Database	Search strategy	Limits
CINAHL Complete; MEDLINE;	(physical activit* OR physical fitness OR physical exercise	-Human;
Web of Science; Eric;	OR physical education OR leisure activit* OR motor activit*	-English
PsychINFO, SPORTDiscus with	OR sport* participation OR fitness OR cardiovascular fitness	language
Full Text,	OR exercis* OR acute exercise OR chronic exercise OR	
	healthy exercise OR aerobic exercise OR resistance exercise	
	OR anaerobic exercise OR intervention OR baseball OR	
	basketball OR bicycling OR boxing OR football OR golf OR	
	gymnastics OR hockey OR Tai Ji OR mountaineering OR	
	racquet sports OR tennis OR skating OR snow sports Skiing	
	OR soccer OR sports for persons with disabilities OR track	
	and field OR youth sports OR wrestling OR weight Lifting	
	OR games recreational OR motor skills OR motor	
	intervention OR braces OR motor learning OR behavior	
	skills training OR task specific training OR weight bearing	
	exercise OR strength training OR aerobic training OR	
	running OR agility OR swimming OR aquatic exercise OR	
	horse riding OR trampoline OR snowshoeing OR skating OR	
	exergaming OR skateboarding OR dance OR walking OR	
	treadmill) AND (executive function OR executive	
	dysfunction OR working memory OR problem-solving OR	
	decision making OR planning OR inhibitory control OR	
	response inhibition OR inhibit* OR shifting OR switching	
	OR neuropsychologic* OR cognitive control OR set-shifting	
	OR cognitive flexibility OR impulse control OR attention	
	OR cogniti* OR mental flexibility OR mental set shifting OR	
	self-control OR behavioral inhibition OR interference control	
	OR reasoning) AND (children OR childhood OR school-age	
	OR youth OR adolescents OR teenagers OR students) AND	
	(ADHD OR ADD OR attention-deficit disorder* OR	
	attention-deficit hyperactivity disorder*) [Title]	