

### **Difference-in-differences Model**

Our analytic approach adopts a generalized difference-in-differences analysis with multiple treatment units, including two-way fixed effects for each individual and year. We estimate the effect of the state-level EITC policy on an outcome of interest  $Y_{ist}$  for individual  $i$  living in state  $s$  in year  $t$ . Let  $D_{st} = StateEITC_s \times Post_t$  represent exposure to the state-level EITC policy after implementation of the policy, equal to zero during the pre-policy period in states that eventually pass EITC policies and for all non-EITC states. Our main estimating equation is:

$$Y_{ist} = \beta_0 + \beta_1 D_{st} + \beta_2 IndividualCov_{ist} + \beta_3 StateCov_{st} + \alpha_i + \theta_t + \varepsilon_{ist}$$

where *IndividualCov* and *StateCov* represent the individual-level and state-level covariates described in the manuscript.  $\alpha_i$  represents indicator variables for each individual (i.e., individual fixed effects), implying that the effect is estimated from within-person variation in exposure to different state EITC benefit levels, which overcomes confounding due to unobserved time-invariant individual characteristics. Similarly,  $\theta_t$  represents indicator variables for years (i.e., year fixed effects), which accounts for all (observed and unobserved) period-specific changes that affect all states, such as changes in national taxation levels or federal welfare policies. Finally,  $\varepsilon_{ist}$  represents robust standard error clustered at the state level, to account for correlated observations in each state. The coefficient of interest  $\beta_1$  represents the effect of state-level EITC policies on the outcome of interest among EITC-eligible individuals. Alternate model specifications include an indicator for each state (i.e., state fixed effects).

**Supplemental Table 1. State EITC Programs**

State	Percent of Federal Credit	Refundable	First Tax Year Implemented	Included in Study
California	85	Yes	2015	Yes
Colorado <sup>a</sup>	10	Yes	1999, 2015	No
Connecticut	30	Yes	2011	Yes
Delaware	20	No	2006	Yes
Hawaii	20	No	2017	Yes
Illinois	10	Yes	2000	Yes
Indiana	9	Yes	1999	Yes
Iowa	15	Yes	1990	Yes
Kansas	17	Yes	1998	Yes
Louisiana	3.5	Yes	2008	Yes
Maine	5	Yes	2000	Yes
Maryland <sup>b</sup>	26	Yes	1987	No
	50	No		
Massachusetts	23	Yes	1997	Yes
Michigan	6	Yes	2008	Yes
Minnesota	34 (avg.)	Yes	1994	Yes
Montana	3	Yes	2019	Yes
Nebraska	10	Yes	2006	Yes
New Jersey	35	Yes	2000	Yes
New Mexico	10	Yes	2007	Yes
New York	30	Yes	1991	Yes
North Carolina <sup>c</sup>	5	Yes	2008-2013	No
Ohio	10	No	2013	Yes
Oklahoma	5	No	2002	Yes
Oregon	8	Yes	1997	Yes
Rhode Island	15	Yes	2001	Yes
South Carolina	20.83	No	2018	Yes
Vermont	32	Yes	1988	Yes
Virginia	20	No	2006	Yes
Washington <sup>d</sup>	10	Yes	Not currently implemented	Yes
Wisconsin	4 (one child) 11 (two children) 34 (three children)	Yes	1984	Yes
District of Columbia	40	Yes	2000	Yes

Note: These data were drawn from Markowitz et al., 2017, and updated with the most recent years of state EITC data. EITC: earned income tax credit.

<sup>a</sup> Colorado's original state EITC program was contingent on state surplus revenue and was therefore not available in 2002-2014; the program became permanently available in 2015.

<sup>b</sup> Maryland offers a 25.5 percent refundable or a 50 percent non-refundable EITC; taxpayers can choose to claim either, but not both.

<sup>c</sup> North Carolina eliminated its EITC program starting in 2014 tax year.

<sup>d</sup> Washington enacted a refundable credit in tax year 2009; due to the budget shortfall, policymakers have not financed the credit.

**Supplemental Table 2. Outcomes available by survey year, Panel Study of Income Dynamics, 1995-2015**

Outcomes	Survey Years Available
General health	1995-1997 (annual), 1999-2015 (biennial)
Psychological distress	2001, 2003, 2007-2015 (biennial)
Currently drinks alcohol	1999-2015 (biennial)
Drinks per day	1999-2015 (biennial)
Currently smokes	1999-2015 (biennial)
Number of cigarettes per day	1999-2015 (biennial)

**Supplemental Table 3. Effect of state-level EITC programs on mental health and health behaviors, sensitivity analyses, Panel Study of Income Dynamics, 1995-2015**

Outcome	Effect of State EITC Program $\beta$ (95% CI)	
	Model 1: EITC Eligible in Pre-Period	Model 2: State EITC Refund
General health excellent/very good/good	0.047 (-0.048, 0.14)	0.0056 (-0.050, 0.061)
Psychological distress	1.59 (-0.075, 3.26)	-0.35 (-0.98, 0.29)
Currently drinks alcohol	0.084 (-0.0057, 0.17)	0.0065 (-0.041, 0.054)
3+ alcoholic drinks per day	0.030 (-0.059, 0.12)	0.030 (-0.013, 0.073)
Currently smokes	0.018 (-0.061, 0.096)	-0.013 (-0.051, 0.025)
Number of cigarettes per day	0.089 (-1.08, 1.26)	-0.23 (-1.12, 0.66)

Study sample was drawn from the Panel Study of Income Dynamics for survey years 1995-2015. Coefficients represent the effect of living in a state after implementation of state-level EITC. All models adjusted for age, age-squared, head of household marital status, number of children, inflation-adjusted household pre-tax income, and income-squared, state gross domestic product per capita, state unemployment rate, state percent of population with a high school degree or less, and fixed effects for individual and year. Model 1 includes individuals eligible for federal EITC in all years before state EITC policy. Model 2 includes the full study sample and sets state EITC refund amount (inflation-adjusted, rescaled to \$1,000 US dollars) as the primary exposure. Robust standard errors were clustered at the state level. EITC: earned income tax credit.

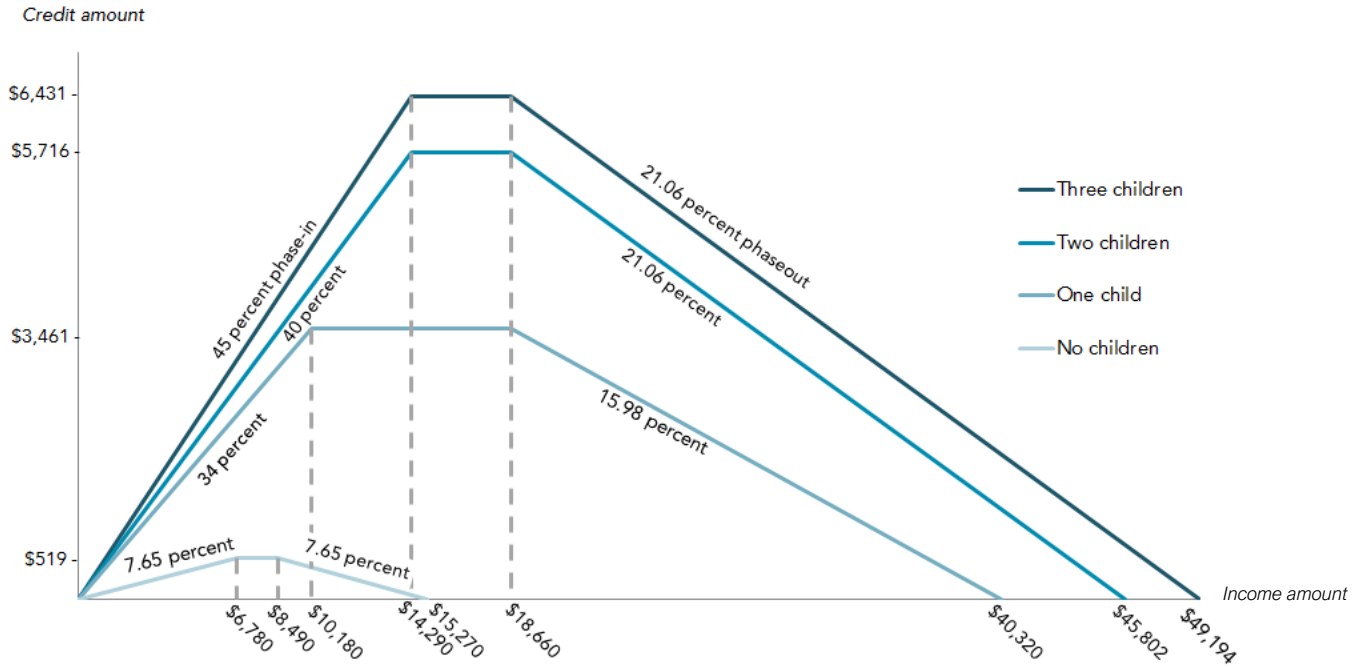
**Supplemental Table 4. Effects of state-level EITC programs on mental health and health behaviors, using State-level Fixed Effects in the Panel Study of Income Dynamics, 1995-2015**

Outcome	Effect of State EITC Program $\beta$ (95% CI)							
	Full Sample	Marital Status		Gender		Race		
	Model 1	Model 2: Single	Model 3: Married	Model 4 Male	Model 5 Female	Model 6 White	Model 7 Black	Model 8 Hispanic/Other
Excellent/very good/good health	0.0024 (-0.019, 0.024)	0.0088 (-0.026, 0.044)	-0.0015 (-0.033, 0.030)	0.033* (0.0050, 0.061)	-0.016 (-0.044, 0.012)	0.016 (-0.018, 0.050)	-0.022 (-0.052, 0.0084)	0.016 (-0.14, 0.17)
Psychological distress	0.077 (-0.15, 0.31)	0.030 (-0.26, 0.32)	0.24 (-0.25, 0.72)	0.015 (-0.64, 0.67)	0.15 (-0.33, 0.63)	-0.027 (-0.42, 0.37)	0.14 (-0.25, 0.53)	-0.18 (-2.74, 2.39)
Currently drink alcohol	-0.0016 (-0.043, 0.040)	-0.039 (-0.098, 0.019)	0.041 (-0.028, 0.11)	0.014 (-0.030, 0.057)	-0.0071 (-0.058, 0.044)	0.036 (-0.023, 0.095)	-0.029 (-0.078, 0.020)	-0.016 (-0.14, 0.10)
3+ alcoholic drinks per day	0.0079 (-0.020, 0.036)	0.0055 (-0.039, 0.050)	0.015 (-0.033, 0.062)	-0.023 (-0.069, 0.023)	0.028* (0.0030, 0.052)	0.033 (-0.019, 0.086)	0.0047 (-0.029, 0.039)	-0.092* (-0.18, -0.0070)
Currently smoke	-0.0059 (-0.046, 0.034)	-0.0069 (-0.071, 0.057)	0.0014 (-0.031, 0.034)	0.0072 (-0.031, 0.046)	-0.014 (-0.074, 0.046)	0.022 (-0.030, 0.074)	-0.020 (-0.076, 0.036)	0.13* (0.0072, 0.26)
Number of cigarettes per day	-0.58 (-1.31, 0.14)	-0.27 (-1.15, 0.60)	-0.75 (-1.83, 0.33)	-0.40 (-1.66, 0.86)	-0.74 (-1.58, 0.10)	-0.13 (-1.13, 0.87)	-0.74 (-1.58, 0.094)	1.22 (-0.54, 2.99)

\*  $p < 0.05$ 

Study sample was drawn from the Panel Study of Income Dynamics for survey years 1995-2015. Coefficients represent the effect of living in a state after implementation of state-level EITC. All models adjusted for gender, age, age-squared, education, head of household race and marital status, number of children, pre-tax inflation-adjusted household earned income, income-squared, state gross domestic product per capita, state unemployment rate, state percent of population with a high school degree or less, and fixed effects for state and year. Robust standard errors were clustered at the state level. EITC: earned income tax credit.

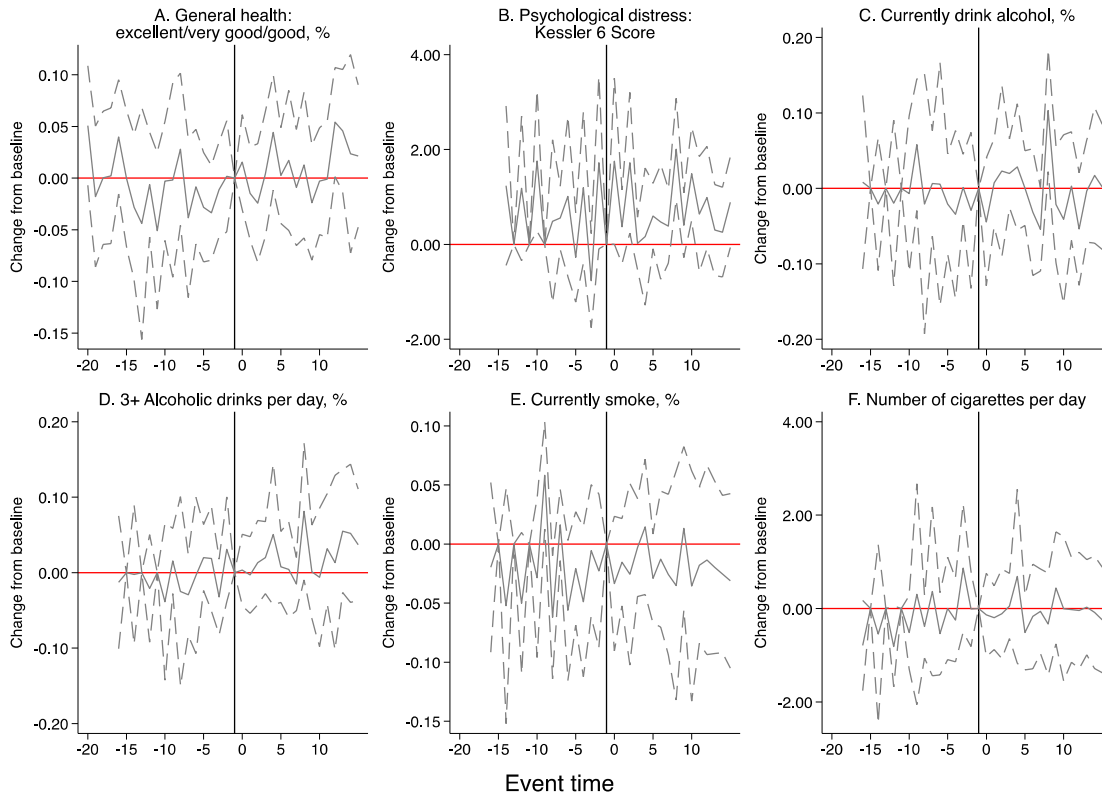
**Supplemental Figure 1. Earned Income Tax Credit, 2018**



Note: Assumes all income comes from earnings. Amounts are for taxpayers filing a single or head-of-household tax-return. For married couples filing a joint tax return, the credit begins to phase out at income \$5,690 higher than shown.

Source: Urban-Brookings Tax Policy Center (2018).

**Supplemental Figure 2. Event study estimates relative to state EITC implementation, by outcome**



Note: Point estimates (solid lines) are displayed along with their 95% confidence intervals (dashed lines). The baseline (omitted) period is 1 year prior to state EITC implementation. Point estimates represent the difference between EITC and non-EITC states, compared to the prevailing difference, anchored at zero, in the omitted baseline period.