

## Supplementary Material

### Consolidated criteria for reporting qualitative research (COREQ; [1])

No	Item	Description
<b>Domain 1: Research team and reflexivity</b>		
<i>Personal characteristics</i>		
1.	Facilitator	Melina Dederichs, Jennifer Apolinário-Hagen
2.	Credentials	Melina Dederichs (MSc), Jeannette Weber (MPH), Prof. Dr. Claudia R. Pischke, Prof Dr. Peter Angerer, Dr. Jennifer Apolinário-Hagen
3.	Occupation	MD: research associate; JW, JAH: postdoctoral researchers; PA,CRP: university professor
4.	Gender	MD, JW, CRP, JAH: female; PA: male
5.	Experience and training	MD: educational background in psychology, practical experience in occupational health research, qualitative research and teaching; JW: educational background in biomedical science and public health, practical experience in occupational health research; CRP: educational background in health psychology, experienced in public health research; PA: educational background in human medical studies, experience as a clinical doctor and in occupational health research; JAH: educational background in psychology, experience in medical psychology, health psychology and eMental health research, and quantitative and qualitative research
<i>Relationship with participants</i>		
6.	Relationship established	Participants of seminar
7.	Participant knowledge of facilitator	Participants knew MD and JAH as researchers and lecturers at the Medical Faculty
8.	Facilitator characteristics	No other characteristics were reported about the facilitator
<b>Domain 2: Study design</b>		
<i>Theoretical framework</i>		
9.	Methodological orientation and theory	Qualitative content analysis by Mayring
<i>Participant selection</i>		
10.	Sampling	Recruiting from seminar
11.	Method of approach	None/registration for seminar
12.	Sample size	26 participants
13.	Non-participation	Not applicable
<i>Setting</i>		
14.	Setting of data collection	Conference room at university
15.	Presence of non-participants	AD and JW took field notes
16.	Description of sample	Between 18 and 30 years (M = 23,35; SD = 3,73), 17 females, 9 males
<i>Data collection</i>		
17.	Interview guide	Provided as supplemental material
18.	Repeat interviews	None
19.	Audio/visual recording	Audio recording
20.	Field notes	Yes
21.	Duration	42 – 66 minutes
22.	Data saturation	Yes
23.	Transcripts returned	No
<b>Domain 3: Analysis and findings</b>		
24.	Number of data coders	Three
25.	Description of coding tree	Yes (in the results section)
26.	Derivation of themes	Deductive coding: opinions on IMIs (advantages/disadvantages, facilitators/barriers), tailored solutions for medical students; all other categories were inductively coded
27.	Software	MaxQDA 18
28.	Participant checking	No
<i>Reporting</i>		
29.	Quotations presented	Yes
30.	Data and findings consistent	Yes
31.	Clarity of major themes	Yes
32.	Clarity of minor themes	Yes

1. Tong A, Sainsbury P, Craig J. Consolidated criteria for reporting qualitative research (COREQ): a 32-item checklist for interviews and focus groups. *International Journal for Quality in Health Care*. 2007;19(6):349-357.