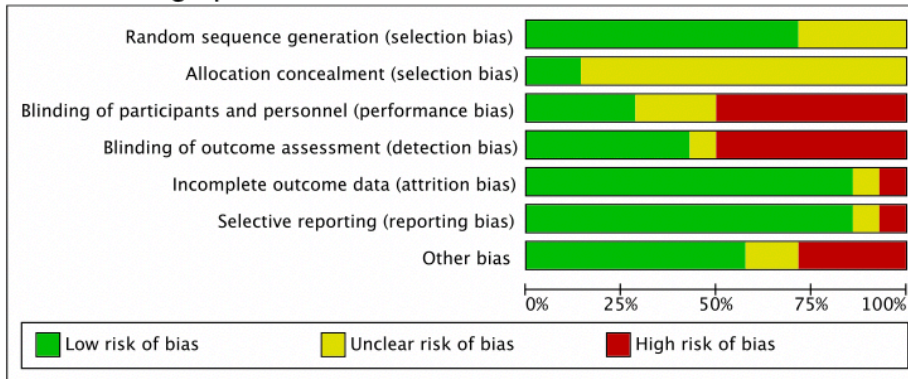
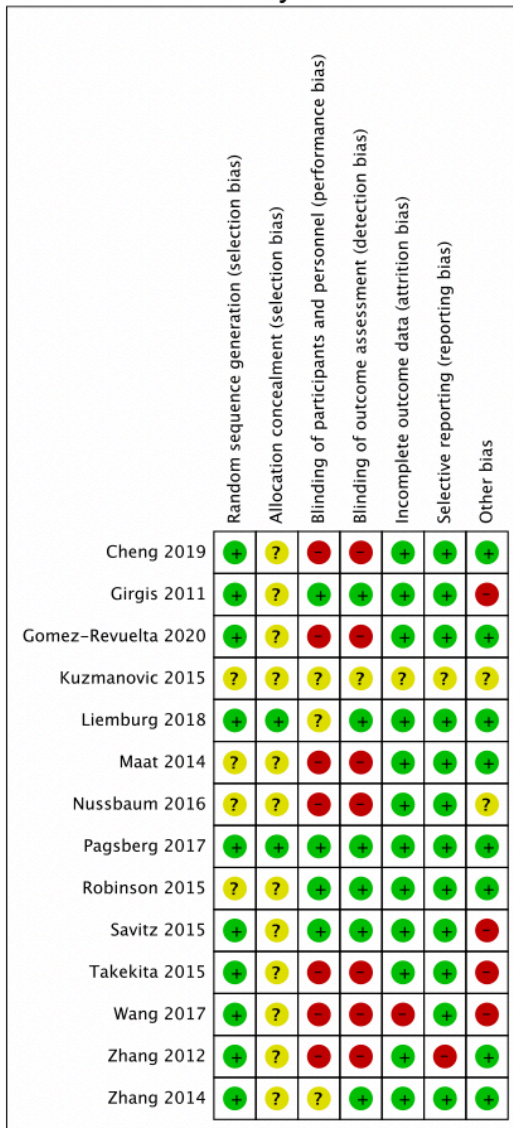


**Supplementary Figure 1.** PRISMA flow diagram of study selection.

a) Risk of bias graph

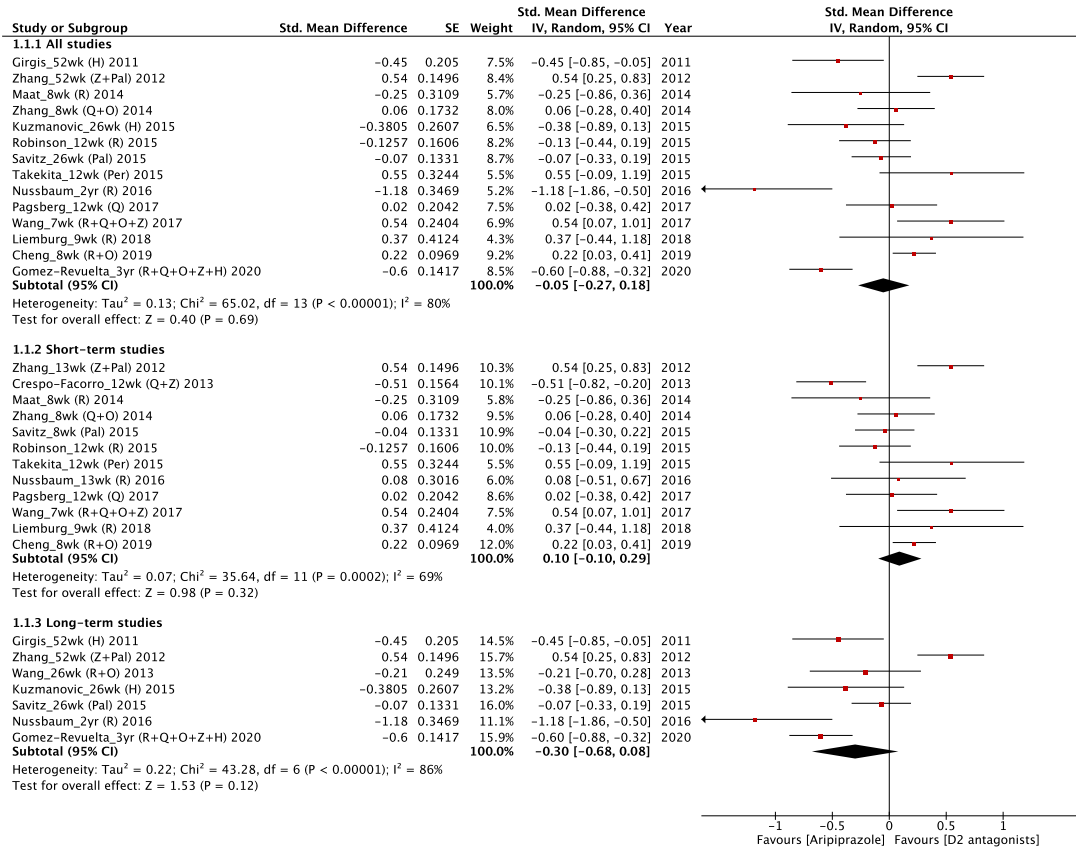


b) Risk of bias summary

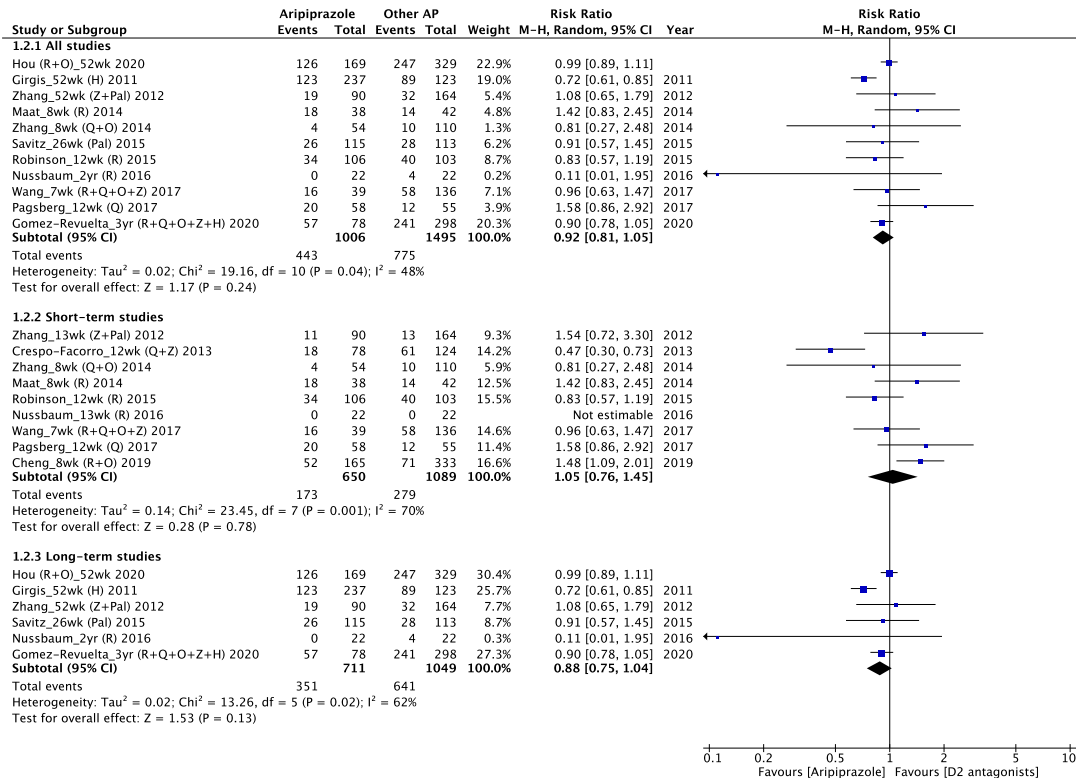


Supplementary Figure 2. Risk of bias assessment.

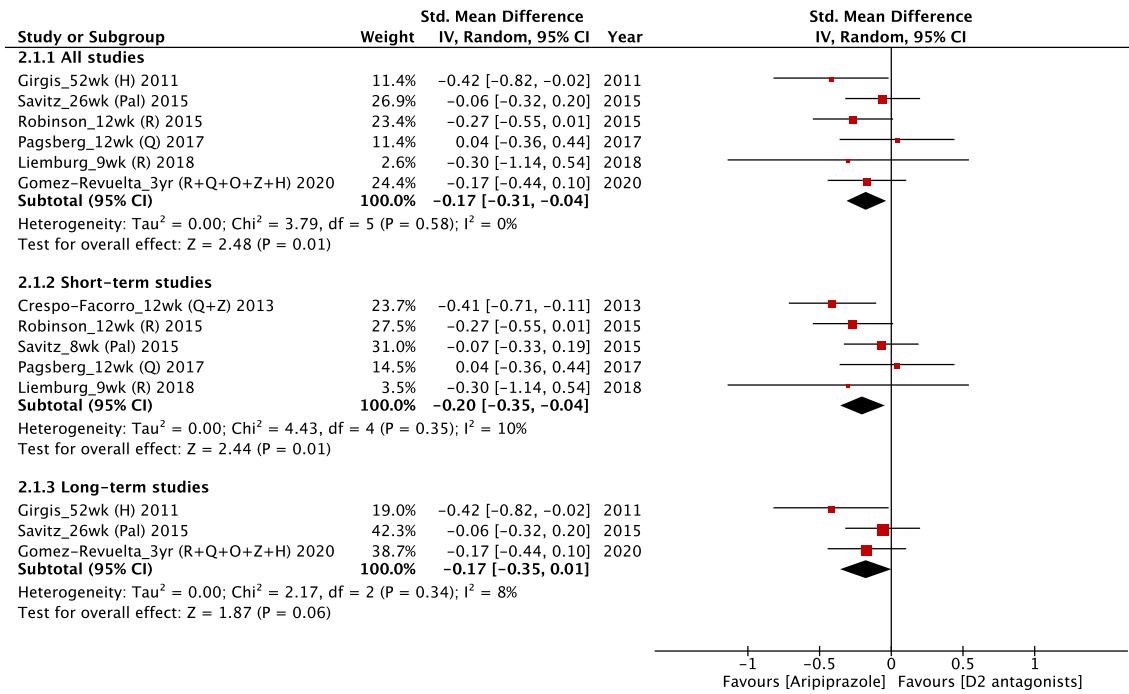
### a) Overall symptoms



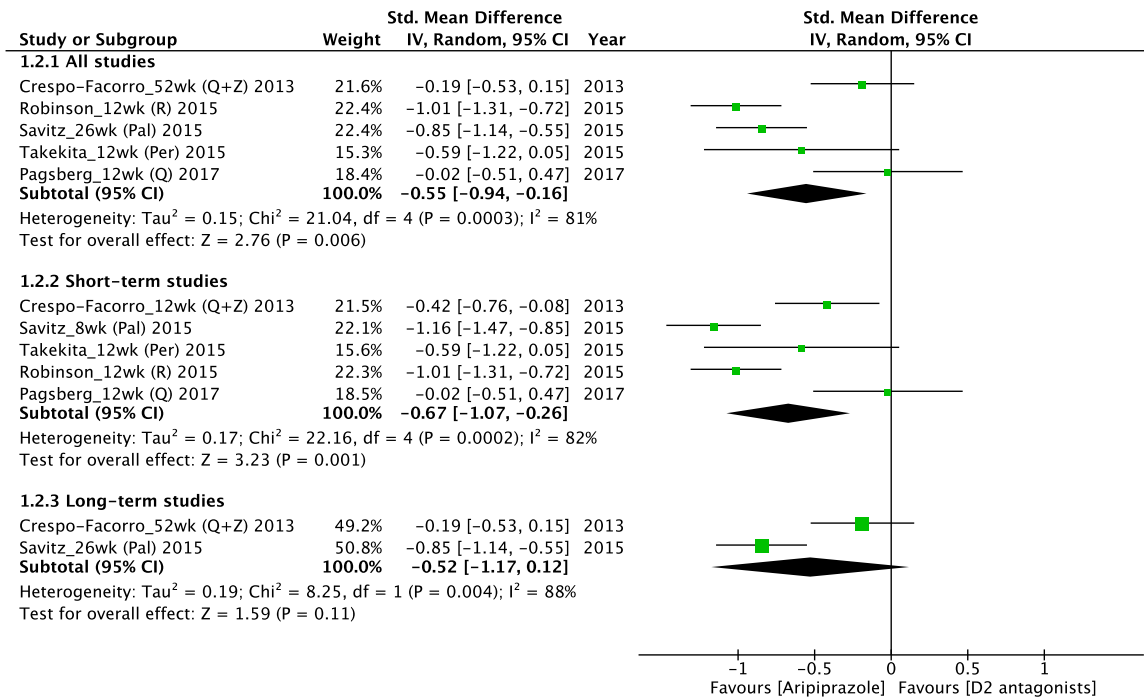
### b) All-cause discontinuation



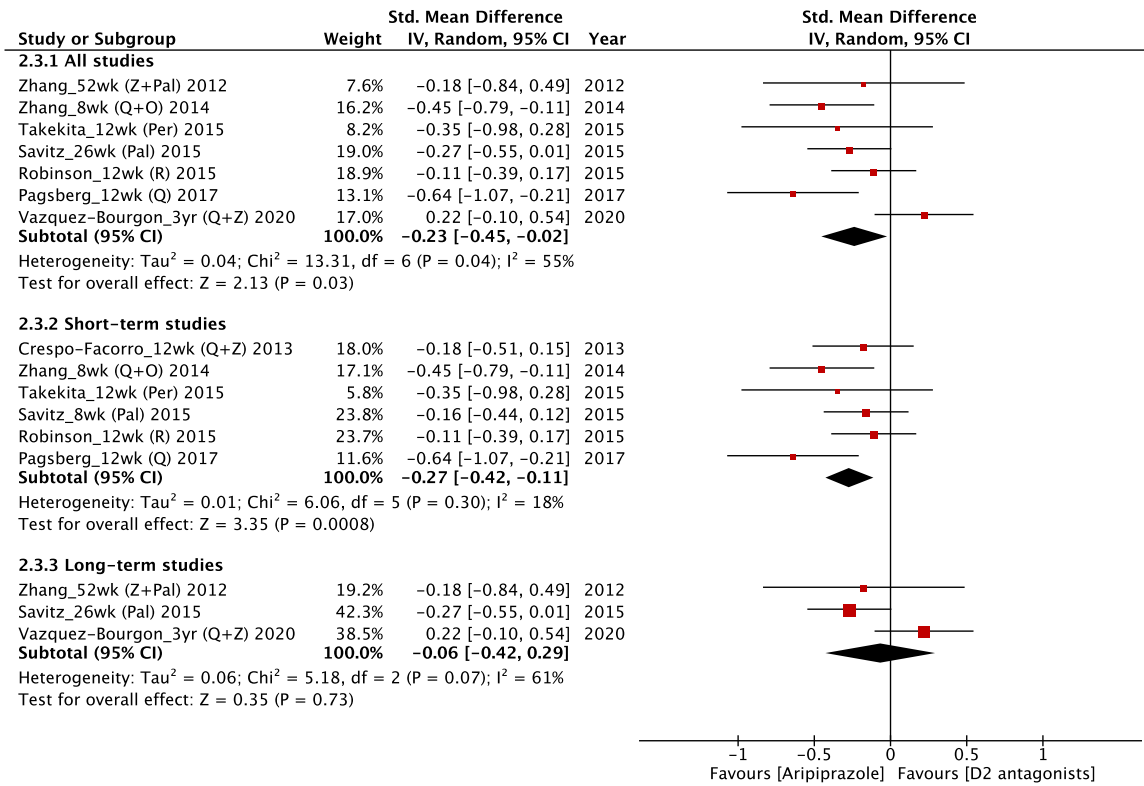
### c) Depressive symptoms



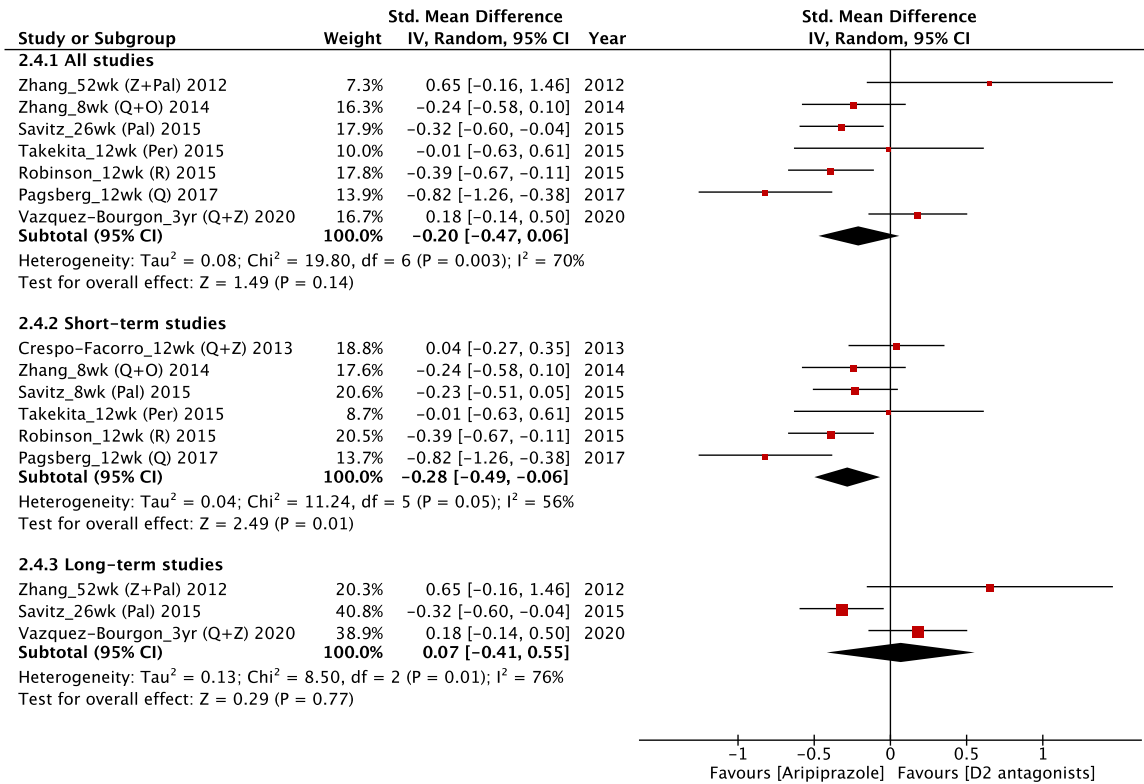
### d) Prolactin levels



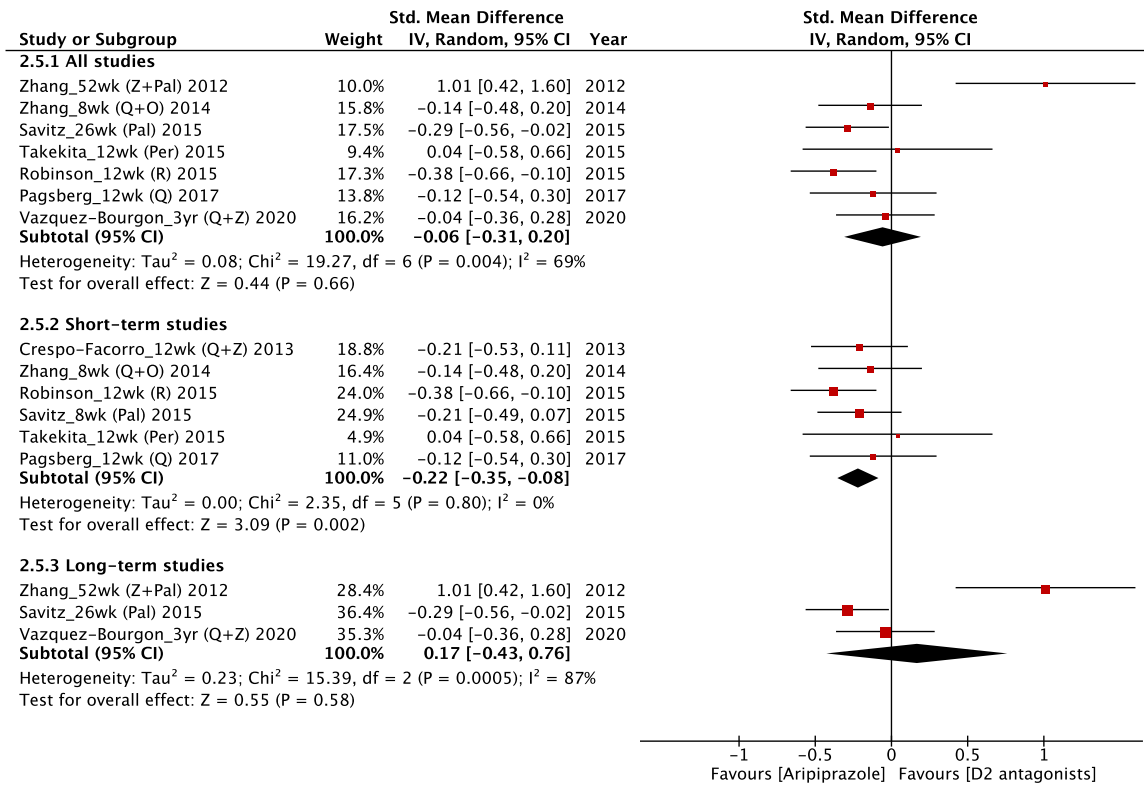
e) Triglyceride levels



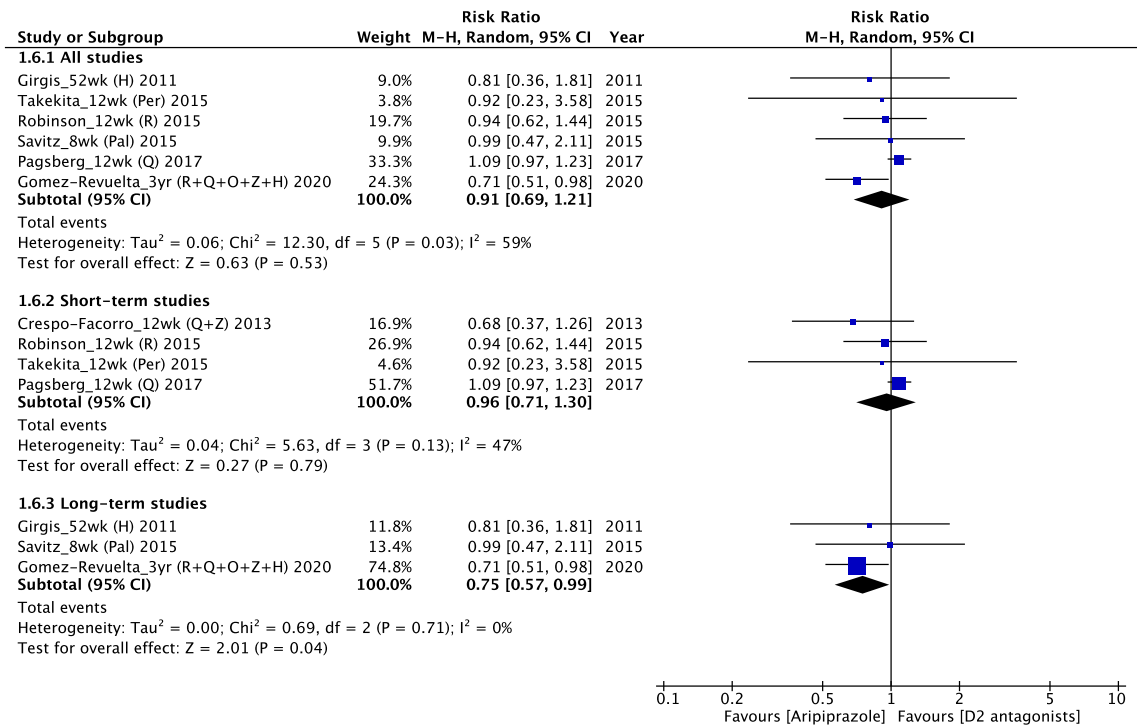
f) Total cholesterol levels



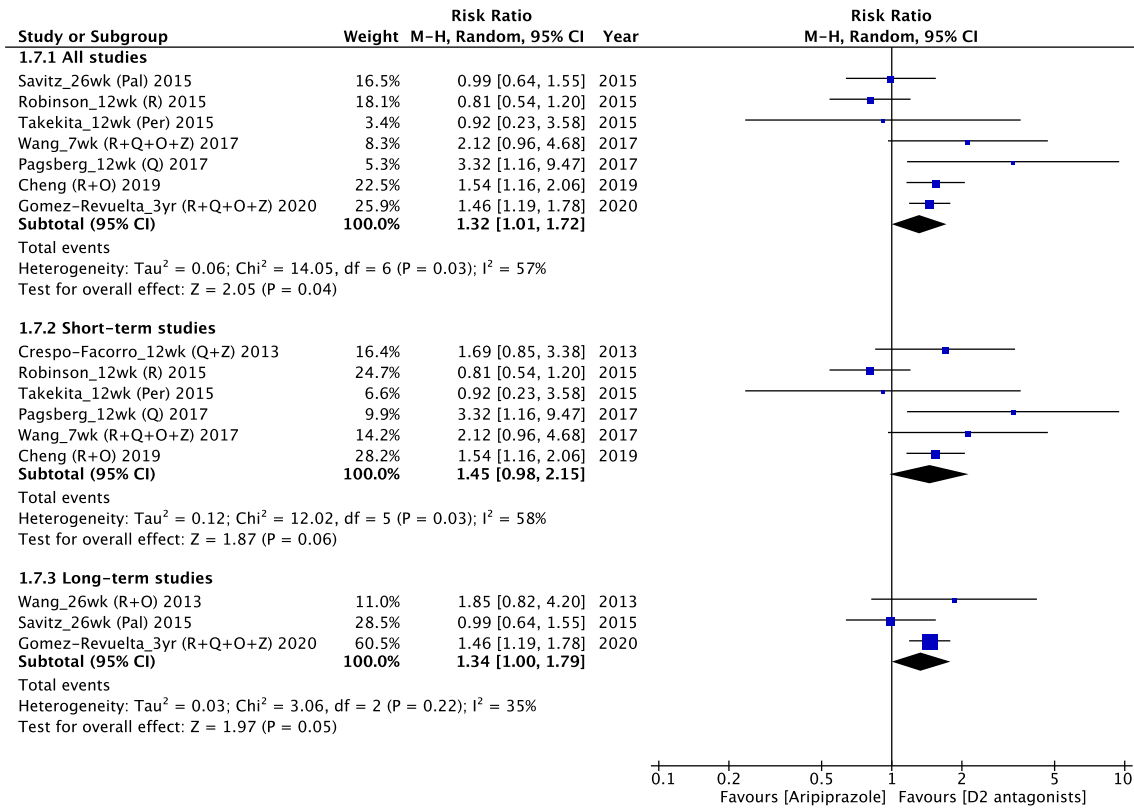
### g) Glucose levels



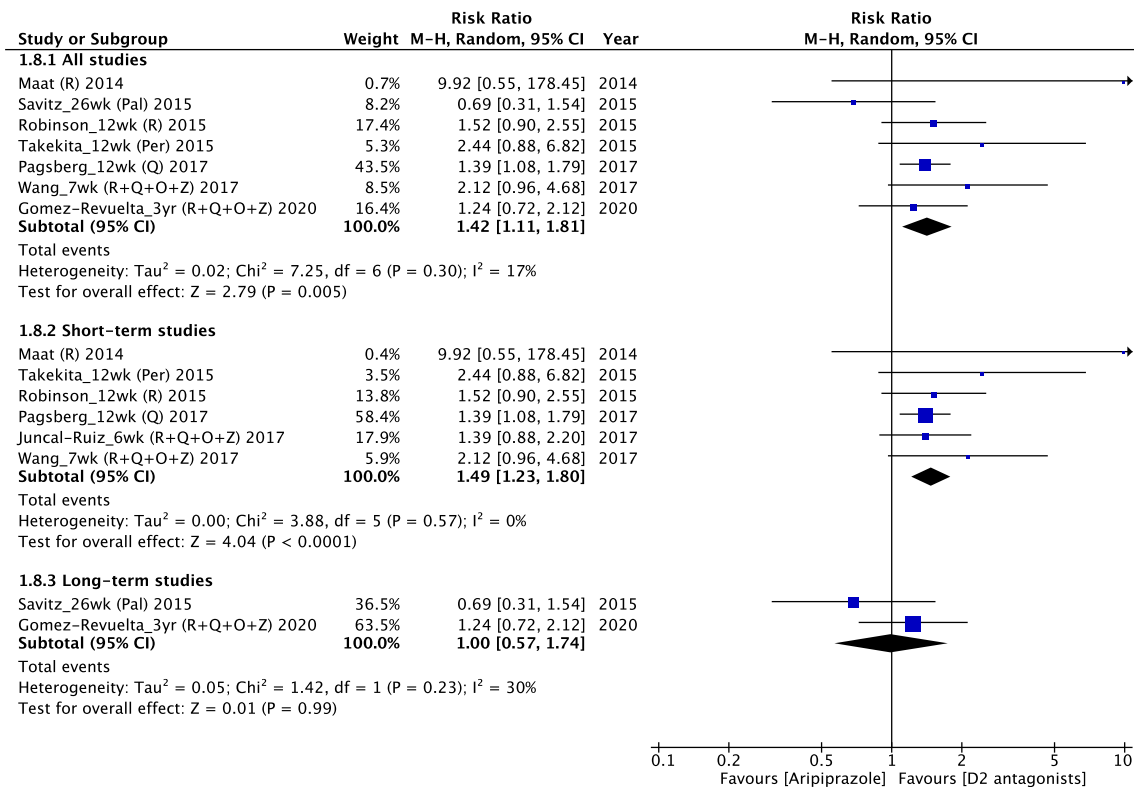
### h) Sedation



i) Anticholinergic use



j) Akathisia



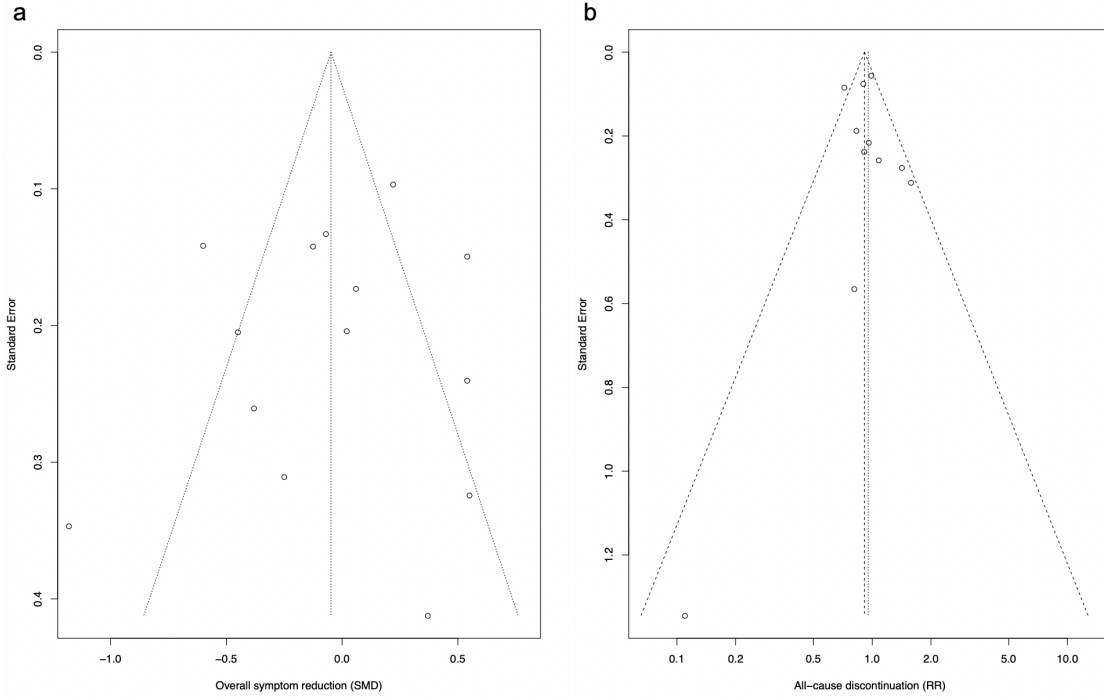
**Supplementary Figure 3.** Forest plots of comparisons of aripiprazole with D<sub>2</sub>R antagonists for main findings. H: haloperidol; O: olanzapine; Pal: paliperidone; Per: perospirone; Q: quetiapine; R: risperidone; Z: ziprasidone. For plots i) and j), haloperidol trials were removed for a more meaningful comparison of aripiprazole with second-generation D<sub>2</sub> antagonists.



**Supplementary Table 1.** Meta-regression analysis of the association of covariates with overall symptom reduction and all-cause discontinuation

	N	Estimate	SE	<i>t</i>	95% CI	<i>p</i>
<i>Overall symptom reduction</i>						
Sample size	14	0.00	0.00	-0.42	-0.01 to 0.00	0.679
Percent open label	13	-0.19	0.29	-0.67	-0.83 to 0.45	0.519
Study year	14	-0.01	0.05	-0.19	-0.13 to 0.10	0.851
Age	13	0.02	0.02	1.21	-0.02 to 0.06	0.250
Percent male	13	0.00	0.01	-0.18	-0.02 to 0.02	0.859
Trial duration	14	-0.01	0.00	-2.69	-0.01 to -0.00	<b>0.020</b>
Percent first episode	14	0.22	0.26	0.83	-0.35 to 0.79	0.421
Aripiprazole dose	13	-0.01	0.02	-0.53	-0.06 to 0.04	0.609
Baseline PANSS total	14	-0.02	0.01	-2.30	-0.03 to -0.00	<b>0.041</b>
Percent risperidone/olanzapine	14	-0.16	0.30	-0.55	-0.81 to 0.49	0.594
Blinding <sup>a</sup>	13	-0.07	0.15	-0.46	-0.41 to 0.27	0.653
<i>All-cause discontinuation</i>						
Sample size	11	-0.00	0.00	-0.78	-0.01 to 0.00	0.435
Percent open label	11	-0.06	0.29	-0.20	-0.63 to 0.51	0.838
Study year	11	0.01	0.05	0.29	-0.08 to 0.10	0.775
Age	11	-0.01	0.02	-0.34	-0.06 to 0.04	0.736
Percent male	11	-0.00	0.01	-0.36	-0.02 to 0.02	0.717
Trial duration	11	-0.00	0.00	-0.62	-0.01 to 0.00	0.534
Percent first episode	11	0.13	0.30	0.42	-0.46 to 0.71	0.676
Aripiprazole dose	10	-0.02	0.01	-1.46	-0.05 to 0.01	0.146
Baseline PANSS total	11	-0.01	0.01	-1.44	-0.03 to 0.00	0.149
Percent risperidone/olanzapine	11	0.01	0.30	0.03	-0.58 to 0.60	0.974
Blinding <sup>a</sup>	11	-0.04	0.15	-0.26	-0.33 to 0.25	0.796

<sup>a</sup>Open-label, single-blind, and double-blind studies coded as 0, 1, and 2, respectively. D<sub>2</sub>R: dopamine D<sub>2</sub> receptor; PANSS: Positive and Negative Syndrome Scale.



**Supplementary Figure 4.** Funnel plots of a) overall symptom reduction and b) all-cause discontinuation.