Supplementary Methods

Description of participating cohorts

ALSPAC Study: ALSPAC stands for Avon Longitudinal Study of Parents and Children, an ongoing epidemiological study of children born from 14,541 pregnant women residing in Avon, UK. Methylation data from mothers was estimated from DNA extracted from blood, while from children from cord blood. For the purpose of our study, only mothers participated. More extensive details of the available data can assessed through а study website with а fully searchable data dictionary be (http://www.bris.ac.uk/alspac/researchers/data-access/data-dictionary/), while details regarding study itself can be retrieved elsewhere [1, 2]. ALSPAC participants were asked how many cups of coffee and tea they currently drank (open format) separately for weekdays and weekends. The replies to these questions were recoded into one measure of daily use in cups/day. In ALSPAC cohort, the smoking was either never or ever smokers (current and former combined). The BMI was computed as it is common. The data on coffee and tea consumption was collected several years prior to the DNA methylation data. Since the coffee/tea consumption tends to be stable over longer period of time [3, 4], beverage consumption data was used from time point several years prior to the DNA methylation data. Time difference adjustment was additionally added in the model due to the potential confounding affect that the time might have had on the exposure variable. All the other covariates were collected at the same time point as DNA methylation data.

Airwave Study: The Airwave Health Monitoring Study is an occupational cohort consisting of 28 police forces employees from Great Britain. More details of the Airwave cohort can be found elsewhere [5]. Cohort was set up to assess the possible health risks associated with the use of TETRA (digital communication system), used by the police forces and other emergency services. The study officially started in 2004 with 53,280 participants first recruited with current response rate estimated at 53,265. At the baseline recruitment, participants completed enrolment questionnaire, or health screening or both. Blood samples were spun at the health clinic while the biological samples were stored in a Thermoporter (LaminarMedica) and for long terms storage frozen at -80°C. Blood was used for DNA extraction and subsequently DNA methylation levels estimates. For the analysis, coffee and tea consumption was collected via self-reported survey Alcohol was defined as never drinker, current drinker and ex-drinker and treated as categorical variable in the analysis. At the participants enrolment, height and weight data was collected via standardized protocol, from which body mass index (BMI) was computed as a ratio between weight (kg) and height (m²).

ARIC Study: The Atherosclerosis Risk in Communities (ARIC) study is a prospective cohort, originally established to assess the etiology of atherosclerosis and subsequently medical care, cardiovascular risk factors et cetera. Participants were recruited from four US communities where in total, 7082 men and 8710 women were recruited (age 45-64). More details of the cohort description can be found elsewhere [6]. Participants underwent initial baseline examination and were followed up in six subsequent exams. In order to investigate potential contribution of ethnicity on dietary and/or methylation changes, the participants who had DNA methylation and FFQ data available were split in 2 cohorts based on their ethnicity (European n=1,099; and African American n=2,736). The data on coffee and tea consumption were collected as follows: average coffee intake over the past year with choice responses: almost never, 1-3 cups/month, 1 cup/week, 2-4 cups/week, 5-6 cups/week, 1 cup/day, 2-3 cups/day, 4-5 cups/day and 6+ cups/day. All the other covariates were collected either via questionnaire

or physical examination. In the model, additional surrogate variables were used to correct for batch effects.

CHS Study: The cardiovascular Health Study (CHS) is an ongoing population-based cohort study initiated to study risk factors involved in stroke and coronary heart disease in adults \geq 65 years of age recruited at four centres across the US. Initially, participants recruited were of primarily European ancestry (n=5,201), and participants of African American ancestry were later recruited in the study (n=687). For our analysis, participants having both DNA methylation and coffee/tea consumption data provided 195 participants of European and 185 participants of African American ancestries, where the association was performed separately for each ethnicity. Dietary data were collected using a picture-sort version of the National Cancer Institute food frequency questionnaire (FFQ) [7]. Based on the previous year, participants were asked to select one of the following answers for each item in the FFQ: never or < 5 times a year, 5-10 times a year, 1-4 times a month, 1- 4 times a week and almost every day. The data on coffee and tea consumption were collected several years prior to the blood draw for the methylated DNA, hence additional time-difference adjustment was introduced in the model, while all the other covariates were collected at the same time as blood draw for the methylated DNA.

EPIC Study (Epic_Italy and Epic_IARC): The European Prospective Investigation into cancer and Nutrition (EPIC) is a study with over 521 000 participants enrolled from 23 centres and among 10 western European countries [8]. The study participants have had biological samples collected including plasma, serum leukocytes and erythrocytes at baseline and is one of the biggest biobanks in the world. At the recruitment, detailed information such as anthropometric measurements, lifestyle characteristics, diet and medical history were collected. The blood for DNA methylation was extracted using QIAmp Blood Mini Kit (QIAGEN). Among other covariates, Epic_IARC (n=866) cohort additionally adjusted for surrogate variable to control for batch effects. For Epic_IARC cohort data on coffee consumption was collected via questionnaire. The Epic_IARC cohort includes prospective breast cancer cases and matched controls and EPIC_Italy had in total 3 case-control studies nested in the study on breast cancer, lung cancer and colorectal cancer, for which they adjusted additionally in cohort specific adjustment. Furthermore, in Epic_Italy cohort participants were recruited in different cities (Florence, Milan, Naples, Ragusa, and Turin) and this information was used as an additional adjustment variable (treated as random effect).

ESTHER Study (Esther a, Esther b): Esther study is an ongoing population-based cohort where participants are recruited from the federal state of Saarland, Germany. In summary, 9,949 participants were recruited via their general practitioner (GP) and underwent routine health check-ups, as well as collection of epidemiological data (socio-demographic characteristics, history of major diseases and lifestyle factors). Data on previously mentioned variables was collected by self-administered questionnaire completed by participants, while the biological samples (urine, stool and blood) were obtained and stored at -80°C. DNA was extracted from blood and DNA methylation levels were determined by Illumina HumanMethylation 450K array. Coffee and tea consumption were obtained from the FFQs as following: 1=several times per day, 2=once per a day, 3=several times per week, 4=once a week, 5=less than once a week and 6=never, from which the average intake was calculated (cups/day). Other confounding variables (e.g. alcohol, BMI, smoking) were collected either via questionnaire or during health check-ups, where ever smoking was defined as ≥ 100 cigarettes during his/her lifetime, thereby avoiding misclassification of rare occasional smoking. Ever smoker was defined as participant who quit for ≥ 1 year prior to the study collection. Two random subsets of ESTHER are referred to: Esther a and Esther b and analysis were performed separately, more details can be found elsewhere [9-11].

FHS Study: The Framingham Heart Study (FHS) is a community-based, ongoing cohort study which originally started in 1948. The original participants (n=5,209) were randomly recruited in the city of Framingham, MA, USA and follow up for every 2 years onward, since 1948. The children or participants and children's spouses were named as Offspring cohort (n=5,124) and were subsequently enrolled. DNA methylation from blood was assessed on 2,846 Offspring participants from 8th examination cycle (2005-2008), where DNA was extracted using Puregene DNA extraction kit (Qiagen, Venlo, Netherlands). Other covariates were collected either via questionnaire, measurement of anthropometric data and other more extensive collection procedures, more details regarding study can be found elsewhere [12]. Smoking was defined as ever and never (former and never combined) smokers. For coffee consumption data, participants had a choice to fill in either decaffeinated, coffee with caffeine or dairy coffee drink consumption (from which variable of coffee consumption was computed as: coffee with caffeine + $\frac{1}{2}$ dairy coffee drink), while frequency of either beverages could be any of the following choices: 1-3 cups/month, 1 cup/week, 2-4 cups/week, 5-6 cups/week, 1 cup/day, 2-3 cups/day, 4-5 cups/day, 6+ cups/day. The average intake of cups/day was estimated where e.g. 2-3 cups would be treated as 2.5 cups/day.

KORA Study: The KORA (Kooperative Gesundheitsforschung in der Region Augsburg) research platform has been collecting clinical and genetic data from the general population in the region of Augsburg, Germany for over 20 years. F4 (2006-2008) and FF4 (2013-2014) cohorts are follow-up studies from the KORA S4 (n=4,261) survey carried out 1999-2000, KORA F3 is a ten years follow-up study of the KORA S3 (n=4,856) survey (1994-1995). In the baseline examinations all inhabitants of German nationality between the ages of 25 and 74 years were enrolled. Participants completed a lifestyle questionnaire, including details on health status and medication use, underwent standardized examinations with blood samples taken (PMID: 16032513). Genomic DNA extracted from blood was bisulfide-converted using EZ-96 DNA Methylation kit (Zymo Research) according to the manufactures protocol, while genome-wide DNA methylation was assed via Illumna HumanMethylation 450 BeadChip, following Illumina Infinium HD Methylation protocol. Coffee and tea consumption were collected as cups/day via questionnaire. The KORA cohort ethical approval was granted by the ethics committee of the Bavarian Medical Association and all were carried out in accordance with the principles of the Declaration of Helsinki. All research participants have signed informed consent prior to taking part in any research activities

LifeLines: Lifeline is a population cohort originating in the northern provinces of The Netherlands with an original aim to investigate association between healthy ageing and environmental, phenotypic as well as genomic factors. The study initiated from 2006 to 2019, where participants living at the northern part of The Netherlands were invited to participate together with their families and contribute to the 3 generation study design. All the participants underwent extensive measurements of metabolic and cardiovascular health, including anthropometry, detailed questionnaires, collection of blood samples and complete blood count. The average daily consumption of coffee (cups/day) was calculated as an average from questionnaire with following options: not this month, 1 day/week, 2-3 days/month, 2-3 days/week, 4-5 days/week, with an additional option of how often the coffee was consumed over the past month and on days the coffee was consumed, how many cups were consumed on average. Whole blood was stored at -80°C, from which the DNA methylation levels were measured.

RS Study: Rotterdam Study is a population based cohort where participants were recruited from the Ommord District, Rotterdam, The Netherlands. General design and overview of the study can be found described in more details elsewhere [13]. Briefly, participants were > 45 years underwent self-assessed questionnaires and physical exam. Whole blood was used for extraction of DNA, stored in EDTA tubes. Illumina HumanMethylation 450K array was used for determining the genome-wide DNA methylation

levels. Coffee and tea consumption data were collected from previously validated 389 item foodfrequency questionnaire [14]. The data on tea consumption was collected on black, green and herbal. We combined black and green tea as previously explained in the Methodology section of the manuscript. For the purpose of this study, data was collected from two separate cohorts: The third visit of RS-II and the first and second visit of RS-III. In RS-III, a selection of participants had DNA methylation data collected at the first visit (RS-III-1) and other part (not overlapping) had DNA methylation data collected at second visit (RS-III-2). However, in RS-III-2 the data for coffee and tea consumption was collected several years prior to DNA methylation data (at RS-III-1 visit). As it is case for ASLPAC and CHS cohorts, difference adjustment was additionally added in the model and all the other covariates were collected at the same time point as DNA methylation.

TwinsUK Study: The TwinsUK registry was initiated in 1992 to recruit healthy participants who were either monozygotic or dizygotic same-sex twins, aged over 18 [15]. In total, there are more than 14,000 participants recruited across the UK, where the majority being adult female of European descent. The number of females who had both whole blood DNA methylation profiles and data on coffee and tea consumption for the purpose of this study was 552 subjects. DNA for methylation assessment was extracted from whole blood and stored in EDTA tubes. The Infinium HumanMethylation450 BeadCHips (Illumina Inc, San Diego, CA) was used to measure DNA methylation levels, as previously described [16]. Data on coffee and tea consumption in the TwinsUK cohort was collected following the EPIC-Norfolk guidelines [17]. Data on coffee and tea consumptions was collected using the following options: never or less than once a month, 1-3 per a month, once a week, 2-44 per a week, 5-6 per a week, once a day, 2-3 per a day, 4-5 per a day and 6+ per a day. These data were subsequently used to calculate the average intake per a day (cups/day).

Ethical approval was granted by the National Research Ethics Service London-Westminster, the St Thomas' Hospital Research Ethics Committee (EC04/015 and 07/H0802/84). All twins provided written informed consent prior to taking part in research activities.

DNA methylation profiling

All participating cohorts measured DNA methylation in peripheral blood using the Infinium Human Methylation 450K Bead-Chip (Ilumina, San Diego, CA, USA) except Airwave cohort, where the Infinium Methylation EPIC (850K) Bead-Chip was used [18]. Genomic DNA was bisulfite-converted for methylation measurement. Following bisulfite-conversion of DNA, samples underwent whole-genome amplification and were fragmented and hybridized on Bead-Chip with their complementary probe sequences. DNA methylation status was assessed through a single-base extension step. Arrays were imaged with a high precision scanner (iScan system, Illumina Inc.) and the signal intensities were extracted by usage of a software package (GenomeStudio Software, Illumina Inc.). DNA methylation status was calculated with the β value - signal from the methylated probe divided by the overall signal intensity. The methylation percentage of CpG sites was reported as a continuous β value range between 0 (no methylation) and 1 (full methylation). As commonly performed, DNA methylation data preprocessing was conducted independently in different cohorts and β values were normalized by study-specific methods. DNA methylation sites were annotated with the information provided by Illumina and the University of California Santa Cruz (UCSC) database (GRCh37/hg19).

EWAS of coffee and tea consumption

DNA methylation was considered as the dependent variable with coffee or tea consumption as predictors of interest (cups/day), each. Conventionally, each participating cohort performed an EWAS as a set of mixed effects liner-regression models, one CpG site at a time. In total, two linear mixed effects regression models were computed for each of the two exposures of interest. In the basic model (Model 1): we included age, sex, smoking status (never, former, and current), white blood cells (either measured directly or imputed based on Houseman algorithm [19]) as fixed effects and technical covariates as random effects to control for batch effects. In the second model (Model 2), we additionally adjusted for body mass index (BMI, kg/m²) and alcohol consumption (g/day). All of the potential confounders were collected at the same time point of blood sampling for DNA methylation. Genetic principal components were included as covariates to account for population stratification if required.

For a subset of cohorts (ARIC_AA, ARIC_EA, ALSPAC, FHS, EPIC_IARC) surrogate variables were calculated and adjusted for in the modelling, due to the batch effects not controlled adequately by other modelling techniques. Airwave cohort did not have alcohol in gr/day, but the categorical variable (never drinker, current drinker, and ex-drinker) for which they adjusted in the analysis. FHS cohort had current and ever smokers (never and former combined), while ALSPAC cohort had only smoking variable defined as smokers (current and former combined) and non-smokers. The EPIC_IARC cohort includes prospective breast cancer cases and matched controls and EPIC_ITALY had in total 3 case-control studies nested in the study on breast cancer, lung cancer and colorectal cancer, and they adjusted for cases status. In addition, EPIC_ITALY had participants recruited from different cities in Italy, where center of recruitment was used as a random effect. For cohorts (RS-III-2, ALSPAC, CHS_EA and CHS_AA) that did not have coffee and tea consumptions measured at the same time as DNA methylation, additional time difference adjustment was introduced in the cohort specific adjustments. The findings from model 2 were considered as a primary results, as it is the most conservative model.

Mendelian Randomization (MR) study

We implemented a two-sample Mendelian randomization (MR) approach to evaluate the potential causal effect of coffee consumption on the identified CpGs, investigating whether the DNA methylation changes are a consequence of coffee consumption (**Figure S3**). We used 50 independent SNPs as instrumental variables (IVs) of coffee consumption, units of cups of coffee per day (including drinkers and non-coffee drinkers) (**Table S2**) [20, 21]. In addition, we assessed the potential causal association between coffee-consumption related CpG and cardiometabolic traits including type 2 diabetes, body mass index, waist-hip ratio, lipid traits (HDL-C, LDL-C, total cholesterol, triglycerides) and coronary heart disease (CHD). For each CpG, we chose instrumental variables for DNA methylation levels based on methylation quantitative trait loci (cis-meQTL) obtained from FHS cohort (N=4170) [22]. The IVs were selected from independent cis-meQTL SNPs pruned by LD r2 < 0.01. Genetic association data of cardiometabolic traits were obtained from publicly available GWAs namely DIAGRAM Consortium [23], GIANT consortium [24], ENGAGE consortium [25], and UK-Biobank+CARDIoGRAMplusC4D consortium [26].

Two methods were used to explore causality. First, a weighted genetic risk score (GRS) was constructed for coffee consumption by multiplying the number of effect alleles at each locus by the corresponding reported β coefficient from the GWAS and then summing the products. The total score was then divided by the average effect size multiplied by 100 to rescale the scores and standardize them to a range between 0 and 100. The other MR approaches were performed using the summary statistics for genetic association of the selected SNPs with coffee consumption and with the CpG site of interest. The causal effect estimate was obtained through inverse variance weighting (IVW). We further used two sensitivity analyses, the weighted median and MR-Egger, to investigate potential effect of pleiotropic variants on the estimates. The effect sizes and standard errors for SNPs-CpG were obtained from meta-analyzing GWAS summary statistics from the RS and FHS (n=5,371) [22]. We used MR-PRESSO (Mendelian randomization pleitropy residual sum and outlier) to identify horizontal pleiotropic outliers in multi-instrument summary-level MR testing (https://github.com/rondolab/MR-PRESSO) [27]. All MR methods for multiple genetic instruments were conducted using "MendelianRandomization", a statistical package running under R [28].

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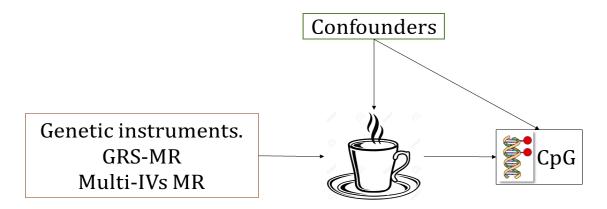
TwinsUK: The TwinsUK study was funded by the Welcome Trust; European Community's Seventh Framework Programme (FP7/2007-2013). The study also receives support from the National Institute for Health Research (NIHR)-funded BioResource, Clinical Research Facility and Biomedical Research Centre based at Guy's and St Thomas' NHS Foundation Trust in partnership with King's College London. This project also received support from the JPI ERA-HDHL DIMENSION project and UK Biological Sciences Research Council (BBSRC, BB/S020845/1 and BB/T019980/1 to JTB).

Supplementary References

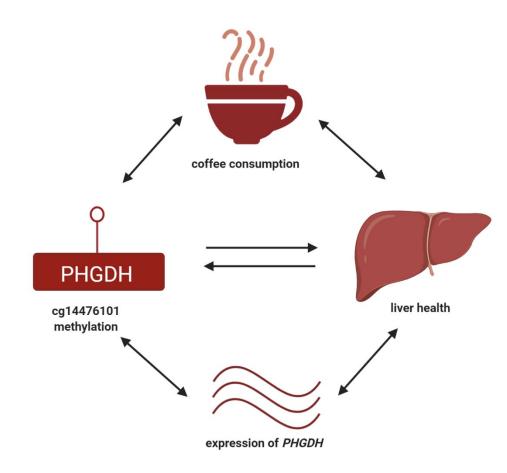
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- 28. Yavorska OO, Burgess S: MendelianRandomization: an R package for performing Mendelian randomization analyses using summarized data. *International journal of epidemiology* 2017, 46:1734-1739.

Supplementary Figures 1-14:

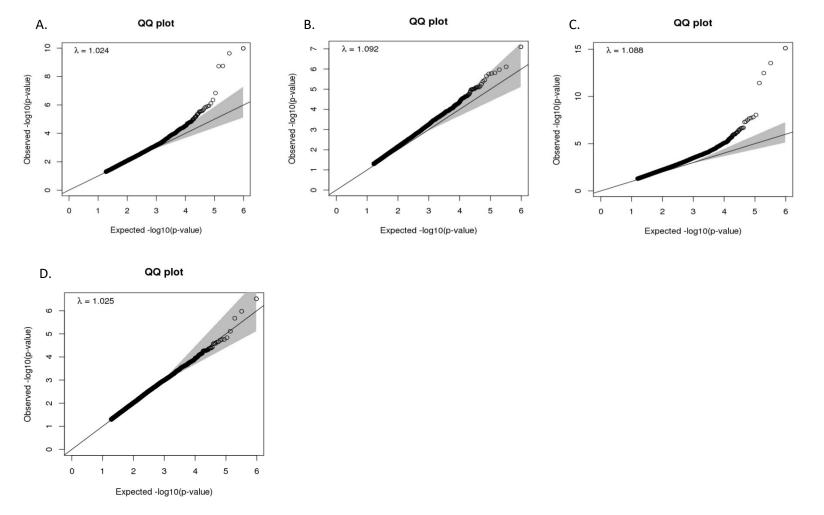


Supplementary Figure 1. Graphical representation of the causal association between coffee consumption and DNA methylation. GRS, Genetic risk score; IVs, Instrumental variables; CpG, DNA methylation site; MR, Mendelian randomization.

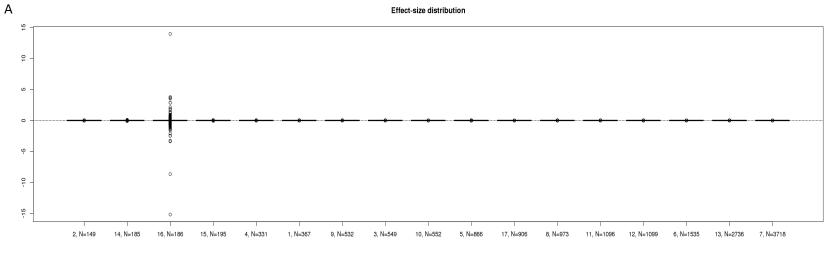


Supplementary Figure 2. Schematic overview of the analysis for cg14476101 annotated to the *PHGDH* gene in relation to liver diseases.

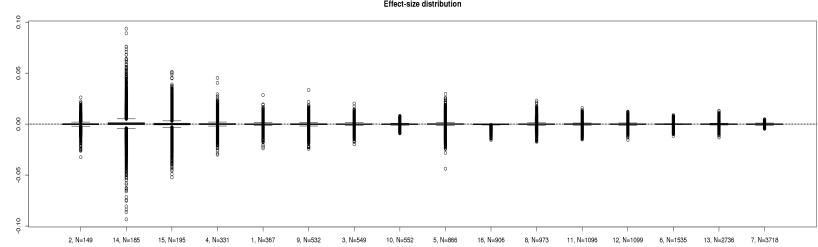
Created with BioRender.com.



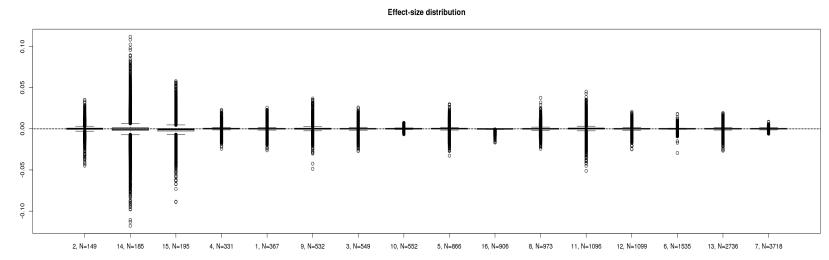
Supplementary Figure 3. Computed Quantile-Quantile (QQ) plots with the corresponding inflation factor (lambda values) for model 2. The x-axis corresponds to the expected $-\log 10$ p-value under the null hypothesis, while the y-axis indicates observed $-\log 10$ p-value. Plot (A) depicts epigenome-wide association study discovery phase (n=9,612) for coffee consumption and plot (B) depicts replication phase (n=6,177) with coffee consumption. Plots (C) and (D) correspond to the overall sample size meta-analysis on coffee consumption (n=15,789) and tea consumption (n=15,069), respectively.



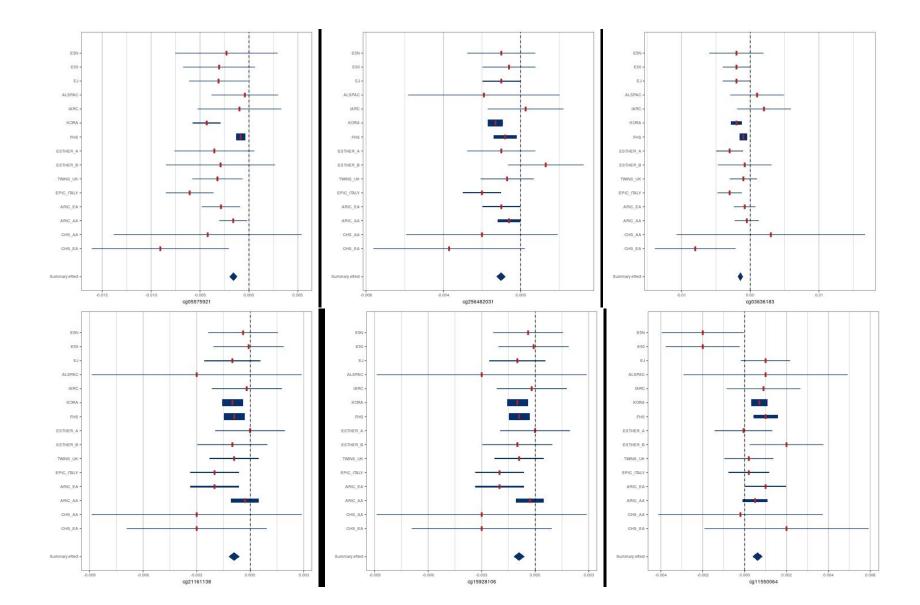


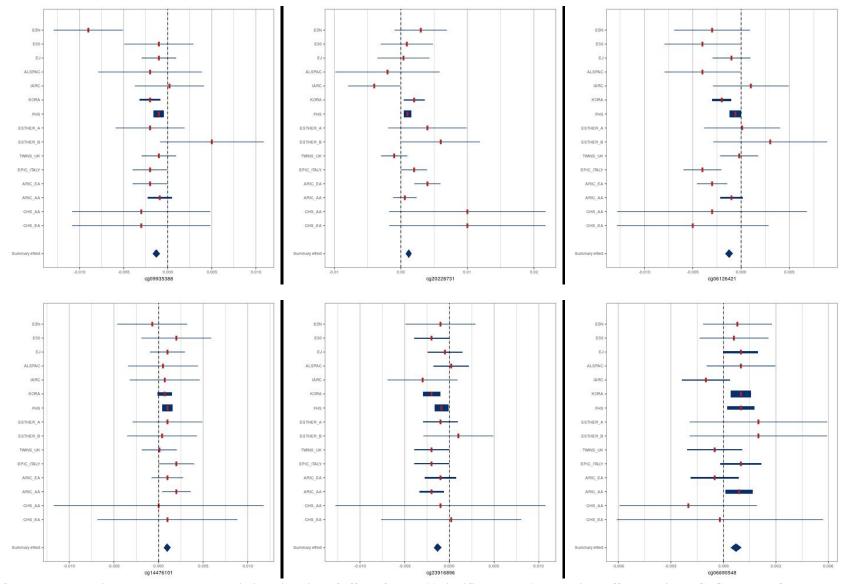


Effect-size distribution



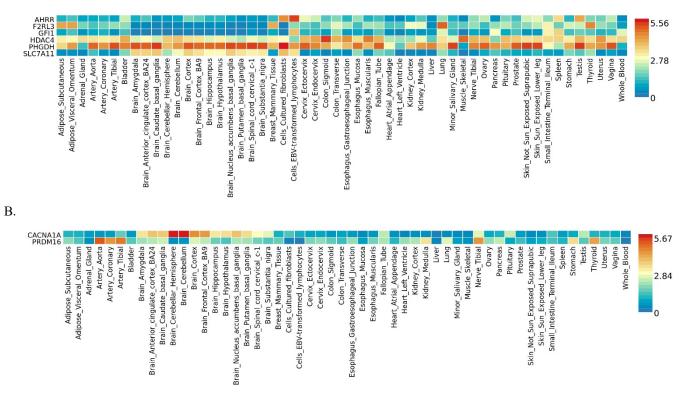
Supplementary Figure 4. **Effect-size distribution plots for coffee and tea consumption**. Plot (A) depicts the effect-size distribution plot with Lifelines cohort, while plot (B) depicts the effect-size distribution plot without Lifelines cohort with coffee consumption. There is a notably wider spread of effect sizes in the Lifelines cohort than expected based on sample size, which could indicate different units of measurement or analysis model. Plot (C) depicts the effect-size distribution plot with all participating cohorts for tea consumption.





Supplementary Figure 5. Forest plots depicting direction of effects for the 11 significant and 1 suggestive coffee associated CpGs. Forest plots computed for the top 15 CpGs associated with coffee consumption in β effects and standard errors (SE) (n=15,789). Effect estimates of individual studies with their 95%

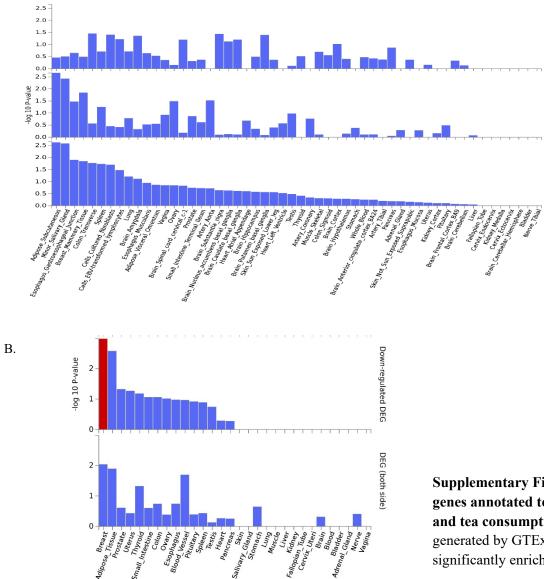
confidence intervals are illustrated, where line width is proportional to the weight assigned to the study in the meta-analysis. As expected, the cohorts with smaller sample size have a wider SE. Rectangular error bars are used to display confidence intervals, as well as the relative meta-analytic weight (height of the error bar) of each study.



Supplementary Figure 6. Heatmap depicting an average expression of genes annotated to the coffee-associated CpGs (A) and tea-suggestive associated CpGs (B) across 53 c tissues provided by GTEx. Colors indicate the average expression value (log2 transformed Reads Per Kilobase per Million per tissue per gene, winsorization 50). Darker red color indicates higher expression of the gene, while darker blue represents lower expression level. This Figure is downloaded from the official GTEx through FUMA GWAS (www.funa.ctglab.nl). GTEx=Genotype-Tissue Expression. FUMA GWAS= Functional Mapping and Annotation of Genome-wide Association Studies

А.





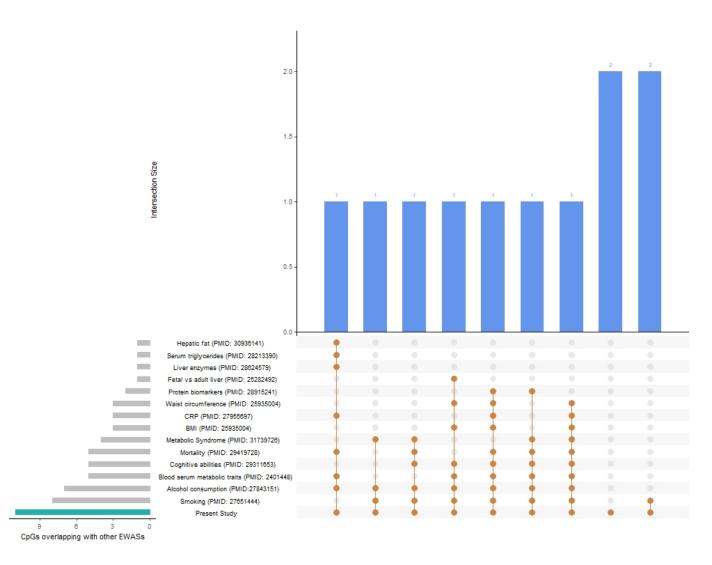
Supplementary Figure 7. Tissue expression of the genes annotated to CpGs associated with coffee (A) and tea consumption (B). Specific tissue types generated by GTEx in FUMA, where red indicates significantly enriched DEG sets (Pbon < 0.05).

Up-regulated DEG

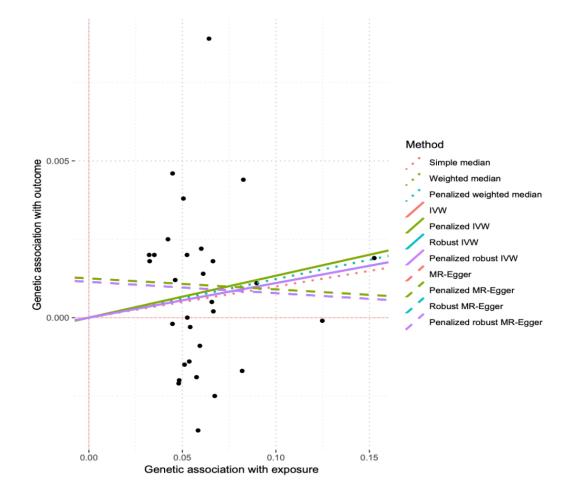
Down-regulated DEG

DEG (both side

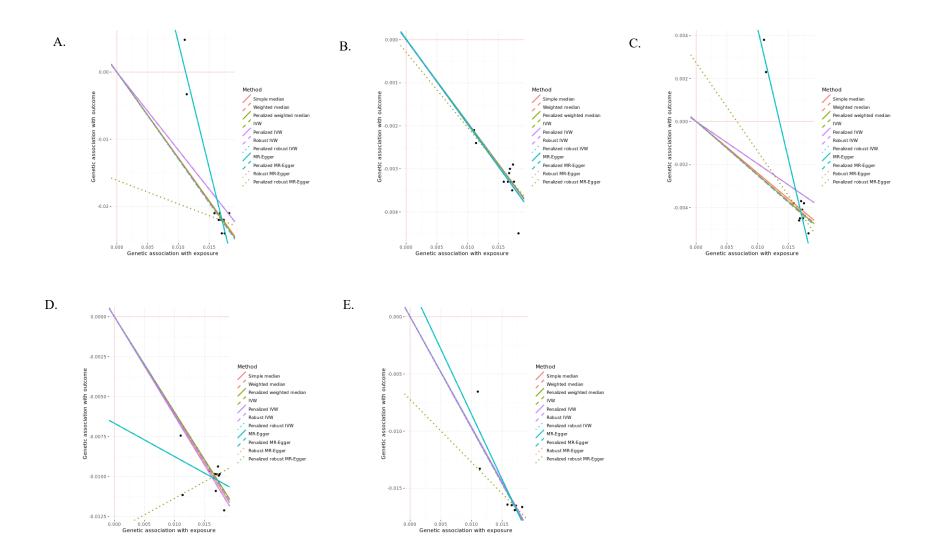
Α.



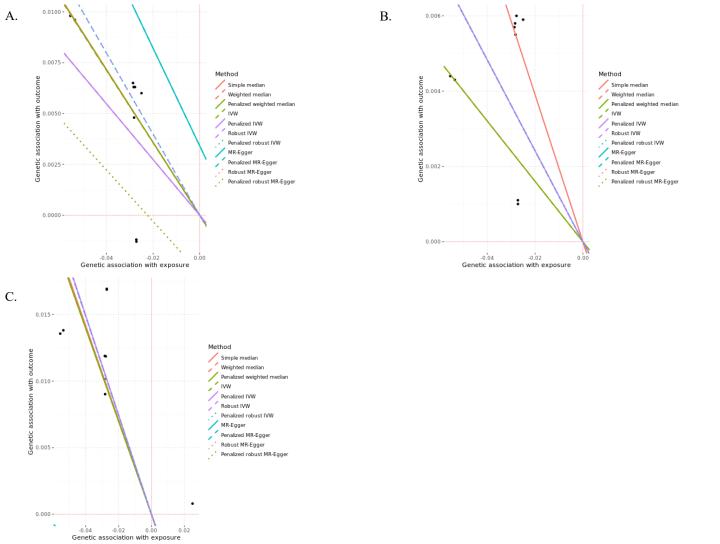
Supplementary Figure 8. The UpSet plot depicts the number of overlapping CpGs identified in several previous EWAS. The horizontal bar plot represents the number of coffee associated CpGs from our study and number of overlapping CpGs from several previous EWASs. The vertical bar plot depicts the number of CpGs in each set, denoted by the connected circles below the histogram.



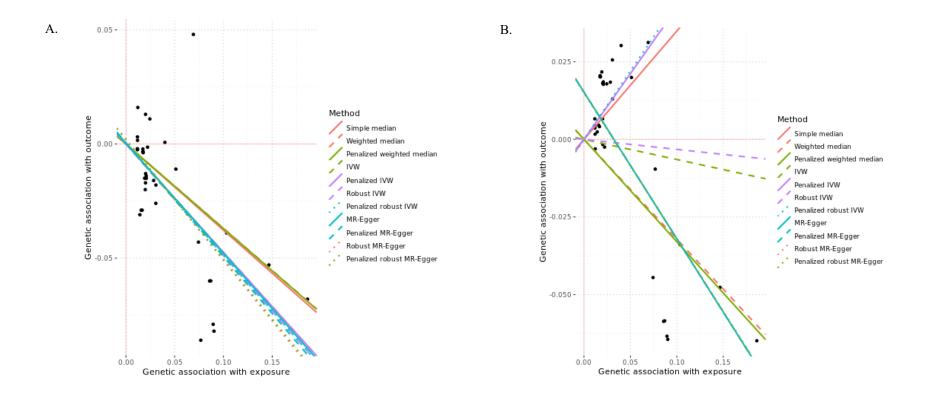
Supplementary Figure 9. Two-sample Mendelian randomization plot regarding coffee consumption (GWAS n=357454, 50 SNPs) and cg14476101. The Y axis represents the genetic association estimates with outcome (cg14476101). The X axis represents the genetic association estimate with exposure (coffee consumption). Lines depict the causal estimates from the different Mendelian randomization methods.



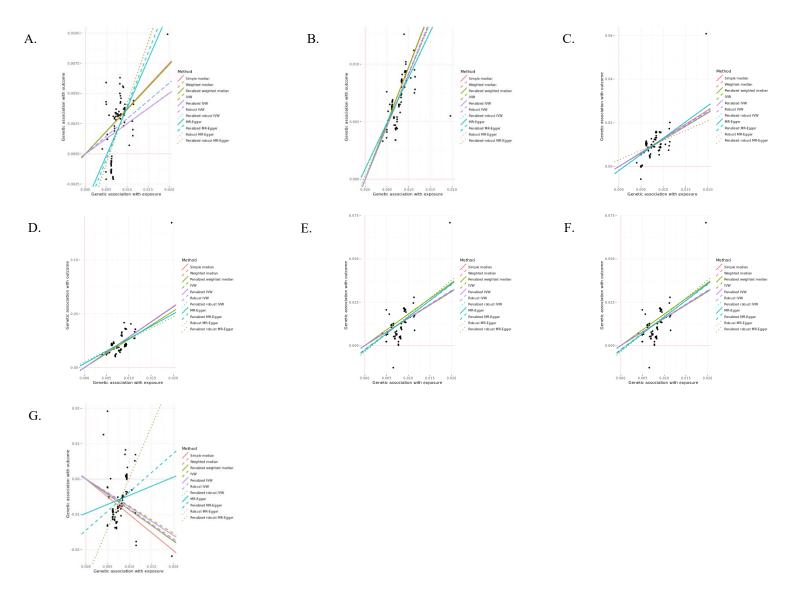
Supplementary Figure 10. Two-sample Mendelian randomization plots regarding cg01940273 (n=4170, 11 SNPs) and type 2 diabetes (n=898130) (A), body mass index (n=694649) (B), waist-hip ratio (n=694649) (C), LDL-C (n=62166) (D) and total cholesterol (n=62166) (E). The Y axis represents the genetic association estimates with outcome. The X axis represents the genetic association estimate with exposure (cg01940273). Lines depict the causal estimates from the different Mendelian randomization methods



Supplementary Figure 11. Two-sample Mendelian randomization plots regarding cg05575921 (n=4170, 9 SNPs) and body mass index (n=694649) (A), waist-hip ratio (n=694649) (B), and HDL-C (n=62166) (C). The Y axis represents the genetic association estimates with outcome. The X axis represents the genetic association estimate with exposure (cg05575921). Lines depict the causal estimates from the different Mendelian randomization methods

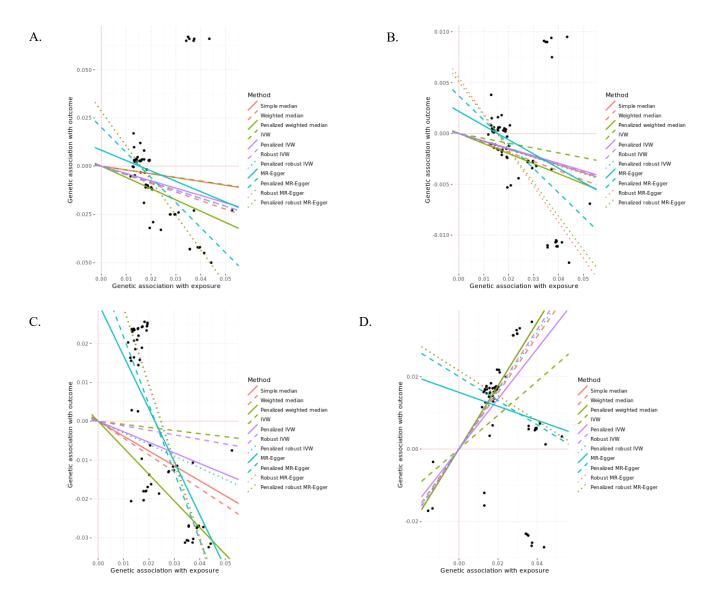


Supplementary Figure 12. Two-sample Mendelian randomization plots regarding cg09935388 (n=4170, 37 SNPs) and type 2 diabetes (n=898130) (A), and HDL-C (n=62166) (B). The Y axis represents the genetic association estimates with outcome. The X axis represents the genetic association estimate with exposure (cg09935388). Lines depict the causal estimates from the different Mendelian randomization methods



Supplementary Figure 13. Two-sample Mendelian randomization plots regarding cg11550064 (n=4170, 85 SNPs) with body mass index (n=694649) (A), waist-hip ratio (n=694649) (B), HDL-C (n=62166) (C), LDL-C (n=62166) (D), total cholesterol (n=62166) (E), triglycerides (n=62166) (F) and coronary

heart disease (n=547261) (G). The Y axis represents the genetic association estimates with outcome. The X axis represents the genetic association estimate with exposure (cg11550064). Lines depict the causal estimates from the different Mendelian randomization methods



Supplementary Figure 14. Two-sample Mendelian randomization plots regarding cg23916896 (n=4170, 66 SNPs) with type 2 diabetes (n=898130) (A), body mass index (n=694649) (B), HDL-C (n=62166) (C) and total cholesterol (n=62166) (D). The Y axis represents the genetic association estimates with

outcome. The X axis represents the genetic association estimate with exposure (cg23916896). Lines depict the causal estimates from the different Mendelian randomization methods

Cohort	Methylation	IDAT	Background	Detection	Sample call	Nbeads	Normalization	
	assay	extraction	correction	P value cut-off	rate treshold	filter		
RS-III-2	Illumina 450K	Beadstudio	separate colors	NA	95%	NA	DASEN	
RS-II-3	Illumina 450K	Beadstudio	separate colors	NA	95%	NA	DASEN	
RS-III-1	Illumina 450K	Custom script	separate colors	0.01	NA	3	SWAN	
ALSPAC	Illumina 450K	Meffil	NA	0.01	95%	3	Functional Normalization	
KORA	Illumina 450K	Custom script	separate colors	0.01	95%	3	CPACOR	
FHS	Illumina 450K	Minfi	separate colors	0.01	99%	NA	DASEN	
ESTHER_A	Illumina 450K	GenomeStudio	separate colors	0.01	95%	NA	Illumina	
ESTHER_B	Illumina 450K	GenomeStudio	separate colors	0.01	95%	NA	Illumina	
TwinsUK	Illumina 450K	Beadstudio	spearate colors	0.000001	95%	3	DASEN	
Airwave	Illumina 850K	NA	NA	NA	0.95	NA	DASEN	
Lifelines	Illumina 450K	Beadstudio	separate colors	NA	95%	NA	DASEN	
ARIC_EA	Illumina 450K	Genome Studio	separate colors	0.01	95%	NA	BMIQ	
ARIC_AA	Illumina 450K	Genome Studio	separate colors	0.01	95%	NA	BMIQ	
CHS_EA	Illumina 450K	Genome Studio	NA	0.01	95%	NA	SWAN	
CHS_AA	Illumina 450K	Genome Studio	NA	0.01	95%	NA	SWAN	
EPIC_Italy	Illumina 450K	Genome Studio	separate colors	0.01	95%	3	BMIQ	
EPIC_IARC	Illumina 450K	Genome Studio	separate colors	0.01	95%	3	BMIQ	

Supplementary Table 1. DNA methylation methods in different cohorts

RS=Rotterdam Study. ALSPAC=The Avon Longitudinal Study of Parents and Children. KORA= Cooperative Health Research in the Augsburg Region Study.

	,					
SNP	Locus	Nearest gene	EA	NEA	β	SD
rs1260326	2p24	GCKR	С	Т	0.040	0.010
rs1481012	4q22	ABCG2	А	G	0.060	0.010
rs17685	7q11.23	POR	А	G	0.070	0.010
rs2470893	15q24	CYP1A1	Т	С	0.120	0.010
rs2472297	15q24	CYP1A2	Т	С	0.140	0.010
rs4410790	7p21	AHR	С	Т	0.100	0.010
rs6265	11p13	BDNF	С	Т	0.040	0.010
rs7800944	7q11.23	MLXIPL	С	Т	0.050	0.010
rs9902453	17q11.2	EFCAB5	G	А	0.030	0.010
rs10851873	15q24.1	ARID3B	С	Т	0.058	0.010
rs11742322	-	LINC02142	С	Т	-0.035	0.006
rs11855112	15q24.1	TBC1D21	С	Т	0.054	0.008
rs12539460	7p21.1	LOC101927630	Т	С	-0.045	0.006
rs12901093	15q24.1	CCDC33	G	А	0.032	0.006
rs12917120	15q24.2	PPCDC	С	Т	0.059	0.006
rs13233604	7p21.1	LOC101927630	А	Т	-0.052	0.008
rs13397165	chr2	-	А	G	-0.046	0.007
rs1463237	12p13.2	PRH1	Т	C	-0.044	0.007
rs16903275	-	LINC00461	A	C	0.044	0.008
rs17427548	15q24.2	UBE2Q2	G	A	0.066	0.012
rs17644994	7p21.1	LOC101927609	T	G	-0.067	0.011
rs17645813	7p21.1	KCCAT333	A	G	-0.090	0.010
rs17702298	7p21.1	LOC105375171	A	G	0.082	0.012
rs17706320	7p21.1	LOC101927630	C	T	-0.053	0.006
rs17817964	16q12.2	FTO	T	C	0.041	0.006
rs1877723	4p16.3	ADD1	T	C	-0.035	0.006
rs2231142	4q22.1	ABCG2	Т	G	-0.061	0.009
rs2305668	15q24.1	SCAMP2	G	T	-0.048	0.009
rs2504706	chr6	-	C	Т	-0.037	0.006
rs2647003	chr6	-	G	Т	-0.032	0.006
rs351242	15q24.1	STRA6	A	G	-0.060	0.006
rs3810291	19q13.32	ZC3H4	A	G	0.036	0.006
rs4077582	15q13.32 15q24.1	CYP11A1	T	C	0.050	0.006
rs4128436	15q24.1 15q24.1	EDC3	т Т	C	-0.066	0.010
rs4665386	2p23.2	LINC01460	A	C	-0.000 0.045	0.008
rs476828	18q21.32	MC4R	c	Т	0.045	0.006
rs4886593	15q21.52 15q24.1	CCDC33	A	т Т	-0.054	0.007
rs589500	chr1		T	C	0.040	0.007
rs6062678	20q13.33	PCMTD2	т Т	G	0.040	0.006
rs6461314	7p21.1	KCCAT333	G	A	0.058	0.009
rs660550	6p21.33	SLC44A4	A	C	-0.036	0.005
rs6792502	3p21.33	CACNA2D2	A	C	-0.030	0.008
rs7224815			T			
	17p11.2	TOM1L2		A	-0.032	0.006
rs7251570	chr19 7p21 1	-	G T	A	0.037	0.006
rs7458455	7p21.1	LOC101927609	T C	G T	0.048	0.008
rs7791070 rs799166	7:17361403	АПЛ	C G	T C	-0.083	0.006
13/32100	chr7	-	G	C	0.058	0.008

Supplementary Table 3. Quantitative real-time polymerase chain reaction (qRT-PCR) primer sequences

shRNA sequence 1 for PHGDH	CCGGCAGACTTCACTGGTGTC AGATCTCGAGATCTGACACCAGTGAAGTCTGTTTTT
shRNA sequence 2 for PHGDH	CCGGCGCAGAACTCACTTGTGG AATCTCGAGATTCCACAAGTGAGTTCTGCGTTTTT
Target sequence 1	CAGACTTCACTGGT GTCAGAT
Target sequence 2	CGCAGAACTCACTTGTGGAAT

CpG	CpG CHR		Gene ID	metaZ	P-value	l ²
cg05575921 5		373378	AHRR	-4.600441	4.28E-06	0.7
cg15928106	7	130646078	FLJ43663	2.554978	0.010639	0.52
cg11550064	2	240148191	HDAC4	3.184801	0.001455	0.47
cg20228731	7	130646051	FLJ43663	2.56858	0.010231	0.48
cg06126421	6	30720080	NA	-3.81366	1.38E-04	0.43

Supplementary Table 4. Inverse-variance random effects meta-analysis of EWAS with coffee consumption

Model adjusted for sex, age, smoking WBCs, technical covariates, BMI and alcohol. P value treshold was set at P < 0.01 (5/0.05), based on 5 CpGs that showed nominal evidence of heterogeneity from the main analysis. CpG= DNA methylation site; CHR = chromosome.

Supplementary Table 5. Previous GWA and EWA studies on coffee and tea consumptions

PMID	Study	Year	Genes
21876539	GWAS	2011	CYP1A1, CYP1A2, ULK3, CPLX3, NCALD, LAMB4, NRCAM
27702941	GWAS	2016	AC073332.1, AHR, AC019117.4, AC012435.2, AC012435.3, UBL7-AS1, AC012435.3, ARID3B, CLK3, CYP1A1, CYP1A2, NUMBL, CYP2F2P, AC008537.1, AC008537.1, CYP2A6, CYP2G1P, CYP2A7P2, CYP2B6, CYP2B7P, GCKR
27561104	GWAS	2016	PDSS2, RPS24P12
25288136	GWAS	2014	GCKR, ABCG2, AHR, AC073332.1, POR, AC103796.1, CYP1A1, CYP1A2, EFCAB5, MLXIPL, OPCML, DPY19L4P2, AC004911.1
21357676	GWAS	2011	CYP1A2, CYP1A1, AHR, AC073332.1
29367735	GWAS	2018	HECTD4, AC016553.1, LINC02220, AL355538.2, ATP1A1, AHR, AC073332.1
31345160	GWAS	2019	SORCS2, AC073332.1, AHR, CUX2
31959922	GWAS	2020	MCL1, ENSA, GCKR, AGR3, AHR, ALDH2, CYP1A2, CSK, ADORA2A-AS1, AC073332.1, ABCG2, AL589740.1, MLXIPL, POR, APOA5, AP006216.2, BDNF, BDNF-AS, CYP2G1P, CYP2A7P2, AC019117.2, AC019117.4, AC019117.3, AC019117.2, MDH2
31837886	GWAS and MR	2019	DENND1B, GCKR, ADD1, ABCG2, SLC44A4, MTCO3P1, AL662789.1, AHR, AC073332.1, AC019117.4, AC019117.3, AC019117.2, MLXIPL, POR, AC018943.1, INSYN1-AS1, STRA6, CCDC33, AC090826.1, AC090826.2, CLK3, EDC3, CYP1A1, CYP1A2, PPCDC, PPCDC, AC090771.1, RNU4- 17P
28535255	EWAS	2017	-
28198392	EWAS	2017	ALPPL2 (cg21566642) (* in model unadjusted for smoking)
Tea cons	sumption		
31959922	GWAS (*green tea)	2020	ALDH2
28535255	EWAS	2017	DNAJC16 (cg18192808), TTC17 (cg14055589) (* in women only)

Supplementary Table 6. Association of lead SNPs of CpG-meQTLS with coffee consumption

CpG	No. meQTLS	lead SNP	β	SE	P-value
cg05575921	116	rs2721011	-0.0009	0.006	0.9
cg25648203	138	rs2466287	0.002	0.008	0.8
cg23916896	523	rs11133981	0.001	0.007	0.8
cg21161138*	-	-	-	-	-
cg03636183	41	rs2227383	0.009	0.005	0.08
cg15928106	11	rs17738934	0.004	0.005	0.5
cg11550064	116	rs291336	0.007	0.008	0.4
cg09935388	43	rs114297139	-0.01	0.01	0.5
cg20228731*	-	-	-	-	-
cg06126421*	-	-	-	-	-
cg14476101	222	rs11583993	0.01	0.008	0.2
cg06690548*	-	-	-	-	-

* no significant meQTLs found

meQTLS evaluated in 4,170 subjects from Framingham Heart Study

P-value <0.006 (Bonferroni adjusted 0.05/8 SNPs)

Supplementary Table 7. Meta-analysis EWAS on coffee consumption in all samples and only samples with the same time point of DNA methylation and coffee consumption

				Overall sample (n=15,789)		Only samples with same time point (n=15,181)		
CpG	CHR	Position	Gene ID	β	P-value	β	P-value	
cg05575921	5	373378	AHRR	-0.0016	2.17E-15	-0.0015	8.81E-15	
cg25648203	5	395444	AHRR	-0.001	7.31E-14	-0.001	1.14E-12	
cg03636183	19	17000585	F2RL3	-0.0014	1.15E-12	-0.0014	4.33E-12	
cg21161138	5	399360	AHRR	-0.0011	6.66E-12	-0.0011	1.85E-11	
cg15928106	7	130646078	FLJ43663	0.0015	1.59E-08	0.0014	8.91E-08	
cg11550064	2	240148191	HDAC4	0.0007	2.11E-08	0.0007	1.02E-08	
cg09935388	1	92947588	GFI1	-0.0012	2.32E-08	-0.0011	3.90E-07	
cg20228731	7	130646051	FLJ43663	0.0015	3.87E-08	0.0014	1.23E-07	
cg06126421	6	30720080	NA	-0.0011	4.50E-08	-0.0011	3.12E-07	
cg14476101	1	120255992	PHGDH	0.0011	4.71E-08	0.0012	3.39E-08	
cg23916896	5	368804	AHRR	-0.0013	4.76E-08	-0.0013	3.54E-08	

P-value <1.1×10⁻⁷ (Bonferroni adjusted 0.05/450,000)

				Discovery		Repli	Replication	
CpG	CHR	Position	Gene ID	EA (N=13,146)		AA (N:	AA (N=2,921)	
				β	P-value	β	P-value	
cg05575921	5	373378	AHRR	-0.0016	3.62E-14	-0.0017	0.018	
cg25648203	5	395444	AHRR	-0.0011	4.01E-13	-0.0007	0.028	
cg03636183	19	17000585	F2RL3	-0.0014	8.01E-13	-0.0005	0.625	
cg21161138	5	399360	AHRR	-0.0012	1.39E-12	-0.0004	0.374	
cg13711966	2	42071660		0.0009	1.15E-08	-0.0004	0.334	
cg15928106	7	130646078	FLJ43663	0.0015	2.67E-08	0.0011	0.292	
cg20228731	7	130646051	FLJ43663	0.0015	5.72E-08	0.001	0.312	
cg09935388	1	92947588	GFI1	-0.0013	5.81E-08	-0.001	0.168	
cg11550064	2	240148191	HDAC4	0.0007	6.34E-08	0.0005	0.11	
				Disc	overy	Replication		
CpG	CHR	Position	Gene ID	AA (N:	AA (N=2,921)		EA (N=13,146)	
				β	P-value	β	P-value	
cg05822739	4	3504980		-0.0015	1.08E-07	-0.0003	0.068	
cg10055139	11	111797552	C11orf52	0.0016	2.71E-07	0	0.249	
cg09067818	2	43864246	PLEKHH2	0.0008	7.75E-07	0	0.685	

Supplementary Table 8. Transethnic meta-analysis EWAS on coffee consumption

In the Discovery phase, P-value trehold was considered at P-value $<1.1\times10^{-7}$ (Bonferroni adjusted 0.05/450,000). While for replication phase, it corresponds to number of significantly associated CpG sites from disovery phase divided by 0.05 (Bonferroni adjusted).

Supplementary Table 9. Sensitivity analyses meta-analysis EWAS on coffee consumption

Stratification analys				ary beb m
Strata		ß	SE	P-value
	CpG	β	SE	P-value
men (n= 2,129) mon	ag00025288	0.0024	0.001	0.01146
men	cg09935388	-0.0024	0.001	0.01146
men	cg14476101	0.0007	0.0009	0.4125
men	cg11550064	0.0006	0.0005	0.2279
men	cg06690548	0.0022	0.0006	
men	cg21161138	-0.001	0.0005	0.07111
men	cg23916896	-0.0009	0.0008	0.2416
men	cg25648203	-0.0007	0.0005	0.1542
men	cg06126421	0	0.0009	0.9641
men	cg15928106	0.0036	0.0013	0.004243
men	cg20228731	0.0035	0.0013	0.007902
men	cg05575921	-0.0016		0.1468
men	cg03636183	-0.0017	0.0008	0.03241
women (n=2,654)				
women	cg09935388	-0.0009	0.0009	0.3235
women	cg14476101	0.0012	0.0009	0.1791
women	cg11550064	0.0015	0.0005	0.001842
women	cg06690548	0.0006	0.0006	0.3064
women	cg21161138	-0.0007	0.0005	0.1514
women	cg23916896	-0.0007	0.0008	0.3338
women	cg25648203	-0.0007	0.0005	0.1419
women	cg06126421	-0.0012	0.0009	0.1908
women	cg15928106	0.0045	0.0012	0.0001862
women	cg20228731	0.004	0.0013	0.001515
women	cg05575921	-0.0019	0.0009	0.03743
women	cg03636183	-0.0014	0.0008	0.06588
low-drinkers (n=1,650)				
low-drinkers	cg09935388	-0.0018	0.0055	0.739
low-drinkers	cg14476101	-0.0112	0.0052	0.0327
low-drinkers	cg11550064	0.0032	0.0028	0.259
low-drinkers	cg06690548	0.0016	0.0049	0.7373
low-drinkers	cg21161138	0.0034	0.003	0.2542
low-drinkers	cg23916896	0.0018	0.0044	0.6766
low-drinkers	cg25648203	-0.0009	0.0027	0.729
low-drinkers	cg06126421	0.0024	0.0052	0.6471
low-drinkers	cg15928106	0.0078	0.0071	0.2725
low-drinkers	cg20228731	0.0098	0.0076	0.1991
low-drinkers	cg05575921	0.0021	0.0052	0.6848
low-drinkers	cg03636183	0.005	0.0043	0.2472
moderate-drinkers (n=2,72)	÷	0.005	0.0043	0.2472
moderate-drinkers	cg09935388	-0.0012	0.0016	0.4687
moderate-drinkers	cg14476101	0.0051	0.0015	0.0005673
moderate-drinkers	cg11550064	0.0001	0.0013	0.8923
moderate-drinkers	cg06690548	0.0039	0.0011	0.0006497
moderate-drinkers	cg21161138	-0.0011	0.0011	0.0008497
moderate-drinkers			0.0003	0.2193
moderate-drinkers	cg23916896 cg25648203	0.0001	0.0013	0.9401
moderate-drinkers		0.0015	0.0008	0.3138
	cg06126421	0.0013		
moderate-drinkers	cg15928106		0.0021	0.01836
moderate-drinkers	cg20228731	0.0045	0.0022	0.04242
moderate-drinkers	cg05575921	-0.0008	0.0017	0.6157
moderate-drinkers	cg03636183	0.0002	0.0013	0.8775
high-drinkers (n=501)		0.0000	0.0000	
high-drinkers	cg09935388	0.0009	0.0033	0.7835
high-drinkers	cg14476101	0.0035	0.0024	0.1438
high-drinkers	cg11550064	0.0021	0.0019	0.28
high-drinkers	cg06690548	0.0015	0.0012	0.1902
high-drinkers	cg21161138	-0.0019	0.0021	0.3673
high-drinkers	cg23916896	0.0037	0.0027	0.1672
	1	-0.003	0.0017	0.07798
high-drinkers	cg25648203			
high-drinkers high-drinkers	cg25648203 cg06126421	0.0035	0.0032	0.2732
	-		0.0032 0.0042	0.2732 0.03226
high-drinkers	cg06126421	0.0035		

high-drinkers	cg03636183	-0.0003	0.003	0.9275
non-smokers (n=2,027)				
non-smokers	cg09935388	-0.0005	0.0009	0.5925
non-smokers	cg14476101	0.0019	0.0009	0.04408
non-smokers	cg11550064	0.0016	0.0005	0.003203
non-smokers	cg06690548	0.0014	0.0006	0.02222
non-smokers	cg21161138	-0.0008	0.0005	0.1117
non-smokers	cg23916896	-0.0013	0.0009	0.1239
non-smokers	cg25648203	0.0001	0.0005	0.8765
non-smokers	cg06126421	-0.0007	0.0008	0.4022
non-smokers	cg15928106	0.0029	0.0014	0.04236
non-smokers	cg20228731	0.0021	0.0015	0.1579
non-smokers	cg05575921	-0.0004	0.0006	0.472
non-smokers	cg03636183	-0.0008	0.0006	0.221
former-smokers (n=2,280))			
former-smokers	cg09935388	-0.0011	0.0008	0.1853
former-smokers	cg14476101	0.0012	0.0008	0.1363
former-smokers	cg11550064	0.0009	0.0005	0.06043
former-smokers	cg06690548	0.0001	0.0005	0.866
former-smokers	cg21161138	0.0003	0.0005	0.591
former-smokers	cg23916896	0.0006	0.0007	0.450
former-smokers	cg25648203	0	0.0004	0.992
former-smokers	cg06126421	-0.0003	0.0009	0.7194
former-smokers	cg15928106	0.0026	0.0012	0.0292
former-smokers	cg20228731	0.0026	0.0012	0.03102
former-smokers	cg05575921	0.0001	0.0009	0.928
former-smokers	cg03636183	-0.0006	0.0007	0.388
current-smokers (n=568)				
current-smokers	cg09935388	-0.0043	0.0021	0.04394
current-smokers	cg14476101	0.0037	0.0015	0.0112
current-smokers	cg11550064	0.0012	0.0009	0.1799
current-smokers	cg06690548	0.0012	0.0011	0.267
current-smokers	cg21161138	-0.0016	0.0011	0.143
current-smokers	cg23916896	-0.0018	0.0013	0.171
current-smokers	cg25648203	-0.0027	0.0011	0.01332
current-smokers	cg06126421	0.0001	0.0019	0.9484
current-smokers	cg15928106	0.0005	0.0021	0.795
current-smokers	cg20228731	0.0024	0.0023	0.284
current-smokers	cg05575921	-0.0041	0.0026	0.124
current-smokers	cg03636183	-0.0033	0.0018	0.0753
EWAS Coffee adjus	÷			
EWAS.Coffee.TeaAdj	cg09935388	-0.0012	0.0007	0.05929
EWAS.Coffee.TeaAdj	cg14476101	0.0012	0.0007	0.01674
EWAS.Coffee.TeaAdj	cg11550064	0.0009	0.0003	0.00684
EWAS.Coffee.TeaAdj	cg06690548	0.000	0.0003	0.0219
EWAS.Coffee.TeaAdj	cg21161138	-0.0003	0.0004	0.3662
EWAS.Coffee.TeaAdj	cg23916896	-0.0003	0.0004	0.62
EWAS.Coffee.TeaAdj	cg25648203	-0.0005	0.0003	0.062
EWAS.Coffee.TeaAdj	cg06126421	-0.0008	0.0003	0.0693
EWAS.Coffee.TeaAdj		0.0038	0.0008	0.524
,	cg15928106	0.0038	0.0009	0.0000100
EWAS.Coffee.TeaAdj	cg20228731			
EWAS.Coffee.TeaAdj	cg05575921	-0.0012	0.0007	0.103
EWAS.Coffee.TeaAdj	cg03636183	-0.0012	0.0006	0.03633
EWAS Tea adjusted				
EWAS.Tea.CoffeeAdj	cg20099906	-4.5E-05	0.0007	0.9
EWAS.Tea.CoffeeAdj	cg05804170	-0.00019	0.0002	0.5

	<u> </u>				
CpG	β	P-value	β (smoking)	P-value (smoking)	PMID of papers
cg09935388	-0.0012	2.32E-08	-0.018	6.7E-11	PMID: 27651444
cg14476101*	0.0011	4.71E-08			
cg11550064	0.0007	2.11E-08	0.006	1.7E-09	PMID: 27651444
cg06690548*	0.0008	0.00000201			
cg21161138	-0.0011	6.66E-12	-0.008	1.6E-14	PMID: 27651444
cg23916896	-0.0013	4.76E-08	-0.017	1.9E-12	PMID: 27651444
cg25648203	-0.001	7.31E-14	-0.004	6.90E-08	PMID: 27651444
cg06126421	-0.0011	0.00000045	-0.036	3E-18	PMID: 27651444
cg15928106*	0.0015	1.59E-08			
cg20228731*	0.0015	3.87E-08			
cg05575921	-0.0016	2.17E-15	-0.04	8.2E-27	PMID: 27651444
cg03636183	-0.0014	1.15E-12	-0.026	8.9E-25	PMID: 27651444

Supplementary Table 10. Association of coffee-associated CpGs with smoking

* information on smoking has not been publicily reported

P-value < 0.0041 (Bonferroni adjusted 0.05/12 coffee-CpGs)

Supplementary Table 11. Association of coffee-CpGs with tea consumption

<u> </u>	J	
CpG	β	P-value
cg09935388	5.00E-04	0.1
cg14476101	4.00E-04	0.1
cg11550064	0	1
cg06690548	-2.00E-04	0.4
cg21161138	5.00E-04	0.01
cg23916896	4.00E-04	0.2
cg25648203	4.00E-04	0.03
cg06126421	4.00E-04	0.2
cg15928106	-5.00E-04	0.2
cg20228731	-6.00E-04	0.1
cg05575921	2.00E-04	0.4
cg03636183	5.00E-04	0.03

P-value < 0.0041 (Bonferroni adjusted 0.05/12 coffee-CpGs)

n= 15,789

Supplementary Table 12. IPA Pathway for genes annotated to coffee-associated CpGs

Top 3 can	onical pathways	P-value					
1	Serine Biosynthesis	1.36E-03					
2	Superpathways of Serin and Glycine Biosynth I	1.90E-03					
3	Xenobiotic Metabolism Signaling	2.71E-03					
Top 3 die	ases and disorders	P-value					
1	Inflamatory Response	4.48E0-2, 4.42E-05					
2	Organismal injury	4.41E0-2, 4.42E-05					
3	Cancer	4.06E0-2, 2.72E-05					
Top Tox F	unction	P-value					
1 Increased levels of ALT 7.58E0-3							
<u> </u>							

P-value treshold (P<0.05)

Supplementary Table 13. IPA Pathway for genes annotated to tea-suggestive associated CpGs

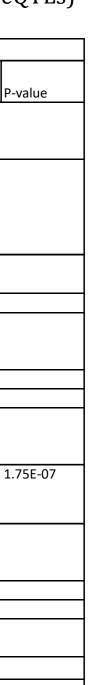
Top 3 can	onical pathways	P-value
1	White adipose tissue browning	3.20E-05
2	nNOS signalling in skeletal muscle cells	3.60E-03
3	Maturity onset diabetes of young (MODY)	5.20E-03
Top 3 dise	ases and disorders	P-value
1	Developmental disorder	2.99E0-3, 3.98E-05
2	Organismal injury and abnormalities	4.87E0-2, 3.98E-05
3	Cardiovascular disease	3.36E0-2, 8.80E-05
Top Tox Fi	unction	P-value
1	Cardiac dilation	3.34E0-3, 8.80E-05

P-value treshold (P<0.05)

cis-meQTLs cis-eQTMs trans-meQTLs CHR CpG Chr. position CpG Gene Coffee consumption SNP SNP position P-value probe probe position P-value SNP CHR SNP Chr. Position P-value cg05575921 EXOC3 373402 ENSG00000180104 5 rs6555226 389589 1.10E-16 443273 1.19E-06 rs13152890 489598 2.42E-11 s76312731 401734 5.60E-06 cg25648203 EXOC3 5 395396 rs62331561 349256 2.20E-29 ENSG00000180104 443273 2.11E-13 rs2466287 420726 2.50E-20 rs73734213 303778 4.85E-10 rs7714003 540629 6.96E-05 rs11746373 491826 8.81E-05 ENSG00000127533 16999671 cg03636183 F2RL3 17000561 2.03E-45 8.86E-06 19 rs1054533 17004049 rs2287794 16977060 1.16E-12 cg21161138 EXOC3 5 399336 rs11746538 427466 1.85E-07 ENSG00000180104 443273 1.33E-04 cg15928106 7 130646102 rs1059698 130629094 3.90E-17 130640611 3.31E-09 rs969827 rs10256380 130693931 8.20E-06 cg11550064 240148167 240148039 8.06E-32 2 rs291336 cg09935388 92947612 s2046616 92831569 1.84E-18 1 cg20228731 7 130646075 rs1059698 130629094 1.73E-16 rs969827 130640611 8.54E-10 rs10265812 130690824 1.11E-06 cg06126421 FLOT1 30720056 ENSG00000137312 30710510 5.58E-07 rs11190133 10 101278725 6 LINC00243 ENSG00000214894 30798436 2.98E-05 ENSG00000196230 30687978 6.97E-05 TUBB cg14476101 PHGDH 1 120255968 rs11583993 120255370 3.85E-228 ENSG00000092621 120202421 2.05E-55 rs41276626 120262112 3.14E-14 rs34291690 120099137 9.22E-08 cg23916896 NA cg06690548 SLC7A11 4 cg01940273 2 233284910 rs2853384 233286652 2.69E-37 233234681 2 233284910 rs5013535 1.22E-05 Tea consumption cg20099906 19 13344796 rs62109930 13275412 1.20E-04

Supplementary Table 14. Correlation between coffee and tea-associated CpGs with SNPs in near-by (cis- meQTLs) or distant genes (TransmeQTLs), and with expression levels of nearby genes (cis-eQTMs)

Abbreviations: CHR= chromosome; SE= standard error; NA= not available. P-values provided have been adjuted for multiple testing. More information can be found at https://www.genenetwork.nl/biosqtlbrowser/



Supplementary Table 15. Previously reported associations of coffee-associated CpGs with other phenotypes

CpG	CHR	Position	GeneID	Phenotype (PMID)
cg05575921	5	373378	AHRR	smoking (27651444), EA (29086770), BMI(25935004), CRP(27955697), WC (25935004), sex (26500701), alcohol consumption (27843151), HIV infection (27105112), gestational age (27717397), mortality (29419728), CVD (29326313), cognitive abilities (29311653), victimization stress (29325449), blood serum metabolic traits (24014485), atopy and atopic asthma (30584054), polychlorinated biphenyls and polychlorinated dibenzofurans (30640082), race-specific with metabolic syndrome (31739726), blood plasma protein traits (31900413), high blood pressure (31999706)
cg25648203	5	395444	AHRR	smoking (27651444), EA (29086770), alcohol consumption (27843151), mortality (29419728), cognitive abilities (29311653), victimization stress (29325449),race-specific with metabolic syndrome (31739726)
cg03636183	19	17000585	F2RL3	smoking (27651444), EA (29086770), alcohol consumption (27843151), mortality (29419728), cognitive abilities (29311653), victimization stress (29325449), blood serum metabolic traits (24014485), protein biomarkers (28915241), bisphenol A (31451752), race-specific with metabolic syndrome (31739726)
cg21161138	5	399360	AHRR	smoking (27651444), EA (29086770), CRP (27824951), HIV infection (27105112), alcohol consumption (27843151), victimization stress (29325449), polychlorinated biphenyls and polychlorinated dibenzofurans (30640082), race-specific with metabolic syndrome (31739726)
cg15928106	7	130646078	FLJ43663	sex (26500701), gestational age (27717397), clear cell renal carcinoma (23526956), pancreatic ductal adenocarcinoma (24500968), SETD1B- related syndrome (31685013), Chron's disease (30779925)
cg11550064	2	240148191	HDAC4	smoking (27651444), schizophrenia (27572077), Myasthenia Gravis (28549776), atopy and atopic asthma (30584054), multiple sclerosis (30479356)
cg09935388	1	92947588	GFI1	smoking (27651444), fetal vs adult liver (25282492), alcohol consumption (27843151), BMI(25935004), EA (29086770), WC (25935004), cognitive abilities (29311653),blood serum metabolic traits (24014485), victimization stress (29325449), oral cancer (28890207), psoriasis (30092825)

cg20228731	7	130646051	FLJ43663	Behçet's disease (30863869), clear cell renal carcinoma (23526956), sex (26500701), pancreatic ductal adenocarcinoma (24500968), gestational age (27717397), oral cancer (28890207), Chron's disease (30779925), SETD1B- related syndrome (31685013), severe sepsis (31833902)
cg06126421	6	30720080	NA	smoking (27651444), pancreatic ductal adenocarcinoma (24500968), CRP(27955697), EA (29086770), age (28811542), WC (25935004), alcohol consumption (27843151), sex (26500701), HIV infection (27105112), systemic lupus (29437559), mortality (29419728), cognitive abilities (29311653), victimization stress (29325449), blood serum metabolic traits (24014485), protein biomarkers (28915241), psoriasis (30092825)
cg14476101	1	120255992	PHGDH	liver enzymes (28624579), BMI (28002404), serum triglycerides (28213390), alcohol consumption (27843151), CRP(27955697), WC (26110892), sex (26500701), gestational age (27717397), adiposity (29713043), mortality (29419728), blood serum metabolic traits (24014485), blood pressure (29198723), atopy and atopic asthma (30584054), insuline resistance (30792424), incident T2D (31506343), SETD1B- related syndrome (31685013), hepatic fat (30936141)
cg23916896	5	368804	AHRR	smoking (27651444), EA (29086770), victimization stress (29325449)

* in case multiple EWASs replicated same CpG for same trait or similar traits

(eg. smoking, pack-years, maternal smoking, serum cotininine, lung function)

or in different populations, we reported the largest EWAS on the trait to avoid redundancy

EA = educational attainment; BMI = body mass index; WC = waist circumference;

CVD= cardiovascual disease

Supplementary Table 16. Mendelian randomization results between coffee consumption and cg14476101

Method	β	P-value	Pvalue heterogeneity (IVW)				
IVW	0.01	0.1	0.9				

Two-sample Mendelian randomization analysis done using 50 SNPs as Instrumental variables evaluated in 357,454 coffee drinkers. P-value < 0.05

Trait			Тур	e 2 diabet	es		BMI			WHR			HDL			LDL		Tot	al choleste	rol	Ті	riglycerides	5		CHD	
СрG	MR Method	Nr. of SNPS	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het	Causal effect (SD)	P-value	Pval het
cg01940273 _{mqtls}	IVW	11	-1.2 (0.3)	0.0001	0.9	-0.2 (0.5)	0.0001	0.9	-0.2 (0.05	0.0001	0.5	-0.4 (0.09)	0.0001	1e-4	-0.6 (0.2)	0.0001	0.9	-0.9 (0.2)	0.0001	0.9	-0.3 (0.2)	0.04	0.9	-0.2 (0.2)	0.6	0.9
cg01940273 _{mqtls}	Egger estimate	11	-3.7 (1.9)	0.06		-0.2 (0.3)	0.6		-1.2 (0.3)	0.0001					-0.2 (1.1)	0.8		-1.1 (1.1)	0.3							
cg01940273 _{mqtls}	Egger intercept	11	0.04	0.2		0	0.9		0	0.003					-0	0.7		0	0.9							
cg01940273 _{mqtls}	WM	11	-1.3 (0.4)	0.0001		-0.2 (0.06)	0.002		-0.2 (0.07)	0.0001					-0.6 (0.2)	0.005		-0.1 (0.2)	0.0001							
cg05575921 _{mqtls}	IVW	9	-0.2 (0.2)	0.2	0.9	-0.1 (0.3)	0.0001	0.3	-0.1 (0.04)	0.001	0.9	-0.4 (0.1)	0.002	0.9	0.2 (0.1)	0.2	0.4	0.2 (0.1)	0.04	0.3	0.2 (0.1)	0.05	0.9	-0.009 (0.1)	0.8	0.5
cg05575921 _{mqtls}	Egger estimate	9				-0.2 (0.1)	0.09		-0.02 (0.1)	0.9		-0.1 (0.5)	0.8		0.9 (0.5)	0.03		0.2 (0.5)	0.6		0.5 (0.4)	0.3				
cg05575921 _{mqtls}	Egger intercept	9				0	0.4		-0	0.4		-0	0.6		-0	0.08		0	0.9		-0	0.6				
cg05575921 _{mqtls}	WM	9				-0.2 (0.05)	0.001		-0.08 (0.05)	0.1		-0.3 (0.1)	0.02		0.3 (0.2)	0.07		0.2 (0.2)	0.1		0.3 (0.1)	0.05				
cg09935388 _{mqtls}	IVW	37	-0.5 (0.08)	0.0001	0.5	-0.03 (0.03)	0.3	1e-4	-0.1 (0.2)	0.0001	1e-4	-0.06 (0.09) 0.5	1e-4	0.2 (0.09)	0.03	1e-4	0.2 (0.1)	0.3	1e-4	0.1 (0.06)	0.03	0.9	-0.2 (0.05)	0.001	0.9
cg09935388 _{mqtls}	Egger estimate	37	-0.5 (0.1)	0.0001																				-0.12 (0.07)	0.1	
cg09935388 _{mqtls}	Egger intercept	37	0	0.9																				-0	0.2	
cg09935388 _{mqtls}	WM	37	-0.4 (0.1)	0.003																				-0.09 (0.08)	0.3	
cg11550064 _{mqtls}	IVW	85	0.9 (0.3)	0.0001	1e-4	0.2 (0.04)	0.0001	0.8	0.9 (0.04)	0.0001	0.9	1.2 (0.1)	0.0001	0.9	1.9 (0.1)	0.0001	0.9	2.8 (0.1)	0.0001	0.9	1.8 (0.2)	0.0001	0.9	-0.8 (0.1)	0.0001	0.9
cg11550064 _{mqtls}	Egger estimate	85				0.8 (0.2)	0.0001		0.8 (0.2)	0.0001		1.5 (0.6)	0.01		0.7 (0.6)	0.2		2.3 (0.6)	0.0001		1.9 (0.6)	0.001		0.5 (0.6)	0.4	
cg11550064 _{mqtls}	Egger intercept	85				-0	0.001		0	0.4		-0	0.7		0	0.05		0	0.4		-0	0.6		0	0.03	
cg11550064 _{mqtls}	WM	85				0.4 (0.05)	0.0001		0.9 (0.05)	0.0001		1.2 (0.2)	0.0001		1.8 (0.2)	0.0001		2.7 (0.2)	0.0001		1.8 (0.2)	0.0001		-0.8 (0.2)	0.0001	
cg14476101 _{mqtls}	IVW	7	0.04 (0.3)	0.9	0.9	0.1 (0.06)	0.04	0.9	0.07 (0.06)	0.2	0.9	-0.4 (0.2)	0.08	0.8	0.3 (0.2)	0.1	0.9	0.2 (0.2)	0.4	0.9	0.6 (0.2)	0.006	0.8	-0.008 (0.2)	0.9	0.9
cg14476101 _{mqtls}	Egger estimate	7																			-0.5 (0.7)	0.5				
cg14476101 _{mqtls}	Egger intercept	7																			0	0.12				
cg14476101 _{mqtls}	WM	7																			0.7 (0.3)	0.01				
cg15928106 _{mqtls}	IVW	3	0.9 (0.4)	0.02	0.8	0.06 (0.07)	0.4	0.01	-0.1 (0.07)	0.09	0.9	0.3 (0.2)	0.2	0.8	0.3 (0.2)	0.1	0.3	0.5 (0.2)	0.02	0.1	0.1 (0.2)	0.5	0.2	0.2 (0.3)	0.3	0.3
cg15928106 _{mqtls}	Egger estimate	3																								
	Egger intercept																									
cg15928106 _{mqtls}	WM	3																								
cg23916896 _{mqtls}	IVW	66	-0.2 (0.1)	0.1	0.01	-0.05 (0.02)	0.03	0.01	-0.1 (0.02)	0.0001	1e-4	-0.08 (0.1)	0.4	1e-4	0.4 (0.06)	0.0001	0.7	0.5 (0.07)	0.0001	0.005	-0.3 (0.06)	0.0001	0.9	-0.3 (0.07)	0.0001	0.9
cg23916896 _{mqtls}		66													0.1 (0.1)	0.5		-0.2 (0.2)	0.2		-0.6 (0.1)	0.0001		-0.7 (0.2)	0.0001	
cg23916896 _{mqtls}	Egger intercept	66													0	0.05		0	0.0001		0	0.03		0	0.01	
cg23916896 _{mqtls}		66													0.6 (0.09)	0.0001		0.8 (0.1)	0.0001		-0.1 (0.09)			-0.2 (0.1)	0.02	

Supplementary Table 17. Associations of CpGs-mQTLs with cardiometabolic traits by three different MR n

Casual association estimates between coffee-related CpGs and cardiometabolic traits.

CpG= DNA methylation site; CHR = chromosome, Pval het= P-value heteregoneity

Supplementary Table 18. Association of coffee consumption with serum levels of liver enzymes in the RS

		GT	Al	LT	AST			
n= 4,756	β	P-value	β	P-value	β	P-value		
coffee consumption	-0.011	0.0048	-0.005	0.051	-0.005	0.0083		

Model adjusted for age, sex, BMI, smoking and excessive alcohol consumption.

Excessive alcohol consumption was defined as >14 units/week for women and >21 units/week for men, where the unit would correspond to 10 grams.

P value treshold = 0.016, adjusted for multiple testing of coffee with 3 liver enzymes (Bonferroni adjusted 0.05/3)