		RESEARCHING THE OB 24 HR RECAL				NT	
dateint	Date of interview	d d / m m / y y	day	Day of the week (yesterday) being recalled	Sun M	lon Tues Wed	Thurs Fri 5 6
teamid	Area identifier	Langa 0 3	intidd	Interviewer identifier			
respid	Unique number	yy mm dd country are	a intid	sequence hh	In	Respondent line number	
Sex	Sex	M / F			age	Age of respondent	

ALL INFORMATION WILL BE TREATED CONFIDENTIALY

WHAT FOOD AND DRINKS	HOW WAS IT PREPARED? WHAT WAS ADDED?	HOW MUCH WAS
Proakfact	time (waking up to about 9 o'clo	
Dieakiast	time (waking up to about 9 0 cit	
M	id-Morning (09h00 – 12h00)	
	,	
L	unch Time (12h00 – 14h00)	

	Su	pper Tin	ne (17h00 –	sunset)		
			(11110			
	Afternous		-14: 1		:	
	After suppo	er, at bed	atime and tr	rough the r	lignt	
	Mag this a usual day in tarress of	acting?	Voc		1	Ckin to anthronomating
Was this a usual day in terms of e		caury?				Skip to anthropometry section if answer is
uop i	(CIRCLE ONLY <u>ONE</u> ANSWER.,)				yes
dsp2	If not, what was the reason?					

Afternoon (14h00 – 17h00)

CHECK THE QUESTIONNAIRE & THANK THE RESPONDENT FOR PROVIDING INFORMATION ON YESTERDAY'S FOOD INTAKE. PROCEED WITH SSB CONSUMPTION QUESTIONNAIRE.

SUPERVISOR INITIAL FOR CHECKING 24HR RECALL	
INITIAL FOR CODING OF 24HR RECALL	

		INDIVIDUAL CHARACTERIS	TICS		
respid	Unique number	yy mm dd country area intid sequence hh	In	Respondent line number	
Sex	Sex	M / F	age	Age of respondent	

No.	QUESTIONS	ANSWERS		SKIPS
gc1	How many of the children in this household are your own?			
gc2	Do you have any other children who are alive who are not currently living with you in this household?			
gc3	What is your employment status?	Unemployed	1 2 3 4 5 99	
gc4	What is your marital status?	Single Married Widowed and not remarried Divorced and not remarried Married but separated Living together Other (specify)	1 2 3 4 5 99	Skip to Question he1 if respondent is male
gc5	FOR FEMALE RESPONDENTS How long ago was your last pregnancy?	Never pregnant Currently pregnant Time since last pregnancy in A. years B.months	77 0 or	Skip to question he1 if time since last pregnancy is >= 2 years/ never
gc6	FOR FEMALE RESPONDENTS Are you currently breastfeeding?	Yes	1 2	Only ask question if time since last pregnancy is <2years

HEALTH

No.	QUESTIONS	ANSWERS		SKIPS
		Diabetes Mellitus	Yes1 No2	
	Has a professional ever	Heart disease	Yes1 No2	
h - 1	diagnosed you with one of the following diseases?	High cholesterol	Yes1 No2	
he1	(PROMPT FOR EACH ITEM; CIRCLE ONLY ONE ANSWER	Hypertension/high blood pressure	Yes1 No2	
	FOR EACH ITEM)	Cancer	Yes1 No2	
		Overweight / Obesity	Yes1 No2	
he2	Do you currently smoke?	Yes No, but smoked previously Yes, occasionally No, never smoked	1 2 3 4	
he3	What do you smoke most of the time?	CigarettesPipe	1 2 3	
he4	Do you ever drink any alcohol?	Yes	1 2	
he5	Do you ever exercise?	Yes	1 2	
he6	How many days a week do you usually do at least 20 minutes the following type of exercise?	A. Walking B. Moderate exercise C. Vigorous exercise		
he7	For how many hours in an average week, do you watch movies / television / series/ play electronic games	<1 hour per week	1 2 3 4 5 6	
he8	How do you perceive your own weight?	Underweight	1 2 3 4	
he9	Is the following statement true or false when you shop for food?	I pay attention to the information on a package like "no sugar added"	True1 False2	

KNOWLEDGE ATTITUDE AND PERCEPTION

(RIvard et al 2012; Madiba et al 2017; Vital Strategies)

I would like to ask you some questions about your understanding of foods and health. Please remember that there is no right or wrong answer, I am just trying to get an understanding of your perception.

No.	QUESTION		ANSWERS	SKIPS
		A. Bottled water (still, sparkling, flavoured)	Yes1 No2	
		B. 100% fruit juice (eg. Liquifruit, Ceres, Appletiser)	Yes1 No2	
		C. Nectars or canned juices that contain fruit (eg. Tropicana)	Yes1 No2	
		D. Milk (full cream, low fat, fat free) (unflavoured)	Yes1 No2	
	When you think of the term "sugary drinks" which ones come to mind?	E. Milk (sweetened and flavoured) (eg. Nesquick, Steristumpie, Yogisip)	Yes1 No2	
	(DO NOT PROMPT. PROBE	F. Soda or soft drinks (eg. Coca Cola, Sprite, Ginger beer Iron Brew, Dry lemon, Kingsley)	Yes1 No2	
sb1	(CIRCLE YES FOR EACH ITEM	G. Diet soda / artificially sweetened beverages (eg. Coca Cola Light, Tab, Diet Sprite)	Yes1 No2	
	MENTIONED AND NO FOR EACH ITEM NOT MENTIONED)	H. Sweetened Iced Tea (eg. BOS, Lipton ice tea, Fuze)	Yes1 No2	
		I. Coffee/tea with sugar (incl. cappuccino, frapuccino)	Yes1 No2	
		J. Energy drinks (eg. Red Bull, Monster, Dragon)	Yes1 No2	
		K. Sports drinks (eg. Energade, Powerade, Lucozade)	Yes1 No2	
		L. Powdered drinks (eg. Game)	Yes1 No2	
		M. Cordials and concentrates (eg. Oros)	Yes1 No2	
		N. Other specify	Yes1 No2	

٧o.	QUESTION		ANSWERS	ANSWERS			
			Not sugary (1)	Some what (2)	Sugary (3)	Don't Know (99)	
		A. Bottled water (still)	Sugary (1)	What (2)	(5)	(33)	
		B. Bottled water (sparkling)					
		C. Bottled water (flavoured)					
		D. 100% fruit juice (eg. Liquifruit, Ceres, Appletiser)					
		E. Nectars or canned juices that contain fruit (eg. Tropicana)					
.h2	(PROMPT FOR	Community (Cg. 110pressing)					
sb2	EACH ITEM)	F. Milk (full cream, low fat, fat free) (unflavoured)					
	(MARK ONLY	G. Milk (sweetened and flavoured)					
	ONE ANSWER	(eg. Nesquick, Steristumpie, Yogisip)					
	FOR EACH	H. Soda or soft drinks					
	ITEM)	(eg. Coca Cola, Sprite, Ginger beer, Iron Brew, Dry lemon, Kingsley)					
		Diet soda / artificially sweetened beverages (eg. Coca Cola Light, Tab, Diet Sprite)					
		J. Sweetened Iced Tea (eg. BOS, Lipton ice tea, Fuze)					
		K. Coffee/tea with sugar (incl. cappuccino, frapuccino)					
		L. Energy drinks (eg. Red Bull, Monster, Dragon)					
		M. Sports drinks (eg. Energade, Powerade, Lucozade)					
		N. Powdered drinks (eg. Game)					
		O. Cordials and concentrates (eg. Oros)					
		P. Alcohol (beer)					
		Q. Alcohol (wine)					
		R. Alcohol (spirits)					
		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \					

No.	QUESTION		ANSWERS	SKIPS
	NOTE: For the name of this common what we	A. HIV	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
	NOTE: For the purpose of this survey, what we mean by sugary drinks, is all soda or carbonated drinks, energy drinks, sports drinks, flavoured milk or fruit concentrates/nextars or powders for preparing soft drinks. All of them are high in either natural or added sugar.	B. Diabetes	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
sb3		C. High blood pressure	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
SDS		D. Obesity	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
	To the best of your knowledge, does the consumption of sugary drinks increase the risk of suffering from? (PROMPT FOR EACH DISEASE)	E. Dental problems	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
	(CIRCLE ONLY ONE ANSWER FOR EACH DISEASE)	F. Cancer	Not at all1 A little2 Somewhat3 A lot4 Not sure/dk.5	
		HIV	Not at all1 Just a little2 Somewhat3 A lot4 Not sure99	
sb4	To the best of your knowledge, does obesity increases the risk of suffering from?	Diabetes (Sugar diabetes)	Not at all1 Just a little2 Somewhat3 A lot4 Not sure99	
		High blood pressure	Not at all1 Just a little2 Somewhat3 A lot4 Not sure99	

	To the best of your knowled	go doos abosity ingragges	Dental problems Not at all Just a little . Somewhat A lot Not sure			a little2 newhat3 t4	
	the risk of suffering from?		Cancer		Just Som A lot	at all1 a little2 newhat3 t4 sure99	
sb5	Are you aware of the new Health Promotion Levy (also called Sugary Beverage Tax)?				1 2		
sb6	Do you support the taxation of foods that are less healthy or unhealthy?		Oppose. Support.	oppose	2 3		
			Yes	No	Maybe	Don't know	
Government has approved a new tax on sugary sweetened beverages which will come into effect	C. I will switch to untaxed drinks						
sb7	on 1 April 2018. If this tax will result in an increase in price of about R2 for 2liters of sugary beverages, how likely will it have the following effect	B. I will cut back on my sweetened beverage consumption					
	on your purchasing intentions? (PROMT. MARK ONLY ONE ANSWER FOR EACH OPTION)	A. I will continue to consume the same drinks. The tax will have no impact at all.					
			A. Diet	soda		1 2	
			B. Fruit	juice		1 2	
	If you will cut back or switch drinks are you most likely to		C. Wate	er		1 2	
sb8			D. Milk			1 2	
			E. Alcol	nol		1 2	
			F. Othe			1 2	

SSB CONSUMPTION AND ACQUISITION

During the past month how often did you (personally) consume any of the following beverages? (please check the relevant box) Please read the food category to participants. If they respond positively (i.e. yes we consume this) then ask about the volume most commonly consumed and how often consumed. Please remember there is no right or wrong answer. We would like to get the most accurate description of the beverages you consumed over the last month. Please tell me about your own consumption of beverages. I would like you to tell me if you drank any of the items that I am going to mention to you. You can also look at the pictures to identify the beverages you drink. If you drink these items, please tell me how often you drink it, and the volume you usually consume.

Beverage unit MOST commonly consumed 200ml 09 01 03 440ml 750ml 1.51 other specify... 05 02 330ml 04 500ml 06 11 80 21

Code	Food Item	Unit most often consumed	Never <1/mo	1/ wk	2-4/ wk	5-6/ wk	1/ day	2-3/ day	≥4/ day
bev1	Water from a tap, not commercial								
bev2	Bottled water (unflavoured) (still, sparkling)								
bev3	Bottled water (flavoured)								
bev4	100% fruit juice (e.g. Liquifruit, Ceres, Appletizer)								
bev5	Nectars or canned juices that contain fruit (e.g. Tropica, Cabana, Halls, Elvin, Dalys, Take5)								
bev6	Cordials/concentrates (e.g. Oros, Fusion, Wild Island)								
bev7	Milk unflavoured and unsweetened (e.g. full cream/low fat/fat free/ amasi)								
bev8	Milk products sweetened & flavored (e.g. Nesquik, Steristumpi, Yogisip)								
bev9	Magheu								
bev10	Regular soda or soft drinks (e.g. Coca Cola, Sprite, Fanta, Stoney Ginger Beer, Cream Soda, Dry Lemon, Jive, Twizza, Refresh)								
bev11	Diet soda/artificially sweetened (e.g. Coca Cola light, Tab, Sprite Zero)								
bev12	Energy drinks (e.g. Score, Red Bull, Monster, Play, Dragon)								
bev13	Sports drinks (e.g. Energade, Powerade, Lucozade)								
bev14	Powdered drinks (e.g. Game)								
bev15	Sweetened iced tea (e.g. BOS Lipton, Fuze)								
bev16	Coffee/tea with sugar (bottled or served; including cappuccino etc)								
bev17	Coffee/Tea without sugar								
bev18	Frozen ice-lollies (e.g. Bompies /JC's)								

Code	Food Item	Unit most often consumed	Never <1/mo	1-3/ mo	1/ wk	2-4/ wk	5-6/ wk	1/ day	2-3/ day	≥4/ day
bev19	Alcohol Wine									
bev20	Alcohol Beer									
bev21	Alcohol Spirits									
bev22	Alcohols Ciders (e.g. Smirnoff Spin)									
bev23	Traditional beer (Umqubothi)									
bev24	Other (specify):									

No.	QUESTION	ANSWER		
bev25	Have you changed your beverage conthe Western Cape?	Yes1 No2		
	If was mloose tell me what wen	A. Drink more of(specify)		
bev26	If yes, please tell me what you drink more or less of as a result of the drought	B. Drink less of(specify)		

THANK THE PARTICIPANTS FOR THEIR TIME SHARE TOKEN OF APPRECIATION WITH THE HOUSEHOLD