${\bf S7}$ Table. Contact reduction parameters chosen for the simulations of the USA.

Parameter	Description	Value
$t_{\rm Dist_1}$	Day when first contact restrictions (e.g. travel bans etc.) start	50
$t_{\rm Dist_2}$	Day when restrictions were partly lifted	115
t_{Dist_3}	Day when first "relief period" ends and a "hard lockdown" starts	190
$t_{\rm Dist_4}$	Day when "hard lockdown" is relieved into a "soft lockdown"	255
$t_{\rm Dist_5}$	Day when second "soft lockdown" ends and a new "hard lockdown" starts	290
$t_{\rm Dist_6}$	Day when second "hard lockdown" ends and a "relief period" starts	309
$t_{\rm Dist_7}$	Day when "relief period" ends and a subsequent "hard lockdown" starts	316
$t_{\rm Dists}$	Day when "hard lockdown" ends and a stronger lockdown starts	325
$t_{\rm Dist_9}$	Day when stronger "hard lockdown" ends and a "soft lockdown" starts	335
$t_{\rm Dist_{10}}$	Day when "soft lockdown" ends and "hard lockdown" starts	354
$t_{\text{Dist}_{11}}$	Day when general contact reduction ends	450
$p_{\rm Cont_1}$	General contact reduction between individuals during the first lockdown	55%
$p_{\rm Cont_2}$	General contact reduction during the first "relief period"	22%
$p_{\rm Cont_3}$	General contact reduction during the "hard lockdown"	55%
$p_{\rm Cont_4}$	General contact reduction between individuals during the "soft lockdown"	45%
$p_{\rm Cont_5}$	General contact reduction between individuals during the second "hard lockdown"	65%
$p_{\rm Cont_6}$	General contact reduction between individuals during the second "relief period"	55%
$p_{\rm Cont_7}$	General contact reduction during the "hard lockdown"	60%
$p_{\rm Cont_8}$	General contact reduction during the stronger "hard lockdown"	70%
$p_{\rm Cont_9}$	General contact reduction between individuals during the "soft lockdown"	55%
$p_{\text{Cont}_{10}}$	General contact reduction between individuals during the "hard lockdown"	65%