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Kind regards, on behalf of all authors, Eugene Maksimov PhD, head of the Laboratory of Physical Chemistry of Biomembranes Faculty of Biology, M.V. Lomonosov Moscow State University

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Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

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For	all st	atistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.
n/a	Cor	nfirmed
x		The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
	X	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
	×	The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
x		A description of all covariates tested
	X	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
	×	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
×		For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>
X		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
x		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
x		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
	•	Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information about <u>availability of computer code</u>

Data collection

Quantum Chemistry:
ORCA 4.2 software package
Firefly QC package

Data analysis

Coot;
Python 3;
Glotaran;
OriginPro 2015

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

The refined models and structure factor amplitudes have been deposited in the PDB with the following accession codes 6T6K (http://doi.org/10.2210/pdb6T6K/ pdb), 6T6M (http://doi.org/10.2210/pdb6T6M/pdb) and 6T6O (http://doi.org/10.2210/pdb6T6O/pdb). Figures 1, 2, 3 and 4 have associated raw data. Other data will be made available to any reader directly upon request.

Field-specific reporting							
Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.							
Life sciences							
For a reference copy of the document with all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>							
Life scier	nces study design						
	isclose on these points even when the discl	osure is negative.					
Sample size	All spectroscopic experiments were repeated 3 times for independently prepared samples. Upon the preparation of the sample it's homogeneity was checked by standard biochemical approaches (SDS-PAGE, SEC and characterization by absorption spectroscopy). The data collected from the independent experiments exhibit uniform properties, thus provide evidence of the sufficient sample size.						
Data exclusions	No data was excluded.						
Replication	Each experiment was repeated at least three to	imes.					
Randomization No randomization scheme was used.							
Blinding No blinding scheme was used.							
Reportin	ng for specific mater	rials, systems and methods					
We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.							
Materials & ex	xperimental systems Meth	ods					
n/a Involved in the study		volved in the study					
X Antibodies		ChIP-seq					
x Eukaryotic cell lines		Flow cytometry					
Palaeontology and archaeology		MRI-based neuroimaging					
🗶 🔲 Animals ar	Animals and other organisms						
Human res	esearch participants						
Clinical da	ata						
Dual use re	research of concern						