Western   Mediterranean/Prudent

High-protein and alcohol   High-total and saturated fat

Aß42 pg/mL

Dietary Pattern

Western   Mediterranean/Prudent

High-protein and alcohol   High-total and saturated fat

Aß42/Aß40 ratio

Dietary Pattern

Supplementary figure 2. Scatter plots showing the relation between the four dietary patterns and CSF biomarker levels of Aβ42 and Aβ42/Aβ40 ratio, t-tau (log transformed), p-tau (log transformed) and the p-tau/Aβ42 ratio (log transformed).