

Description of Additional Supplementary Files

File Name: Supplementary Data 1

Description: Metabolomics raw data of longevity mutants, (linked to Figure 1a).

File Name: Supplementary Data 2

Description: Metabolomics raw data of dhfr-1i and metr-1i, (linked to Extended Data Figure 4c).

Metabolomics raw data of dhfr-1i and 5MTHF supplementation, (linked to Extended Data Figure 4a).