Supporting Information

Wastewater monitoring outperforms case numbers as a tool to track COVID-19 incidence dynamics when test positivity rates are high

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Text S1. Deconvolution to estimate daily number of infections

The SARS-CoV-2 loads in wastewater and the daily confirmed cases are aggregated quantities. An aggregated quantity A_t observed on day t is the weighted sum all previous numbers of infections I. The weights w are given as function of the time since infection, τ :

$$A_t \approx \sum_{\tau=0}^{\infty} w(\tau) \cdot I_{t-\tau} \approx \sum_{\tau=0}^{\tau_{max}} w(\tau) \cdot I_{t-\tau}$$

As the weight decays with a larger τ the sum can be truncated at τ_{max} with a small error.

Based on the relationship from above we can estimate the infections $I = (I_0, I_1, ..., I_T)$ in a time interval [0, ..., T] from the set of observed aggregated quantities $\{A_t, t \in T_{obs}\}$. Note that the observation time points of A_t may be irregularly spaced in time. The loss function to minimize over I is

$$\min_{I} \sum_{t \in T_{obs}} \left(A_t - \sum_{\tau=0}^{T_{max}} w(\tau) \cdot I_{t-\tau} \right)^2 + \gamma \sum_{\tau=1}^{T_{max}} (I_{\tau} - I_{\tau-1})^2$$

with the constraint that all $I_{\tau} \ge 0$. The second term penalizes large deviations between successive infections and also ensures a unique solution. The larger the penalty term γ is chosen, the smoother change the resulting estimates over time.

This model can be seen as a non-negative ridge regression. We implemented it using the R-package CVXR for convex optimization.

Virus	Ref	Primer name	Sequence (5'→3')	Primer concentration	Thermocycling protocol	Gene	Amplicon size (position)	Accession number
DMMAN	1.2	PMMV-FP1-rev PMMV-RP1	5'-GAGTGGTTTGACCTTAACGTTTGA-3' 5'-TTGTCGGTTGCAATGCAAGT-3'	0.4 μM 0.4 μM	RT at 55ºC for 1h, 10 minutes at 95ºC followed	Replication-	68	NC 002620
FIVIIVIOV	1, 2	PMMV-Probe1	5'-FAM-CCTACCGAAGCAAATG-MGB-3	0.2 μM	by 45 cycles of 95ºC for 15s and 60ºC for 60s	protein	(1878-1945)	NC_003630
Sendai virus	This study	Sendai_F_2020	5'-GAGGTATAGGAGTCCCTGAAGT-3'	0.4 μM	RT at 48ºC for 1h, 5 minutes at 95ºC followed by 45 cycles of 95ºC for 15s and 60ºC for 30s	L gene - RNA polymerase protein	113 (13609-13726)	M30204
		Sendai_R_ 2020	5'-GCTCTAGTCTGATGTCCCAAAG-3'	0.4 μM				
		Sendai_P_2020	5'-FAM-TCCCGAGGCAGATAATGCACTGTT- ZEN/lowa Black-3	0.2 μM				
		2019-nCoV_N1-F	5'-GACCCCAAAATCAGCGAAAT-3'	0.5 μM	RT at 55ºC for 1h, 10			
SARS-CoV-2 (N1)	3	2019-nCoV_N1-R	5'-TCTGGTTACTGCCAGTTGAATCTG-3'	0.5 μM	minutes at 95°C followed by 45 cycles of 95°C for 15s and 55°C for 30s	Nucleocapsid phosphoprotein	72 (28287-28358)	NC_045512
		2019-nCoV_N1-P	5'-FAM-ACCCCGCATTACGTTTGGTGGACC- ZEN/Iowa Black-3'	0.125 μM				
	3	2019-nCoV_N2-F	5'-TTACAAACATTGGCCGCAAA-3'	0.5 μM	RT at 55°C for 1h, 10 minutes at 95°C followed by 45 cycles of 95°C for 15s and 55°C for 30s	Nucleocapsid phosphoprotein	67 (29164-29230)	NC_045512
SARS-CoV-2		2019-nCoV_N2-R	5'-GCGCGACATTCCGAAGAA-3'	0.5 μM				
(N2)		2019-nCoV_N2-P	5'-FAM-ACAATTTGCCCCCAGCGCTTCAG- ZEN/Iowa Black-3	0.125 μM				
	4	MHV_F	5'-GGAACTTCTCGTTGGGCATTATACT-3'	0.3 μM	RT at 50°C for 1h, 5 minutes at 95°C followed by 45 cycles of 95°C for 15s and 60°C for 60s	Membrane protein	108 (29045-29152)	AY700211
МНУ		MHV_R	5'-ACCACAAGATTATCATTTTCACAACATA-3'	0.3 μM				
		MHV_P	5'-FAM- ACATGCTACGGCTCGTGTAACCGAACTGT- BHQ-3'	0.4 μM				
	Adapted from 5	Phi6_F	5'-TGGCGGCGGTCAAGAG-3'	0.4 μM	RT at 50°C for 1h, 10 minutes at 95°C followed by 40 cycles of 95°C for 15s and 60°C for 1 min	Nucleocapsid protein (Segment S)	100 (429-528)	DQ785287
ф6		Phi6_R	5'-GGATGATTCTCCAGAAGCTGCT-3'	0.4 μM				
ψυ		Phi6_P	5'-FAM-GTCGCAGGTCTGACACT-BHQ-3'	0.08 μM				

Table S1. RT-qPCR primers, probes and PCR reaction conditions used in this work.

Target	Efficiency [%]	LOD [gc/ml, (gc/reaction)]	Slope / intercept of standard curve	R ² of pooled standard curve	Number of standard curves in pool
SARS-CoV-2 N1	112	4.2 (13)	-3.07 / 38.24	0.97	21
SARS-CoV-2 N2	106	2.6 (8)	-3.18 / 39.14	0.95	16
MHV	98	3.2 (10)	-3.36 / 41.08	0.99	11
ф6	98	16 (50)	-3.37 / 39.52	0.99	3
Sendai virus	94	1.6 (5)	-3.47 / 38.87	0.99	4

 Table S2. RT-qPCR assay efficiencies, limits of detection, and R² of standard curves.

Table S3. Check-list of experimental details as requested by MIQE guidelines⁶

ITEM TO CHECK	Provided (Y/N)	CHECKLIST
EXPERIMENTAL DESIGN		
Definition of experimental and control groups	Y	provided in methods section
SAMPLE	1	provided in methods section
Description	Y	provided in methods section
Microdissection or macrodissection	N	N/A
Processing procedure	Y	provided in methods section
If frozen - how and how quickly?	Y	provided in methods section
If fixed - with what, how quickly?	N	N/A
Sample storage conditions and duration	Ŷ	provided in methods section
Procedure and/or instrumentation	Y	provided in methods section
Name of kit and details of any modifications	Y Y	provided in methods section
Details of DNase or RNAse treatment	N	N/A
Contamination assessment (DNA or RNA)	Y	provided in methods section
Nucleic acid quantification	Y	provided in methods section and SI
Instrument and method	Y	provided in methods section
RNA integrity method/instrument	N	not done
RIN/RQI or Cq of 3' and 5' transcripts	N	not done
REVERSE TRANSCRIPTION	T	provided in methods section
Complete reaction conditions	Y	provided in methods section
Amount of RNA and reaction volume	Y	provided in methods section
Priming oligonucleotide (if using GSP) and concentration	Y	provided in SI
Reverse transcriptase and concentration	Y	provided in SI
Temperature and time	Y	provided in SI
qPCR TARGET INFORMATION		
Sequence accession number	Y	Published assays or provided in SI
Amplicon length	Y	Published assays or provided in SI
Location of each primer by exon or intron (if applicable)	N	N/A
What splice variants are targeted?	N	N/A
DED OLICONIUSI FOTIDES		
dPCR OLIGONUCLEOTIDES		
Primer sequences	Y	provided in SI
Primer sequences Probe sequences	Y Y	provided in SI provided in SI
Primer sequences Probe sequences Location and identity of any modifications	Y Y N	provided in SI provided in SI N/A
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Primer sequences Probe sequences Location and identity of any modifications qPCR PROTOCOL Complete reaction conditions Reaction volume and amount of RNA Primer, (probe), Mg++ and dNTP concentrations Polymerase identity and concentration Buffer/kit identity and manufacturer Additives (SYBR Green I, DMSO, etc.) Complete thermocycling parameters Manufacturer of qPCR instrument qPCR VALIDATION Specificity (gel, sequence, melt, or digest) For SYBR Green I, Cq of the NTC Standard curves with slope and y-intercept PCR efficiency calculated from slope R ² of standard curve Linear dynamic range Cq variation at lower limit Evidence for limit of detection DATA ANALYSIS qPCR analysis program (source, version) Cq method determination Outlier identification and disposition Results of NTCs Justification of number and choice of reference genes Description of normalisation method Number and concordance of biological replicates Number and stage (RT or qPCR) of technical replicates Repeatabil	Y Y N Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y	provided in SI provided in SI provided in SI provided in SI provided in methods section provided in SI and according to kit instructions According to kit instructions According to kit instructions provided in methods section provided in methods section provided in SI provided in SI N/A N/A N/A N/A provided in SI provided in results section and SI provided in results section provided in methods section provided in methods section N/A N/A N/A provided in methods section N/A N/A provided in methods section N/A N/A provided in methods section N/A N/A provided in methods section provided in methods section



Figure S1: Positivity rate in Switzerland during the first wave of the pandemic. Data source: Swiss Federal Office of Public Health.



Figure S2. Cq values measured in RNA extracts spiked with synthetic SARS-CoV-2 RNA reference material. Dashed lines indicate the median Cq for a given site. Dotted lines indicate the median \pm 1.5 Cq, considered as the range with minimal PCR inhibition.



Figure S3. SARS-CoV-2 N1 concentrations measured by RT-qPCR (expressed as gc/reaction) in biological (a) and technical (b) replicates. One PCR reaction corresponds to 5 μ l of RNA extract, or 3.125 ml of wastewater. The shaded areas indicate the standard error associated with the regression line. Only measurements > LOD were considered.



Figure S4: Recovery of three surrogate viruses (MHV, Sendai virus and Φ 6) simultaneously spiked into seven wastewater samples. Each wastewater sample was processed and analyzed in duplicate. Panel a) Overview over all recoveries measured. Panels b-d) Paired comparison between recoveries measured by the three surrogates considered.



Figure S5. a) Recovery of MHV (Lausanne and Lugano) or Sendai virus (Zurich) in longitudinal samples from the three WWTPs studied. Each sample was processed and analyzed in duplicate. b) Violin plots show the kernel probability density (i.e. the proportion of data located along the range of recovery values, smoothed by a kernel estimator). Inside, boxplots show the median and interquartile range.



Figure S6. Daily load of PMMoV in Lausanne, Lugano and Zurich. Each sample was processed and analyzed in duplicate.



Figure S7. SARS-CoV-2 N1 and N2 concentrations at each WWTP from February 26 to April 30, 2020. All biological and technical replicates are plotted as individual data points. Dashed lines indicate the LOD for the N1 (4.2 gc/ml) and N2 (2.6 gc/ml) in wastewater.



Figure S8. Comparison of the SARS-CoV-2 N1 and PMMoV RNA concentrations measured per ml of wastewater. Because the Zurich WWTP mostly yielded N1 concentrations < LOD, this site was not included in the graph.

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