

Supplemental Materials

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Exploring Instagram To Promote Student Engagement in an Online Didactic Environment

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Appendix 1: Recruitment Email for Students

You have been identified as a potential participant in a research study we are conducting to understand the benefits of using social media in distance learning. You have been asked to participate in this study because you are currently enrolled as a student at XYZ University.

Your participating will require you to answer a brief survey on your social media usage. You will also have the option to follow a selected social media account on Instagram for educational purposes. Data from the educational social media accounts, including clicks, shares, and posts, will be collected for research purposes even if you decide you do not want to take part in the survey. Although data will be tracked, it will not be linked to the individual.

Data concerning user identity will not be part of this proposed study. Both the survey data and social media account will be considered for research purposes only. You may refuse to participate in the study and you may stop your participation in this study at any time.

It is our hope that the results of the study will be detailed and submitted for publication.

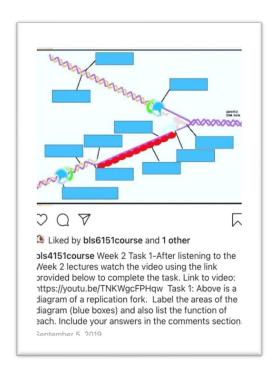
Thank you.

Appendix 2: Illustrative examples of Instagram posts

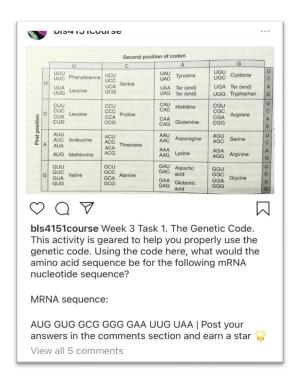
In Week 1 of the Microbial Pathogenesis course, a cartoon exploring the fun side of laboratory work was shared.

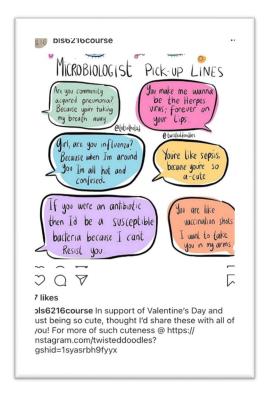


During Week 2 of the Molecular Diagnostics course, DNA replication was covered, students were asked to identify the key enzymes in the process.



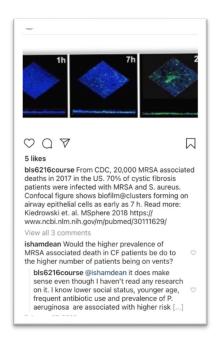
In Week 3 of Molecular Diagnostics course, students were tasked with applying information from the genetic code to generate the sequence of amino acids in a protein.



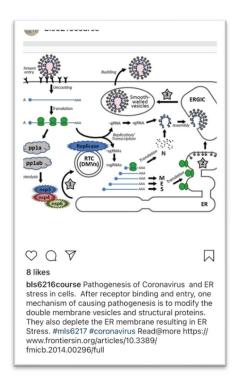


In Week 4 of the Microbial Pathogenesis course, memes were shared.

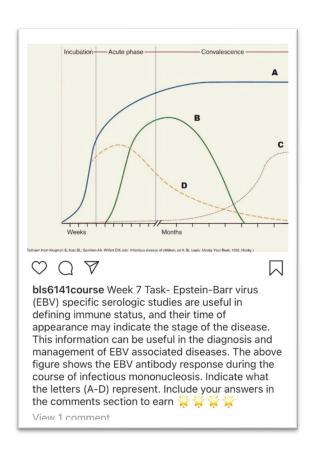
While explaining antibiotic resistance in Week 5 of Microbial Pathogenesis, the role of biofilms in the process was highlighted in the post.

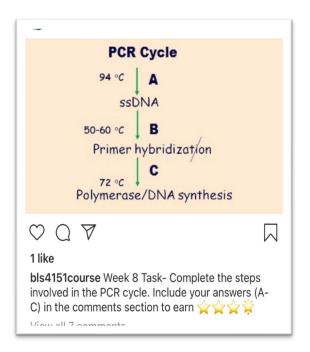


In the Microbial Pathogenesis course, a mechanism of coronavirus pathogenesis by causing endoplasmic reticulum stress was reinforced during Week 6.



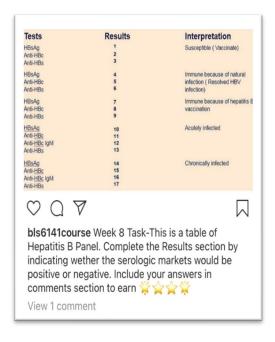
During week 7 of the Advanced Immunology and Serology course, the serological response to the Epstein-Barr virus was highlighted.



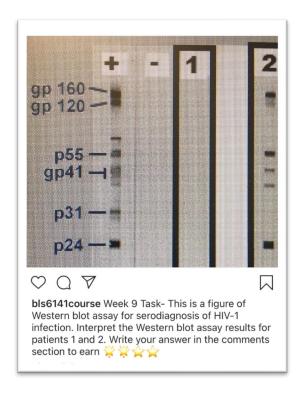


Below, in Week 8 of the Molecular Diagnostics course, student comprehension of the PCR cycle steps was queried.

In another, Week 8 post in the Advanced Immunology and Serology course, students were encouraged to utilize laboratory results to analyze test results.



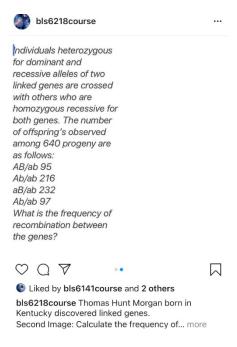
In the Advanced Immunology and Serology course, the importance of laboratory techniques to diagnose immune disorders was covered in Week 9 and reinforced with this post.



In the Genetics course, the importance of genetic counselors was emphasized and promoted in Week 10.



In Week 12 of the Genetics course, students were asked to solve a genetics problem applying the concepts of linked genes.



Appendix 3: Social Media Survey

1. Sex

Male / Female

2. Age

20-24/25-29/30-34/35-39/40-44/45-49/50-54/55-60

3. Do you work?

More than 40 hours per week / 20 - 40 hours per week / 10 - 20 hours per week Less than 10 hours per week

4. Do you currently use social networking sites (social media)?

Yes/No

5. If Yes, which platforms do you use? (Check all that apply)

Facebook /Twitter / Instagram/ Tumbler / YouTube / SnapChat / Pinterest / Google + / Reddit/Other

- 6. Do use social networking sites for educational purposes? Yes / No
- 7. If Yes, which platforms do you use for educational purposes? (Check all that apply)

Facebook /Twitter / Instagram/ Tumbler / YouTube / SnapChat / Pinterest / Google + / Reddit/Other

- 8. If you don't use social media for medical education purposes, why not (check all that apply)?
 Privacy issues/ waste of time/ distraction/ not suitable for education
- During the Spring 2019 course, on average I viewed the Instagram course feeds:
 Rarely / Few times per month / Few times per week / Few times per day/ Few times per hour
- 10. During the Spring 2019 course, on average I engaged in discussions on Instagram course feeds:
 Rarely / Few times per month / Few times per week / Few times per day/ Few times per hour

- 11. The Instagram course feeds was a valuable way to receive feedback on my learning:

 Strongly disagree / Disagree / Neutral / Agree / Strongly Agree
- 12. The Instagram course feeds allowed me to stay engaged with my Instructor and peers.

 Strongly disagree / Disagree / Neutral / Agree / Strongly Agree
- 13. Which of the following aspects of the Instagram course feeds did you find especially useful in stimulating your learning (check all that apply)

Exam type questions/ explanatory comments/ post-lecture questions/ videos/ books or article recommendations/ course-related humor

- 14. The Instagram course feeds boosted my morale/lifted my spirits during learning: Strongly disagree / Disagree / Neutral / Agree / Strongly Agree
- 15. The Instagram course feeds made it easier to communicate/engage with teachers:

 Strongly disagree/ Disagree / Neutral / Agree / Strongly Agree
- 16. The Instagram course feeds made it easier to communicate/engage with my peers Strongly disagree/ Disagree / Neutral / Agree / Strongly Agree
- 17. The Instagram course feeds was a useful adjunct to learning this semester :

 Strongly disagree/ Disagree / Neutral / Agree / Strongly Agree
- 18. I would like to see social media sites used in future distance learning: Strongly disagree/ Disagree / Neutral / Agree / Strongly Agree
- 19. Please use this space to provide any additional comments regarding the Instagram course feeds.