

Additional File 4: Additional Harvest Plots

Figure A1: Harvest plot of studies assessing sources of carbohydrates. Each bar represents a single study.

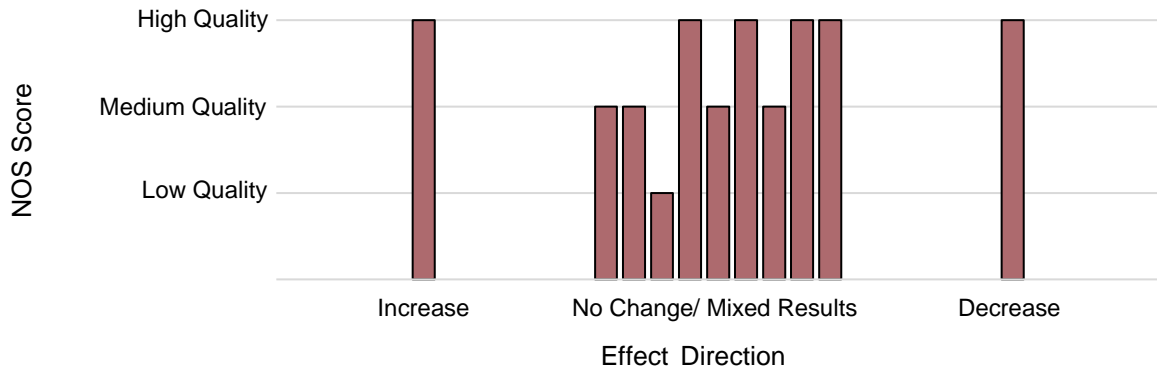


Figure A2: Harvest plot of studies assessing dairy intake. Each bar represents a single study.

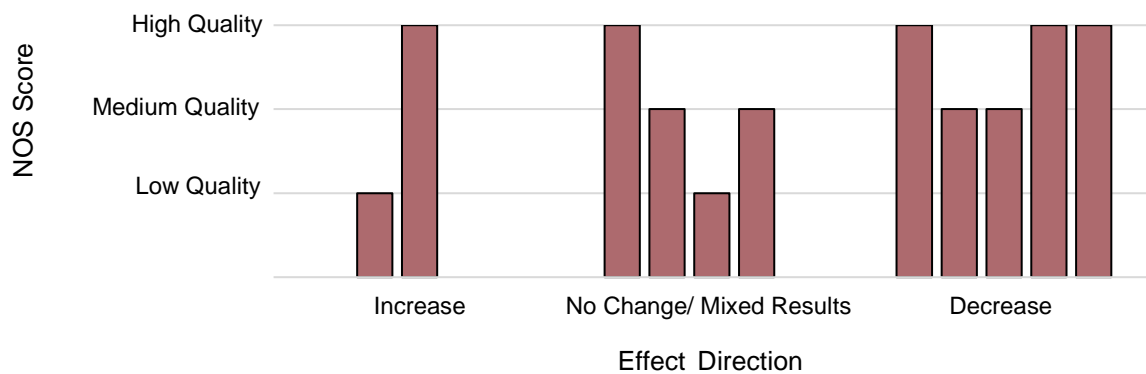


Figure A3: Harvest plot for studies assessing fats and oils intake. Each bar represents a single study.

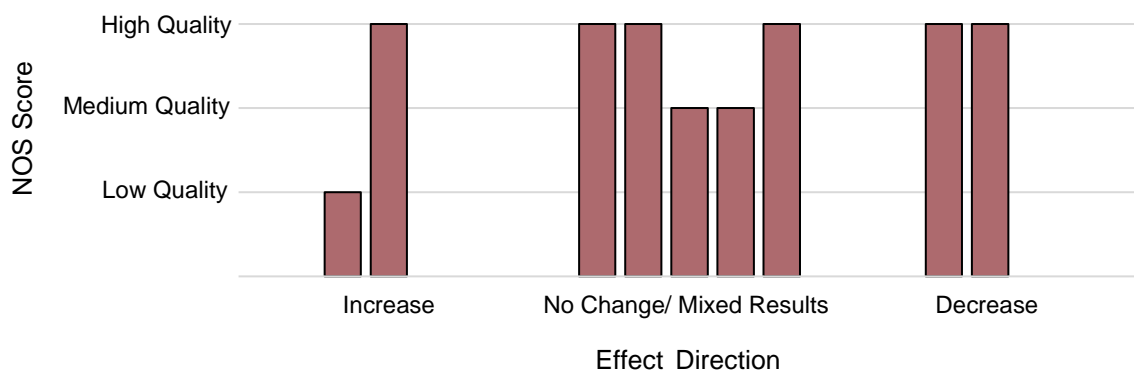


Figure A4: Harvest plot for studies assessing meat intake. Each bar represents a single study.

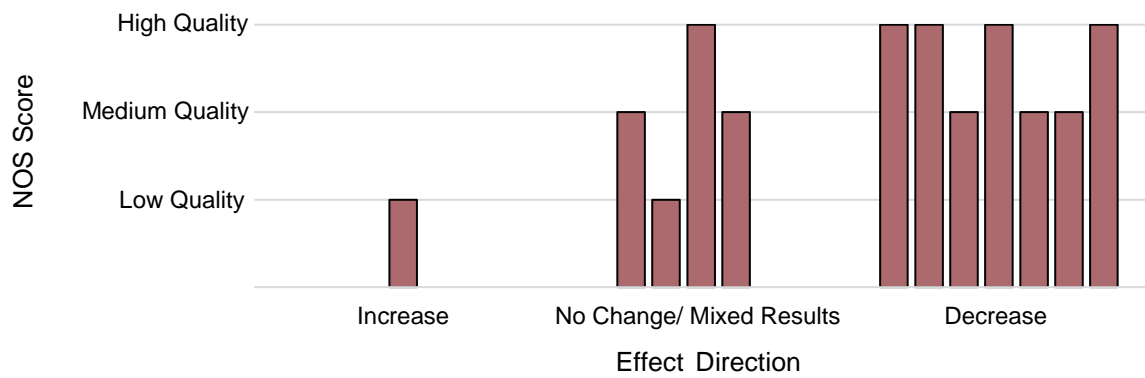


Figure A5: Harvest plot for studies assessing fish intake. Each bar represents a single study.

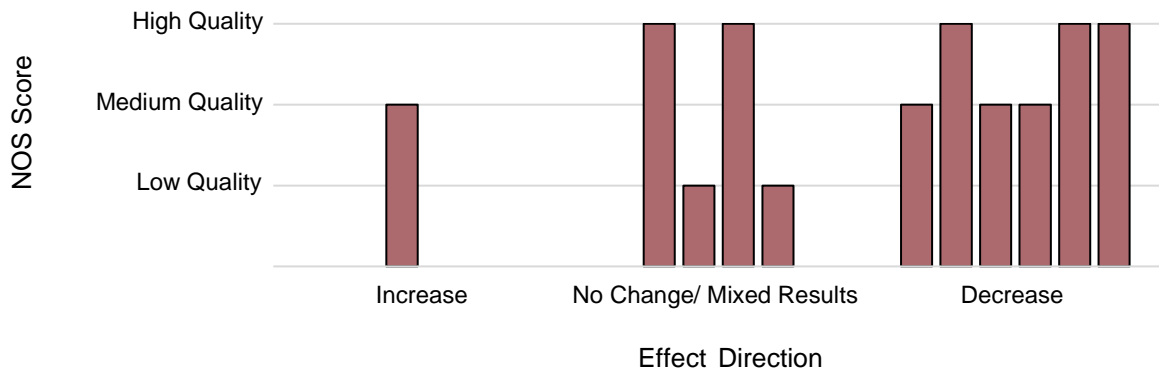


Figure A6: Harvest plot for studies assessing other proteins including legumes and eggs. Each bar represents a single study.

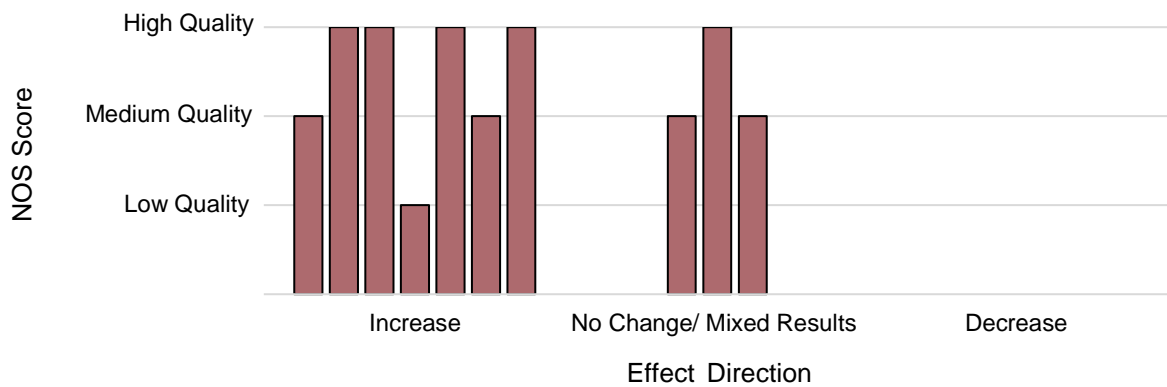


Figure A7: Harvest plot for studies assessing fast food intake. Each bar represents a single study.

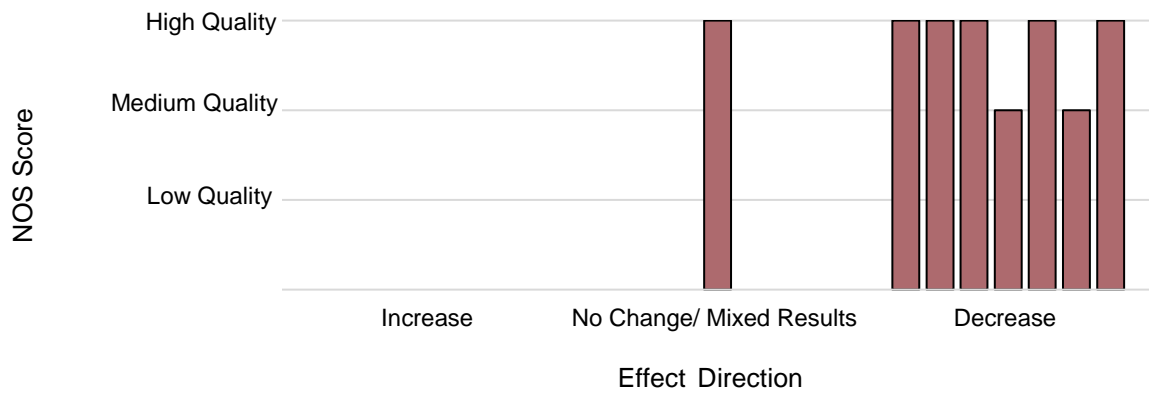


Figure A8: Harvest plot for studies assessing snack intake. Each bar represents a single study.

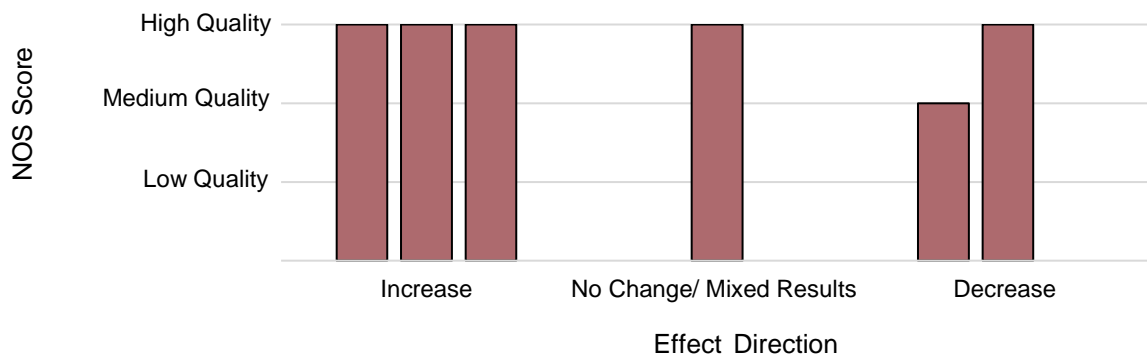


Figure A9: Harvest plot for studies assessing sugar products intake. Each bar represents a single study.

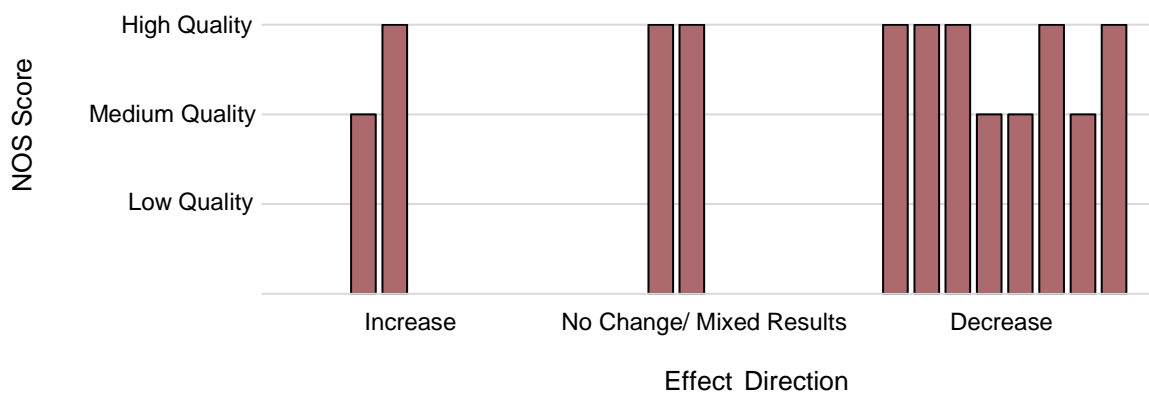


Figure A10: Harvest plot for studies assessing non-alcoholic beverage intake. Each bar represents a single study.

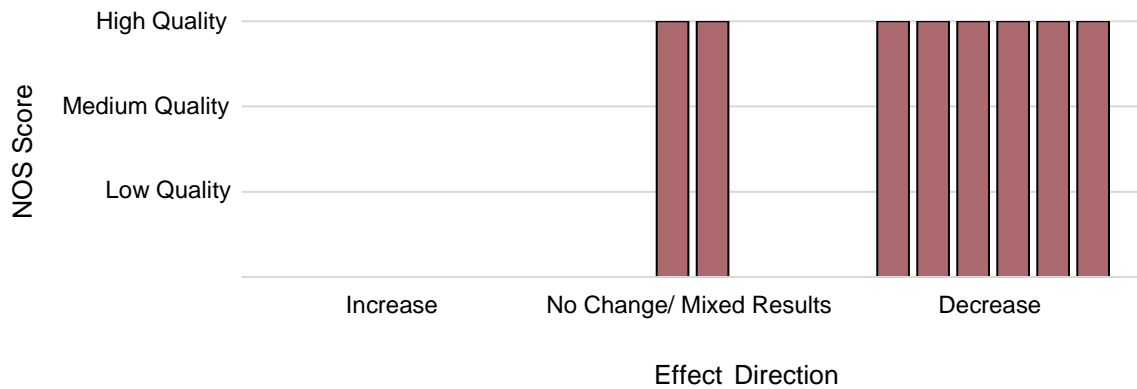


Figure A11: Harvest plot for studies assessing carbohydrate intake. Each bar represents a single study.

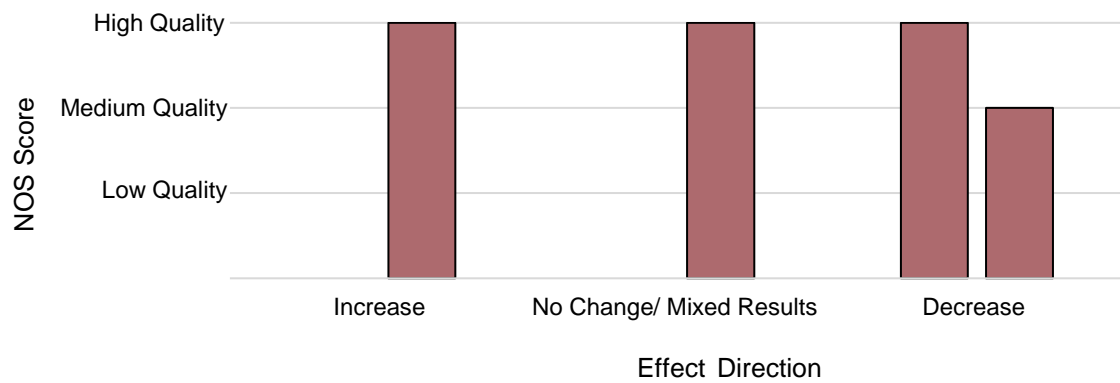


Figure A12: Harvest plot for studies assessing sugar intake. Each bar represents a single study.

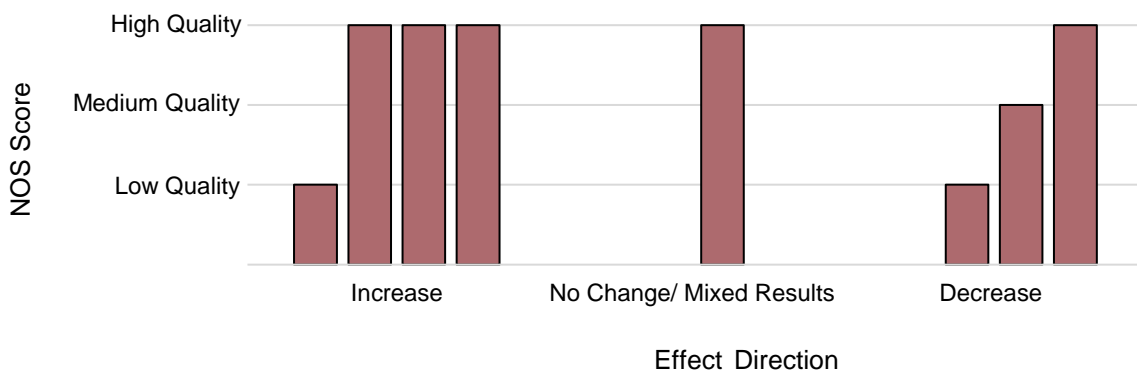


Figure A13: Harvest plot for studies assessing protein intake. Each bar represents a single study.

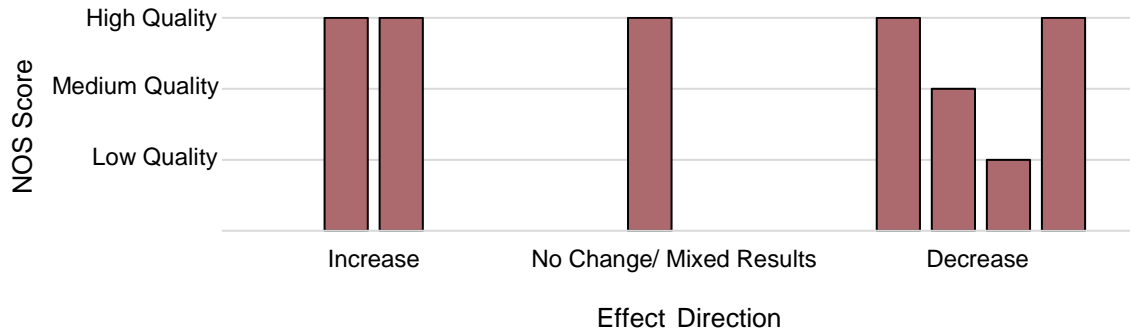


Figure A14: Harvest plot for total fat intake. Each bar represents a single study.

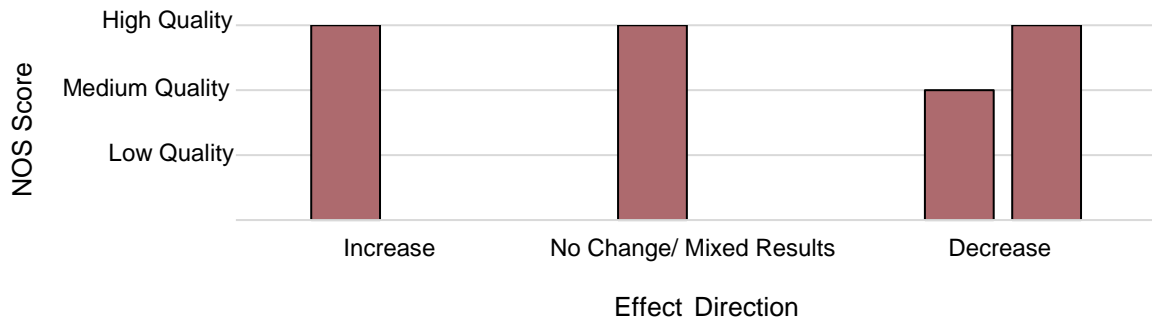


Figure A15: Harvest plot for studies assessing saturated fat intake. Each bar represents a single study.

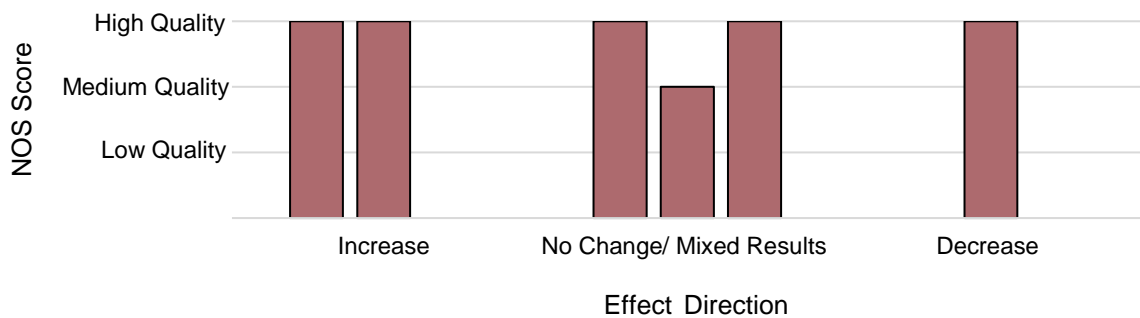


Figure A16: Harvest plot for studies assessing fibre intake. Each bar represents a single study.

