

Reporting Summary

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Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

n/a Confirmed

- The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
- A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
- The statistical test(s) used AND whether they are one- or two-sided
Only common tests should be described solely by name; describe more complex techniques in the Methods section.
- A description of all covariates tested
- A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
- A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
- For null hypothesis testing, the test statistic (e.g. F , t , r) with confidence intervals, effect sizes, degrees of freedom and P value noted
Give P values as exact values whenever suitable.
- For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
- For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
- Estimates of effect sizes (e.g. Cohen's d , Pearson's r), indicating how they were calculated

Our web collection on [statistics for biologists](#) contains articles on many of the points above.

Software and code

Policy information about [availability of computer code](#)

Data collection No software was used to collect data. All data used was collected previously by others and obtained by us from publicly available sources.

Data analysis FRESCo software was obtained from the supplementary data in the publication that introduced FRESCo (Sealfon et al. 2015); there is only one version of FRESCo included in the supplementary data of that publication, it does not get updated, and it has no official version number. FRESCo was run using HYPHY version 2.220180618beta(MP) for Linux on x86_64. PhyloCSF software was obtained from [git@github.com:mclin/PhyloCSF.git](https://github.com:mclin/PhyloCSF.git) on Aug-28-2014, commit e8378dad3d0fe039828530c53b5e6787f8bf682 Thu Aug 28 15:34:58 2014 -0400; there is no version number other than that git commit.. RAXML was obtained from <https://github.com/stamatak/standard-RAXML.git> on Sep-22-2020, commit a33ff40640b4a76abd5ea3a9e2f57b7dd8d854f6 Tue May 29 06:28:07 2018 +0200; there is no version number other than that git commit. Clustal Omega version 1.2.3 was obtained from <http://www.clustal.org/omega/clustal-omega-1.2.3-macosx>. The Apr-02-2012 version of NW-align 92 was obtained from <https://zhanglab.cmb.med.umich.edu/NW-align/>; there is no version number other than the date. Statistics were calculated using R version 3.4.4, Python 2.7, or Excel for Mac 2011.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research [guidelines for submitting code & software](#) for further information.

Data

Policy information about [availability of data](#)

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

The PhyloCSF tracks and FRESco synonymous constraint elements are available for the SARS-CoV-2/wuhCor1 assembly in the UCSC Genome Browser at <http://genome.ucsc.edu> as public track hubs (Raney et al. 2014; Wu et al. 2020; Haeussler et al. 2019; Kent et al. 2002) named "PhyloCSF" and "Synonymous Constraint". All other data generated or analysed during this study are included in this published article and its supplementary information files. Source data for all figures are provided with this paper (Figures 1a, 3a, 10a, and Supplementary Figures 2, 3, and 12). This study made use of publicly available datasets from GISAID (<https://www.gisaid.org>) and from UniProtKB/Swiss-Prot (<https://www.uniprot.org>).

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

- Life sciences Behavioural & social sciences Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf

Ecological, evolutionary & environmental sciences study design

All studies must disclose on these points even when the disclosure is negative.

Study description	Analyzed and compared 44 previously-sequenced Sarbecovirus genomes, and 1875 single-nucleotide variants previously called from 2544 previously sequenced SARS-CoV-2 isolates.
Research sample	Genome sample was 44 previously-sequenced Sarbecovirus genomes, chosen to be at ideal evolutionary distance for detecting protein-coding evolutionary signatures. These were downloaded from NCBI using queries https://www.ncbi.nlm.nih.gov/nuccore/?term=txid694002[Organism:exp] and the same with txid1986197 and txid2664420 on 5-Mar-2020. SNV sample was all variants in the "Nextstrain Vars" track in the UCSC Table Browser (https://www.genome.ucsc.edu/cgi-bin/hgTables/) on 2020-04-18 at 11:46 AM EDT.
Sampling strategy	Our sampling strategy was to exclude any genomes that were incomplete or differed from NC_045512.2 in more than 10,000 positions in a pairwise alignment, that cutoff being chosen so as to distinguish Sarbecovirus genomes among those that were classified, and removing near duplicates, including all SARS-CoV and SARS-CoV-2 genomes other than the reference. For SNVs, we used all available SNVs.
Data collection	Data was collected by downloading genomes from the above mentioned NCBI query and SNVs from the UCSC Table Browser as described above.
Timing and spatial scale	Genomes were those sampled and deposited with NCBI on or before 5-Mar-2020. SNVs were those available in the UCSC Table Browser on 2020-04-18. Both were taken from worldwide samples.
Data exclusions	Genomes were excluded as described in "Sampling strategy" above. No SNVs were excluded.
Reproducibility	All of our analysis should be reproducible using the data described above.
Randomization	When finding regions that were significantly enriched for missense mutations in conserved amino acids, we used Python 2.7's <code>random.randint</code> function.
Blinding	No researchers were blinded.
Did the study involve field work?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

- | n/a | Involvement in the study |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Antibodies |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Eukaryotic cell lines |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Palaeontology and archaeology |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Animals and other organisms |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Human research participants |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Clinical data |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Dual use research of concern |

Methods

- | n/a | Involvement in the study |
|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> ChIP-seq |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Flow cytometry |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> MRI-based neuroimaging |