

Supplementary Material

Table S1: Baseline characteristics for derivation cohort stratified by complexity.

| | Overall (N=1889) | Non- complex (N=1326) | Complex (N=563) |
|--|---------------------------------------|-----------------------------|--------------------|
| | n (%) or median [interquartile range] | | |
| Age | | | |
| ≥ 80 years | 447 (32) | 337 (35) | 110 (25) |
| 70 to 79 years | 327 (23) | 218 (23) | 109 (24) |
| 60 to 69 years | 239 (17) | 152 (16) | 87 (19) |
| < 60 years | 391 (28) | 251 (26) | 140 (31) |
| Missing | 3 (0.2) | 2 (0.2) | 1 (0.2) |
| Gender | | | |
| Male | 748 (53) | 494 (51) | 254 (57) |
| Female | 656 (47) | 464 (48) | 192 (43) |
| Missing | 3 (0.2) | 2 (0.2) | 1 (0.2) |
| Living area¹ | | | |
| Urban | 460 (33) | 335 (35) | 125 (28) |
| Rural | 923 (66) | 606 (63) | 317 (71) |
| Missing | 24 (2) | 19 (2) | 5 (1) |
| Marital status | | | |
| Single | 477 (34) | 306 (32) | 171 (38) |
| Couple | 673 (48) | 458 (48) | 215 (48) |
| Widowed | 252 (18) | 193 (20) | 59 (13) |
| Missing | 5 (0.4) | 3 (0.3) | 2 (0.4) |
| Hospitalization within last 12 months | 480 (34) | 317 (33) | 163 (36) |
| Medication² | | | |
| Antineoplastic and immunomodulating agents at admission | 43 (3) | 20 (2) | 23 (5) |
| Nervous system at admission | 1001 (71) | 666 (69) | 335 (75) |
| Systemic hormonal preparations, excluding sex hormones and insulins at discharge | 253 (18) | 163 (17) | 90 (20) |
| High costs during hospitalization³ | | | |
| For imaging procedures | 367 (26) | 179 (19) | 188 (42) |
| For laboratory analysis | 365 (26) | 147 (15) | 218 (49) |
| High nurse workload⁴ | 358 (25) | 146 (15) | 212 (47) |
| Charlson Comorbidity Index | 2 [0; 4] | 2 [0; 3] | 2.5 [1; 5] |
| Principal or concomitant diagnosis at discharge | | | |
| Cancer ⁵ | 175 (12) | 104 (11) | 71 (16) |
| COPD ⁶ | 139 (10) | 91 (9) | 48 (11) |
| Dementia ⁷ | 120 (8) | 89 (9) | 31 (7) |
| Depression ⁸ | 148 (10) | 94 (10) | 54 (12) |
| Heart failure ⁹ | 235 (17) | 143 (15) | 92 (21) |

¹ Defined according to the Swiss Federal Statistical Office based on place of residence

² Group of drugs according to ATC classification

³ Defined as costs of all imaging procedures or medication during hospital stay above 75th percentile

⁴ Defined as sum of hours of all nursing work (incl. sitting guard) during hospital stay above 75th percentile

⁵ ICD10-codes B21, C00 through C97, Z03.1

⁶ ICD10-codes J44

⁷ ICD10-codes F00 through F03, F05.0, F05.1

⁸ ICD10-codes F20.4, F25.1, F31.3 F31.4, F31.5, F32, F33, F41.2, F92.0

⁹ ICD10-codes I50

| | | | |
|--|----------|----------|----------|
| Pneumonia ¹⁰ | 186 (13) | 115 (12) | 71 (16) |
| Sepsis ¹¹ | 162 (11) | 88 (9) | 74 (17) |
| Stroke ¹² | 72 (5) | 50 (5) | 22 (5) |
| Substance abuse ¹³ | 154 (11) | 90 (9) | 64 (14) |
| Syncope ¹⁴ | 68 (5) | 55 (6) | 13 (3) |
| Malnutrition ¹⁵ | 190 (13) | 82 (8) | 108 (24) |
| Multimorbidity | | | |
| Low (number of diagnoses ≤ 6) | 387 (27) | 322 (33) | 65 (14) |
| Middle (number of diagnoses > 6 and <14) ¹⁶ | 642 (46) | 443 (46) | 199 (44) |
| High (number of diagnoses ≥ 14) | 375 (27) | 193 (20) | 182 (41) |
| PCCL | | | |
| No complication or comorbidity | 297 (21) | 239 (25) | 58 (13) |
| Light complication or comorbidity | 22 (2) | 15 (2) | 7 (2) |
| Moderate complication or comorbidity | 211 (15) | 161 (17) | 50 (11) |
| Severe complication or comorbidity | 390 (28) | 289 (30) | 101 (23) |
| Very severe complication or comorbidity | 484 (34) | 254 (26) | 230 (51) |
| Missing | 3 (0.2) | 2 (0.2) | 1 (0.2) |
| Abnormal creatinine level¹⁷ | | | |
| At admission and discharge | 278 (20) | 181 (19) | 97 (22) |
| At admission only | 128 (9) | 72 (7) | 56 (12) |
| At discharge only | 50 (4) | 24 (2) | 26 (6) |
| Missing | 275 (19) | 229 (24) | 46 (10) |
| Leukocytosis¹⁸ | | | |
| At admission and discharge | 15 (1) | 6 (0.6) | 9 (2) |
| At admission only | 60 (4) | 35 (4) | 25 (6) |
| At discharge only | 11 (0.8) | 3 (0.3) | 8 (2) |
| Missing | 260 (18) | 223 (23) | 37 (8) |
| Patient destination | | | |
| Death | 105 (7) | 73 (8) | 32 (7) |
| Home | 875 (62) | 621 (65) | 254 (57) |
| Hospital | 141 (10) | 85 (9) | 56 (12) |
| Nursing home | 109 (8) | 79 (8) | 30 (7) |
| Rehabilitation | 138 (10) | 79 (8) | 59 (13) |
| Others and missing | 39 (3) | 23 (2) | 16 (4) |

Table S2: Baseline characteristics for all patients in the validation cohort stratified by complexity.

| | Overall (N=1889) | Non- complex (N=1326) | Complex (N=563) |
|------------|---------------------------------------|--------------------------------------|----------------------------|
| | n (%) or median [interquartile range] | | |
| Age | | | |
| ≥ 80 years | 132 (27) | 105 (29) | 27 (23) |

¹⁰ ICD10-codes A48.1, B01.2, B05.2, J10.0, J11.0, J12 through J18, J68.0, J69, J85.1, O74.0, U69.00

¹¹ ICD10-codes A02.1, A20.7, A22.7, A26.7, A32.7, A39.2, A39.3, A39.4, A40, A41, A42.7, B37.7

¹² ICD10-codes I63

¹³ ICD10-codes F10 through F19, F53, F66.8, F66.9

¹⁴ ICD10-codes R55

¹⁵ ICD10-codes E40 through E46

¹⁶ Between 25th and 75th percentile

¹⁷ Defined as creatinine ≥100 µmol/l

¹⁸ Defined as leukocyte count ≥20 G/l

| | | | |
|--|----------|-------------|----------|
| 70 to 79 years | 110 (23) | 86 (23) | 24 (21) |
| 60 to 69 years | 83 (17) | 59 (16) | 24 (21) |
| < 60 years | 146 (30) | 112 (31) | 34 (29) |
| Missing | 11 (2) | 4 (1) | 7 (6) |
| Gender | | | |
| Male | 254 (53) | 199 (54) | 55 (47) |
| Female | 217 (45) | 163 (44) | 54 (47) |
| Missing | 11 (2) | 4 (1) | 7 (6) |
| Living area¹ | | | |
| Urban | 151 (31) | 118 (32) | 33 (28) |
| Rural | 315 (65) | 242 (66) | 73 (63) |
| Missing | 16 (3) | 6 (2) | 10 (9) |
| Marital status | | | |
| Single | 159 (33) | 123 (34) | 36 (31) |
| Couple | 243 (50) | 183 (50) | 60 (52) |
| Widowed | 79 (16) | 59 (16) | 20 (17) |
| Missing | 1 (0.2) | 1 (0.3) | 0 (0) |
| Hospitalization within last 12 months | 193 (40) | 135 (37) | 58 (50) |
| Medication² | | | |
| Antineoplastic and immunomodulating agents at admission | 27 (6) | 18 (5) | 9 (8) |
| Nervous system at admission | 339 (70) | 252 (69) | 87 (75) |
| Systemic hormonal preparations, excluding sex hormones and insulins at discharge | 105 (22) | 73 (20) | 32 (28) |
| High costs during hospitalization³ | | | |
| For imaging procedures | 118 (24) | 76 (21) | 42 (36) |
| For laboratory analysis | 117 (24) | 56 (15) | 61 (53) |
| High nurse workload⁴ | 117 (24) | 57 (15.6) | 60 (52) |
| Charlson Comorbidity Index | 2 [0; 4] | 2.00 [0; 3] | 3 [1; 5] |
| Principal or concomitant diagnosis at discharge | | | |
| Cancer ⁵ | 50 (10) | 50 (10) | 50 (10) |
| COPD ⁶ | 32 (9) | 32 (8) | 32 (9) |
| Dementia ⁷ | 18 (15) | 18 (15) | 18 (15) |
| Depression ⁸ | 47 (10) | 47 (10) | 47 (10) |
| Heart failure ⁹ | 33 (9) | 33 (9) | 33 (9) |
| Pneumonia ¹⁰ | 14 (12) | 14 (12) | 14 (12) |
| Sepsis ¹¹ | 43 (9) | 43 (9) | 43 (9) |
| Stroke ¹² | 36 (10) | 36 (9) | 36 (10) |
| Substance abuse ¹³ | 7 (6) | 7 (6) | 7 (6) |
| Syncope ¹⁴ | 61 (13) | 61 (13) | 61 (13) |

¹ Defined according to the Swiss Federal Statistical Office based on place of residence

² Group of drugs according to ATC classification

³ Defined as costs of all imaging procedures or medication during hospital stay above 75th percentile

⁴ Defined as sum of hours of all nursing work (incl. sitting guard) during hospital stay above 75th percentile

⁵ ICD10-codes B21, C00 through C97, Z03.1

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⁷ ICD10-codes F00 through F03, F05.0, F05.1

⁸ ICD10-codes F20.4, F25.1, F31.3 F31.4, F31.5, F32, F33, F41.2, F92.0

⁹ ICD10-codes I50

¹⁰ ICD10-codes A48.1, B01.2, B05.2, J10.0, J11.0, J12 through J18, J68.0, J69, J85.1, O74.0, U69.00

¹¹ ICD10-codes A02.1, A20.7, A22.7, A26.7, A32.7, A39.2, A39.3, A39.4, A40, A41, A42.7, B37.7

¹² ICD10-codes I63

¹³ ICD10-codes F10 through F19, F53, F66.8, F66.9

¹⁴ ICD10-codes R55

| | | | |
|--|-----------|----------|----------|
| Malnutrition ¹⁵ | 46 (13) | 46 (13) | 46 (13) |
| Multimorbidity | | | |
| Low (number of diagnoses ≤ 6) | 123 (25) | 113 (31) | 10 (9) |
| Middle (number of diagnoses > 6 and <14) ¹⁶ | 199 (41) | 160 (44) | 39 (34) |
| High (number of diagnoses ≥ 14) | 149 (31) | 89 (24) | 60 (52) |
| PCCL | | | |
| No complication or comorbidity | 83 (1) | 73 (20) | 10 (9) |
| Light complication or comorbidity | 7 (1) | 6 (2) | 1 (0.9) |
| Moderate complication or comorbidity | 81 (17) | 72 (20) | 9 (8) |
| Severe complication or comorbidity | 143 (30) | 120 (33) | 23 (20) |
| Very severe complication or comorbidity | 157 (33) | 91 (24) | 66 (57) |
| Missing | 11 (2) | 4 (1) | 7 (6) |
| Abnormal creatinine level¹⁷ | | | |
| At admission and discharge | 90 (19) | 60 (16) | 30 (26) |
| At admission only | 54 (11) | 34 (9) | 20 (17) |
| At discharge only | 13 (2.7) | 10 (3) | 3 (3) |
| Missing | 89 (18) | 82 (22) | 7 (6) |
| Leukocytosis¹⁸ | | | |
| At admission and discharge | 4 (0.8) | 2 (0) | 2 (2) |
| At admission only | 17 (3) | 12 (3) | 5 (4) |
| At discharge only | 2 (0.4) | 2 (0.5) | 0 (0) |
| Missing | 91 (19) | 83 (23) | 8 (7) |
| Patient destination | | | |
| Death | 134 (7) | 91 (7) | 43 (8) |
| Home | 1178 (62) | 873 (66) | 305 (54) |
| Hospital | 191 (10) | 119 (9) | 72 (13) |
| Nursing home | 155 (8) | 108 (8) | 47 (8) |
| Rehabilitation | 171 (9) | 101 (8) | 70 (12) |
| Others and missing | 60 (3) | 34 (3) | 26 (5) |

¹⁵ ICD10-codes E40 through E46

¹⁶ Between 25th and 75th percentile

¹⁷ Defined as creatinine ≥100 µmol/l

¹⁸ Defined as leukocyte count ≥20 G/l