

UPDATED MASS App pilot SST videos

Long form (combined G&M and J&S):

Part 1: <https://www.youtube.com/watch?v=x5npKkQnKXM&feature=youtu.be>

Part 2: <https://www.youtube.com/watch?v=4pTC2NYoIKA&feature=youtu.be>

Part 3: <https://www.youtube.com/watch?v=sAiuV3jYtcg&feature=youtu.be>

Part 4: <https://www.youtube.com/watch?v=bqJX-BONnfs&feature=youtu.be>

Skill intros

1: <https://www.youtube.com/watch?v=7rCtwxFNwwE>

2: <https://www.youtube.com/watch?v=tbIL1Om3ayg>

3: <https://www.youtube.com/watch?v=brhPoTcqjCk>

4: <https://www.youtube.com/watch?v=OYluKKC9JYs>

5: <https://www.youtube.com/watch?v=ASOwtnQFAI8>

6: <https://www.youtube.com/watch?v=h5ITWleIJfg>

7: https://www.youtube.com/watch?v=lzu_BTcFIC8

8: <https://www.youtube.com/watch?v=-T0vJx3qmgo>

Gabriel and Maria (re-mastered audio)

1C combined: <https://www.youtube.com/watch?v=ZDV7IzhDsjg>

1D Combined: <https://www.youtube.com/watch?v=8uQvSW8sggQ>

2C combined: <https://www.youtube.com/watch?v=vb6K2AxJgOA>

3B combined: https://www.youtube.com/watch?v=_fINiAoYOyQ

3D combined: https://www.youtube.com/watch?v=Qn_kbtztUSo

4A combined: <https://www.youtube.com/watch?v=dyjKf1LkLio>

5A combined: <https://youtu.be/see8oSd6FTI>

5C combined: https://youtu.be/Um_CnHv8GJJU

6A combined: https://youtu.be/_fkS7cqGQXs

7B combined: <https://youtu.be/skYYIWwXCTE>

7D combined: <https://youtu.be/O5VV9koUHoo>

8A combined: <https://youtu.be/M0gVn2sRWV4>

8C combined: <https://youtu.be/hzC0Whw-HRw>

Gabriel and Maria Midway Summary: <https://youtu.be/F7wmllygjBs>

Gabriel and Maria Final Summary: https://youtu.be/H_IdZA0cZ5U

John and Sally

- 1A: <https://www.youtube.com/watch?v=TmlbQ2jVBjw&feature=youtu.be>
- 1B: https://www.youtube.com/watch?v=xC0dlbr_IPE&feature=youtu.be
- 2A: <https://www.youtube.com/watch?v=arEPF--XM5Q&feature=youtu.be>
- 2B: <https://www.youtube.com/watch?v=chAoHF1SoQA&feature=youtu.be>
- 3A: <https://www.youtube.com/watch?v=MmFlzEltttc&feature=youtu.be>
- 3C: <https://www.youtube.com/watch?v=AIF33cDxmIU&feature=youtu.be>
- 4B: <https://www.youtube.com/watch?v=g-WTXESUtTw&feature=youtu.be>
- 4C combined: <https://www.youtube.com/watch?v=qdkW-1jMUbc&feature=youtu.be>
- 5B: <https://www.youtube.com/watch?v=VBrv68SX80g&feature=youtu.be>
- 5D: https://www.youtube.com/watch?v=vw_D2nfP_B0&feature=youtu.be
- 6B: <https://www.youtube.com/watch?v=YFLxZKHWqLQ&feature=youtu.be>
- 6C: <https://www.youtube.com/watch?v=KqPI-qy5tVQ&feature=youtu.be>
- 7A: <https://www.youtube.com/watch?v=Sd6j4QeQRno&feature=youtu.be>
- 7C: <https://www.youtube.com/watch?v=yAimds14XWg&feature=youtu.be>
- 8B: <https://www.youtube.com/watch?v=J4gaMV0T62Y&feature=youtu.be>
- 8D: <https://www.youtube.com/watch?v=8rSGkUEt3bA&feature=youtu.be>

Active Listening:

- Active Listening Intro: <https://www.youtube.com/watch?v=7rCtwxFNwwE>
- Gabriel and Maria Part 1 <https://www.youtube.com/watch?v=ZDV7IzhDsjg>
- Gabriel and Maria Part 2 <https://www.youtube.com/watch?v=8uQvSW8sgqQ>
- John and Sally Part 1: <https://www.youtube.com/watch?v=TmlbQ2jVBjw&feature=youtu.be>
- John and Sally Part 2 https://www.youtube.com/watch?v=xC0dlbr_IPE&feature=youtu.be

Expressing Pleasant Feelings

- Expressing Pleasant Feelings Intro: <https://www.youtube.com/watch?v=tbIL1Om3ayg>
- Gabriel and Maria: <https://www.youtube.com/watch?v=vb6K2AxJgOA>
- John and Sally Part 1: <https://www.youtube.com/watch?v=arEPF--XM5Q&feature=youtu.be>
- John and Sally Part 2:
<https://www.youtube.com/watch?v=chAoHF1SoQA&feature=youtu.be>

Making Positive Requests

- Making Positive Requests Intro: <https://www.youtube.com/watch?v=brhPoTcqjCk>
- Gabriel and Maria Part 1: https://www.youtube.com/watch?v=_flNiAoYOyQ
- Gabriel and Maria Part 2: https://www.youtube.com/watch?v=Qn_kbtztUSo
- John and Sally Part 1: <https://www.youtube.com/watch?v=MmFlzEltttc&feature=youtu.be>

John and Sally Part 2: <https://www.youtube.com/watch?v=AIF33cDxmlIU&feature=youtu.be>

Expressing Unpleasant feelings

Expressing Unpleasant Feelings Intro: <https://www.youtube.com/watch?v=OYluKKC9JYs>

Gabriel and Maria: <https://www.youtube.com/watch?v=djKf1LkLio>

John and Sally Part 1: <https://www.youtube.com/watch?v=g-WTXESUtTw&feature=youtu.be>

John and Sally Part 2: <https://www.youtube.com/watch?v=qdkW-1jMUbc&feature=youtu.be>

Giving and Accepting Compliments

Giving and Accepting Compliments Intro: <https://www.youtube.com/watch?v=ASOwtNqFAI8>

Gabriel and Maria Part 1: <https://youtu.be/see8oSd6FTI>

Gabriel and Maria Part 2: https://youtu.be/Um_CnHv8GJU

John and Sally Part 1: <https://www.youtube.com/watch?v=VBrv68SX80g&feature=youtu.be>

John and Sally Part 2: https://www.youtube.com/watch?v=vw_D2nfP_B0&feature=youtu.be

Finding Common interests

Finding Common Interests Intro: <https://www.youtube.com/watch?v=h5ITWleIJfg>

Gabriel and Maria https://youtu.be/_fkS7cqGQXs

John and Sally Part

1: <https://www.youtube.com/watch?v=YFLxZKHWqLQ&feature=youtu.be>

John and Sally Part 2: <https://www.youtube.com/watch?v=KqPI-qy5tVQ&feature=youtu.be>

Compromising and Negotiating

Compromising and Negotiating Intro: https://www.youtube.com/watch?v=lzu_BTcFIC8

Gabriel and Maria Part 1: <https://youtu.be/skYYIWwXCTE>

Gabriel and Maria Part 2: <https://youtu.be/O5VV9koUHoo>

John and Sally Part 1: <https://www.youtube.com/watch?v=Sd6j4QeQRno&feature=youtu.be>

John and Sally Part 2: <https://www.youtube.com/watch?v=yAimds14XWg&feature=youtu.be>

Disclosing Mental Health Needs

Disclosing Mental Health Needs Intro <https://www.youtube.com/watch?v=-T0vJx3qmg0>

Gabriel and Maria Part 1: <https://youtu.be/M0gVn2sRWV4>

Gabriel and Maria Part 2: <https://youtu.be/hzC0Whw-HRw>

John and Sally Part 1: <https://www.youtube.com/watch?v=J4gaMV0T62Y&feature=youtu.be>

John and Sally Part 2: <https://www.youtube.com/watch?v=8rSGkUEt3bA&feature=youtu.be>