

Supplemental Table 1. Association of baseline total B-vitamins intake with 6-year change in BMI among participants in WHIMS

	Tertiles for B vitamins intake*			p for trend
	T1	T2	T3	
Folate, mcg	0.16 ± 0.12	0.33 ± 0.09	0.28 ± 0.13	0.34
Vitamin B2, mg	0.18 ± 0.11	0.20 ± 0.09	0.39 ± 0.11	0.24
Vitamin B6, mg	0.14 ± 0.10	0.31 ± 0.10	0.32 ± 0.11	0.32
Vitamin B12, mcg	0.06 ± 0.10	0.33 ± 0.10	0.37 ± 0.10	0.04

*plus-minus values are mean ± SD.

The general linear regression model was used to estimate the association between baseline total B vitamins intake with 6-year change in BMI after adjusting for age, total energy intake, physical activity, alcohol intake smoking, calcium and vitamin D intervention, diet modification intervention, alternative health index, and other B vitamins (mutually adjusted).