

1 **Table S2. Overview of the 40-individual cohort that underwent the controlled oral hygiene**  
 2 **regimen. (a)** Overview of the cohort. **(b)** Background information on each subject that  
 3 participated in the cohort.  
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Demographic/Statistic Category	High_bleeder (n=20)	Low bleeder (n=20)	Overall (n=40)	p-value
<b>Age (Years)</b>				
Mean (SD)	33.60 (6.52)	37.65 (9.44)	35.63 (8.27)	0.123 <sup>a</sup>
Min.-Max.	23 - 52	22 - 53	22 - 53	
<b>Gender</b>				
Female <sup>b</sup>	16 (80%)	16 (80%)	32 (80%)	1.000 <sup>c</sup>
Male <sup>b</sup>	4 (20%)	4 (20%)	8 (20%)	
<b>Smoking</b>				
Yes <sup>b</sup>	2 (10%)	2 (10%)	4 (10%)	1.000 <sup>c</sup>
No <sup>b</sup>	18 (90%)	18 (90%)	36 (90%)	
<sup>a</sup> Two-sided ANOVA <i>p</i> -value for the treatment comparison. <sup>b</sup> The number (percent) of subjects in each category. <sup>c</sup> Two-sided chi-square <i>p</i> -value for the treatment comparison. <sup>d</sup> Two-sided Fisher's exact test <i>p</i> -value for the treatment comparison.				

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Host_ID	Group	Age	Gender	Smoking
3003	High_bleeder	38	F	N
3007	High_bleeder	37	F	N
3008	High_bleeder	29	F	N
3012	High_bleeder	30	F	N
3015	High_bleeder	33	F	N
3016	High_bleeder	30	F	N
3017	Low_bleeder	28	F	N
3018	Low_bleeder	22	F	N
3025	Low_bleeder	41	F	N
3032	Low_bleeder	53	F	N
3034	High_bleeder	52	F	N
3045	Low_bleeder	46	M	N
3046	High_bleeder	31	M	Y
3047	High_bleeder	31	F	N
3051	Low_bleeder	36	F	N
3052	High_bleeder	37	M	N
3055	High_bleeder	34	M	N

3056	High_bleeder	28	F	N
3204	High_bleeder	23	F	N
5007	High_bleeder	36	F	N
5041	Low_bleeder	41	F	N
5059	Low_bleeder	47	F	N
5065	Low_bleeder	31	F	N
5076	High_bleeder	33	F	N
5085	Low_bleeder	49	F	N
5092	Low_bleeder	31	M	Y
5103	High_bleeder	31	F	N
5114	Low_bleeder	31	F	N
5238	High_bleeder	47	F	N
7008	Low_bleeder	46	F	N
7042	Low_bleeder	47	F	N
7055	High_bleeder	30	F	N
8003	High_bleeder	30	M	Y
8011	Low_bleeder	30	F	N
8018	Low_bleeder	23	M	N
8430	High_bleeder	32	F	N
9011	Low_bleeder	29	M	Y
9030	Low_bleeder	31	F	N
9148	Low_bleeder	47	F	N
9158	Low_bleeder	44	F	N

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