

## Supplementary file 4: Full lists of included articles

Author(s)	Year	Article title	Type of intervention	Country of origin	Type of article/study	Publication	Reference list No.
Actifcare	2017	Best practice recommendations from the Actifcare study: Access to community care services for home-dwelling people with dementia and their carers	<b>community care services</b> in general	Netherlands, Germany, Sweden, UK, Norway, Ireland, Portugal, Italy	Recommendations report	www.actifcare.eu	<b>36</b>
Alzheimer's Australia	2014	The benefits of physical activity and exercise for people living with dementia (Discussion paper 11)	<b>Exercise activities</b>	Australia	Report	Alzheimer's Australia	<b>69</b>
Arkin	1999	Elder rehab: A student-supervised exercise program for Alzheimer's patients	<b>Weekly exercise programme</b> pairing elders and student helpers at a college gym (caregivers also involved)	US	Journal paper - programme pilot	The Gerontologist	<b>92</b>
Arthur, Buckner, Buswell, Darlington, Killelt, Lafortune, Mathie, Mayrhofer, Skedgel, Woodward & Goodman	2020	DEMCOM: National Evaluation of Dementia Friendly Communities (Executive Summary)	<b>Dementia Friendly Communities - various social and leisure activities</b>	UK	Evaluation report	Applied Research Collaboration (ARC) East of England	<b>90</b>

Bould, McFadyen & Thomas	2019	Dementia-friendly sport and physical activity guide	<b>Sport and exercise initiatives</b>	UK	Information booklet	Alzheimer's Society	<b>48</b>
Brataas, Bjugan, Wille & Hellzen	2010	Experiences of day care and collaboration among people with mild dementia	<b>Day care</b>	Norway	Journal paper - qual study of a trial programme	Journal of Clinical Nursing	<b>65</b>
Brooker, Evans, Evans, Watts & Drees	2017	Meeting Centres Support Programme UK: Overview, evidence and getting started	<b>Meeting Centres</b>	Netherlands, Italy, Poland, UK	Information/guide booklet	Association for Dementia Studies (University of Worcester)	<b>42</b>
Cahill, Pierce & Bobersky	2014	An evaluation report on flexible respite options of the Living Well With Dementia project in Stillorgan and Blackrock	<b>Day care/respite</b>	Ireland	Evaluation report	Trinity College Dublin	<b>57</b>

Carone, Tischler & Dening	2016	Football and dementia: A qualitative investigation of a community based sports group for men with early onset dementia	<b>Sport and exercise group</b>	UK	Journal paper - qualitative study	Dementia	<b>58</b>
Casey	2004	Early onset dementia: Getting out and about	<b>Small "out and about" social group</b>	UK	Specialist news article	Journal of Dementia Care	<b>66</b>
Clarke, Keyes, Wilkinson, Alexjuk, Wilcockson, Robinson, Corner & Cattan	2014	Organisational space for partnership and sustainability: lessons from the implementation of the National Dementia Strategy for England	<b>Peer support networks</b>	UK	Journal paper - strategy evaluation	Health & Social Care in the Community	<b>51</b>
Daykin, Julier, Tomlinson, Meads, Mansfield, Payne, Duffy, Lane, D'Innocenzo, Burnett, Kay, Dolan, Testoni & Victor	2016	Review of the grey literature: music, singing and wellbeing	<b>Singing and musical activities</b>	UK	Review/Report	What Works Wellbeing report	<b>37</b>

Dean, Silversides, Crampton & Wrigley	2015	Evaluation of the Bradford Dementia Friendly Communities Programme	<b>Activities and groups in the community</b>	UK	Evaluation report	Joseph Rowntree Foundation report	<b>76</b>
Dean, Silversides, Crampton & Wrigley	2015	Evaluation of the York Dementia Friendly Communities Programme	<b>Activities and groups in the community</b>	UK	Evaluation report	Joseph Rowntree Foundation report	<b>77</b>
Gajardo, Aravena, Budinich, Larrain, Fuentes & Gitlin	2017	The Kintun program for families with dementia: From novel experiment to national policy (innovative practice)	<b>Day centre and dementia community hub</b>	Chile	Journal article - program evaluation	Dementia	<b>59</b>
Glover	2014	Running self-help groups in sheltered and extra care accommodation for people who live with dementia	<b>Self-help social and activity groups</b>	UK	Information/guide booklet	Mental Health Foundation	<b>43</b>

Gottlieb-Tanaka	2006	Creative expression, dementia and the therapeutic environment	<b>Art/creative activities in a day centre environment</b>	Canada	Dissertation/Thesis		<b>63</b>
Green & Lakey (Alzheimer's Society)	2013	Building dementia-friendly communities: a priority for everyone	<b>Dementia Friendly Communities</b> - various social and leisure activities	UK	Report	Alzheimer's Society	<b>49</b>
Grinberg, Lagunoff, Phillips, Stern, Goodman & Chow	2007	Multidisciplinary design and implementation of a day program specialized for the frontotemporal dementias	<b>Day program</b> for people with FTD	Canada	Journal paper - program evaluation	American Journal of Alzheimer's Disease & Other Dementias	<b>60</b>
Hayes & Williamson	2007	Men's Sheds: Exploring the Evidence for Best Practice	<b>Men's Sheds</b>	Australia	Evaluation report	School of Public Health, La Trobe University	<b>70</b>

Health Innovation Network South London** (**see also linked films within document plus 2015 HIN Case Studies)	2015	Peer Support for People with Dementia Resource Pack	A range of <b>peer support groups and activities</b>	UK	Information/guide booklet	Health Innovation Network South London	<b>80</b>
Health Innovation Network South London	2015	Case Study: Dulwich Helpline and Southwark Churches Care (DH&SCC) – The Dementia Project, Southwark, South London.	<b>Peer support project</b>	UK	Information/guide booklet	Health Innovation Network South London	<b>52</b>
Health Innovation Network South London	2015	Case Study: The Healthy Living Club (HLC) – A self-directed, dementia-centred community group in Stockwell, London	<b>Peer support group</b>	UK	Information/guide booklet	Health Innovation Network South London	<b>85</b>
Hikichi, Kondo, Takeda & Kawachi	2017	Social interaction and cognitive decline: Results of a 7-year community intervention	<b>Community centres for older people</b>	Japan	Journal paper - longitudinal study	Alzheimer's & Dementia	<b>81</b>

Hochgraeber, Bartholomeyczik & Holle** (**See also Hochgraeber et al 2017)	2012	Low-threshold support for families with dementia in Germany	<b>"Low threshold" support services including social care groups</b>	Germany	Journal paper - survey protocol	BMC Research Notes	<b>82</b>
Hochgraeber, Von Kutzleben, Bartholomeyczik & Holle	2017	Low-threshold support services for people with dementia within the scope of respite care in Germany – A qualitative study on different stakeholders' perspective	<b>"Low threshold" support services including social care groups</b>	Germany	Journal paper - qualitative study	Dementia	<b>38</b>
Jackson	2017	The Debenham Project: Project Blog and Catch-Up	Range of local <b>support groups and activities</b>	UK	Project blog newsletter/report	Debenham Project	<b>87</b>
Kelsey & Laditka	2005	Evaluating best practices for social model programs for adults with Alzheimer's disease in South Carolina	<b>"Social model" day care</b>	US	Journal paper - review and survey of best practice	Home Health Care Services Quarterly	<b>91</b>

La Rue, Felten, Duschene, MacFarlane, Price, Zimmerman & Havez	2013	Language-enriched exercise plus socialization for older adults with dementia: Translation to rural communities	<b>Language, exercise and socialisation program</b>	US	Journal paper - trial program in rural setting	Seminars in Speech and Language	<b>83</b>
La Rue, Felten & Turkstra	2015	Intervention of Multi-Modal Activities for Older Adults With Dementia Translation to Rural Communities	<b>Language, exercise and socialisation program</b>	US	Journal paper - trial program in rural setting	American Journal of Alzheimer's Disease & Other Dementias	<b>53</b>
LeBlanc	2010	Integrating behavioral psychology services into adult day programming for individuals with dementia	<b>Day care</b> (for people with dementia exhibiting challenging behaviour)	US	Journal paper - program evaluation	Behavior Modification	<b>93</b>
Lockwood	2012	The Debenham Project: A case study of a unique community-led and owned project dedicated to the support of carers of those that have symptoms of dementia and those they care for	Range of local <b>support groups and activities</b>	UK	Case study report	Community Catalysts	<b>84</b>



Mangiaracina, Chattat, Farina, Saibene, Gamberini, Brooker, Evans, Evans, Szcześniak, Urbanska, Rymaszewska, Hendricks, Dröes & Meiland	2017	Not re-inventing the wheel: the adaptive implementation of the meeting centres support programme in four European countries	<b>Meeting Centres</b>	Netherlands, Italy, Poland, UK	Journal paper - project evaluation	Aging & Mental Health	<b>86</b>
Mapes, Milton, Nicholls & Williamson (Natural England)	2016	Is it nice outside? Consulting people living with dementia and their carers about engaging with the natural environment	<b>Outdoor activities</b>	UK	Report	Natural England report	<b>64</b>
Marshall & Jackson	2015	Encouraging and supporting the growth of "dementia proactive communities"	<b>Dementia proactive communities (Range of local support groups and activities)</b>	UK	Report	Debenham Project & Sue Ryder	<b>50</b>
Mason & Slack	2013	The Debenham Project: Research into the dementia/memory loss journey for cared-for and carer, 2012-13	<b>Range of local support groups and activities</b>	UK	Evaluation report - survey	Norfolk & Suffolk Dementia Alliance	<b>54</b>

McAiney, Hillier, Stolee, Harvey & Michael	2012	'Throwing a lifeline': the role of First Link in enhancing support for individuals with dementia and their caregivers	Information on and links between <b>support services (including groups and activities)</b>	Canada	Journal paper - evaluation	Neurodegenerative Disease Management (Future Medicine)	<b>88</b>
McDonald & Heath	2009	Developing services for people with dementia	<b>General dementia support services</b> in rural areas	UK	Journal short report feature - review of service provision	Working with Older People: Community Care Policy & Practice	<b>39</b>
The Me Myself and I Club	2018	The Me, Myself and I Club, Briton Ferry: A case study in warm humanity and meaningful co-production	<b>Friendship club and support services</b>	UK (Wales)	Programme/service report	Me Myself and I Club	<b>46</b>
Meiland, Dröes, De Lang & Vernooij-Dassen	2004	Development of a theoretical model for tracing facilitators and barriers in adaptive implementation of innovative practices in dementia care	<b>Meeting centres</b>	Netherlands	Journal paper - model development	Archives Of Gerontology And Geriatrics Supplement	<b>55</b>

Meiland, Dröes, De Lang & Vernooij-Dassen	2005	Facilitators and barriers in the implementation of the Meeting Centres model for people with dementia and their carers	<b>Meeting centres</b>	Netherlands	Journal paper - model test	Health Policy	<b>61</b>
The Mental Health Foundation	2018	An evaluation of the Standing Together project	<b>Peer support groups</b>	UK	Evaluation report	Mental Health Foundation report	<b>73</b>
Milligan, Payne, Bingley & Cockshott	2015	Place and wellbeing: shedding light on activity interventions for older men	<b>Men's Sheds</b>	UK	Journal paper - qualitative study of program	Ageing & Society	<b>71</b>
Moore	2002	Observed affect in a dementia day center: Does the physical setting matter?	<b>Day centre</b>	US	Journal paper - case study/field observation	Alzheimer's Care Quarterly	<b>89</b>

Noimuenwai	2012	Effectiveness of adult day care programs on health outcomes of Thai family caregivers of persons with dementia	<b>Day care (Thailand)</b>	Thailand	Dissertation/Thesis		<b>78</b>
NVCO	2019	How To Fundraise In Tough Times	<b>Third sector and non-profit organisations in general</b>	UK	Information guide	NCVO Knowhow website	<b>94</b>
Older People's Commissioner for Wales	2018	Rethinking respite for people affected by dementia	<b>Respite/day services</b>	UK (Wales)	Report	Older People's Commissioner for Wales report	<b>47</b>
Oliver-Watkins, Kendall & Matthews	2016	Sow & Grow: Report from a two-year Social and Therapeutic Horticultural (STH) programme delivering table-top gardening courses to adults in the community aged 50 and over	<b>Gardening groups</b>	UK	Evaluation report	Sow & Grow	<b>67</b>

Reichet & Wolter	2017	Implementing physical activity programs for people with dementia: Results from a German study	<b>Sports club initiatives</b>	Germany	Poster presentation		<b>44</b>
Reichet & Wolter	2017	Implementing physical activity programs for people with dementia: Results from a German study	<b>Sports club initiatives</b>	Germany	Conference abstract	Innovation in Aging (Supplement)	<b>45</b>
Rio	2018	A Community-Based Music Therapy Support Group for People With Alzheimer's Disease and Their Caregivers: A Sustainable Partnership Model	<b>Music therapy group</b>	US	Journal paper - program evaluation	Frontiers In Medicine	<b>62</b>
Shnall, Agate, Grinberg, Huijbregts, Nguyen & Chow	2013	Development of supportive services for frontotemporal dementias through community engagement	<b>Day program for FTD (plus online groups and resources for family carers)</b>	Canada	Journal paper - review of initiatives	International Review of Psychiatry	<b>96</b>

Solutions Research	2016	Public perceptions and experiences of community-based end of life care initiatives: a qualitative research report	<b>Community-based support initiatives</b> of all kinds	UK	Report	Public Health England report	<b>56</b>
Strandenæs, Lund & Rokstad	2018	Experiences of attending day care services designed for people with dementia - a qualitative study with individual interviews	<b>Day care</b>	Norway	Journal paper - qualitative study	Aging & Mental Health	<b>40</b>
Thrive	2012	Growing4life - A Thrive Community Gardening Project: A practical guide to setting up a community gardening project for people affected by mental ill health	<b>Gardening groups</b>	UK	Information/guide booklet	Thrive (The Society for Horticultural Therapy)	<b>74</b>
Tuppen	2012	The benefits of groups that provide cognitive stimulation for people with dementia	<b>Cognitive stimulation clubs</b>	UK	Journal article - overview of intervention	Nursing Older People	<b>72</b>

Tuppen & Jones	2015	Cogs Clubs: a helpful activity in early dementia	<b>Cognitive stimulation clubs</b>	UK	Specialist news article	Journal of Dementia Care	<b>75</b>
Van Haeften-van Dijk, Meiland, van Mierlo & Dröes	2015	Transforming nursing home-based day care for people with dementia into socially integrated community day care: Process analysis of the transition of six day care centres	<b>Meeting centres</b>	Netherlands	Journal paper - process evaluation	International Journal of Nursing Studies	<b>79</b>
Van Mierlo, Chattat, Evans, Brooker, Saibene, Gamberini, Farina, Scorolli, Szcześniak, Urbańska, Rymaszewska, Dröes & Meiland	2018	Facilitators and barriers to adaptive implementation of the Meeting Centers Support Program (MCSP) in three European countries; the process evaluation within the MEETINGDEM study	<b>Meeting centres</b>	Netherlands, Italy, Poland, UK	Journal paper - program evaluation	International Psychogeriatrics	<b>41</b>
Williams & Roberts	1995	Friends in passing: social interaction at an adult day care center	<b>Adult day care centre</b>	US	Journal paper - participant observation	International Journal Of Aging & Human Development	<b>68</b>

Wimo, Wallin, Lundgren, Ronnback, Asplund, Mattsson & Krakau (see also Clarkson et al 2017)	1990	Impact of Day Care on Dementia Patients—Costs, Well-being and Relatives' Views	<b>Specialist day care</b>	Sweden	Journal paper - cost analysis	Family Practice	<b>95</b>
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