

# COVID-19 Bariatric Surgery Rescheduled Survey

Record ID

\_\_\_\_\_

Record ID

\_\_\_\_\_

## Demographics

MRN

\_\_\_\_\_

When is your birthdate?

\_\_\_\_\_

What is your gender?

- Male
- Female
- Other

What is your ethnicity/race?

- White
- Black or African American
- Hispanic
- East and South East Asian
- South Asian
- American Indian or Alaska Native
- Native Hawaiian or Pacific Islander
- Other

Do you have any other medical problems

- Obstructive Sleep Apnea
- Hypertension
- Type 2 Diabetes
- Osteoarthritis
- Hyperlipidemia
- Cardiovascular Disease
- Asthma
- Stroke
- Depression
- Other

What other comorbidity?

\_\_\_\_\_

When was your initial bariatric surgery appointment?

\_\_\_\_\_

When was the date your surgery was initially scheduled for?

\_\_\_\_\_

Was your surgery rescheduled?

- Yes
- No

When has your surgery been rescheduled to?

\_\_\_\_\_

**COVID-19**

On a scale of 1-5 (least to most severe), how has the new COVID environment impacted your weight loss goals?  1  
 2  
 3  
 4  
 5

On a scale of 1-5 (least to most concerned), how concerned are you about COVID-19 impacting your weight loss goals?  1  
 2  
 3  
 4  
 5

If eligible, how soon would you like your surgery?  As soon as possible  
 Wait 3-6 months  
 Longer than 6 months

Why would you like your surgery as soon as possible?  
\_\_\_\_\_

On a scale of 1-5 (least to most concerned), how concerned would you be of being infected by COVID-19 when coming in for your surgery?  1  
 2  
 3  
 4  
 5

Why wait 3-6 months?  COVID-19 related  
 Not related to COVID-19  
 Both

COVID-19 related:  Scared of being infected by COVID-19  
 Scared of spreading COVID-19  
 Other

Why?  
\_\_\_\_\_

Not related to COVID-19:  Unable to keep up with exercise requirements  
 Unable to keep up with diet requirements  
 Lack of motivation  
 Other

Why?  
\_\_\_\_\_

Why wait longer than 6 months?  COVID-19 related  
 Not related to COVID-19  
 Both

COVID-19 related:  Scared of being infected by COVID-19  
 Scared of spreading COVID-19  
 Other

Why?  
\_\_\_\_\_

Not related to COVID-19:

- Unable to keep up with exercise requirements
- Unable to keep up with diet requirements
- Lack of motivation
- Other

Why?

\_\_\_\_\_

Would you only return when a vaccine is available for COVID-19?

- Yes
- No

**Height and Weight**

How tall are you? (inches)

\_\_\_\_\_

Height (meters)

\_\_\_\_\_

When you first came in to be evaluated what was your weight? (lbs)

\_\_\_\_\_

Weight (kg)

\_\_\_\_\_

When you first came in to be evaluated what was your BMI?

\_\_\_\_\_

What was your weight around the start of COVID-19 lockdown (March 1st, 2020)? (lbs)

\_\_\_\_\_

Weight (kg)

\_\_\_\_\_

What was your BMI around the start of COVID-19 lockdown (March 1st, 2020)?

\_\_\_\_\_

What was your weight around the end of COVID-19 lockdown (June 15th, 2020)? (lbs)

\_\_\_\_\_

Weight (kg)

\_\_\_\_\_

What was your BMI around the end of COVID-19 lockdown (June 15th, 2020)?

\_\_\_\_\_

## Physical activity

Are you exercising less/same amount/more than before quarantine?

Less  
 Same amount  
 More

How many days a week were you exercising before your initial visit?

< 1  
 1  
 2  
 3  
 4  
 ≥5

How long were your sessions (minutes)?

0-30  
 30-60  
 >60

How many days a week were you exercising around the start of COVID-19 lockdown (March 1st, 2020)?

< 1  
 1  
 2  
 3  
 4  
 ≥5

How long were your sessions (minutes)?

0-30  
 30-60  
 >60

How many times a week were you exercising around the end of COVID-19 lockdown (June 15th, 2020)?

< 1  
 1  
 2  
 3  
 4  
 ≥5

How long were your sessions (minutes)?

0-30  
 30-60  
 >60

## Diet

How many meals per day were you eating before your initial visit?

1  
 2  
 3  
 4  
 ≥5

How many meals per day were you eating around the start of COVID-19 lockdown (March 1st, 2020)?

1  
 2  
 3  
 4  
 ≥5

How many meals per day were you eating around the end of COVID-19 lockdown (June 15th, 2020)?

1  
 2  
 3  
 4  
 ≥5

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Were you skipping meals before your initial visit?  Yes  
 No

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How many meals per day?  1  
 2  
 3  
 4  
  $\geq 5$

---

Were you skipping meals around the start of COVID-19 lockdown (March 1st, 2020)?  Yes  
 No

---

How many meals per day?  1  
 2  
 3

---

Were you skipping meals around the end of COVID-19 lockdown (June 15th, 2020)?  Yes  
 No

---

How many meals per day?  1  
 2  
 3

---

Before your initial visit, were you eating protein with all meals?  Yes  
 No

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Around the start of COVID-19 lockdown (March 1st, 2020), were you eating protein with all meals?  Yes  
 No

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Around the end of COVID-19 lockdown (June 15th, 2020), were you eating protein with all meals?  Yes  
 No

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Before your initial visit were you eating vegetables with lunch and dinner?  Yes  
 No

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Around the start of COVID-19 lockdown (March 1st, 2020), were you eating vegetables with lunch and dinner?  Yes  
 No

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you eating vegetables with lunch and dinner?  Yes  
 No

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Before your initial visit were you snacking (on chips, pretzels, cookies, cakes, popcorn,) or grazing on snacks throughout the day?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
  $\geq 5$

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you snacking (on chips, pretzels, cookies, cakes, popcorn,) or grazing on snacks throughout the day?

- Yes  
 No

---

How many times per day?

- < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you snacking (on chips, pretzels, cookies, cakes, popcorn,) or grazing on snacks throughout the day?

- Yes  
 No

---

How many times per day?

- < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit were you eating sweets and/or eating desserts?

- Yes  
 No

---

How many times per day?

- < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you eating sweets and/or eating desserts?

- Yes  
 No

---

How many times per day?

- < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you eating sweets and/or eating desserts?

- Yes  
 No

---

How many times per day?

- < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit were you eating fast food/frequently eating out?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you eating fast food/frequently eating out?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you eating fast food/frequently eating out?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit were you drinking liquid calories (energy drinks, Gatorade, fruit juices, lemonade, sweet tea, KOOL-AID)?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you drinking liquid calories (energy drinks, Gatorade, fruit juices, lemonade, sweet tea, KOOL-AID)?  Yes  
 No

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How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you drinking liquid calories (energy drinks, Gatorade, fruit juices, lemonade, sweet tea, KOOL-AID)?

- Yes
- No

---

How many times per day?

- < 1
- 1
- 2
- 3
- 4
- ≥5
- 

---

Before your initial visit were you drinking soda or carbonated beverages?

- Yes
- No

---

How many times per day?

- < 1
- 1
- 2
- 3
- 4
- ≥5
- 

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you drinking drinking soda or carbonated beverages?

- Yes
- No

---

How many times per day?

- < 1
- 1
- 2
- 3
- 4
- ≥5
- 

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you drinking soda or carbonated beverages?

- Yes
- No

---

How many times per day?

- < 1
- 1
- 2
- 3
- 4
- ≥5
- 

---

Before your initial visit were you drinking coffee or more than 16oz of caffeinated beverages?

- Yes
- No

---

How many times per day?

- < 1
- 1
- 2
- 3
- 4
- ≥5
-



---

Around the start of COVID-19 lockdown (March 1st, 2020) were you drinking coffee or more than 16oz of caffeinated beverages?

Yes  
 No

---

How many times per day?

< 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you drinking coffee or more than 16oz of caffeinated beverages?

Yes  
 No

---

How many times per day?

< 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit were you drinking 48-64oz (6-8 glasses) of water daily?

Yes  
 No

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Around the start of COVID-19 lockdown (March 1st, 2020) were you drinking 48-64oz (6-8 glasses) of water daily?

Yes  
 No

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Around the end of COVID-19 lockdown (June 15th, 2020), were you drinking 48-64oz (6-8 glasses) of water daily?

Yes  
 No

---

Before your initial visit were you eating late at night?

Yes  
 No  
((within a 2-3 hour window of going to sleep))

---

How many times per week?

< 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you eating late at night ?

Yes  
 No  
((within a 2-3 hour window of going to sleep))

---

How many times per week?

< 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you eating late at night?	<input type="radio"/> Yes <input type="radio"/> No (within a 2-3 hour window of going to sleep))
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How many times per week?	<input type="radio"/> < 1 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> ≥5 <input type="radio"/>
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Before your initial visit were you emotionally eating?	<input type="radio"/> Yes <input type="radio"/> No ("Emotional eating is eating as a way to suppress or soothe negative emotions, such as stress, anger, fear, boredom, sadness and loneliness.")
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How many times per day?	<input type="radio"/> < 1 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> ≥5 <input type="radio"/>
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Around the start of COVID-19 lockdown (March 1st, 2020) were you emotionally eating?	<input type="radio"/> Yes <input type="radio"/> No ("Emotional eating is eating as a way to suppress or soothe negative emotions, such as stress, anger, fear, boredom, sadness and loneliness.")
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How many times per day?	<input type="radio"/> < 1 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> ≥5 <input type="radio"/>
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Around the end of COVID-19 lockdown (June 15th, 2020), were you emotionally eating?	<input type="radio"/> Yes <input type="radio"/> No ("Emotional eating is eating as a way to suppress or soothe negative emotions, such as stress, anger, fear, boredom, sadness and loneliness.")
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How many times per day?	<input type="radio"/> < 1 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> ≥5 <input type="radio"/>
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Before your initial visit were you eating past fullness?	<input type="radio"/> Yes <input type="radio"/> No
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---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) were you eating past fullness?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you eating past fullness?  Yes  
 No

---

How many times per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit were you eating quickly (meals < 15 minutes long)?  Yes  
 No

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Around the start of COVID-19 lockdown (March 1st, 2020) were you eating quickly (meals < 15 minutes long)?  Yes  
 No

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Around the end of COVID-19 lockdown (June 15th, 2020), were you eating quickly (meals < 15 minutes long)?  Yes  
 No

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### Substance Use

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Before your initial visit did you drink alcohol?  Yes  
 No

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How many drinks per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the start of COVID-19 lockdown (March 1st, 2020) did you drink alcohol?  Yes  
 No

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---

How many drinks per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you drinking alcohol?  Yes  
 No

---

How many drinks per day?  < 1  
 1  
 2  
 3  
 4  
 ≥5

---

Before your initial visit did you smoke tobacco/cigarettes or e-cigs?  Tobacco/Cigarettes  
 E-cigs  
 No

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How many cigarettes per day?  1-5  
 5-10  
 10-15  
 15-20  
 ≥ 20

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How many times per day did you use the e-cig?  1  
 2  
 3  
 4  
 ≥5  
(PSECDI system was used)

---

Around the start of COVID-19 lockdown (March 1st, 2020) did you smoke tobacco/cigarettes or e-cigs?  Tobacco/Cigarettes  
 E-cigs  
 No

---

How many cigarettes per day?  1-5  
 5-10  
 10-15  
 15-20  
 ≥ 20

---

How many times per day did you use the e-cig?  1  
 2  
 3  
 4  
 ≥5  
(PSECDI system was used)

---

Around the end of COVID-19 lockdown (June 15th, 2020), were you smoking tobacco/cigarettes or e-cigs?  Tobacco/Cigarettes  
 E-cigs  
 No

---

How many cigarettes per day?

- 1-5
- 5-10
- 10-15
- 15-20
- $\geq 20$

---

How many times per day did you use the e-cig?

- 1
  - 2
  - 3
  - 4
  - $\geq 5$
- (PSECDI system was used)