

Endocytosis against high turgor pressure is made easier by partial coating and freely rotating base

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ABSTRACT During clathrin-mediated endocytosis, a patch of flat plasma membrane is deformed into a vesicle. In walled cells, such as plants and fungi, the turgor pressure is high and pushes the membrane against the cell wall, thus hindering membrane internalization. In this work, we study how a patch of membrane is deformed against turgor pressure by force and by curvaturegenerating proteins. We show that a large amount of force is needed to merely start deforming the membrane and an even larger force is needed to pull a membrane tube. The magnitude of these forces strongly depends on how the base of the membrane is constrained and how the membrane is coated with curvature-generating proteins. In particular, these forces can be reduced by partially, but not fully, coating the membrane patch with curvature-generating proteins. Our theoretical results show excellent agreement with experimental data.

SIGNIFICANCE Yeast cells have been widely used as a model system to study clathrin-mediated endocytosis. The mechanics of membrane during endocytosis has been extensively studied mostly in low turgor pressure condition, which is relevant for mammalian cells, but not for yeast cells. It has been suggested that as a result of high turgor pressure in yeast cells, a large amount of force is needed to drive the progress of the membrane invagination. In this work, we investigated mechanisms to reduce the force requirement. We highlight the role of boundary conditions at the membrane base, which is a factor that has been largely ignored in previous studies. We also show that a large protein coat does not necessarily reduce the force barrier.

INTRODUCTION

Clathrin-mediated endocytosis (CME) is an active process eukaryotic cells use to transport materials from their outside environment to inside of the cell (1–6). During CME, a patch of flat plasma membrane is bent into the cell and severed to release a vesicle ([Fig. 1](#page-1-0) a). Deforming the membrane toward the cytoplasm is opposed by membrane's resistance to bending and membrane tension ([8,](#page-14-0)[9\)](#page-14-1). In walled cells such as plants and fungi, the inward deformation is also opposed by turgor pressure, which pushes the membrane against the cell wall $(10-12)$. In yeast cells, the inner pressure can be up to 1.5 MPa $(13,14)$. It is conjectured that as a consequence of this high turgor pressure, the membrane invagination exhibits a narrow tubular

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shape with a diameter of \sim 30 nm in yeast cells ([4,](#page-14-2)[7\)](#page-14-3), whereas in mammalian cells, the invagination exhibits a spherical shape with a diameter of \sim 100 nm because of relatively low pressure $(\sim 1 \text{ kPa})$ (15).

In the past decade, several theoretical models have been proposed to account for the membrane shape evolution during CME (16–21). Most of these models have assumed conditions relevant to mammalian cells, i.e., low turgor pressure $(< 1 \text{ kPa}$) and focused on the role of membrane tension. Such tension-dominant membrane deformations have also been extensively studied in in vitro experiments in which membrane tethers are pulled from giant liposomes (22–24). In contrast, the pressure-dominant regime of membrane deformations, which is relevant to endocytosis in walled cells, has been rarely studied (18). The role of turgor pressure in shaping the membrane has been extensively studied in the case of closed vesicles (25–27). The typical force barrier to invaginate a membrane tube against a membrane tension of 0.01 pN/nm is only 10–100 pN,

whereas a substantial force (\sim 1000 pN or more) seems to be required to overcome a turgor pressure of 1 MPa $(5,28,29)$ $(5,28,29)$ $(5,28,29)$ $(5,28,29)$ $(5,28,29)$.

The cytoskeleton protein actin is essential for generating the forces required for CME in yeast cells (11,[30–36\)](#page-14-7). However, the exact organization of actin filaments around the membrane invagination remains elusive. Actin filaments are likely organized into a tight meshwork because ribosomes are excluded from the endocytic sites and actin fila-ments are heavily cross-linked ([Fig. 1,](#page-1-0) a and b ; [\(37](#page-14-8))). How the actin machinery produces force to bend the membrane remains unclear. The most commonly accepted hypothesis is that polymerization of actin filaments is converted into a pulling force acting on the tip of the invagination through a push-pull mechanism [\(28](#page-14-5),[38–40\)](#page-14-9). In this mechanism, actin filaments are nucleated on a ring around a patch of clathrin and adaptor proteins. Polymerization of actin filaments at the ring, which is the base of the invagination, pushes the actin meshwork away from the plasma membrane and, in turn, pulls the invagination inwards

FIGURE 1 CME in yeast and membrane models for CME. (a) Electron micrograph of a membrane tube formed during CME in budding yeast. The image was obtained from [https://www.embl.de/](https://www.embl.de/download/briggs/endocytosis.html) [download/briggs/endocytosis.html](https://www.embl.de/download/briggs/endocytosis.html) and adapted under the permission of the authors of [\(7](#page-14-3)). The scale bar represents 50 nm. (b) Schematic illustration of the membrane and key endocytoic proteins shown in (a) . The actin network surrounding the membrane tube is depicted as a meshwork of branched and cross-linked filaments, though their precise organization cannot be resolved in the electron micrograph and the meshwork appears as a zone from which ribosomes are excluded. A clathrin coat covering the tip of the membrane tube is also depicted, though the specific spatial distribution of clathrin molecules cannot be resolved in (a) . (c) Illustration of the membrane models. The membrane (green layer) is pulled up by a point force f against osmotic pressure p. The membrane is coated with proteins (orange layer) that locally change the spontaneous curvature of the membrane c_0 . The position of the base (red *triangles*) is maintained at a constant value R_b . We consider a homogeneous model (top) in which the membrane is fully coated or fully uncoated with curvature-generating proteins and an inhomogeneous model (bottom) in which the membrane is partially coated. We consider two types of BCs, the freehinge BC (left) in which the membrane is allowed to freely rotate at the base and the fixed-hinge BC (right) in which the membrane angle is fixed. To see this figure in color, go online.

thanks to the adaptor proteins that link actin filaments to the membrane tip.

Membrane can also be bent by proteins that induce membrane curvature. Clathrin molecules can assemble into a cage-like icosahedral lattice composed of hexagons and pentagons in vitro $(41, 42)$ $(41, 42)$ $(41, 42)$. The clathrin lattice alone is able to induce spherical buds from membrane in reconstituted experiments [\(43](#page-14-12)). In yeast cells, the clathrin lattice acts as a scaffold linked to the plasma membrane via adaptor proteins, and together, they form a rigid coat at the membrane invagination tip ([44](#page-14-13)[,45](#page-14-14)). Based on measurements of the copy number of clathrin molecules in yeast cells, this coat is expected to form a hemispherical cap [\(46](#page-14-15)). Many clathrin-associated proteins, such as BAR-domain proteins and epsin, have also shown the capacity to induce membrane curvature and might help with CME ([47](#page-14-16)[,48](#page-14-17)).

In this work, we study CME under conditions of high turgor pressure and low membrane tension by investigating a theoretical model, which describes how a membrane patch is deformed by a point force and by proteins that induce membrane curvature. In the absence of coat proteins, we show that as a result of high turgor pressure (1 MPa), a large amount of force is needed to merely start deforming the membrane and an even larger force is needed to pull a membrane tube. We also show that the magnitude of these forces strongly depends on the constraints at the base of the membrane patch. In particular, the force to start deforming the membrane increases with the base radius, whereas the force barrier to pull a membrane tube decreases with the base radius. The forces also depend on whether the angle of the membrane at the base can freely rotate or not.

When the membrane is coated with curvature-generating proteins, we show that the forces to deform partially coated membranes are quantitatively and qualitatively different from the forces to deform fully coated membranes. By partially coating the membrane, the force barrier that is usually present for fully coated membranes can be dramatically reduced to zero, which implies that the membrane can be spontaneously curved up into a vesicular shape.

We find excellent agreement between our theory and experiments. With a single set of parameters for the partially coated membrane model, we can fit geometric features of the membrane shape obtained via electron tomography across different stages of CME. From the comparison, we estimate that the force required for CME in yeast cells is \sim 2500 pN if the membrane angle at the base is free to rotate and almost 5000 pN if the angle is fixed to be in parallel with the cell wall. This result suggests that actin polymerization alone is insufficient to provide the force to drive the membrane invagination during CME.

METHODS

Model of the membrane patch at the endocytic site

We model the membrane patch at the endocytic site as an axisymmetric two-dimensional surface. The shape of the membrane is parameterized with its meridional coordinates $[R(s), Z(s)]$, where s is the arclength along the meridional direction [\(Fig. 1](#page-1-0) c). The angle $\psi(s)$ spans between the tangential direction and the horizontal direction. The actin polymerization force is modeled as a point force f acting at the symmetry center of the membrane, which is lifted to a height L relative to the cell wall ([Fig. 1](#page-1-0) c). The membrane patch is in contact with the cell wall at a base radius of R_b , which is covered by a ring of proteins as observed in recent experiments [\(28\)](#page-14-5). We assume the proteins serve as anchors that fix the base of the membrane to the cell wall, therefore R_b is a constant. Outside of R_b , there is a lipid reservoir such that the membrane tension σ is kept constant at the base points. An isotropic turgor pressure p is exerted on the membrane, which possesses a bending rigidity κ and spontaneous curvature c_0 due to protein coating. Here, we assume the turgor pressure p is a constant and neglect the concentration change caused by volume reduction upon endocytosis because the reduced volume of the membrane invagination only occupies a tiny fraction $(1/10^6)$ of the total cell volume. The free energy of the membrane, which takes into account the influence of curvature-generating proteins, can be written as

$$
G = \frac{\kappa}{2} \int (c_1 + c_2 - c_0)^2 dA + \sigma A + pV - fL, \qquad (1)
$$

where c_1 and c_2 denote the two principal curvatures of the membrane surface [\(49](#page-14-18)), A denotes the surface area, and V denotes the volume between the membrane and the cell wall. The reference state for the free energy G in [Eq.](#page-2-0) [1](#page-2-0) is a vertically flat and horizontally circular shape. We consider both a homogeneous model in which the spontaneous curvature c_0 is spatially uniform—such as a bare membrane or a membrane fully coated with curvature-generating proteins—and an inhomogeneous model in which c_0 is spatially varied—such as a membrane partially coated by curvature-generating proteins ([Fig. 1](#page-1-0) c).

Because of rotational symmetry about the z axis, the free energy of the membrane in [Eq. 1](#page-2-0) can be expressed as a functional

$$
G = 2\pi \int_0^S \mathcal{G}\Big[\psi, R, \dot{\psi}, \dot{R}, \gamma\Big] ds, \tag{2}
$$

where ψ and R denote their derivatives with respect to the arclength s, S denotes the total arclength from the tip to the base, and γ is a Lagrangian multiplier that enforces the geometric relation $\hat{R} = \cos\psi$ (see Appendix for the explicit form of G). The shape of the membrane is determined by minimization of the free energy G with respect to small variations of the membrane shape variables $\delta \psi$ and δR . Proper boundary conditions (BCs) at the base, where the ring of proteins is formed and the membrane is in contact with the cell wall, are also needed to determine the membrane shape. The exact BCs require knowledge of the microscopic interactions between the membrane, the cell wall, and the ring of proteins. Because these microscopic interactions are unclear, we choose to derive the BCs in the following way. The small variations of $\delta \psi$ and δR result in variation of the free energy δG , which consists of boundary terms like $\frac{\partial \mathcal{G}}{\partial x} \delta \psi$ and the free energy δG , which consists of boundary terms like $\frac{\partial \mathcal{G}}{\partial \phi} \delta \psi$ and $\frac{\partial \mathcal{G}}{\partial \theta} \delta R$. Four types of BCs at the base can be identified by letting these boundary terms vanish [\(Table 1](#page-2-1)). Physically, they correspond to the combination of whether the base radius is fixed or variable and whether the angle of the membrane at the base is fixed or free to rotate. We focus on the two BCs for which the base radius is fixed ($R = R_b$) and refer them as free-hinge BC (BC1 in [Table 1\)](#page-2-1) if the membrane angle is free to rotate $\left(\frac{\partial \mathcal{G}}{\partial \psi}\right) = 0$) and fixed bings BC (BC2 in Table 1) if the membrane angle is fixed to and fixed-hinge BC (BC2 in [Table 1](#page-2-1)) if the membrane angle is fixed to zero ($\psi = 0$). We also compare our results with a previous work (18), which studied the homogeneous model with a BC in which the base is free to move and the membrane angle is fixed (BC4 in [Table 1](#page-2-1)).

RESULTS

The characteristic forces to elongate a membrane tube are different between pressure-dominant and tension-dominant conditions

To demonstrate the distinct physics of CME between pressure-dominant and tension-dominant conditions, we approximate the elongated endocytic invagination (as in [Fig. 1](#page-1-0) a, for example) as a cylindrical tube of radius R and length L and derive analytic formulas for the forces to

a Referred to as the free-hinge BC.

^bReferred to as the fixed-hinge BC.

 ${}^{\rm c}$ BC4 has been studied in (18) for a fully coated membrane.

elongate a membrane tube. The free energy ([Eq. 1\)](#page-2-0) under this approximation becomes

$$
G_{\text{tube}} = 2\pi R L \left[\frac{\kappa}{2} \left(\frac{1}{R} - c_0 \right)^2 + \sigma + \frac{pR}{2} \right] - fL. \tag{3}
$$

Without considering the effect of the spontaneous curvature $(c_0 = 0)$, in the case of pressure-dominant condition $(\sigma = 0)$, by minimization of F_{tube} with respect to R and L, we obtain the characteristic tube radius R_p and the corresponding force f_p (18):

$$
R_{\rm p} = \left(\frac{\kappa}{2p}\right)^{1/3}, \quad f_{\rm p} = 3\pi R_{\rm p}^2 p = \frac{3\pi}{2} (2\kappa^2 p)^{1/3}.
$$
 (4)

Note that the tube radius scales with the turgor pressure as $R_p \propto p^{-1/3}$, but the force obeys $f_p \propto p^{1/3}$. This means a higher turgor pressure results in a narrower tube but needs larger forces to elongate. In the case of the tension-dominant condition, the characteristic tube radius R_{σ} and force f_{σ} read ([50\)](#page-14-19)

$$
R_{\sigma} = \left(\frac{\kappa}{2\sigma}\right)^{1/2}, \quad f_{\sigma} = 4\pi R_{\sigma} \sigma = 2\pi (2\kappa \sigma)^{1/2}.
$$
 (5)

As for endocytosis in yeast cells, $\sigma \approx 0.01$ pN/nm (19), $p \approx 1$ MPa (13,14), and $\kappa \approx 300k_BT(44)$ $\kappa \approx 300k_BT(44)$. These numbers lead to a rough estimation of $R_p \approx 8.5$ nm, $f_p \approx 700$ pN and $R_{\sigma} \approx 250$ nm, $f_{\sigma} \approx 30$ pN. The radius of long endocytic invaginations observed experimentally is about 15 nm ([7\)](#page-14-3), which is much closer to the estimated R_p than the estimated R_{σ} , thus supporting the statement that the turgor pressure, but not the membrane tension, is the dominant factor that opposes endocytosis in yeast cells. For the rest of the study, we assume $\sigma = 0.002pR_p$ such that $R_\sigma = 22R_p >> R_p$, and therefore, the turgor pressure always dominates over the surface tension in shaping the membrane. We measure the length in units of the characteristic radius R_p and the force in units of the characteristic force f_p . The pressure is nondimensionalized with κ/R_p^3 to a constant 0.5. The mechanics of the system is then determined by only a few dimensionless parameters, including the rescaled base radius R_b/R_p , the rescaled spontaneous curvature c_0R_p , and the rescaled coating area $a_0/(2\pi R_p^2)$ and rescaled edge sharpness parameter $\alpha 2\pi R_p^2$ when considering the inhomogeneous model (see [Eq. 6](#page-6-0)).

A large base radius lowers the force barrier to pull a membrane tube against turgor pressure

We first consider the case of a membrane at the endocytic site void of any curvature-generating proteins (i.e., $c_0R_p =$ 0) and study the effect of base radius on the required forces to pull a membrane tube. The effect of forces on the membrane deformation is characterized by the force-height $(f-L)$ curve, which in general is nonmonotonic [\(Fig. 2,](#page-4-0) $a-d$). A force barrier F_{max} appears at a relatively low height L when the membrane is dome shaped ([Fig. 2](#page-4-0), $a-d$, inset, labeled by circles). As the membrane is lifted further up, the membrane changes from a dome shape to an Ω -shape, when a narrow neck appears (signaled by the tangential angle $\psi = \pi/2$ at an intermediate arclength). The force f then decreases with L and approaches the elongation force $F_e \equiv \lim_{L\to\infty} f(L)$, which equals f_p in the case of a bare membrane as expected by [Eq. 4](#page-3-0). The existence of a force barrier in the f-L curve is similar to that in the tension-dominant condition [\(50](#page-14-19)). However, two striking differences should be noted: 1) in the pressure-dominant condition discussed here, a nonzero initiation force $F_{\text{init}} \equiv f(L = 0)$ is needed to merely start deforming the membrane, i.e., to lift the membrane just off the cell wall [\(Fig. 2,](#page-4-0) e and f , dia *monds*), whereas in the tension-dominant condition, $F_{\text{init}} =$ 0 is independent of R_b [\(50](#page-14-19)); and 2) when pressure dominates, the force barrier F_{max} significantly varies with the base radius R_b ([Fig. 2](#page-4-0), e and f, circles), whereas in the tension-dominant condition, F_{max} always overshoots 13% relative to the equilibrium force f_{σ} ([50\)](#page-14-19), independent of $R_{\rm b}$.

When comparing the differences between the f -L curves for the two BCs, we notice that 1) the initiation force F_{init} scales with the base radius R_b as $F_{\text{init}} = 3/8\pi R_b^2 p$ for the free-hings R_b and R_c and R_c is the free-hings free-hinge BC, whereas $F_{\text{init}} = 1/4\pi R_p^2 p$ for the fixed-hinge
BC (Fig. 2, e. and f. solid curves: see Supporting materials BC [\(Fig. 2](#page-4-0), e and f, solid curves; see Supporting materials and methods for the derivation); 2) though the initiation force F_{init} is smaller for the fixed-hinge BC than for the free-hinge BC, the opposite trend is observed for the force barrier F_{max} . The difference in F_{max} is more pronounced for smaller base radii. For instance, when $R_b = 0.5R_p$, the force barrier F_{max} is about $4f_{\text{p}}$ for the free-hinge BC, whereas it is $7f_p$ for the fixed-hinge BC ([Fig. 2,](#page-4-0) a and b, labeled by *circles*); and 3) the membrane neck appears at a smaller membrane height for the fixed-hinge BC than for the free-hinge BC. For instance, when $R_b = 2R_p$, the neck appears at a height of $3R_p$ for the fixed-hinge BC but $4R_p$ for the free-hinge BC [\(Fig. 2](#page-4-0), c and d, labeled by squares).

When the membrane is pulled up above the height of $6R_p$, the force to elongate the tube remains almost unchanged ($F_e = f_p$), regardless of the BCs and the base radii. However, the shape of the membrane can be quite different for different radii $R_{\rm b}$. If $R_{\rm b} < R_{\rm p}$, the membrane exhibits a balloon shape with a narrower base than the tubular body ([Fig. 2](#page-4-0), a and b , inset, labeled by triangles), whereas when $R_{\rm b} > R_{\rm p}$, a wider base connected to a narrower body is observed ([Fig. 2](#page-4-0), c and d , inset, labeled by triangles), which is more consistent with experimental observations ([7\)](#page-14-3).

For both BCs, the force barrier F_{max} is significantly reduced with increasing base radius R_b . When the base radius is increased from $0.5R_p$ to $3R_p$, the force barrier is reduced from $4f_p$ to $1.5f_p$ for the free-hinge BC and from

Fixed-base & Free-hinge

Fixed-base & Fixed-hinge

 $7f_p$ to $2f_p$ for the fixed-hinge BC [\(Fig. 2](#page-4-0), e and f, circles). These results suggest that a relatively wide base facilitates CME in yeast cells. With the parameters listed in [Table 2](#page-4-1), the force barrier to pull a membrane tube against a turgor

TABLE 2 Fitting parameters to compare with experimental data

Symbols	Physical meaning	Values for the free-hinge BC	Values for the fixed-hinge BC
P	turgor pressure	1 MPa	1 MPa
$R_{\rm p}$	characteristic	16 nm	21 nm
c ₀	tube radius spontaneous curvature of the membrane	0.063 nm ⁻¹	0.048 nm ⁻¹
	induced by the protein coat		
a ₀	coating area of proteins	1609 nm ²	2771 nm^2
$R_{\rm b}$	base radius of the membrane patch	32 nm	42 nm
σ	surface tension at the base	0.032 pN/nm	0.042 pN/nm
α	control parameter for the sharpness of the coating edge	0.006 nm ⁻²	0.004 nm ⁻²

FIGURE 2 Effect of the base radius R_b on the membrane shape and force requirement. $(a-d)$ Force-height relationship f-L of membrane deformations for a fixed base radius $R_b/R_p = 0.5$ in (a) and (b) and $R_b/R_p = 2$ in (c) and (d), where R_p is the characteristic tube radius ([Eq. 4](#page-3-0)). The spontaneous curvature $c_0R_p = 0$. Insets show membrane shapes at the points indicated by the corresponding symbols on the $f-L$ curve. The square indicates the critical shape where the membrane is about to form a neck. The scale bar corresponds to the characteristic tube radius R_p . (*e* and *f*) Force barrier F_{max} (*circle*), initiation force F_{init} (diamond), and elongation force F_e (square) for varying base radii R_b . The solid curve represents the analytical solution for F_{init} . (a–f) In the left column $(a, c, and e)$, the free-hinge BC is imposed at the base points $R = R_b$, and in the right column $(b, d, and f)$, the fixed-hinge BC is imposed. On the left and bottom axes (black), nondimensionalized quantities are used, and on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in [Table 2](#page-4-1) except $R_b = 8$ nm in (*a*) and $R_b = 10.5$ nm in (*b*). To see this figure in color, go online.

pressure of 1 MPa can be reduced to 3500 pN for the freehinge BC and 8000 pN for the fixed-hinge BC when the base radius R_b is greater than 30 nm ([Fig. 2,](#page-4-0) e and f, circles). For the rest of the study, we fix the base radius at $R_b = 2R_p$ and study the other factors that influence the membrane shape and the force to pull a membrane tube.

The ability of a fully covered protein coat to reduce the force barrier and the initiation force depends on BCs

In this section, we consider the effect of a uniform coat of curvature-generating proteins on membrane deformations. The ability of curvature-generating proteins to induce membrane curvature is characterized by the spontaneous curvature c_0 in the model. When the spontaneous curvature c_0 is small, e.g., $c_0R_p = 0.2$, the f-L curves show similar trends as a fully uncoated membrane. However, a new branch of solutions with negative forces emerges [\(Fig. 3,](#page-5-0) a and b , dashed line). On this branch, the membrane exhibits a highly curved Ω -shape and has part of the shape lying below the plane $z = 0$. The membrane, therefore, may interact with the

FIGURE 3 Effect of the spontaneous curvature c_0 on membrane shape and force requirement for a fully coated membrane. $(a-d)$ Force-height $(f-L)$ relationship of membrane deformations for a fixed spontaneous curvature $c_0R_p = 0.2$ in (a) and (b) and $c_0R_p = 1$ in (c) and (d). Insets show membrane shapes at the points indicated by the corresponding symbols on the f-L curve. The square indicates the critical shape where the membrane is about to form a neck. The scale bar corresponds to R_p . In (a) – (d) , the solid line indicates shapes of the lowest free energy, and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts below $z = 0$. (e and f) Force barrier F_{max} (circle), initiation force F_{init} (diamond), and elongation force F_e (square) for varying c_0 . The solid curve represents the analytical solution for F_{init} . $(a-f)$ In the left column $(a, c, and e)$, the free-hinge BC is imposed at the base points $R_b = 2R_p$, and in the right column $(b, d, and f)$, the fixed-hinge BC is imposed. On the left and bottom axes (black), nondimensionalized quantities are used, and on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in [Table 2.](#page-4-1) To see this figure in color, go online.

cell wall. This interaction is not considered in our model. The branch terminates at a limiting shape of a closed spherical vesicle budding off from the base $(Fig. 3, a$ $(Fig. 3, a$ and b, inset, labeled by stars). The free energy of the membrane on this negative-force branch is significantly higher than that on the positive-force branch (Fig. S1), thus being energetically unfavorable. Hereafter, the free energy refers to [Eq. 1](#page-2-0) excluding the contribution $-fL$ from the external pulling force.

When the spontaneous curvature c_0 is large, e.g., $c_0R_p =$ 1, the f-L curve breaks into two branches, each branch only covering part of the membrane height ([Fig. 3,](#page-5-0) c and d). In the small- L branch, one L has two corresponding forces f . The larger f corresponds to a solution with a dome shape ([Fig. 3,](#page-5-0) c and d, inset, labeled by circles), and the smaller f corresponds to a solution with an Ω -shape [\(Fig. 3](#page-5-0), c and d, inset, labeled by hexagons). The dome shape has lower free energy than the Ω -shape for the same membrane height L and therefore is energetically more stable (Fig. S1, c and d). The large-L branch starts from a point at which the force f is slightly above zero, and the shape of the membrane is shown as a vesicle budding off from the base ([Fig. 3](#page-5-0), c and d, inset, labeled by stars). This shape has the lowest free energy in the large-L branch, which implies that if a long tube is pulled up and maintained by a force, when the force is gradually released, the tube retracts, and a vesicle spontaneously forms and detaches from the base of the membrane.

For a fully coated membrane, increasing the spontaneous curvature c_0 is able to reduce the elongation force F_e . With increasing c_0R_p from 0 to 1, F_e shows exactly the same dependence on c_0 for both BCs and drops from f_p to about $0.2f_p$ ([Fig. 3,](#page-5-0) e and f, squares). However, the impact of the spontaneous curvature c_0 on the initiation force F_{init} and the force barrier F_{max} shows qualitative differences between the two BCs: 1) under the free-hinge BC, the initiation force F_{init} drops down with increasing c_0 and becomes negative for $c_0R_p > 0.5$ ([Fig. 3](#page-5-0) *e*, diamonds and solid line). This negative F_{init} implies that the membrane is spontaneously bent off the cell wall without external forces. By contrast, under the fixed-hinge BC, the initiation force F_{init} remains positive and almost constant (Fig. $3 f$, diamonds and solid line); and 2) the force barrier F_{max} noticeably decreases from 1.5 f_{p} to f_p with increasing $c₀$ under the free-hinge BC, whereas F_{max} remains almost constant at $2f_p$ under the fixed-hinge BC ([Fig. 3,](#page-5-0) e and f, circles).

In biological terms, our results suggest that for a membrane fully coated with curvature-generating proteins, the

protein coat might significantly reduce the forces to start deforming the membrane if the membrane angle at the base is free to rotate. However, the protein coat has little impact on the forces if the membrane angle is fixed to zero. With the parameters listed in [Table 2](#page-4-1), the force barrier to pull a membrane tube for the fixed-hinge BC can be reduced from 3500 pN for a fully uncoated membrane to 2500 pN for a fully coated membrane [\(Fig. 3](#page-5-0) e, circles), but the force barrier is kept at 8000 pN for the fixed-hinge BC, regardless of the spontaneous curvature (Fig. $3 f$, circles).

Partially coating the membrane with curvaturegenerating proteins can reduce the initiation force and the force barrier, but not the elongation force

In this section, we study the inhomogeneous model in which the membrane is coated with curvature-generating proteins only around the tip, thus mimicking the distribution of clathrin and other adaptor proteins. The spontaneous curvature in our model spatially varies as

Fixed-base & Free-hinge

Fixed-base & Fixed-hinge Membrane height (nm)

120 150

6

90 120 150

6

 $\overline{4}$ 5

 1.5

g

 $\overline{0}$

 $\overline{8}$

8

 $\overline{0}$

8

Ŕ g

 \overline{c}

 $(10³)$

Force

pN)

 $=$ orce $(10³)$

2)

 $=$ orce $(10³)$

30 60 90

 \overline{c}

30 60

 $\overline{2}$

 0.5

 $\overline{4}$

Membrane height (L/R_p)

Membrane height (nm)

 $\overline{4}$

Membrane height (L/R_p)

Coating area (10³ nm²)

 $\mathbf{1}$

Coating area $(a_0/[2\pi R_p^2])$

3

$$
c_0(a) = \frac{c_0}{2} \{ 1 - \tanh[\alpha(a - a_0)] \},
$$
 (6)

where $a(s)$ is the surface area calculated from the tip to the position of arclength s. The parameter α controls the sharpness of the coating edge. The coating area of proteins is denoted by a_0 , and these proteins induce a spontaneous curvature of c_0 in the coated region of the membrane. This form of spontaneous curvature has been used in many previous studies (16,17,19,20).

We first vary the coating area a_0 while fixing the spontaneous curvature at $c_0R_p = 1$. When a_0 is small, the f-L curves are nonmonotonic with a single force barrier F_{max}^1 at a low membrane height, similar to that of a bare membrane (data not shown). However, when a_0 is above a critical value, a second force barrier F_{max}^2 emerges on the f-L curve at a higher membrane height at which the membrane exhibits an Ω -shape ([Fig. 4](#page-6-1), a and b, inset, labeled by triangles). For $a_0/(2\pi R_p^2) = 1$, the protein coat forms a
hemispherical can when the membrane is pulled un into a hemispherical cap when the membrane is pulled up into a tubular shape [\(Fig. 4](#page-6-1), a and b , inset, labeled by triangles).

> FIGURE 4 Effect of the coating area a_0 of curvature-generating proteins on membrane shape and force requirement for a partially coated membrane. $(a-d)$ Force-height $(f-L)$ relationship of membrane deformations for a fixed coating area $a_0/(2\pi R_p^2)$ = 1 in (a) and (b) and $a_0/(2\pi R_p^2)$ = 2 in (c) and (d). In 1 in (a) and (b) and $a_0/(2\pi R_p^2) = 2$ in (c) and (d). In-
sets show membrane shapes at the points indicated sets show membrane shapes at the points indicated by the corresponding symbols on the f-L curve. The orange part represents the area of the membrane coated with proteins, and the green part represents the bare membrane. The scale bar corresponds to R_p . In (a)–(d), the solid line indicates shapes of the lowest free energy, and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts below $z = 0$. (e and f) Low-height force barrier F_{max}^1 (circle), high-height force barrier F_{max}^2 (star), and initiation force F_{init} (diamond) for varying a_0 . $(a-f)$ In the left column $(a, c, and e)$, the free-hinge BC is imposed at the base points $R_b = 2R_p$, and in the right column $(b, d, and f)$, the fixed-hinge BC is imposed. On the left and bottom axes (black), nondimensionalized quantities are used, and on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in [Table 2.](#page-4-1) To see this figure in color, go online.

The initiation forces are negative for both BCs, and the zero force $f = 0$ intersects with the f-L curve at a positive membrane height ([Fig. 4,](#page-6-1) a and b, inset, labeled by circles). For a very large coating area $(a_0/(2\pi R_p^2)) = 2$), the membrane
is almost fully coated with proteins when the membrane is is almost fully coated with proteins when the membrane is flat ([Fig. 4](#page-6-1) c, *inset*, labeled by *circles*). The $f-L$ curve is broken into two branches, each branch only covering part of the membrane height ([Fig. 4,](#page-6-1) c and d), similar to the f-L curve of a fully coated membrane. The two branches might overlap in some intermediate membrane heights. For the free-hinge BC, the zero force $f = 0$ intersects with the f-L curve at three points, two of them lying on the small-L branch and the third one on the large-L branch ([Fig. 4](#page-6-1) c, inset, labeled by circles and squares in the small-L branch and *triangles* in the large-L branch). The two points on the small-L branch correspond to a dome shape of low free energy and a tubular shape of high free energy (Fig. S2 c, circles and squares). Therefore, in the absence of forces, the membrane adopts a dome shape, spontaneously curved off from the cell wall. The one point on the large-L branch corresponds to a highly curved Ω -shape with a narrow neck ([Fig. 4](#page-6-1) c , *inset*, labeled by *trian*gles), which is the final shape of a long membrane tube when it retracts upon force release. The large-L branch starts with a limiting membrane shape that is a closed vesicle budding off from the base [\(Fig. 4](#page-6-1) c, inset, labeled by stars). In contrast with the fully coated membrane, the force at this point is negative, which means that a downward force is further needed to push the membrane into a budding vesicle when the membrane tube retracts. Under the fixed-hinge BC, the *f-L* curve for $a_0/(2\pi R_p^2) = 2$ shows similar features
with that of the free-hinge BC except that the dome-shaped with that of the free-hinge BC, except that the dome-shaped solution at $f = 0$ does not exist [\(Fig. 4](#page-6-1) d). This is because the initiation force F_{init} is positive and the membrane cannot be spontaneously curved off from the cell wall.

Despite some common features in the f-L curves for both BCs, differences also exist: 1) under the free-hinge BC, the initiation force F_{init} decreases and remains negative with increasing a_0 , whereas under the fixed-hinge BC, F_{init} is negative for intermediate values of a_0 and becomes positive for larger a_0 ([Fig. 4](#page-6-1), e and f, diamonds); 2) a similar difference is also observed for the low-height force barrier F_{max}^1 , which is monotonically decreasing with a_0 under the freehinge BC, whereas it is nonmonotonic under the fixed-hinge BC [\(Fig. 4,](#page-6-1) *e* and *f*, *circles*).

For a partially coated membrane, the low-height force barrier F_{max}^1 can be significantly reduced to below f_p for some coating areas ([Fig. 4,](#page-6-1) e and f , circles), whereas the high-height force barrier F_{max}^2 increases with a_0 and remains above f_p [\(Fig. 4](#page-6-1), e and f, stars). This is because the force barrier F_{max}^2 must be greater than the elongation force F_{e} , which equals f_p for both BCs and any coating areas. This tradeoff between the two force barriers implies there is an optimum coating area that minimizes the overall force barrier. With the parameters listed in [Table 2](#page-4-1), the optimum coating area is about 1200 nm^2 for the free-hinge BC and 2000 nm^2 for the fixed-hinge BC. The minimal force barrier is about 2500 pN for the free-hinge BC and about 4000 pN for the fixed-hinge BC. Compared with the force barrier of 8000 pN for a fully coated membrane under the fixed-hinge BC, partially coating the membrane significantly reduces the force barrier.

Increasing the spontaneous curvature of a partially coated membrane leads to a sharp transition of the membrane shape

In this section, we vary the spontaneous curvature c_0 while fixing the coating area $(a_0/(2\pi R_p^2)) = 1$) to study how c_0 in-
fluences the f-*I* curves for a partially coated membrane fluences the *f-L* curves for a partially coated membrane. Upon gradually increasing c_0 , the f-L curve shows similar trends to what we observed when increasing the coating area. Above a critical value of c_0 , a high-height force barrier F_{max}^2 appears on the f-L curve in addition to the low-height force barrier F_{max}^1 ([Fig. 5,](#page-8-0) a and b). Further increasing the spontaneous curvature c_0 splits the $f-L$ curve into two branches, a small- L branch and a large- L branch [\(Fig. 5](#page-8-0), c and d). A striking new feature is that when $c_0R_p = 2$, the force for the entire small-L branch falls below zero ([Fig. 5](#page-8-0), c and d). The zero force $f = 0$ intersects with the f -L curve on the long-L branch at only one point, which corresponds to a highly curved Ω -shape [\(Fig. 5](#page-8-0), c and d, inset, labeled by squares). This shape has the lowest free energy (Fig. S3, c and d, labeled by squares), which implies that even in the absence of forces, increasing the spontaneous curvature c_0 can lead to a transition of the membrane from the dome shape in the small-L branch to the Ω -shape in the large-L branch. The membrane height has a sharp increase during this transition.

The spontaneous curvature c_0 not only influences the forces but also the morphology of the clathrin coat. When $c_0R_p = 2$, the clathrin coat tends to bend the membrane to a narrow radius of $\sim 0.5R_p$, and the coated area exhibits a pearl-like structure when elongated (Fig. 5 , c and d , trian*gles*). However, for $c_0R_p = 1$, the clathrin coat maintains a roughly hemispherical cap [\(Fig. 4,](#page-6-1) a and b , triangles).

Both the low-height force barrier F_{max}^1 and the initiation force F_{init} linearly decrease with increasing c_0 [\(Fig. 5](#page-8-0), e and f, circles and diamonds), and they become negative when c_0 is beyond a critical value. By contrast, the highheight force barrier F_{max}^2 linearly increases with c_0 [\(Fig. 5](#page-8-0), e and f, stars) and remains above f_p . The optimum spontaneous curvature, which has the minimal force barrier, is about $0.8R_p^{-1}$ for both BCs. The corresponding force barrier is as much as f_p , which is the lowest force barrier one can achieve by partially coating the membrane with curvaturegenerating proteins. With the parameters listed in [Table 2](#page-4-1), the optimum spontaneous curvature corresponds to a preferred radius of about 40 nm for the free-hinge BC and 50 nm for the fixed-hinge BC. The force barrier for the

Membrane height (nm) Membrane height (nm) $2\frac{0}{1}$ b 30 60 90 120 Ω 30 60 90 120 150 \mathcal{P} 8 $(10³ pN)$ Force (10³ pN) Force (f/f_0) Force (f/f_p) $\overline{1}$ $\overline{2}$ Force ($\overline{0}$ $\overline{0}$ Ō $\overline{2}$ -1 -1 $\overline{0}$ $\mathbf 0$ \overline{c} $\overline{4}$ 8 $\overline{2}$ $\overline{4}$ $6\overline{6}$ $\overline{8}$ 6 Membrane height (L/R_p) Membrane height (L/R_p) Membrane height (nm) Membrane height (nm) d $2\frac{0}{1}$ $2\frac{0}{1}$ 90 90 120 150 30 60 120 30 60 8 4 Force (10³ pN) pN) Force (f/f_p) Force (f/f_0) $\overline{1}$ $(10³)$ $\overline{2}$ Force Ω $\mathbf 0$ $\overline{0}$ $\overline{0}$ -2 $\overline{8}$ 6 Ω 2 $\overline{4}$ 6 8 Membrane height (L/R_p) Membrane height (L/R_p) Spontaneous curvature (nm⁻¹) Spontaneous curvature (nm⁻¹) f Ω $1/16$ $1/8$ Ω $1/10.5$ $1/21$ \overline{c} $\overline{2}$ Force (10³ pN) Force (10³ pN) Force $(f/f_{\rm p})$ Force $(f/f_{\rm D})$ $\overline{0}$ ٥. $^{-1}$ ₀ 0.5 2 0.5 1 1.5 2 Ω 1 1.5

free-hinge BC is about 2500 pN and for the fixed-hinge BC is about 4000 pN.

Our theory agrees well with experiments

Spontaneous curvature (c_0R_p)

Fixed-base & Free-hinge

a

Low c₀

C

High c_o

e

The shapes of endocytic invaginations in budding yeast have been imaged with electron tomography [\(7](#page-14-3)). These shapes typically do not have perfect axisymmetry assumed in our model [\(Fig. 6,](#page-9-0) a and b). However, from these images one can numerically fit the membrane shape and extract geometric features of the shape, which typically include the tip radius R_t , the tip-neck distance D_t , and the membrane height $L(7)$ $L(7)$ $L(7)$. The tip radius R_t is defined as the reciprocal of the meridian curvature $\dot{\psi}$ averaged over an arc that extends over 15 nm from the endocytic invagination tip. The tip-neck distance D_t is defined as the distance from the center of the neck to the most distant profile point from the neck. The membrane height L is defined as the maximal height of the fitted profile above the base. The experimental data sets R_t vs. L and D_t vs. L contain the shape information of the endocytic invagination across different stages of CME. We use the two data sets as the fitting data to compare our FIGURE 5 Effect of the spontaneous curvature c_0 of curvature-generating proteins on membrane shape and force requirement for a partially coated membrane. $(a-d)$ Force-height $(f-L)$ relationship of membrane deformations for a fixed spontaneous curvature $c_0R_p = 0.6$ in (*a*) and (*b*) and $c_0R_p = 2$ in (*c*) and (*d*). Insets show membrane shapes at the points indicated by the corresponding symbols on the f-L curve. The orange part represents the area of the membrane coated with proteins and the green part represents the bare membrane. The scale bar corresponds to R_p . In (a)–(d), the solid line indicates shapes of the lowest free energy, and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts

below $z = 0$. (e and f) Low-height force barrier F_{max}^1 (circle), high-height force barrier F_{max}^2 (star), and initiation force F_{init} (diamond) for varying c_0 . $(a-f)$ In the left column $(a, c, and e)$, the free-hinge BC is imposed at the base points $R_b = 2R_p$, and in the right column $(b, d, \text{ and } f)$, the fixed-hinge BC is imposed. On the left and bottom axes (black), nondimensionalized quantities are used, and on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in [Table 2.](#page-4-1) To see this figure in color, go online.

theory with experiments. The fitting procedure is elaborated in the Appendix, in which we use the characteristic radius R_p as the single parameter to fit the data. We find the optimum R_p^* that minimizes the fitting error for the two data sets. For the free-hinge BC, the optimum $R_p^* = 16$ nm,
and for the fixed-hinge BC, $R^* = 21$ nm (Fig. SA). The fitting and for the fixed-hinge BC, $R_p^* = 21$ nm (Fig. S4). The fitting
errors at the optimum R^* are comparable for the two BCs errors at the optimum R_p^* are comparable for the two BCs, and we cannot distinguish which BC fits the experimental data better (Fig. S4).

Using the optimum R_p^* , our calculated membrane shapes agree well with the experimental profiles, particularly in the early stage when the membrane height is low [\(Fig. 6,](#page-9-0) *a* and *b*). For membrane shapes that are higher than 65 nm, experimental membrane shapes are typically asymmetric and exhibit a narrower neck than the calculated ones, probably because of the presence of other membrane proteins that arrive later during CME and impose a cylindrical curvature at the neck of the invagination (e.g., amphiphysins). These effects are not considered in our model.

As for the geometric features, experimental data show that the tip radius R_t drops from 50–100 to 15 nm

Spontaneous curvature (c_0R_p)

FIGURE 6 Comparison between our theory and experiments. (*a* and *b*) Membrane shapes obtained by electron tomography are grouped according to their heights and overlaid at the tip. The data come from the database [https://www.embl.de/](https://www.embl.de/download/briggs/endocytosis.html) [download/briggs/endocytosis.html](https://www.embl.de/download/briggs/endocytosis.html) maintained by the authors of ([7\)](#page-14-3). The membrane shapes obtained by our model are represented by solid curves. The orange part represents the area of the membrane coated with proteins, and the green part represents the bare membrane. $(c \text{ and } d)$ Comparison of the tip radius R_t between results obtained with our theory (line) and measured experimentally (dots). (e and f) Comparison of the neck to tip distance D_t between results obtained with our theory (line) and measured experimentally (dots). (g and h) Prediction of the force-height (f-L) relationship from our theory using the parameters listed in [Table 2](#page-4-1) that fit the experimental shapes in (a) and (b) . $(a-h)$ In the left column $(a, c, e, \text{ and } g)$, the free-hinge BC is imposed at the base points $R_b = 32$ nm, and in the right column $(b, d, f, \text{ and } h)$, the fixed-hinge BC is imposed at the base points $R_b = 42$ nm. To see this figure in color, go online.

as the membrane height increases. Our theory matches the trend of the experimental data, particularly for the part where $R_t < 40$ nm ([Fig. 6,](#page-9-0) c and d). The fitting for the tip radius with the free-hinge BC is slightly better than that with the fixed-hinge BC. For the tip-neck distance D_t , our theory predicts that D_t grows slowly with the membrane height L when L is less than 65 nm. Beyond this point, D_t scales almost linearly with L with a larger slope than the initial phase. This theoretical prediction again matches well with the experimental data ([Fig. 6,](#page-9-0) e and f). The fitting for the tip-neck distance with the fixed-hinge BC is slightly better than that with the fixedhinge BC.

We stress that the different optimum R_p^* -values for the two BCs result in a large difference in the magnitude of forces in the $f-L$ curve ([Fig. 6,](#page-9-0) g and h). This is because the unit of the force is the characteristic force f_p , which scales with the characteristic radius R_p as $f_p \propto R_p^2$. As a result, the force barrier is about 2500 pN for the free hinge, whereas it is about 4000 pN for the fixed hinge.

Fixed base is a more proper BC than freely moving base

We have focused on BCs for which the base radius of the membrane is fixed. For a membrane fully coated with curvature-generating proteins, the initiation force F_{init} either decreases with the intrinsic curvature c_0 under the free-hinge BC or is independent of c_0 under the fixed-hinge BC ([Fig. 3,](#page-5-0) e and f, diamonds and solid lines). A previous work (18) studied a similar homogeneous model but used the free-base and fixed-hinge BC (BC4 in [Table 1\)](#page-2-1). This BC led to the surprising conclusion that the initiation force F_{init} of a fully coated membrane is proportional to the spontaneous curvature c_0 , which implies that increasing the spontaneous curvature c_0 hinders CME because it raises

the force required to lift the membrane off the cell wall. In addition, as a result of the freely moving base, the model predicted that the base radius R_b approaches zero when the membrane height is low. This result is inconsistent with experimental observations that the base radius of membrane invaginations remains roughly the same during the entire course of CME, from shallow invaginations to long tubes (Fig. 6 , a and b). Therefore, the experimental data support our assumption that the base of the membrane is maintained at a fixed radius by endocytic proteins or by attachment to the cell wall. A recent systematic study of proteins involved in endocytosis by super-resolution microscopy revealed that many proteins are organized in concentric rings around the clathrin coat ([28\)](#page-14-5). These proteins may serve as anchors and may fix the base radius of the endocytic membrane. In addition, the actin network around the endocytic invagination can also impose constraints on the extent the membrane base can spread. Furthermore, we fix the surface tension at the fixed base radius. It implies the assumption that the lipids can flow past any structures that fix the membrane to the cell wall.

The different dependence of the initiation force F_{init} on c_0 between the fixed-base BC and the free-base BC can be clarified with a simple example. Because F_{init} is only related to the early stage of CME when the membrane is almost flat, we approximate the dome-shaped membrane as a spherical cap and calculate its free energy $E(R; c_0, R_b)$ as a function of the sphere radius R for different spontaneous curvatures c_0 and base radii R_b [\(Fig. 7](#page-10-0)). For the fixed-base BC, the base radius R_b is a constant. When $c₀$ is small, $E(R; c₀, R_b)$ decreases monotonically with R and has its minimum at $R = \infty$, which implies that a flat shape is more favorable than a curved one ([Fig. 7](#page-10-0) *a*). When c_0 becomes large, $E(R; c_0, R_b)$ has a nontrivial minimum at a finite radius R ([Fig. 7](#page-10-0) b, $R_b = 2R_p$), which implies that the membrane spontaneously bends into a curved shape. However, for the freebase BC assumed in the work of (18) , the base radius R_b becomes a free parameter and the free energy $E(R, R_b; c_0)$ is a function of both R and R_b . No matter how large $c₀$ is, the energy $E(R, R_b; c_0)$ always admits a trivial minimum at $R_b = 0$, which represents a solution without any deforma-tion ([Fig. 7,](#page-10-0) a and b, $R_b = 0R_p$). If a force f is applied, a nontrival minimum of the total free energy $F(R, R_{\rm b}; f, c_0) =$

 $E(R, R_{\rm b}; c_0) - fL(R, R_{\rm b})$ may exist for a positive force f (Fig. S5). However, the base radius for this nontrivial minimum is unrealistically narrow $(\sim 0.02$ nm; see Supporting materials and methods); therefore, a freely moving base is probably not a proper BC to model CME in yeast.

DISCUSSION

Free hinge versus fixed hinge

Our analysis of the experimental data favors the BC with a fixed base radius over that with a freely moving base. However, we cannot directly distinguish whether the angle of the membrane at the base is free to rotate (free hinge) or fixed to zero (fixed hinge) because both BCs show good agreements with the experimental data [\(Fig. 6](#page-9-0), $a-f$). Under the freehinge BC, the membrane shape has a kink at the base points. We stress that this discontinuity in the membrane angle is physically and biologically plausible. First, for a membrane fully coated with curvature-generating proteins, the membrane's spontaneous curvature can change abruptly at the base points and such discontinuity of the mechanical properties of the membrane will result in a kink. Second, for a partially coated membrane whose mechanical properties smoothly change across the base points, the kink can be induced by external factors. Though it is hypothetical, early-arriving endocytic proteins, such as myosin-I motors and BAR-domain proteins Syp1p, Cdc15p, and Bzz1p, form a ring-like structure around the clathrin-coated pit ([28\)](#page-14-5). The microscopic interactions between the ring, the membrane, and the cell wall determine the exact BCs. At the macroscopic level, the phenomenological method of membrane mechanics used in this work allows the presence of a kink as long as the underlying microscopic interactions permit it. The free-hinge BC is only one of the many possible BCs that form a kink. Even for the fixed-hinge BC, the fixed angle is not necessarily zero but determined by the microscopic interactions. When tuning the membrane angle at the base for the fixed-hinge BC, we notice that the force barrier to pull a bare membrane into a tube can be reduced by increasing the base angle (Fig. S6).

Our calculations assume a single type of BCs for the entire stage of CME. We have shown that the free-hinge

FIGURE 7 Free energy of membrane deformations under spherical cap approximation. $(a \text{ and } b)$ Free energy of the membrane as a function of the sphere radius R for $c_0R_p = 0$ in (a) and $c_0R_p = 1$ in (b). For different base radii R_b , the range of R is $[R_b, \infty]$, where $R = R_b$ corresponds to a hemispherical cap and $R = \infty$ corresponds to a flat shape. To see this figure in color, go online.

BC and the fixed-hinge BC might lead to dramatically different f-L curves. These results suggest a new way to regulate CME by tuning the BCs. By changing the BC from the fixed hinge to the free hinge, the force barrier is typically reduced. If at an early stage, the BC is fixed hinge, switching to free hinge permits the accumulated force to drive the transformation of the membrane from a dimple shape to a tubular shape, providing the force is larger than the force barrier determined by the free-hinge BC but smaller than the force barrier determined by the fixedhinge BC.

Homogeneous model versus inhomogeneous model

We have studied not only the homogeneous model, i.e., a fully coated (or fully uncoated) membrane, but also the inhomogeneous model, i.e., a partially coated membrane. Comparing the two models, we noted the following differences: 1) in the inhomogeneous model, two force barriers in the $f-L$ curve emerge as the spontaneous curvature c_0 increases, and the low-height force barrier can be significantly reduced, even to values below zero, with increasing c_0 ([Fig. 5](#page-8-0), e and f, circles). However, in the homogeneous model, there is only one force barrier, which can hardly be reduced with increasing c_0 , especially in the fixed-hinge BC ([Fig. 3](#page-5-0), e and f, circles). 2) The elongation force F_e can be reduced with c_0 in the homogeneous model ([Fig. 3,](#page-5-0) e and f, squares), whereas in the inhomogeneous model, it remains at a constant value of f_p regardless of BCs and parameter values of a_0 and c_0 . These differences suggest that a partially coated membrane can be spontaneously lifted up to a significant height via the curvature-generating protein coat, whereas it is impossible to do so when the membrane is fully coated.

Actin polymerization alone is insufficient to overcome the force barrier for CME in yeast cells even with the help of proteins that induce membrane curvature

One of the key questions we aimed to address in this work is how much force is needed to pull a membrane tube against high turgor pressure during CME. We have assumed a turgor pressure of 1 MPa and estimated that the force barrier is about 2500 pN for the free-hinge BC but 4000 pN for the fixed-hinge BC (Fig. 6 , g and h). In this calculation, we have assumed a point force acting on the membrane, which is a good approximation if the forces produced by actin filaments are concentrated near the tip of the membrane because the point force is the limit of a concentrated force distribution. We expect the point force is the most efficient way to deform a flat membrane into a tubular shape because it minimizes the total amount of force necessary to deform the membrane. Indeed, let us membrane such that the normal stress is larger than the turgor pressure at the stress-applied area. The stress is able to overcome the turgor pressure and therefore pulls the membrane up locally, and the stress-free parts of the membrane are raised up correspondingly. If the same amount of force is distributed on a larger area, the resulting stress is reduced and might be smaller everywhere on the membrane than the turgor pressure and therefore could not pull the membrane up. As an attempt to test this idea, we calculated the f-L curve assuming the forces are distributed within an area of a_f near the membrane tip and pointing in the normal direction. In agreement with our expectation, when the forces are distributed on a larger area a_f , a larger magnitude of the total force f is needed to pull up the membrane, and the increase in the magnitude of the force barrier can be more than twofold (Fig. S8, a and b). Nevertheless, the *z*-component of the total force remains the same with the value calculated with the point force assumption when the membrane height is large (Fig. S8, c and d). Based on this argument, we expect our results provide a lower bound for the magnitude of the force barrier and a good estimation for the z-component of the elongation force. However, even 2500 pN is still beyond the force $(<200 \text{ pN})$ that can be generated by polymerization alone of 150–200 actin filaments at the endocytic site $(46,51)$ $(46,51)$ $(46,51)$ given that the measured polymerization force for a single filament is only 1 pN, the force generated by a group of filaments is usually smaller than the sum of each individual ones, and a large fraction of the filaments are capped ([52\)](#page-15-0). Investigating non-polymerization-based force production by the actin machinery will be our future work. A possible way is to release the elastic energy stored in geometrically frustrated cross-linkers, such as fimbrin ([53](#page-15-1)[,54](#page-15-2)). There are some important factors about CME in yeast cells we do not consider in our model. The clathrin coat in general is stiffer than the plasma membrane ([44\)](#page-14-13). Therefore, the clathrin-coated part of the membrane should have a larger bending rigidity κ than the uncoated part. There are also BAR proteins that bind to the side of the membrane invagination, and they impose an anisotropic curvature on the membrane. Investigating these missing factors will help us provide a more accurate estimation of the force requirement to pull the membrane up against turgor pressure for CME in yeast cells.

consider a concentrated force distribution acting on the

CONCLUSIONS

We have studied membrane deformations driven by a point force and by curvature-generating proteins in the presence of a high turgor pressure. A significant amount of force is required to deform the membrane as a result of the high turgor pressure. We have investigated possible ways to reduce the force requirement. This includes fully or partially coating the membrane with curvature-generating proteins and letting the membrane angle at the base freely rotate. By comparing with experimental data, we have shown that the BC with a fixed base radius is more appropriate than the freely moving base in describing membrane invaginations at the endocytic sites. The minimal force barrier predicted by our theory is about 2500 pN.

APPENDIX

Derivation of the membrane shape equations

The membrane shape is parameterized with its meridional coordinates $[R(s), Z(s)]$, which are related to the tangent angle $\psi(s)$ via the geometrical relation

$$
\dot{R} = \cos \psi \tag{7}
$$

and

$$
\dot{Z} = -\sin\psi. \tag{8}
$$

To obtain the Euler-Lagrange equation associated with the free energy [Eq. 1,](#page-2-0) we express G in [Eq. 2](#page-2-5) explicitly as

$$
\mathcal{G} = \frac{\kappa}{2} R \left(\dot{\psi} + \frac{\sin \psi}{R} - c_0 \right)^2 + \sigma R + \frac{pR^2}{2} \sin \psi - \frac{f}{2\pi} \sin \psi
$$

$$
+ \gamma \left(\dot{R} - \cos \psi \right) + \eta \left(\dot{Z} + \sin \psi \right). \tag{9}
$$

Here, we introduce the rescaled Lagrangian multiplier $2\pi\gamma(s)$ and $2\pi\eta(s)$ to impose the geometric constraints set by [Eqs. 7](#page-12-0) and [8](#page-12-1) The variation of the functional G in [Eq. 2](#page-2-5) reads

$$
\frac{\delta G}{2\pi} = \int_0^S ds \left\{ \left[\frac{\partial \mathcal{G}}{\partial \psi} - \frac{d}{ds} \frac{\partial \mathcal{G}}{\partial \dot{\psi}} \right] \delta \psi + \left[\frac{\partial \mathcal{G}}{\partial R} - \frac{d}{ds} \frac{\partial \mathcal{G}}{\partial \dot{R}} \right] \delta R \n+ \frac{\partial \mathcal{G}}{\partial \gamma} \delta \gamma + \frac{\partial \mathcal{G}}{\partial \eta} \delta \eta \right\} \n+ \frac{\partial \mathcal{G}}{\partial \dot{\psi}} \delta \psi \big|_{s=0}^{s=S} + \frac{\partial \mathcal{G}}{\partial \dot{R}} \delta R \big|_{s=0}^{s=S}, \tag{10}
$$

which contains both the bulk terms (first line) and the boundary terms (second line). The Euler-Lagrange equations can be obtained by the vanishing bulk terms, which are reduced to

$$
\ddot{\psi} = \frac{\cos \psi \sin \psi}{R^2} - \frac{\dot{\psi}}{R} \cos \psi + \frac{p}{2\kappa} R \cos \psi + \frac{\gamma}{\kappa R} \sin \psi
$$

$$
+ \frac{\eta}{\kappa R} \cos \psi - \frac{f}{2\pi \kappa R} \cos \psi,
$$
(11)

$$
\dot{\gamma} = \frac{1}{2}\kappa\left(\dot{\psi} - c_0\right)^2 - \frac{\kappa \sin^2 \psi}{2R^2} + \sigma + pR \sin \psi, \qquad (12)
$$

and

$$
\dot{\eta} = 0,\t(13)
$$

as well as [Eqs. 7](#page-12-0) and [8](#page-12-1).

For the homogeneous model, the spontaneous curvature c_0 is uniform and G is explicitly independent of the arclength s . This symmetry leads to a conserved quantity ([55\)](#page-15-3)

$$
\mathcal{H} \equiv \frac{\kappa}{2} R \left[\dot{\psi}^2 - \left(\frac{\sin \psi}{R} - c_0 \right)^2 \right] - \frac{p}{2} R^2 \sin \psi - \sigma R
$$

+ \gamma \cos \psi - \eta \sin \psi + \frac{f}{2\pi} \sin \psi
= 0. (14)

For the inhomogeneous model, the spontaneous curvature $c_0[a(s)]$ is spatially varied over the arclength s as depicted by [Eq. 6.](#page-6-0) The variation of the functional G in [Eq. 10](#page-12-2) needs to change to include a spatially varied surface tension $\sigma(s)$ to ensure that the membrane area is locally unstretchable. The detailed derivation can be found in (16). The equation for σ reads

$$
\dot{\sigma} = \kappa \left(\frac{\sin \psi}{R} + \dot{\psi} - c_0 \right) \dot{c}_0.
$$
 (15)

In addition to the varied surface tension, [Eq. 11](#page-12-3) for the membrane angle ψ needs to change to include a new term c_0 ,

$$
\ddot{\psi} = \frac{\cos\psi\sin\psi}{R^2} - \frac{\dot{\psi}}{R}\cos\psi + \frac{p}{2\kappa}R\cos\psi + \frac{\gamma}{\kappa R}\sin\psi
$$

$$
+ \frac{\eta}{\kappa R}\cos\psi - \frac{f}{2\pi\kappa R}\cos\psi + \dot{c}_0.
$$
(16)

It is easy to verify that the new Eqs. 15 and 16 , together with Eqs. 12 and [13](#page-12-7), ensure that H is conserved, i.e., $\dot{\mathcal{H}} = 0$.

When considering the effect of distributed forces, we assume the forces are localized in an area of a_f near the membrane tip and pointing in the normal direction. Specifically, we express the normal stress (force per unit area) g_n as the following form:

$$
g_n = \frac{g_n^0}{2} \left\{ 1 - \tanh\left[\alpha_f \left(a - a_f\right)\right] \right\},\tag{17}
$$

where g_n^0 denotes the magnitude of the normal stress within the area a_f where forces are loaded, and α_f controls the sharpness of the force drop at a_f . In this case, [Eqs. 12](#page-12-6) and [13](#page-12-7) need to make the following changes:

$$
\dot{\gamma} = \frac{1}{2}\kappa\left(\dot{\psi} - c_0\right)^2 - \frac{\kappa \sin^2 \psi}{2R^2} + \sigma + pR \sin \psi - g_n R \sin \psi \tag{18}
$$

and

$$
\dot{\eta} = -g_n R \cos \psi. \tag{19}
$$

The total force f is calculated as the surface integral of the normal stress

$$
f = 2\pi \int_0^S g_n R ds.
$$
 (20)

The z-component of the force reads

$$
f_z = 2\pi \int_0^S g_n R \cos \psi ds.
$$
 (21)

Derivation of the BCs

To get proper BCs, we set the boundary terms in Eq. 10 to zero. At the membrane tip (s = 0), R = 0 by definition, and we choose $\psi = 0$ to avoid any singularity. As a result, $\delta R = 0$ and $\delta \psi = 0$, and the boundary terms automatically vanish.

At the base of the invagination ($s = S$), as a result of the product of two conjugate variables $\frac{\partial \mathcal{G}}{\partial \psi}$ and $\delta \psi$, we have the freedom to let either $\frac{\partial \mathcal{G}}{\partial \psi} = 0$, i.e., the membrane can be freely rotate (free-hinge BC), or $\delta \psi = 0$, i.e., the angle of the membrane is fixed (fixed-hinge BC). Similarly, we can choose $\frac{\partial \mathcal{G}}{\partial \mathcal{R}} = 0$, i.e., the hose radius is fixed. The i.e., the base can freely move, or $\delta R = 0$, i.e., the base radius is fixed. The combination of the two choices makes up the four possible BCs listed in [Table 1](#page-2-1).

Numerical methods to calculate the force-height (f-L) relationships

For the homogeneous model with a uniform spontaneous curvature c_0 , [Eqs. 7](#page-12-0), [11,](#page-12-3) and [12](#page-12-6) and $\eta = 0$ constitute a complete system of equations, which are numerically solved by a shooting method that has been widely used in Helfrich models (18[,50](#page-14-19)). The idea is to numerically integrate the three equations from the membrane tip $s = 0$ with MATLAB solver ode45 (The MathWorks, Natick, MA) until the free-hinge BC or the fixed-hinge BC is met. The numerical integration needs input of the initial values of $R(s = 0)$, $\psi(s = 0)$, $\psi(s = 0)$, and $\gamma(s = 0)$. The radius $R(s = 0)$ should be zero at the membrane tip. However, [Eqs. 11](#page-12-3) and [12](#page-12-6) have a singular point at $R = 0$. To avoid the singular point, we set $R(s = 0) = \varepsilon R_p$, where $\epsilon = 0.001$ is chosen to be a small number such that values smaller than 0.001 do not produce numerically distinguishable results. The initial angle $\psi(s = 0) = 0$ is to ensure continuity of the membrane shape at the tip. The derivative $\dot{\psi}$ (s = 0) is the tuning parameter to match the BCs. For any given ψ (s = 0), γ (s = 0) is solved via [Eq. 14.](#page-12-8) Once the four initial values are set, the numerical integration continues until the free-hinge BC or the fixedhinge BC is met. This is achieved by setting the termination event function in the ode45 solver. The membrane height $L = \int_0^S \sin \psi ds$ is then obtained
via Eq. 8. Note that for different trials, the final arclanath S when the solver via [Eq. 8.](#page-12-1) Note that for different trials, the final arclength S when the solver terminates are different. The shooting method is to find a proper pair of $(\psi(s = 0), f)$ such that when the integration terminates, i.e., the free-hinge BC or the fixed hinge has been satisfied, the other BCs $R = R_b$ and $L = L_0$ are fulfilled for a particular membrane height L_0 . To construct the f-L curve, once we get the solution of $(\dot{\psi}^*(s = 0), f^*)$ for a particular L_0 , we extend the membrane height L with a small increment to $L_0 + \Delta L$. The solution $(\psi^*(s = 0), f^*)$ for $L = L_0$ is then used as the initial trial for searching the solution for $L = L_0 + \Delta L$.

For the inhomogeneous model with a spatially varied spontaneous curvature $c_0(s)$ defined by [Eq. 6](#page-6-0), [Eqs. 7,](#page-12-0) [12,](#page-12-6) [15,](#page-12-4) and [16](#page-12-5) and $\dot{a} = 2\pi R$ and $\eta =$ 0 constitute a complete system of equations. In addition to the four initial values required by the homogeneous model, $a(s = 0)$ and $\sigma(s = 0)$ are needed to numerically integrate the equations. We set $a(s = 0) = 0$ and tune the combination of ($\psi(s = 0)$, $\sigma(s = 0)$, f) to match $R = R_b$, $L = L_0$, and $\sigma = \sigma_0$ when the solver terminates. The *f-L* curve is constructed in a similar way by gradually extending the membrane height L with small increment of ΔL .

When considering the effect of distributed forces on a homogeneous membrane, [Eqs. 7](#page-12-0), [11](#page-12-3) (with $f = 0$), [18,](#page-12-9) and [19](#page-12-10), and $\dot{a} = 2\pi R$ constitute a complete system of equations. In addition to the four initial values required by the homogeneous model, $a(s = 0)$ and $\eta(s = 0)$ are needed to numerically integrate the equations. We set $a(s = 0) = 0$ and $\eta(s = 0) = 0$ and tune the combination of $(\dot{\psi}(s=0), g_n^0)$ to match $R = R_b$ and $L = L_0$
when the solver terminates. The total force is calculated with (20) when the solver terminates. The total force is calculated with (20) .

Numerical procedure to fit the experimental data

We have seven parameters in the inhomogeneous model listed in [Table 2.](#page-4-1) The turgor pressure p is fixed at $p = 1$ MPa. For the remaining six parameters, we express five of them as the function of the characteristic radius R_p and use R_p as the single parameter to fit the experimental data. The surface tension at the base σ is set to be 0.002pR_p such that the surface tension σ plays a much less important role than the turgor pressure p in determining the tube radius because $\sqrt{\kappa/2\sigma} = 22R_p >> R_p$. The base radius R_b is fixed at $R_a = 2R$ such that for a bare mambring the force barrier $F_a = 28.8$ func at $R_b = 2R_p$ such that for a bare membrane, the force barrier F_{max} as a function of R_b is close to the plateau and not sensitive to the variation of base radius (see [Fig. 2,](#page-4-0) e and f). Based on the experimental observation that the copy number of clathrin molecules stays small and almost constant during the assembly and disassembly of actin meshwork [\(46\)](#page-14-15) and the measured copy number of 30–40 implies a hemispherical cap of the clathrin coat, we assume the coating area $a_0 = 2\pi R_p^2$ and the spontaneous curvature $c_0 = 1/P$. The sharpness of the coating adge is controlled by the parameter α $1/R_p$. The sharpness of the coating edge is controlled by the parameter α , which is set to be $10/(2\pi R_p^2)$. Values of α greater than $10/(2\pi R_p^2)$ do not make a difference on the resulting $f-L$ curve (Fig. S7).

We use the geometric features R_t and D_t vs. membrane height L as our fitting data. For the data points of $\{(L^i, R^i)\}, i = 1, ..., M$ in [Fig. 6,](#page-9-0) c and the corresponding theoratical prediction of the tip radius $\text{Th}(L^i)$ is d, the corresponding theoretical prediction of the tip radius $\text{ThR}(L^i)$ is calculated for a given R_p . The fitting error then reads

$$
err1 = \frac{1}{M} \sum_{i=1}^{M} |R_t^i - \text{ThR}(L^i)|.
$$
 (22)

Similarly, the fitting error for the distance from neck to tip D_t reads

$$
err2 = \frac{1}{M} \sum_{i=1}^{M} |D_t^i - ThD(L^i)|,
$$
 (23)

where ThD(Lⁱ) denotes the theoretical prediction of D_t at $L = L^i$. When
tting arr \perp arr 2 as a function of the fitting parameter P , we find the plotting err1 + err2 as a function of the fitting parameter R_p , we find the optimum R_p^* that minimizes the sum err1 + err2 (Fig. S4).

SUPPORTING MATERIAL

Supporting material can be found online at [https://doi.org/10.1016/j.bpj.](https://doi.org/10.1016/j.bpj.2021.02.033) [2021.02.033](https://doi.org/10.1016/j.bpj.2021.02.033).

AUTHOR CONTRIBUTIONS

R.M. and J.B. designed the research. R.M. carried out all simulations and analyzed the data. R.M. and J.B. wrote the article.

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Supplemental information

Endocytosis against high turgor pressure is made easier by partial coating and freely rotating base

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Supporting Material for "Endocytosis against high turgor pressure is made easier by partial protein coating and a freely rotating base"

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DERIVATION OF THE ANALYTICAL SOLUTION FOR THE INITIATION FORCE

The derivation here is based on the analytical solution obtained in the work of (1) in the limit of small angles. It assumes that the membrane is almost flat such that the tangential $\psi \ll 1$. Keeping only the first order of ψ and its derivatives and performing the coordinate transformation of $\psi(s)$ to $\psi(R)$, the shape equation can be reduced to

$$
R^{2}\psi'' + R\psi' - (R^{2}\frac{\sigma_{\text{eff}}}{\kappa} + 1)\psi = -\frac{f}{2\pi\kappa}R + \frac{p}{2\kappa}R^{3}
$$
(S1)

where the prime (') indicates the derivative with respect to the radial coordinate R and $\sigma_{\text{eff}} = \sigma + \frac{1}{2} \kappa c_0^2$.

The general solution to Eq. (S1) that satisfies the boundary condition at the tip $\psi(R = 0) = 0$ reads

$$
\psi(R) = \frac{f}{2\pi\sigma_{\text{eff}}} \frac{1}{R} - \frac{1}{2} \frac{p}{\sigma_{\text{eff}}} R - \frac{f}{2\pi\sqrt{\kappa\sigma_{\text{eff}}}} K_1(R\sqrt{\sigma_{\text{eff}}/\kappa}) + cI_1(R\sqrt{\sigma_{\text{eff}}/\kappa})
$$
(S2)

where $I_i(x)$ and $K_i(x)$ are modified Bessel functions. The constant c is determined by the other boundary condition at $R = R_b$. For the free-hinge BC, it reads

$$
\psi' + \frac{\psi}{R} = c_0. \tag{S3}
$$

For fixed-hinge BC, it reads

 $\psi = 0.$ (S4)

To calculate the initiation force F_{init} , we set the membrane height $L = 0$, i.e.,

$$
\int_0^{R_\mathrm{b}} \psi(R) = 0 \tag{S5}
$$

For the free-hinge BC, the initiation force in the limit of $\sigma \to 0$ reads

$$
\frac{F_{\text{init}}}{2\pi} = \frac{4(\kappa c_0^3 + 2p) \left[1 - I_0(c_0 R_b / \sqrt{2}) \right] + p c_0^2 R_b^2 I_0(c_0 R_b / \sqrt{2})}{2c_0^2 \left\{ 2K_0(c_0 R_b / \sqrt{2}) + I_0(c_0 R_b / \sqrt{2}) \left[2\gamma - \ln(8) + 2\ln(c_0 R_b) \right] \right\}},\tag{S6}
$$

where γ is the Euler constant. As a special case $c_0 \rightarrow 0$, Eq. (S6) reduces to

$$
F_{\text{init}} = \frac{3}{8}\pi R_{\text{b}}^2 p \tag{S7}
$$

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For the fixed-hinge BC, the initiation force reads

$$
\frac{F_{\text{init}}}{2\pi} = pR_b^2 \frac{4 - 4I_0(Q) + 2QI_1(Q)}{16 - 8I_0(Q) - 8QK_1(Q) + 4QI_1(Q)(2\ln Q - \ln 4 + 2\gamma)},
$$
\n(S8)

where $Q = c_0 R_b / \sqrt{2}$. As a special case $c_0 \rightarrow 0$, Eq. (S8) reduces to

$$
F_{\text{init}} = \frac{1}{4}\pi R_b^2 p \tag{S9}
$$

SPHERICAL CAP APPROXIMATION

We approximate the dome-shaped membrane with a spherical cap of radius R (see Figure 7, a and b, inset). The shape of the spherical cap is fully determined by two parameters, the sphere radius R and the base radius R_b . Note that neither the free-hinge BC nor the fixed-hinge BC is satisfied in this case. The membrane height L of the spherical cap reads

$$
L = R - \sqrt{R^2 - R_b^2},
$$
 (S10)

and the corresponding membrane area $A = 2\pi R L$ and the volume $V = \frac{1}{3}\pi L^2 (3R - L)$. The free energy of the membrane then becomes

$$
E = \left[\frac{1}{2}\kappa\left(\frac{2}{R} - c_0\right)^2 + \sigma\right]A + pV.
$$
\n(S11)

In the case of a fixed base radius, the free energy $E(R; c_0, R_b)$ is a function of only R. For a barely coated membrane, i.e., $c_0R_p = 0$, the free energy $E(R; c_0, R_b)$ decreases monotonically with the radius R and the flat shape ($R = \infty$) has the lowest energy (Figure 7 a). However, when c_0 becomes large, e.g., $c_0R_p = 1$, the free energy $E(R; c_0, R_b)$ has a minimum at a finite radius R (Figure 7 b). This means the flat shape is no longer stable and the membrane can be bent up by proteins without any external forces.

If the base radius is free to move, i.e., R_b being a free parameter, the free energy $E(R, R_b; c_0)$ becomes a function of both R and R_b , and always has its trivial minimum $E = 0$ at $R_b = 0$, regardless of the spontaneous curvature c_0 (Figure 7a and b, $R_b = 0R_p$). The corresponding solution at $R_b = 0$ represents an infinitely small patch of membrane. In the presence of an external force f, the total free energy $F(R, R_b; c0, f) = E(R, R_b; c0, f) - fL$ can have a nontrivial minimum with a nonzero R_b . The minimum force f_{min} to have such a nontrivial minimum, i.e., to lift the membrane up, is given by

$$
f_{\min} = \min_{R,R_b} \frac{E}{L}.
$$
 (S12)

Both the denominator and the numerator are positive numbers, therefore f_{min} is always positive. For instance, for $c_0R_p = 1$, the minimum force $f_{\text{min}} = 0.0027 f_p$ is obtained at $R = 1.998 R_p$ and $R_b = 0.00057 R_p$. Therefore an external force is always required to lift the membrane up in this condition. However, the base radius $R_b = 0.00057 R_p$ is an unrealistically narrow shape given the typical value of $R_p = 15-30$ nm. Similar problem also exists in the model of (2) which used a freely-moving base BC.

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SUPPLEMENTAL FIGURES

Figure S1: **Free energy of membrane deformations for a fully coated membrane.** (a - d) Free energy of membrane deformations E as a function of membrane height L. The spontaneous curvature is fixed at $c_0R_p = 0.2$ in (a, b) and $c_0R_p = 1$ in (c, d). The symbols on the $E-L$ curve correspond to the same symbols on the $f-L$ curve shown in Figure 3a-d. In (a - d), the solid line indicates shapes of the lowest free energy and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts below $z = 0$. In the left column (a, c), the free-hinge BC is imposed at the base points $R_b = 2R_p$, while in the right column (b, d), the fixed-hinge BC is imposed. On the left and bottom axes (black), non-dimensionalized quantities are used, while on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in Table 2.

Figure S2: **Free energy of membrane deformations for a partially coated membrane**.(a - d) Free energy of membrane deformations E as a function of membrane height L. The coating area is fixed at $a_0/(2\pi R_p^2) = 1$ in (a, b) and $a_0/(2\pi R_p^2) = 2$ in (c, d). The symbols on the $E-L$ curve correspond to the same symbols on the $f-L$ curve shown in Figure 4a-d. In (a - d), the solid line indicates shapes of the lowest free energy and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts below $z = 0$. In the left column (a, c), the free-hinge BC is imposed at the base points $R_b = 2R_p$, while in the right column (b, d), the fixed-hinge BC is imposed. On the left and bottom axes (black), non-dimensionalized quantities are used, while on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in Table 2.

Figure S3: **Free energy of membrane deformations for a partially coated membrane**.(a - d) Free energy of membrane deformations E as a function of membrane height L. The coating area is fixed at $a_0/(2\pi R_p^2) = 1$ in (a, b) and $a_0/(2\pi R_p^2) = 2$ in (c, d). The symbols on the $E-L$ curve correspond to the same symbols on the $f-L$ curve shown in Figure 5a-d. In (a - d), the solid line indicates shapes of the lowest free energy and the dashed line indicates shapes of relatively high free energy. The dark color indicates membrane shapes that are all above $z = 0$, and the gray color indicates shapes that have parts below $z = 0$. In the left column (a, c), the free-hinge BC is imposed at the base points $R_b = 2R_p$, while in the right column (b, d), the fixed-hinge BC is imposed. On the left and bottom axes (black), non-dimensionalized quantities are used, while on the right and top axes (blue), quantities are measured in their physical units. The parameters are listed in Table 2.

Figure S4: **Fitting error as a function of the fitting parameter** R_p for the two BCs. The first row shows the fitting error for the dataset of R_t v.s. L, and the second row for the dataset of D_t v.s. L and the third row for the sum. In the left column, the free-hinge BC is imposed, while in the right column, the fixed-hinge BC is imposed.

Figure S5: **Free energy of membrane deformations in the presence of external force under spherical cap approximation.** Free energy of the membrane as a function of the sphere radius R for $c_0R_p = 0$ in (a) and $c_0R_p = 1$ in (b). The external force $f = f_p$. For different base radii R_b , the range of R is $[R_b, \infty]$, where $R = R_b$ corresponds to a hemi-spherical cap and $R = \infty$ corresponds to a flat shape.

Figure S6: $F-L$ curves for the fixed-hinge BC with different values of the angle ψ at the base for a fully uncoated **membrane.** The parameters are the same as in Figure 2d except that the angle at the base is varied.

Figure S7: $F-L$ curves for a partially coated membrane with different values of α that controls the sharpness of the **coating edge.** The parameters are the same as in Figure 4a and b except that the parameter α that controls the sharpness of the coating edge is varied. In the left column, the free-hinge BC is imposed at the base points $R_b = 2R_p$, while in the right column, the fixed-hinge BC is imposed.

Figure S8: F-L curves for a bare membrane with distributed forces. The forces are assumed to be distributed in an area of a_f near the membrane tip and pointing in the normal direction. The y-axis in (a, b) indicates the magnitude of the total force, while in (c,d) indicates the vertical component of the total force. The black curve represents the f - L curve under the point force assumption. The parameters are the same as in Figure 2c and d with an additional parameter $\alpha_f = 10/(2\pi R_p^2)$. In the left column (a,c), the free-hinge BC is imposed at the base points $R_b = 2R_p$, while in the right column (b,d), the fixed-hinge BC is imposed.