Gomez et al. 2011 [108]	Sleep duration and emerging cardiometabolic risk markers in adolescents. The AFINOS Study	Study conducted in adolescents
Morita et al. 2017 [109]	Inverse relationship between sleep duration and cardio-ankle vascular index in children	Study conducted in children
Nagai et al. 2013 [110]	Sleep duration and insomnia in the elderly: associations with blood pressure variability and carotid artery remodeling	Did not assess endothelial function
Sands et al. 2012 [111]	Short sleep duration is associated with carotid intima-media thickness among men in the coronary artery risk development in young adults (CARDIA) study	Did not assess endothelial function
Slomko et al. 2018 [85]	Hemodynamic, autonomic, and vascular function changes after sleep deprivation for 24, 28, and 32 hours in healthy men	Did not assess endothelial function
Tsai et al. 2014 [112]	Long sleep duration associated with a higher risk of increased arterial stiffness in males	Did not assess endothelial function
Weil et al. 2011 [113]	Habitual short sleep duration and circulating endothelial progenitor cells	Did not assess endothelial function
Yoshioka et al. 2011 [114]	Relation between self-reported sleep duration and arterial stiffness: a cross-sectional study of middle-aged Japanese civil servants	Did not assess endothelial function
Zonoozi et al. 2017 [115]	Self-reported sleep duration and napping, cardiac risk factors, and markers of subclinical vascular disease: cross-sectional study in older men	Did not assess endothelial function