Supplement for "Opposing Relationships of Childhood Threat and Deprivation with Stria Terminalis White Matter"

Short running title: Childhood Adversity and Visceral White Matter

Layla Banihashemi<sup>1</sup>, Christine W. Peng<sup>1</sup>, Timothy Verstynen<sup>2</sup>, Meredith L. Wallace<sup>1,3</sup>, Daniel N. Lamont<sup>4</sup>, Hussain M. Alkhars<sup>5</sup>, Fang-Cheng Yeh<sup>6</sup>, Joseph E. Beeney<sup>1</sup>, Howard J. Aizenstein<sup>1</sup>, Anne Germain<sup>1</sup> <sup>1</sup>Department of Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania 15213, USA <sup>2</sup>Department of Psychology, Carnegie Mellon University, Pittsburgh, Pennsylvania 15213, USA <sup>3</sup>Department of Statistics, University of Pittsburgh, Pittsburgh, Pennsylvania 15213, USA <sup>4</sup>Petersen Institute of NanoScience and Engineering, University of Pittsburgh, Pittsburgh, Pennsylvania 15213, USA

<sup>5</sup>Department of Neuroscience, University of Pittsburgh, Pittsburgh, Pennsylvania 15213, USA <sup>6</sup>Department of Radiology, University of Pittsburgh, Pittsburgh, Pennsylvania 15213, USA

### **Corresponding author:**

Layla Banihashemi 3811 O'Hara St Pittsburgh, PA 15213 Office phone: 412-383-2151 layla.banihashemi@pitt.edu

### **Study Protocol & Measures**

### HCP Image Acquisition and Reconstruction

HCP data was acquired on a Siemens Skyra 3T scanner with a customized SC72 gradient insert. Multishell diffusion MRI scans consisted of 3 shells of b=1000, 2000, and 3000 s/mm2 interspersed with an approximately equal number of acquisitions on each shell within each run using a spin-echo EPI sequence (TR = 5520 ms, TE = 89.5 ms, voxel size = 1.25 mm isotropic, FoV = 210 X 180, b-max = 3000 s/mm2). Diffusion MRI data were reconstructed using a Q-space diffeomorphic reconstruction (QSDR) (Yeh & Tseng, 2011) with a diffusion sampling length ratio of 1.25. The diffusion ODFs of all 488 subjects with diffusion MRI collected were averaged in MNI space to obtain a group atlas (Fig. S1). Analyses were performed on this atlas image.



Fig. S1. Human Connectome Project Orientation Distribution Function Group Map.

# HCP Tractography and Analysis

All tractography was performed using DSI Studio (http://dsi-studio.labsolver.org/). Fornix and stria terminalis tractography was performed using the ICBM152 template MPRAGE image. A section was located in which the lateral ventricles had broken through to merge with the third ventricle. A fornix (column and body) mask (Johns Hopkins University, JHU, White Matter Labels 1mm atlas) was dilated to the mid-point of the head of the caudate so as to encompass the ST and terminal vein and then was used as a ROI for tractography (Fig. S2 A). JHU masks for the anterior limb of the internal capsule (Fig. S2 B) and the corpus

callosum (Fig. S2 B&C) were used as regions of avoidance (ROAs). Standard tracking parameters were used and tracking was set to terminate at 25,000 streamlines. Streamlines of the internal capsule, anterior commissure, and medial forebrain bundle were deleted. The left and right stria terminalis were separated from the fornix. MFB tractography was performed using a rectangular ROI covering the dorsal brainstem as a seed and fibers that coursed through the mid-brain tegmentum toward the BST and PVN were selected (Fig. 3 A & B in manuscript). Standard tracking parameters were used and tracking was set to terminate at 25,000 streamlines.



### Fig. S2. Fornix and Stria Terminalis Tractography Approach.

*Group:* A fornix (column and body) mask (JHU White Matter Labels) was dilated to encompass the stria terminalis (ST) and used as a region of interest (ROI) (green, A). JHU masks for the corpus callosum (B & C) and anterior limb of the internal capsule (B) were used as regions of avoidance (ROA, red).

# Human Connectome Project, Individual Tractography

We performed FX, ST and MFB tractography in 20 random individuals from the larger sample of 488

HCP participants and found that the individual FX, ST and MFB tractography was representative of the group

analysis (See Figs. S3 & S4; See Table S1 for summary characterizations of the tractography).



**Fig. S3. Fornix and Stria Terminalis Tractography in Three Representative Individuals.** Similar to the group analysis, fornix endpoints (blue) were located within the hippocampus (D-F) and within the medial preoptic nucleus and paraventricular hypothalamus (A-C). Stria terminalis endpoints (red) were localized primarily within the dorsal and ventral BST (A-C). Full tractography for fornix (blue) and stria terminalis (red) is shown alongside each individual's endpoint images (G-I). Dilated regions represent BST (magenta, A-C) and paraventricular/preautonomic hypothalamus (blue, A-C) ROIs used previously (Banihashemi et al., 2015) and hippocampus (light blue, D-F) and amygdala (aqua green, D-F) ROIs from the AAL atlas.



**Fig. S4. Medial Forebrain Bundle Tractography in Three Representative Individuals.** Tractography within three representative individuals (A-C) was similar to that of the group analysis; medial forebrain bundle endpoints (light blue) were located within the ventral BST (red, D-F). Dilated regions represent the BST (light red, A-F) ROI used previously (Banihashemi et al., 2015) and the dorsal brainstem seed (blue rectangular prism, B-C).

Table S1. Fornix, Stria Terminalis and Medial Forebrain Bundle Tractography Characterization (n=20).

	Fornix (mean)	Fornix (S.D.)	ST (mean)	ST (S.D.)	MFB (mean)	MFB (S.D.)
Tracts (number)	4097.50	1367.78	343.11	181.37	7367.15	1385.77
Tract Length (mean, mm)	78.82	13.58	68.87	23.41	63.18	3.31
Tract Volume (mm <sup>3</sup> )	20302.95	4523.19	2650.43	1285.04	6488.20	538.11
QA (mean)	0.52	0.08	0.40	0.08	0.66	0.11

#### Results

# **CTQ Threat Subscale Post-hoc Analyses**

#### Stria Terminalis

Table S2. Regression Results from CTQ Threat Subscale & Stria Terminalis Models.

		Stria Terminalis gFA				
Step	Variable	St. Beta	t	р		
2	Emotional Abuse	249	-2.303	.024*		
	Socioeconomic	.264	2.432	.017*		
	Deprivation					
3	Emotional Abuse	223	-2.024	.046*		
	Socioeconomic	.228	1.926	.057		
	Deprivation					
2	Physical Abuse	362	-3.222	.002*		
	Socioeconomic	.340	3.059	.003*		
	Deprivation					
3	Physical Abuse	337	-2.805	.006*		
	Socioeconomic	.299	2.458	.016*		
	Deprivation					
2	Sexual Abuse	215	-2.054	.043*		
	Socioeconomic	.247	2.288	.024*		
	Deprivation					
3	Sexual Abuse	213	-2.032	.045		
	Socioeconomic Deprivation	.226	1.912	.059		

Step 2 includes age, sex and race, while Step 3 includes adulthood trauma, adulthood SES and negative life events. Bold values indicate significance at p<0.05; an asterisk indicates survival of FDR correction (0.05) for three tests.

#### Medial Forebrain Bundle

Table S3. Regression Results from CTQ Threat Subscale & Medial Forebrain Bundle Models.

		Medial F	Medial Forebrain Bundle gFA				
Step	Variable	St. Beta	t	р			
2	Emotional Abuse	200	-1.809	.074			
	Socioeconomic	.028	.252	.801			
	Deprivation						
3	Emotional Abuse	192	-1.675	.097			
	Socioeconomic	.001	.011	.991			
	Deprivation						
2	Physical Abuse	281	-2.408	.018			
	Socioeconomic	.085	.738	.462			
	Deprivation						
3	Physical Abuse	277	-2.193	.031			
	Socioeconomic	.057	.448	.655			
	Deprivation						
2	Sexual Abuse	175	-1.635	.106			
	Socioeconomic	.015	.134	.894			
	Deprivation						
3	Sexual Abuse	167	-1.522	.132			
	Socioeconomic	005	038	.970			
	Deprivation						

Step 2 includes age, sex and race, while Step 3 includes adulthood trauma, adulthood SES and negative life events. Bold values indicate significance at p<0.05; these did not survive multiple comparison correction (FDR <0.05).



**Fig. S5.** Relationship between Early Repeated Traumatic Events and Medial Forebrain Bundle Structural Integrity. THQ 0-11 had a significant negative effect on MFB gFA ( $\beta = -0.271$ ; p = 0.011). [Removing one outlier (THQ 0-11 = 7) from this model makes the finding more robust ( $\beta = -0.340$ ; p = 0.001)]. Scatterplots indicate primary lifetime diagnosis from the SCID-IV (white – no history of affective diagnosis, red – post-traumatic stress disorder (PTSD), blue – depressive disorder, purple – anxiety disorder).

### Later Childhood Threat (Repeated Traumatic Events, age 12-17), Deprivation and Visceral White Matter

#### Stria Terminalis

Both THQ 12-17 and socioeconomic deprivation (SED, maximum parental education level reverse coded) had significant effects on ST gFA; THQ 12-17 had a negative effect ( $\beta = -0.331$ ; *p* = 0.002), while SED had a positive effect ( $\beta = 0.272$ ; *p* = 0.010) on ST gFA. Both survived multiple comparison correction and remained significant with the additional adulthood covariates (Table S4, left).

#### Medial Forebrain Bundle

There were no significant effects of THQ 12-17 or SED on MFB gFA (Table S4, right).

Table S4. Regression Results: Childhood Threat (Repeated Traumatic Events, age 12-17), Socioeconomic Deprivation and Visceral White Matter Models.

		Stria	Terminalis	gFA	Medial Forebrain Bundle gFA			
Step	Variable	St. Beta	t	p	St. Beta	t	p	
1	Age	.060	.571	.570	.087	.835	.406	
	Sex	146	-1.411	.162	.062	.602	.548	
	Race	062	597	.552	126	-1.211	.229	
2	Age	.028	.278	.782	.105	.975	.332	
	Sex	123	-1.255	.213	.057	.551	.583	
	Race	.016	.162	.872	094	887	.377	
	THQ 12-17	331	-3.268	.002	177	-1.651	.102	
	Socioeconomic	.272	2.617	.010	.013	.121	.904	
	Deprivation							
3	Age	.010	.085	.932	.118	.951	.344	
	Sex	137	-1.291	.200	.067	.592	.555	
	Race	006	064	.949	105	977	.331	
	THQ 12-17	338	-3.042	.003	187	-1.573	.119	
	Socioeconomic	.210	1.859	.066	026	212	.833	
	Deprivation							
	THQ >18	.106	.878	.382	023	176	.861	
	Adulthood SES	157	-1.502	.137	105	937	.351	
	Negative Life Events	067	540	.590	.028	.208	.836	

#### Threat, Deprivation (Neglect) and Stria Terminalis White Matter

To investigate whether opposing relationships of threat and socioeconomic deprivation (SED) on ST structural integrity are robust to other measures of deprivation, we examined the additive effects of threat (abuse or early, repeated traumatic events) and CTQ Deprivation (sum of the CTQ neglect subscales). Regression analyses revealed similar trends of opposing effects of CTQ Threat and CTQ Deprivation on ST structural integrity (gFA). In the CTQ Threat and CTQ Deprivation model, CTQ Threat had a negative effect (ß

= -.375; p = .018), while CTQ Deprivation had a positive, although non-significant, effect on ST gFA ( $\beta$  = 0.213;

*p* = 0.179, Table S5). Thus, CTQ Deprivation had a positive relationship with stria terminalis gFA with a small-

to-moderate effect size, similar to the parental education level variable used to defined SED in the primary

analyses. (VIF)

In the THQ 0-11 model and CTQ Deprivation model, THQ 0-11 had a significant, negative effect on ST

gFA ( $\beta$  = -0.304; *p* = 0.009), while CTQ Deprivation did not have a significant effect on ST gFA (Table S6).

rennin	ans Structural integrity								
		Stria Terminalis gFA							
Step	Variable	St. Beta	t	р	Tolerance	VIF			
1	Age	.060	.571	.570	.967	1.035			
	Sex	146	-1.411	.162	.985	1.015			
	Race	062	597	.552	.978	1.022			
2	Age	.087	.815	.417	.880	1.136			
	Sex	177	-1.712	.090	.949	1.053			
	Race	023	221	.826	.955	1.047			
	CTQ Threat	375	-2.407	.018	.417	2.401			
	CTQ Deprivation	.213	1.355	.179	.410	2.441			
3	Age	.066	.557	.579	.697	1.436			
	Sex	204	-1.879	.064	.838	1.193			
	Race	044	432	.667	.944	1.059			
	CTQ Threat	363	-2.324	.022	.405	2.469			
	CTQ Deprivation	.187	1.182	.240	.393	2.542			
	THQ >18	.124	.997	.321	.641	1.559			
	Adulthood SES	189	-1.834	.070	.932	1.073			
	Negative Life Events	131	-1.072	.287	.659	1.518			

Table S5. Regression Results: Childhood Threat (Abuse), Childhood Deprivation (Neglect) and Stria Terminalis Structural Integrity

Bold values indicate significance at p<0.05

Table S6. Regression Results: Childhood Threat (Repeated Traumatic Events, age 0-11), Childhood Deprivation (Neglect) and Visceral White Matter Analyses

		Stria Terminalis gFA						
Step	Variable	St. Beta	t	р	Tolerance	VIF		
1	Age	.060	.571	.570	.967	1.035		
	Sex	146	-1.411	.162	.985	1.015		
	Race	062	597	.552	.978	1.022		
2	Age	.069	.647	.519	.880	1.136		
	Sex	148	-1.443	.153	.954	1.048		
	Race	019	185	.853	.955	1.047		
	THQ 0-11	304	-2.678	.009	.773	1.293		
	CTQ Deprivation	.077	.648	.519	.714	1.400		
3	Age	.019	.161	.872	.671	1.490		
	Sex	155	-1.426	.157	.826	1.210		
	Race	040	389	.698	.942	1.062		
	THQ 0-11	304	-2.499	.014	.661	1.514		
	CTQ Deprivation	.040	.337	.737	.679	1.472		
	THQ >18	.156	1.245	.217	.620	1.612		
	Adulthood SES	164	-1.585	.117	.910	1.099		
	Negative Life Events	070	560	.577	.622	1.607		

Bold values indicate significance at p<0.05

### Stria Terminalis Regression Results Stratified by Sex

To investigate whether opposing relationships of threat and socioeconomic deprivation on ST gFA is driven by a particular sex, we examined the same models within females and males separately (Tables S7-8). These analyses reveal similar trends within both males and females, with greater threat associated with less ST gFA and greater SED associated with greater ST gFA. While results are more robust in females, the female sample is better powered to detect these effects.

Table S7. Regression Results Stratified by Sex: Childhood Threat (Abuse), Socioeconomic Deprivation and Stria Terminalis Structural Integrity (gFA)

		Fe	emales (n=5	6)	Males (n=40)			
Step	Variable	St. Beta	t	p	St. Beta	t	p	
1	Age	.050	.372	.711	.067	.411	.684	
	Sex	224	-1.658	.103	.131	.800	.429	
2	Age	.069	.466	.643	016	102	.919	
	Sex	136	984	.330	.135	.889	.380	
	CTQ Threat	255	-1.617	.112	423	-2.622	.013	
	Socioeconomic	.290	1.921	.060	.316	1.933	.061	
	Deprivation							
3	Age	.050	.274	.785	063	382	.705	
	Sex	172	-1.265	.212	.051	.304	.763	
	CTQ Threat	193	-1.228	.225	438	-2.620	.013	
	Socioeconomic	.362	2.204	.032	.256	1.441	.159	
	Deprivation							
	THQ >18	.187	.968	.338	.062	.373	.712	
	Adulthood SES	024	165	.870	167	981	.334	
	Negative Life Events	398	-2.435	.019	.115	.670	.508	

Bold values indicate significance at p<0.05

Table S8. Regression Results Stratified by Sex: Childhood Threat (THQ), Socioeconomic Deprivation and Stria Terminalis Structural Integrity (gFA)

		Fe	emales (n=5	6)	Males (n=40)			
Step	Variable	St. Beta	t	p	St. Beta	t	p	
1	Age	.050	.372	.711	.067	.411	.684	
	Sex	224	-1.658	.103	.131	.800	.429	
2	Age	.063	.486	.629	.011	.067	.947	
	Sex	097	768	.446	.147	.892	.379	
	THQ 0-11	451	-3.479	.001	177	-1.059	.297	
	Socioeconomic	.309	2.334	.024	.201	1.193	.241	
	Deprivation							
3	Age	046	267	.790	029	163	.872	
	Sex	114	888	.379	.076	.418	.679	
	THQ 0-11	414	-2.748	.008	200	-1.135	.265	
	Socioeconomic	.378	2.512	.015	.128	.700	.489	
	Deprivation							
	THQ >18	.261	1.412	.164	.062	.337	.738	
	Adulthood SES	.068	.491	.626	207	-1.133	.265	
	Negative Life Events	259	-1.571	.123	.057	.310	.759	

Bold values indicate significance at p<0.05

# **Relationships between Childhood Adversity and Affective Symptoms**

Our childhood adversity measures were significantly associated with depression and post-traumatic stress symptoms, and the number of lifetime mood and anxiety/trauma-related diagnoses ranging from small to large effect sizes (see Table 9).

Table S9. Relationships between Childhood Adversity and Affective Symptoms.

		CTQ Threat	THQ 0-11	THQ 12-17	CTQ Deprivation	chSES	BDI- II	PCL- C	Lifetime Diagnoses
CTQ Threat	r		.647**	.653**	.756**	.403**	.511**	.571**	.629**
	p		.000	.000	.000	.000	.000	.000	.000
THQ 0-11	r	.647**		.770**	.454**	.232*	.267**	.408**	.438**
	p	.000		.000	.000	.023	.009	.000	.000
THQ 12-17	r	.653**	.770**		.551**	.236*	.259*	.281**	.428**
	p	.000	.000		.000	.020	.011	.006	.000
CTQ Deprivation	r	.756**	.454**	.551**		.399**	.491**	.566**	.621**
	p	.000	.000	.000		.000	.000	.000	.000
Deprivation (chSES, reverse coded)	r	.403**	.232*	.236*	.399**		.334**	.294**	.371**
	p	.000	.023	.020	.000		.001	.004	.000
BDI-II	r	.511**	.267**	.259*	.491**	.334**		.852**	.672**
	р	.000	.009	.011	.000	.001		.000	.000
PCL-C	r	.571**	.408**	.281**	.566**	.294**	.852**		.695**
	р	.000	.000	.006	.000	.004	.000		.000
Lifetime diagnoses	r	.629**	.438**	.428**	.621**	.371**	.672**	.695**	
	p	.000	.000	.000	.000	.000	.000	.000	

\*\*. Correlation is significant at the 0.01 level (2-tailed).

\*. Correlation is significant at the 0.05 level (2-tailed).

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