

## Electronic Supplementary Material

This supplementary material has been provided by the authors to give readers additional information about their work.

Supplement to: Eik Dybboe Bjerre<sup>1</sup>, Sarah Weller<sup>2</sup>, Mads Hvid Poulsen<sup>3</sup>, Søren Sørensen Madsen<sup>4</sup>, Rie Dybboe Bjerre<sup>5</sup>, Peter Busch Østergren<sup>6</sup>, Michael Borre<sup>7</sup>, Klaus Brasso<sup>8</sup> and Julie Midtgaard<sup>9</sup>. Safety and effects of football in skeletal metastatic prostate cancer: A subgroup analysis from the ‘FC Prostate Community’ randomized controlled trial. Sports Medicine - Open.

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Supplementary Table 1. Means of outcomes at baseline, 12 weeks and 6 months									
	Baseline			12 weeks			6 months		
	n	Mean	SD	n	Mean	SD	n	Mean	SD
Prostate cancer-specific quality of life (points, higher is better)									
FG	22	124.2	18.9	21	122.5	18.8	20	119.2	20.4
UC	19	121.2	15.5	18	112.7	16.4	16	117.8	17.3
Lean body mass (kilograms)									
FG	22	53.6	7.3				21	53.6	7.3
UC	19	58.5	6.0		NM		15	57.7	5.2
Fat mass (kilograms)									
FG	22	29.2	8.6				21	29.0	10.3
UC	19	33.1	9.1		NM		15	32.2	9.1
Total hip bone mineral density (grams/cm <sup>2</sup> )									
FG	22	1.101	0.122				21	1.141	0.202
UC	19	0.981	0.143		NM		15	0.985	0.147
Spine bone mineral density (grams/cm <sup>2</sup> )									
FG	22	1.184	0.281				21	1.235	0.356
UC	19	1.317	0.306		NM		15	1.343	0.342
General physical health (SF-12)									
FG	22	48.8	8.9	21	46.5	9.0	20	45.4	10.1
UC	19	50.2	6.9	18	46.7	8.7	16	47.6	10.2
General mental health (SF-12)									
FG	22	53.0	6.1	21	53.1	7.7	20	50.9	11.1
UC	19	51.9	8.0	18	50.1	6.5	16	49.6	8.2

Abbreviations: SD, standard deviation; NM, not measured.