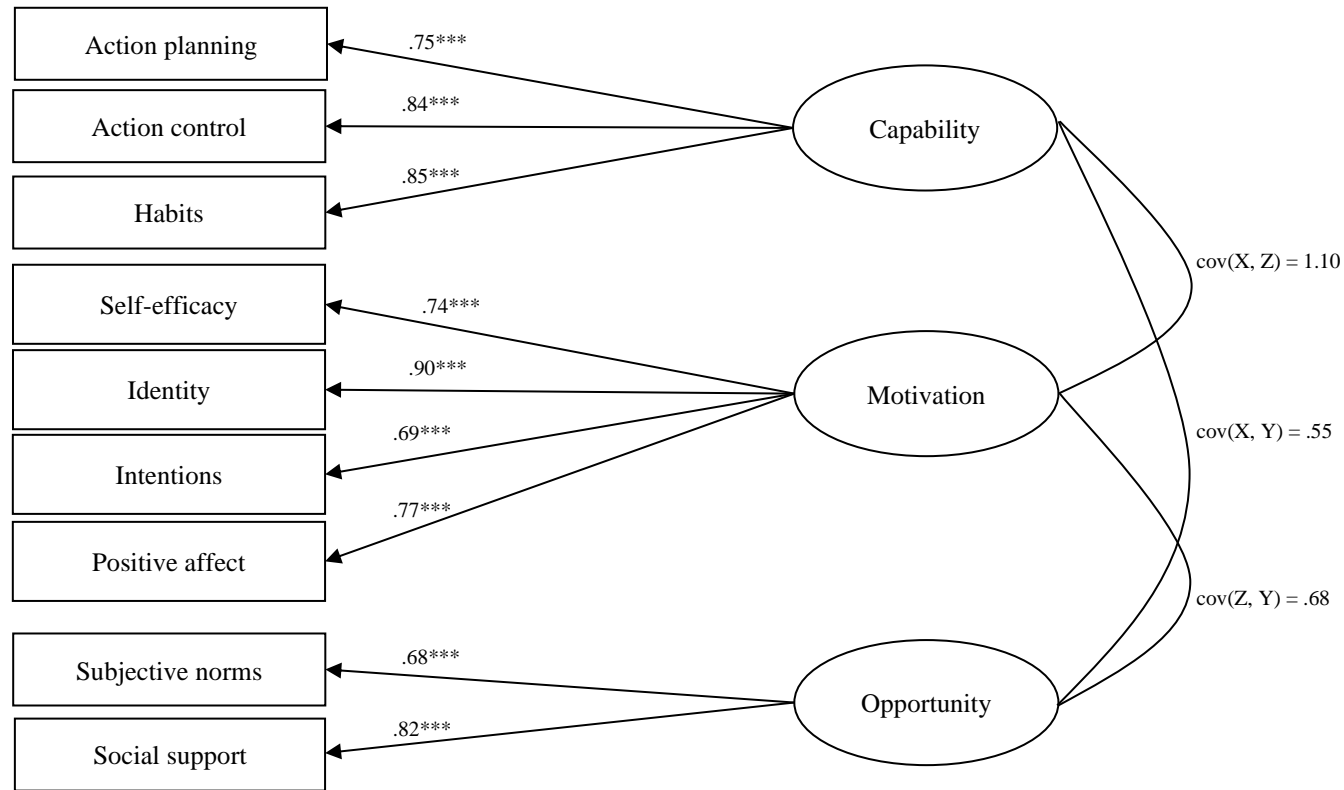**Additional File 4**

Physical activity measurement model

Note. Trimmed measurement model (N = 582). Model fit: CMIN/DF = 1.361; GFI = .989, AGFI = .977; CFI = .998; TLI = .996; RMSEA = .025; SRMR = .014.
Significance levels: *p < .05, **p < .01, ***p < .001.