

**Ingredients and traditional uses of Ayurveda drugs/formulations (selected and used by State AYUSH directorate, Gandhinagar, Gujarat, India) as prophylactic Ayurveda treatment for COVID-19 asymptomatic/mild cases.**

Name of Ayurveda drugs	Ingredients	Traditional actions/uses	References
<i>Dashamula</i> decoction	Equal quantity of following ten herbs: 1. <i>Bilva</i> ( <i>Aegle marmelos</i> (L.) Corrêa) 2. <i>Agnimantha</i> ( <i>Clerodendrum phlomidis</i> L.f.) 3. <i>Shyonaka</i> ( <i>Oroxylum indicum</i> (L.) Kurz) 4. <i>Patala</i> ( <i>Stereospermum chelonoides</i> (L.f.) DC) 5. <i>Gambhari</i> ( <i>Gmelina arborea</i> Roxb.) 6. <i>Shalaparni</i> ( <i>Desmodium gangeticum</i> (L.) DC.) 7. <i>Kantakari</i> ( <i>Solanum surattense</i> Burm. f.) 8. <i>Gokshura</i> ( <i>Tribulus terrestris</i> L.) 9. <i>Brihati</i> ( <i>Solanum indicum</i> L.) 10. <i>Prishnaparni</i> ( <i>Uraria picta</i> (Jacq.) DC.)	Fever, Cough, Dyspnoea, Intercostal neuralgia	1
<i>Pathyadi</i> decoction	Equal quantity of following herbs: 1. <i>Haritaki</i> ( <i>Terminalia chebula</i> Retz.), 2. <i>Bibhitaki</i> ( <i>Terminalia bellirica</i> (Gaertn.) Roxb.), 3. <a href="#"><i>Amalaki</i> (<i>Phyllanthus emblica</i> L.)</a> , 4. <i>Bhunimba</i> ( <i>Andrographis paniculata</i> (Burm.f.) Nees), 5. <i>Haridra</i> ( <a href="#"><i>Curcuma longa</i> L.</a> ), 6. <i>Nimba</i> ( <a href="#"><i>Azadirachta indica</i> A. Juss.</a> ) 7. <i>Guduchi</i> ( <i>Tinospora sinensis</i> (Lour.) Merr.)	Disease of head, Sinusitis	2, 3
<i>Trikatu</i> powder	Equal quantity of following herbs: 1. <i>Maricha</i> ( <i>Piper nigrum</i> L.), 2. <i>Pippali</i> ( <i>Piper longum</i> L.),	Digestive impairment, and diseases of nose and throat such as	1, 4

	3. <i>Sunthi</i> ( <i>Zingiber officinale</i> Roscoe)	chronic rhinitis/sinusitis, skin diseases, asthma, cough, frequent urination, obesity, and Filariasis	
<i>Sansamani</i> tablet	<i>Guduchi</i> ( <i>Tinospora sinensis</i> (Lour.) Merr.)	Fevers, diabetes, dyspepsia, jaundice, urinary problems, skin diseases and chronic diarrhoea and dysentery, Immuno-modulatory	5, 6, 7
AYUSH -64	Equal quantity of following herbs: 1. <i>Katuki</i> ( <i>Picrorhiza kurroa</i> Royle ex Benth.) 2. <i>Lata karanja</i> ( <i>Caesalpinia bonduc</i> (L.) Roxb.) 3. <i>Kirattikta</i> ( <i>Swertia chirata</i> Buch.-Ham. ex Wall.) 4. <i>Saptaparna</i> ( <i>Alstonia scholaris</i> (L.) R. Br.)	Malarial fever	8, 9
<i>Yastimadhu</i> <i>Ghana</i> tablet	<i>Yastimadhu</i> ( <i>Glycyrrhiza glabra</i> L.)	Cough, sore throat, wound, Immunomodulatory	6

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