

WEBAPPENDIX

Cost effectiveness of improved hypertension management in India through increased treatment coverage and adherence: a mathematical modelling study

Technical Details

- Microsimulation Model
- Probability of Clinical Events
- Modelling the coverage of hypertension treatment
- Modelling the treatment adherence to hypertension treatment
- Costs

Results

- Model Validation
- Cost and health outcomes for Overall Population
- Health outcomes for Females
- Health outcomes for Males
- One-way sensitivity analysis

Reporting Checklists

- Consolidated Health Economic Evaluation Reporting Standards (CHEERS) checklist

Tables

Webappendix Table S1: Illustration of current and next health states in the model

Webappendix Table S2: Age and sex-specific monthly probability of non-CVD death

Webappendix Table S3: Age and sex-specific probability of MI and Stroke upon CVD event

Webappendix Table S4: Age and sex-specific thirty-day probability of death after myocardial infarction and stroke

Webappendix Table S5: Age and sex-specific monthly probability of death for non-fatal myocardial infarction and stroke

Webappendix Table S6: Implementation of the treatment protocol

Webappendix Table S7: Age and SBP-specific relative risk of MI and Stroke due to antihypertensive medication

Webappendix Table S8: Cost of anti-hypertensive medication disaggregated by public sector and retail prices

Webappendix Table S9: Cost of CVD care medication disaggregated by public sector and retail prices

Webappendix Table S10: Programmatic cost of an IHCI-like program

Webappendix Table S11: Costs and health outcomes associated with the population of 40 to 69yr from 2020-40 across different coverage and adherence scenarios

Webappendix Table S12: Simulated health outcomes for Females between 40-69yr across different coverage and adherence scenarios

Webappendix Table S13: Simulated health outcomes for Males between 40-69yr across different coverage and adherence scenarios

Webappendix Table S14: One-way sensitivity analysis for costs and health outcomes associated with the population of 40 to 69yr from 2020-40 for the 70% coverage and adherence scenario

Webappendix Table S15: Simulated health outcomes for Females between 40-69yr across one-way sensitivity analysis

Webappendix Table S16: Simulated health outcomes for Males between 40-69yr across one-way sensitivity analysis

Webappendix Table S17: Consolidated Health Economic Evaluation Reporting Standards (CHEERS) checklist

Figures

Webappendix Figure S1: Schematic of Model Structure

Webappendix Figure S2: Validation of model output versus GBD 2017 estimates

1 **Microsimulation Model**

2 We developed a discrete-time microsimulation model to simulate individual progression through health states
3 for a hypothetical cohort comprising of 10,000 individuals between 40 to 69 year old without history of CVD
4 event (*Well* state) at the start of the simulation. The model follows each individual in one-month cycles for a
5 simulation period of 20 years.

6

7 We simulated the model for two cohorts of 10,000 individuals each for males and females, respectively, with
8 individual profiles sampled from the WHO SAGE Wave 1 dataset for India.[1] We ensured (i) the proportion of
9 individuals in age brackets of 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 in our simulated cohort was equal to the
10 observed demographic characteristics for India, and (ii) the prevalence of hypertension in age- and sex-specific
11 brackets in our simulated cohort was equal to the original dataset. We did not add individuals turning 40 years
12 old in the subsequent cycles into the cohort.

13

14 In each cycle, an individual in the *Well* state can experience one of three possible clinical events and associated
15 state transition: (i) no CVD event and thus stays in the current *Well* state (ii) occurrence of a CVD event and
16 transitions to the *CVD Event* state, (iii) non-CVD related death and transitions to the terminal *Death* state.

17

18 The *CVD event* state comprises of an occurrence of either myocardial infarction (MI) or stroke. Upon entering
19 the transitory *CVD Event* state, an individual experiences two possible clinical events: (i) a fatal CVD event, and
20 thus moves to the terminal *Death* state, or (ii) a non-fatal CVD event and moves to either the *postMI* or
21 *postStroke* chronic state. An individual in the *postMI* or *postStroke* state can experience one of three clinical
22 events: (i) recurrence of a CVD event, and thus transition to *CVD Event* state, (ii) death and thus, move to the
23 terminal *Death* state, or (iii) no CVD event, and stay in the current *postMI* or *postStroke* state. The structure of
24 the model is provided in figure S1, along with the state transitions in table S1.

25 **Probability of Clinical Events**

26

27 **Risk of a non-CVD Death**

28 We retrieved the probability of all-cause deaths for India from WHO's Global Health Data repository.[2]
29 Further, we calculated the proportion of non-CVD deaths to all-cause deaths from GBD 2017 across 2012-
30 17.[3] We were thus able to determine the monthly probability of non-CVD deaths in India (Table S2).

31

32 **Risk of a CVD Event**

33 We determined the risk of a CVD event using the Globorisk office calculator.[4] The inputs for the calculator
34 include an individual's age, sex, systolic blood pressure, smoking habit and BMI. These values are available
35 from the WHO SAGE Wave I dataset. The calculator provides 10-yr probability of a CVD event, and we
36 converted it to a monthly probability assuming a constant hazard over the 10-year period.[5] We calculated the
37 risk of a CVD event for each individual in the model every five years to incorporate the effect of increase in age
38 and systolic blood pressure. The age-related increase in systolic blood pressure has been modelled based on a
39 study by Bellows et al.[6] We calculated the conditional probability of either MI or stroke upon a CVD event
40 (Table S3) based on the observed ratio of incidence of MI to stroke in the GBD 2017 study across 2012-17.[3]

41

42 **Risk of death post CVD event**

43 A CVD event could lead to either fatality within the first month (fatal CVD event), or the individual surviving
44 for the first month (non-fatal CVD event). In case of a non-fatal CVD event, the individual experiences a higher
45 risk of death compared to the risk of all-cause death among individuals in *Well* state. We calibrated the values
46 for risk of death post MI or stroke such that the model estimated mortality matches the observed mortality of
47 death in 2017 from the GBD 2017 study. The model validation result is presented in Figure S2, and the
48 calibrated monthly probability of death due to MI and stroke in Table S4 and S5.

49

50 **Risk of an additional CVD event**

51 The monthly probability of a CVD event during the first month after an MI is based on the control arm in ACS
52 QUIK study in Kerala, India.[7] The 30-day probability of repeat stroke during the first month is determined
53 from the findings of Petty et al.[8] If an individual experiences a non-fatal MI or Stroke, the risk of an additional
54 CVD event is based on a study by Lin et al.[9] The relative risk of death after an additional CVD event is 1.5
55 compared to risk of death after the first CVD event.[10]

56

57 **Relative risk of CVD due to treatment**

58 We determined the required drug dosage for which the individual's blood pressure decreases below 140mmHg
59 based on the study by Law et al.[11] Based on the required dosage, we assigned specific combination of drugs
60 for each individual based on the treatment protocol (Table S6). The treatment protocol is based on the approved

61 IHCI protocol being implemented in the state of Punjab currently.[12] Based on the combination of drugs
62 administered, the initial blood pressure and the age of the individual, we determined the relative risk of MI and
63 stroke from the study by Law et al (Table S7).

64 **Modelling Coverage of Hypertension Treatment**

65 The coverage of hypertension program was calculated as the ratio of hypertensive individuals on treatment to
66 the total number of hypertensive individuals. We modeled the coverage of treatment by modifying two
67 components: (i) the proportion of hypertensive individuals who were aware of their blood pressure, and (ii) the
68 proportion of status-aware individuals initiated on treatment. To implement the first component, in each
69 simulation run, we allocated individuals to be either aware of their blood pressure or not. The proportion of
70 status-aware individuals in status-quo (i.e. current coverage of treatment in India) was based on findings of the
71 Prospective Urban Rural Epidemiology Study (PURE) study.[13] For the second component, we first
72 determined if the individuals, who were aware of their blood pressure, were also eligible for hypertensive
73 treatment based on either the NPCDCS guideline (in status quo), or the simplified protocol (in intervention
74 arm).[14,15] Further, among the eligible individuals, only a proportion of individuals were initiated on
75 treatment. The treatment initiation ratio for the status quo was also based on the PURE study.[13] Based on the
76 two components, we find 17% of the population to be covered by hypertension treatment in the status-quo, and
77 we apply CVD risk reduction only to individuals who are initiated on the treatment.

78 **Modelling Adherence to Hypertension Treatment**

79 The adherence to treatment is calculated as the ratio of hypertensive individuals highly adherent to medication
80 to the total number of individuals initiated on treatment. We modeled the adherence to treatment by modifying
81 two components: (i) the proportion of individuals who persist with treatment for more than a year, (ii) the
82 proportion of individuals who comply with the prescribed medication dosage and interval over the duration of
83 their treatment. We implement the first component by assigning each individual either as persistent or non-
84 persistent (discontinues treatment after an year). We used the results from a study by Van Wijk et al[16] for
85 proportion of individuals persistent with treatment due to paucity of India-specific data. We assume that
86 individuals who persist with treatment after one year neither drop out of treatment nor consume less than 50% of
87 the prescribed medication.[16] In order to implement medication compliance among persistent individuals, we
88 assign individuals to be either highly adherent or moderately adherent. Highly adherent individuals consume
89 more than 80% of the pills on time and according to prescribed dosage. Moderately adherent individuals

90 consume between 50 to 80% of the pills on time and according to prescribed dosage. The proportion of highly
91 adherent to medication is based on a study in India by Dennis et al.[17] The individuals who are highly adherent
92 to medication experience the complete effect of the risk reduction, whereas individuals who are moderately
93 adherent to medication experience only 50% of the risk reduction due to medication. This is based on a previous
94 modelling study by Cherry et al.[18] Individuals who discontinue treatment after a year do not experience any
95 reduction in risk of CVD.

96 **Costs**

97 We used data from the government contracts in the state of Telangana to determine the cost of antihypertensive
98 drugs in the government sector.[19] We assumed a 30% overhead cost on the contract rates to account for
99 logistics and inventory management of the drug.[20] The costs of drugs in the private sector was calculated by
100 taking the mean selling price of the first five brand of drugs suggested by the Indian online pharmacy,
101 1mg.com.[21] The medication cost per individual was calculated by adding the cost of specific drug molecules
102 in the individual's treatment regimen and their dosage for the individual. The costs have been provided in Table
103 S8. For individuals moderately adherent on medication, we varied the costs between 50% and 80% (based on a
104 normal distribution) of the fully adherent medication cost.

105

106 We assumed monthly doctor consultations for the first six months of treatment, followed by a quarterly
107 consultation. The cost of doctor consultation was taken from a study by Prinja et al on community health centres
108 and primary health centres across four states in India.[22] We included a one-time diagnostic test cost based on
109 central government health scheme rate card.[23] The programmatic cost of a hypothetical intervention based on
110 the tenets of IHCI was determined through discussions with experts and has been expanded in Table S10. The
111 programmatic costs include the salaries of additional human resources, the cost of training the medical staff, and
112 the operating costs for running the tech platform. We the required resources and their respective cost was based
113 on IHCI's implementation in nine districts of Telangana.

114

115 The cost of acute CVD care comprised of consultation, hospital room costs, procedures, and medication cost
116 and the cost of chronic CVD care comprised of outpatient consultation cost and chronic medication cost. The
117 values were based on data from WHO-CHOICE,[24] and calculated by a previous cost-effectiveness study by
118 Lin et al.[9] Further, we included the cost of percutaneous coronary intervention (PCI) and coronary artery
119 bypass graft(CABG) among 4.2% and 1.7% of the patients with acute MI.[25] All individuals with chronic

120 CVD incurred CVD medication cost. The cost of chronic CVD medication in the government sector was
121 determined from the median buyer price in the International Drug Price Indicator.[26] The cost of CVD
122 medication cost in private sector was based on the mean selling price of the first five brands suggested by
123 1mg.com.[21] The costs have been provided in Table S9. All costs were scaled to the year 2020 with an
124 inflation factor of 3% per annum.

Webappendix Table S1: Illustration of current and next health states in the model

| # | Current State | Possible Next State(s) |
|---|---------------|------------------------|
| 1 | Well | Well |
| | | CVD Event |
| | | Death |
| 2 | CVD Event | postMI |
| | | postStroke |
| | | Death |
| 3 | postMI | postMI |
| | | CVD Event |
| | | Death |
| 4 | postStroke | postStroke |
| | | CVD Event |
| | | Death |
| 5 | Death | Death |

Webappendix Table S2: Age and sex-specific monthly probability of non-CVD death

| Age | Female* | Male* |
|-------|-------------------|-------------------|
| 40-44 | 0.000206-0.000210 | 0.000324-0.000330 |
| 45-49 | 0.000257-0.000263 | 0.000427-0.000434 |
| 50-54 | 0.000381-0.000389 | 0.000568-0.000579 |
| 55-59 | 0.000544-0.000554 | 0.000834-0.000849 |
| 60-64 | 0.001013-0.001026 | 0.001224-0.001245 |
| 65-69 | 0.001658-0.001679 | 0.002029-0.002058 |
| 70-74 | 0.002744-0.002773 | 0.003114-0.003153 |
| 75-79 | 0.004026-0.004072 | 0.004574-0.004626 |
| 80-84 | 0.006411-0.006512 | 0.006525-0.006648 |
| 85 + | 0.011137-0.011312 | 0.011201-0.011413 |

* The ranges provided are 95% CI for monthly probability of death due to all causes except CVDs, with the values sampled based on a β distribution in the simulation runs.

Webappendix Table S3: Age and sex-specific proportion of MI to Stroke upon CVD event

| Age | Female* | Male* |
|-------|-------------|-------------|
| 40-44 | 0.375-0.378 | 0.435-0.444 |
| 45-49 | 0.384-0.386 | 0.471-0.484 |
| 50-54 | 0.418-0.424 | 0.507-0.527 |
| 55-59 | 0.451-0.461 | 0.534-0.560 |
| 60-64 | 0.497-0.510 | 0.562-0.589 |
| 65-69 | 0.536-0.551 | 0.587-0.611 |
| 70-74 | 0.557-0.574 | 0.625-0.647 |
| 75-79 | 0.569-0.589 | 0.668-0.691 |
| 80-84 | 0.560-0.574 | 0.660-0.677 |
| 85 + | 0.560-0.574 | 0.660-0.677 |

* The ranges provided are 95% CI for ratio of MI to Stroke occurrence upon a CVD event, with the values sampled based on a β distribution in the simulation runs.

Webappendix Table S4: Age and sex-specific thirty-day probability of death after myocardial infarction and stroke

| Age | Female | | Male | |
|-------|--------|--------|--------|--------|
| | MI | Stroke | MI | Stroke |
| 40-44 | 0.0132 | 0.1188 | 0.0330 | 0.1262 |
| 45-49 | 0.0132 | | 0.0330 | |
| 50-54 | 0.0132 | | 0.0330 | |
| 55-59 | 0.0188 | | 0.0470 | |
| 60-64 | 0.0188 | | 0.0470 | |
| 65-69 | 0.0356 | | 0.0890 | |
| 70-74 | 0.0356 | | 0.0890 | |
| 75-79 | 0.0516 | | 0.1290 | |
| 80+ | 0.0516 | | 0.1290 | |

Webappendix Table S5: Age and sex-specific monthly probability of death for non-fatal myocardial infarction and stroke

| Age | Female | | Male | |
|-------|----------|----------|----------|----------|
| | MI | Stroke | MI | Stroke |
| 40-44 | 0.000525 | 0.000541 | 0.00499 | 0.001699 |
| 45-49 | 0.001981 | 0.000916 | 0.005487 | 0.001699 |
| 50-54 | 0.002155 | 0.001456 | 0.005786 | 0.002398 |
| 55-59 | 0.002562 | 0.001622 | 0.006085 | 0.003196 |
| 60-64 | 0.002969 | 0.001747 | 0.006085 | 0.003894 |
| 65-69 | 0.003317 | 0.002120 | 0.006980 | 0.005288 |
| 70-74 | 0.003491 | 0.002494 | 0.008470 | 0.006582 |
| 75-79 | 0.003897 | 0.002991 | 0.009760 | 0.008371 |
| 80+ | 0.009041 | 0.004893 | 0.019342 | 0.012534 |

Webappendix Table S6: Implementation of the treatment protocol

| Initial Systolic Blood Pressure (mmHg) | Medication Administered | Estimated reduction in systolic blood pressure (mmHg) |
|--|--|---|
| 140 | Amlodipine 5mg | 5.9 |
| 150 | Amlodipine 10mg | 8.7 |
| 150 | Amlodipine 10mg + Telmisartan 40mg | 15.4 |
| 160 | Amlodipine 10mg + Telmisartan 80mg | 18.4 |
| 160 | Amlodipine 10mg + Telmisartan 80mg + Chlorthalidone 12.5mg | 25.9 |
| 170 | Amlodipine 10mg + Telmisartan 80mg + Chlorthalidone 25mg | 29 |
| 180 | Amlodipine 10mg + Telmisartan 80mg + Chlorthalidone 25mg | 31.7 |

Webappendix Table S7: Age and SBP-specific relative risk of MI and Stroke due to antihypertensive medication

| Age | Initial SBP (in mmHg) | Relative Risk | |
|---------|-----------------------|---------------|-------|
| | | MI | ST |
| 40 - 49 | 140 | 0.810 | 0.740 |
| | 150 | 0.675 | 0.575 |
| | 160 | 0.485 | 0.355 |
| | 170 | 0.390 | 0.255 |
| | 180+ | 0.320 | 0.200 |
| 50 - 59 | 140 | 0.810 | 0.750 |
| | 150 | 0.685 | 0.595 |
| | 160 | 0.495 | 0.375 |
| | 170 | 0.400 | 0.275 |
| | 180+ | 0.330 | 0.220 |
| 60 - 69 | 140 | 0.830 | 0.780 |
| | 150 | 0.710 | 0.630 |
| | 160 | 0.535 | 0.425 |
| | 170 | 0.440 | 0.320 |
| | 180+ | 0.380 | 0.260 |
| 70 -79 | 140 | 0.860 | 0.890 |
| | 150 | 0.755 | 0.805 |
| | 160 | 0.595 | 0.665 |
| | 170 | 0.505 | 0.585 |
| | 180+ | 0.440 | 0.530 |
| 80 + | 140 | 0.890 | 0.890 |
| | 150 | 0.805 | 0.805 |
| | 160 | 0.665 | 0.665 |
| | 170 | 0.585 | 0.585 |
| | 180+ | 0.530 | 0.530 |

Webappendix Table S8: Cost of anti-hypertensive medication disaggregated by public sector and retail prices

| Drug | Cost per pill | |
|-----------------------|---------------------|--------------|
| | Public Sector (INR) | Retail (INR) |
| Amlodipine 5mg | 0.169 | 1.04 |
| Telmisartan 40mg | 0.767 | 2.72 |
| Chlorthalidone 12.5mg | 0.780 | 8.24 |

Webappendix Table S9: Cost of CVD care medication disaggregated by public sector and retail prices

| Drug | Cost per pill | |
|-------------------|---------------------|--------------|
| | Public Sector (INR) | Retail (INR) |
| Aspirin 75 mg | 0.98 | 0.28 |
| Atenolol 50 mg | 0.721 | 1.75 |
| Lisinopril 10 mg | 9.38 | 12.40 |
| Simvastatin 20 mg | 3.717 | 14.55 |

Webappendix Table S10: Programmatic cost of an IHCI-like program

| Parameter | Value | |
|--|--------------------|-----------------------|
| Number of districts served | 9 | |
| Population covered | 9545455 | |
| Proportion of population greater than 40yr | 27% | |
| Population serviced by the intervention | 2577273 | |
| | | |
| Cost Entities | Number of entities | Cost per entity (INR) |
| Cardiovascular Health Officer | 4 | 150,000 per month |
| State Treatment Supervisor | 9 | 31,000 per month |
| Training sessions per district per annum | 12 | 100,000 per session |
| Technology teams allocated to a state | 1 | 100,000 per month |
| Platform infrastructure | 1 | 100,000 per annum |
| | | |
| Annual Cost of Intervention (INR) | 2,26,48,000 | |
| Cost of Intervention per individual serviced (INR) | 8.79 | |
| | | |
| Cost of Intervention per individual serviced (US \$) | 0.13 | |

Webappendix Table S11: Costs and health outcomes associated with the population of 40 to 69yr from 2020-40 across different coverage and adherence scenarios

| Coverage | Adherence | ICER (\$/DALY averted) | DALYs Averted (percent, 95% UI) | Incremental Cost (percent, 95% UI) | Per-capita incremental costs over 20 years | | Annual net expenditure (in '000 US \$) | Probability of Cost Saving (percent) |
|----------|-----------|---------------------------|------------------------------------|---------------------------------------|---|-------------------------------|---|--|
| | | | | | Antihypertensive Program (\$, 95% UI) | CVD Treatment (\$, 95% UI) | | |
| 0.4 | 0.4 | 350.89 | 0.347 (0.342 to 0.353) | 0.72 (0.7 to 0.73) | 6.62 (6.59 to 6.65) | -3.88 (-3.94 to -3.83) | 52649 | 0.004 |
| 0.4 | 0.6 | 88.74 | 0.528 (0.522 to 0.535) | 0.28 (0.26 to 0.29) | 7.09 (7.06 to 7.12) | -6.04 (-6.11 to -5.97) | 20255 | 0.172 |
| 0.4 | 0.8 | 8.85 | 0.877 (0.869 to 0.885) | 0.05 (0.02 to 0.07) | 10.28 (10.23 to 10.33) | -10.11 (-10.19 to -10.03) | 3354 | 0.451 |
| 0.4 | 1 | Cost Saving | 1.141 (1.132 to 1.15) | -0.28 (-0.3 to -0.25) | 12.1 (12.04 to 12.16) | -13.16 (-13.25 to -13.07) | -20392 | 0.737 |
| 0.6 | 0.4 | 141.10 | 0.821 (0.811 to 0.83) | 0.68 (0.65 to 0.71) | 11.83 (11.77 to 11.9) | -9.23 (-9.34 to -9.13) | 50020 | 0.078 |
| 0.6 | 0.6 | 3.97 | 1.091 (1.081 to 1.101) | 0.03 (-0.01 to 0.06) | 12.54 (12.48 to 12.61) | -12.45 (-12.56 to -12.34) | 1870 | 0.478 |
| 0.6 | 0.8 | Cost Saving | 1.615 (1.603 to 1.627) | -0.31 (-0.35 to -0.27) | 17.32 (17.23 to 17.41) | -18.51 (-18.63 to -18.39) | -22881 | 0.695 |
| 0.6 | 1 | Cost Saving | 2.015 (2.002 to 2.027) | -0.82 (-0.86 to -0.78) | 20.05 (19.95 to 20.15) | -23.18 (-23.3 to -23.05) | -60101 | 0.897 |
| 0.7 | 0.7 | Cost Saving | 1.68 (1.668 to 1.692) | -0.36 (-0.4 to -0.33) | 18.04 (17.95 to 18.13) | -19.43 (-19.55 to -19.3) | -26741 | 0.721 |
| 0.8 | 0.4 | 72.08 | 1.301 (1.29 to 1.313) | 0.55 (0.51 to 0.59) | 17.04 (16.95 to 17.13) | -14.94 (-15.05 to -14.82) | 40519 | 0.174 |
| 0.8 | 0.6 | Cost Saving | 1.661 (1.649 to 1.673) | -0.31 (-0.35 to -0.27) | 17.98 (17.89 to 18.08) | -19.17 (-19.29 to -19.04) | -22785 | 0.688 |
| 0.8 | 0.8 | Cost Saving | 2.352 (2.338 to 2.365) | -0.76 (-0.81 to -0.72) | 24.34 (24.21 to 24.46) | -27.26 (-27.39 to -27.12) | -56155 | 0.857 |
| 0.8 | 1 | Cost Saving | 2.879 (2.865 to 2.894) | -1.42 (-1.47 to -1.37) | 27.98 (27.84 to 28.12) | -33.4 (-33.54 to -33.26) | -104243 | 0.957 |
| 1 | 0.4 | 47.30 | 1.77 (1.758 to 1.782) | 0.49 (0.45 to 0.53) | 22.24 (22.12 to 22.37) | -20.36 (-20.49 to -20.24) | 36166 | 0.256 |
| 1 | 0.6 | Cost Saving | 2.218 (2.205 to 2.231) | -0.58 (-0.63 to -0.54) | 23.42 (23.3 to 23.54) | -25.65 (-25.79 to -25.51) | -42907 | 0.789 |
| 1 | 0.8 | Cost Saving | 3.086 (3.071 to 3.102) | -1.15 (-1.21 to -1.1) | 31.36 (31.2 to 31.52) | -35.77 (-35.91 to -35.62) | -84846 | 0.914 |
| 1 | 1 | Cost Saving | 3.751 (3.734 to 3.768) | -1.98 (-2.04 to -1.92) | 35.93 (35.75 to 36.11) | -43.5 (-43.65 to -43.34) | -145542 | 0.984 |

Webappendix Table S12: Simulated health outcomes for Females between 40-69yr across different coverage and adherence scenarios

| Coverage | Adherence | Incremental Cost (percent, 95% UI) | DALYs Averted (percent, 95% UI) | CVD Events Averted (percent, 95% UI) | CVD Deaths Averted (percent, 95% UI) | ICER (\$/DALY averted) |
|------------|-----------|------------------------------------|---------------------------------|--------------------------------------|--------------------------------------|------------------------|
| 0.4 | 0.4 | 0.87 (0.84 to 0.9) | 0.441 (0.431 to 0.451) | 1.114 (1.096 to 1.131) | 1.166 (1.135 to 1.198) | 346.95 |
| 0.4 | 0.6 | 0.33 (0.3 to 0.36) | 0.677 (0.666 to 0.688) | 1.783 (1.762 to 1.803) | 1.862 (1.827 to 1.897) | 86.48 |
| 0.4 | 0.8 | 0.05 (0.01 to 0.08) | 1.131 (1.118 to 1.145) | 3.031 (3.006 to 3.056) | 3.147 (3.107 to 3.186) | 7.19 |
| 0.4 | 1 | -0.35 (-0.39 to -0.31) | 1.476 (1.462 to 1.491) | 3.979 (3.952 to 4.007) | 4.11 (4.066 to 4.154) | Cost Saving |
| 0.6 | 0.4 | 0.77 (0.73 to 0.82) | 1.053 (1.037 to 1.068) | 2.775 (2.745 to 2.804) | 2.894 (2.846 to 2.943) | 128.72 |
| 0.6 | 0.6 | -0.02 (-0.07 to 0.03) | 1.409 (1.392 to 1.426) | 3.778 (3.747 to 3.809) | 3.917 (3.865 to 3.968) | Cost Saving |
| 0.6 | 0.8 | -0.43 (-0.48 to -0.37) | 2.088 (2.069 to 2.106) | 5.626 (5.593 to 5.659) | 5.84 (5.785 to 5.895) | Cost Saving |
| 0.6 | 1 | -1.04 (-1.1 to -0.98) | 2.607 (2.587 to 2.628) | 7.055 (7.02 to 7.09) | 7.323 (7.265 to 7.381) | Cost Saving |
| 0.7 | 0.7 | -0.46 (-0.51 to -0.4) | 2.169 (2.15 to 2.188) | 5.852 (5.817 to 5.887) | 6.071 (6.013 to 6.129) | Cost Saving |
| 0.8 | 0.4 | 0.64 (0.59 to 0.7) | 1.676 (1.658 to 1.694) | 4.46 (4.428 to 4.493) | 4.639 (4.584 to 4.694) | 67.34 |
| 0.8 | 0.6 | -0.39 (-0.45 to -0.33) | 2.148 (2.129 to 2.167) | 5.778 (5.744 to 5.812) | 5.99 (5.933 to 6.047) | Cost Saving |
| 0.8 | 0.8 | -0.96 (-1.02 to -0.89) | 3.051 (3.029 to 3.072) | 8.25 (8.214 to 8.287) | 8.565 (8.504 to 8.626) | Cost Saving |
| 0.8 | 1 | -1.76 (-1.83 to -1.69) | 3.741 (3.718 to 3.764) | 10.158 (10.121 to 10.196) | 10.531 (10.468 to 10.595) | Cost Saving |
| 1 | 0.4 | 0.54 (0.48 to 0.61) | 2.285 (2.265 to 2.305) | 6.133 (6.099 to 6.168) | 6.36 (6.301 to 6.42) | 41.82 |
| 1 | 0.6 | -0.76 (-0.82 to -0.69) | 2.874 (2.852 to 2.895) | 7.786 (7.748 to 7.824) | 8.057 (7.994 to 8.12) | Cost Saving |
| 1 | 0.8 | -1.46 (-1.53 to -1.38) | 4.005 (3.981 to 4.029) | 10.869 (10.83 to 10.908) | 11.257 (11.191 to 11.323) | Cost Saving |
| 1 | 1 | -2.46 (-2.54 to -2.38) | 4.875 (4.849 to 4.901) | 13.247 (13.207 to 13.286) | 13.743 (13.674 to 13.811) | Cost Saving |

Webappendix Table S13: Simulated health outcomes for Males between 40-69yr across different coverage and adherence scenarios

| Coverage | Adherence | Incremental Cost (percent, 95% UI) | DALYs Averted (percent, 95% UI) | CVD Events Averted (percent, 95% UI) | CVD Deaths Averted (percent, 95% UI) | ICER (\$/DALY averted) |
|----------|-----------|---------------------------------------|------------------------------------|---|---|---------------------------|
| 0.4 | 0.4 | 0.59 (0.57 to 0.61) | 0.276 (0.27 to 0.281) | 0.705 (0.695 to 0.715) | 0.705 (0.688 to 0.723) | 354.59 |
| 0.4 | 0.6 | 0.23 (0.21 to 0.25) | 0.413 (0.406 to 0.42) | 1.138 (1.126 to 1.151) | 1.12 (1.098 to 1.142) | 91.58 |
| 0.4 | 0.8 | 0.05 (0.02 to 0.07) | 0.681 (0.672 to 0.69) | 1.942 (1.926 to 1.958) | 1.919 (1.892 to 1.946) | 10.97 |
| 0.4 | 1 | -0.22 (-0.24 to -0.19) | 0.882 (0.872 to 0.893) | 2.553 (2.535 to 2.572) | 2.526 (2.495 to 2.556) | Cost Saving |
| 0.6 | 0.4 | 0.61 (0.57 to 0.64) | 0.641 (0.63 to 0.653) | 1.747 (1.723 to 1.77) | 1.767 (1.731 to 1.803) | 156.78 |
| 0.6 | 0.6 | 0.07 (0.03 to 0.1) | 0.845 (0.833 to 0.858) | 2.394 (2.369 to 2.419) | 2.388 (2.35 to 2.426) | 13.06 |
| 0.6 | 0.8 | -0.21 (-0.26 to -0.17) | 1.25 (1.236 to 1.264) | 3.611 (3.584 to 3.638) | 3.605 (3.563 to 3.648) | Cost Saving |
| 0.6 | 1 | -0.63 (-0.68 to -0.59) | 1.557 (1.541 to 1.572) | 4.542 (4.513 to 4.571) | 4.513 (4.47 to 4.557) | Cost Saving |
| 0.7 | 0.7 | -0.29 (-0.33 to -0.24) | 1.303 (1.289 to 1.316) | 3.78 (3.752 to 3.808) | 3.756 (3.714 to 3.799) | Cost Saving |
| 0.8 | 0.4 | 0.48 (0.43 to 0.52) | 1.012 (0.999 to 1.025) | 2.875 (2.849 to 2.901) | 2.882 (2.842 to 2.922) | 78.13 |
| 0.8 | 0.6 | -0.24 (-0.29 to -0.2) | 1.284 (1.27 to 1.299) | 3.739 (3.712 to 3.767) | 3.713 (3.671 to 3.755) | Cost Saving |
| 0.8 | 0.8 | -0.6 (-0.65 to -0.55) | 1.812 (1.797 to 1.827) | 5.335 (5.305 to 5.364) | 5.301 (5.255 to 5.346) | Cost Saving |
| 0.8 | 1 | -1.13 (-1.19 to -1.08) | 2.214 (2.197 to 2.23) | 6.557 (6.527 to 6.588) | 6.5 (6.453 to 6.548) | Cost Saving |
| 1 | 0.4 | 0.45 (0.4 to 0.5) | 1.372 (1.359 to 1.386) | 3.942 (3.916 to 3.969) | 3.954 (3.912 to 3.996) | 54.35 |
| 1 | 0.6 | -0.44 (-0.49 to -0.39) | 1.711 (1.696 to 1.726) | 5.005 (4.978 to 5.033) | 4.997 (4.952 to 5.042) | Cost Saving |
| 1 | 0.8 | -0.9 (-0.96 to -0.85) | 2.377 (2.36 to 2.394) | 7.023 (6.993 to 7.053) | 6.986 (6.938 to 7.034) | Cost Saving |
| 1 | 1 | -1.58 (-1.64 to -1.52) | 2.882 (2.864 to 2.901) | 8.566 (8.534 to 8.598) | 8.499 (8.45 to 8.548) | Cost Saving |

Webappendix Table S14: One-way sensitivity analysis for costs and health outcomes associated with the population of 40 to 69yr from 2020-40 for the 70% coverage and adherence scenario

| Sensitivity Scenario | ICER (\$/DALY averted) | DALYs Averted (percent, 95% UI) | Per-capita incremental costs over 20 years | | Annual net expenditure for 40-69yr population (in '000 US \$) | Probability of Cost Saving |
|---|---------------------------|------------------------------------|---|-------------------------------|---|-------------------------------|
| | | | Antihypertensive Program (\$, 95% UI) | CVD Treatment (\$, 95% UI) | | |
| Results using main input assumptions | Cost Saving | 1.68 (1.668 to 1.692) | -0.36 (-0.4 to -0.33) | 18.04 (17.95 to 18.13) | -19.43 (-19.55 to -19.3) | 0.721 |
| 2X Antihypertensive Medication Cost | 106.92 | 1.68 (1.668 to 1.692) | 1.05 (1.01 to 1.09) | 23.44 (23.35 to 23.54) | -19.41 (-19.54 to -19.29) | 0.039 |
| 4X Programmatic Cost | 121.64 | 1.68 (1.668 to 1.692) | 1.2 (1.16 to 1.24) | 24.01 (23.92 to 24.11) | -19.43 (-19.55 to -19.3) | 0.025 |
| 20% Reduction in Baseline CVD Risk | 58.00 | 1.49 (1.479 to 1.502) | 0.58 (0.54 to 0.62) | 18.37 (18.28 to 18.46) | -16.55 (-16.66 to -16.43) | 0.201 |
| NPCDCS Medication Guideline | Cost Saving | 1.175 (1.166 to 1.185) | -0.84 (-0.87 to -0.81) | 10.76 (10.72 to 10.8) | -13.97 (-14.08 to -13.86) | 0.967 |
| Only Private Sector | 444.38 | 1.623 (1.611 to 1.635) | 2.8 (2.77 to 2.84) | 44.33 (44.21 to 44.45) | -28.14 (-28.33 to -27.95) | 0 |
| Public-Private Sector Mix | 345.46 | 1.634 (1.622 to 1.646) | 2.35 (2.32 to 2.39) | 39.07 (38.96 to 39.18) | -26.4 (-26.58 to -26.22) | 0 |
| 10 year Time Horizon | 134.38 | 1.885 (1.865 to 1.905) | 0.8 (0.75 to 0.85) | 11.54 (11.47 to 11.6) | -10.09 (-10.18 to -10.01) | 0.192 |
| 40 year Time Horizon | Cost Saving | 1.073 (1.067 to 1.079) | -0.4 (-0.43 to -0.37) | 23.3 (23.19 to 23.41) | -25.56 (-25.71 to -25.41) | 0.786 |

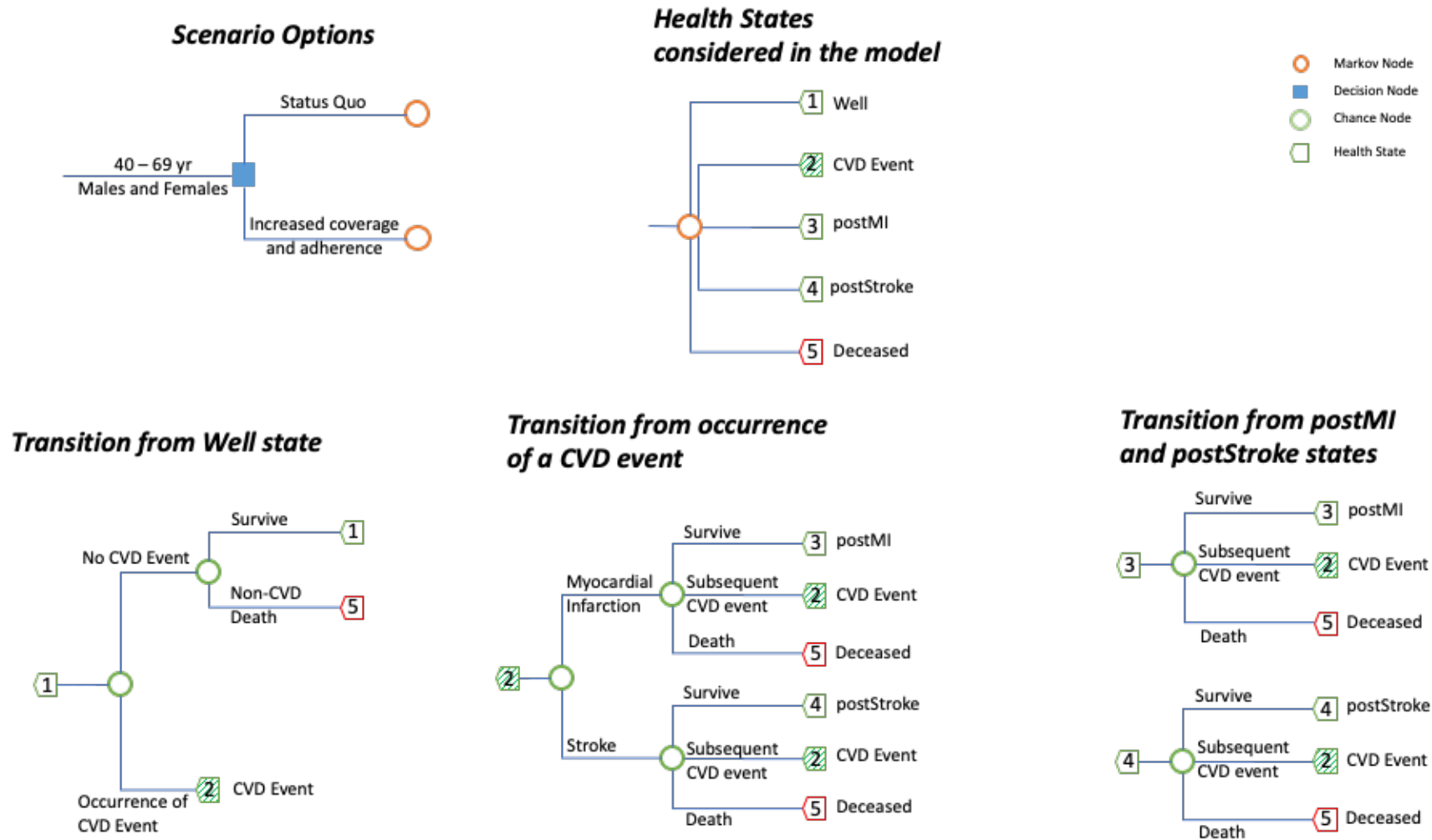
Webappendix Table S15: Simulated health outcomes for Females between 40-69yr across one-way sensitivity analysis

| Sensitivity Scenario | Incremental Cost (percent, 95% UI) | DALYs Averted (percent, 95% UI) | CVD Events Averted (percent, 95% UI) | CVD Deaths Averted (percent, 95% UI) | ICER (\$/DALY averted) |
|---|---|--|---|---|-----------------------------------|
| Results using main input assumptions | -0.46 (-0.51 to -0.4) | 2.169 (2.15 to 2.188) | 5.852 (5.817 to 5.887) | 6.071 (6.013 to 6.129) | Cost Saving |
| 2X Antihypertensive Medication Cost | 1.47 (1.42 to 1.53) | 2.169 (2.15 to 2.188) | 5.852 (5.817 to 5.887) | 6.071 (6.013 to 6.129) | 120.18 |
| 4X Programmatic Cost | 1.24 (1.19 to 1.3) | 2.169 (2.15 to 2.188) | 5.852 (5.817 to 5.887) | 6.071 (6.013 to 6.129) | 100.74 |
| 20% Reduction in Baseline CVD Risk | 0.73 (0.67 to 0.8) | 1.918 (1.899 to 1.937) | 6.174 (6.135 to 6.214) | 6.21 (6.146 to 6.274) | 58.72 |
| NPCDCS Medication Guideline | -1.24 (-1.29 to -1.2) | 1.559 (1.542 to 1.575) | 4.411 (4.38 to 4.442) | 4.577 (4.525 to 4.628) | Cost Saving |
| Only Private Sector | 4.24 (4.18 to 4.29) | 2.094 (2.075 to 2.113) | 5.559 (5.525 to 5.593) | 5.752 (5.695 to 5.809) | 540.39 |
| Public-Private Sector Mix | 3.57 (3.52 to 3.63) | 2.109 (2.09 to 2.128) | 5.617 (5.584 to 5.651) | 5.816 (5.758 to 5.873) | 421.64 |
| 10 year Time Horizon | 1.07 (0.98 to 1.15) | 2.452 (2.419 to 2.485) | 6.871 (6.817 to 6.925) | 6.967 (6.858 to 7.076) | 142.15 |
| 40 year Time Horizon | -0.42 (-0.46 to -0.37) | 1.331 (1.322 to 1.34) | 4.278 (4.254 to 4.302) | 4.454 (4.422 to 4.486) | Cost Saving |

Webappendix Table S16: Simulated health outcomes for Males between 40-69yr across one-way sensitivity analysis

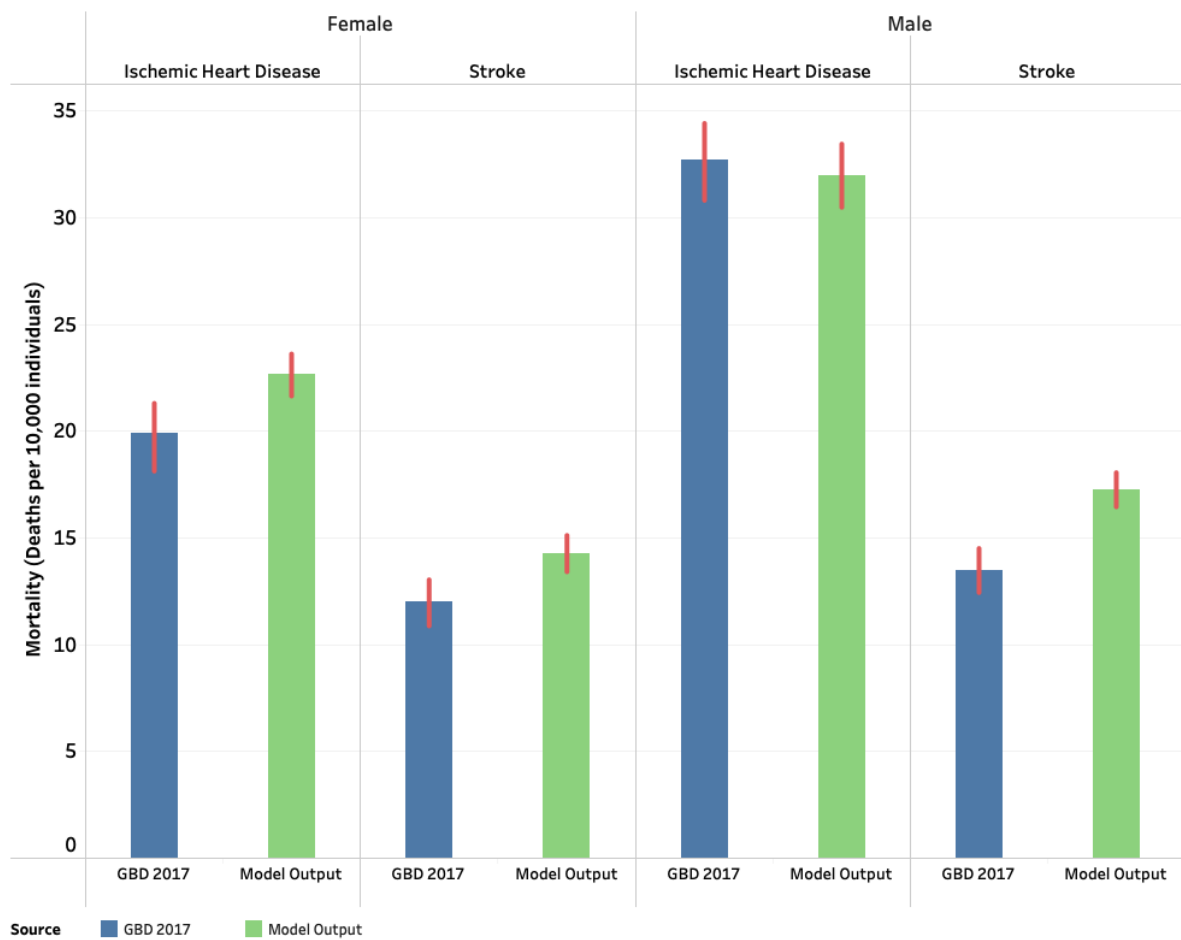
| Sensitivity Scenario | Incremental Cost (percent, 95% UI) | DALYs Averted (percent, 95% UI) | CVD Events Averted (percent, 95% UI) | CVD Deaths Averted (percent, 95% UI) | ICER (\$/DALY averted) |
|---|---|--|---|---|-----------------------------------|
| Results using main input assumptions | -0.29 (-0.33 to -0.24) | 1.303 (1.289 to 1.316) | 3.78 (3.752 to 3.808) | 3.756 (3.714 to 3.799) | Cost Saving |
| 2X Antihypertensive Medication Cost | 0.7 (0.66 to 0.75) | 1.303 (1.289 to 1.316) | 3.78 (3.752 to 3.808) | 3.756 (3.714 to 3.799) | 89.89 |
| 4X Programmatic Cost | 1.17 (1.12 to 1.21) | 1.303 (1.289 to 1.316) | 3.78 (3.752 to 3.808) | 3.756 (3.714 to 3.799) | 148.50 |
| 20% Reduction in Baseline CVD Risk | 0.46 (0.41 to 0.51) | 1.161 (1.148 to 1.174) | 4.067 (4.037 to 4.097) | 3.915 (3.868 to 3.963) | 57.08 |
| NPCDCS Medication Guideline | -0.51 (-0.54 to -0.48) | 0.88 (0.868 to 0.891) | 2.87 (2.845 to 2.895) | 2.804 (2.766 to 2.841) | Cost Saving |
| Only Private Sector | 1.62 (1.58 to 1.66) | 1.259 (1.245 to 1.272) | 3.595 (3.568 to 3.622) | 3.553 (3.511 to 3.594) | 321.09 |
| Public-Private Sector Mix | 1.35 (1.31 to 1.39) | 1.267 (1.254 to 1.281) | 3.632 (3.605 to 3.659) | 3.594 (3.552 to 3.635) | 247.61 |
| 10 year Time Horizon | 0.6 (0.54 to 0.66) | 1.472 (1.45 to 1.494) | 4.319 (4.281 to 4.357) | 4.291 (4.215 to 4.367) | 124.96 |
| 40 year Time Horizon | -0.38 (-0.42 to -0.35) | 0.854 (0.847 to 0.861) | 3.319 (3.297 to 3.34) | 3.261 (3.234 to 3.287) | Cost Saving |

Webappendix Figure 1: Schematic of Model Structure



The blue square indicates the choice between various intervention scenarios, and the orange circle indicates the chosen intervention. The health states (indicated by green pentagon) comprises of (1) well (no past CVD event), (2) occurrence of a CVD event, (3) surviving post a myocardial infarction (postMI), (4) surviving post a stroke (postStroke), and (5) deceased state. The blue-colored branches from each health state lead to another health state based on the probability of the intermediate event (indicated by the green circle). The (2) CVD Event is a transitional markov state and comprises of either an occurrence of MI or stroke.

Webappendix Figure 2: Validation of model output versus GBD 2017 estimates



The figure provides the average deaths predicted by the microsimulation model on average over 5 years. We compare our predicted values with the Global Burden of Disease study's estimated deaths for 2017. The blue bar and green bar represent the mean deaths for GBD 2017 and model output respectively. The red line represents the 95% confidence intervals. The estimates have been disaggregated by sex and cause of death (Ischemic Heart Disease or Stroke).

Webappendix Table 17: Consolidated Health Economic Evaluation Reporting Standards (CHEERS) checklist[27]

| Section/item | Item No | Recommendation | Reported on page No/ line No |
|---|---------|---|---|
| Title and abstract | | | |
| Title | 1 | Identify the study as an economic evaluation or use more specific terms such as “cost-effectiveness analysis”, and describe the interventions compared. | Page# 1 |
| Abstract | 2 | Provide a structured summary of objectives, perspective, setting, methods (including study design and inputs), results (including base case and uncertainty analyses), and conclusions. | Page# 2 |
| Introduction | | | |
| Background and objectives | 3 | Provide an explicit statement of the broader context for the study. Present the study question and its relevance for health policy or practice decisions. | 10-16 35-40 |
| Methods | | | |
| Target population and subgroups | 4 | Describe characteristics of the base case population and subgroups analysed, including why they were chosen. | 44-46, Table 1 |
| Setting and location | 5 | State relevant aspects of the system(s) in which the decision(s) need(s) to be made. | 46-48 |
| Study perspective | 6 | Describe the perspective of the study and relate this to the costs being evaluated. | 49,50 |
| Comparators | 7 | Describe the interventions or strategies being compared and state why they were chosen. | 97-122 |
| Time horizon | 8 | State the time horizon(s) over which costs and consequences are being evaluated and say why appropriate. | 46,47 |
| Discount rate | 9 | Report the choice of discount rate(s) used for costs and outcomes and say why appropriate. | 94,95 |
| Choice of health outcomes | 10 | Describe what outcomes were used as the measure(s) of benefit in the evaluation and their relevance for the type of analysis performed. | 46-49, 136-141 |
| Measurement of effectiveness | 11a | <i>Single study-based estimates:</i> Describe fully the design features of the single effectiveness study and why the single study was a sufficient source of clinical effectiveness data. | NA |
| | 11b | <i>Synthesis-based estimates:</i> Describe fully the methods used for identification of included studies and synthesis of clinical effectiveness data. | 60-71, Table 1, Webappendix Table S7 |
| Measurement and valuation of preference based outcomes | 12 | If applicable, describe the population and methods used to elicit preferences for outcomes. | NA |
| Estimating resources and costs | 13a | <i>Single study-based economic evaluation:</i> Describe approaches used to estimate resource use associated with the alternative interventions. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs. | NA |
| | 13b | <i>Model-based economic evaluation:</i> Describe approaches and data sources used to estimate resource use associated with model health states. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs. | 73-89, Table 1, Webappendix Table S8 - S10 |
| Currency, price date, and conversion | 14 | Report the dates of the estimated resource quantities and unit costs. Describe methods for adjusting estimated unit costs to the year of reported costs if necessary. Describe methods for converting costs into a common currency base and the exchange rate. | 88,89 |
| Choice of model | 15 | Describe and give reasons for the specific type of decision-analytical model used. Providing a figure to show model structure is strongly recommended. | 43-58, Figure 1, Webappendix 1-24, Webappendix Table S1 |
| Assumptions | 16 | Describe all structural or other assumptions underpinning the decision-analytical model. | 52-71, Figure 1 |
| Analytical methods | 17 | Describe all analytical methods supporting the evaluation. This could include methods for dealing with skewed, missing, or censored data; extrapolation methods; methods for pooling data; approaches to validate or make adjustments (such as half cycle | 43-71, 97-134 |

| | | | |
|---|-----|---|---|
| | | corrections) to a model; and methods for handling population heterogeneity and uncertainty. | |
| Results | | | |
| Study parameters | 18 | Report the values, ranges, references, and, if used, probability distributions for all parameters. Report reasons or sources for distributions used to represent uncertainty where appropriate. Providing a table to show the input values is strongly recommended. | 43-134, Table 1, Webappendix Table S2 - S6 |
| Incremental costs and outcomes | 19 | For each intervention, report mean values for the main categories of estimated costs and outcomes of interest, as well as mean differences between the comparator groups. If applicable, report incremental cost-effectiveness ratios. | 151-161, Table 2, Webappendix Table S11 |
| Characterising uncertainty | 20a | <i>Single study-based economic evaluation:</i> Describe the effects of sampling uncertainty for the estimated incremental cost and incremental effectiveness parameters, together with the impact of methodological assumptions (such as discount rate, study perspective). | NA |
| | 20b | <i>Model-based economic evaluation:</i> Describe the effects on the results of uncertainty for all input parameters, and uncertainty related to the structure of the model and assumptions. | 182-201, Figure 3, Webappendix Table S14-S16 |
| Characterising heterogeneity | 21 | If applicable, report differences in costs, outcomes, or cost-effectiveness that can be explained by variations between subgroups of patients with different baseline characteristics or other observed variability in effects that are not reducible by more information. | 151-174, Table 2, Figure 2, Webappendix Table S12-S13 |
| Discussion | | | |
| Study findings, limitations, generalisability, and current knowledge | 22 | Summarise key study findings and describe how they support the conclusions reached. Discuss limitations and the generalisability of the findings and how the findings fit with current knowledge. | 203-304 |
| Other | | | |
| Source of funding | 23 | Describe how the study was funded and the role of the funder in the identification, design, conduct, and reporting of the analysis. Describe other non-monetary sources of support. | 321 |
| Conflicts of interest | 24 | Describe any potential for conflict of interest of study contributors in accordance with journal policy. In the absence of a journal policy, we recommend authors comply with International Committee of Medical Journal Editors recommendations. | 323 - 331 |

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