Page #1
Researchers from the University of British Columbia invite you to participate in a Vancouver Foundation funded study about women's preferences and experiences with maternity care in BC.
To help us link you to the correct survey version, please choose the group you most identify with:
O I am a woman of childbearing age
I am a woman of childbearing age who came to Canada within the last 5 years as an immigrant or refugee
I am a woman of childbearing age who has been incarcerated
O I am a woman of childbearing age who is currently experiencing (or has in the past experienced) homelessness, poverty and/or
other barriers
I have a family member (e.g. partner, sister, daughter) who is expecting a baby or planning to become pregnant in BC
None of the above



Welcome and thank you for your interest in our study!

## Changing Childbirth in BC:

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Women working together to improve access to high quality maternity care

This online survey will take about 20-30 minutes to complete if you have no children, but longer if you do have children. If you want to complete the survey in more than one session you can save it and continue later. Any information you give us as part of this survey will be kept strictly confidential.

Purpose: In this study we are looking at what might affect your experience of maternity care during pregnancy, birth and after birth. We want to understand how women and their families might benefit from being offered different types of care. This study also seeks to understand what women know about maternity care options, and what role they and their families play in making decisions during their pregnancy, labour and post-partum care. The results from this research will show us how to improve access to high quality maternity services for families in BC. You are being invited to take part in this study because you plan to have a baby, are currently expecting a baby or have had a baby in British Columbia.

## Contact for information about the study:

If you have any questions or want more information about this study, please contact Sunya Lai Thom, Project Coordinator, at communications@bcmidwives.com or 604 736 5976.

## **Technical Difficulties:**

If you encounter any technical difficulties with the survey, please contact Kathrin Stoll at kstoll@alumni.ubc.ca

## Informed Consent

Changing Childbirth in BC: Women working together to improve access to high quality maternity care

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<u>Consent:</u> Your participation in this study is entirely voluntary. You do not have to take part and you can decide to leave the study at any time. By filling out this survey, you consent to participate in the study.

<u>Procedures</u>: Supported by the UBC Division of Midwifery, the BC Women's Foundation, the Women's Health Research Institute and the Midwives Association of BC, women and their families will work with researchers to study access to high quality maternity care in several BC communities. Our team is interested in working with you to answer the following questions: What are women and their families' experiences of maternity care in BC? What aspects of maternity care are most important to women and their families? How do women and their partners choose a maternity care provider? Finally, what do women know about midwives in Canada?

<u>Confidentiality</u>: Only the lead researcher and her staff will ever see the private information that you share with us. Your name and any other information that identifies you personally will be kept private from anyone else. Answers to the questions will be separated from your personal information before they are studied. Your private information such as your name will also not be shown in any reports. In the results we will only use statistics, for example "10% of participants felt that...", and possibly some quotes that do not show any private information.

All files associated with this study, including your answers to the questions below will be stored on password protected computers. Online surveys will be hosted on secure Canadian servers with encryption features for added protection of data. All files (including print, online and electronic) will be destroyed 5 years after the study has come to an end.

<u>Potential risks and benefits</u>: We do not think there is anything in this study that could harm you or be bad for you. Some of the questions we ask might upset you although we do not expect them to. Your participation in this study will help researchers, maternity care providers, policy makers and health agencies understand what women and their families are looking for in terms of maternity care and how we can improve access to high quality maternity care for everyone.

If you have any concerns about your treatment or rights as a participant, you may contact the <u>Research Participant Complaint Line</u> in the University of British Columbia Office of Research Ethics by e-mail at RSIL@ors.ubc.ca or by phone at 604-822-8598 (Toll Free: 1-877-822-8598).

Page #4

<ul> <li>1. Have you ever given birth?</li> <li>Yes</li> <li>No</li> <li>No, I had a miscarriage or other loss during my pregnancy/pregnancies</li> </ul>
2. Are you pregnant right now?  Yes  No
3. Have you been pregnant while living in British Columbia?  ( Yes     No
4. I live in BC and plan to become pregnant in the future  Yes  No  Not sure  N/A
5. I have a family member (e.g. partner, sister, daughter) who is expecting a baby or planning to become pregnant in BC  Yes  No  N/A

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5. How many times have you been pregnant before?	
If you are pregnant now, please do not include this current pregnant	ncy.
• 0 • 1	
•2	
• 3 • 4	
• 5	
• 6 • 7	
• 8	
• 9 • 10	
•	
6. How many children do you have?	
• 0	
• 1 • 2	
• 3	
• 4 • 5	
• 6	
• 7	
• 9	
• 10	
7. What was the most recent year that you gave birth?	
8. Starting with your oldest child, when and where were your ch	ildren born?
Child 1	
Year of birth:	
Country born in:	
Province/State born in:	
E Child 2	
Year of birth:	
Country born in:	
Province/State born in:	
Child 3	
Year of birth:	
Country born in:	
Province/State born in:	

Rhild 4	
Year of birth:	
Country born in:	
Province/State born in:	
Child 5	
Year of birth:	
Country born in:	
Province/State born in:	
Child 6	
Year of birth:	
Country born in:	
Province/State born in:	
Child 7	
Year of birth:	
Country born in:	
Province/State born in:	
Child 8	
Year of birth:	
Country born in:	
Province/State born in:	
Child 9	
Year of birth:	
Country born in:	
Province/State born in:	
Child 10	
Year of birth:	
Country born in:	
Province/State born in:	

	Page	e #6		
What Matters				
☑ 1. When I was choosing my prenatal care prov	ider I considered	what I learned from	om	
Check all that apply:  My/my partner's previous birth experiences  My parent(s)  Other family members  Friends  Co-workers  Online connections (websites, parenting forum  Community Health Service  My family doctor  Books about pregnancy and birth  Settlement services  Other	members)			
2. Who usually makes decisions about pregnatypes of prenatal tests, birth location, etc.)	ncy, birth, and inf	fant care in your fa	amily? (For example	e: choice of care provider,
Check all that apply:  I do  My partner takes the lead  My partner and I make the decision together  My parents/elders lead the decisions (please s  My partner and I make the decisions together v  Other, please explain:	vith our elders			
3. Below are factors some women consider who was in your choice of the maternity care provider f			rider. Please tell us	how much of a factor each
The maternity care provider				
	Majo	r factor	Minor factor	Not a factor
Provided my prenatal care in a previous pregnanc	y O		0	0
Had provided my well-woman (gyn) care	0		0	0
Was recommended by a health professional	0		0	0
Is highly rated on websites with information about care providers	specific		0	0
Was a good match for what I value and want			0	0
Attends births at a hospital I like			0	
Is female/included female providers				
Was assigned to me as my maternity care provide	r O		0	0
4. What is most important to you for your mate	rnity and newbor	n care?		
	Very Important	lmportant	Somewha Important	
Choice of birthplace (home or hospital)	0	0	0	0
Having only one provider care for me		0	0	0
Having no more than 4 providers care for me	0			0

I lead the decisions about my pregnancy, bir and baby care	th	0	0	0
My doctor or midwife guides the decisions	0	0	0	0
Having support people of my choice present labour and birth	for	0	0	0
Having a provider who has expertise with na methods for pain relief	tural	0	0	0
Having a provider who has expertise with high-risk pregnancies	0	0	0	0
Having access to medicines for pain relief	0	0	0	0
Knowing the doctor/midwife who will care for during my birth	me	0	0	0
Not being separated from my baby after birth	n ()	0		
Being able to choose a planned caesarean		0	0	0
Having a pain-free birth	0	0		0
Being cared for by my own family doctor		0	0	0
Staying in my community for pregnancy and	birth (	0		
Having a provider who will do newborn care/breastfeeding support at my home	0	0	0	0
Having enough time to ask questions and discuss my options	0	0	0	0
Having a trusting relationship with my care provider	0	0	0	0
Having a care provider who speaks my lange	uage 🔘	0	0	0
ME.				
Other (optional)				
Other (optional)				
Other (optional)				
5. For any future births, how open would	you be to o	giving birth		
	Definitely would not want this	Would consider this	Definitely would want this	I don't want to have any more biological children Not sure
In a birth centre that is separate from a hospital	0	0	0	0 0
At home	0	0	0	0 0
In a hospital	0	0	0	0 0

	Page #7		
What Matters			
<ul> <li>✓ 1. If I get pregnant, I plan to seek maternity care from a:</li> <li>✓ Midwife</li> <li>✓ Family Doctor</li> <li>✓ Obstetrician</li> <li>✓ Health Centre Nurse</li> <li>✓ No Provider (Please tell us why)</li> </ul>			
2. When I choose a prenatal care provider I will consider  Chook all that apply:	what I learn from		
Check all that apply:  My partner  My parent(s)  Other family members  Friends  Co-workers  Online connections (websites, parenting forum members  Community Health Service  My family doctor  Books about pregnancy and birth  Settlement services  Other	)		
☑ 3. Who would make the decisions about pregnancy, birth types of prenatal tests, birth location, etc.)	n, and infant care in	your family? (For examp	le: choice of care provider,
Check all that apply:  I would  My partner would take the lead  My partner and I would make the decision together  My parents/elders would lead the decisions (please spectors)  My partner and I would make the decisions together with  Other, please explain:			
4. Below are factors some women consider when choos would be in your choice of a maternity care provider.	ing a maternity care	provider. Please tell us h	now much of a factor each
The maternity care provider			
	Major factor	Minor factor	Not a factor
Provided my prenatal care in a previous pregnancy	$\circ$		
Had provided my well-woman (gyn) care	0	0	0
Was recommended by a health professional	0	0	0
Is highly rated on websites with information about specific care providers	0	0	0
Was a good match for what I value and want	0	0	0
Attends births at a hospital I like	0	0	0
Is female/included female providers	0	0	
Was assigned to me as my maternity care provider	0	0	0

5. What is most important to you for your maternity and newborn care?

		Very Importa	ant	Importa	nt	Som	ewhat rtant	Not Important
Choice of birthplace (home or hospital)		0		0		0		0
Having only one provider care for me		0		0		0		0
Having no more than 4 providers care for me	e	0		0		0		0
I lead the decisions about my pregnancy, bir and baby care	th	0		0		0		0
My doctor or midwife guides the decisions		0		0		0		0
Having support people of my choice present labour and birth	for	0		0		0		0
Having a provider who has expertise with na methods for pain relief	tural	0		0		0		0
Having a provider who has expertise with high-risk pregnancies		0		0		0		0
Having access to medicines for pain relief		0		0		$\bigcirc$		0
Knowing the doctor/midwife who will care for during my birth	me	0		0		0		0
Not being separated from my baby after birth	า	0		0		$\bigcirc$		0
Being able to choose a planned caesarean		0		0		$\bigcirc$		0
Having a pain-free birth		0		0		$\bigcirc$		0
Being cared for by my own family doctor		0		0		$\bigcirc$		0
Staying in my community for pregnancy and	birth			0		$\bigcirc$		0
Having a provider who will do newborn care/breastfeeding support at my home		0		0		0		0
Having enough time to ask questions and discuss my options		0		0		0		0
Having a trusting relationship with my care provider		0		0		0		0
Having a care provider who speaks my langu	uage	0		0		$\bigcirc$		0
Other (optional) Other (optional) Other (optional)		 						
6. How open would you be to giving birth								
o. How open would you be to giving birth							I don't want to	
	Definit would want t	not V	Vould onsider	this	Definitely would want this		have any biological children	Not sure
In a birth centre that is separate from a hospital	0	(			0		0	0
At home	$\bigcirc$	(			$\circ$		0	0

In a hospital	0	0	0	0	0

- "-
Page #8
Pregnancy History: Pregnancy 1
The next two sections collect information about how your maternity care either met your needs and/or did not meet your needs and expectations. Please choose one or two of your pregnancy or birth experiences to describe. You will be able to describe your experiences with more than one care provider for the same pregnancy.
If you had a pregnancy that resulted in a miscarriage, stillbirth or neonatal loss, please select one of the following:  ( d. I do not want to share any of my experience with this pregnancy  ( a. I would like to answer ALL questions about this pregnancy  ( c. I would like to answer questions about pregnancy, labour and birth ONLY during this pregnancy
b. I would like to answer questions about decision making ONLY during this pregnancy
☑ 1. Who was your care provider during your pregnancy?
Please check all that apply. You will have an opportunity to tell us your experiences with up to 3 providers for one pregnancy later on in the survey.  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  None  Other
4 If you had no care provider for this pregnancy please tell us why:
☑ If you had more than one main care provider during your pregnancy please indicate why:
Please check all the apply:  Change of provider due to medical concerns  Change of provider due to preference  Change of provider due to limited maternity services in my community  Other, please specify
2. Were you expecting twins?
☑ 3. During this pregnancy I or my unborn babies had:
Please check all that apply:  No health problems High blood pressure Depression Problems with the babies' growth Problems with the babies' health Diabetes Housing difficulties No support from friends or family Miscarriage Other

3. During this pregnancy I or my unborn baby had:

Please check all that apply:  No health problems High blood pressure Depression Problems with baby's growth Problems with baby's health Diabetes Housing difficulties No support from friends or family Miscarriage Other		
3 4. During labour, did you feel pressured from ar	y health professional to have	
	Yes	No
Labour induction	0	0
An epidural	0	0
A cesarean	0	0
≅ 5. My labour was induced		
C Yes		
Why was your labour induced?		
Choose the reason that best applies to your situation. A care provider was concerned about the size of the A care provider was concerned that I was "overduent My water had broken and there was fear of infection. A care provider was concerned that the amniotic of A care provider was concerned that the baby was I had a health problem that required quick delivery I wanted to get the pregnancy over with I wanted to control the timing for work or other per I wanted to give birth with a specific provider Baby was full term, it was close to my due date Some other reason	he baby e" on luid around the baby was low not doing well and needed to be born soon of the baby	1
<b>ᢄ</b> 6. I had a:		
<ul><li>Spontaneous vaginal birth</li><li>Vaginal birth with forceps or vacuum</li><li>Caesarean birth</li></ul>		
■ Whose idea was it for you to have a cesarean?		
Please select the choice that best describes whose Mine, I decided I wanted the cesarean before I v Mine, I asked for the cesarean while I was in lab My maternity care provider recommended a ces Other	vent into labour our arean before I went into labour	
What was the reason for the cesarean?		
Choose the reason that best applies to your situation. There was no medical reason	on:	

- I had had a prior cesarean
- Labour was taking too long

- Baby was in the wrong position
- The fetal monitor showed the baby was having problems during labour
- My maternity care provider worried that the baby was too big
- There was a problem with the placenta
- I had a health condition that called for this procedure
- I was past my due date
- My health care provider tried to induce my labour, but it didn't work
- I was afraid to go into labour and have my baby vaginally
- Baby was having trouble fitting through
- Some other reason

• Some other reason
Please select one of the following: Hospital, planned hospital birth Hospital, transfer from planned home birth Home, unplanned Home, planned Birth Centre Health Centre Other
₹ 7. Where was your baby born?
Please select one of the following:  ( Hospital, planned hospital birth ( Hospital, transfer from planned home birth ( Home, unplanned ( Home, planned ( Birth Centre ( Health Centre ( Other
8. After labour, were you healthy and feeling well? Yes No
Comments (Optional):
9. Was your baby healthy and doing well? Yes No
₹ Comments (Optional):
9. Were your babies healthy and doing well? Yes No
What kind of problems did your baby have?
Please select all the apply:  Breathing problems

Digestive track problems Fever or infection Jaundice Birth defect Low weight gain/"failure to thrive" Dehydration Stillbirth Neonatal Loss Congenital or genetic problem Other Decline to answer
What kind of problems did your babies have?
Please select all the apply:  Breathing problems  Digestive track problems  Fever or infection  Jaundice  Birth defect  Low weight gain/"failure to thrive"  Dehydration  Stillbirth  Neonatal Loss  Congenital or genetic problem  Other  Decline to answer
Tomments (Optional):
10. As you came to the end of your pregnancy, how had you hoped to feed your baby?  Breastfeeding only Formula only Both breast milk and formula  11. Two weeks after you gave birth, how were you feeding your baby?
Great milk only Formula only
Both breast milk and formula

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			Page #9				
Decision Making: Pregnancy 1							
Please describe your experiences	when making	decisions and	I choosing opti	ons for care du	uring this preg	nancy.	
1. The following answers desc	ribe my conve	rsations or exp	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0

My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:  Check the box that responds to yo	Completel	Strongly	Somewhat	Somewhat	Strongly	Completel	NI/A
My obstetrician asked me how involved in decision making I wanted to be	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
My obstetrician explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My obstetrician helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My obstetrician respected that choice	0	0	0	0	0	0	0
I deferred to my obstetrician's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	ur answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A

My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	•					-	N/A
asked me how involved in	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	
asked me how involved in decision making I wanted to be  My maternity care provider told me that there are different	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	0
asked me how involved in decision making I wanted to be  My maternity care provider told me that there are different options for my maternity care  My maternity care provider explained the advantages and disadvantages of the maternity	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	0
asked me how involved in decision making I wanted to be  My maternity care provider told me that there are different options for my maternity care  My maternity care provider explained the advantages and disadvantages of the maternity care options  My maternity care provider helped me understand all the	y Disagree	Disagree	Disagree  C	Agree C	Agree C	y Agree	0 0
asked me how involved in decision making I wanted to be  My maternity care provider told me that there are different options for my maternity care  My maternity care provider explained the advantages and disadvantages of the maternity care options  My maternity care provider helped me understand all the information  I was given enough time to thoroughly consider the different	y Disagree  C	Disagree  C	Disagree  C  C	Agree C C C	Agree C	y Agree  C	0 0 0

I deferred to my maternity care provider's advice	0	0 0	0	0
☑ 3. I was satisfied with my ability to participate in decise.	sion making for m	y		
Choose all that apply:  Pregnancy Labour and birth After the birth Baby care None of the above N/A				
3 4. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions		0	0	
Comfortable declining care that was offered		0	0	
Comfortable accepting the options for care that my midwife recommended	0	0	0	
Coerced into accepting the options my midwife suggester	ed (	0	0	
I chose the care options that I received	0		0	
My personal preferences were respected	0		0	
My cultural preferences were respected				
3 4. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions		0	0	
Comfortable declining care that was offered	0		0	
Comfortable accepting the options for care that my famil doctor recommended	y O	0	0	
Coerced into accepting the options my family doctor suggested	0	0	0	
I chose the care options that I received		0	0	
My personal preferences were respected		0	0	
My cultural preferences were respected			0	
3 4. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions	0	0	0	
Comfortable declining care that was offered	0	0	0	
Comfortable accepting the options for care that my obstetrician recommended	0	0	0	
Coerced into accepting the options my obstetrician suggested	0	0	0	
I chose the care options that I received		0	0	
My personal preferences were respected		0		

My cultural preferences were respected	O	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0
Coerced into accepting the options my health centre nurse suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0	0	
My cultural preferences were respected	0	0	
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	
Comfortable declining care that was offered	0	0	
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0
Coerced into accepting the options my maternity care provider suggested	0	0	0
I chose the care options that I received	0	0	
My personal preferences were respected	0	0	
My cultural preferences were respected	0	0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a nanything that might be done or given to either of you or that Yes No Decline to answer N/A			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.	the staff reacted, and ho	ow you felt about it. We w	rould appreciate as
5. During this pregnancy, how many times did you expect 4 or more Less than 4 (Please explain) Unsure N/A	-	fore birth?	

5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r family o	doctor before	e birth?		
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r obstetri	ician before	birth?		
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r health o	centre nurse	before	birth?	
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A	-	•	o see you	r matern	ity care prov	ider bef	ore birth?	
<ul> <li>6. How much time, on average, did you he</li> <li>Less than 15 minutes</li> <li>15-30 minutes</li> <li>31-60 minutes</li> <li>More than 60 minutes</li> <li>N/A</li> </ul>	nave at	prenatal ap	pointmen	ts?				
<ul> <li> ☑ 7. I felt that time was:</li> <li> ☐ Too little</li> <li> ☐ Just enough</li> <li> ☐ Too much</li> <li> ☐ N/A</li> </ul>								
8. During a prenatal visit, did you ever he	old bac	k from askir	g questio	ns or dis	cussing you	r concei	rns because	
		No, never		Yes. on	ce	Yes, monce	nore than	N/A
Your maternity care provider seemed rushed	d	0		0		$\bigcirc$		0
You wanted maternity care that differed from what your maternity care provider recommen		0		0		0		0
You thought your maternity care provider mithink you were being difficult	ght	0		0		0		0
9. When you had your baby, how often w	vere yo	u treated po	orly by yo	our mate	rnity care pro	ovider b	ecause of	
	Neve		Sometim	es	Usually	A	Always	N/A
Your race, ethnicity, cultural background or language	0		0		0	(	0	0

Your sexual orientation and/or gender identity	$\circ$	0	0	0	0
Your health insurance	0	0	0	0	
A difference in opinion with your caregivers about the right care for yourself or your baby	0	0	C	C	0

Decision Making: Pregnancy 1	l (Optional)						
Please describe your experiences pregnancy.	with your seco	ond care provi	ider making de	cisions and ch	oosing options	s for care durin	g this
1. The following answers desc	ribe my conve	rsations or ex	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process: Check the box that responds to yo	ur answer						
Check the box that responds to yo	Completel	Strongly	Somewhat	Somewhat	Strongly	Completel	
	•					•	N 1 / A
	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
involved in decision making I		-	-				
involved in decision making I wanted to be  My obstetrician told me that there are different options for my	0	0	0	0	0	0	0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care							0 0 0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that							

2. Decision making process:

Check the box that responds to your answer

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	6	0	0	6	6		
care options  My maternity care provider helped me understand all the	0			0	0	0	
information	0	0	0	0	0	0	$\bigcirc$
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

My maternity care provider respected that choice	0	0	0	0		0	0
I deferred to my maternity care provider's advice	0	0	0	0	0	0	0
3. I was satisfied with my at	oility to participat	e in decision	making for m	ny			
Choose all that apply:  ☐ Pregnancy ☐ Labour and birth ☐ After the birth ☐ Baby care ☐ None of the above							
3. Overall while making dec	isions during my	pregnancy	and birth care	e I felt:			
			Yes	N	No	N/A	
Comfortable asking questions						0	
Comfortable declining care that	was offered			(		0	
Comfortable accepting the option midwife recommended	ons for care that	my	0	(		0	
Coerced into accepting the opti	ons my midwife	suggested		(	$\supset$	0	
I chose the care options that I r	eceived			(	$\supset$	0	
My personal preferences were	respected			(		0	
My cultural preferences were re	espected			(		0	
3 4. Overall while making dec	isions during my	pregnancy:	and birth care	e I felt:			
· ·	, , , , , , , , , , , , , , , , , , ,		Yes		No	N/A	
Comfortable asking questions			0	(		0	
Comfortable declining care that	: was offered		0	(			
Comfortable accepting the option doctor recommended	ons for care that	my family	0	(		0	
Coerced into accepting the opti suggested	ons my family do	octor	0	(		0	
I chose the care options that I r	eceived			(		0	
My personal preferences were	respected				)	0	
My cultural preferences were re	espected		0				
4. Overall while making dec	isions during my	pregnancy	and birth care	e I felt:			
			Yes	N	No	N/A	
Comfortable asking questions					)	0	
Comfortable declining care that	was offered				)	0	
Comfortable accepting the option obstetrician recommended	ons for care that	my	0	(		0	
Coerced into accepting the opti suggested	ons my obstetric	cian	0	(		0	
I chose the care options that I r	eceived						

My personal preferences were respected	0	0	0				
My cultural preferences were respected	0	0	0				
4. Overall while making decisions during my pregnancy	and birth care I felt:						
	Yes	No	N/A				
Comfortable asking questions	0	0	0				
Comfortable declining care that was offered	0	0	0				
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0				
Coerced into accepting the options my health centre nurse suggested	0	0	0				
I chose the care options that I received	0	0	0				
My personal preferences were respected	0	0	0				
My cultural preferences were respected	0	0	0				
4. Overall while making decisions during my pregnancy	and birth care I felt:						
	Yes	No	N/A				
Comfortable asking questions	0	0	0				
Comfortable declining care that was offered	0	0	0				
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0				
Coerced into accepting the options my maternity care provider suggested	0	0	0				
I chose the care options that I received	0	0	0				
My personal preferences were respected	0		0				
My cultural preferences were respected	0	0	0				
Please add any additional comments:  Optional							
5. At any time did you refuse to accept any care that a nurse, doctor or midwife offered to you or your baby? "Care" includes anything that might be done or given to either of you or that you were asked to do (take a test, treatment, medicine, etc.).  Yes  No  Decline to answer							
A Please tell us what you refused, why you refused it, how the staff reacted, and how you felt about it. We would appreciate as much detail as you would care to provide.							
6. During this pregnancy, how many times do you expect to see your midwife before birth?  4 or more  Less than 4 (Please explain)							

6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			family doctor	before I	oirth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			obstetrician I	before bi	rth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			health centre	e nurse b	pefore birth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure		-	maternity ca	re provid	ler before birth?	
<ul> <li>✓ 7. How much time, on average, did you have at</li> <li>✓ Less than 15 minutes</li> <li>✓ 15-30 minutes</li> <li>✓ 31-60 minutes</li> <li>✓ More than 60 minutes</li> </ul>	t prenatal	appointmen	ts?			
■ 8. I felt that time was:     □ Too little     □ Just enough     □ Too much						
9. During a prenatal visit, did you ever hold bac	k from as	king questio	ns or discuss	ing your	concerns because	se
		No, never		Yes, on	ce	Yes, more than once
Your maternity care provider seemed rushed		0		0		0
You wanted maternity care that differed from what maternity care provider recommended	your	0		0		0
You thought your maternity care provider might thin were being difficult	nk you	0		0		0
10. When you had your baby, how often were y	ou treate	d poorly by y	our maternity	care pr	ovider because o	of
	Never		Sometimes		Usually	Always
Your race, ethnicity, cultural background or language	0		0		0	0
Your sexual orientation and/or gender identity	0		0		0	
Your health insurance	0		0		0	0
A difference in opinion with your caregivers about the right care for yourself or your baby	0		0		0	0

Decision Making: Pregnancy 1	(Optional)						
Please describe your experiences pregnancy.	with your third	d care provide	r making decis	ions and choos	sing options fo	or care during t	his
1. The following answers desc	ribe my conve	rsations or ex	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process: Check the box that responds to yo	ur answer						
Check the box that responds to yo	Completel	Strongly	Somewhat	Somewhat	Strongly	Completel	
	•					•	N 1 / A
	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
involved in decision making I			-				
involved in decision making I wanted to be  My obstetrician told me that there are different options for my	0	0	0	0	0	0	0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care							0 0 0 0
involved in decision making I wanted to be  My obstetrician told me that there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that							

2. Decision making process:

Check the box that responds to your answer

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo							
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	6	0	0	6	6		
care options  My maternity care provider helped me understand all the	0			0	0	0	
information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

My maternity care provider respected that choice	0	0	0	0		0	0
I deferred to my maternity care provider's advice	0	0	0	0	0	0	0
3. I was satisfied with my at	oility to participat	e in decision	making for m	ny			
Choose all that apply:  ☐ Pregnancy ☐ Labour and birth ☐ After the birth ☐ Baby care ☐ None of the above							
3. Overall while making dec	isions during my	pregnancy	and birth care	e I felt:			
			Yes	N	No	N/A	
Comfortable asking questions						0	
Comfortable declining care that	was offered			(		0	
Comfortable accepting the option midwife recommended	ons for care that	my	0	(		0	
Coerced into accepting the opti	ons my midwife	suggested		(	$\supset$	0	
I chose the care options that I r	eceived			(	$\supset$	0	
My personal preferences were	respected			(		0	
My cultural preferences were re	espected			(		0	
3 4. Overall while making dec	isions during my	pregnancy:	and birth care	e I felt:			
· ·	, , , , , , , , , , , , , , , , , , ,		Yes		No	N/A	
Comfortable asking questions			0	(		0	
Comfortable declining care that	: was offered		0	(			
Comfortable accepting the option doctor recommended	ons for care that	my family	0	(		0	
Coerced into accepting the opti suggested	ons my family do	octor	0	(		0	
I chose the care options that I r	eceived			(		0	
My personal preferences were	respected				)	0	
My cultural preferences were re	espected		0				
4. Overall while making dec	isions during my	pregnancy	and birth care	e I felt:			
			Yes	N	No	N/A	
Comfortable asking questions					)	0	
Comfortable declining care that	was offered				)	0	
Comfortable accepting the option obstetrician recommended	ons for care that	my	0	(		0	
Coerced into accepting the opti suggested	ons my obstetric	cian	0	(		0	
I chose the care options that I r	eceived						

My personal preferences were respected	0	0	0				
My cultural preferences were respected	0	0	0				
4. Overall while making decisions during my pregnancy	and birth care I felt:						
	Yes	No	N/A				
Comfortable asking questions	0	0	0				
Comfortable declining care that was offered	0	0	0				
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0				
Coerced into accepting the options my health centre nurse suggested	0	0	0				
I chose the care options that I received	0	0	0				
My personal preferences were respected	0	0	0				
My cultural preferences were respected	0	0	0				
4. Overall while making decisions during my pregnancy	and birth care I felt:						
	Yes	No	N/A				
Comfortable asking questions	0	0	0				
Comfortable declining care that was offered	0	0	0				
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0				
Coerced into accepting the options my maternity care provider suggested	0	0	0				
I chose the care options that I received	0	0	0				
My personal preferences were respected	0		0				
My cultural preferences were respected	0	0	0				
Please add any additional comments:  Optional							
5. At any time did you refuse to accept any care that a nurse, doctor or midwife offered to you or your baby? "Care" includes anything that might be done or given to either of you or that you were asked to do (take a test, treatment, medicine, etc.).  Yes  No  Decline to answer							
A Please tell us what you refused, why you refused it, how the staff reacted, and how you felt about it. We would appreciate as much detail as you would care to provide.							
6. During this pregnancy, how many times do you expect to see your midwife before birth?  4 or more  Less than 4 (Please explain)							

6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			family doctor	before I	oirth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			obstetrician I	before bi	rth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			health centre	e nurse b	pefore birth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure		-	maternity ca	re provid	ler before birth?	
<ul> <li>✓ 7. How much time, on average, did you have at</li> <li>✓ Less than 15 minutes</li> <li>✓ 15-30 minutes</li> <li>✓ 31-60 minutes</li> <li>✓ More than 60 minutes</li> </ul>	t prenatal	appointmen	ts?			
■ 8. I felt that time was:     □ Too little     □ Just enough     □ Too much						
9. During a prenatal visit, did you ever hold bac	k from as	king questio	ns or discuss	ing your	concerns because	se
		No, never		Yes, on	ce	Yes, more than once
Your maternity care provider seemed rushed		0		0		0
You wanted maternity care that differed from what maternity care provider recommended	your	0		0		0
You thought your maternity care provider might thin were being difficult	nk you	0		0		0
10. When you had your baby, how often were y	ou treate	d poorly by y	our maternity	care pr	ovider because o	of
	Never		Sometimes		Usually	Always
Your race, ethnicity, cultural background or language	0		0		0	0
Your sexual orientation and/or gender identity	0		0		0	
Your health insurance	0		0		0	0
A difference in opinion with your caregivers about the right care for yourself or your baby	0		0		0	0

Page #12
Pregnancy History: Pregnancy 2
If you had a pregnancy that resulted in a miscarriage, stillbirth or neonatal loss, please select one of the following:  d. I do not want to share my experience with this pregnancy  a. I would like to answer ALL questions about this pregnancy  c. I would like to answer questions about pregnancy, labour and birth ONLY during this pregnancy  b. I would like to answer questions about decision making ONLY during this pregnancy
■ 1. Who was your care provider during your pregnancy?
Please check all that apply. You will have an opportunity to tell us your experiences with up to 3 providers for one pregnancy later on in the survey.  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  None  Other
4 If you had no care provider for this pregnancy please tell us why:
<ul> <li>✓ If you had more than one main care provider during your pregnancy please indicate why:</li> <li>Please check all the apply:</li> <li>✓ Change of provider due to medical concerns</li> <li>✓ Change of provider due to preference</li> <li>✓ Change of provider due to limited maternity services in my community</li> <li>✓ Other, please specify</li> </ul>
2. Were you expecting twins?  Yes  No
☑ 3. During this pregnancy I or my unborn baby had:
Please check all that apply:  No health problems  High blood pressure  Depression  Problems with baby's growth  Problems with baby's health  Diabetes  Housing difficulties  No support from friends or family  Miscarriage  Other
☑ 3. During this pregnancy I or my unborn babies had:
Please check all that apply:  No health problems High blood pressure Depression

☐ Problems with the babies' growth ☐ Problems with the babies' health		
Diabetes	<del></del>	
Housing difficulties		
No support from friends or family		
☐ Miscarriage ☐ Other		
4. During labour, did you feel pressured from any hea	alth professional to have	
	Yes	No
Labour induction	0	0
An epidural	0	0
A cesarean	0	0
≅ 5. I had a:		
Spontaneous vaginal birth		
Vaginal birth with forceps or vacuum		
Caesarean birth		
€ 6. My labour was induced		
C Yes		
C No		
Why was your labour induced?		
Choose the reason that best applies to your situation:		
• A care provider was concerned about the size of the ba	by	
• A care provider was concerned that I was "overdue"		
<ul> <li>My water had broken and there was fear of infection</li> <li>A care provider was concerned that the amniotic fluid a</li> </ul>	round the baby was low	
• A care provider was concerned that the baby was not d		า
• I had a health problem that required quick delivery of th	_	
I wanted to get the pregnancy over with		
<ul><li>I wanted to control the timing for work or other personal</li><li>I wanted to give birth with a specific provider</li></ul>	reasons	
Baby was full term, it was close to my due date		
Some other reason		
■ Whose idea was it for you to have a cesarean?		
Please select the choice that best describes whose idea		
Mine, I decided I wanted the cesarean before I went in	nto labour	
<ul><li>Mine, I asked for the cesarean while I was in labour</li><li>My maternity care provider recommended a cesarean</li></ul>	hefore I went into Jahour	
My maternity care provider recommended a cesarean		
Other		
What was the reason for the cesarean?		
Choose the reason that best applies to your situation:		
There was no medical reason     I had had a prior apparent.		
I had had a prior cesarean     Labour was taking too long		

My maternity care provider worried that the baby was too bigThere was a problem with the placenta

• The fetal monitor showed the baby was having problems during labour

• Baby was in the wrong position

<ul> <li>I had a health condition that called for this procedure</li> <li>I was past my due date</li> <li>My health care provider tried to induce my labour, but it didn't work</li> <li>I was afraid to go into labour and have my baby vaginally</li> <li>Baby was having trouble fitting through</li> <li>Some other reason</li> </ul>
☑ 7. Where was your baby born?
Please select one of the following:  Hospital, planned hospital birth Home, unplanned Home, planned Birth Centre Health Centre Other
7. Where were your babies born?
Please select one of the following:  ( Hospital, planned hospital birth ( Hospital, transfer from planned home birth ( Home, unplanned ( Home, planned ( Birth Centre ( Health Centre ( Other
8. After labour, were you healthy and feeling well?
( Yes ( No
Comments (Optional):
9. Was your baby healthy and doing well? Yes No Comments (Optional):
9. Were your babies healthy and doing well?  Yes  No

☐ Low weight gain/"failure to thrive" ☐ Dehydration ☐ Stillbirth ☐ Neonatal loss ☐ Congenital or genetic problem ☐ Other ☐ Decline to answer
What kind of problems did your babies have?
Please select all the apply:  Breathing problems  Digestive track problems  Fever or infection  Jaundice  Birth defect  Low weight gain/"failure to thrive"  Dehydration  Stillbirth  Neonatal loss  Congenital or genetic problem  Other  Decline to answer
Tomments (Optional):
10. As you came to the end of your pregnancy, how had you hoped to feed your baby?  Breastfeeding only  Formula only  Both breast milk and formula
11. Two weeks after you gave birth, how were you feeding your baby?  Breast milk only  Formula only  Both breast milk and formula

Decision Making: Pregnancy 2	2						
Please describe your experiences	when making	decisions and	I choosing opti	ons for care du	uring this pregi	nancy.	
1. The following answers desc	ribe my conve	rsations or exp	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0

My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:  Check the box that responds to yo	Completel	Strongly	Somewhat	Somewhat	Strongly	Completel	NI/A
My obstetrician asked me how involved in decision making I wanted to be	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
My obstetrician explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My obstetrician helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My obstetrician respected that choice	0	0	0	0	0	0	0
I deferred to my obstetrician's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	ur answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A

My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
_							
2. Decision making process:							
<ul><li>2. Decision making process:</li><li>Check the box that responds to yo</li></ul>	our answer						
	our answer Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
	Completel					•	N/A
Check the box that responds to your My maternity care provider asked me how involved in	Completel y Disagree	Disagree	Disagree	Agree	Agree	y Agree	_
Check the box that responds to your My maternity care provider asked me how involved in decision making I wanted to be My maternity care provider told me that there are different	Completel y Disagree	Disagree	Disagree	Agree	Agree	y Agree	0
My maternity care provider asked me how involved in decision making I wanted to be My maternity care provider told me that there are different options for my maternity care My maternity care provider explained the advantages and disadvantages of the maternity	Completel y Disagree	Disagree	Disagree	Agree C	Agree C	y Agree	0
My maternity care provider asked me how involved in decision making I wanted to be My maternity care provider told me that there are different options for my maternity care My maternity care provider explained the advantages and disadvantages of the maternity care options My maternity care provider helped me understand all the	Completel y Disagree	Disagree  C	Disagree  C	Agree C	Agree C	y Agree	0 0
My maternity care provider asked me how involved in decision making I wanted to be My maternity care provider told me that there are different options for my maternity care My maternity care provider explained the advantages and disadvantages of the maternity care options My maternity care provider helped me understand all the information I was given enough time to thoroughly consider the different	Completel y Disagree	Disagree  C	Disagree  C  C	Agree C C C	Agree C C	y Agree  C  C	0 0 0

I deferred to my maternity care provider's advice	0	0 0	0	0
☑ 3. I was satisfied with my ability to participate in decise.	sion making for m	y		
Choose all that apply:  Pregnancy Labour and birth After the birth Baby care None of the above N/A				
3. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions		0	0	
Comfortable declining care that was offered		0	0	
Comfortable accepting the options for care that my midwife recommended	0	0	0	
Coerced into accepting the options my midwife suggester	ed (	0	0	
I chose the care options that I received	0		0	
My personal preferences were respected	0		0	
My cultural preferences were respected				
3 4. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions		0	0	
Comfortable declining care that was offered	0		0	
Comfortable accepting the options for care that my famil doctor recommended	y O	0	0	
Coerced into accepting the options my family doctor suggested	0	0	0	
I chose the care options that I received		0	0	
My personal preferences were respected		0	0	
My cultural preferences were respected		0	0	
3 4. Overall while making decisions during my pregnar	cy and birth care	I felt:		
	Yes	No	N/A	
Comfortable asking questions	0	0	0	
Comfortable declining care that was offered	0	0	0	
Comfortable accepting the options for care that my obstetrician recommended	0	0	0	
Coerced into accepting the options my obstetrician suggested	0	0	0	
I chose the care options that I received		0	0	
My personal preferences were respected		0		

My cultural preferences were respected	O	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0
Coerced into accepting the options my health centre nurse suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0	0	
My cultural preferences were respected	0	0	
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	
Comfortable declining care that was offered	0	0	
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0
Coerced into accepting the options my maternity care provider suggested	0	0	0
I chose the care options that I received	0	0	
My personal preferences were respected	0	0	
My cultural preferences were respected	0	0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a nanything that might be done or given to either of you or that Yes No Decline to answer N/A			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.	the staff reacted, and ho	ow you felt about it. We w	rould appreciate as
5. During this pregnancy, how many times did you expect 4 or more Less than 4 (Please explain) Unsure N/A	-	fore birth?	

5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r family o	doctor before	e birth?		
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r obstetri	ician before	birth?		
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A		•	o see you	r health o	centre nurse	before	birth?	
5. During this pregnancy, how many time 4 or more Less than 4 (Please explain) Unsure N/A	-	•	o see you	r matern	ity care prov	ider bef	ore birth?	
<ul> <li>6. How much time, on average, did you he</li> <li>Less than 15 minutes</li> <li>15-30 minutes</li> <li>31-60 minutes</li> <li>More than 60 minutes</li> <li>N/A</li> </ul>	nave at	prenatal ap	pointmen	ts?				
<ul> <li> ☑ 7. I felt that time was:</li> <li> ☐ Too little</li> <li> ☐ Just enough</li> <li> ☐ Too much</li> <li> ☐ N/A</li> </ul>								
8. During a prenatal visit, did you ever he	old bac	k from askir	g questio	ns or dis	cussing you	r concei	rns because	
		No, never		Yes. on	ce	Yes, monce	nore than	N/A
Your maternity care provider seemed rushed	d	0		0		$\bigcirc$		0
You wanted maternity care that differed from what your maternity care provider recommen		0		0		0		0
You thought your maternity care provider mithink you were being difficult	ght	0		0		0		0
9. When you had your baby, how often w	vere yo	u treated po	orly by yo	our mate	rnity care pro	ovider b	ecause of	
	Neve		Sometim	es	Usually	A	Always	N/A
Your race, ethnicity, cultural background or language	0		0		0	(	0	0

Your sexual orientation and/or gender identity	$\circ$	0	0	0	0
Your health insurance	0	0	0	0	
A difference in opinion with your caregivers about the right care for yourself or your baby	0	0	C	C	0

Decision Making: Pregnancy 2	2 (Optional)						
Please describe your experiences pregnancy.	with your sec	ond care prov	ider making de	cisions and ch	oosing options	s for care durin	g this
1. The following answers desc	ribe my conve	rsations or ex	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:	ur angwar						
Check the box that responds to yo		0, 1	0 1 1	0	01 1	0 111	
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the			_	_		_	
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care		0	0	0	0 0	<ul><li>O</li><li>O</li><li>O</li></ul>	0 0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that	0 0	0 0 0	0	0 0 0	0 0 0	0 0	0 0 0

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	6	0	0	6	6		
care options  My maternity care provider helped me understand all the	0			0	0	0	
information	0	0	0	0	0	0	$\bigcirc$
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

My maternity care provider respected that choice	0	0	0	0	0	0	0
I deferred to my maternity care provider's advice		0	0	0	0	0	
3. I was satisfied with my al	oility to participate	in decision	n making for n	ny			
Choose all that apply:  ☐ Pregnancy ☐ Labour and birth ☐ After the birth ☐ Baby care ☐ None of the above							
3. Overall while making dec	cisions during my	pregnancy	and birth care	e I felt:			
			Yes	N	10	N/A	
Comfortable asking questions				(		0	
Comfortable declining care that	t was offered			(		0	
Comfortable accepting the option midwife recommended	ons for care that r	ny	0	(		0	
Coerced into accepting the opti	ions my midwife s	uggested	0	(		0	
I chose the care options that I r	received		0	(		0	
My personal preferences were	respected			(		0	
My cultural preferences were re	espected			(		0	
3 4. Overall while making dec	cisions durina my	pregnancy	and birth care	e I felt:			
	0 ,	, ,	Yes		lo	N/A	
Comfortable asking questions			0			0	
Comfortable declining care that	t was offered		0			0	
Comfortable accepting the option doctor recommended	ons for care that r	ny family	0	(		0	
Coerced into accepting the opti suggested	ions my family do	ctor	0	(		0	
I chose the care options that I r	eceived			(		0	
My personal preferences were	respected		0			0	
My cultural preferences were re	espected		0	(		0	
3. Overall while making dec	cisions during my	pregnancy	and birth care	e I felt:			
			Yes	N	lo	N/A	
Comfortable asking questions				(		0	
Comfortable declining care that	t was offered			(		0	
Comfortable accepting the option obstetrician recommended	ons for care that r	ny	0	(		0	
Coerced into accepting the opti suggested	ions my obstetrici	an	0	(		0	
I chose the care options that I r	eceived		0				

My personal preferences were respected	0		0
My cultural preferences were respected	0	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0
Coerced into accepting the options my health centre nurse suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0		0
My cultural preferences were respected	0	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0
Coerced into accepting the options my maternity care provider suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0		0
My cultural preferences were respected	0	0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a nanything that might be done or given to either of you or that Yes No Decline to answer			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.	au the staff reacted, and h	ow you felt about it. We w	ould appreciate as
5. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)	•	fore birth?	

■ 5. During this pregnancy, how many times do you expect to see your obstetrician before birth?  ( 4 or more	5. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure		-	r family docto	or before	birth?		
	4 or more Less than 4 (Please explain)		-	r obstetrician	before b	irth?		
	C 4 or more Less than 4 (Please explain)			r health centr	re nurse	pefore birth	?	
□ Less than 15 minutes □ 15-30 minutes □ 31-60 minutes □ 31-6	4 or more Less than 4 (Please explain)		-	r maternity ca	are provi	der before b	oirth?	
Too little  Just enough Too much  8. During a prenatal visit, did you ever hold back from asking questions or discussing your concerns because  No, never Yes, once Yes, more than or Your maternity care provider seemed rushed  You wanted maternity care that differed from what your maternity care provider recommended  You thought your maternity care provider might think you were being difficult  Never Sometimes  Vour race, ethnicity, cultural background or language  Your sexual orientation and/or gender identity  Your health insurance  A difference in opinion with your caregivers	Less than 15 minutes  15-30 minutes  31-60 minutes	it prenata	I appointmer	nts?				
Your maternity care provider seemed rushed  You wanted maternity care that differed from what your maternity care provider recommended  You thought your maternity care provider might think you were being difficult  1	☐ Too little ☐ Just enough							
Your maternity care provider seemed rushed C C C You wanted maternity care that differed from what your maternity care provider recommended C C C You thought your maternity care provider might think you were being difficult C C C  \$\text{Sometimes}\$ Usually Always  Your race, ethnicity, cultural background or language C C C C C Your sexual orientation and/or gender identity C C C C A difference in opinion with your caregivers	8. During a prenatal visit, did you ever hold back	ck from a	sking question	ons or discus	sing your	concerns b	ecause	
You wanted maternity care that differed from what your maternity care provider recommended  You thought your maternity care provider might think you were being difficult  9. When you had your baby, how often were you treated poorly by your maternity care provider because of  Never Sometimes Usually Always  Your race, ethnicity, cultural background or language  Your sexual orientation and/or gender identity  Your health insurance  A difference in opinion with your caregivers			No, never		Yes, or	nce	Yes, m	ore than once
maternity care provider recommended  You thought your maternity care provider might think you were being difficult  1	Your maternity care provider seemed rushed		0				0	
were being difficult  9. When you had your baby, how often were you treated poorly by your maternity care provider because of  Never Sometimes Usually Always  Your race, ethnicity, cultural background or language  C C C  Your sexual orientation and/or gender identity  Your health insurance  A difference in opinion with your caregivers		your	0		0		0	
Never Sometimes Usually Always  Your race, ethnicity, cultural background or language C C C C C C  Your sexual orientation and/or gender identity C C C C C  Your health insurance C C C C C  A difference in opinion with your caregivers		nk you	0		0		0	
Your race, ethnicity, cultural background or language C C C C C C C C C C C C C C C C C C C	9. When you had your baby, how often were yo	ou treated	d poorly by y	our maternity	care pro	vider becau	use of	
language C C C C Your sexual orientation and/or gender identity C C C Your health insurance C C C C A difference in opinion with your caregivers		Never		Sometimes		Usually	Alv	vays
Your health insurance C C C A difference in opinion with your caregivers		0		0		0	0	
A difference in opinion with your caregivers	Your sexual orientation and/or gender identity			0		0	0	
	Your health insurance	0		0		0	0	
		0		0		0	0	

Decision Making: Pregnancy 2	2 (Optional)						
Please describe your experiences pregnancy.	with your thire	l care provide	r making decisi	ions and choos	sing options fo	r care during th	nis
1. The following answers desc	ribe my conve	rsations or exp	periences with	my			
Please select one: Family Doctor Obstetrician Midwife Health Centre Nurse Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:  Check the box that responds to you	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:	ur angwar						
Check the box that responds to yo		0, 1	0 1 1	0	01 1	0 111	
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the			_	_		_	
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care		0	0	0	0 0	<ul><li>O</li><li>O</li><li>O</li></ul>	0 0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that	0 0	0 0 0	0	0 0 0	0 0 0	0 0	0 0 0

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	6	0	0	6	6		
care options  My maternity care provider helped me understand all the	0			0	0	0	
information	0	0	0	0	0	0	$\bigcirc$
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

My maternity care provider respected that choice	0 0	0	0	0	0	0
I deferred to my maternity care provider's advice	0	0	0	0	0	
☑ 3. I was satisfied with my al	pility to participate in dec	cision making for r	ny			
Choose all that apply Pregnancy Labour and birth After the birth Baby care None of the above						
4. Overall while making dec	isions during my pregna	incy and birth care	e I felt:			
		Yes	1	No	N/A	
Comfortable asking questions		0	(		0	
Comfortable declining care that	was offered	0	(	0		
Comfortable accepting the option midwife recommended	ons for care that my		(	0	0	
Coerced into accepting the opti	ons my midwife sugges	ted (	(	0	0	
I chose the care options that I r	eceived	0	(	0	0	
My personal preferences were	respected	0	(	0	0	
My cultural preferences were re	espected	0	(	0	0	
3 4. Overall while making dec	isions during my pregna	ency and birth care	e I felt:			
J	3 7. 3	Yes		No	N/A	
Comfortable asking questions		0	(		0	
Comfortable declining care that	: was offered	0	(	0	0	
Comfortable accepting the option doctor recommended	ons for care that my fam	ily	(	0	0	
Coerced into accepting the opti suggested	ons my family doctor	0	(	0	0	
I chose the care options that I r	eceived	0	(	$\circ$	0	
My personal preferences were	respected	0	(	$\circ$		
My cultural preferences were re	espected		(	0		
3. 4. Overall while making dec	isions during my pregna	incy and birth care	e I felt:			
		Yes	1	No	N/A	
Comfortable asking questions		0	(			
Comfortable declining care that	was offered	0	(		0	
Comfortable accepting the option obstetrician recommended	ons for care that my	0	(	0	0	
Coerced into accepting the opti suggested	ons my obstetrician	0	(	0	0	
I chose the care options that I r	eceived		(		0	

My personal preferences were respected	0	0	0
My cultural preferences were respected	0	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my health centre nurse recommended	0	0	0
Coerced into accepting the options my health centre nurse suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0	0	0
My cultural preferences were respected	0	0	0
4. Overall while making decisions during my pregnancy	and birth care I felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that was offered	0	0	0
Comfortable accepting the options for care that my maternity care provider recommended	0	0	0
Coerced into accepting the options my maternity care provider suggested	0	0	0
I chose the care options that I received	0	0	0
My personal preferences were respected	0	0	0
My cultural preferences were respected	0	0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a nanything that might be done or given to either of you or that Yes No Decline to answer			=
A Please tell us what you refused, why you refused it, how much detail as you would care to provide.	the staff reacted, and ho	ow you felt about it. We w	ould appreciate as
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)	·	fore birth?	

6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			family doctor	r before	birth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			obstetrician l	before b	irth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure			health centre	e nurse k	pefore birth?	
6. During this pregnancy, how many times do y 4 or more Less than 4 (Please explain) Unsure		-	maternity ca	re provic	ler before birth?	
7. How much time, on average, did you have at Less than 15 minutes 15-30 minutes 31-60 minutes More than 60 minutes	t prenatal	appointmen	ts?			
■ 8. I felt that time was:     □ Too little     □ Just enough     □ Too much						
9. During a prenatal visit, did you ever hold bac	k from as	king questio	ns or discuss	ing your	concerns becau	se
		No, never		Yes, or	ice	Yes, more than once
Your maternity care provider seemed rushed		0				0
You wanted maternity care that differed from what maternity care provider recommended	your	0		0		0
You thought your maternity care provider might thin were being difficult	nk you	0		0		0
10. When you had your baby, how often were y	ou treated	d poorly by y	our maternity	/ care pr	ovider because o	of
	Never		Sometimes		Usually	Always
Your race, ethnicity, cultural background or language	0		0		0	0
Your sexual orientation and/or gender identity	0		0		0	0
Your health insurance	0		0		0	0
A difference in opinion with your caregivers about the right care for yourself or your baby	0		0		0	0

Page #16
Pregnancy History: Currently Pregnant
I Who is your care provider for this pregnancy?  Please check all that apply. You will have an opportunity to tell us your experiences with up to 3 providers for one pregnancy later on in the survey.  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  None  Other  Other  If you have no care provider for this pregnancy please tell us why:
<ul> <li>If you've had more than one main care provider during this pregnancy please indicate why:</li> <li>Please check all the apply:</li> <li>Change of provider due to medical concerns</li> <li>Change of provider due to preference</li> <li>Change of provider due to limited maternity services in my community</li> <li>Other, please specify</li> </ul>
3. Are you expecting twins?  Yes  No
✓ 4. During this pregnancy I experienced:  Please check all that apply:  No health problems  High blood pressure  Depression  Problems with baby's growth  Problems with baby's health  Diabetes  Housing difficulties  No support from friends or family  Other
✓ 4. During this pregnancy I experienced:  Please check all that apply:  No health problems  High blood pressure  Depression  Problems with the babies' growth  Problems with the babies' health  Diabetes  Housing difficulties  No support from friends or family  Other

Decision Making: Currently Pre	egnant						
Please describe your experiences pregnancy.	with your first	care provider	when making o	decisions and o	choosing optio	ns for care dur	ing this
1. The following answers desc	ribe my convei	rsations or exp	periences with	my			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:	ur anowar						
Check the box that responds to yo		0, 1	0	0	01 1	0 111	
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the			_	_		_	
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care		0	0	0	0 0	<ul><li>O</li><li>O</li><li>O</li></ul>	0 0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that	0 0	0 0 0	0	0 0 0	0 0 0	0 0	0 0 0

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	0	0	0	0	0	0	0
care options  My maternity care provider helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

respected that choice			0	0	0	0	
I deferred to my maternity care provider's advice	0	0	0	0	0	0	
3. I have been satisfied with Yes No	my ability to p	participate in d	lecision makir	ng.			
3. Overall while making deci	isions during th	nis pregnancy	I have felt:				
			Yes	N	lo	N/A	
Comfortable asking questions			0				
Comfortable declining care that	is offered		0				
Comfortable accepting options to my midwife	for care recom	mended by	0			0	
Coerced into accepting the option	ons my midwife	e suggests					
I choose the care options that I	receive						
My personal preferences are re-	spected		0				
My cultural preferences are resp	pected					0	
4. Overall while making deci	isions during th	nis pregnancy	I have felt:				
			Yes	N	lo	N/A	
Comfortable asking questions			0			0	
Comfortable declining care that	is offered		0			0	
Comfortable accepting options t my family doctor	for care recom	mended by	0			0	
Coerced into accepting the optic suggests	ons my family	doctor	0			0	
I choose the care options that I	receive		0				
My personal preferences are re-	spected		0				
My cultural preferences are resp	pected		0				
4. Overall while making deci	isions during th	nis pregnancy	I have felt:				
			Yes	N	lo	N/A	
Comfortable asking questions			0				
Comfortable declining care that	is offered						
Comfortable accepting options t my obstetrician	for care recom	mended by	0			0	
Coerced into accepting the optic suggests	ons my obstetr	rician	0			0	
I choose the care options that I	receive						
My personal preferences are re-	spected						
My cultural preferences are resp	pected					0	

4. Overall while making decisions during this pregnancy	y I have felt:		
	Yes	No	N/A
Comfortable asking questions		0	0
Comfortable declining care that is offered			
Comfortable accepting options for care recommended by my health centre nurse	0	0	0
Coerced into accepting the options my health centre nurse suggests	0	0	0
I choose the care options that I receive		0	0
My personal preferences are respected		0	0
My cultural preferences are respected	0	0	0
4. Overall while making decisions during this pregnancy	y I have felt:		
	Yes	No	N/A
Comfortable asking questions		0	0
Comfortable declining care that is offered		0	0
Comfortable accepting options for care recommended by my maternity care provider	0	0	0
Coerced into accepting the options my maternity care provider suggests	0	0	0
I choose the care options that I receive	0		0
My personal preferences are respected			0
My cultural preferences are respected		0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a anything that might be done or given to either of you or that Yes			=
No Decline to answer			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.		ed, and how you felt about	it. We would appreciate as
6. During this pregnancy, how many times do you expe 4 or more Less than 4 (Please explain) Unsure	ct to see your m	idwife before birth?	
6. During this pregnancy, how many times do you expe 4 or more Less than 4 (Please explain)	ct to see your fa	mily doctor before birth?	

() Unsure			
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure	•	n before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure	- -	tre nurse before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)		are provider before birth?	?
7. How much time, on average, do you have at prenatal Less than 15 minutes 15-30 minutes 31-60 minutes More than 60 minutes	appointments?		
■ 8. I feel that time is:  ■ Too little ■ Just enough ■ Too much			
9. During a prenatal visit, do you ever hold back from as	king questions or discus	sing your concerns becau	use
	No, never	Yes, once	Yes, more than once
Your maternity care provider seemed rushed		0	0
You wanted maternity care that differed from what your maternity care provider recommended	0	0	0
You thought that your maternity care provider might think you were being difficult	0	0	0

Decision Making: Currently Pre	gnant (Optiona	al)					
Please describe your experiences pregnancy.	related to your	second care p	orovider makin	g decisions an	d choosing op	tions for care o	during this
1. The following answers descr	ibe my conver	sations or expe	eriences with r	ny			
Please select one:  Family Doctor  Obstetrician  Midwife  Health Centre Nurse  Other							
2. Decision making process:							
Check the box that responds to yo	ur answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	C	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	ur answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:	ur anowar						
Check the box that responds to yo		0, 1	0	0	01 1	0 111	
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the			_	_		_	
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0	0	0	0	0	0	0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care		0	0	0	0 0	<ul><li>O</li><li>O</li><li>O</li></ul>	0 0
there are different options for my maternity care  My obstetrician explained the advantages and disadvantages of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that	0 0	0 0 0	0	0 0 0	0 0 0	0 0	0 0 0

	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My health centre nurse told me that there are different options for my maternity care	0	0	0	0	0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My health centre nurse helped me understand all the information	0	0	C	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	C	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	C	0	0	0	0
My health centre nurse respected that choice	0	0	0	0	0	0	0
I deferred to my health centre nurse's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My maternity care provider asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My maternity care provider told me that there are different options for my maternity care	0	0	0	0	0	0	
My maternity care provider explained the advantages and disadvantages of the maternity	0	0	0	0	0	0	0
care options  My maternity care provider helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0

My maternity care provider respected that choice	0 0	0		0	0	0
I deferred to my maternity care provider's advice		0	0	0	0	0
☑ 3. I have been satisfied with	h my ability to participa	e in decision makin	g for my			
Choose all that apply:  Pregnancy Labour and birth After the birth Baby care None of the above						
4. Overall while making dec	cisions during this preg	nancy I have felt:				
		Yes	No	)	N/A	
Comfortable asking questions			0			
Comfortable declining care tha		0		0		
Comfortable accepting options my midwife	for care recommended	by	0	)	0	
Coerced into accepting the opt	ions my midwife sugge	sts O	C			
I choose the care options that I	l receive		0			
My personal preferences are re		0		0		
My cultural preferences are res	spected		C		0	
3 4. Overall while making dec	cisions during this preg	nancy I have felt:				
-		Yes	No	)	N/A	
Comfortable asking questions		0	0	)	0	
Comfortable declining care tha	t is offered		0		0	
Comfortable accepting options my family doctor	for care recommended	by	0	)	0	
Coerced into accepting the opt suggests	ions my family doctor	0	C	)	0	
I choose the care options that I	l receive		0		0	
My personal preferences are re	espected		0	)	0	
My cultural preferences are res	spected		0		0	
4. Overall while making dec	cisions during this preg	nancy I have felt:				
		Yes	No	o	N/A	
Comfortable asking questions			0	)		
Comfortable declining care tha	t is offered		0	)	0	
Comfortable accepting options my obstetrician	for care recommended	by	C	)	0	
Coerced into accepting the opt suggests	ions my obstetrician	0	C	)	0	
I choose the care options that	l receive		0	)		

My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
4. Overall while making decisions during this pregnancy	I have felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that is offered	0	0	0
Comfortable accepting options for care recommended by my health centre nurse	0	0	0
Coerced into accepting the options my health centre nurse suggests	0	0	0
I choose the care options that I receive	0	0	0
My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
4. Overall while making decisions during this pregnancy	I have felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that is offered	0	0	0
Comfortable accepting options for care recommended by my maternity care provider	0	0	0
Coerced into accepting the options my maternity care provider suggests	0	0	0
I choose the care options that I receive	0	0	0
My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
Please add any additional comments:  Optional			
5. At any time did you refuse to accept any care that a n anything that might be done or given to either of you or that Yes No Decline to answer			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.	the staff reacted, and ho	w you felt about it. We w	ould appreciate as
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)	-	ore birth?	

6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure		or before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)	•	n before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)		health nurse before birth	1?
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain)		care provider before birth	?
<ul> <li>7. How much time, on average, do you have at prenatal</li> <li>Less than 15 minutes</li> <li>15-30 minutes</li> <li>31-60 minutes</li> <li>More than 60 minutes</li> </ul>	appointments?		
■ 8. I feel that time is:  Too little  Just enough  Too much			
9. During a prenatal visit, do you ever hold back from as	king questions or discus	sing your concerns beca	use
	No, never	Yes, once	Yes, more than once
Your maternity care provider seemed rushed		0	0
You wanted maternity care that differed from what your maternity care provider recommended	0	0	0
You thought that your maternity care provider might think you were being difficult	0	0	0

Decision Making: Currently Pre	egnant (Option	nal)					
Please describe your experiences pregnancy.	related to you	r third care pr	ovider making	decisions and	choosing option	ons for care du	ring this
1. The following answers desc	ribe my conve	rsations or exp	periences with	my			
Please select one: Family Doctor Obstetrician Midwife Health Centre Nurse Other							
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My midwife asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My midwife told me that there are different options for my maternity care	0	0	0	0	0	0	0
My midwife explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My midwife helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My midwife respected that choice	0	0	0	0	0	0	0
I deferred to my midwife's advice	0	0	0	0	0	0	0
2. Decision making process:							
Check the box that responds to yo	our answer						
	Completel y Disagree	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Completel y Agree	N/A
My family doctor asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0

My family doctor told me that there are different options for my maternity care	0	0	0	0	0	0	0
My family doctor explained the advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
My family doctor helped me understand all the information	0	0	0	0	0	0	0
I was given enough time to thoroughly consider the different care options	0	0	0	0	0	0	0
I was able to choose what I considered to be the best care options	0	0	0	0	0	0	0
My family doctor respected that choice	0	0	0	0	0	0	0
I deferred to my family doctor's advice	0	0	0	0	0	0	0
2. Decision making process:	ur angwar						
Check the box that responds to yo	Completel	Strongly	Somewhat	Somewhat	Strongly	Completel	
	y Disagree	Disagree	Disagree	Agree	Agree	y Agree	N/A
My obstetrician asked me how involved in decision making I wanted to be	0	0	0	0	0	0	0
My obstetrician told me that there are different options for my maternity care	0	0	0	0	0	0	0
My obstetrician explained the							
advantages and disadvantages of the maternity care options	0	0	0	0	0	0	0
	0	0	0	0	0	0	0
of the maternity care options  My obstetrician helped me	_						_
of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different	0	0	0	0	0	0	0
of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care	0	0	0	0	0	0	0
of the maternity care options  My obstetrician helped me understand all the information  I was given enough time to thoroughly consider the different care options  I was able to choose what I considered to be the best care options  My obstetrician respected that	0	0	0	0	0	0	0 0

2. Decision making process:

Check the box that responds to your answer

		-	Strongly Disagree	Some Disag		Somew Agree	hat	Strongly Agree	Completel y Agree	N/A
My health centre nurse asked me how involved in decision making I wanted to be	0			0		0		0	0	0
My health centre nurse told me that there are different options for my maternity care	0	(		0		0		0	0	0
My health centre nurse explained the advantages and disadvantages of the maternity care options	0			0		0		0	0	0
My health centre nurse helped me understand all the information	0			0		0		0	0	0
I was given enough time to thoroughly consider the different care options	0	(		0		0		0	0	0
I was able to choose what I considered to be the best care options	0	(		0		0		0	0	0
My health centre nurse respected that choice	0			0		0		0	0	0
I deferred to my health centre nurse's advice	0			0		0		0	0	0
2. Decision making process:										
Check the box that responds to yo	our ar	nswer Completely	Stror	nalv	Some	ewhat	Som	ewhat	Strongly	Completely
		Disagree	Disa		Disag		Agre		Agree	Agree
My maternity care provider asked me how involved in decision makin I wanted to be	ng	0	0		0		0		0	0
My maternity care provider told me that there are different options for my maternity care	е	0	0		0		0		0	0
My maternity care provider explained the advantages and disadvantages of the maternity ca options	re	0	0		0		0		0	0
My maternity care provider helped me understand all the information		0	0		0		0		0	0
I was given enough time to thoroughly consider the different care options		0	0		0		0		0	0
I was able to choose what I considered to be the best care options		0	0		0		0		0	0

My maternity care provider respected that choice		0	0	0	0	0
I deferred to my maternity care provider's advice	0	0	0	0	0	0
☑ 3. I have been satisfied with my about the satisfied with the sati	oility to participate i	n decision ma	aking for my	<b>/</b>		
Choose all that apply:  Pregnancy Labour and birth After the birth Baby care None of the above						
4. Overall while making decisions	during this pregnar	ncy I have fel	t:			
Check all that apply:						
		Yes		No	N/A	
Comfortable asking questions				0	0	
Comfortable declining care that is offe	red	0		0	0	
Comfortable accepting options for care my midwife	e recommended by			0	0	
Coerced into accepting the options my	/ midwife suggests				0	
I choose the care options that I receive	е				0	
My personal preferences are respecte	ed				0	
My cultural preferences are respected					0	
4. Overall while making decisions Check all that apply:	during this pregnar	ncy I have fel	t:			
oncon an anat appriy.		Yes		No	N/A	<b>\</b>
Comfortable asking questions					0	
Comfortable declining care that is offe	red				0	
Comfortable accepting options for care my family doctor	e recommended by	<b>(</b>		0	0	
Coerced into accepting the options my suggests	/ family doctor	0		0	0	
I choose the care options that I receive	е				0	
My personal preferences are respecte	ed				0	
My cultural preferences are respected					0	
4. Overall while making decisions Check all that apply:	during this pregnar	ncy I have fel	t:			
Check all that apply.		Yes		No	N/A	
Comfortable asking questions		0		0	0	
Comfortable declining care that is offe	red	0		0	0	
Comfortable accepting options for care my obstetrician		<b>Y</b>		0	0	

Coerced into accepting the options my obstetrician suggests	0	0	0
I choose the care options that I receive	0	0	0
My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
4. Overall while making decisions during this pregnancy Check all that apply:	I have felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that is offered	0	0	0
Comfortable accepting options for care recommended by my health centre nurse	0	0	0
Coerced into accepting the options my health centre nurse suggests	0	0	0
I choose the care options that I receive	0	0	0
My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
4. Overall while making decisions during this pregnancy Check all that apply:	I have felt:		
	Yes	No	N/A
Comfortable asking questions	0	0	0
Comfortable declining care that is offered	0	0	0
Comfortable accepting options for care recommended by my maternity care provider	0	0	0
Coerced into accepting the options my maternity care provider suggests	0	0	0
I choose the care options that I receive	0	0	0
My personal preferences are respected	0	0	0
My cultural preferences are respected	0	0	0
Please add any additional comments: Optional			
5. At any time did you refuse to accept any care that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that a nuanything that might be done or given to either of you or that you are that you ar			
Please tell us what you refused, why you refused it, how much detail as you would care to provide.	the staff reacted, and ho	w you felt about it. We w	ould appreciate as

6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure	•	ore birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure		r before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure	•	before birth?	
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure		nealth nurse before birth?	•
6. During this pregnancy, how many times do you expect 4 or more Less than 4 (Please explain) Unsure		re provider before birth?	
7. How much time, on average, do you have at prenatal a Less than 15 minutes 15-30 minutes 31-60 minutes More than 60 minutes	appointments?		
■ 8. I feel that time is:  ■ Too little ■ Just enough ■ Too much			
9. During a prenatal visit, do you ever hold back from ask	king questions or discussi	ng your concerns becaus	se
	No, never	Yes, once	Yes, more than once
Your maternity care provider seemed rushed	0	0	0
You wanted maternity care that differed from what your maternity care provider recommended	0	0	0
You thought that your maternity care provider might think you were being difficult	C	0	0

Page #20
Travelling for Care
This section asks questions to help us understand how far families have to go to access the care they want.
4 1. What is your postal code?
2. Which community do you live in?
3. I was able to easily find a doctor to care for me.
<ul><li>( ) Yes</li><li>( ) No</li><li>( ) N/A</li></ul>
<ul><li></li></ul>
<ul> <li>✓ If no to either of the above, please check all that apply:</li> <li>✓ No pregnancy doctor in my community</li> <li>✓ No midwife in my community</li> <li>✓ No doctor accepting new patients</li> <li>✓ No midwife accepting new patients</li> <li>✓ Pregnancy deemed high risk</li> </ul>
□ Distance □ Cost □ Other, please specify □ 5. Did you and/or your partner have to travel more than 60 minutes to access maternity care during labour? ○ Yes ○ No ○ N/A
If yes, please tell us when you travelled?  Check all that apply:     □ During my third trimester, before labour started     □ I left my community in my week of pregnancy     □ During labour
6. Did you travel outside of your community to have a home birth (at a hotel or a friend's house)?  Yes  No
Additional Comments (Optional):
<ul> <li>✓ 7. What kind of impact did travelling for care have on you and your family?</li> <li>✓ Positive</li> </ul>

☐ Negative ☐ Neutral ☐ N/A



Additional Comments (Optional):

A

Positive
Negative
Neutral
N/A

Additional Comments (Optional):

 _		

	1 age #ZZ		
Midwifery Care			
1. In your own words, please describe what a midwife is	and/or does?		
2. The next section is about what people understand ab	out midwives in E	British Columbia.	
	Agree	Disagree	Not Sure
Midwives are legal in BC		0	0
Midwives deliver babies (attend births) only in the home		0	0
Midwives deliver babies (attend births) only in the hospital		0	0
Midwives deliver babies (attend births) both in homes and hospitals	0	0	0
Midwives provide pregnancy care only	0	0	0
Midwives provide pregnancy and after birth care but do not attend births	0	0	0
Midwives provide pregnancy, birth and after birth care	0		0
Midwives care for the baby after the birth for 6-8 weeks		0	0
Midwives can order prenatal tests (ultrasounds, blood work)	0	0	0
Midwives can order medicines during pregnancy	0		0
Midwives use natural methods to promote comfort and progress in labour (e.g. water, herbs, massage)	0	0	0
Midwives use medicines to promote comfort and progress in labour	0	0	0
Midwives stay with the woman throughout labour and birth		0	0
Midwives do home visits	0	0	0
Midwives help with breastfeeding			0
Midwives work under doctors		0	0
Midwives offer family planning services			
A midwife office visit is usually 30-60 minutes long			0
A midwife who attends a birth has usually also cared for the woman during her pregnancy	0	0	0
Midwives only care for women with no health problems	0	0	
Midwives can treat some pregnancy and birth problems	0		0
Midwives work with an obstetrician when a woman has serious pregnancy health problems	0	0	0
Family doctors work with an obstetrician when a woman			

 $\bigcirc$ 

0

 $\bigcirc$ 

0

has serious health problems

Midwives do women's health exams (e.g. pap smears)

3. Midwifery care is:
<ul><li>Paid for privately</li><li>Covered by BC's Medical Services Plan</li><li>Don't know</li></ul>
4. If I had another pregnancy I would choose a:
C Family Doctor C Obstetrician C Midwife C Other
C Family Doctor C Obstetrician C Midwife C Other
■ 6. I know how to find a midwife:
C Yes No
7. I would use the following to find a midwife:
Check all the apply:  Through a website  Word of mouth  Through a blog  Google search  Asking doctor or nurse  Friends  Other

Page #23
Your Background
All answers to this survey are confidential. The questions in this section help our researchers understand the overall background of people who answer the survey. We will only report results for groups.
1. How old are you?
2. Do you identify as First Nations, Inuit or Métis?
C Yes C No
☑ 3. I identify myself as:
Check all that apply:  Arab (Middle Eastern)  Black (African, Caribbean, etc.)  Caucasian (White, European)  Chinese  Filipino/a  Japanese  Korean  Latin American  South Asian (Indian, Pakistani, Sri Lankan)  Southeast Asian (Cambodian, Indonesian, Laotian, Vietnamese)  West Asian (Afghani, Iranian)  Other (Please specify)  I prefer not to answer
4. Please tell us your category of family income:
Please estimate  • Less than \$30,000  • \$31,000-\$50,000  • \$51,000-\$70,000  • \$71,000-\$90,000  • \$91,000 or more  • I prefer not to answer
5. What is your highest level of education?
Elementary school     High school

- High schCollege
- Undergraduate degreeGraduate degree
- Postgraduate degree
- Prefer not to answer

## Page #24

Thank you very much for your interest in the study, but you do not meet the eligibility criteria for participation.

Page #25

Additional Comments

1. Is there anything else that you would like to add? Or is there anything important that we forgot to ask?

2. We will be arranging forums to further discuss some of these topics. Are you interested in being contacted about participating in a future forum?

Yes

No

Please provide your email address.

Note: Your information will only be used to contact you regarding focus group participation.

Thank you for taking part!

Please feel free to invite other women to complete the survey by sending them this link:

http://fluidsurveys.com/s/changingchildbirthinbc\_survey1/