

BMJ Open is committed to open peer review. As part of this commitment we make the peer review history of every article we publish publicly available.

When an article is published we post the peer reviewers' comments and the authors' responses online. We also post the versions of the paper that were used during peer review. These are the versions that the peer review comments apply to.

The versions of the paper that follow are the versions that were submitted during the peer review process. They are not the versions of record or the final published versions. They should not be cited or distributed as the published version of this manuscript.

BMJ Open is an open access journal and the full, final, typeset and author-corrected version of record of the manuscript is available on our site with no access controls, subscription charges or pay-per-view fees (<u>http://bmjopen.bmj.com</u>).

If you have any questions on BMJ Open's open peer review process please email <u>info.bmjopen@bmj.com</u>

BMJ Open

BMJ Open

A Crisis within a Crisis: COVID-19 Knowledge and Awareness among the Syrian Population - a national survey assessment

Journal:	BMJ Open
Manuscript ID	bmjopen-2020-043305
Article Type:	Original research
Date Submitted by the Author:	15-Aug-2020
Complete List of Authors:	Mohsen, Fatema; Syrian Private University Faculty of Medicine, Bakkar, Batoul; Syrian Private University Faculty of Medicine Armashi, Humam; Syrian Private University Faculty of Medicine Daher, Nizar; Syrian Private University Faculty of Medicine; Damascus University Faculty of Medicine
Keywords:	Public health < INFECTIOUS DISEASES, COVID-19, PUBLIC HEALTH

SCHOLARONE[™] Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

terez on

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1	A Crisis within a Crisis: COVID-19 Knowledge and Awareness among the
2	Syrian Population - a national survey assessment
3	
4	Authors: Fatema Mohsen ¹ , Batoul Bakkar ¹ , Humam Armashi ¹ , Nizar Daher ^{2,3}
4	Authors. Fattina Monsen, Datour Dakkar, Humani Armasin, Mzar Daner
5	
6	Affiliations:
7	1Faculty of Medicine, Syrian Private University, Damascus, Syria.
8	2Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
9	Damascus University, Damascus, Syria.
10	3Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
11	Syrian Private University, Rif Dimashq, Syria.
12	
	Corresponding Author:
13	
14	Fatema Mohsen
15	Faculty of medicine, Syrian Private University, Mazzeh Street, P.O. Box 36822, Damascus,
16	Syrian Arab republic
17	Tel:00963936396590 Email: fatemamohsena@gmail.com
18	
19	Abstract:

Page 3 of 37

BMJ Open

Objectives: To gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. The aim of this study is to examine the Syrian public's awareness and knowledge regarding COVID-19.

Design: Web-based cross-sectional survey.

Setting: This study was distributed randomly in March 2020, nearly 10 years into the Syrian
war crisis. The Arabic-language survey was posted on various social media platforms
including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups.

Participants: Of 4495 total participants who completed the survey, 3942 were in Syria. 356
participants outside of Syria were females and 1142(31.8%) males. The final sample of 3586
participants (completion rate=79.8%) consisted of 2444(68.2%) females and 1142(31.8%)
males. All participants residing in Syria with no known history of COVID-19 infection were
included in the study.

Primary and secondary outcome measures: The study revealed good awareness regarding
COVID-19. Poor knowledge was associated with male gender, education of secondary school
or lower, careers in government, private, business, military, and "other" sectors, as well as
unemployment, poor and moderate economic status, and over 5 household members.

Results: Of the 3586 participants, 68.2% were females, 50.8% were unemployed, and 79.2%
were at college-educated. The study revealed good awareness regarding COVID-19 (mean
75.6%, SD±9.4%). Multiple linear regression analysis correlated knowledge scores with
gender, education level, occupation, economic status, and the number of household members.

BMJ Open

Conclusion: This study revealed some potentially troubling knowledge gaps which underscore the need for a vigorous public education campaign. This campaign must reinforce the public's awareness, knowledge, and vigilance towards precautionary measures against COVID-19 and, most importantly aid in controlling the worldwide spread of the disease. A further assessment of attitudes and practice towards COVID-19 is needed. Strengths and limitations of this study: This is the first study to measure the awareness and general knowledge of COVID-19 among the Syrian population during a time of war. Our findings can be generalized regarding the Syrian population; however, only for well-educated Syrians of good socio-economic status. Syrians vulnerable to COVID-19 who represented a minority in the survey, such as the elderly and rural residents, are more likely to exhibit poor knowledge and awareness due to limited internet access. Even though all Syrian governorates were represented in this study, the majority of participants lived in Damascus and Rural Damascus. . This web-based cross-sectional survey was conducted between March 3rd and April 4th. . The survey's designed questions were modelled after existing surveys. . Participation was voluntary and confidentiality and anonymity of responses was assured. . The first section of the survey covered socio-demographic information, . The second section contained: general knowledge, transmission, symptoms, and prevention. Keywords: Awareness; Knowledge; COVID-19; Pandemic; Syria; War; Population. **Background:**

Page 5 of 37

BMJ Open

Coronavirus disease 2019 (COVID-19), previously known as 2019 novel coronavirus disease.⁽³⁾ is a highly infectious respiratory disease that evolved into a worldwide pandemic threatening a prolonged economic recession. The first incidence was reported at a local seafood market in Wuhan, China (4). By April 20th 2020, the virus had reached 214 different countries and territories and resulted in 3,517,345 cases and 243,401 deaths worldwide.⁽⁵⁾ On January 30th 2020, the World Health Organization (WHO) declared for the sixth time that COVID-19 outbreak is a public health emergency of international concern (PHEIC), prompting the organization to adopt and stipulate drastic global measures to stem the tide of the pandemic. $^{(6)}$

The battle against COVID-19 in Syria is still in its infancy. The first confirmed case was announced on March 22,⁽⁷⁾ and there had only been 44 cases and 3 death to date. These figure are significantly lower than neighbouring countries such as Turkey (127,659 and 3,461), Iran (98,647 and 6,277), Iraq (2,346 and 98), Lebanon (740 and 25), and Jordan (465 and 9).⁽⁵⁾ The Syrian healthcare system is severely under-equipped and lacks the capacity to contain such a crisis. The estimated number of intensive care unit (ICU) beds with ventilators is mere 325, and the theoretical maximum number of cases that can be adequately treated is only 6,500.⁽⁸⁾ Once this maximum threshold capacity is exceeded, drastic rationing decisions will have to be made. Therefore, cooperation with and response to guidance from the WHO are of utmost importance. Unprecedented measures have been adopted to control the spread of COVID-19 in Syria including: partial closure of borders; suspension of public transportation; closure of mosques, shops, parks, restaurants universities, and schools; isolation and care of suspected and infected individuals; curfews to limit social contact; and awareness campaigns. The public's adherence to these control measures- which is largely affected by their awareness, knowledge, and attitudes, towards COVID-19- is crucial to mitigating the further spread of the disease. $^{(9, 10)}$

BMJ Open

The Syrian conflict, now in its 10th year, has resulted in the worst refugee crisis since World War II.⁽¹¹⁾ The devastating impact of war has placed the public health system under constant strain; the numbers of casualties continues to rise, 70% of health care workers have fled the country, the annihilation of healthcare facilities, and the "weaponization" of the healthcare are ongoing challenges.^(8, 12) These challenges along with dense residential areas, the growing prevalence of chronic illness, and 83% of the population living under the poverty line make Syria highly vulnerable to a severe outbreak.^(8, 13)

While some studies have been conducted to assess the knowledge, attitude, and practices among populations during this pandemic, none have done so in Syria.^(1, 2, 14-19) To our knowledge this first study that aims to measure the awareness and general knowledge of COVID-19 among the Syrian population at a time where ambiguity and misinformation are rampant. The objective of this study is to gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic.

107 Methods:

108 Study design, setting and participants:

109 This web-based cross-sectional survey was conducted between March 3rd and April 110 4th. Ethical approval was obtained from the Institutional Review Board (IRB) of the Faculty 111 of Medicine, Syrian Private University. All participants residing in Syria with no known 112 history of COVID-19 infection were included in the study. The authors designed questions 113 that were modelled after existing surveys.^(1, 2) We conducted a pilot study on 20 people to 114 assess clarity, relevance, and the acceptability of the survey; these were excluded from the Page 7 of 37

BMJ Open

final sample to avoid bias. Modifications were made based on feedback received to facilitate better comprehension before distributing the final survey to the general population. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. Participants confirmed their voluntarily participation by answering a yes-no question, were informed of the option to opt-out of the survey at any time, and were assured of the confidentiality and anonymity of their responses. After confirmation, participants were directed to the first part of the survey to complete questions about socio-demographic information including, age, gender, residence, education level, occupation, and economic status. Participants under the age of 18 required informed parental consent, as well as submission of parent/guardian contact information. The researchers were responsible for contacting the parents/guardians to obtain consent before the child was given access to the survey. The self-administered survey contained 40 questions divided into 4 sections: general knowledge (10 questions), transmission pathways (7 questions), clinical features (12 questions), and prevention methods (11 questions). The survey is available in appendix 1.

130 Patient and public involvement:

The public's priorities, experience, and preferences were assessed through a pilot study before administering the survey to the community. The public were involved in this study through various social-media platforms. We encouraged the public to share the survey link with family members and friends; however, participants were not involved in the conduct of the study. The results of the survey were analyzed using Statistical Package for Social Sciences version 25.0 (SPSS Inc., Chicago, IL, United States) to correlate mean knowledge scores of participants with socio-demographic factors. We also identified participants factors

associated with poor knowledge. Participant advisors including those in the pilot study were deeply thanked. Patients were not involved in this study.

Statistical analysis

Data was analyzed using the Statistical Package for Social Sciences version 25.0 (SPSS Inc., Chicago, IL, United States) and reported as frequencies and percentages (for categorical variables) or means and standard deviations (SD) (for continuous variables). One-way analysis of variance (ANOVA), t-test, or Chi-square test was applied to compare mean knowledge scores against socio-demographic variables. Multivariable linear regression analysis using the socio-demographic variables as independent variables and mean knowledge score as the outcome variable was conducted to identify factors associated with knowledge. P-values<0.05 was considered statistically significant. rezienz

Results:

Socio-demographics characteristics:

Of 4495 total participants who completed the survey, 3942 were in Syria. 356 participants outside of Syria were excluded. The final sample of 3586 participants (completion rate=79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. Participants aged 16-30 years were the majority 2789(77.8%) while participants under 16 were the minority 59(1.6%). Participant ages ranged from 12-78 years with the majority being $19(\text{mean}=30 \pm 10 \text{ years})$, single 2279(63.6%), and unemployed 1822(50.8%). 1064(29.7%) participants were smokers, and 428(11.9%) were alcohol consumers (Table 1). The majority of participants were residents of Damascus/Rural Damascus 2019(56.3%), and had attained college/university level education (Figure 1).

BMJ Open

161 General Knowledge regarding COVID-19:

Participants showed a good level of awareness regarding COVID-19 (75.6%). An adequate level of basic knowledge (67.0%) was found among participants (Table 2), 3383(94.3%) knew that a virus was the causative agent of COVID-19; 2535(70.7%) correctly identified the incubation period as being between 2 days and 2 weeks. Only 1500(41.8%) knew that an infection with COVID-19 does not confer lifelong immunity. The majority of participants 3489(97.3%) were aware that COVID-19 infection in high risk groups can be fatal. There is currently insufficient evidence on whether infertility is a complication of COVID-19 infection; 461(12.9%) participants believed that COVID-19 can cause infertility while 1903(53.0%) did not. 2986(83.3%), and 2597(72.4%) correctly answered that there are currently no available vaccine or treatments; however, there were misconceptions about the efficacy of antibiotics and Ibuprofen as treatments, 1228(34.2%) and 1268(35.3%) respectively (Table 3).

174 Transmission and Signs and Symptoms regarding COVID-19:

There was a fair level of awareness (70.7%) regarding COVID-19 transmission pathways (Table 2). A high level of awareness was demonstrated regarding common transmission pathways: 3521(98.2%), 3387(94.4%), and 3330(92.9%) identified respiratory droplets, touching an infected person's personal belongings, and handshaking respectively. There is currently limited evidence on animal-to-human and sexual transmission; 703(19.6%) did not know if transmission occurs between animals and humans, while 899(25.1%) did not know if the virus is transmitted sexually (Table 4).

The data showed a good level of awareness (76.0%) regarding clinical features (Table 2). When asked about the main clinical features, participants correctly identified, fever 3) 3563(99.4%), sore throat 3037(84.7%), headache 3186(88.8%), chest pain 3050(85.0%),

general pain 3019(84.2%), fatigue 3405(95.0%), and dry cough 3466(96.7%), whereas only 1972(55.0%) knew that diarrhea can be a symptom. Only 2221(61.9%) were aware that infected individuals may be asymptomatic (Table 4).

Prevention Methods regarding COVID-19:

The highest level of awareness was in the prevention section (88.8%) (Table 2). Washing hands with soap, avoiding crowded areas, remaining at home, and wearing a face mask outside are the principal preventative measures against COVID-19, 3574(99.7%), 3574(99.75%), 3554(99.1%), and 3204(89.3%), respectively. A minority 158(4.4%) believed that cleaning with a mixture of Flash and bleach is a sound preventive measure. Only 2482(69.2%) knew that the flu vaccine offers no protection against COVID-19 (Table 5).

Comparison Study:

A series of one way ANOVA analyses revealed that mean knowledge differed significantly across: gender (p-value=0.009) (Figure 2), age (p-value=0.003), social status (p-value=0.042), education level (p-value=0.000), economic status (p-value=0.000), number of household members (p-value=0.000) (Table 4). The data showed a significant correlation between mean knowledge and place of residence (p-value=0.000). Participants living in Lattakia (77.6%) exhibited the greatest awareness, whereas those in Ar-Raqqah (71.7%) followed by Deir-ez-Zor (71.8%) exhibited the lowest (Figure 3).

Participants acquired their information from the following source(s): Social media, 1998(55.7%); health websites, 2823(78.7%); television/radio, 1572(43.8%); family members/friends, 528(14.7%); magazines/books, 266(7.4%); and lectures, 517(14.4%). Participants with the lowest awareness acquired their information from family members/friends (74.0%), whereas those with the highest awareness acquired their

BMJ Open

information from lectures (78.2%), (p-value=0.000), (Figure 4). When participants were asked if they were likely to share new information with friends and family, 3513(98.0%) answered "yes". There was a significant difference in mean knowledge between those who were inclined to disseminate new information about COVID-19 to friends and family (75.7%) compared with those who were not (72.3%) (p-value=0.002). On exclusive use of personal belongings, 2692(75.1%) answered "yes". We found no significant correlation between mean knowledge and participant tendency to share personal belongings with others (p-value=0.112). Participants who knew someone infected with COVID 19, 65(1.8%) answered "yes". There was no significant difference in mean knowledge between those who knew an infected individual (75.9%) compared with those who did not (75.6%) (p-value=0.816).

220 Multiple linear regression:

Multiple linear regression analysis results: male gender (vs. female, p=0.005); education of secondary school or lower (vs. college/university and above, p=0.000); careers in government, private, business, military, and "other" sectors, as well as unemployment (vs. health care workers, p=0.000); poor and moderate economic status (vs. good and excellent, p<0.040), and over 5 household members (vs. of 1-5, p=0.000) were associated with significantly lower knowledge scores (Table 7). Careers in health care (vs. Unemployed, p-value=0.000), and the 31-45 age group (vs. 16-30, p-value=0.005) were associated with significantly higher knowledge scores.

Discussion:

BMJ Open

We found an overall mean knowledge score of 75.6%, indicating that most participants were relatively knowledgeable about COVID-19, though less so compared to their counterparts in China (90%).⁽¹⁾ This level of knowledge was unexpected given that when we carried out the survey, only 10 cases of COVID-19 had been confirmed in Syria.⁽²⁰⁾

We found that poor knowledge was associated with males, non-post-secondary education, non-healthcare occupations, unemployment, poor and moderate economic status, and households exceeding 5 members (Table 5). Similar trends were observed in China.⁽¹⁾ Correlating socio-demographic variables with awareness is critical to public health efforts to mitigate the spread of COVID-19. This data obtained can be leveraged by the Syrian Ministry of Health to tailor prevention and educational campaigns to populations with the widest knowledge gaps.

In the general knowledge section (67%), the majority of the participants 3383(94.3%) knew that COVID-19 is caused by a virus, similar to a Pakistani study (93.3%).⁽¹⁷⁾ Low awareness of the 2 to 14 day incubation period was found,⁽²¹⁾ among dentists (36.1%), and health care workers (HCW) (36.4%).^(2, 19) Our study showed a higher level of awareness 2535(70.7%) among the population. Syria has a relatively young population; 2018 showed that only 4.5% of the population was over 65.⁽²²⁾ 3489(97.3%) knew that COVID-19 infection can be severe and lead to death in elderly, chronically ill, and immunodeficient patients. This is higher than studies conducted in China (73.2%), and India (88.37%).^(1, 23) 40.6% of Syrians are hypertensive, yet a staggering 79.8% of them are unaware of their condition. Diabetes is also prevalent, affecting 11.9% of the population.^(24, 25) Such a rampant lack of awareness about chronic disease in the population can be fatal, and underscores the need for targeted awareness campaigns.

BMJ Open

Only 2597(72.4%) participants knew that there is currently no available treatment; this is higher than a Kenyan study (40%) but significantly lower than a Chinese study (94%).^(1, 15) A minority 103(2.9%) participants thought there was a vaccine available against COVID-19; by contrast, Coimbatore District (18.6%) and Pakistan (11.6%) were misinformed. In the absence of a vaccine or effective treatment protocol for COVID-19, controlling the spread of the disease is the best line of defense. We observed a considerable knowledge gap in 1268(35.3%) with regards to ibuprofen as a treatment option. There is no available evidence to suggest that ibuprofen is effective against COVID-19.⁽²⁶⁾

Participants showed a fair level of awareness regarding transmission pathways (70.7%), very similar to a Pakistani study (70.8%).⁽¹⁷⁾ The majority 3521(98.2%) of participants were aware that respiratory droplets are common transmission vectors this is similar to a Chinese study (97.8%), but much higher than an Indian study (29.5%).^(1, 16) WHO advise on physical distancing include: using greetings that replace physical contact with a wave, nod, bow, peace sign, sign language, friendly words or smiles.^(27, 28) 3330(92.9%) participants identified handshaking as a transmission pathway, higher than a study among dentists (85.6%).⁽²⁾

A good level of awareness was found regarding the clinical features of COVID-19 (76.0%), similar to a Pakistani (77.7%).⁽¹⁷⁾ A very high level of awareness of the most common symptoms was found: fever 3563(99.4%), dry cough 3466(96.7%), fatigue 3405(95.0%), and myalgia 3019(84.2%), similar to findings from Chinese (96.4%) and Indian (95.4%) studies.^(1, 23) When asked about sore throat, a higher level of awareness 3037(84.7%) was found compared to studies from India (15.2%) and among dentists (28.5%).^(2, 16) Knowledge about diarrhea as a symptom was lacking: only 1972(55.0%); a study among dentists also showed low awareness (39.9%). ^(2, 16) While infected individuals are frequently asymptomatic, or present with mild symptoms, around 1 in every 5 infections

BMJ Open

> can be serious enough to require hospitalisation.^(6, 29) Only 2221(61.9%) participants were aware that infected individuals can be asymptomatic, while a study among dentists (34.5%) reported much lower awareness. "Silent spreaders" may significantly contribute to the transmission of COVID-19, and so increasing public awareness of this particular point is crucial

> We found a high level of awareness in the preventive methods section (88.8%), similar to a study in Pakistan (85%).⁽¹⁷⁾ Hand hygiene is considered an important element of infection control dating back to the revolutionary work of Ignaz Semmelweis.⁽³⁰⁾ Implementing hand-washing techniques can break the transmission cycle and reduce the risk of infection by 6%-44%.⁽³¹⁾ Almost all 3574(99.7%) participants were aware that washing hands with soap and water is an important preventive measure against COVID-19. This finding is in accordance with India (97.0%), and other studies (96.2%, and 87%).^(2, 16, 19)

This year the WHO recommended that the following mitigation measures be implemented during the holy month of Ramadan: cancelling social and religious gatherings, holding events outdoors for adequate ventilation, physical distancing of at least 1 meter between people, and the use of technology to broadcast ceremonies on television.^(27, 28) The majority 3574(99.7%) identified avoiding mass gatherings as a preventive measure; studies in China (98.6%) and Coimbatore District (97.7%) reported similar awareness.^(1, 23) Cheap and efficient interventions such as N95 (filtration capacity=95%) have a 91% effectiveness of blocking pathogen transmission.⁽³²⁾ 3204(89.3%) participants considered wearing a face mask when leaving home as an effective prevention method, compared with a Coimbatore District study (93.02%).⁽²³⁾

301 Since Syrian society is particularly vulnurable to COVID-19, this knowledge gap is
 302 potentially dangerous and should be addressed to mitigate disease spread. Only 2482(69.2%)
 303 knew that the flu vaccine offers no protection against COVID-19; this is similar to a

Page 15 of 37

BMJ Open

Coimbatore District study (67.4%), but lower than a study amongst HCWs (90.7%).^(19, 23) Mixing flash with bleach is highly toxic and caustic to the respiratory tract. Only a minority of participants 158(4.4%) believed that this method of cleaning is a sound preventive measure. 3305(92.2%) were aware that individuals showing symptoms should quarantine themselves, lower than in China (98.2%) and India (95.8%).^(1,16)

North-East Syria (NES) has a population of over 4 million people, 600,000 of whom are internally displaced refugees, 100,000 of whom live in overcrowded camps: only 2 of NES's 11 hospitals are currently functioning. NES consists of 3 governorates: Ar-Raggah, Deir-ez-Zor and Al-Hasakah. With only 22 ICU beds, (18 in Al-Hasakah, 4 in Ar-Raggah and none in Deir-ez-Zor), the maximum capacity threshold is only 80 COVID-19 cases. Ar-Raqqa and Deir-ez-Zor, the most vulnerable governorates, also showed the lowest awareness in the study (71.7%), and (71.8%). This is a potentially catastrophic situation, and a concern to the international community, as an unmonitored, uncontrolled outbreak in NES can ien prolong the global pandemic.

Limitations:

Our findings can only be generalized about well-educated Syrians of good socio-economic status. Syrians vulnerable to COVID-19, such as the elderly and rural residents, are more likely to exhibit poor knowledge and awareness due to limited internet access. As such, reaching out to these populations must be prioritized. Even though all Syrian governorates were represented in this study, the majority of participants lived in Damascus and Rural Damascus. Furthermore, assessment of attitudes and practice towards COVID-19 is needed, which should be developed as either a web-based survey, or phone interviews, and constructed using multi-dimensional scaling.

1 2		
3 4 5	328	
6 7 8	329	Conclusion:
9 10 11	330	COVID-19 has been a dire warning to humanity about the fragility of its social,
12 13	331	economic, and healthcare institutions. Our study revealed good public awareness of clinical
14 15 16	332	features and preventive measures. However general knowledge and knowledge about
17 18	333	transmission pathways was suboptimal. Syrians of good socio-economic status, in particular
19 20	334	young well-educated women, have shown good knowledge. Our national response must adapt
21 22 23	335	to the growing threat of COVID-19 by adopting public awareness strategies and behaviours
23 24 25	336	to contain the disease both within and beyond our borders.
26 27 28	337	
29 30 31	338	Abbreviations: COVID-19: Coronavirus Disease 2019; MERS: Middle East Respiratory
32 33	339	Syndrome; SARS: Severe Acute Respiratory Syndrome; WHO: World Health Organization;
34 35	340	PHEIC: Public Health Emergency of International Concern; ICU: Intensive care unit; IRB:
36 37 38	341	Institutional Review Board; SPSS: Statistical Package for Social Sciences; SD: Standard
39 40	342	Deviation; HCW: Health Care Worker.
41 42 43 44	343	
45 46 47 48	344	Acknowledgments:
48 49 50	345	We are thankful to the management of the Syrian Private University for the support in
51 52	346	the field of medical training and research. We are thankful to everyone who participated in
53 54	347	this study and for Mrs. Marah Muarrawi for her statistical help.
55 56 57 58	348	
59 60	349	Funding:

2		
3 4	350	This research received no specific grant from SPU or any other funding agency in the
5 6 7	351	public, commercial or non-profit sectors.
7 8 9	352	
10 11 12	353	Availability of data and materials:
13 14	555	
14 15 16	354	All data related to this paper's conclusion are available and stored by the authors. All
17 18	355	data are available from the corresponding author on a reasonable request.
19 20 21	356	
22 23 24	357	Declarations:
25	358	Ethics approval and consent to participate:
26 27	359	This study was approved by the Institutional Review Board (IRB) at the Syrian
28 29 30	360	Private University (SPU). All Participants confirmed their written consent by answering a
31 32	361	yes-no question. Participants under the age of 18 required verbal informed parental consent,
33 34	362	as well as submission of parent/guardian contact information. The researchers were
35 36 37	363	responsible for contacting the parents/guardians to obtain verbal consent before the child was
38 39	364	given access to the survey. The verbal and written form of consent was approved by the IRB
40 41	365	at SPU. Participation in the study was voluntary and participants were assured that anyone
42 43	366	who was not inclined to participate or decided to withdraw after giving consent would not be
44 45 46	367	victimized. All information collected from this study was kept strictly confidential.
47 48	368	Consent for Publication:
49	369	Not applicable.
50		
51 52	370	Competing interests:
53 54	371	The authors declare that they have no competing interests.
55 56	372	Authors' contributions:
56 57	372	FM conceptualized the study, participated in the design, wrote the study protocol,
58		The conceptualized the study, participated in the design, wrote the study protocol,
59 60	374	performed the statistical analysis, did a literature search and drafted the manuscript. BB

participated in study design, did a literature search and drafted the manuscript. HA, and NA

did a literature search, and revision of the draft. All authors read and approved the final draft.

Tables and Figures:

Table 1.

Gender (%)	Male	1142(31.8)	Education (%)	Primary School	25(0.7)
	Female	2444(68.2)		Intermediate School	166(4.6)
Age (%)	<16	59(1.6)		Secondary school	375(10.4)
	16-30	2789(77.8)		College/University	2839(79.2
	31-45	503(14.0)		Master's degree	157(4.4)
	>45	235(6.6)		PhD	24(0.7)
Social	Single	2279(63.5)	Occupation (%)	Health care worker	634(17.7)
Status (%)	In a relationship	286(8.0)		Government institution	283(7.9)
	Married	943(26.3)		Private institution	182(5.1)
	Divorced	46(1.3)		Business	198(5.5)
	Widowed	32(0.9)		Military	32(0.9)
				Unemployed	1822(50.8
Economic	¹ Poor	247(6.9)		Other	435(12.1)

	Status (%)	² Moderate	1247(34.8)	Household	0	46(1.3)
		³ Good	1761(49.1)	members (%)	1-5	2751(76.7)
		⁴ Excellent	331(9.2)		>5	789(22)
30 31 32	needs for the fa	amily but no mo	re. ³ Good: inco	s for the family. ² M me provides essent ury requirements.		*
33						
34	Table 2.					
	Table 2. Mear	n knowledge sco	ore of participa	ants by section		
			Mean Kno	wledge Score (%)	± Standard	Deviation (%)
	General Know	ledge		67.0		18.9
		-				
	Transmission I	Pathways		70.7		16.9
	Signs and Sym	intoms		76.0		13.6
	Signs and Sym	ptoms		70.0		15.0
	Prevention Me	thods		88.8		10.2
	Overall know	ledge		75.6	2	9.4
5						
5						
6	Table 3.					

	Virus	Bacteria	Parasite	Immune	Fungus	Inherited	Do Not
				deficiency			Know
Causative Agent	3383(94.3)	39(1.1)	8(0.2)	46(1.3)	0(0.0)	2(0.1)	108(3.0)

N(%)							
	1 Minute to	1 Hour to	2 Days 1	to 2 Weeks	2 We	eks to 1	>1
	1 Hour	2 Days			М	onth	Month
Incubation period	18(0.5)	58(1.6)	253:	5(70.7)	958	(26.7)	17(0.5)
N(%)							
		Yes(?	%)	No(%	(0)	Do Not F	Know(%)
Can infection with C	COVID-19	815(22	2.7)	1500(4	1.8)	1271	(35.5)
confer permanent in	nmunity?	5					
Can COVID-19 cau	se severe	3489(9	7.3)	28(0.	8)	69(1.9)
illness and lead to de	eath in	<u>`</u>					
elderly, chronically	ill, and						
immunodeficient pa	tients?	(
Can COVID-19 cau	se	461(12	2.9)	1222(3	4.1)	1903	(53.0)
infertility?				2			
Is COVID-19 terato	genic (i.e.	157(4	.4)	1433(4	0.0)	1996	(55.6)
cause							
malformations/abno	ormalities to						
an embryo/fetus)?							
		Tr	eatment				
	Yes((%)	N	0(%)	Do	Not Know	v(%)
No treatment	2597(72.4)	515	5(14.4)		474(13.2)	

NO(%)

21(0.6)

189(5.3)

131(3.7)

1973(55.0)

1734(48.3)

1477(41.2)

1160(32.4)

9(0.2)

1000(27.9)

568(15.8)

397(11.1)

497(13.8)

DO NOT

KNOW(%)

44(1.2)

67(1.8)

68(1.9)

703(19.6)

551(15.4)

899(25.1)

1296(36.1)

14(0.4)

233(6.5)

	available			
	Antibiotics	1228(34.3)	1790(49.9)	
	Ibuprofen	1268(35.3)	1921(53.6)	
	Vaccine	103(2.9)	2986(83.3)	
87				
88	Table 4.			
	Table 4. Transmission	n, Signs, and Symptoms of CO	VID-19: (n=3	3586)
			YES(%)	NO
		Transmission Path	ways	
	Respiratory droplets	(from coughing or sneezing)	3521(98.2)	21(
	Handshaking	4	3330(92.9)	189
	Touching on infacted		2297(04 4)	121
		person's personal belongings	3387(94.4)	131
	Animals-to-human	person's personal belongings		1973
		person's personal belongings		
	Animals-to-human	person's personal belongings	910(25.4)	1973
	Animals-to-human Undercooked food		910(25.4) 1301(36.3)	1973 1734
	Animals-to-human Undercooked food Sexual contact		910(25.4) 1301(36.3) 1210(33.7) 1130(31.5)	1973) 1734) 1477)
	Animals-to-human Undercooked food Sexual contact	ion	910(25.4) 1301(36.3) 1210(33.7) 1130(31.5)	1973) 1734) 1477)

3037(84.7)

358(10.0)

191(5.3)

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19		Sore throat Headache Chest pain Body aches Fatigue Diarrhea
20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41	389 390	Dry cough Productive of Bleeding Asymptoma Table 5.
42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60		Does wearin protection fr Does washin protection fr

1

dache	3186(88.8)	190(5.3)	210(5.9)
st pain	3050(85.0)	254(7.1)	282(7.9)
y aches (generalized pain)	3019(84.2)	260(7.2)	307(8.6)
gue	3405(95.0)	72(2.0)	109(3.0)
rrhea	1972(55.0)	971(27.1)	643(17.9)
cough	3466(96.7)	44(1.2)	76(2.1)
ductive cough	458(12.8)	2586(72.1)	542(15.1)
eding	130(3.6)	2613(72.9)	843(23.5)
mptomatic	2221(61.9)	375(10.5)	990(27.6)
lle 5.			
le 5. Prevention Methods: (n= 3586)			

YES(%) NO(%)

KNOW(%)

DO NOT

Does wearing a face mask outside the home offer protection from Covid-19?	3204(89.3)	314(8.8)	68(1.9)
Does washing hands with soap and water offer protection from Covid-19?	3574(99.7)	5(0.1)	7(0.2)

Page 23 of 37

Does avoiding crowded places offer protection from Covid-19?	3574(99.7)	4(0.1)	8(0.2)
Does the flu vaccine offer protection from Covid- 19?	331(9.2)	2482(69.2)	773(21.6)
Does staying at home offer protection from Covid- 19?	3554(99.1)	15(0.4)	17(0.5)
Does using hand sanitizer offer protection from Covid-19?	3430(95.6)	104(2.9)	52(1.5)
Does cleaning house items with bleach offer protection from Covid-19?	3408(95.0)	110(3.1)	68(1.9)
Does cleaning fruits and vegetables with soap and water offer protection from Covid-19?	3262(90.9)	221(6.2)	103(2.9)
Does cleaning surfaces with a mixture of Flash and bleach offer protection from Covid-19?	158(4.4)	3301(92.1)	127(3.5)
Does the quarantine of symptomatic individuals protect others from Covid-19?	3305(92.2)	241(6.7)	40(1.1)
Do cumin, anise, and mint offer protection from Covid-19?	1041(29.0)	1934(53.9)	611(17.1)

392	Table	6.
-----	-------	----

Table 6. Mean knowledge score of participants by demographic variables (one way ANOVA), (n= 3586)

Chai	racteristics	Number of participants (%)	Knowledge Score (%)	F-test	P-value
Gender	Male	1142(31.8)	75.0	-2.625	0.009*
	Female	2444(68.2)	75.9		
Age-group	<16	59(1.6)	71.5	4.770	0.003*
(years)	16-30	2789(77.8)	75.8		
	31-45	503(14.0)	75.7		
	>45	23(6.6)	74.8		
Social status	Single	2279(63.5)	75.8	2.485	0.042*

Page 25 of 37

	In a relationship	286(8.0)	76.6		
	Married	943(26.3)	75.1	-	
	Divorced	46(1.3)	73.9	-	
	Widowed	32(0.9)	73.4	-	
Residence	Urban	2426(67.7)	75.8	1.652	0.099
	Rural	1160(32.3)	75.3	-	
Education	Primary school	25(0.7)	66.5	26.176	0.000*
	Intermediate school	166(4.6)	73.2		
	Secondary school	375(10.4)	70.0		
	College/University	2839(79.2)	76.3		
	Master's degree	157(4.4)	77.2		

	PhD	24(0.7)	76.6		
Occupation	Health care worker	634(17.7)	78.6	16.379	0.000*
	Government	283(7.9)	75.7		
	0				
	Private institution	182(5.1)	75.5		
	Business	198(5.5)	73.4		
	Military	32(0.9)	71.2	k.	
	Unemployed	1822(50.8)	75.3		
	Other	435(12.1)	74.0		

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

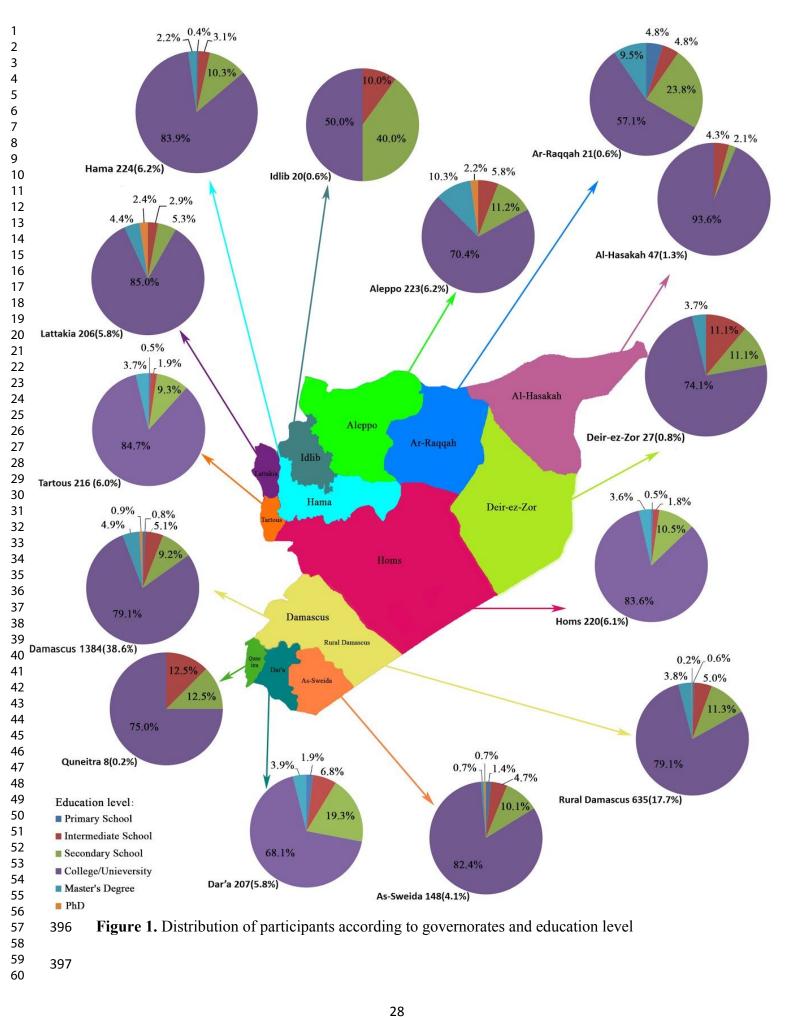
Page 27 of 37

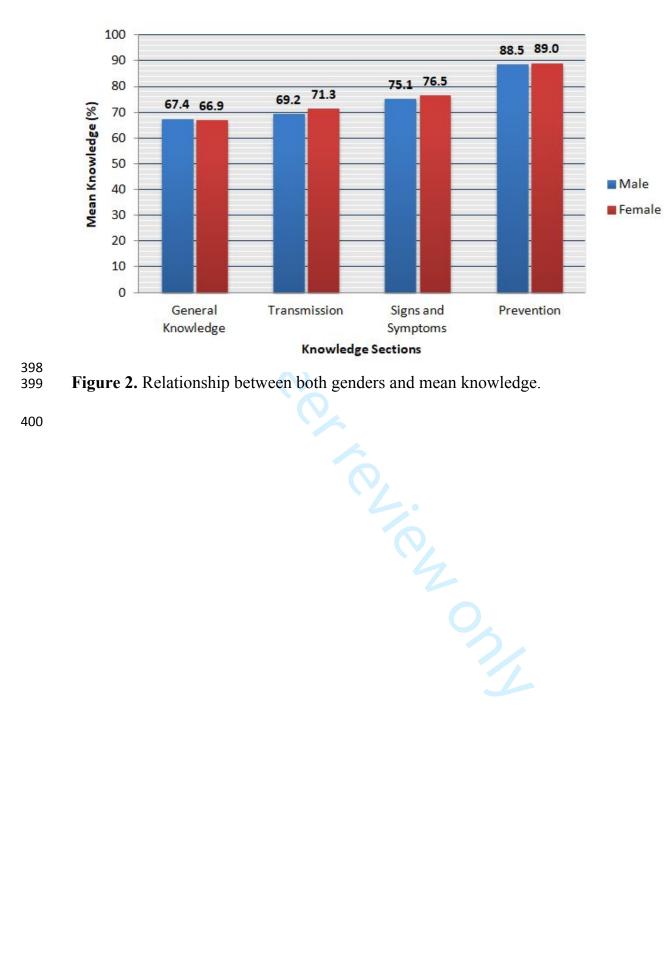
	Economic status	Excellent	331(9.2)	76.6	7.108	0.000*
		Good	1761(49.1)	76.2		
		Moderate	1247(34.8)	74.9		
		Poor	247(6.9)	74.3		
	Household members	0	46(1.3)	74.4	15.451	0.000*
		1-5	2751(76.7)	76.1		
		>5	789(22.0)	74.0		
393 394	Table 7.					
	Table 7. Multij	ole linear regression on	variables associated	with poor COVID-	19 knowledg	e
	Variable		Coefficient	Standard error	t	Р
	Gender (male v	vs. female)	-0.933	0.334	-2.794	0.005*

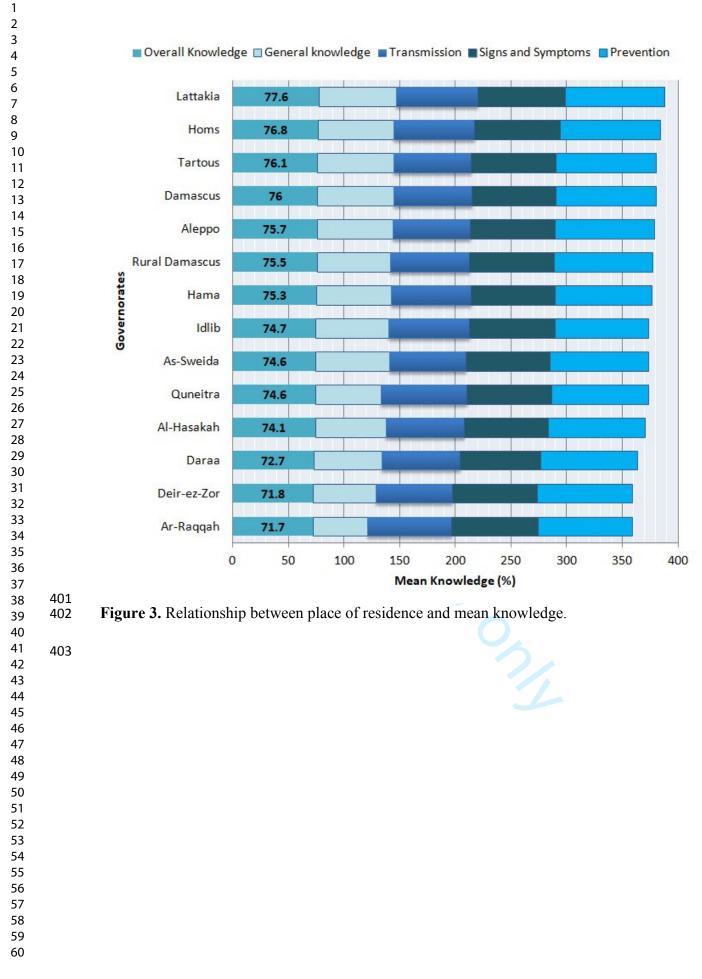
Education (primary, intermediate, secondary school vs. college/university,	-3.782	0.466	-8.125	0.000*
master, PhD)				
Occupation (government, private sector,		0.474	-7.579	0.000*
business, military, unemployed, other vs. health care worker)				
Economic status (moderate, poor vs. excellent, good)	-0.669	0.325	-2.057	0.040*
Household members(>5 vs. 1-5)	-1.737	0.374	-4.648	0.000*

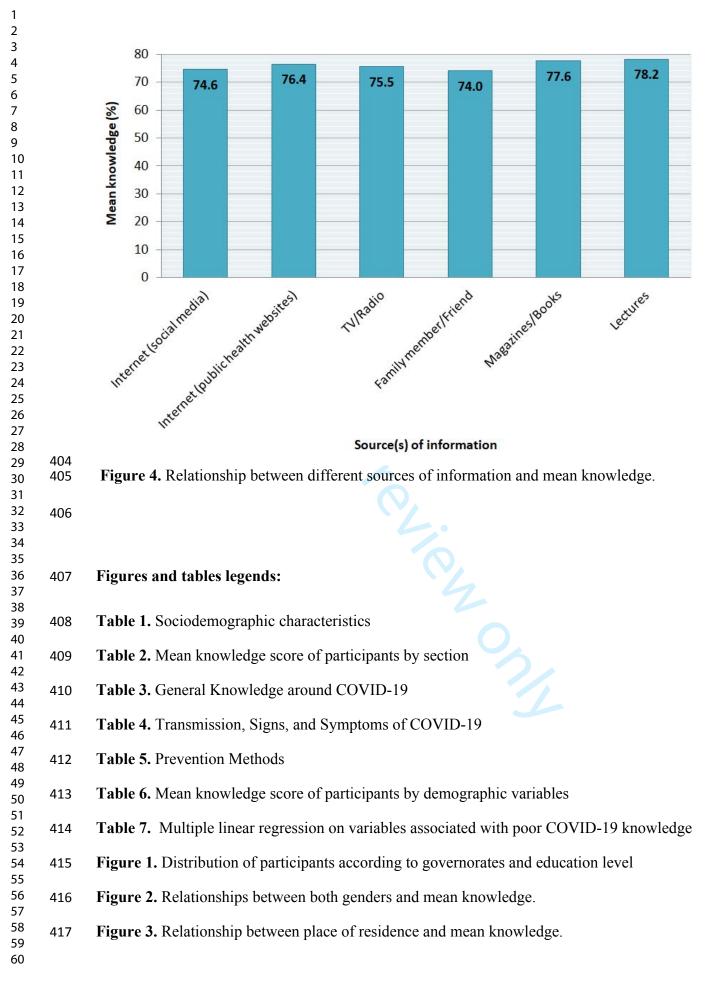
Page 29 of 37

BMJ Open









2		
3 4	418	Figure 4. The relationship between different sources of information and mean knowledge.
5		
6	419	
7	420	References:
8 9	421	1 Zhang D.L. Lup W. Lill M. Zhang O.O. Liu Y.C. Li W.T. et al. Knowledge attitudes and
10	421	1. Zhong B-L, Luo W, Li H-M, Zhang Q-Q, Liu X-G, Li W-T, et al. Knowledge, attitudes, and practices towards COVID-19 among Chinese residents during the rapid rise period of the COVID-19
11	422 423	outbreak: a quick online cross-sectional survey. International Journal of Biological Sciences.
12	423 424	2020;16(10):1745.
13	424	2. Khader Y, Al Nsour M, Al-Batayneh OB, Saadeh R, Bashier H, Alfaqih M, et al. Dentists'
14	425	Awareness, Perception, and Attitude Regarding COVID-19 and Infection Control: Cross-Sectional
15 16	420	Study Among Jordanian Dentists. JMIR Public Health and Surveillance. 2020;6(2):e18798.
17	427	3. Naming the coronavirus disease (COVID-19) and the virus that causes it. World Health
18	429	Organization. 2020.
19	430	4. Huang C, Wang Y, Li X, Ren L, Zhao J, Hu Y, et al. Clinical features of patients infected with
20	431	2019 novel coronavirus in Wuhan, China. The Lancet. 2020;395(10223):497-506.
21	432	5. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 106. 2020.
22	433	 Organization WH. Getting your workplace ready for COVID-19: How COVID-19 spreads, 19
23 24	434	March 2020. World Health Organization; 2020.
24 25	435	7. McKernan B. Syria confirms first Covid-19 case amid fears of catastrophic spread. The
26	436	Guardian. 2020.
27	437	8. Gharibah M, Mehchy Z. COVID-19 pandemic: Syria's response and healthcare capacity. 2020.
28	438	9. Ajilore K, Atakiti I, Onyenankeya K. College students' knowledge, attitudes and adherence to
29	439	public service announcements on Ebola in Nigeria: Suggestions for improving future Ebola
30	440	prevention education programmes. Health Education Journal. 2017;76(6):648-60.
31	441	10. Tachfouti N, Slama K, Berraho M, Nejjari C. The impact of knowledge and attitudes on
32 33	442	adherence to tuberculosis treatment: a case-control study in a Moroccan region. Pan African
34	443	Medical Journal. 2012;12(1).
35	444	11. McNatt Z, Boothby NG, Al-Shannaq H, Chandler H, Freels P, Mahmoud AS, et al. Impact of
36	445	Separation on Refugee Families: Syrian Refugees in Jordan. 2018.
37	446	12. Syria anniversary press release. United Nations Office for the Coordination of Humanitarian
38	447	Affairs (OCHA). 2020.
39	448	13. UNICEF Syria Crisis Situation Report 2019.
40	449	14. Qarawi A, Ng SJ, Gad A, Luu M, Al-Ahdal T, Sharma A, et al. Awareness and Preparedness of
41 42	450	Hospital Staff against Novel Coronavirus (COVID-2019): A Global Survey - Study Protocol. SSRN
43	451	Electronic Journal. 2020.
44	452	15. Austrian K, Pinchoff J, Tidwell JB, White C, Abuya T, Kangwana B, et al. COVID-19 related
45	453	knowledge, attitudes, practices and needs of households in informal settlements in Nairobi, Kenya.
46	454	2020.
47	455	16. Roy D, Tripathy S, Kar SK, Sharma N, Verma SK, Kaushal V. Study of knowledge, attitude,
48	456	anxiety & perceived mental healthcare need in Indian population during COVID-19 pandemic. Asian
49 50	457	Journal of Psychiatry. 2020:102083.
51	458	17. Hussain T, Khan S, Gilani U, Raza S. Evaluation of General Awareness Among Professionals
52	459	Regarding COVID-19: A Survey Based Study from Pakistan. 2020.
53	460	18. Zhou M, Tang F, Wang Y, Nie H, Zhang L, You G, et al. Knowledge, attitude and practice
54	461	regarding COVID-19 among health care workers in Henan, China. Journal of Hospital Infection. 2020.
55	462	19. Bhagavathula AS, Aldhaleei WA, Rahmani J, Mahabadi MA, Bandari DK. Novel Coronavirus
56	463	(COVID-19) Knowledge and Perceptions: A Survey on Healthcare workers. medRxiv. 2020.
57 58	464	20. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 71. 2020.
59		
60		

BMJ Open

2		
3	465	21. Backer J, Klinkenberg D, Wallinga J. Incubation period of 2019 novel coronavirus (2019-
4	466	nCoV) infections among travellers from Wuhan, China, 20–28 January 2020. Eurosurveillance.
5	467	2020;25.
6	468	22. Plecher H. Age structure in Syria 2018. Statista. 2020.
7	469	 Vadivu TS, Annamuthu P. An Awareness and Perception of COVID-19 among General Public–
8	409	A Cross Sectional Analysis. 2014.
9 10		
10	471	24. Organization WH. Web World Health Organization–Diabetes country profiles. Diakses; 2016.
12	472	25. Tailakh A, Evangelista LS, Mentes JC, Pike NA, Phillips LR, Morisky DE. Hypertension
13	473	prevalence, awareness, and control in A rab countries: A systematic review. Nursing & health
14	474	sciences. 2014;16(1):126-30.
15	475	26. The use of non-steroidal anti-inflammatory drugs (NSAIDs) in patients with COVID-19. World
16	476	Health Organization. 2020.
17	477	27. Practical considerations and recommendations for religious leaders and faith-based
18	478	communities in the context of COVID-19. World Health Organization. 2020.
19	479	28. Safe Ramadan practices in the context of the COVID-19 World Health Organization. 2020.
20	480	29. Surveillances V. The epidemiological characteristics of an outbreak of 2019 novel
21	481	coronavirus diseases (COVID-19)—China, 2020. China CDC Weekly. 2020;2(8):113-22.
22	482	30. Best M, Neuhauser D. Ignaz Semmelweis and the birth of infection control. Quality & safety
23 24	483	in health care. 2004;13:233-4.
24 25	484	31. Rabie T, Curtis V. Handwashing and Risk of Respiratory Infections: A Quantitative Systematic
26	485	Review. Tropical medicine & international health : TM & IH. 2006;11:258-67.
27	486	32. Jefferson T, Foxlee R, Del Mar C, Dooley L, Ferroni E, Hewak B, et al. Physical interventions to
28	487	interrupt or reduce the spread of respiratory viruses: systematic review. Bmj. 2008;336(7635):77-80.
29		
30	488	
31		
32		
33		
34		
35 36		
30 37		
38		
39		
40		
41		
42		
43		
44		
45		
46 47		
47 48		
40 49		
51		
52		
53		
54		
55		
56		
57		

Attached Survey:

Appendix 1

Age (years): □ □Below 15 □15-20 □20-30 □30-50 □40-50 □50-60 □60-70 □Above 70	Gender: □Male □Female
Marital status: □Single □Relationship □Married □Divorced □Widowed	Educational level:□Primary school□Intermediate school□Secondary school□University/College□Master's Degree□PHD Degree
Occupation: □Health care worker □Government institution □Private institution □Business □Military □Unemployed □Other	Residence: Damascus/Rural Damascus □Hama Aleppo □Homs □Tartous □Lattakia Dara'a □As-Sweida □Al Hasakah Deir-ez-Zor □Idlib □Ar-Raqqah □Qunei
Area: □Rural □Urban	Economic Status: □Excellent □Good □Moderate □Poor
Do you smoke? □Yes □No	Do you drink alcohol?
	e do you live with? 11-15 □16-20 □Above 20
Do you share toiletries/perso □Yes	nal care products with others? □No
Do you know anyone in □Yes	nfected with COVID-19? □No
Table 2. General Knowledge about COVID-19	
What is COVID-19? □Virus □Bacteria	Do you know how long after being infected with COVID-19 can a person suffer from sign and symptoms?

Table 2. General	l Knowledge about COVI	ID-19
What is COVID □Virus □Parasite	-19? □Bacteria □Fungus	Do you know how long after being infected with COVID-19 can a person suffer from signs and symptoms?□1 Minute to 1 Hour□1 Hour to 2 Days

□Immunodeficiency □Do not know	□Inherited		□2 Days to 2 □Over a 1 m		□2 W	Veeks to	1Month
Can an infection with	you canno	ot contract	t another infect	tion)?	infected	with CO	VID-19
	□Yes	□No	\Box Do not	know			
Can COVID-19 caus	e severe illness a thma), and t						tension,
ulabetes, as	□Yes				mune sy	stems.	
	Can C	OVID-19	cause infertility	v?			
	□Yes	□No	Do not				
Is COVID-19 tera					to an er	nbryo/fet	tus)?
	□Yes	□No	□Do not	know			
Treatment for COVID	-19						
			Yes	N	lo	Do No	t Know
No treatment available	2						
Antibiotics		6),				
Ibuprofen			1				
			accine for COV				
	□Yes	□No	Do not	KNOW			
Table 3. Transmission	Pathways						
					Yes	No	Do No Know
Can COVID-19 be tra or sneezing) of infected		piratory d	lroplets (cough	ing			
Can COVID-19 be tra individual?	nsmitted after sl	haking-ha	nds with an inf	fected			
Can COVID-19 be tra individual's personal b		ouching a	n infected				
Can COVID-19 be tra	nsmitted from a	nimals to	humans?				
				I			

Г

Can COVID-19 be transmitted via sexual contact	?	
Can COVID-19 be transmitted via vertical trans	nission (mother to	
	· · · · ·	

	True	False	Do Not Know
Is fever/temperature among the signs and symptoms of COVID- 19?			
Is sneezing among the signs and symptoms of COVID-19?			
Is sore throat among the signs and symptoms of COVID-19?			
Is headache among the signs and symptoms of COVID-19?			
Is Chest pain among the signs and symptoms of COVID-19?			
Is body aches (generalized pain) among the signs and symptoms of COVID-19?			
Is fatigue among the signs and symptoms of COVID-19?			
Is diarrhea among the signs and symptoms of COVID-19?			
Is a runny nose among the signs and symptoms of COVID-19?			
Is dry cough among the signs and symptoms of COVID-19?			
Is productive cough among the signs and symptoms of COVID-19?			
Is bleeding among the signs and symptoms of COVID-19?			
Can a person be infected with COVID-19 and have no signs and symptoms?	1		

Table 5. Prevention Methods			
	True	False	Do Not Know
Does wearing a face mask outside the home offer protection from Covid-19?			

Do avoiding crowded places	offer protection from Covid-19?			
Does the flu vaccine offer pro	otection from Covid-19?			
Does staying at home offer p	rotection from Covid-19?			
Does using hand sanitizer of	fer protection from Covid-19?			
Does using bleach to clean ho infection?	ousehold surfaces prevent COVII)-19		
Does cleaning surfaces with a protection from Covid-19?	a mixture of Flash and bleach off	er		
Does the quarantine of symp from Covid-19?	tomatic individuals protect other	s		
Do cumin, anise, and mint of	ffer protection from Covid-19?			
What is your main source of option)	information about COVID-19? (You may choo	se more than	1 01
□Internet (social media plat				
□Internet (Official websites □TV/Radio	s like world health organization)			
□Friends/Member of family	у			
□Magazines/Books				
If you had new informatio	on about COVID-19 would you sh raise awareness?	are it with fri	ends and fam	ily
	\Box Yes \Box No			

BMJ Open

BMJ Open

A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the Syrian Population - a cross-sectional study

Journal:	BMJ Open
Manuscript ID	bmjopen-2020-043305.R1
Article Type:	Original research
Date Submitted by the Author:	06-Jan-2021
Complete List of Authors:	Mohsen, Fatema; Syrian Private University Faculty of Medicine, Bakkar, Batoul; Syrian Private University Faculty of Medicine Armashi, Humam; Syrian Private University Faculty of Medicine Aldaher, Nizar; Syrian Private University Faculty of Medicine; Damascus University Faculty of Medicine
Primary Subject Heading :	Public health
Secondary Subject Heading:	Public health, Infectious diseases
Keywords:	Public health < INFECTIOUS DISEASES, PUBLIC HEALTH, COVID-19





I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

reliez oni

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1	A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the
2	Syrian Population - a cross-sectional study
3	
	Authors, Estama Mahsanl Pataul Pakkarl Human Armashil Nizar Dahar ²³
4	Authors: Fatema Mohsen ¹ , Batoul Bakkar ¹ , Humam Armashi ¹ , Nizar Daher ^{2,3}
5	
6	Affiliations:
7	1Faculty of Medicine, Syrian Private University, Damascus, Syria.
8	2Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
9	Damascus University, Damascus, Syria.
10	3Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
11	Syrian Private University, Rif Dimashq, Syria.
12	
10	Corresponding Author:
13	
14	Fatema Mohsen
15	Faculty of Medicine, Syrian Private University, Mazzeh Street, P.O. Box 36822, Damascus,
16	Syrian Arab republic
17	Tel:00963936396590 Email: fatemamohsena@gmail.com
18	
19	Abstract:

Page 3 of 39

 BMJ Open

Objectives: To gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. **Design:** Web-based cross-sectional survey. Setting: This study was conducted in March 2020, nearly 10 years into the Syrian war crisis. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. Participants: Of 4495 total participants who completed the survey, participants with no known history of Covid-19 infection, residing outside Syria, and who did not fully complete the survey were excluded. The final sample of 3586 participants (completion rate=79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. **Primary and secondary outcome measures:** The First, knowledge of COVID-19 in 4 areas (1. General knowledge 2. Transmission pathways 3. Signs and symptoms 4. Prevention methods). The second, factors associated with poor knowledge. **Results:** Of the 3586 participants, 2444(68.2%) were female, 1822(50.8%) were unemployed, and 2839(79.2%) were college-educated. The study revealed good awareness regarding COVID-19 (mean 75.6%, SD±9.4%). Multiple linear regression analysis correlated knowledge scores with female gender (β =-0.933, p=0.005), education level (β =-3.782, p<0.001), occupation (β =-3.592, p<0.001), economic status (β =-0.669, p<0.040), and the number of household members (β =-1.737, p<0.001).

BMJ Open

3	41	Conclusion: This study revealed some potentially troubling knowledge gaps which underscore
5 6 7	42	the need for a vigorous public education campaign. This campaign must reinforce the public's
8 9	43	awareness, knowledge, and vigilance towards precautionary measures against COVID-19, and
10 11	44	most importantly aid in controlling the worldwide spread of the disease.
12 13 14	45	
15 16	46	Strengths and limitations of this study:
17 18 19	47	. This study assesses COVID-19 knowledge and identifies poor knowledge factors
20 21 22	48	. Data are derived from a large, national survey across Syria, during the lockdown period.
23 24 25	49	. The survey covered socio-demographic information, general knowledge, transmission,
26 27 28	50	symptoms, and prevention.
29 30	51	. Results have broad implications for public health programming and response to COVID-19
31 32 33 34	52	in Syria.
35 36	53	. This web-based cross-sectional study cannot be generalized towards the Syrian population.
37 38 39 40	54	
41 42 43	55	Keywords: Awareness; Knowledge; COVID-19; Pandemic; Syria; War; Population.
44 45 46	56	
47 48 49 50	57	Background:
51 52	58	Coronavirus disease 2019 (COVID-19)is a highly infectious respiratory disease that
53 54 55	59	evolved into a worldwide pandemic threatening a prolonged economic recession. The first
55 56 57	60	incidence was reported at a local seafood market in Wuhan, China. ¹ The virus continues to
58 59 60	61	spread resulting in growing morbidity and mortality cases, hitting the poorest and most

Page 5 of 39

BMJ Open

vulnerable in the world. Many studies have assessed symptom clusters, transmission pathways,
and prevention methods; however, many aspects have yet to be proven.^{2 3} Sexual transmission,
horizontal transmission, animal to human transmission, permanent immunity, and fetal
abnormalities as a result of maternal infection are unproven.

The battle against COVID-19 in Syria is still in its infancy. The first confirmed case was announced on March 22,⁴ and there had only been 44 cases and 3 deaths to date. These figures are significantly lower than neighbouring countries such as Turkey (127,659 and 3,461), Iran (98,647 and 6,277), Iraq (2,346 and 98), Lebanon (740 and 25), and Jordan (465 and 9).⁵ The Syrian healthcare system is severely under-equipped and lacks the capacity to contain such a crisis. The estimated number of intensive care unit (ICU) beds with ventilators is a mere 325, and the theoretical maximum number of cases that can be adequately treated is only 6,500.⁶ Once this maximum threshold capacity is exceeded, drastic rationing decisions will have to be made. Therefore, cooperation with and response to guidance from the WHO are of utmost importance. Unprecedented measures have been adopted to control the spread of COVID-19 in Syria.⁶ The public's adherence to these control measures- is largely affected by their awareness, knowledge, and attitudes towards pandemics.78

The Syrian conflict, now in its 10th year, has resulted in the worst refugee crisis since World War II.⁹ The devastating impact of war has placed the public health system under constant strain; the numbers of casualties continue to rise, 70% of health care workers have fled the country, the annihilation of healthcare facilities, and the "weaponization" of the healthcare are ongoing challenges.^{6 10} These challenges along with dense residential areas, the growing prevalence of chronic illness, and 83% of the population living under the poverty line make Syria highly vulnerable to a severe outbreak.^{6 11}

85 While some studies have been conducted to assess the knowledge, attitude, and 86 practices among populations during this pandemic, including one done in China, none have

BMJ Open

done so in Syria.¹²⁻¹⁹ To our knowledge this first study that aims to measure the awareness and general knowledge of COVID-19 among the Syrian population at a time where ambiguity and misinformation are rampant. The objective of this study is to gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. The information gleaned from this research will help with public health programming and response to COVID-19 in Syria as the pandemic continues to unfold.

96 Methods:

97 Study design, setting and, participants:

This web-based cross-sectional survey was conducted between March 31st and April 4th, during the lockdown period. Ethical approval was obtained from the Institutional Review Board (IRB) of the Faculty of Medicine, Syrian Private University. All participants, who completed the survey, and residing in Syria with no known history of COVID-19 infection were included in the study. The authors designed questions that were modelled after existing surveys.^{12 13} The survey was translated to Arabic and was reviewed by two dialectologists and two infectious disease specialists, who evaluated whether the survey questions effectively assessed COVID-19 knowledge, and checked for double-barrelled and confusing questions, to ascertain the validity. We conducted a pilot study on 20 people to assess reliability clarity, relevance, and the acceptability of the survey; these were excluded from the final sample to avoid bias. Modifications were made based on feedback received to facilitate better comprehension before distributing the final survey to the general population. The Arabiclanguage survey was posted on various social media platforms including WhatsApp, Telegram,

Page 7 of 39

BMJ Open

Instagram, and Facebook targeting various social groups. To avoid non-response bias the survey was distributed during lockdown where the majority of the population were out of work and at home, GIFs and posts were adapted to appeal to each social group, the questions were made short and in the form of multiple choice questions that required no typing, and the ability for viewers to comment on the link increased the popularity of the survey. Participants confirmed their voluntary participation by answering a yes-no question, were informed of the option to opt-out of the survey at any time, and were assured of the confidentiality and anonymity of their responses. After confirmation, participants were directed to the first part of the survey to complete questions about socio-demographic information including, age, gender, residence, education level, occupation, and economic status. Participants under the age of 18 required informed parental consent, as well as submission of parent/guardian contact information. The researchers were responsible for contacting the parents/guardians to obtain consent before the child was given access to the survey. The sample size calculated was 2401 participants based on an error margin of 2%, and a confidence level of 95%, for a population of people using sample size calculator (website: а https://www.surveysystem.com/sscalc.htm). The self-administered survey contained 40 questions divided into 4 sections: general knowledge (10 questions), transmission pathways (7 questions), clinical features (12 questions), and prevention methods (11 questions). The survey is available in appendix 1.

Patient and public involvement:

The public were not involved in the study design, conduct of the study, or plans to disseminate the results to study participants.

Statistical analysis

A scoring system was used to analyse the participants' knowledge: a score of "1" was given for a correct answer and a score of "0" was given for an incorrect answer. The percentage score for mean knowledge was calculated as follows: sum of scores obtained/maximum scores that could be obtained \times 100. Participants' total mean knowledge in all the subsections, and mean knowledge of each subsection were calculated. Data were analysed using the Statistical Package for Social Sciences version 25.0 (SPSS Inc., Chicago, IL, United States) and reported as frequencies and percentages (for categorical variables) or means and standard deviations (SD) (for continuous variables). The t-test was applied to compare mean knowledge scores against both genders, and 3 questions (knowing an infected individual, use of personal belongings and dissemination of knowledge). The t-test was applied to compare mean knowledge scores against age. One-way analysis of variance (ANOVA) was applied using f-test to compare mean knowledge scores against socio-demographic variables (age, social status, residence, education level, occupation, economic status, and number of household members), and source of information. Multivariable linear regression analysis using the socio-demographic variables as independent variables (categorical) and mean knowledge score as the outcome variable (continuous) was conducted to identify factors associated with knowledge. Factors were selected with a backward method and were analysed using unstandardized coefficient (β), odds ratio (OR), and 95% confidence interval. P-values<0.05 were considered statistically significant.

Results:

155 Socio-demographics characteristics:

Of 4495 total participants who completed the survey, participants with no known history of Covid-19 infection, residing outside Syria, and who did not fully complete the survey were excluded. The final sample of 3586 participants (completion rate= 79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. Participants aged >20 years were the majority 1204(33.6%) while participants between 35 and 39 were the minority 186(5.2). Participant ages ranged from 12-78 years with a mean of 30 (\pm 10) years). 2279(63.6%) participants were single, 1822(50.8%) were unemployed, 1064(29.7%) were smokers, and 428(11.9%) were alcohol consumers (Table 1). The majority of participants were residents of Damascus/ Rural Damascus 2019(56.3%) and had attained college/university level education (Figure 1).

165 Genera

General Knowledge regarding COVID-19:

Participants showed a good level of awareness regarding COVID-19 (75.6 \pm 9.4%). An adequate level of basic knowledge (67.0 $\pm 18.9\%$) was found among participants, 3383(94.3\%) knew that a virus was the causative agent of COVID-19; 2535(70.7%) correctly identified the incubation period as being between 2 days and 2 weeks. Only 1500(41.8%) knew that an infection with COVID-19 does not confer lifelong immunity. The majority of participants 3489(97.3%) were aware that COVID-19 infection in high-risk groups can be fatal. There is currently insufficient evidence on whether infertility is a complication of COVID-19 infection; 461(12.9%) participants believed that COVID-19 can cause infertility while 1903(53.0%) did not. 2986(83.3%), and 2597(72.4%) correctly answered that there are currently no available vaccine or treatments; however, there were misconceptions about the efficacy of antibiotics and Ibuprofen as treatments, 1228(34.2%) and 1268(35.3%) respectively (Table 2).

177 Transmission and Signs and Symptoms regarding COVID-19:

There was a fair level of awareness (70.7 \pm 16.9%) regarding COVID-19 transmission pathways. A high level of awareness was demonstrated regarding common transmission pathways: 3521(98.2%), 3387(94.4%), and 3330(92.9%) identified respiratory droplets, touching an infected person's personal belongings, and handshaking respectively. There is currently limited evidence on animal-to-human and sexual transmission; 703(19.6%) did not know if transmission occurs between animals and humans, while 899(25.1%) did not know if the virus is transmitted sexually (Table 2).

The data showed a good level of awareness (76.0 \pm 13.6%) regarding clinical features. When asked about the main clinical features, participants correctly identified, fever 3563(99.4%), sore throat 3037(84.7%), headache 3186(88.8%), chest pain 3050(85.0%), general pain 3019(84.2%), fatigue 3405(95.0%), and dry cough 3466(96.7%), whereas only 1972(55.0%) knew that diarrhea can be a symptom. Only 2221(61.9%) were aware that infected individuals may be asymptomatic (Table 2).

Prevention Methods regarding COVID-19:

The highest level of awareness was in the prevention section (88.8 ±10.2%). Washing
hands with soap, avoiding crowded areas, remaining at home, and wearing a face mask outside
are the principal preventative measures against COVID-19, 3574(99.7%), 3574(99.75%),
3554(99.1%), and 3204(89.3%), respectively. A minority 158(4.4%) believed that cleaning
with a mixture of Flash and bleach is a sound preventive measure. Only 2482(69.2%) knew
that the flu vaccine offers no protection against COVID-19 (Table 2).

198 Statistical Analysis of the Data:

A series of one way ANOVA analyses revealed that mean knowledge differed 200 significantly across: gender (p-value=0.009), age (p-value=0.003), social status (pPage 11 of 39

BMJ Open

value=0.042), education level (p-value<0.001<0.001), economic status (pvalue<0.001<0.001), number of household members (p-value<0.001<0.001), place of residence (p-value<0.001), and source of information (p-value<0.001) (Table 3). Participants living in Lattakia (77.6%) exhibited the greatest awareness, whereas those in Ar-Raggah (71.7%) followed by Deir-ez-Zor (71.8%) exhibited the lowest. The mean knowledge differed across groups that acquired information from different sources, the lowest awareness was among participants who chose family members/friends as one of their source(s) (74.0%), whereas those with the highest awareness acquired their information from lectures as one of their source(s) (78.2%), (Table 3).

When participants were asked if they were likely to share new information with friends and family, 3513(98.0%) answered "yes". There was a significant difference in mean knowledge between those who were inclined to disseminate new information about COVID-19 to friends and family (75.7%) compared with those who were not (72.3%) (p-value=0.002). On exclusive use of personal belongings, 2692(75.1%) answered "yes". We found no significant correlation between mean knowledge and participant tendency to share personal belongings with others (p-value=0.112). Of participants who knew someone infected with COVID-19, 65(1.8%) answered "yes". There was no significant difference in mean knowledge between those who knew an infected individual (75.9%) compared with those who did not (75.6%) (p-value=0.816).

220 Multiple linear regression:

Multiple linear regression analysis results: male gender (vs. female, β =-0.933, p=0.005); education of secondary school or lower (vs. college/university and above, β =-3.782, p<0.001); careers in government, private, business, military, and "other" sectors, as well as unemployment (vs. health care workers, β =-3.592, p<0.001); poor and moderate economic

BMJ Open

status (vs. good and excellent, β =-0.669, p<0.040); and over 5 household members (vs. of 1-5, β =-1.737, p<0.001) were associated with significantly lower knowledge scores (Table 4). Careers in health care (vs. Unemployed, β =3.592, p-value=<0.001), and the 31-45 age group (vs. 16-30, β =1.511, p-value=0.005) were associated with significantly higher knowledge scores.

Discussion:

During this time of Covid-19, the amount of ambiguity is larger than normal, we cannot know for sure when there will be vaccines or treatments, neither provide sufficient evidence to support Sexual transmission, horizontal transmission, animal to human transmission, permanent immunity, and fetal abnormalities as a result of maternal infection. We found an overall mean knowledge score of 75.6%, indicating that most participants were relatively knowledgeable about COVID-19, though less so compared to their counterparts in China (90%).¹² This level of knowledge was unexpected given that when we carried out the survey, only 10 cases of COVID-19 had been confirmed in Syria.²⁰

We found that poor knowledge was associated with males, non-post-secondary education, non-healthcare occupations, unemployment, poor and moderate economic status, and households exceeding 5 members. Similar trends were observed in China.¹² Correlating socio-demographic variables with awareness is critical to public health efforts to mitigate the spread of COVID-19. This data obtained can be leveraged by the Syrian Ministry of Health to tailor prevention and educational campaigns to populations with the widest knowledge gaps.

In the general knowledge section (67%), the majority of the participants 3383(94.3%)
knew that COVID-19 is caused by a virus, similar to a Pakistani study (93.3%).¹⁷ Low

BMJ Open

awareness of the 2 to 14 day incubation period was found,²¹ among dentists (36.1%), and health care workers (HCW) (36.4%).^{13 19} Our study showed a higher level of awareness 2535(70.7%) among the population. Syria has a relatively young population; 2018 showed that only 4.5% of the population was over 65.²² 3489(97.3%) knew that COVID-19 infection can be severe and lead to death in elderly, chronically ill, and immunodeficient patients. This is higher than studies conducted in China (73.2%), and India (88.37%).^{12 23} 40.6% of Syrians are hypertensive, yet a staggering 79.8% of them are unaware of their condition. Diabetes is also prevalent, affecting 11.9% of the population.^{24 25} Such a rampant lack of awareness about chronic disease in the population can be fatal and underscores the need for targeted awareness campaigns.

Only 2597(72.4%) participants knew that there is currently no available treatment; this is higher than a Kenyan study (40%) but significantly lower than a Chinese study (94%).^{12 15} A minority 103(2.9%) participants thought there was a vaccine available against COVID-19; by contrast, Coimbatore District (18.6%) and Pakistan (11.6%) were misinformed. In the absence of a vaccine or effective treatment protocol for COVID-19, controlling the spread of the disease is the best line of defence. We observed a considerable knowledge gap in 1268(35.3%) with regards to ibuprofen as a treatment option. There is no available evidence to suggest that ibuprofen is effective against COVID-19.²⁶

Participants showed a fair level of awareness regarding transmission pathways (70.7%),
very similar to a Pakistani study (70.8%).¹⁷ The majority 3521(98.2%) of participants were
aware that respiratory droplets are common transmission vectors this is similar to a Chinese
study (97.8%), but much higher than an Indian study (29.5%).¹² ¹⁶ WHO advice on physical
distancing include: using greetings that replace physical contact with a wave, nod, bow, peace
sign, sign language, friendly words or smiles.²⁷ ²⁸ 3330(92.9%) participants identified
handshaking as a transmission pathway, higher than a study among dentists (85.6%).¹³

BMJ Open

A good level of awareness was found regarding the clinical features of COVID-19 (76.0%), similar to a Pakistani (77.7%).¹⁷ A very high level of awareness of the most common symptoms was found: fever 3563(99.4%), dry cough 3466(96.7%), fatigue 3405(95.0%), and myalgia 3019(84.2%), similar to findings from Chinese (96.4%) and Indian (95.4%) studies.¹² ²³ When asked about sore throat, a higher level of awareness 3037(84.7%) was found compared to studies from India (15.2%) and among dentists (28.5%).^{13 16} Knowledge about diarrhea as a symptom was lacking: only 1972(55.0%); a study among dentists also showed low awareness (39.9%). ¹³ ¹⁶ While infected individuals are frequently asymptomatic, or present with mild symptoms, around 1 in every 5 infections can be serious enough to require hospitalisation.^{29 30} Only 2221(61.9%) participants were aware that infected individuals can be asymptomatic, while a study among dentists (34.5%) reported much lower awareness. "Silent spreaders" may significantly contribute to the transmission of COVID-19, and so increasing public awareness of this particular point is crucial

We found a high level of awareness in the preventive methods section (88.8%), similar to a study in Pakistan (85%).¹⁷ Hand hygiene is considered an important element of infection control dating back to the revolutionary work of Ignaz Semmelweis.³¹ Implementing handwashing techniques can break the transmission cycle and reduce the risk of infection by 6%-44%.³² Almost all 3574(99.7%) participants were aware that washing hands with soap and water is an important preventive measure against COVID-19. This finding is in accordance with India (97.0%), and other studies (96.2%, and 87%).^{13 16 19}

This year the WHO recommended that the following mitigation measures be implemented during the holy month of Ramadan: cancelling social and religious gatherings, holding events outdoors for adequate ventilation, physical distancing of at least 1 meter between people, and the use of technology to broadcast ceremonies on television.^{27 28} The majority 3574(99.7%) identified avoiding mass gatherings as a preventive measure; studies in

BMJ Open

298 China (98.6%) and Coimbatore District (97.7%) reported similar awareness.¹² ²³ Cheap and 299 efficient interventions such as N95 (filtration capacity=95%) have a 91% effectiveness of 300 blocking pathogen transmission.³³ 3204(89.3%) participants considered wearing a face mask 301 when leaving home as an effective prevention method, compared with a Coimbatore District 302 study (93.02%).²³

Since Syrian society is particularly vulnerable to COVID-19, this knowledge gap is potentially dangerous and should be addressed to mitigate disease spread. Only 2482(69.2%) knew that the flu vaccine offers no protection against COVID-19; this is similar to a Coimbatore District study (67.4%), but lower than a study amongst HCWs (90.7%).¹⁹²³ Mixing flash with bleach is highly toxic and caustic to the respiratory tract. Only a minority of participants 158(4.4%) believed that this method of cleaning is a sound preventive measure. 3305(92.2%) were aware that individuals showing symptoms should quarantine themselves, lower than in China (98.2%) and India (95.8%).^{12 16}

North-East Syria (NES) has a population of over 4 million people, 600,000 of whom are internally displaced refugees, 100,000 of whom live in overcrowded camps: only 2 of NES's 11 hospitals are currently functioning. NES consists of 3 governorates: Ar-Raqqah, Deir-ez-Zor, and Al-Hasakah. With only 22 ICU beds, (18 in Al-Hasakah, 4 in Ar-Raggah, and none in Deir-ez-Zor), the maximum capacity threshold is only 80 COVID-19 cases. Ar-Ragga and Deir-ez-Zor, the most vulnerable governorates, also showed the lowest awareness in the study (71.7%), and (71.8%). This is a potentially catastrophic situation, and a concern to the international community, as an unmonitored, uncontrolled outbreak in NES can prolong the global pandemic.

321 Limitations:

BMJ Open

Our findings can only be generalized about online users of well-educated Syrians of good socio-economic status. Syrians vulnerable to COVID-19, such as the elderly and rural residents, are more likely to exhibit poor knowledge and awareness due to limited internet access. As such, reaching out to these populations must be prioritized. Even though all Syrian governorates were represented in this study, most participants lived in Damascus and Rural Damascus. Furthermore, an assessment of attitudes and practice towards COVID-19 is needed.

Conclusion:

COVID-19 has been a dire warning to humanity about the fragility of its social, economic, and healthcare institutions. Our study revealed good public awareness of clinical features and preventive measures. However general knowledge and knowledge about transmission pathways was suboptimal. Syrians of good socio-economic status, in particular young well-educated women, have shown good knowledge. Our national response must adapt to the growing threat of COVID-19 by adopting public awareness strategies and behaviours to contain the disease both within and beyond our borders.

Abbreviations: COVID-19: Coronavirus Disease 2019; MERS: Middle East Respiratory Syndrome; SARS: Severe Acute Respiratory Syndrome; WHO: World Health Organization; PHEIC: Public Health Emergency of International Concern; ICU: Intensive care unit; IRB: Institutional Review Board; SPSS: Statistical Package for Social Sciences; SD: Standard Deviation; HCW: Health Care Worker.

Acknowledgments:

1 2		
2 3 4	345	We are thankful to the management of the Syrian Private University for the support in
5 6 7	346	the field of medical training and research. We are thankful to everyone who participated in this
7 8 9	347	study and for Mrs. Marah Muarrawi to her statistical help.
10 11 12	348	
13 14 15	349	Funding:
16 17 18	350	This research received no specific grant from SPU or any other funding agency in the
19 20	351	public, commercial or non-profit sectors.
21 22 23 24	352	
25 26 27	353	Availability of data and materials:
28 29	354	All data related to this paper's conclusion are available and stored by the authors. All
30 31 32	355	data are available from the corresponding author on a reasonable request.
33 34	356	
35 36 37	357	Declarations:
38 39	358	Ethics approval and consent to participate:
40 41	359	This study was approved by the Institutional Review Board (IRB) at the Syrian Private
42 43	360	University (SPU). All Participants confirmed their written consent by answering a yes-no
44 45 46	361	question. Participants under the age of 18 required verbal informed parental consent, as well as
47 48	362	submission of parent/guardian contact information. The researchers were responsible for
49 50	363	contacting the parents/guardians to obtain verbal consent before the child was given access to
51 52 53	364	the survey. The verbal and written form of consent was approved by the IRB at SPU.
55 55	365	Participation in the study was voluntary and participants were assured that anyone who was
56 57	366	not inclined to participate or decided to withdraw after giving consent would not be victimized.
58 59 60	367	All information collected from this study was kept strictly confidential.

368 369									
370 371			that they have	no competing int	erests.				
372 373	Authors' contributions: FM conceptualized the study, participated in the design, wrote the study protocol,								
374	performed the	e statistical ar	nalysis, did a	literature search,	, and drafted the ma	nuscript. BB			
375	participated in study design, did a literature search, and drafted the manuscript. HA, and ND								
376	did a literature	e search, and r	evision of the	draft. All authors	s read and approved t	he final draft.			
377									
378 379	Tables and Fi Table 1.	igures:							
380	Table 1. Socio	o-demographic	c characteristic	s: (n=3586)					
	Gender (%)	Male	1142(31.8)	Education (%)	Primary School	25(0.7)			
		Female	2444(68.2)		Intermediate School	166(4.6)			
	Age (%)	<20	1204(33.6)		Secondary school	375(10.4)			
		20-24	1104(30.8)		College/University	2839(79.2)			
		25-29	446(12.4)		Master's degree	157(4.4)			
		30-34	266(7.4)		PhD	24(0.7)			
	369 370 371 372 373 374 375 376 377 378 378	369Not ap370Competing in The au371Authors' competing FM competing FM competing FM competing FM competing Table 1374performed the did a literature 377375participated in did a literature 377378Tables and Fin Table 1.379Table 1.380Gender (%)	369Not applicable.370Competing interests: The authors declare371Authors' contributions: FM conceptualized372Authors' contributions: FM conceptualized373FM conceptualized374performed the statistical at statistical in study design375participated in study design376did a literature search, and r attistical at attistical at 	369Not applicable.370Competing interests: The authors declare that they have371The authors declare that they have372Authors' contributions: FM conceptualized the study, participated in study design, did a literature374performed the statistical analysis, did a375participated in study design, did a literature376did a literature search, and revision of the originate of the statistical analysis, did a377Tables and Figures:379Table 1.380Table 1. Socio-demographic characteristicGender (%)Male1142(31.8)Female2444(68.2)Age (%)<20	369Not applicable.370Competing interests: The authors declare that they have no competing int371The authors declare that they have no competing int372Authors' contributions: FM conceptualized the study, participated in the aparticipated in study design, did a literature search participated in study design, did a literature search, and revision of the draft. All author did a literature search, and revision of the draft. All author did a literature search, and revision of the draft. All author mark the study of the draft. All author378Tables and Figures: Table 1.379Table 1.380Education (%)4Female2444(68.2)Education (%)4Age (%) < 20 $1204(33.6)$ $20-24$ $1104(30.8)$ $20-24$ $1104(30.8)$ $20-24$ $1104(30.8)$	369 Not applicable. 370 Competing interests: The authors declare that they have no competing interests. 371 The authors declare that they have no competing interests. 372 Authors' contributions: FM conceptualized the study, participated in the design, wrote the strength performed the statistical analysis, did a literature search, and drafted the manuscript. 375 participated in study design, did a literature search, and drafted the manuscript. 376 did a literature search, and revision of the draft. All authors read and approved to a literature search. 377 Tables and Figures: 378 Table 1. 380 Table 1. Socio-demographic characteristics: (n=3586) Gender (%) Male 1142(31.8) Education (%) Primary School 4 Female 2444(68.2) Intermediate School 4 20-24 1104(30.8) Secondary school College/University 4 20-24 1104(30.8) College/University Master's degree			

	35-39	186(5.2)	Occupation (%)	Health care worker	634(17.
	>39	380(10.6)		Government institution	283(7.9
Social Status (%)	Single	2279(63.5)		Private institution	182(5.1
	In a relationship	286(8.0)		Business	198(5.5
	Married	943(26.3)		Military	32(0.9)
	Divorced	46(1.3)		Unemployed	1822(50
	Widowed	32(0.9)		Other	435(12.
Economic	Poor	247(6.9)	Household	0	46(1.3)
Status (%)	² Moderate	1247(34.8)	members (%)	1-5	2751(76.
	³ Good	1761(49.1)		>5	789(22)
	Excellent	331(9.2)			

¹Poor: income does not provide essential needs for the family. ²Moderate: income provides essential
 needs for the family but no more. ³Good: income provides essential needs and some luxury

384 requirements. ⁴Excellent: income provides luxury requirements.

Table 2.

Table 2. General Knowledge, Transmission, Signs and Symptoms, and Prevention of COVID-19:(n=3586)

General Knowledge

Causative Agent	Virus	3383(94.3)	Incubation period	1 Minute to	18(0.5)
N(%)		2	N(%)	1 Hour	
	Bacteria	39(1.1)		1 Hour to	58(1.6)
			Þ	2 Days	
	Parasite	8(0.2)		2 Days to 2	2535(70.7)
	Immune	46(1.3)	2	Weeks	
	deficiency		0		
	Fungus	0(0.0)	1	2 Weeks to	958(26.7)
	Inherited	2(0.1)		1 Month	
	Do Not Know	108(3.0)		>1 Month	17(0.5)
		YES(%)	NO(%)	DO N	NOT
				KNOV	W(%)

Can infection with COVID-19	815(22.7)	1500(41.8)	1271(35.5)
confer permanent immunity?			
Can COVID-19 cause severe	3489(97.3)	28(0.8)	69(1.9)
illness and lead to death in elderly,			
chronically ill, and			
immunodeficient patients?			
Can COVID-19 cause infertility?	461(12.9)	1222(34.1)	1903(53.0)
Is COVID-19 teratogenic (i.e.	157(4.4)	1433(40.0)	1996(55.6)
cause malformations/			
abnormalities to an embryo/fetus)?	0		
Is there no available treatment against COVID-19?	2597(72.4)	515(14.4)	474(13.2)
Can COVID-19 be treated with antibiotics?	1228(34.3)	1790(49.9)	568(15.8)
Can COVID-19 be treated with Ibuprofen?	1268(35.3)	1921(53.6)	397(11.1)
Are there available COVID-19 vaccines?	103(2.9)	2986(83.3)	497(13.8)
	Transmission Patl	hways	
Respiratory droplets (from coughing or sneezing)	3521(98.2)	21(0.6)	44(1.2)

Handshaking	3330(92.9)	189(5.3)	67(1.8)
Touching an infected person's personal belongings	3387(94.4)	131(3.7)	68(1.9)
Animals-to-human	910(25.4)	1973(55.0)	703(19.6)
Undercooked food	1301(36.3)	1734(48.3)	551(15.4)
Sexual contact	1210(33.7)	1477(41.2)	899(25.1)
Horizontal transmission	1130(31.5)	1160(32.4)	1296(36.1)
	Signs and Sympt	toms	
Fever	3563(99.4)	9(0.2)	14(0.4)
Sneezing	2353(65.6)	1000(27.9)	233(6.5)
Sore throat	3037(84.7)	358(10.0)	191(5.3)
Headache	3186(88.8)	190(5.3)	210(5.9)
Chest pain	3050(85.0)	254(7.1)	282(7.9)
Body aches (generalized pain)	3019(84.2)	260(7.2)	307(8.6)
Fatigue	3405(95.0)	72(2.0)	109(3.0)
Diarrhea	1972(55.0)	971(27.1)	643(17.9)
Dry cough	3466(96.7)	44(1.2)	76(2.1)
Productive cough	458(12.8)	2586(72.1)	542(15.1)
Bleeding	130(3.6)	2613(72.9)	843(23.5)

Page 23 of 39

Asymptomatic	2221(61.9)	375(10.5)	990(27.6)
	Prevention Meth	nods	
Does wearing a face mask outside	3204(89.3)	314(8.8)	68(1.9)
the home offer protection from			
COVID-19?			
Does washing hands with soap and	3574(99.7)	5(0.1)	7(0.2)
water offer protection from			
COVID-19?			
Does avoiding crowded places	3574(99.7)	4(0.1)	8(0.2)
offer protection from COVID-19?	0		
Does the flu vaccine offer	331(9.2)	2482(69.2)	773(21.6)
protection from COVID-19?	0		
Does staying at home offer	3554(99.1)	15(0.4)	17(0.5)
protection from COVID-19?		2	
Does using hand sanitizer offer	3430(95.6)	104(2.9)	52(1.5)
protection from COVID-19?		2/	
Does cleaning house items with	3408(95.0)	110(3.1)	68(1.9)
bleach offer protection from			
COVID-19?			
Does cleaning fruits and vegetables	3262(90.9)	221(6.2)	103(2.9)
with soap and water offer			
protection from COVID-19?			

Does cleaning surfaces with a	158(4.4)	3301(92.1)	127(3.5)
mixture of Flash and bleach offer a safe protection from COVID-19?			
Does the quarantine of symptomatic individuals protect others from COVID-19?	3305(92.2)	241(6.7)	40(1.1)
Do cumin, anise, and mint offer protection from COVID-19?	1041(29.0)	1934(53.9)	611(17.1)

Table 3.

 Table 3. Mean knowledge score of participants by demographic variables, and source of information

 (one way ANOVA), (n= 3586)

Characteristics	Number of	Mean	F-test/ T-	P-value
		Knowledge		
	participants (%)		test	
		Score		
		(±SD%)		

Gender	Male	1142(31.8)	75.0(±10.1)	-2.625	0.009*
	Female	2444(68.2)	75.9(±9)		
Age-group	<20	1204(33.6)	75.0(±9.9)	2.990	0.011*

Page 25 of 39

(years)	20-24	1104(30.8)	76.4(±9.3)		
	25-29	446(12.4)	76.0(±9.4)		
	30-34	266(7.4)	75.4(±9.4)		
	35-39	186(5.2)	76.1(±7.6)		
	>39	380(10.6)	75.1(±8.6)		
Social status	Single	2279(63.5)	75.8(±9.3)	2.485	0.042
	In a relationship	286(8.0)	76.6(±8.6)		
	Married	943(26.3)	75.1(±9.4)		
	Divorced	46(1.3)	73.9(±8.8)		
	Widowed	32(0.9)	73.4(±15.9)		
Residence	Urban	2426(67.7)	75.8(±9.3)	1.652	0.099

	Rural	1160(32.3)	75.3(±9.6)		
Education	Primary school	25(0.7)	66.5(±12.4)	26.176	<0.001*
	Intermediate school	166(4.6)	73.2(±9.3)		
	Secondary school	375(10.4)	70.0(±13)		
	College/Universit y	2839(79.2)	76.3(±8.9)		
	Master's degree	157(4.4)	77.2(±9.7)		
	PhD	24(0.7)	76.6(±8.5)		
Occupatio n	Health care worker	634(17.7)	78.6(±8.6)	16.379	<0.001*
	Government	283(7.9)	75.7(±7.9)		

1 2
2 3 4
5
6 7 8 9 10
9 10
11 12
13 14 15
15 16 17
18
19 20
21 22 23
24 25
26 27
20 21 22 23 24 25 26 27 28 29
30 31
32 33
34 35 36
36 37 38
39 40
41 42
43 44
45 46
47 48 40
49 50 51
51 52 53
54 55
56 57
58 59

	1			1	
	Private institution	182(5.1)	75.5(±9)		
	Business	198(5.5)	73.4(±10.2)		
	Military	32(0.9)	71.2(±15.6)		
	Unemployed	1822(50.8)	75.3(±9.2)		
	Other	435(12.1)	74.0(±10.2)		
Economic status	Excellent	331(9.2)	76.6(±11.1)	7.108	<0.001*
	Good	1761(49.1)	76.2(±9.4)		
	Moderate	1247(34.8)	74.9(±9)		

	Poor	247(6.9)	74.3(±9.3)		
Household members	0	46(1.3)	74.4(±10.6)	15.451	<0.001*
	1-5	2751(76.7)	76.1(±9)		
	>5	789(22.0)	74.0(±10.2)		
	Health websites	2823(78.7%)	76.4(±8.7)		
	Social media	1998(55.7%)	74.6(±9.6)		
Source of informatio	Television/ radio	1572(43.8%)	75.5(±9)	24.523	<0.001*
n	Family members/ friends	528(14.7%)	74.0(±10.3)		
	Lectures	517(14.4%)	78.2(±7.5)		
	Magazines/ books	266(7.4%)	77.6(±8.8)		

Table 4.

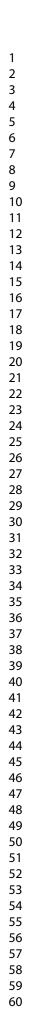
Table 4. Multiple linear regression on variables associated with poor COVID-19 knowledge

Variable	Coefficient	Standard error	t	Р
Male gender (reference: female)	-0.933	0.334	-2.794	0.005*
education of secondary school or lower (reference: college/university and above)	-3.782	0.466	-8.125	<0.001*
careers in government, private, business, military, and "other" sectors, as well as unemployment (reference: health care workers)	-3.592	0.474	-7.579	<0.001*
poor and moderate economic status (reference: good and excellent)	-0.669	0.325	-2.057	0.040*
>5 household members (reference: of 1-5)	-1.737	0.374	-4.648	<0.001*

2 3	393	Figures and tables legends:
4 5	292	riguies and tables legends.
6 7	394	Table 1. Sociodemographic characteristics
8	395	Table 2. General Knowledge, Transmission, Signs and Symptoms, and Prevention around
9 10	396	COVID-19Table 3. Mean knowledge score of participants by demographic variables
11 12 13	397	Table 4. Multiple linear regression on variables associated with poor COVID-19 knowledge
14 15	398	Figure 1. Distribution of participants according to governorates and education level
16	399	
17 18 19	400	References:
20	401	1. Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in
21	402	Wuhan, China. The Lancet 2020;395(10223):497-506. doi: 10.1016/s0140-6736(20)30183-5
22	403	2. Viner RM, Ward JL, Hudson LD, et al. Systematic review of reviews of symptoms and signs of
23 24	404	COVID-19 in children and adolescents. 2020
25	405	3. Rahman HS, Aziz MS, Hussein RH, et al. The transmission modes and sources of COVID-19: A
26	406	systematic review. 2020
27	407 408	4. McKernan B. Syria confirms first Covid-19 case amid fears of catastrophic spread. <i>The Guardian</i> 2020
28	408	5. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 106. 2020
29 30	409	6. Gharibah M, Mehchy Z. COVID-19 pandemic: Syria's response and healthcare capacity. 2020
31	411	7. Ajilore K, Atakiti I, Onyenankeya K. College students' knowledge, attitudes and adherence to
32	412	public service announcements on Ebola in Nigeria: Suggestions for improving future Ebola
33	413	prevention education programmes. <i>Health Education Journal</i> 2017;76(6):648-60.
34	414	8. Tachfouti N, Slama K, Berraho M, et al. The impact of knowledge and attitudes on adherence to
35 36	415	tuberculosis treatment: a case-control study in a Moroccan region. Pan African Medical
30 37	416	Journal 2012;12(1)
38	417	9. McNatt Z, Boothby NG, Al-Shannaq H, et al. Impact of Separation on Refugee Families: Syrian
39	418	Refugees in Jordan. 2018
40	419	10. Syria anniversary press release. United Nations Office for the Coordination of Humanitarian
41	420	Affairs (OCHA) 2020
42 43	421	11. UNICEF Syria Crisis Situation Report 2019
44	422	12. Zhong B-L, Luo W, Li H-M, et al. Knowledge, attitudes, and practices towards COVID-19 among
45	423	Chinese residents during the rapid rise period of the COVID-19 outbreak: a quick online
46	424 425	cross-sectional survey. International Journal of Biological Sciences 2020;16(10):1745.
47	425 426	13. Khader Y, Al Nsour M, Al-Batayneh OB, et al. Dentists' Awareness, Perception, and Attitude Regarding COVID-19 and Infection Control: Cross-Sectional Study Among Jordanian Dentists.
48 49	420 427	JMIR Public Health and Surveillance 2020;6(2):e18798.
49 50	427	14. Qarawi A, Ng SJ, Gad A, et al. Awareness and Preparedness of Hospital Staff against Novel
51	429	Coronavirus (COVID-2019): A Global Survey - Study Protocol. SSRN Electronic Journal 2020
52	430	doi: 10.2139/ssrn.3550294
53	431	15. Austrian K, Pinchoff J, Tidwell JB, et al. COVID-19 related knowledge, attitudes, practices and
54	432	needs of households in informal settlements in Nairobi, Kenya. 2020
55 56	433	16. Roy D, Tripathy S, Kar SK, et al. Study of knowledge, attitude, anxiety & perceived mental
57	434	healthcare need in Indian population during COVID-19 pandemic. Asian Journal of Psychiatry
58	435	2020:102083.
59	436	17. Hussain T, Khan S, Gilani U, et al. Evaluation of General Awareness Among Professionals
60	437	Regarding COVID-19: A Survey Based Study from Pakistan. 2020

2		
3	438	18. Zhou M, Tang F, Wang Y, et al. Knowledge, attitude and practice regarding COVID-19 among
4	439	health care workers in Henan, China. Journal of Hospital Infection 2020
5	440	19. Bhagavathula AS, Aldhaleei WA, Rahmani J, et al. Novel Coronavirus (COVID-19) Knowledge and
6	441	Perceptions: A Survey on Healthcare workers. <i>medRxiv</i> 2020
7	442	20. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 71. 2020
8	442	
9		21. Backer J, Klinkenberg D, Wallinga J. Incubation period of 2019 novel coronavirus (2019-nCoV)
10 11	444	infections among travellers from Wuhan, China, 20–28 January 2020. <i>Eurosurveillance</i>
12	445	2020;25 doi: 10.2807/1560-7917.ES.2020.25.5.2000062
13	446	22. Plecher H. Age structure in Syria 2018. <i>Statista</i> 2020
14	447	23. Vadivu TS, Annamuthu P. An Awareness and Perception of COVID-19 among General Public–A
15	448	Cross Sectional Analysis. 2014
16	449	24. Organization WH. Web World Health Organization–Diabetes country profiles: Diakses, 2016.
17	450	25. Tailakh A, Evangelista LS, Mentes JC, et al. Hypertension prevalence, awareness, and control in A
18	451	rab countries: A systematic review. <i>Nursing & health sciences</i> 2014;16(1):126-30.
19	452	26. The use of non-steroidal anti-inflammatory drugs (NSAIDs) in patients with COVID-19. World
20	453	Health Organization 2020
21	454	27. Practical considerations and recommendations for religious leaders and faith-based communities
22	455	in the context of COVID-19. World Health Organization 2020
23	456	28. Safe Ramadan practices in the context of the COVID-19 World Health Organization 2020
24	457	29. Surveillances V. The epidemiological characteristics of an outbreak of 2019 novel coronavirus
25	458	diseases (COVID-19)—China, 2020. China CDC Weekly 2020;2(8):113-22.
26 27	459	30. Organization WH. Getting your workplace ready for COVID-19: How COVID-19 spreads, 19 March
27 28	460	2020: World Health Organization, 2020.
28 29	461	31. Best M, Neuhauser D. Ignaz Semmelweis and the birth of infection control. <i>Quality & safety in</i>
30	461	
31		health care 2004;13:233-4. doi: 10.1136/qhc.13.3.233
32	463	32. Rabie T, Curtis V. Handwashing and Risk of Respiratory Infections: A Quantitative Systematic
33	464	Review. Tropical medicine & international health : TM & IH 2006;11:258-67. doi:
34	465	10.1111/j.1365-3156.2006.01568.x
35	466	33. Jefferson T, Foxlee R, Del Mar C, et al. Physical interventions to interrupt or reduce the spread of
36	467	respiratory viruses: systematic review. <i>Bmj</i> 2008;336(7635):77-80.
37	460	
38	468	
39		
40		
41		
42 43		
45 44		
44		
46		
47		
48		
49		
50		
51		
52		
53		
54		
55		
56		
57 58		
58 59		
60		

BMJ Open



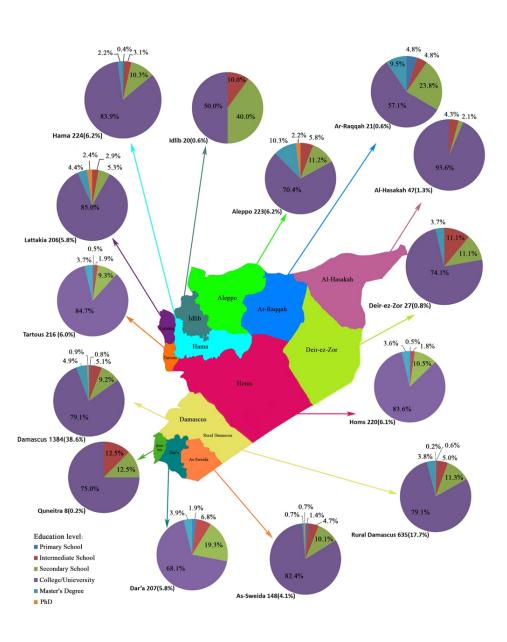


Figure 1. Distribution of participants according to governorates and education level

Attached Survey:

Appendix 1

Socio-demographic Characteristics	
Age (years): Below 15 15-20 20-30 30-50 40-50 50-60 60-70 Above 70	Gender: Male Female
Marital status: Single Relationship Married Divorced Widowed	Educational level:Primary schoolIntermediate schoolSecondary schoolUniversity/CollegeMaster's DegreePHD Degree
Occupation: Health care worker Government institution Private institution Business Military Unemployed Other	Residence:Damascus/Rural DamascusHamaAleppoHomsTartousLattakiaDar'aAs-SweidaAl HasakahDeir-ez-ZorIdlibAr-RaqqahQuneitra
Area:	Economic Status: Excellent Good Moderate Poor
Do you smoke?	Do you drink alcohol? Yes No
How many people Alone 1-5 6-10	e do you live with?]11-15]16-20 Above 20
Do you share toiletries/perso	nal care products with others?
Do you know anyone ir Yes	nfected with COVID-19?

	_		
What is COVID-19? Virus Bacteria Parasite Fungus Immunodeficiency Inherited Do not know Inherited	with COVID- signs and syn 1 Minute Days	19 can a per- ptoms? to 1 Hour [2 weeks [ar being infected son suffer from 1 Hour to 2 2 Weeks to
Can an infection with COVID-19 confer permai	nent immunity	(once infecte	d with COVID-19
you cannot contract a			
Yes No	Do not	know	
Can COVID-19 cause severe illness and lead to diabetes, asthma), and those who h	-	sed immune	
Can COVID-19 ca			
Yes	Do not	know	
Is COVID-19 teratogenic (i.e. cause malform Yes No		alities to an o	embryo/fetus)?
Is COVID-19 teratogenic (i.e. cause malform	ations/abnorm	alities to an o	embryo/fetus)?
Is COVID-19 teratogenic (i.e. cause malform	ations/abnorm	alities to an o	
Is COVID-19 teratogenic (i.e. cause malform Yes No Treatment for COVID-19	ations/abnorm	alities to an o know	
Is COVID-19 teratogenic (i.e. cause malform	ations/abnorm	alities to an o know	embryo/fetus)? Do Not Knov
Is COVID-19 teratogenic (i.e. cause malform Yes No Treatment for COVID-19 No treatment available	ations/abnorm	alities to an o know	

	Yes	No	Do No Know
Can COVID-19 be transmitted via respiratory droplets (coughing or sneezing) of infected individuals?			
Can COVID-19 be transmitted after shaking-hands with an infected individual?			
Can COVID-19 be transmitted after touching an infected individual's personal belongings?			
Can COVID-19 be transmitted from animals to humans?			
Can COVID-19 be transmitted via undercooked food?			
Can COVID-19 be transmitted via sexual contact?			
Can COVID-19 be transmitted via vertical transmission (mother to fetus)?			

be transmitted via vertical transmission (mother to

BMJ Open			
Table 4. Signs and Symptoms of COVID-19			
	True	False	Do No Know
Is fever/temperature among the signs and symptoms of COVID- 19?			
Is sneezing among the signs and symptoms of COVID-19?			
Is sore throat among the signs and symptoms of COVID-19?			
Is headache among the signs and symptoms of COVID-19?			
Is Chest pain among the signs and symptoms of COVID-19?			
Is body aches (generalized pain) among the signs and symptoms of COVID-19?			
Is fatigue among the signs and symptoms of COVID-19?			
Is diarrhea among the signs and symptoms of COVID-19?			
Is a runny nose among the signs and symptoms of COVID-19?			
Is dry cough among the signs and symptoms of COVID-19?			
Is productive cough among the signs and symptoms of COVID-19?			
Is bleeding among the signs and symptoms of COVID-19?			
Can a person be infected with COVID-19 and have no signs and symptoms?			
4 For peer review only - http://bmjopen.bmj.com/site/about/g	uidelines.»	khtml	



1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
22	
24	
25	
26	
27	
28	
29	
30	
31	
32	
33	
34	
35	
36	
37	
38 39	
40	
41	
42	
43	
44	
45	
46	
47	
48	
49	
50	
51	
52	
52 53	
55 54	
54 55	
56	
57	
58	
59	
60	

	True	False	Do No Know
Does wearing a face mask outside the home offer protection from Covid-19?			
Does washing hands with soap and water offer protection from COVID-19?			
Do avoiding crowded places offer protection from Covid-19?			
Does the flu vaccine offer protection from Covid-19?			
Does staying at home offer protection from Covid-19?			
Does using hand sanitizer offer protection from Covid-19?			
Does using bleach to clean household surfaces prevent COVID-19 infection?			
Does cleaning surfaces with a mixture of Flash and bleach offer protection from Covid-19?			
Does the quarantine of symptomatic individuals protect others from Covid-19?			
Do cumin, anise, and mint offer protection from Covid-19?			
What is your main source of information about COVID-19? (You n option)	nay choos	e more tha	in one
Internet (social media platforms)			
Internet (Official websites like world health organization)			
TV/Radio			
Friends/Member of family			
Magazines/Books Lectures			
		1 10	•1 4
If you had new information about COVID-19 would you share it raise awareness?	with frier	nds and fa	mily to
Yes No			

STROBE Statement-checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No.
Title and abstract	1	(<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract	1
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	2,3
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5,6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods			
Study design	4	Present key elements of study design early in the paper	6,7
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	6,7
Participants	6	 (a) Cohort study—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up Case-control study—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls Cross-sectional study—Give the eligibility criteria, and the sources and methods of selection of participants 	6,7
		(b) Cohort study—For matched studies, give matching criteria and number of exposed and unexposed Case-control study—For matched studies, give matching criteria and the number of controls per case	Not applicabl
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	-
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Not applicabl
Bias	9	Describe any efforts to address potential sources of bias	7
Study size	10	Explain how the study size was arrived at	7
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	8
Statistical methods	12	(<i>a</i>) Describe all statistical methods, including those used to control for confounding	8
		(b) Describe any methods used to examine subgroups and interactions	8
		(c) Explain how missing data were addressed	Not applicabl (no missing data)
		(d) Cohort study—If applicable, explain how loss to follow-up	8

1 2 3 4 5 6 7 8		was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy € Describe any sensitivity analyses
9 10 ^C 11 12	ontinued on next page	
13 14 15 16		
17 18 19 20		
21 22 23 24		
25 26 27 28		
29 30 31 32		
33 34 35 36		
37 38 39 40		
41 42 43 44		
45 46 47 48 49		
50 51 52 53		
55 54 55 56 57		
58 59 60		

3
4
5
6
7 8
9
10
11
12
13
14
15
16
17 18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Results			Page No.
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	9
		potentially eligible, examined for eligibility, confirmed eligible, included in the	
		study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	-
		(c) Consider use of a flow diagram	-
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social)	9
data		and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of	Not
		interest	applicable
		© Cohort study—Summarise follow-up time (eg, average and total amount)	Not
			applicable
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	-
		Case-control study—Report numbers in each exposure category, or summary	-
		measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary	29-35
		measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates	34,35
		and their precision (eg, 95% confidence interval). Make clear which	
		confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	29-33
		(c) If relevant, consider translating estimates of relative risk into absolute risk	Not
		for a meaningful time period	applicable
Other analyses	17	Report other analyses done-eg analyses of subgroups and interactions, and	
		sensitivity analyses	
Discussion		4	
Key results	18	Summarise key results with reference to study objectives	13-15
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or	16
		imprecision. Discuss both direction and magnitude of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering objectives,	17
		limitations, multiplicity of analyses, results from similar studies, and other	
		relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	16
Other information	on		
Funding	22	Give the source of funding and the role of the funders for the present study and,	17
		if applicable, for the original study on which the present article is based	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

BMJ Open

BMJ Open

A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the Syrian Population - a cross-sectional study

Journal:	BMJ Open
Manuscript ID	bmjopen-2020-043305.R2
Article Type:	Original research
Date Submitted by the Author:	15-Mar-2021
Complete List of Authors:	Mohsen, Fatema; Syrian Private University Faculty of Medicine, Bakkar, Batoul; Syrian Private University Faculty of Medicine Armashi, Humam; Syrian Private University Faculty of Medicine Aldaher, Nizar; Syrian Private University Faculty of Medicine; Damascus University Faculty of Medicine
Primary Subject Heading :	Public health
Secondary Subject Heading:	Public health, Infectious diseases
Keywords:	Public health < INFECTIOUS DISEASES, PUBLIC HEALTH, COVID-19





I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

reliez oni

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1	A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the
2	Syrian Population - a cross-sectional study
3	
4	Authors: Fatema Mohsen ¹ , Batoul Bakkar ¹ , Humam Armashi ¹ , Nizar Aldaher ^{2,3}
5	
6	Affiliations:
7	1Faculty of Medicine, Syrian Private University, Damascus, Syria.
8	2Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
9	Damascus University, Damascus, Syria.
10	3Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
11	Syrian Private University, Rif Dimashq, Syria.
12	
13	Corresponding Author:
14	Fatema Mohsen
15	Faculty of Medicine, Syrian Private University, Mazzeh Street, P.O. Box 36822, Damascus,
16	Syrian Arab republic
17	Tel:00963936396590 Email: fatemamohsena@gmail.com
18	
10	
19	Abstract:

Page 3 of 40

 BMJ Open

Objectives: To gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. **Design:** Web-based cross-sectional survey. Setting: This study was conducted in March 2020, nearly 10 years into the Syrian war crisis. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. **Participants:** A total of 4495 participants completed the survey. Participants with a history of COVID-19 infection, residing outside Syria, or who did not fully complete the survey were excluded from the study. The final sample of 3586 participants (completion rate=79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. **Primary and secondary outcome measures:** The first, knowledge of COVID-19 in 4 areas (1. general knowledge 2. transmission pathways 3. signs and symptoms 4. prevention methods). The second, factors associated with poor knowledge. **Results:** Of the 3586 participants, 2444(68.2%) were female, 1822(50.8%) were unemployed, and 2839(79.2%) were college-educated. The study revealed good awareness regarding COVID-19 (mean 75.6%, SD±9.4%). Multiple linear regression analysis correlated poor mean knowledge scores with male gender (β =-0.933, p=0.005), secondary school or lower education level (β =-3.782, p<0.001), non-healthcare occupation (β =-3.592, p<0.001), low economic status (β =-0.669, p<0.040), and >5 household members (β =-1.737, p<0.001).

BMJ Open

3 4	41	Conclusion: This study revealed some potentially troubling knowledge gaps which underscore
5 6 7	42	the need for a vigorous public education campaign. This campaign must reinforce the public's
8 9	43	awareness, knowledge, and vigilance towards precautionary measures against COVID-19, and
10 11	44	most importantly aid in controlling the worldwide spread of the disease.
12 13 14	45	
15 16	46	Strengths and limitations of this study:
17 18 19	47	. Data are derived from a large, national survey across Syria, during the lockdown period.
20 21 22	48	. The survey covered socio-demographic information, general knowledge, transmission,
23 24 25	49	symptoms, and prevention.
26 27	50	. Results have broad implications for public health programming and response to COVID-19
28 29 30	51	in Syria.
31 32 33	52	. This web-based cross-sectional study cannot be generalized towards the Syrian population.
34 35 36	53	
37 38 39	54	Keywords: Awareness; Knowledge; COVID-19; Pandemic; Syria; War; Population.
40 41 42 43	55	Background:
44 45 46 47	56	Background:
48 49	57	Coronavirus disease 2019 (COVID-19) is a highly infectious respiratory disease that
50 51	58	evolved into a worldwide pandemic threatening a prolonged economic recession. The first
52 53 54	59	incidence was reported at a local seafood market in Wuhan, China. ¹ The virus continues to
55 56	60	spread, with steadily increasing morbidity and mortality cases, hitting the poorest and most
57 58	61	vulnerable in the world. Many studies have assessed symptom clusters, transmission pathways,
59 60	62	and prevention methods; however, many aspects have yet to be studied. ² ³ Sexual

Page 5 of 40

BMJ Open

transmissions, horizontal transmission, animal to human transmission, permanent immunity,and fetal abnormalities as a result of maternal infection are as yet unproven.

The battle against COVID-19 in Syria has just entered its third wave. The first confirmed case was announced on 22 March 2020,⁴ and there had only been 44 cases and 3 deaths at the time of the study. These figures are significantly lower than neighbouring countries such as Turkey (127,659 and 3,461), Iran (98,647 and 6,277), Iraq (2,346 and 98), Lebanon (740 and 25), and Jordan (465 and 9).⁵ The Syrian healthcare system is severely under-equipped and lacks the capacity to contain such a crisis. The estimated number of intensive care unit (ICU) beds with ventilators is a mere 325, and the theoretical maximum number of cases that can be adequately treated is only 6,500.⁶ Once this maximum threshold capacity is exceeded, drastic rationing decisions will have to be made. Therefore, cooperation with and response to guidance from the WHO are of utmost importance. Unprecedented measures have been adopted to control the spread of COVID-19 in Syria.⁶ The public's adherence to these control measures is largely affected by their awareness, knowledge, and attitudes towards disease and outbreaks.78

The Syrian conflict, now in its 10th year, has resulted in the worst refugee crisis since World War II.⁹ The devastating impact of war has placed the public health system under constant strain; the numbers of casualties continue to rise, 70% of health care workers (HCW) have fled the country, the annihilation of healthcare facilities, and the "weaponization" of healthcare are ongoing challenges.^{6 10} These challenges along with dense residential areas, the growing prevalence of chronic illness, and 83% of the population living under the poverty line make Syria highly vulnerable to a severe outbreak.^{6 11}

While some studies have been conducted to assess the knowledge, attitude, and
practices among populations during this pandemic, including one done in China, none have
done so in Syria.¹²⁻¹⁹ To our knowledge this first study that aims to measure the awareness and

BMJ Open

general knowledge of COVID-19 among the Syrian population at a time where ambiguity and misinformation are rampant. The objective of this study is to gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. The information gleaned from this research will help with public health programming and response to COVID-19 in Syria as the pandemic continues to unfold.

96 Methods:

97 Study design, setting, and participants:

This web-based cross-sectional survey was conducted between March 31st and April 4th of 2020, during the lockdown period. Ethical approval was obtained from the Institutional Review Board (IRB) of the Faculty of Medicine, Syrian Private University. The inclusion criteria for this study were participants residing in Syria who completed the survey and had no known history of COVID-19 infection. The authors designed questions that were modelled after existing awareness surveys, WHO course materials, technical briefs, and question and answer bank on COVID-19 related topics.^{12 13 20-23} Questions from existing awareness surveys that did not target community awareness regarding COVID-19 were excluded from the study. ¹² ¹³ The survey was translated to Arabic and was reviewed by two dialectologists and two infectious disease specialists, who evaluated whether the survey questions effectively assessed COVID-19 knowledge, and checked for double-barrelled and confusing questions, to ascertain the validity. We conducted a pilot study on 20 volunteers to assess reliability clarity, relevance, and the acceptability of the survey. These volunteers were excluded from the final sample to avoid bias. Modifications were made based on feedback received to facilitate better

Page 7 of 40

BMJ Open

comprehension before distributing the final survey to the general population. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. To avoid non-response bias the survey was distributed during lockdown where the majority of the population were out of work and at home, GIFs and posts were adapted to appeal to each social group, the questions were made short and in the form of multiple choice questions that required no typing, and the ability for viewers to comment on the link increased the popularity of the survey. Participants confirmed their voluntary participation by answering a yes-no question, were informed of the option to opt-out of the survey at any time, and were assured of the confidentiality and anonymity of their responses. After confirmation, participants were directed to the first part of the survey to complete questions about socio-demographic information including, age, gender, residence, education level, occupation, and economic status. Participants under the age of 18 required informed parental consent, as well as submission of parent/guardian contact information. The researchers were responsible for contacting the parents/guardians to obtain consent before the child was given access to the survey. The sample size calculated was 2401 participants based on a margin of error of 2%, and a confidence interval of 95%, for a sample size population of 18,284,423 people using а calculator (website: https://www.surveysystem.com/sscalc.htm). The self-administered survey contained 40 questions divided into 4 sections: general knowledge (10 questions), transmission pathways (7 questions), clinical features (12 questions), and prevention methods (11 questions). The survey is available in appendix 1.

133 Patient and public involvement:

134 The public were not involved in the study design, conduct of the study, or plans to disseminate135 the results to study participants.

136 Statistical analysis

A scoring system was used to analyse the participants' knowledge: a score of "1" was given for a correct answer and a score of "0" was given for an incorrect answer. The correct answers to the survey were determined from previous surveys and available WHO resources. ¹² ¹³ ²⁰⁻²³ The percentage score for mean knowledge was calculated as follows: sum of scores obtained/maximum scores that could be obtained \times 100. Participants' total mean knowledge in all the subsections, and mean knowledge of each subsection were calculated. Data were analysed using the Statistical Package for Social Sciences version 25.0 (SPSS Inc., Chicago, IL, United States) and reported as frequencies and percentages (for categorical variables) or means and standard deviations (SD) (for continuous variables). The t-test was applied to compare mean knowledge scores against both genders, and 3 questions (knowing an infected individual, use of personal belongings, and dissemination of knowledge). The t-test was applied to compare mean knowledge scores against gender. One-way analysis of variance (ANOVA) was applied using f-test to compare mean knowledge scores against socio-demographic variables (age, social status, residence, education level, occupation, economic status, and number of household members), and source of information. Multivariable linear regression analysis using the socio-demographic variables as independent variables (categorical) and mean knowledge score as the outcome variable (continuous) was conducted to identify factors associated with knowledge. Factors were selected with a backward method and were analysed using the unstandardized coefficient (β), and 95% confidence interval. P-values<0.05 were considered statistically significant.

Results:

159 Socio-demographics characteristics:

Of 4495 total participants who completed the survey, participants with a known history of COVID-19 infection, residing outside Syria, and who did not fully complete the survey were excluded. The final sample of 3586 participants (completion rate= 79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. Participants aged >20 years were the majority 1204(33.6%) while participants between 35 and 39 were the minority 186(5.2%). Participant ages ranged from 12-78 years with a mean of 30 (\pm 10) years). 2279(63.6%) participants were single, 1822(50.8%) were unemployed, 1064(29.7%) were smokers, and 428(11.9%) were alcohol consumers (Table 1). The majority of participants were residents of Damascus/ Rural Damascus 2019(56.3%) and had attained college/university level education (Figure 1).

169 Gener

General Knowledge regarding COVID-19:

Participants showed a good level of awareness regarding COVID-19 (75.6 \pm 9.4%). An adequate level of basic knowledge ($67.0 \pm 18.9\%$) was found among participants, 3383(94.3%) knew that a virus was the causative agent of COVID-19; 2535(70.7%) correctly identified the incubation period as being between 2 days and 2 weeks. Only 1500(41.8%) believed that an infection with COVID-19 does not confer lifelong immunity. The majority of participants 3489(97.3%) were aware that COVID-19 infection in high-risk groups can be fatal. There is currently insufficient evidence on whether infertility is a complication of COVID-19 infection; 461(12.9%) participants believed that COVID-19 can cause infertility while 1903(53.0%) did not. 2986(83.3%), and 2597(72.4%) correctly answered that there are currently no available vaccine or treatments respectively; however, there were misconceptions about the efficacy of antibiotics and Ibuprofen as treatments, 1228(34.2%) and 1268(35.3%) respectively (Table 2).

181 Transmission, and Signs and Symptoms regarding COVID-19:

There was a fair level of awareness (70.7 \pm 16.9%) regarding COVID-19 transmission pathways. A high level of awareness was demonstrated regarding common transmission pathways: 3521(98.2%), 3387(94.4%), and 3330(92.9%) identified respiratory droplets, touching an infected person's personal belongings, and handshaking respectively. There is currently limited evidence on animal-to-human and sexual transmission; 703(19.6%) did not know if transmission occurs between animals and humans, while 899(25.1%) did not know if the virus is transmitted sexually (Table 2).

The data showed a good level of awareness ($76.0 \pm 13.6\%$) regarding clinical features. When asked about the main clinical features, participants correctly identified, fever 3563(99.4%), sore throat 3037(84.7%), headache 3186(88.8%), chest pain 3050(85.0%), general pain 3019(84.2%), fatigue 3405(95.0%), and dry cough 3466(96.7%), whereas only 193 1972(55.0%) knew that diarrhea can be a symptom. Only 2221(61.9%) were aware that infected individuals may be asymptomatic (Table 2).

Prevention Methods regarding COVID-19:

The highest level of awareness was in the prevention section (88.8 ±10.2%). Washing
hands with soap, avoiding crowded areas, remaining at home, and wearing a face mask outside
are the principal preventative measures against COVID-19, 3574(99.7%), 3574(99.75%),
3554(99.1%), and 3204(89.3%), respectively. A minority of 158(4.4%) believed that cleaning
with a mixture of Flash and bleach is a sound preventive measure. Only 2482(69.2%) knew
that the flu vaccine offers no protection against COVID-19 (Table 2).

202 Statistical Analysis of the Data:

A series of one way ANOVA analyses revealed that mean knowledge differed 204 significantly across: gender (p-value=0.009), age (p-value=0.003), social status (pPage 11 of 40

BMJ Open

value=0.042), education level (p-value<0.001), economic status (p-value<0.001), number of household members (p-value<0.001), place of residence (p-value<0.001), and source of information (p-value<0.001) (Table 3). Participants living in Lattakia (77.6%) exhibited the greatest awareness, whereas those in Ar-Raqqah (71.7%) followed by Deir-ez-Zor (71.8%) exhibited the lowest. The mean knowledge differed across groups that acquired information from different sources, the lowest awareness was among participants who chose family members/friends as one of their source(s) (74.0%), whereas those with the highest awareness acquired their information from lectures as one of their source(s) (78.2%), (Table 3).

When participants were asked if they were likely to share new information with friends and family, 3513(98.0%) answered "yes". There was a significant difference in mean knowledge between those who were inclined to disseminate new information about COVID-19 to friends and family (75.7%) compared with those who were not (72.3%) (p-value=0.002). On exclusive use of personal belongings, 2692(75.1%) answered "yes". We found no significant correlation between mean knowledge and participant tendency to share personal belongings with others (p-value=0.112). Of participants who knew someone infected with COVID-19, 65(1.8%) answered "yes". There was no significant difference in mean knowledge between those who knew an infected individual (75.9%) compared with those who did not (75.6%) (p-value=0.816).

223 Multiple linear regression:

Multiple linear regression analysis results: male gender (vs. female, β =-0.933, p=0.005); education of secondary school or lower (vs. college/university and above, β =-3.782, p<0.001); careers in government, private, business, military, and "other" sectors, as well as unemployment (vs. health care workers, β =-3.592, p<0.001); poor and moderate economic status (vs. good and excellent, β =-0.669, p<0.040); and over 5 household members (vs. of 1-5,

BMJ Open

 β =-1.737, p<0.001) were associated with significantly poorer knowledge scores (Table 4). Careers in health care (vs. Unemployed, β =3.592, p-value=<0.001), and the 31-45 age group (vs. 16-30, β =1.511, p-value=0.005) were associated with significantly higher knowledge scores.

Discussion:

We found an overall mean knowledge score of 75.6%, indicating that most participants were relatively knowledgeable about COVID-19, though less so compared to their counterparts in China (90%).¹² This level of knowledge was unexpected given that only 10 cases of COVID-19 had been confirmed in Syria at the time of the survey.²⁴

Poor knowledge was associated with males, non-post-secondary education, nonhealthcare occupations, unemployment, poor and moderate economic status, and households with more than 5 members; similar trends were observed in China.¹² Correlating sociodemographic variables with awareness is critical to public health efforts to mitigate the spread of COVID-19. The data obtained from this study can be leveraged by the Syrian Ministry of Health to tailor prevention and educational campaigns to populations with the widest knowledge gaps.

Our study showed a relatively high level of awareness 2535(70.7%) among the population. In the general knowledge section (mean knowledge score 67%), the majority of the participants 3383(94.3%) knew that COVID-19 is caused by a virus, similar to a Pakistani study (93.3%).¹⁷ Low awareness of the 2-to-14 day incubation period was found²⁵ among dentists (36.1%) and HCW (36.4%) in similar studies.^{13 19} Syria has a relatively young population; statistical data from 2018 showed that only an estimated 4.5% of the population Page 13 of 40

BMJ Open

was over the age of 65.²⁶ 3489(97.3%) knew that COVID-19 infection can be severe and potentially fatal in elderly, chronically ill, and immunodeficient patients. This is higher than in studies conducted in China (73.2%) and India (88.37%).¹² ²⁷ 40.6% of Syrians are hypertensive, yet a staggering 79.8% of them are unaware of their condition. Diabetes is also prevalent, affecting 11.9% of the population.²⁸ ²⁹ Such a rampant lack of awareness about chronic diseases associated with high mortality in COVID-19 patients underscores the need for targeted awareness campaigns.

At the time of the survey, no standardized evidence-based protocols had yet been developed to treat COVID-19 infections; only 2597(72.4%) participants knew that there was no available treatment at that time; this is higher than a Kenyan study (40%) but significantly lower than a Chinese study (94%).¹²¹⁵ A minority 103(2.9%) of participants thought there was a vaccine available against COVID-19, even though vaccines have only become commercially available in the past few months; by contrast, Coimbatore District and Pakistan were less informed, with (18.6%) and (11.6%) respectively believing that such a vaccine was available at the time. In the absence of a vaccine or effective treatment protocol for COVID-19 at the time of the survey, controlling the spread of the disease was the best line of defence, and remains so given the dire shortage of medication, ventilators, ICU capacity, and the continued lack of a vaccine widely available to the Syrian people. We observed a considerable knowledge gap in 1268(35.3%) with regards to ibuprofen as a treatment option. There is no available evidence to suggest that ibuprofen is effective against COVID-19.³⁰

Participants showed a fair level of awareness regarding transmission pathways (70.7%),
very similar to a Pakistani study (70.8%).¹⁷ The majority 3521(98.2%) of participants were
aware that respiratory droplets are common transmission vectors; this is similar to a Chinese
study (97.8%), but much higher than an Indian study (29.5%).^{12 16} 3330(92.9%) participants

identified handshaking as a transmission pathway, higher than a study among Jordanian
dentists (85.6%).¹³

The majority of survey participants were sufficiently aware of the clinical features of COVID-19 (76.0%), similar to a Pakistani study (77.7%).¹⁷ A very high level of awareness of the most common symptoms was found: fever 3563(99.4%), dry cough 3466(96.7%), fatigue 3405(95.0%), and myalgia 3019(84.2%), similar to findings from Chinese (96.4%) and Indian (95.4%) studies.¹²²⁷ When asked about sore throat, a high level of awareness 3037(84.7%) was found compared to studies from India (15.2%) and among dentists in Jordan (28.5%).¹³ Knowledge about diarrhea as a symptom was lacking: only 1972(55.0%); a study among dentists also showed low awareness (39.9%).^{13 16} While infected individuals are frequently asymptomatic, or present with mild symptoms, around 1 in every 5 infections can be serious enough to require hospitalisation.^{31 32} Only 2221(61.9%) participants were aware that infected individuals can be asymptomatic, while a study among dentists (34.5%) reported much lower awareness. Increasing public awareness about the variability of symptoms is particularly important since those with mild or unreported symptoms may significantly contribute to the transmission of COVID-19; the lack of health insurance, paid sick leave, telecommuting, or other social and professional safety nets increase the likelihood that these "silent spreaders" will underreport symptoms for fear of being forced to miss work.

We found a high level of awareness in the preventive methods section (88.8%), similar to a Pakistani study (85%).¹⁷ Hand hygiene has been known to be an important element of infection control since the 14th century.³³ Implementing hand-washing techniques can break the transmission cycle and reduce the risk of infection by 6%-44%.³⁴ Almost all 3574(99.7%) participants were aware that washing hands with soap and water is an important preventive measure against COVID-19. This finding is in accordance with studies from Joran (97.0%), and India (96.2%, and 87%).^{13 16 19} Page 15 of 40

BMJ Open

This year the WHO recommended that the following mitigation measures be implemented during the holy month of Ramadan: cancelling social and religious gatherings, holding events outdoors for adequate ventilation, physical distancing of at least 1 meter between people, and the use of technology to broadcast ceremonies on television.^{35 36} The majority 3574(99.7%) identified avoiding mass gatherings as a preventive measure; studies in China (98.6%) and Coimbatore District (97.7%) reported similar awareness.^{12 27} Cheap and efficient interventions such as N95 (filtration capacity=95%) have a 91% effectiveness of blocking pathogen transmission.³⁷ 3204(89.3%) participants considered wearing a face mask when leaving home as an effective prevention method, compared with a Coimbatore District study (93.02%).²⁷

Since Syrian society is particularly vulnerable to COVID-19, this knowledge gap is potentially dangerous and should be addressed to mitigate disease spread. Only 2482(69.2%) knew that the flu vaccine offers no protection against COVID-19; this is similar to a Coimbatore District study (67.4%), but lower than a study amongst HCWs (90.7%).¹⁹ ²⁷ 3305(92.2%) were aware that individuals showing symptoms should quarantine themselves, lower than in China (98.2%) and India (95.8%).¹² ¹⁶

North-East Syria (NES) has a population of over 4 million people, 600,000 of whom are internally displaced refugees, 100,000 of whom live in overcrowded camps: only 2 of NES's 11 hospitals are currently functioning. NES consists of 3 governorates: Ar-Raggah, Deir-ez-Zor, and Al-Hasakah. With only 22 ICU beds, (18 in Al-Hasakah, 4 in Ar-Raggah, and none in Deir-ez-Zor), the maximum capacity threshold is only 80 COVID-19 cases. Ar-Ragga and Deir-ez-Zor, the most vulnerable governorates, also showed the lowest awareness in the study (71.7%), and (71.8%). This is a potentially catastrophic situation, and a concern to the international community, as an unmonitored, uncontrolled outbreak in NES can prolong the global pandemic.

BMJ Open

Since storming the international stage two years ago, COVID-19 caught the whole world off guard; ambiguity and uncertainly have been and continue to be defining features of this pandemic. Despite the emergence of effective vaccines and treatment protocols, timely global availability is a continuing challenge. We have yet to achieve a critical mass of vaccinations and herd immunity, as evidenced by the emergence of wave after wave of infection in both developed and developing countries.

Further research is necessary to study transmission through sexual contact (body fluids other than respiratory droplets) and undercooked food. Numerous cases of animal infection, including house pets, apes, and even tigers, highlight the need for extensive studies into horizontal transmission.^{38 39} Long-term studies into permanent immunity, and fetal abnormalities as a result of maternal infection are also necessary. - H

Limitations:

Our findings can only be generalized about online users of well-educated Syrians of good socio-economic status. Syrians vulnerable to COVID-19, such as the elderly and rural residents, are more likely to exhibit poor knowledge and awareness due to limited internet access. As such, reaching out to these populations must be prioritized. Even though all Syrian governorates were represented in this study, most participants lived in Damascus and Rural Damascus. Credible published national data regarding the socio-demographic characteristics of Syrians are not available to evaluate the representativeness of our sample. Furthermore, an assessment of the Syrian population's practices relating to COVID-19 and the attitudes driving them is necessary to complete the picture.

Conclusion:

BMJ Open

4	
5	
6	
7	
8	
9	
	0
1	1
1	2
1	3
1	4
1	5
1	
1	7
1	, 8
1	
	0
2	
2	2
	3
	4
2	
	6
2	/
	8
2	9
3	0
3	1
3	2
3	3
	4
3	5
3	6
3	7
3	8
3	9
4	
4	1
4	
4	
4	-
4	-
4	
4	
4	
4	
5	
5	1
5	
5 5	
э 5	
5 5	
5 5	
5 5	0 7
5	
5	
6	0

COVID-19 has been a dire warning to humanity about the fragility of its social, 350 economic, and healthcare institutions. Our study revealed good public awareness of clinical 351 features and preventive measures. However general knowledge and knowledge about 352 transmission pathways was suboptimal. Syrians of good socio-economic status, in particular 353 young well-educated women, have shown good knowledge. Our national response must adapt 354 to the growing threat of COVID-19 by adopting public awareness strategies and behaviours to 355 356 contain the disease both within and beyond our borders. 357 Abbreviations: COVID-19: Coronavirus Disease 2019; MERS: Middle East Respiratory 358 Syndrome; SARS: Severe Acute Respiratory Syndrome; WHO: World Health Organization; 359 PHEIC: Public Health Emergency of International Concern; ICU: Intensive care unit; IRB: 360 Institutional Review Board; SPSS: Statistical Package for Social Sciences; SD: Standard 361 Lien Deviation; HCW: Health Care Worker. 362 363 364 **Acknowledgments:** We are thankful to the management of the Syrian Private University for the support in 365 the field of medical training and research. We are thankful to everyone who participated in this 366 study and to Mrs. Marah Marrawi for her statistical help. 367 368 **Funding:** 369 This research received no specific grant from SPU or any other funding agency in the 370 371 public, commercial or non-profit sectors.

2 3 4 5	372	
6 7 8	373	Availability of data and materials:
9 10 11	374	All data related to this paper's conclusion are available and stored by the authors. All
12 13	375	data are available from the corresponding author on a reasonable request.
14 15 16	376	
17 18 19	377	Declarations:
20	378	Ethics approval and consent to participate:
21 22 22	379	This study was approved by the Institutional Review Board (IRB) at the Syrian Private
23 24 25	380	University (SPU). All Participants confirmed their written consent by answering a yes-no
26 27 28	381	question. Participants under the age of 18 required verbal informed parental consent, as well as
28 29 30	382	submission of parent/guardian contact information. The researchers were responsible for
31 32	383	contacting the parents/guardians to obtain verbal consent before the child was given access to
33 34 35	384	the survey. The verbal and written form of consent was approved by the IRB at SPU.
36 37	385	Participation in the study was voluntary and participants were assured that anyone who was
38 39	386	not inclined to participate or decided to withdraw after giving consent would not be victimized.
40 41 42	387	All information collected from this study was kept strictly confidential.
43	388	Consent for Publication:
44 45 46	389	Not applicable.
40 47	390	Competing interests:
48 49	391	The authors declare that they have no competing interests.
50 51	202	
52	392	Authors' contributions:
53 54	393	FM conceptualized the study, participated in the design, wrote the study protocol,
55 56	394	performed the statistical analysis, did a literature search, and drafted the manuscript. BB
57 58 59	395	participated in study design, did a literature search, and drafted the manuscript. HA, and NA
60	396	did a literature search and revision of the draft. All authors read and approved the final draft.

1 2 3 4	397										
5 6 7	398	Tables and Fi	gures:								
8 9 10	399	Table 1.									
11 12 13 14 15	400	Table 1. Socio-demographic characteristics: (n=3586)									
16 17 18 19		Gender (%)	Male	1142(31.8)	Education (%)	Primary School	25(0.7)				
20 21 22 23 24 25			Female	2444(68.2)		Intermediate School	166(4.6)				
26 27 28 29		Age (%)	<20	1204(33.6)		Secondary school	375(10.4)				
30 31 32 33 34			20-24	1104(30.8)		College/University	2839(79.2)				
35 36 37 38			25-29	446(12.4)		Master's degree	157(4.4)				
39 40 41 42			30-34	266(7.4)		PhD	24(0.7)				
43 44 45 46 47 48			35-39	186(5.2)	Occupation (%)	Health care worker	634(17.7)				
48 49 50 51 52 53 54			>39	380(10.6)		Government institution	283(7.9)				
54 55 56 57 58 59 60		Social	Single	2279(63.5)		Private institution	182(5.1)				

Status (%)	In a	286(8.0)		Business	198(5.5			
	relationship							
	Married	943(26.3)		Military	32(0.9)			
	Divorced	46(1.3)	-	τ	Unemployed	1822(50.		
	Widowed	32(0.9)		Other	435(12.)			
Economic Status (%)	Poor	247(6.9)	0 Household		46(1.3)			
	² Moderate	1247(34.8)	members (%)	1-5	2751(76.			
	³ Good	1761(49.1)		>5	789(22)			
	•Excellent	331(9.2)						
¹ Poor: income does not provide essential needs for the family. ² Moderate: income provides essential needs for the family but no more. ³ Good: income provides essential needs and some luxury requirements. ⁴ Excellent: income provides luxury requirements. Table 2.								
Table 2. General Knowledge, Transmission, Signs and Symptoms, and Prevention of COVID-								
(n=3586)								

		General Know	ledge		
Causative Agent	Virus	3383(94.3)	Incubation period	1 Minute to	18(0.5)
N(%)			N(%)	1 Hour	
	Bacteria	39(1.1)	_	1 Hour to	58(1.6)
				2 Days	
	Parasite	8(0.2)		2 Days to 2	2535(70.7
	Immune	46(1.3)	_	Weeks	
	deficiency				
	Fungus	0(0.0)		2 Weeks to	958(26.7)
	Inherited	2(0.1)		1 Month	
	Do Not Know	108(3.0)		>1 Month	17(0.5)
		YES(%)	NO(%)	DO N	NOT
				KNOV	W(%)
Can infection with	COVID-19	815(22.7)	1500(41.8)	1271(35.5)
confer permanent i	mmunity?		0		
Can COVID-19 cau	ise severe	3489(97.3)	28(0.8)	69(1	1.9)
illness and lead to d	leath in elderly,				
chronically ill, and					
immunodeficient pa	atients?				

Is COVID-19 teratogenic (i.e. cause malformations/	157(4.4)	1433(40.0)	1996(55.6)
abnormalities to an embryo/fetus)?			
Is there no available treatment	2597(72.4)	515(14.4)	474(13.2)
against COVID-19?			
Can COVID-19 be treated with	1228(34.3)	1790(49.9)	568(15.8)
antibiotics?			
Can COVID-19 be treated with	1268(35.3)	1921(53.6)	397(11.1)
Ibuprofen?			
Are there available COVID-19	103(2.9)	2986(83.3)	497(13.8)
vaccines?	C,		
	Transmission Pat	hways	
Respiratory droplets (from	3521(98.2)	21(0.6)	44(1.2)
coughing or sneezing)		0	
Handshaking	3330(92.9)	189(5.3)	67(1.8)
Touching an infected person's	3387(94.4)	131(3.7)	68(1.9)
personal belongings			
Animals-to-human	910(25.4)	1973(55.0)	703(19.6)
Undercooked food	1301(36.3)	1734(48.3)	551(15.4)
Sexual contact	1210(33.7)	1477(41.2)	899(25.1)
Horizontal transmission	1130(31.5)	1160(32.4)	1296(36.1)

	Signs and Symp	toms	
Fever	3563(99.4)	9(0.2)	14(0.4)
Sneezing	2353(65.6)	1000(27.9)	233(6.5)
Sore throat	3037(84.7)	358(10.0)	191(5.3)
Headache	3186(88.8)	190(5.3)	210(5.9)
Chest pain	3050(85.0)	254(7.1)	282(7.9)
Body aches (generalized pain)	3019(84.2)	260(7.2)	307(8.6)
Fatigue	3405(95.0)	72(2.0)	109(3.0)
Diarrhea	1972(55.0)	971(27.1)	643(17.9)
Dry cough	3466(96.7)	44(1.2)	76(2.1)
Productive cough	458(12.8)	2586(72.1)	542(15.1)
Bleeding	130(3.6)	2613(72.9)	843(23.5)
Asymptomatic	2221(61.9)	375(10.5)	990(27.6)
	Prevention Metl	nods	
Does wearing a face mask outside	3204(89.3)	314(8.8)	68(1.9)
the home offer protection from			
COVID-19?			
Does washing hands with soap and	3574(99.7)	5(0.1)	7(0.2)
water offer protection from			
COVID-19?			

		I I	
Does avoiding crowded places	3574(99.7)	4(0.1)	8(0.2)
offer protection from COVID-19?			
Does the flu vaccine offer	331(9.2)	2482(69.2)	773(21.6)
protection from COVID-19?			
Does staying at home offer	3554(99.1)	15(0.4)	17(0.5)
protection from COVID-19?			
Does using hand sanitizer offer	3430(95.6)	104(2.9)	52(1.5)
protection from COVID-19?			
Does cleaning household surfaces	3408(95.0)	110(3.1)	68(1.9)
with bleach offer protection from			
COVID-19?			
Does cleaning fruits and vegetables	3262(90.9)	221(6.2)	103(2.9)
with soap and water offer			
protection from COVID-19?	C	4	
Does cleaning surfaces with a	158(4.4)	3301(92.1)	127(3.5)
mixture of Flash and bleach offer a			
safe protection from COVID-19?		1	
Does the quarantine of	3305(92.2)	241(6.7)	40(1.1)
symptomatic individuals protect			
others from COVID-19?			
Do cumin, anise, and mint offer	1041(29.0)	1934(53.9)	611(17.1)
protection from COVID-19?			

	ean knowledge score OVA), (n= 3586)	of participants by demogr	aphic variables,	and source of	informat
Cha	racteristics	Number of participants (%)	Mean Knowledge Score (±SD%)	F-test/ T- test	P-valı
Gender	Male	1142(31.8)	75.0(±10.1)	-2.625	0.009
	Female	2444(68.2)	75.9(±9)		
Age-group	<20	1204(33.6)	75.0(±9.9)	2.990	0.011
(years)	20-24	1104(30.8)	76.4(±9.3)		
	25-29	446(12.4)	76.0(±9.4)		
	30-34	266(7.4)	75.4(±9.4)		
	35-39	186(5.2)	76.1(±7.6)		

	>39	380(10.6)	75.1(±8.6)		
Social status	Single	2279(63.5)	75.8(±9.3)	2.485	0.042*
	In a relationship	286(8.0)	76.6(±8.6)		
	Married	943(26.3)	75.1(±9.4)		
	Divorced	46(1.3)	73.9(±8.8)		
	Widowed	32(0.9)	73.4(±15.9)		
Residence	Urban	2426(67.7)	75.8(±9.3)	1.652	0.099
	Rural	1160(32.3)	75.3(±9.6)		
Education	Primary school	25(0.7)	66.5(±12.4)	26.176	<0.001*
	Intermediate school	166(4.6)	73.2(±9.3)		
	Secondary school	375(10.4)	70.0(±13)		

Page 27 of 40

	College/Universit	2839(79.2)	76.3(±8.9)		
	у				
			77.2(±9.7)		
	Master's degree	157(4.4)			
			76.6(±8.5)		
	PhD	24(0.7)			
			78.6(±8.6)		
Occupatio	Health care	634(17.7)		16.379	<0.001*
n	worker	2			
		Ň.			
		R	75.7(±7.9)		
	Government	283(7.9)			
	institution				
			4		
			75.5(±9)		
	Private institution	182(5.1)	15.5(±))		
			73.4(±10.2)		
	Business	198(5.5)			
			I		

	Military	32(0.9)	71.2(±15.6)		
	Unemployed	1822(50.8)	75.3(±9.2)		
	Other	435(12.1)	74.0(±10.2)		
		221(0.2)		7 100	-0.001*
Economic status	Excellent	331(9.2)	76.6(±11.1)	7.108	<0.001*
	Good	1761(49.1)	76.2(±9.4)		
	Moderate	1247(34.8)	74.9(±9)		
	Poor	247(6.9)	74.3(±9.3)		
Household members	0	46(1.3)	74.4(±10.6)	15.451	<0.001*
	1-5	2751(76.7)	76.1(±9)		
	>5	789(22.0)	74.0(±10.2)		

	Health websites	2823(78.7%)	76.4(±8.7)		
	Social media	1998(55.7%)	74.6(±9.6)		
Source of informatio	Television/ radio	1572(43.8%)	75.5(±9)	24.523	<0.001*
n	Family members/ friends	528(14.7%)	74.0(±10.3)		
	Lectures	517(14.4%)	78.2(±7.5)		
	Magazines/ books	266(7.4%)	77.6(±8.8)		
I					-

Table 4.

Table 4. Multiple linear regression on variables associated with poor COVID-19 knowledge

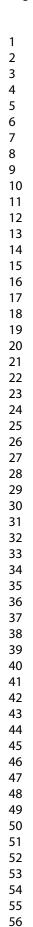
Variable	Coefficient	Standard error	t	Р
Male gender (reference: female)	-0.933	0.334	-2.794	0.005*

	education of secondary school or	-3.782	0.466	-8.125	<0.001*
	lower (reference: college/university				
	and above)				
	careers in government, private,	-3.592	0.474	-7.579	<0.001*
	business, military, and "other"				
	sectors, as well as unemployment				
	(reference: health care workers)				
	poor and moderate economic status	-0.669	0.325	-2.057	0.040*
	(reference: good and excellent)				
		Ċ,			
	>5 household members (reference:	-1.737	0.374	-4.648	<0.001*
	of 1-5)				
			2		
412			0		
412					
413	Figures and tables legends:				
414	Table 1. Sociodemographic character	istics			
415 416	Table 2. General Knowledge, TransmCOVID-19	iission, Signs a	nd Symptoms, ar	nd Prevention	around
417	Table 3. Mean knowledge score of particular	rticipants by d	emographic varia	ables	
418	Table 4. Multiple linear regression or	variables asso	ciated with poor	COVID-19 k	knowledge

Figure 1. Distribution of participants according to governorates and education level

2		
3	420	
4	420	References:
5	721	
6 7	422	1. Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in
8	423	Wuhan, China. The Lancet 2020;395(10223):497-506. doi: 10.1016/s0140-6736(20)30183-5
9	424	2. Viner RM, Ward JL, Hudson LD, et al. Systematic review of reviews of symptoms and signs of
10	425	COVID-19 in children and adolescents. 2020
11	426	3. Rahman HS, Aziz MS, Hussein RH, et al. The transmission modes and sources of COVID-19: A
12	427	systematic review. 2020
13 14	428	4. McKernan B. Syria confirms first Covid-19 case amid fears of catastrophic spread. The Guardian
15	429	2020
16	430	5. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 106. 2020
17	431	6. Gharibah M, Mehchy Z. COVID-19 pandemic: Syria's response and healthcare capacity. 2020
18	432	7. Ajilore K, Atakiti I, Onyenankeya K. College students' knowledge, attitudes and adherence to
19 20	433	public service announcements on Ebola in Nigeria: Suggestions for improving future Ebola
20 21	434	prevention education programmes. <i>Health Education Journal</i> 2017;76(6):648-60.
22	435	8. Tachfouti N, Slama K, Berraho M, et al. The impact of knowledge and attitudes on adherence to
23	436	tuberculosis treatment: a case-control study in a Moroccan region. <i>Pan African Medical</i>
24	437	Journal 2012;12(1)
25	438	9. McNatt Z, Boothby NG, Al-Shannaq H, et al. Impact of Separation on Refugee Families: Syrian
26 27	439 440	Refugees in Jordan. 2018 10. Syria anniversary press release. <i>United Nations Office for the Coordination of Humanitarian</i>
27 28	440 441	Affairs (OCHA) 2020
29	442	11. UNICEF Syria Crisis Situation Report 2019
30	443	12. Zhong B-L, Luo W, Li H-M, et al. Knowledge, attitudes, and practices towards COVID-19 among
31	444	Chinese residents during the rapid rise period of the COVID-19 outbreak: a quick online
32	445	cross-sectional survey. International Journal of Biological Sciences 2020;16(10):1745.
33	446	13. Khader Y, Al Nsour M, Al-Batayneh OB, et al. Dentists' Awareness, Perception, and Attitude
34 35	447	Regarding COVID-19 and Infection Control: Cross-Sectional Study Among Jordanian Dentists.
36	448	JMIR Public Health and Surveillance 2020;6(2):e18798.
37	449	14. Qarawi A, Ng SJ, Gad A, et al. Awareness and Preparedness of Hospital Staff against Novel
38	450	Coronavirus (COVID-2019): A Global Survey - Study Protocol. SSRN Electronic Journal 2020
39	451	doi: 10.2139/ssrn.3550294
40	452	15. Austrian K, Pinchoff J, Tidwell JB, et al. COVID-19 related knowledge, attitudes, practices and
41 42	453	needs of households in informal settlements in Nairobi, Kenya. 2020
43	454	16. Roy D, Tripathy S, Kar SK, et al. Study of knowledge, attitude, anxiety & perceived mental
44	455	healthcare need in Indian population during COVID-19 pandemic. Asian Journal of Psychiatry
45	456	2020:102083.
46	457	17. Hussain T, Khan S, Gilani U, et al. Evaluation of General Awareness Among Professionals
47 49	458	Regarding COVID-19: A Survey Based Study from Pakistan. 2020
48 49	459	18. Zhou M, Tang F, Wang Y, et al. Knowledge, attitude and practice regarding COVID-19 among
50	460	health care workers in Henan, China. <i>Journal of Hospital Infection</i> 2020
51	461	19. Bhagavathula AS, Aldhaleei WA, Rahmani J, et al. Novel Coronavirus (COVID-19) Knowledge and
52	462 463	Perceptions: A Survey on Healthcare workers. <i>medRxiv</i> 2020 20. Organization WH. Introduction to COVID-19: methods for detection, prevention, response and
53	403 464	control. 2020
54 55	465	21. Organization WH. Q&As on COVID-19 and related health topics.
55 56	466	22. Organization WH. Water, sanitation, hygiene and waste management for COVID-19: technical
57	467	brief, 03 March 2020: World Health Organization, 2020.
58	468	23. Organization WH. Key planning recommendations for mass gatherings in the context of COVID-
59	469	19: interim guidance, 19 March 2020: World Health Organization, 2020.
60		

2		
3	470	24. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 71. 2020
4	471	25. Backer J, Klinkenberg D, Wallinga J. Incubation period of 2019 novel coronavirus (2019-nCoV)
5	472	infections among travellers from Wuhan, China, 20–28 January 2020. Eurosurveillance
6	473	2020;25 doi: 10.2807/1560-7917.ES.2020.25.5.2000062
7	474	26. Plecher H. Age structure in Syria 2018. <i>Statista</i> 2020
8		-
9	475	27. Vadivu TS, Annamuthu P. An Awareness and Perception of COVID-19 among General Public–A
10	476	Cross Sectional Analysis. 2014
11	477	28. Organization WH. Web World Health Organization–Diabetes country profiles: Diakses, 2016.
12	478	29. Tailakh A, Evangelista LS, Mentes JC, et al. Hypertension prevalence, awareness, and control in A
13	479	rab countries: A systematic review. Nursing & health sciences 2014;16(1):126-30.
14 15	480	30. The use of non-steroidal anti-inflammatory drugs (NSAIDs) in patients with COVID-19. World
15 16	481	Health Organization 2020
17	482	31. Surveillances V. The epidemiological characteristics of an outbreak of 2019 novel coronavirus
18	483	diseases (COVID-19)—China, 2020. China CDC Weekly 2020;2(8):113-22.
19	484	32. Organization WH. Getting your workplace ready for COVID-19: How COVID-19 spreads, 19 March
20	485	2020: World Health Organization, 2020.
21	485	
22		33. Best M, Neuhauser D. Ignaz Semmelweis and the birth of infection control. <i>Quality & safety in</i>
23	487	health care 2004;13:233-4. doi: 10.1136/qhc.13.3.233
24	488	34. Rabie T, Curtis V. Handwashing and Risk of Respiratory Infections: A Quantitative Systematic
25	489	Review. Tropical medicine & international health : TM & IH 2006;11:258-67. doi:
26	490	10.1111/j.1365-3156.2006.01568.x
27	491	35. Practical considerations and recommendations for religious leaders and faith-based communities
28	492	in the context of COVID-19. World Health Organization 2020
29	493	36. Safe Ramadan practices in the context of the COVID-19 World Health Organization 2020
30	494	37. Jefferson T, Foxlee R, Del Mar C, et al. Physical interventions to interrupt or reduce the spread of
31	495	respiratory viruses: systematic review. <i>Bmj</i> 2008;336(7635):77-80.
32	496	38. COVID-19 and Animals. Centers for Disease Control and Prevention 2021
33	497	39. Daly N. First great apes at U.S. zoo receive COVID-19 vaccine made for animals. <i>National</i>
34	498	Geographic 2021
35	450	
36	499	
37	155	
38		
39 40		
40 41		
41		
42 43		
43 44		
45		
46		
47		
48		
49		
50		
51		
52		
53		
54		
55		
56		
57		
58		
59		
60		



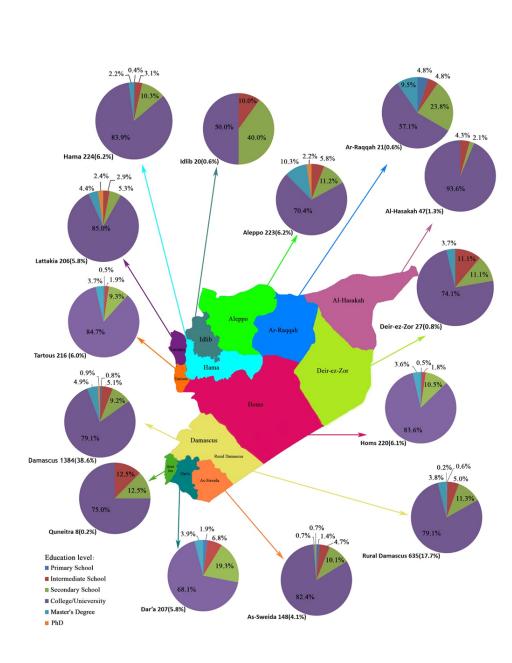


Figure 1. Distribution of participants according to governorates and education level

1 Attached Survey:

2 Appendix 1

Socio-demographic Characteristics	
Age (years): Below 15 15-20 20-30 30-50 40-50 50-60 60-70 Above 70	Gender: Male Female
Marital status: Single Relationship Married Divorced Widowed	Educational level:Primary schoolIntermediate schSecondary schoolUniversity/ColleMaster's DegreePHD Degree
Occupation: Health care worker Government institution Private institution Business Military Unemployed Other	Residence: Damascus/Rural Damascus Hama Aleppo Homs Tartous Lattaki Dara'a As-Sweida Al Hasakah Deir-ez-Zor Idlib Ar-Raqqah Quneitra
Area:	Economic Status: Excellent Good Moderate Poor
Do you smoke?	Do you drink alcohol? Yes No
How many peopl	e do you live with?]11-15 []16-20 []Above 20
Do you share toiletries/perso Yes	nal care products with others?
Do you know anyone in Yes	nfected with COVID-19?
Table 2. General Knowledge about COVID-19	

3 4 5 7 3 9 10 11 12	What is COVID-19? Virus Bacteria Parasite Fungus Immunodeficiency Inherited Do not know Inherited	Do you know how with COVID-19 signs and sympto 1 Minute to 1 Days 2 Days to 2 v 1 Month Over a 1 mon	can a perse oms? Hour	on suffer f	from to 2
13 14 15 16 17	Can an infection with COVID-19 confer permanyou cannot contract a you cannot contract a Yes Vo			with CO	VID-19
18 19 20 21 22	Can COVID-19 cause severe illness and lead to diabetes, asthma), and those who h Yes No		immune sy		tension,
22 23 24 25	Can COVID-19 c	ause infertility? ☑Do not kn	ow		
26 27 28	Is COVID-19 teratogenic (i.e. cause malform Yes	a tions/abnormali t		mbryo/fet	us)?
29 30 31	Treatment for COVID-19				
32 33 34		Yes	No	Do No	t Know
35 36	No treatment available				
37 38 39	Antibiotics	2	\checkmark		
40 41	Ibuprofen	0	~		
42 43 44 45	Is there an available va ☐Yes ✓No	ccine for COVID-			
46 6 47 7 48					
49 50 51	Table 3. Transmission Pathways				
52 53 54			Yes	No	Do Not Know
55 56 57	Can COVID-19 be transmitted via respiratory dr or sneezing) of infected individuals?	oplets (coughing	✓		
58 59 60	Can COVID-19 be transmitted after shaking-han individual?	ds with an infected	1 🗸		

Can COVID-19 be transmitted after touching an infected individual's personal belongings?	~	
Can COVID-19 be transmitted from animals to humans?		\checkmark
Can COVID-19 be transmitted via undercooked food?		\checkmark
Can COVID-19 be transmitted via sexual contact?		\checkmark
Can COVID-19 be transmitted via vertical transmission (mother to fetus)?	~	

	True	False	Do Not Know
Is fever/temperature among the signs and symptoms of COVID- 19?	\checkmark		
Is sneezing among the signs and symptoms of COVID-19?	\checkmark		
Is sore throat among the signs and symptoms of COVID-19?	\checkmark		
Is headache among the signs and symptoms of COVID-19?	\checkmark		
Is Chest pain among the signs and symptoms of COVID-19?	\checkmark		
Is body aches (generalized pain) among the signs and symptoms of COVID-19?	\checkmark		
Is fatigue among the signs and symptoms of COVID-19?	\checkmark		
Is diarrhea among the signs and symptoms of COVID-19?	~		
Is a runny nose among the signs and symptoms of COVID-19?	1		
Is dry cough among the signs and symptoms of COVID-19?	\checkmark		
Is productive cough among the signs and symptoms of COVID-19?	\checkmark		
Is bleeding among the signs and symptoms of COVID-19?		\checkmark	
Can a person be infected with COVID-19 and have no signs and symptoms?	\checkmark		

Do Not Know

Table 5. Prevention Methods		
	True	Fal
Does wearing a face mask outside the home offer protection f COVID -19?	rom	
Does washing hands with soap and water offer protection from COVID-19?	m 🗸	
Does avoiding crowded places offer protection from COVID	·19? ✓	
Does the flu vaccine offer protection from COVID -19?		~
Does staying at home offer protection from COVID -19?	√	
Does using hand sanitizer offer protection from COVID -19?	\checkmark	
Does using bleach to clean household surfaces prevent COVID infection?	D-19 √	
Does cleaning fruits and vegetables with soap and water offer protection from COVID-19?	√	
Does cleaning surfaces with a mixture of Flash and bleach off protection from COVID -19?	er	~
Does the quarantine of symptomatic individuals protect other from COVID -19?	× √	
Do cumin, anise, and mint offer protection from COVID -19?		√
What is your main source of information about COVID-19? (option) Internet (social media platforms) Internet (Official websites like world health organization TV/Radio Friends/Member of family Magazines/Books Lectures	•	e more
If you had new information about COVID-19 would you sh raise awareness?	nare it with frie	nds an

2 3 4	12		
5 6			
6 7			
8			
9			
10			
11 12			
13			
14			
15 16			
17			
18			
19 20			
20 21			
22			
23			
24 25			
26			
27			
28 29			
30			
31			
32 33			
34			
35			
36 37			
38			
39			
40 41			
41 42			
43			
44			
45 46			
47			
48			
49			

	Item No	Recommendation	Page No.
Title and abstract	1	(<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract	1
		(<i>b</i>) Provide in the abstract an informative and balanced summary of what was done and what was found	2,3
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5,6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods			
Study design	4	Present key elements of study design early in the paper	6,7
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	6,7
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up	6,7
		<i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the	
		sources and methods of selection of participants (b) Cohort study—For matched studies, give matching criteria and number of exposed and unexposed Case-control study—For matched studies, give matching criteria and the number of controls per case	Not applicabl
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	-
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Not applicabl
Bias	9	Describe any efforts to address potential sources of bias	7
Study size	10	Explain how the study size was arrived at	7
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	8
Statistical methods	12	(<i>a</i>) Describe all statistical methods, including those used to control for confounding	8
		(b) Describe any methods used to examine subgroups and interactions	8
		(<i>c</i>) Explain how missing data were addressed	Not applicabl (no missing data)
		(d) Cohort study—If applicable, explain how loss to follow-up	8

was addressed *Case-control study*—If applicable, explain how matching of cases and controls was addressed *Cross-sectional study*—If applicable, describe analytical methods taking account of sampling strategy

Continued on next page

<text>

Results			Page No.
Participants	13*	(a) Report numbers of individuals at each stage of study-eg numbers	9
		potentially eligible, examined for eligibility, confirmed eligible, included in the	
		study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	-
		(c) Consider use of a flow diagram	-
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social)	9
data		and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of	Not
		interest	applicabl
		© Cohort study—Summarise follow-up time (eg, average and total amount)	Not
			applicabl
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	-
		Case-control study—Report numbers in each exposure category, or summary	-
		measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary	29-35
		measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates	34,35
		and their precision (eg, 95% confidence interval). Make clear which	
		confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	29-33
		(c) If relevant, consider translating estimates of relative risk into absolute risk	Not
		for a meaningful time period	applicabl
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and	
		sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	13-15
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or	16
		imprecision. Discuss both direction and magnitude of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering objectives,	17
		limitations, multiplicity of analyses, results from similar studies, and other	
		relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	16
Other informati	on		
Funding	22	Give the source of funding and the role of the funders for the present study and,	17
-		if applicable, for the original study on which the present article is based	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

BMJ Open

BMJ Open

A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the Syrian Population - a cross-sectional study

Journal:	BMJ Open
Manuscript ID	bmjopen-2020-043305.R3
Article Type:	Original research
Date Submitted by the Author:	22-Mar-2021
Complete List of Authors:	Mohsen, Fatema; Syrian Private University Faculty of Medicine, Bakkar, Batoul; Syrian Private University Faculty of Medicine Armashi, Humam; Syrian Private University Faculty of Medicine Aldaher, Nizar; Syrian Private University Faculty of Medicine; Damascus University Faculty of Medicine
Primary Subject Heading :	Public health
Secondary Subject Heading:	Public health, Infectious diseases
Keywords:	Public health < INFECTIOUS DISEASES, PUBLIC HEALTH, COVID-19





I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our <u>licence</u>.

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which <u>Creative Commons</u> licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

reliez oni

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1	A Crisis Within a Crisis: COVID-19 Knowledge and Awareness among the
2	Syrian Population - a cross-sectional study
3	
4	Authors: Fatema Mohsen ¹ , Batoul Bakkar ¹ , Humam Armashi ¹ , Nizar Aldaher ^{2,3}
5	
6	Affiliations:
7	1 Faculty of Medicine, Syrian Private University, Damascus, Syria.
8	2 Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
9	Damascus University, Damascus, Syria.
10	3 Professor in Infectious Diseases, Department of Internal Medicine, Faculty of Medicine,
11	Syrian Private University, Rif Dimashq, Syria.
12	
13	Corresponding Author:
14	Fatema Mohsen
15	Faculty of Medicine, Syrian Private University, Mazzeh Street, P.O. Box 36822, Damascus,
16	Syrian Arab Republic
17	Tel:00963936396590 Email: fatemamohsena@gmail.com
18	
19	Abstract:

Page 3 of 40

 BMJ Open

Objectives: To gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. **Design:** Web-based cross-sectional survey. Setting: This study was conducted in March 2020, nearly 10 years into the Syrian war crisis. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. **Participants:** A total of 4495 participants completed the survey. Participants with a history of COVID-19 infection, residing outside Syria, or who did not fully complete the survey were excluded from the study. The final sample of 3586 participants (completion rate=79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. **Primary and secondary outcome measures:** The first, knowledge of COVID-19 in 4 areas (1. general knowledge 2. transmission pathways 3. signs and symptoms 4. prevention methods). The second, factors associated with poor knowledge. **Results:** Of the 3586 participants, 2444(68.2%) were female, 1822(50.8%) were unemployed, and 2839(79.2%) were college-educated. The study revealed good awareness regarding COVID-19 (mean 75.6%, SD±9.4%). Multiple linear regression analysis correlated poor mean knowledge scores with male gender (β =-0.933, p=0.005), secondary school or lower education level (β =-3.782, p<0.001), non-healthcare occupation (β =-3.592, p<0.001), low economic status (β =-0.669, p<0.040), and >5 household members (β =-1.737, p<0.001).

BMJ Open

3 4	41	Conclusion: This study revealed some potentially troubling knowledge gaps which underscore
5 6 7	42	the need for a vigorous public education campaign in Syria. This campaign must reinforce the
7 8 9	43	public's awareness, knowledge, and vigilance towards precautionary measures against COVID-
10 11	44	19, and most importantly aid in controlling the worldwide spread of the disease.
12 13 14	45	
14 15 16	46	Strengths and limitations of this study:
17 18 19	47	. Data are derived from a large, national survey across Syria, during the lockdown period.
20 21 22	48	. The survey covered socio-demographic information, general knowledge, transmission,
22 23 24 25	49	symptoms, and prevention.
26 27	50	. Results have broad implications for public health programming and response to COVID-19
28 29 30	51	in Syria.
31 32 33	52	. This web-based cross-sectional study cannot be generalized towards the Syrian population.
34 35 36	53	
37 38 39	54	Keywords: Awareness; Knowledge; COVID-19; Pandemic; Syria; War; Population.
40 41 42 43	55	Deskenound
44 45 46 47	56	Background:
47 48 49	57	Coronavirus disease 2019 (COVID-19) is a highly infectious respiratory disease that
50 51	58	evolved into a worldwide pandemic, threatening a prolonged economic recession. The first
52 53 54	59	incidence was reported at a local seafood market in Wuhan, China. ¹ The virus continues to
54 55 56	60	spread, with steadily increasing morbidity and mortality cases, hitting the poorest and most
57 58	61	vulnerable in the world. Many studies have assessed symptomatic clusters, transmission
59 60	62	pathways, and prevention methods; however, many aspects have yet to be studied. ^{2 3} Sexual

Page 5 of 40

BMJ Open

transmissions, horizontal transmission, animal to human transmission, permanent immunity,and fetal abnormalities as a result of maternal infection are as yet unproven.

The battle against COVID-19 in Syria has just entered its third wave.^{4 5} The first confirmed case was announced on 22 March 2020,⁶ and there had only been 44 cases and 3 deaths at the time of the study. These figures are significantly lower than neighbouring countries such as Turkey (127,659 cases and 3,461 deaths), Iran (98,647 and 6,277), Irag (2,346 and 98), Lebanon (740 and 25), and Jordan (465 and 9).⁷ The Syrian healthcare system is severely under-equipped and lacks the capacity to contain such a crisis. The estimated number of intensive care unit (ICU) beds with ventilators is a mere 325, and the theoretical maximum number of cases that can be adequately treated is only 6,500.8 Once this maximum threshold (capacity) is exceeded, drastic rationing decisions will have to be made. Therefore, cooperation with and response to guidance from the WHO are of utmost importance. Unprecedented measures have been adopted to control the spread of COVID-19 in Syria.⁸ The public's adherence to these control measures is largely affected by their awareness, knowledge, and attitudes towards disease and outbreaks.910

The Syrian conflict, now in its 10th year, has resulted in the worst refugee crisis since World War II.¹¹ The devastating impact of war has placed the public health system under constant strain; the numbers of casualties continue to rise, 70% of health care workers (HCW) have fled the country, the annihilation of healthcare facilities, and the "weaponization" of healthcare are ongoing challenges.⁸¹² These challenges along with dense residential areas, the growing prevalence of chronic illness, and 83% of the population living below the poverty line make Syria highly vulnerable to a severe outbreak.⁸¹³

While some studies have been conducted to assess the knowledge, attitude, and
practices among populations during this pandemic, including one done in China, none have
been undertaken in Syria.¹⁴⁻²¹ To our knowledge this first study which aims to measure the

BMJ Open

> awareness and general knowledge of COVID-19 among the Syrian population at a time where ambiguity and misinformation are rampant. The objective of this study is to gauge specific knowledge around clinical features, transmission pathways, and prevention methods, and to identify factors associated with poor knowledge to help facilitate outbreak management in Syria during this rapid global rise of the COVID-19 pandemic. The information gleaned from this research will help with public health programming and response to COVID-19 in Syria as the pandemic continues to unfold.

96 Methods:

97 Study design, setting, and participants:

This web-based cross-sectional survey was conducted between March 31st and April 4th of 2020, during the lockdown period. Ethical approval was obtained from the Institutional Review Board (IRB) of the Faculty of Medicine, Syrian Private University. The inclusion criteria for this study were participants residing in Syria who completed the survey and had no known history of COVID-19 infection. The authors designed questions were modelled after existing awareness surveys, WHO course materials, technical briefs, and question and answer bank on COVID-19 related topics.^{14 15 22-25} Questions from existing awareness surveys that did not target community awareness regarding COVID-19 were excluded from the study.¹⁴¹⁵ The survey was translated into Arabic and was reviewed by two dialectologists and two infectious disease specialists, who evaluated whether the survey questions effectively assessed COVID-19 knowledge, and checked for double-barrelled and confusing questions, to ascertain validity. We conducted a pilot study on 20 volunteers to assess reliability, clarity, relevance, and the acceptability of the survey. These volunteers were excluded from the final sample to avoid bias. Modifications were made based on feedback received to facilitate better comprehension

Page 7 of 40

BMJ Open

before distributing the final survey to the general population. The Arabic-language survey was posted on various social media platforms including WhatsApp, Telegram, Instagram, and Facebook targeting various social groups. To avoid non-response bias the survey was distributed during lockdown where the majority of the population were out of work and at home. GIFs and posts were adapted to appeal to each social group; the questions were made short and in the form of multiple choice questions that required no typing. The ability for viewers to comment on the link increased the popularity of the survey. Participants confirmed their voluntary participation by answering a yes-no question, were informed of the option to opt-out of the survey at any time, and were assured of the confidentiality and anonymity of their responses. After confirmation, participants were directed to the first part of the survey to complete questions about socio-demographic information including; age, gender, residence, education level, occupation, and economic status. Participants under the age of 18 required informed parental consent, as well as submission of parent/guardian contact information. The researchers were responsible for contacting the parents/guardians to obtain consent before the child was given access to the survey. The sample size calculated was 2401 participants based on a margin of error of 2%, and a confidence interval of 95%, for a population of 18,284,423 people using a sample size calculator (website: https://www.surveysystem.com/sscalc.htm). The self-administered survey contained 40 questions divided into 4 sections: general knowledge (10 questions), transmission pathways (7 questions), clinical features (12 questions), and prevention methods (11 questions). The survey is available in appendix 1.

132 Patient and public involvement:

The public were not involved in the study design, conduct of the study, or plans to disseminatethe results to study participants.

135 Statistical analysis

A scoring system was used to analyse the participants' knowledge: a score of "1" was given for a correct answer and a score of "0" was given for an incorrect answer. The correct answers to the survey were determined from previous surveys and available WHO resources. ¹⁴ ¹⁵ ²²⁻²⁵ The percentage score for mean knowledge was calculated as follows: sum of scores obtained/maximum scores that could be obtained \times 100. Participants' total mean knowledge in all the subsections, and mean knowledge of each subsection were calculated. Data were analysed using the Statistical Package for Social Sciences version 25.0 (SPSS Inc., Chicago, IL, United States) and reported as frequencies and percentages (for categorical variables) or means and standard deviations (SD) (for continuous variables). The t-test was applied to compare mean knowledge scores against both genders, and 3 questions (knowing an infected individual, use of personal belongings, and dissemination of knowledge). The t-test was applied to compare mean knowledge scores against gender. One-way analysis of variance (ANOVA) was applied using f-test to compare mean knowledge scores against socio-demographic variables (age, social status, residence, education level, occupation, economic status, and number of household members), and source of information. Multivariable linear regression analysis using the socio-demographic variables as independent variables (categorical) and mean knowledge score as the outcome variable (continuous) was conducted to identify factors associated with knowledge. Factors were selected with a backward method and were analysed using the unstandardized coefficient (β), and 95% confidence interval. P-values<0.05 were considered statistically significant.

Results:

158 Socio-demographics characteristics:

Of 4495 total participants who completed the survey, participants with a known history of COVID-19 infection, residing outside Syria, and who did not fully complete the survey were excluded. The final sample of 3586 participants (completion rate= 79.8%) consisted of 2444(68.2%) females and 1142(31.8%) males. Participants aged >20 years were the majority 1204(33.6%) while participants between 35 and 39 were the minority 186(5.2%). Participant ages ranged from 12-78 years with a mean of 30 (\pm 10) years). 2279(63.6%) participants were single, 1822(50.8%) were unemployed, 1064(29.7%) were smokers, and 428(11.9%) were alcohol consumers (Table 1). The majority of participants were residents of Damascus/ Rural Damascus 2019(56.3%) and had attained college/university level education (Figure 1).

168 Genera

General Knowledge regarding COVID-19:

Participants showed a good level of awareness regarding COVID-19 (75.6 \pm 9.4%). An adequate level of basic knowledge ($67.0 \pm 18.9\%$) was found among participants, 3383(94.3%) knew that a virus was the causative agent of COVID-19; 2535(70.7%) correctly identified the incubation period as being between 2 days and 2 weeks. Only 1500(41.8%) believed that an infection with COVID-19 does not confer lifelong immunity. The majority of participants 3489(97.3%) were aware that COVID-19 infection in high-risk groups can be fatal. There is currently insufficient evidence on whether infertility is a complication of COVID-19 infection; 461(12.9%) participants believed that COVID-19 can cause infertility while 1903(53.0%) did not. 2986(83.3%), and 2597(72.4%) correctly answered that there are currently no available vaccine or treatments respectively; however, there were misconceptions about the efficacy of antibiotics and Ibuprofen as treatments, 1228(34.2%) and 1268(35.3%) respectively (Table 2).

180 Transmission, and Signs and Symptoms regarding COVID-19:

There was a fair level of awareness (70.7 \pm 16.9%) regarding COVID-19 transmission pathways. A high level of awareness was demonstrated regarding common transmission pathways: 3521(98.2%), 3387(94.4%), and 3330(92.9%) identified respiratory droplets, touching an infected person's personal belongings, and handshaking respectively. There is currently limited evidence of animal-to-human and sexual transmission; 703(19.6%) did not know if transmission occurs between animals and humans, while 899(25.1%) did not know if the virus is transmitted sexually (Table 2).

The data showed a good level of awareness (76.0 \pm 13.6%) regarding clinical features. When asked about the main clinical features, participants correctly identified, fever 3563(99.4%), sore throat 3037(84.7%), headache 3186(88.8%), chest pain 3050(85.0%), general pain 3019(84.2%), fatigue 3405(95.0%), and dry cough 3466(96.7%), whereas only 1972(55.0%) knew that diarrhea can be a symptom. Only 2221(61.9%) were aware that infected individuals may be asymptomatic (Table 2).

Prevention Methods regarding COVID-19:

The highest level of awareness was in the prevention section (88.8 ±10.2%). Washing
hands with soap, avoiding crowded areas, remaining at home, and wearing a face mask outside
are the principal preventative measures against COVID-19, 3574(99.7%), 3574(99.75%),
3554(99.1%), and 3204(89.3%), respectively. A minority of 158(4.4%) believed that cleaning
with a mixture of Flash and bleach is a sound preventive measure. Only 2482(69.2%) knew
that the flu vaccine offers no protection against COVID-19 (Table 2).

201 Statistical Analysis of the Data:

A series of one way ANOVA analyses revealed that mean knowledge differed significantly across: gender (p-value=0.009), age (p-value=0.003), social status (pPage 11 of 40

BMJ Open

value=0.042), education level (p-value<0.001), economic status (p-value<0.001), number of household members (p-value<0.001), place of residence (p-value<0.001), and source of information (p-value<0.001) (Table 3). Participants living in Lattakia (77.6%) exhibited the greatest awareness, whereas those in Ar-Raqqah (71.7%) followed by Deir-ez-Zor (71.8%) exhibited the lowest. The mean knowledge differed across groups that acquired information from different sources, the lowest awareness was among participants who chose family members/friends as one of their source(s) (74.0%), whereas those with the highest awareness acquired their information from lectures as one of their source(s) (78.2%), (Table 3).

When participants were asked if they were likely to share new information with friends and family, 3513(98.0%) answered "yes". There was a significant difference in mean knowledge between those who were inclined to disseminate new information about COVID-19 to friends and family (75.7%) compared with those who were not (72.3%) (p-value=0.002). On exclusive use of personal belongings, 2692(75.1%) answered "yes". We found no significant correlation between mean knowledge and participant tendency to share personal belongings with others (p-value=0.112). Of participants who knew someone infected with COVID-19, 65(1.8%) answered "yes". There was no significant difference in mean knowledge between those who knew an infected individual (75.9%) compared with those who did not (75.6%) (p-value=0.816).

222 Multiple linear regression:

Multiple linear regression analysis results: male gender (vs. female, β =-0.933, p=0.005); education of secondary school or lower (vs. college/university and above, β =-3.782, p<0.001); careers in government, private, business, military, and "other" sectors, as well as unemployment (vs. health care workers, β =-3.592, p<0.001); poor and moderate economic status (vs. good and excellent, β =-0.669, p<0.040); and over 5 household members (vs. of 1-5,

BMJ Open

 β =-1.737, p<0.001) were associated with significantly poorer knowledge scores (Table 4). Careers in health care (vs. Unemployed, β =3.592, p-value=<0.001), and the 31-45 age group (vs. 16-30, β =1.511, p-value=0.005) were associated with significantly higher knowledge scores.

14 232

Discussion:

We found an overall mean knowledge score of 75.6%, indicating that most participants were relatively knowledgeable about COVID-19, though less so compared to their counterparts in China (90%).¹⁴ This level of knowledge was unexpected given that only 10 cases of COVID-19 had been confirmed in Syria at the time of the survey.²⁶

Poor knowledge was associated with males, non-post-secondary education, nonhealthcare occupations, unemployment, poor and moderate economic status, and households with more than 5 members. Similar trends were observed in China.¹⁴ Correlating sociodemographic variables with awareness is critical to public health efforts to mitigate the spread of COVID-19. The data obtained from this study can be leveraged by the Syrian Ministry of Health to tailor prevention and educational campaigns to populations with the widest knowledge gaps.

Our study showed a relatively high level of awareness 2535(70.7%) among the population. In the general knowledge section (mean knowledge score 67%), the majority of the participants 3383(94.3%) knew that COVID-19 is caused by a virus. This was similar to a Pakistani study (93.3%).¹⁹ Low awareness of the 2-to-14 day incubation period was found²⁷ among dentists (36.1%) and HCW (36.4%) in similar studies.^{15 21} Syria has a relatively young population. Statistical data from 2018 showed that only an estimated 4.5% of the population Page 13 of 40

BMJ Open

was over the age of 65.²⁸ 3489(97.3%) knew that COVID-19 infection can be severe and potentially fatal in elderly, chronically ill, and immunodeficient patients. This is higher than in studies conducted in China (73.2%) and India (88.37%).¹⁴²⁹ 40.6% of Syrians are hypertensive, yet a staggering 79.8% of them are unaware of their condition. Diabetes is also prevalent, affecting 11.9% of the population.³⁰³¹ Such a rampant lack of awareness about chronic diseases associated with high mortality in COVID-19 patients underscores the need for targeted awareness campaigns.

At the time of the survey, no standardized evidence-based protocols had yet been developed to treat COVID-19 infections; only 2597(72.4%) participants knew that there was no available treatment at that time. This is higher than a Kenyan study (40%) but significantly lower than a Chinese study (94%).¹⁴¹⁷ A minority 103(2.9%) of participants thought there was a vaccine available against COVID-19, even though vaccines have only become commercially available in the past few months. By contrast, Coimbatore District and Pakistan were less informed, with (18.6%) and (11.6%) respectively believing that such a vaccine was available at the time. In the absence of a vaccine or effective treatment protocol for COVID-19 at the time of the survey, controlling the spread of the disease was the best line of defence, and remains so given the dire shortage of medication, ventilators, ICU capacity, and the continued lack of a vaccine available to the Syrian people. We observed a considerable knowledge gap in 1268(35.3%) with regards to ibuprofen as a treatment option. There is no available evidence to suggest that ibuprofen is effective against COVID-19.32

Participants showed a fair level of awareness regarding transmission pathways (70.7%),
very similar to a Pakistani study (70.8%).¹⁹ The majority 3521(98.2%) of participants were
aware that respiratory droplets are common transmission vectors; this is similar to a Chinese
study (97.8%), but much higher than an Indian study (29.5%).¹⁴ ¹⁸ 3330(92.9%) participants

identified handshaking as a transmission pathway, higher than a study among Jordanian
dentists (85.6%).¹⁵

The majority of survey participants were sufficiently aware of the clinical features of COVID-19 (76.0%), similar to a Pakistani study (77.7%).¹⁹ A very high level of awareness of the most common symptoms was found: fever 3563(99.4%), dry cough 3466(96.7%), fatigue 3405(95.0%), and myalgia 3019(84.2%), similar to findings from Chinese (96.4%) and Indian (95.4%) studies.¹⁴²⁹ When asked about sore throat, a high level of awareness 3037(84.7%) was found compared to studies from India (15.2%) and among dentists in Jordan (28.5%).¹⁵ Knowledge about diarrhea as a symptom was lacking: only 1972(55.0%); a study among dentists also showed low awareness (39.9%).¹⁵¹⁸ While infected individuals are frequently asymptomatic, or present with mild symptoms, around 1 in every 5 infections can be serious enough to require hospitalisation.^{33 34} Only 2221(61.9%) participants were aware that infected individuals can be asymptomatic, while a study among dentists (34.5%) reported much lower awareness. Increasing public awareness about the variability of symptoms is particularly important since those with mild or unreported symptoms may significantly contribute to the transmission of COVID-19. The lack of health insurance, paid sick leave, telecommuting, or other social and professional safety nets increase the likelihood that these "silent spreaders" will underreport symptoms for fear of being forced to miss work.

We found a high level of awareness in the preventive methods section (88.8%), similar to a Pakistani study (85%).¹⁹ Hand hygiene has been known to be an important element of infection control since the 14th century.³⁵ Implementing hand-washing techniques can break the transmission cycle and reduce the risk of infection by 6%-44%.³⁶ Almost all 3574(99.7%) participants were aware that washing hands with soap and water is an important preventive measure against COVID-19. This finding is in accordance with studies from Joran (97.0%), and India (96.2%, and 87%).^{15 18 21} Page 15 of 40

BMJ Open

This year the WHO recommended that the following mitigation measures be implemented during the holy month of Ramadan: cancelling social and religious gatherings, holding events outdoors for adequate ventilation, physical distancing of at least 1 meter between people, and the use of technology to broadcast ceremonies on television.^{37 38} The majority 3574(99.7%) identified avoiding mass gatherings as a preventive measure; studies in China (98.6%) and Coimbatore District (97.7%) reported similar awareness.^{14 29} Cheap and efficient interventions such as N95 (filtration capacity=95%) have a 91% effectiveness of blocking pathogen transmission.³⁹ 3204(89.3%) participants considered wearing a face mask when leaving home as an effective prevention method, compared with a Coimbatore District study (93.02%).29

Since Syrian society is particularly vulnerable to COVID-19, this knowledge gap is potentially dangerous and should be addressed to mitigate disease spread. Only 2482(69.2%) knew that the flu vaccine offers no protection against COVID-19; this is similar to a Coimbatore District study (67.4%), but lower than a study amongst HCWs (90.7%).^{21 29} 314 3305(92.2%) were aware that individuals showing symptoms should quarantine themselves, lower than in China (98.2%) and India (95.8%).^{14 18}

North-East Syria (NES) has a population of over 4 million people, 600,000 of whom are internally displaced refugees, 100,000 of whom live in overcrowded camps: only 2 of NES's 11 hospitals are currently functioning. NES consists of 3 governorates: Ar-Raggah, Deir-ez-Zor, and Al-Hasakah. With only 22 ICU beds, (18 in Al-Hasakah, 4 in Ar-Raggah, and none in Deir-ez-Zor), the maximum capacity threshold is only 80 COVID-19 cases. Ar-Ragga and Deir-ez-Zor, the most vulnerable governorates, also showed the lowest awareness in the study (71.7%), and (71.8%). This is a potentially catastrophic situation, and a concern to the international community, as an unmonitored, uncontrolled outbreak in NES can prolong the global pandemic.

2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12 13	
13 14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
32	
33	
34 35	
36 37	
38	
39	
40	
41	
42	
43	
44	
45	
46	
47	
48	
49	
50	
51	
52	
53	
54	
55 56	
50 57	
57	
59	
60	

325

326 Limitations: 327 Our findings may not be generalized to the wider Syrian population. The authors used 328 329 a convenience sampling strategy involving various social media platforms. Credible published national data regarding the socio-demographic characteristics of Syrians are not 330 available to evaluate the representativeness of our sample. Syrians vulnerable to COVID-19, 331 332 such as the elderly and rural residents, are more likely to exhibit poor knowledge and awareness due to limited internet access. As such, reaching out to these populations must be 333 prioritized. Even though all Syrian governorates were represented in this study, most 334 participants lived in Damascus and Rural Damascus. Furthermore, an assessment of the 335 Syrian population's practices relating to COVID-19 and the attitudes driving them is 336 337 necessary to complete the picture.

338

Conclusion: 339

ho COVID-19 has been a dire warning to humanity about the fragility of its social, 340 economic, and healthcare institutions. Our study revealed good public awareness of clinical 341 features and preventive measures. However general knowledge and knowledge about 342 transmission pathways was suboptimal. Syrians of good socio-economic status, in particular 343 344 young well-educated women, have shown good knowledge. Our national response must adapt to the growing threat of COVID-19 by adopting public awareness strategies and behaviours to 345 contain the disease both within and beyond our borders. 346

Page 17 of 40

1

BMJ Open

2 3	348	Abbreviations: COVID-19: Coronavirus Disease 2019; MERS: Middle East Respiratory
4 5	540	Abbreviations: CO vid 19. Coronavirus Disease 2019, WERS: Whate East Respiratory
5 6 7	349	Syndrome; SARS: Severe Acute Respiratory Syndrome; WHO: World Health Organization;
, 8 9	350	PHEIC: Public Health Emergency of International Concern; ICU: Intensive care unit; IRB:
10 11	351	Institutional Review Board; SPSS: Statistical Package for Social Sciences; SD: Standard
12 13 14 15	352	Deviation; HCW: Health Care Worker.
16 17 18	353	
19 20 21	354	Acknowledgments:
22 23 24	355	We are thankful to the management of the Syrian Private University for the support in
25 26	356	the field of medical training and research. We are thankful to everyone who participated in this
27 28	357	study and to Mrs. Marah Marrawi for her statistical help. We would also like to thank Mr Rod
29 30 31	358	Usher for his valuable comments on the paper.
32 33 34	359	
35 36 37	360	Funding:
38 39 40	361	This research received no specific grant from SPU or any other funding agency in the
40 41 42	362	public, commercial or non-profit sectors.
43 44 45 46	363	
47 48	364	Availability of data and materials:
49 50 51	365	All data related to this paper's conclusion are available and stored by the authors. All
52 53	366	data are available from the corresponding author on a reasonable request.
54 55 56 57	367	
57 58 59 60	368	Declarations:
		16

369 Ethics approval and consent to participate:

This study was approved by the Institutional Review Board (IRB) at the Syrian Private University (SPU). The IRB at SPU did not provide us with a number/ID. All Participants confirmed their written consent by answering a yes-no question. Participants under the age of 18 required verbal informed parental consent, as well as submission of parent/guardian contact information. The researchers were responsible for contacting the parents/guardians to obtain verbal consent before the child was given access to the survey. The verbal and written form of consent was approved by the IRB at SPU. Participation in the study was voluntary and participants were assured that anyone who was not inclined to participate or decided to withdraw after giving consent would not be victimized. All information collected from this study was kept strictly confidential.

Consent for Publication:

381 Not applicable.

382 Competing interests:

The authors declare that they have no competing interests.

384 Authors' contributions:

FM conceptualized the study, participated in the design, wrote the study protocol, performed the statistical analysis, did a literature search, and drafted the manuscript. BB participated in study design, did a literature search, and drafted the manuscript. HA, and NA did a literature search and revision of the draft. All authors read and approved the final draft.

⁹ 390 **Tables and Figures:**

Table 1.

 Table 1. Socio-demographic characteristics: (n=3586)

Page 19 of 40

BMJ Open

Gender (%)	Male	1142(31.8)	Education (%)	Primary School	25(0.7)
	Female	2444(68.2)		Intermediate School	166(4.6)
Age (%)	<20	1204(33.6)		Secondary school	375(10.4)
	20-24	1104(30.8)		College/University	2839(79.2
	25-29	446(12.4)		Master's degree	157(4.4)
	30-34	266(7.4)		PhD	24(0.7)
	35-39	186(5.2)	Occupation (%)	Health care worker	634(17.7)
	>39	380(10.6)		Government institution	283(7.9)
Social Status (%)	Single	2279(63.5)		Private institution	182(5.1)
	In a relationship	286(8.0)		Business	198(5.5)
	Married	943(26.3)		Military	32(0.9)

		Divorced	46(1.3)		Unemployed	182	22(50.8)
		Widowed	32(0.9)		Other	43	5(12.1)
	Economic Status (%)	Poor	247(6.9)	Household members (%)	0	4	6(1.3)
		² Moderate	1247(34.8)		%) 1-5	275	1(76.7)
		³ Good	1761(49.1)		>5	78	39(22)
		4Excellent	331(9.2)				
3						I	
5 5 7 3 9	needs for the fan requirements. ⁴ E Table 2.			ury requirem	essential needs and seents.	ome luxury	
	Table 2 Comm		Τ		C 1 D		
	(n=3586)	rai Knowleuge,	1 ransmissio	n, signs and	Symptoms, and Pre		.UVID-1
			Ger	ieral Knowle	dge		
	Causative Ag	jent Viru		aeral Knowle 383(94.3)	dge Incubation period	1 Minute to	18(0.5
	Causative Ag N(%)	jent Viru				1 Minute to 1 Hour	18(0.5
	_	gent Viru Bacte	15 33		Incubation period		18(0.5 58(1.6

BMJ Open

Parasite 8(0.2) Immune 46(1.3) deficiency Weeks Fungus 0(0.0) Inherited 2(0.1) Do Not Know 108(3.0)		YES(%)	NO(%)	DO	NOT
Parasite8(0.2)Immune46(1.3)deficiencyFungus0(0.0)1 Month	Do Not Know	108(3.0)		>1 Month	17(0.5)
Parasite8(0.2)Immune46(1.3)deficiencyFungus0(0.0)2 Weeks to958(26.7)	Inherited	2(0.1)		1 Month	
Parasite 8(0.2) 2 Days to 2 2535(70.7) Immune 46(1.3) Weeks Weeks	Fungus	0(0.0)			958(26.7)
Parasite 8(0.2) 2 Days to 2 2535(70.7) Weeks 2535(70.7) 3535(70.7) 3535(70.7)	deficiency				
Parasite 8(0.2) 2 Days to 2 2535(70.7)	Immune	46(1.3)		Weeks	
	Parasite	8(0.2)		-	2535(70.7)
				2 Days	

DO NOT

KNOW(%)

		1	
Can infection with COVID-19	815(22.7)	1500(41.8)	1271(35.5)
confer permanent immunity?	0		
Can COVID-19 cause severe	3489(97.3)	28(0.8)	69(1.9)
illness and lead to death in elderly,	(
chronically ill, and	<pre></pre>	2	
immunodeficient patients?		0	
Can COVID-19 cause infertility?	461(12.9)	1222(34.1)	1903(53.0)
Is COVID-19 teratogenic (i.e.	157(4.4)	1433(40.0)	1996(55.6)
cause malformations/			
abnormalities to an embryo/fetus)?			
Is there no available treatment	2597(72.4)	515(14.4)	474(13.2)
against COVID-19?			

1
2
3 4
5
6
/ 8
9
10
11 12
13
14 15
15 16
17
18 19
20
21
22 23
24
25
26 27
28
29 30
30 31
32
33 34
35
36
37 38
39
40 41
41
43
44 45
46
47
48 49
50
51 52
52 53
54
55 56
50 57
58
59 60

Can COVID-19 be treated with antibiotics?	1228(34.3)	1790(49.9)	568(15.8)
Can COVID-19 be treated with Ibuprofen?	1268(35.3)	1921(53.6)	397(11.1)
Are there available COVID-19 vaccines?	103(2.9)	2986(83.3)	497(13.8)
	Transmission Pat	hways	
Respiratory droplets (from coughing or sneezing)	3521(98.2)	21(0.6)	44(1.2)
Handshaking	3330(92.9)	189(5.3)	67(1.8)
Touching an infected person's personal belongings	3387(94.4)	131(3.7)	68(1.9)
Animals-to-human	910(25.4)	1973(55.0)	703(19.6)
Undercooked food	1301(36.3)	1734(48.3)	551(15.4)
Sexual contact	1210(33.7)	1477(41.2)	899(25.1)
Horizontal transmission	1130(31.5)	1160(32.4)	1296(36.1)
	Signs and Sympt	toms	
Fever	3563(99.4)	9(0.2)	14(0.4)
Sneezing	2353(65.6)	1000(27.9)	233(6.5)
Sore throat	3037(84.7)	358(10.0)	191(5.3)

Chest painBody aches (generalized pain)Fatigue	3050(85.0) 3019(84.2) 3405(95.0)	254(7.1) 260(7.2) 72(2.0)	282(7.9) 307(8.6) 109(3.0)
Fatigue	3405(95.0)	72(2.0)	109(3.0)
			``
Diarrhea	1972(55.0)	971(27.1)	643(17.9)
Dry cough	3466(96.7)	44(1.2)	76(2.1)
Productive cough	458(12.8)	2586(72.1)	542(15.1)
Bleeding	130(3.6)	2613(72.9)	843(23.5)
Asymptomatic	2221(61.9)	375(10.5)	990(27.6)

Prevention Methods

Does wearing a face mask outside the home offer protection from COVID-19?	3204(89.3)	314(8.8)	68(1.9)
Does washing hands with soap and water offer protection from COVID-19?	3574(99.7)	5(0.1)	7(0.2)
Does avoiding crowded places offer protection from COVID-19?	3574(99.7)	4(0.1)	8(0.2)
Does the flu vaccine offer protection from COVID-19?	331(9.2)	2482(69.2)	773(21.6)

Does staying at home offer	3554(99.1)	15(0.4)	17(0.5)
protection from COVID-19?			
Does using hand sanitizer offer	3430(95.6)	104(2.9)	52(1.5)
protection from COVID-19?			
Does cleaning household surfaces	3408(95.0)	110(3.1)	68(1.9)
with bleach offer protection from			
COVID-19?			
Does cleaning fruits and vegetables	3262(90.9)	221(6.2)	103(2.9)
with soap and water offer			
protection from COVID-19?	P.		
Does cleaning surfaces with a	158(4.4)	3301(92.1)	127(3.5)
mixture of Flash and bleach offer a			
safe protection from COVID-19?	12		
Does the quarantine of	3305(92.2)	241(6.7)	40(1.1)
symptomatic individuals protect		2	
others from COVID-19?		0	
Do cumin, anise, and mint offer	1041(29.0)	1934(53.9)	611(17.1)
protection from COVID-19?			

Table 3.

 Table 3. Mean knowledge score of participants by demographic variables, and source of information

 (one way ANOVA), (n= 3586)

Cha	racteristics	Number of participants (%)	Mean Knowledge Score (±SD%)	F-test/ T- test	P-value
Gender	Male	1142(31.8)	75.0(±10.1)	-2.625	0.009*
	Female	2444(68.2)	75.9(±9)		
Age-group	<20	1204(33.6)	75.0(±9.9)	2.990	0.011*
(years)	20-24	1104(30.8)	76.4(±9.3)		
	25-29	446(12.4)	76.0(±9.4)		
	30-34	266(7.4)	75.4(±9.4)		
	35-39	186(5.2)	76.1(±7.6)		
	>39	380(10.6)	75.1(±8.6)		
Social	Single	2279(63.5)	75.8(±9.3)	2.485	0.042*

status	In a relationship	286(8.0)	76.6(±8.6)		
	Married	943(26.3)	75.1(±9.4)		
	Divorced	46(1.3)	73.9(±8.8)		
	Widowed	32(0.9)	73.4(±15.9)		
Residence	Urban	2426(67.7)	75.8(±9.3)	1.652	0.099
	Rural	1160(32.3)	75.3(±9.6)		
Education	Primary school	25(0.7)	66.5(±12.4)	26.176	<0.001*
	Intermediate school	166(4.6)	73.2(±9.3)		
	Secondary school	375(10.4)	70.0(±13)		
	College/Universit y	2839(79.2)	76.3(±8.9)		

Page 27 of 40

BMJ Open

	Master's degree	157(4.4)	77.2(±9.7)		
	PhD	24(0.7)	76.6(±8.5)		
Occupatio	Health care	634(17.7)	78.6(±8.6)	16.379	<0.001*
n	worker				
	Government	283(7.9)	75.7(±7.9)		
	institution	C			
		0			
	Private institution	182(5.1)	75.5(±9)		
			0		
	Business	198(5.5)	73.4(±10.2)		
	Military	32(0.9)	71.2(±15.6)		
	Unemployed	1822(50.8)	75.3(±9.2)		

	Other	435(12.1)	74.0(±10.2)		
Economic status	Excellent	331(9.2)	76.6(±11.1)	7.108	<0.001*
	Good	1761(49.1)	76.2(±9.4)		
	Moderate	1247(34.8)	74.9(±9)		
	Poor	247(6.9)	74.3(±9.3)		
Household members	0	46(1.3)	74.4(±10.6)	15.451	<0.001*
	1-5	2751(76.7)	76.1(±9)		
	>5	789(22.0)	74.0(±10.2)		
Source of	Health websites	2823(78.7%)	76.4(±8.7)	24.523	<0.001*
n	Social media	1998(55.7%)	74.6(±9.6)		0.001

1 2	
2	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16 17	
17 18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
32	
33	
34 35	
35 36	
37	
38	
39	
40	
41	
42	
43	
44	
45	
46	
47	
48	
49 50	
50	
51 52	
52 53	
55 54	
55	
56	
57	
58	
59	
60	

Television/ radio	1572(43.8%)	75.5(±9)	
Family members/ friends	528(14.7%)	74.0(±10.3)	
Lectures	517(14.4%)	78.2(±7.5)	
Magazines/ books	266(7.4%)	77.6(±8.8)	

403 **Table 4.**

402

Table 4. Multiple linear regression on variables associated with poor COVID-19 knowledge

Variable	Coefficient	Standard error	t	Р
Male gender (reference: female)	-0.933	0.334	-2.794	0.005*
education of secondary school or lower (reference: college/university and above)	-3.782	0.466	-8.125	<0.001*

annons in accomment private	-3.592	0.474	-7.579	<0.001*
careers in government, private,				
business, military, and "other"				
sectors, as well as unemployment				
(reference: health care workers)				
	-0.669	0.325	-2.057	0.040*
poor and moderate economic status		0.020	2.007	0.0.0
(reference: good and excellent)				
>5 household members (reference:	-1.737	0.374	-4.648	<0.001*
of 1-5)	2			

Figures and tables legends:

- CZ.CZ
 Table 1. Sociodemographic characteristics
- Table 2. General Knowledge, Transmission, Signs and Symptoms, and Prevention around COVID-19
- Table 3. Mean knowledge score of participants by demographic variables
 - Table 4. Multiple linear regression on variables associated with poor COVID-19 knowledge
- Figure 1. Distribution of participants according to governorates and education level
- **References:**

- 1. Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. The Lancet 2020;395(10223):497-506. doi: 10.1016/s0140-6736(20)30183-5 2. Viner RM, Ward JL, Hudson LD, et al. Systematic review of reviews of symptoms and signs of COVID-19 in children and adolescents. 2020
- 3. Rahman HS, Aziz MS, Hussein RH, et al. The transmission modes and sources of COVID-19: A systematic review. 2020

Page 31 of 40

2		
3	420	4. Affairs UOftCoH, Organization WH. Syrian Arab Republic: COVID-19 Humanitarian Update No. 23
4	421	As of 1 February 2021. World Health Organization 2021
5	422	5. Al-awsat A. Syria Grapples with Third COVID-19 Wave. Alsharg Al-awsat 2021
6 7	423	6. McKernan B. Syria confirms first Covid-19 case amid fears of catastrophic spread. <i>The Guardian</i>
7 8	424	2020
8 9	425	7. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 106. 2020
10	426	8. Gharibah M, Mehchy Z. COVID-19 pandemic: Syria's response and healthcare capacity. 2020
11	427	9. Ajilore K, Atakiti I, Onyenankeya K. College students' knowledge, attitudes and adherence to
12	428	public service announcements on Ebola in Nigeria: Suggestions for improving future Ebola
13	429	prevention education programmes. <i>Health Education Journal</i> 2017;76(6):648-60.
14	430	10. Tachfouti N, Slama K, Berraho M, et al. The impact of knowledge and attitudes on adherence to
15	431	tuberculosis treatment: a case-control study in a Moroccan region. Pan African Medical
16	432	Journal 2012;12(1)
17	433	11. McNatt Z, Boothby NG, Al-Shannaq H, et al. Impact of Separation on Refugee Families: Syrian
18 19	433	Refugees in Jordan. 2018
20	434 435	12. Syria anniversary press release. United Nations Office for the Coordination of Humanitarian
21	435	Affairs (OCHA) 2020
22	430 437	13. UNICEF Syria Crisis Situation Report 2019
23	437	14. Zhong B-L, Luo W, Li H-M, et al. Knowledge, attitudes, and practices towards COVID-19 among
24	438 439	
25	439 440	Chinese residents during the rapid rise period of the COVID-19 outbreak: a quick online
26	440 441	cross-sectional survey. International Journal of Biological Sciences 2020;16(10):1745.
27		15. Khader Y, Al Nsour M, Al-Batayneh OB, et al. Dentists' Awareness, Perception, and Attitude
28 29	442	Regarding COVID-19 and Infection Control: Cross-Sectional Study Among Jordanian Dentists.
29 30	443	JMIR Public Health and Surveillance 2020;6(2):e18798.
31	444	16. Qarawi A, Ng SJ, Gad A, et al. Awareness and Preparedness of Hospital Staff against Novel
32	445	Coronavirus (COVID-2019): A Global Survey - Study Protocol. SSRN Electronic Journal 2020
33	446	doi: 10.2139/ssrn.3550294
34	447	17. Austrian K, Pinchoff J, Tidwell JB, et al. COVID-19 related knowledge, attitudes, practices and
35	448	needs of households in informal settlements in Nairobi, Kenya. 2020
36	449	18. Roy D, Tripathy S, Kar SK, et al. Study of knowledge, attitude, anxiety & perceived mental
37	450	healthcare need in Indian population during COVID-19 pandemic. Asian Journal of Psychiatry
38	451	
39 40	452	19. Hussain T, Khan S, Gilani U, et al. Evaluation of General Awareness Among Professionals
40 41	453	Regarding COVID-19: A Survey Based Study from Pakistan. 2020
42	454	20. Zhou M, Tang F, Wang Y, et al. Knowledge, attitude and practice regarding COVID-19 among
43	455	health care workers in Henan, China. Journal of Hospital Infection 2020
44	456	21. Bhagavathula AS, Aldhaleei WA, Rahmani J, et al. Novel Coronavirus (COVID-19) Knowledge and
45	457	Perceptions: A Survey on Healthcare workers. <i>medRxiv</i> 2020
46	458	22. Organization WH. Introduction to COVID-19: methods for detection, prevention, response and
47	459	control. 2020
48	460	23. Organization WH. Q&As on COVID-19 and related health topics.
49 50	461	24. Organization WH. Water, sanitation, hygiene and waste management for COVID-19: technical
50 51	462	brief, 03 March 2020: World Health Organization, 2020.
52	463	25. Organization WH. Key planning recommendations for mass gatherings in the context of COVID-
53	464	19: interim guidance, 19 March 2020: World Health Organization, 2020.
54	465	26. Organization WH. Coronavirus disease 2019 (COVID-19): situation report, 71. 2020
55	466	27. Backer J, Klinkenberg D, Wallinga J. Incubation period of 2019 novel coronavirus (2019-nCoV)
56	467	infections among travellers from Wuhan, China, 20–28 January 2020. Eurosurveillance
57	468	2020;25 doi: 10.2807/1560-7917.ES.2020.25.5.2000062
58	469	28. Plecher H. Age structure in Syria 2018. <i>Statista</i> 2020
59 60		
60		

1		
2		
3	470	29. Vadivu TS, Annamuthu P. An Awareness and Perception of COVID-19 among General Public–A
4	471	Cross Sectional Analysis. 2014
5	472	30. Organization WH. Web World Health Organization–Diabetes country profiles: Diakses, 2016.
6	473	31. Tailakh A, Evangelista LS, Mentes JC, et al. Hypertension prevalence, awareness, and control in A
7		
8	474	rab countries: A systematic review. <i>Nursing & health sciences</i> 2014;16(1):126-30.
9	475	32. The use of non-steroidal anti-inflammatory drugs (NSAIDs) in patients with COVID-19. World
10	476	Health Organization 2020
11	477	33. Surveillances V. The epidemiological characteristics of an outbreak of 2019 novel coronavirus
12	478	diseases (COVID-19)—China, 2020. China CDC Weekly 2020;2(8):113-22.
13	479	34. Organization WH. Getting your workplace ready for COVID-19: How COVID-19 spreads, 19 March
14	480	2020: World Health Organization, 2020.
15	481	35. Best M, Neuhauser D. Ignaz Semmelweis and the birth of infection control. Quality & safety in
16	482	health care 2004;13:233-4. doi: 10.1136/qhc.13.3.233
17	483	36. Rabie T, Curtis V. Handwashing and Risk of Respiratory Infections: A Quantitative Systematic
18 19	484	Review. Tropical medicine & international health : TM & IH 2006;11:258-67. doi:
20		
20 21	485	10.1111/j.1365-3156.2006.01568.x
22	486	37. Practical considerations and recommendations for religious leaders and faith-based communities
22	487	in the context of COVID-19. World Health Organization 2020
24	488	38. Safe Ramadan practices in the context of the COVID-19 World Health Organization 2020
25	489	39. Jefferson T, Foxlee R, Del Mar C, et al. Physical interventions to interrupt or reduce the spread of
26	490	respiratory viruses: systematic review. <i>Bmj</i> 2008;336(7635):77-80.
27		
28	491	
29		
30		
31		
32		
33		
34		
35		
36		
37		
38		
39		
40		
41		
42		
43		
44 45		
45 46		
40 47		
47 48		
49		
5 0		
51		
52		
53		
54		
55		
56		
57		
58		
59		
60		

Page 33 of 40

58 59

60

BMJ Open

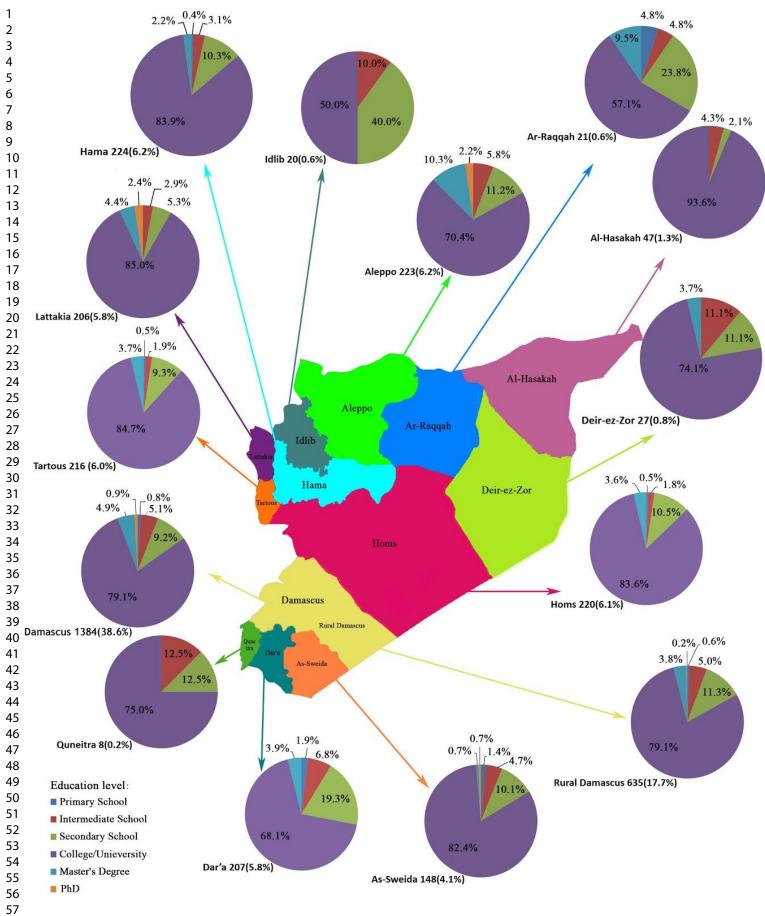


Figure 1. Distribution of participants according to governorates and education level

For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

1 Attached Survey:

2 Appendix 1

Socio-demographic Characteristics	
Age (years): Below 15 15-20 20-30 30-50 40-50 50-60 60-70 Above 70	Gender: Male Female
Marital status: Single Relationship Married Divorced Widowed	Educational level:Primary schoolIntermediate schoolSecondary schoolUniversity/CollegMaster's DegreePHD Degree
Occupation: Health care worker Government institution Private institution Business Military Unemployed Other	Residence: Damascus/Rural Damascus Aleppo Homs Tartous Lattakia Dara'a As-Sweida Al Hasakah Deir-ez-Zor Idlib Ar-Raqqah
Area:	Economic Status: Excellent Good Moderate Poor
Do you smoke?	Do you drink alcohol? Yes No
How many peopl	e do you live with?]11-15]16-20 Above 20
Do you share toiletries/perso Yes	nal care products with others?
Do you know anyone in Yes	nfected with COVID-19?
Table 2. General Knowledge about COVID-19	

3 4 5 7 3 9 10 11 12	What is COVID-19? Virus Bacteria Parasite Fungus Immunodeficiency Inherited Do not know Inherited	Do you know how with COVID-19 signs and sympto 1 Minute to 1 Days 2 Days to 2 w 1 Month Over a 1 mon	can a perse oms? Hour	on suffer f	from to 2
13 14 15 16 17	Can an infection with COVID-19 confer permanyou cannot contract a you cannot contract a Yes Vo			with CO	VID-19
18 19 20 21 22	Can COVID-19 cause severe illness and lead to diabetes, asthma), and those who h Yes No		immune sy		tension,
22 23 24 25	Can COVID-19 c	ause infertility? ☑Do not kn	ow		
26 27 28	Is COVID-19 teratogenic (i.e. cause malform Yes	a tions/abnormali t		mbryo/fet	us)?
29 30 31	Treatment for COVID-19				
32 33 34		Yes	No	Do No	t Know
35 36	No treatment available				
37 38 39	Antibiotics	2	\checkmark		
40 41	Ibuprofen	0	~		
42 43 44 45	Is there an available va ☐Yes ✓No	ccine for COVID-			
46 6 47 7 48					
49 50 51	Table 3. Transmission Pathways				
52 53 54			Yes	No	Do Not Know
55 56 57	Can COVID-19 be transmitted via respiratory dr or sneezing) of infected individuals?	oplets (coughing	✓		
58 59 60	Can COVID-19 be transmitted after shaking-han individual?	ds with an infected	1 🗸		

Can COVID-19 be transmitted after touching an infected individual's personal belongings?	~	
Can COVID-19 be transmitted from animals to humans?		\checkmark
Can COVID-19 be transmitted via undercooked food?		\checkmark
Can COVID-19 be transmitted via sexual contact?		\checkmark
Can COVID-19 be transmitted via vertical transmission (mother to fetus)?	~	

	True	False	Do Not
	IIuc	r aise	Know
Is fever/temperature among the signs and symptoms of COVID- 19?	\checkmark		
Is sneezing among the signs and symptoms of COVID-19?	\checkmark		
Is sore throat among the signs and symptoms of COVID-19?	\checkmark		
Is headache among the signs and symptoms of COVID-19?	\checkmark		
Is Chest pain among the signs and symptoms of COVID-19?	\checkmark		
Is body aches (generalized pain) among the signs and symptoms of COVID-19?	\checkmark		
Is fatigue among the signs and symptoms of COVID-19?	\checkmark		
Is diarrhea among the signs and symptoms of COVID-19?	V		
Is a runny nose among the signs and symptoms of COVID-19?	1		
Is dry cough among the signs and symptoms of COVID-19?	\checkmark		
Is productive cough among the signs and symptoms of COVID-19?	\checkmark		
Is bleeding among the signs and symptoms of COVID-19?		\checkmark	
Can a person be infected with COVID-19 and have no signs and symptoms?	\checkmark		

Do Not Know

Table 5. Prevention Methods		
	True	Fals
Does wearing a face mask outside the home offer protection from COVID -19?	n 🗸	
Does washing hands with soap and water offer protection from COVID-19?	~	
Does avoiding crowded places offer protection from COVID -19	?	
Does the flu vaccine offer protection from COVID -19?		~
Does staying at home offer protection from COVID -19?	~	
Does using hand sanitizer offer protection from COVID -19?	~	
Does using bleach to clean household surfaces prevent COVID- infection?	9 √	
Does cleaning fruits and vegetables with soap and water offer protection from COVID-19?	\checkmark	
Does cleaning surfaces with a mixture of Flash and bleach offer protection from COVID -19?		~
Does the quarantine of symptomatic individuals protect others from COVID -19?	~	
Do cumin, anise, and mint offer protection from COVID -19?		√
What is your main source of information about COVID-19? (Yo option) Internet (social media platforms) Internet (Official websites like world health organization) TV/Radio Friends/Member of family Magazines/Books Lectures		
If you had new information about COVID-19 would you shar raise awareness?	e it with frie	nds and

2 3 4 5 6	12		
7 8			
9 10			
11			
12 13			
14			
15 16			
17			
18 19			
20			
21 22			
23 24			
25			
26 27			
28			
29 30			
31			
32 33			
34 35			
36			
37 38			
39			
40 41			
42			
43 44			
45			
46 47			
48 49			
サフ			

STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No.
Title and abstract	1	(<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract	1
		(<i>b</i>) Provide in the abstract an informative and balanced summary of what was done and what was found	2,3
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5,6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods			
Study design	4	Present key elements of study design early in the paper	6,7
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	6,7
Participants	6	 (a) Cohort study—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up 	6,7
		<i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the	
		sources and methods of selection of participants (b) Cohort study—For matched studies, give matching criteria and number of exposed and unexposed Case-control study—For matched studies, give matching criteria and the number of controls per case	Not applicabl
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	-
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Not applicabl
Bias	9	Describe any efforts to address potential sources of bias	7
Study size	10	Explain how the study size was arrived at	7
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	8
Statistical methods	12	(<i>a</i>) Describe all statistical methods, including those used to control for confounding	8
		(b) Describe any methods used to examine subgroups and interactions	8
		(c) Explain how missing data were addressed	Not applicabl (no missing data)
		(d) Cohort study—If applicable, explain how loss to follow-up	8

was addressed *Case-control study*—If applicable, explain how matching of cases and controls was addressed *Cross-sectional study*—If applicable, describe analytical methods taking account of sampling strategy

Continued on next page

<text>

Results			Page No.
Participants	13*	(a) Report numbers of individuals at each stage of study-eg numbers	9
		potentially eligible, examined for eligibility, confirmed eligible, included in the	
		study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	-
		(c) Consider use of a flow diagram	-
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social)	9
data		and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of	Not
		interest	applicabl
		© Cohort study—Summarise follow-up time (eg, average and total amount)	Not
			applicabl
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	-
		Case-control study—Report numbers in each exposure category, or summary	-
		measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary	29-35
		measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates	34,35
		and their precision (eg, 95% confidence interval). Make clear which	
		confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	29-33
		(c) If relevant, consider translating estimates of relative risk into absolute risk	Not
		for a meaningful time period	applicabl
Other analyses	17	Report other analyses done-eg analyses of subgroups and interactions, and	
		sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	13-15
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or	16
		imprecision. Discuss both direction and magnitude of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering objectives,	17
		limitations, multiplicity of analyses, results from similar studies, and other	
		relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	16
Other informati	on		
Funding	22	Give the source of funding and the role of the funders for the present study and,	17
		if applicable, for the original study on which the present article is based	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.