

**Supplementary Table 2.** Factor analysis of comorbid diagnosis

Variables	Values
Bipolar disorder*	0.9761
Anxiety disorder†	0.8220
Alcohol use disorder	-0.8404

Major depressive disorder was removed due to high correlation.  
\*Including bipolar disorder I, II and not otherwise specified, †Including panic disorder, social anxiety disorder, social phobia, agoraphobia, generalized anxiety disorder