Supplementary Information

Measurement of Lipogenic Flux by Deuterium Resolved Mass Spectrometry

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Supplementary Figure 1. Mass spectrum of palmitate derivatives. a Palmitate methyl ester in electron ionization mode b Palmitate pentafluorobenzyl ester in ECNI mode. Compared to El mode, ECNI produced a simpler mass spectrum with a largely intact pseudo-molecular ion. This results in a substantial improvement in s/n compared to the highly fragmented El spectrum of the methylester, further enhancing the detectability of isotope signatures at very low levels of enrichment. The extracted ion chromatography signal (shown in red) from ion 255.2326 is a thousand times higher than from ion 270.2559.



Supplementary Figure 2. Observation of coalescence in full scan acquisition (blue) compared with t-SIM (black) at different AGC values. 5% ²H palmitate enrichment is shown as an example.



Supplementary Figure 3. Observation of coalescence in t-SIM acquisition for low ²H-palmitate enrichment.



Supplementary Figure 4. GC-MS chromatogram of FAs in mouse plasma. Insets show the M+1 mass spectrum of ²H labeled FAs after 24-hours at different ²H₂O dose.



Supplementary Figure 5. Comparison study of ²H₂O vs. ³H₂O measurements of DNL in

mice. a Body water enrichment. **b** DNL and **c** liver TG-palmitate concentration of WT and SREBP-1a mice measured by HRMS. Tissue collected 1-hours after a 500 μ L injection of 99.9% ²H₂O (approximately 20 μ L/g) (n=3 mice per group). Results are shown as the mean and SEM. Significance determined by a two-sided unpaired t-test.

Enrichment by wt (%)	Enrichment by MS (%)	Accuracy (%)	CV (%)
0.05	0.02	66.9	5.5
0.11	0.10	94.4	8.3
0.21	0.20	96.8	11.8
0.47	0.46	98.4	7.6
0.91	0.97	106.5	4.5
5.06	5.13	101.5	1.8
9.66	9.38	97.2	0.2

Supplementary Table 1. Accuracy and precision of ${}^{2}H_{1}$ -palmitate enrichment measurements by t-SIM

Age (yrs)	Sex (F/M)	Weight (Kg)	Height (cm)
30 +/- 2.8	1/3	91.5 +/-9.38	177 +/- 4.3
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Supplementary Table 2. Characteristics of human subjects

N=4; Mean +/- SEM.